



County Offices  
Newland  
Lincoln  
LN1 1YL

4 March 2024

**Lincolnshire Health and Wellbeing Board**

A meeting of the **Lincolnshire Health and Wellbeing Board** will be held on **Tuesday, 12 March 2024 at 2.00 pm in the Council Chamber, County Offices, Newland, Lincoln LN1 1YL** for the transaction of the business set out on the attached Agenda.

Yours sincerely

Debbie Barnes OBE  
Chief Executive

**MEMBERS OF THE BOARD (Voting):**

**Lincolnshire County Council:** Councillors: Mrs S Woolley (Executive Councillor NHS Liaison, Integrated Care System, Registration and Coroners) (Chairman), Mrs W Bowkett (Executive Councillor Adult Care and Public Health), Mrs P A Bradwell OBE (Executive Councillor Children's Services, Community Safety, Procurement and Migration), W H Gray, C E H Marfleet and Mrs S Rawlins

**Lincolnshire County Council Officers:** Heather Sandy (Executive Director of Children's Services), Glen Garrod (Executive Director of Adult Care and Community Wellbeing), Martin Samuels (Executive Director - Adult Care and Community Wellbeing) and Professor Derek Ward (Director of Public Health)

**District Council:** Councillor Richard Wright

**NHS Lincolnshire Integrated Care Board:** Dr Gerry McSorley and John Turner (Vice-Chairman)

**Primary Care Network Alliance:** Dr Kevin Thomas

**NHS Providers in Lincolnshire:** Kevin Lockyer and Andrew Morgan

**Healthwatch Lincolnshire:** Dean Odell

**Police and Crime Commissioner:** Philip Clark

**ASSOCIATE MEMBERS (Non-Voting):**

Julia Debenham, Lincolnshire Police

Professor Neal Juster, Higher Education Sector

Adrian Perks, NHS E/I

Emma Tatlow, Voluntary and Community Sector

Professor Neal Juster, Greater Lincolnshire Local Enterprise Partnership

Melanie Weatherley MBE, Lincolnshire Care Association



**LINCOLNSHIRE HEALTH AND WELLBEING BOARD AGENDA  
TUESDAY, 12 MARCH 2024**

<b>Item</b>	<b>Title</b>	<b>Pages</b>
1	<b>Apologies for absence/Replacement Members</b>	
2	<b>Declarations of Members' Interest</b>	
3	<b>Minutes of the Lincolnshire Health and Wellbeing Board meeting held on 5 December 2023</b>	7 - 16
4	<b>Action Updates</b>	17 - 18
5	<b>Chairman's Updates</b>	19 - 22
6	<b>DECISION ITEMS</b>	
6a	<b>Joint Health and Wellbeing Board Strategy</b> <i>(To receive a report from Michelle Andrews, Assistant Director ICS, and Alison Christie Programme Manager Strategy and Development, which asks the Board to approve the updated Joint Health and Wellbeing Strategy)</i>	23 - 54
6b	<b>Pharmaceutical Needs Assessment 2022 - Supplementary Statement March 2024</b> <i>(To receive a report from Derek Ward, Director of Public Health, which asks the Board to approve the publication of the Pharmaceutical Needs Assessment 2022 Supplementary Statement March 2024. Tony McGinty, Consultant Public Health will be in attendance for this item)</i>	55 - 76
7	<b>DISCUSSION ITEMS</b>	
7a	<b>NHS Joint Forward Plan - Delivery Plan</b> <i>(To receive a report from Pete Burnett, Director of Strategic Planning, Integration and Partnerships, NHS Lincolnshire Integrated Care Board, which invites the Board to note the requirement for the NHS to develop a Joint Forward Plan and to involve the Health and Wellbeing Board in its preparation, and for the Board to provide assurance that the plan takes account of the Joint Health and Wellbeing Strategy and the Joint Strategic Needs Assessment)</i>	77 - 372
7b	<b>Healthy Weight Priority Annual Update</b> <i>(To receive a report from Andy Fox, Consultant Public Health, which provides the Board with an update on the Healthy Weight priority)</i>	373 - 394

**7c Physical Activity** 395 - 400  
*(To receive a report from Emma Tatlow, Active Lincolnshire, which provides the Board with an update on the Physical Activity priority)*

## **8 INFORMATION ITEMS**

**8a Director of Public Health Annual Report 2023 - Adding Life to Years** 401 - 442  
*(To receive a report from Derek Ward, Director of Public Health, which invites the Board to note the contents of the Director of Public Health Annual Report 2023 – Adding Life to Years)*

**8b Health Protection Board Annual Report 2023 - 2024** 443 - 468  
*(To receive a report from Derek Ward, Director of Public Health, which provides the Board with an update on the Health Protection assurance arrangements in Lincolnshire, summarises activities undertaken during 2023-24, and outlines key priorities for 2024-25)*

**8c Lincolnshire Better Care Fund Update** 469 - 488  
*(To receive a report from Martin Samuels, Executive Director Adult Care and Community Wellbeing, which invites the Board to review the 2023-2025 Quarter 2 Lincolnshire Better Care Fund report)*

**8d Log of Previous Decisions** 489 - 492

**8e Lincolnshire Health and Wellbeing Board Forward Plan** 493 - 494  
*(This item provides Board with a copy of the Lincolnshire health and Wellbeing Board Forward Plan for the period 12 March 2023 to 10 December 2024)*

Democratic Services Officer Contact Details

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**Please note:** for more information about any of the following please contact the Democratic Services Officer responsible for servicing this meeting

- Business of the meeting
- Any special arrangements

Contact details set out above.

Please note: This meeting will be broadcast live on the internet and access can be sought by accessing [Agenda for Lincolnshire Health and Wellbeing Board on Tuesday, 12th March, 2024, 2.00 pm \(moderngov.co.uk\)](#)

All papers for council meetings are available on:

<https://www.lincolnshire.gov.uk/council-business/search-committee-records>

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**LINCOLNSHIRE HEALTH AND WELLBEING  
BOARD  
5 DECEMBER 2023**

**PRESENT: COUNCILLOR MRS S WOOLLEY (CHAIRMAN)**

**Lincolnshire County Council:** Councillors Mrs W Bowkett (Executive Councillor Adult Care and Public Health) and W H Gray.

**Lincolnshire County Council Officers:** Heather Sandy (Executive Director of Children's Services), Martin Samuels (Executive Director - Adult Care and Community Wellbeing) and Professor Derek Ward (Director of Public Health).

**NHS Lincolnshire Integrated Care Board:** Dr Gerry McSorley and John Turner (Vice-Chairman).

**Healthwatch Lincolnshire:** Dean Odell.

**NHS Providers in Lincolnshire:** Karen Dunderdale Karen Dunderdale.

**Associate Members (non-voting):** Julia Debenham (Lincolnshire Police), Professor Neal Juster (Higher Education Sector), Emma Tatlow (Voluntary and Community Sector), Professor Neal Juster (Greater Lincolnshire Local Enterprise Partnership) and Melanie Weatherley MBE (Lincolnshire Care Association).

**Officers In Attendance:** : Michelle Andrews (Assistant Director – ICS), Eve Baird (Associate Director of Operations – Specialist Services LPFT), Alison Christie (Programme Manager, Strategy and Development), Paula Jelly (Associate Director of Operations & Older People & Frailty Division Lincolnshire Partnership NHS Foundation Trust), Anne-Marie Scott (Assistant Director - Prevention and Early Intervention), Paul Summers (Programme Manager – Better Care Fund), Kevin Johnson (Commissioning Manager), Sara Brine (Head of Mental Health & Transformation NHS Lincs ICB), Victoria Sleight (Head of Adult Community Mental Health & Transformation LPFT), Gina Thompson (Dementia Transformation Programme Lead LPFT) and Katrina Cope (Senior Democratic Services Officer) (Democratic Services) and Charlotte Horn (Public Health Officer, Adult Care and Community Wellbeing).

17 **APOLOGIES FOR ABSENCE/REPLACEMENT MEMBERS**

Apologies for absence were received from Councillors Mrs P A Bradwell OBE, C E H Marfleet, Kevin Lockyer (Nominated Chair, representing NHS Providers in Lincolnshire) and Andrew Morgan (Nominated Chief Executive, representing NHS Providers in Lincolnshire).

It was noted that Karen Dunderdale (Director of Nursing Lincolnshire Community Health Services and United Lincolnshire Hospitals NHS Trust) had replaced Andrew Morgan

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(Nominated Chief Executive, representing NHS Providers in Lincolnshire) for this meeting only.

18 DECLARATIONS OF MEMBERS' INTEREST

There were no declarations of members' interest made at this point of the proceedings.

19 MINUTES OF THE LINCOLNSHIRE HEALTH AND WELLBEING BOARD MEETING HELD ON 26 SEPTEMBER 2023

RESOLVED

That the minutes of the Lincolnshire Health and Wellbeing Board meeting held on 26 September 2023 be approved and signed by the Chairman as a correct record.

20 ACTION UPDATES

RESOLVED

That the Action Updates presented be noted.

21 CHAIRMAN'S ANNOUNCEMENTS

The Chairman extended thanks on behalf of the Board to Glen Garrod for his support and dedication as a long-standing member of the Health and Wellbeing Board, and for all his work in establishing good working relationships with health, and other organisations.

The Chairman also welcomed Martin Samuels, who had been recently appointed as the new Executive Director for Adult Care and Community Wellbeing.

RESOLVED

That the Chairman's Announcements as detailed on pages 17 and 18 of the agenda pack be noted.

22 DECISION ITEM

22a Ageing Better

Consideration was given to a report from Councillor Wendy Bowkett, Executive Councillor for Adult Care and Public Health and Chair of the Lincolnshire Ageing Better Steering Group, which asked the Board to consider the proposal to incorporate the Lincolnshire Ageing Better Steering Group with the Housing, Health, and Care Delivery Group to form the Housing, Health, and Ageing Well Delivery Group.

Anne - Marie Scott, Assistant Director, Prevention and Early Intervention, presented the item to the Board; and during discussion the following comments were noted:

- Support was extended to the work of the Lincolnshire Housing Health and Care Delivery Group and the Lincolnshire Ageing Better Steering Group and to the fact that both groups had moved forward the healthy living agenda, not just in the county, but also nationally;
- General support was extended for the proposal, but some concern was raised as to whether broadening the remit would have an impact on what needed to be achieved. Reassurance was given that it was the intention to refresh the delivery plan for the Housing Health and Care Delivery Group and to incorporate into that plan ageing actions; and
- It was highlighted that every care decision was also a housing decision and that bringing the two areas together, would enable the group to think in a more preventative way, to help older people maintain an independent life in their communities.

Appendix A, to the report provided a copy of the draft Terms of Reference for the proposed Housing, Health, and Ageing Well Delivery Group for members of the Board to consider.

The Chairman on behalf of the Board extended her thanks to the presenters.

#### RESOLVED

1. That support be given to incorporating the Lincolnshire Ageing Better Steering Group with the Housing, Health, and Care Delivery Group to form the Housing, Health, and Ageing Well Delivery Group.
2. That the draft Terms of Reference for the Housing Health and Ageing Well Delivery Group be agreed, subject to any minor amendments being made by the Group.

#### 23 DISCUSSION ITEMS

##### 23a Joint Health and Wellbeing Strategy for Lincolnshire - Update

The Board considered a report from Michelle Andrews, Assistant Director Integrated Care System – Public Health and Alison Christie, Programme Manager Strategy and Development – Public Health, which provided the Board with an update on the review of Lincolnshire's Joint Local Health and Wellbeing Strategy (JHWS).

*(Note: Karen Dunderdale joined the meeting at 14:13pm).*

The Board received a presentation which made reference to the five JHWS priorities set by the Board at its June 2023 meeting and the objectives and outcomes set by each of the

**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**  
**5 DECEMBER 2023**

JHWS Priority Delivery Groups for each of the JHWS priorities, using the life course approach of Start Well, Live well, and Age Well.

The Board noted that the next steps would be, the objectives and outcomes would be finalised by mid-January 2024, and a draft delivery plan would then be produced for 2024/25, ensuring that the work was aligned with the development of the next iteration of the Integrated Care Strategy. It was reported that both strategies would then be presented for consideration by the Health Scrutiny Committee for Lincolnshire on 21 February 2024, with sign of the new JHWS strategy by the Health and Wellbeing Board at its next scheduled meeting on 12 March 2024.

During consideration of this item, the following comments were noted:

- Reassurance was provided that the life course approach being taken would ensure that children were highlighted across all of the priorities;
- Support was extended to the life course approach as this would help support primary care prevention; and
- Some concern was expressed relating to the number of outcomes and the disciplined approach required. The Board noted that focus would be made on the new actions/deliverables, but it was felt that the mechanism would also help link things together to know what was going on, which would then be fed back to the Health and Wellbeing Board.

The Chairman on behalf of the Board extended thanks to the presenters.

**RESOLVED**

That the update on the Joint Health and Wellbeing Strategy for Lincolnshire be noted.

23b Update Report on Children and Young People's Mental Health and Emotional Wellbeing

Consideration was given to a report from Kevin Johnson, Commissioning Manager, Lincolnshire County Council and Eve Baird, Associate Director of Operations – Specialist Services Lincolnshire Partnership NHS Foundation Trust (LPFT), which provided the Board with an update on the range of mental health and emotional wellbeing services available for children and young people in Lincolnshire.

It was noted that since the pandemic extra pressure had been put on services with more children and young people needing help with their mental health and wellbeing. The Board was advised that increased investment had enabled waiting times for support to reduce, but more needed to be done.

It was reported that the children and young people Mental Health Transformation programme had commenced, which would result in service improvements to best meet the needs of children and young people in Lincolnshire. It was however highlighted that the



Mental Health Transformation programme would take time to be fully implemented, and that further planned developments would continue to improve access and support to children and young people.

During consideration of this item, the Board raised some of the following comments:

- The need for members of the Board to communicate to others the amazing services available across the organisations to those working with children and families;
- Support was extended to the online mental health support for young people aged 11 to 18 years (25 SEND/Care Leaver, living in or attending education in Lincolnshire), 'Kooth'. One member enquired about the amount of usage of the on-line service in East Lindsey. Officers advised that more data could be provided, but reassurance was given that the service was well used across the whole of the county; and
- One member enquired as to what had been learnt so far from the outcomes and interventions already in place for children and young people. The Board was advised that Lincolnshire was leading the way with regarding to its mental health services, and that Lincolnshire had been asked to talk to other systems in this regard. The Board noted that within the specialist services, there was a focus on both clinical outcome measures, and patient experience measures, to ascertain what the service meant for the child or young person. It was noted that more needed to be done with some of the community services. It was noted further that one of the challenges was to invest more in prevention, which would then see less people needing secondary health care. The Board was advised that this was a piece of work being developed through the transformation work.

The Chairman on behalf of the Board extended thanks to the presenters.

#### RESOLVED

That the update on the Children and Young People's Mental Health and Emotional Wellbeing be noted.

#### 23c Adult Community Mental Health Transformation

The Board considered a report and presentation from Sara Brine, Head of Mental Health and Transformation NHS Lincolnshire Integrated Care Board and Victoria Sleight, Head of Adult Community Mental Health Transformation Lincolnshire Partnership NHS Foundation Trust, which provided an update on the Mental Health (Adults) priority.

Appendix A to the report provided a copy of a presentation which referred to the Adult Community Mental Health and Wellbeing Transformation. The presentation made reference to: the NHS England Roadmap; what had been achieved so far; the benefits of the mental health transformation programme; the ten year vision; the mental health and wellbeing community investment scheme; organisations support by 'Shine'; night lights cafés; the wellbeing hub offer; mental health population profiles; psychological interventions across all pathways; co-production networks; next steps; and how success would be measured.

During consideration of this item, the Board raised some of the following comments:

- Thanks were extended for the comprehensive report, presentation, and the fantastic work being undertaken with regard to Mental Health (Adults) priority;
- Some concern was raised regarding services being moved into the community more and the closing down of crisis services. It was highlighted that coastal and rural communities still struggled to get the services they required, with reference being made to primary care mental health practitioners and access to them by the homeless community. It was highlighted further that there were gaps in provision across the county. The Board was advised that homeless teams in the East Lindsey area were really struggling to get mental health support and a plea was made for extra mental health support to be made available. It was also highlighted that those in crisis should not have to go to an emergency department to receive the care they needed. Presenters agreed to take away the comments raised;
- The Board was advised that work was ongoing to try and expand, and re-commission what used to be called the dual diagnosis model;
- One question asked was how it was known that the strong network of services provided was embedded across communities, across services, and partners, to continually evolve and be sustainable. There was recognition that the programme was interactive and that the scope had been widened, which had impacted across the crisis services. The Board noted that the success of the network of services had been down to partnerships with colleagues working across the integrated care system and really understanding what communities wanted. The Board noted further that work was starting on what the vision was going to be for the next ten to twenty years;
- One member highlighted that the section 75 agreement and the approach of the Better Care Fund had really helped to bring everyone together, and that building on that through the priorities of the health and wellbeing strategy and the integrated care strategy would help enable transformation;
- The need for the faith sector to be included in the Voluntary, Community & Social enterprises (VCSE) provision;
- That there needed to be better sharing of support information and signposting available to organisations to help them deal with requests from their own workforce. One member highlighted that slide 68 of the report pack would help in this regard; and
- It was highlighted that the voluntary sector was providing a valuable service and that the challenge was through working together was to find a more sustainable way going forward to keep community groups thriving.

The Chairman on behalf of the Board extended thanks to the presenters.

**RESOLVED**

That the update on the Adult Community Mental Health Transformation be noted.

23d Dementia Programme Update

Consideration was given to a report from Paula Jelly, Associate Director of Operations Older People & Frailty Division Lincolnshire Partnership NHS Foundation Trust (LPFT) and Gina Thompson Dementia Transformation Programme Lead LPFT, which updated the Board on the progress made, and partners contribution to the work of the Dementia Programme.

Appendix A to the report provided the Board with details of the key feedback received from engagement on the draft strategy goals.

The Board noted that the Dementia Transformation Programme had only started in March 2023, and was not as far forward as other transformation programmes.

The presentation of this item covered the dementia strategy development; the prevention agenda, aimed at raising awareness of the importance of good brain health across all ages, to reduce the risk of dementia; the Dementia Diagnosis Rate (DDR) target, it was noted that the nationally mandated DDR target was 66.7% and that Lincolnshire's DDR target was currently 64.8%, which was below the national target but was above the regional average; memory assessment service; Antipsychotic medication; and improvements made. Details of which were contained within the report presented.

During consideration of this item, the Board raised some of the following comments:

- The need to ensure that information was readily available about dementia, and that help was there to signpost individuals/families to get the assistance they needed; and
- Thanks were extended to the good work being undertaken in relation to the dementia programme. It was however noted that the programme was not as far forward as other transformation programmes and that there needed to be clear commitment from members present to support and evolve the programme going forward.

The Chairman on behalf of the Board extended thanks to the presenters.

## RESOLVED

1. That the progress made on the Dementia Programme be noted.
2. That the Board notes that the standalone Memory Assessment Services (MAS) is subject to change as it is dependent on funding being secured.

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**5 DECEMBER 2023**

24      INFORMATION ITEM

24a      Lincolnshire Better Care Fund Update

The Board considered a report from Martin Samuels, Executive Director Adult Care and Community Wellbeing, which provided an update on the Better Care Fund.

Paul Summers, Programme Manager – Better Care Fund was also in attendance for this item.

Attached to the report for members of the Board to note were:

- Appendix A - a copy of the NHS England Approval letter;
- Appendix B - a copy of the Better Care Fund 2023/25 Quarter 2 Quarterly Reporting Template; and
- Appendix C – details of the Better Care Fund Guidance and Assumptions.

Members attention was brought to Appendix A, the NHS England Approval letter and to the fact that approval had been received in September 2023, which meant that as a local area approval for the two-year plan had been received before the start of the year.

It was reported that the system was currently in the process of doing a refresh of the demand and capacity for quarter two upwards towards quarter three, for quarter three updates to be submitted in January/February 2024. That for 2024/25 it was noted that there would be an extension of the existing Homelink pathway, as well as an increase in the number of active recovery beds from 40 to 60 with effect from 1 January 2024.

The Chairman extended thanks on behalf of the Board to the presenters.

RESOLVED

That the Lincolnshire Better Care Fund 2023-2025 Quarter 2 update be noted.

24b      Log of Previous Decisions

RESOLVED

That the Action Log of previous Decisions as presented be noted.

24c      Lincolnshire Health and Wellbeing Board Forward Plan

RESOLVED

That the Lincolnshire Health and Wellbeing Board Forward Plan as presented be noted.

The meeting closed at 3.25 pm.

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Lincolnshire Health and Wellbeing Board - Actions from 13 June 2023

Meeting Date	Minute No	Agenda Item & Action Required	Update and Action Taken
13.06.23	8b	<b>Joint Engagement – Joint Strategic Needs Assessment (JSNA) Prioritisation Exercise and Recommendations</b> Officers agreed to look further into reference to SEND	This is being considered as part of the next steps
	9d	<b>Lincolnshire Health and Wellbeing Board Forward Plan</b> Members of the Board were invited to contact either Alison Christie, Programme Manager or Katrina Cope, Senior Democratic Services Officer if they had any items they wished to be included in the Health and Wellbeing Board Forward Plan.	No requests received
26.09.23	16b	<b>Lincolnshire Health and Wellbeing Board Forward Plan</b> Members of the Board were invited to contact either Alison Christie, Programme Manager Strategy and Development or Michelle Andrews, Assistant Director Integrated Care System – Public Health if they had any items they wished to have included in the Health and Wellbeing Forward Plan	No requests received
05.13.23	23b	<b>Update Report on Children and Young People’s Mental Health and Emotional Wellbeing</b> Data relating to the on-line service usage, particular reference to the East Lindsey area.	Data relating to the online service usage is provided as part of Chairman’s Announcements on 12 March 2024.

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# Agenda Item 5

## LINCOLNSHIRE HEALTH AND WELLBEING BOARD – 12 MARCH 2024 CHAIRMAN'S ANNOUNCEMENTS

### Disposable Vapes Ban

On 29 January 2024, the government announced plans to ban disposable vapes as part of the plans to tackle the rise in youth vaping and to protect children's health. The measure comes as part of the government's response to consultation on smoking and vaping, which was launched in October 2023. Disposable vapes have been a key driver behind the alarming rise in youth vaping, with the proportion of 11 to 17 year old vapers using disposables increasing almost ninefold in the last 2 years.

New powers will be introduced to restrict flavours which are specifically marketed at children, and to ensure manufacturers produce plain, less visually appealing packaging. Shops will have to change the way they display vapes, moving them out of sight of children and away from products that appeal to them, like sweets.

To crack down on underage sales, the government will bring in new fines for shops in England and Wales that illegally sell vapes to children. Trading Standards officers will be empowered to act 'on the spot' to tackle underage tobacco and vape sales. This is in addition to the (maximum) £2500 fine that local authorities can already impose.

### Pharmacy First Advanced Service

On 31 January 2024, the *Pharmacy First Advance Service* (PFAS) was launched by NHS England having confirmed that 10,000 pharmacies in England had registered to deliver the service. The new service will enable community pharmacists to complete episodes of care for patients without the need for the patient to visit their general practice. NHS England states that this service, alongside an expansion to pharmacy blood pressure checking and contraception services, will save up to ten million general practice team appointments a year and help patients access quicker and more convenient care, including the supply of appropriate medicines for minor illnesses.

NHS England states that the Pharmacy First Service builds on the previous Community Pharmacist Consultation Service by enabling community pharmacies to manage patients for these seven common conditions: impetigo (for ages one year and above); infected insect bites (for ages one year and above); shingles (for ages 18 and above); sinusitis (for ages twelve and above); sore throat (for ages five and above); uncomplicated urinary tract infections (for women aged between 16 and 64); and acute otitis media (for ages one to 17).

Patients will access the service by walking into the pharmacy or, when appropriate, by video consultation. In addition, patients will access the service via referrals from:

- NHS 111 (online, telephone and NHS App);
- integrated urgent care clinical assessment services;
- urgent treatment centres;
- emergency departments;
- 999; and
- general practice.

## **Children and Young People's Mental Health and Emotional Wellbeing**

At our last meeting in December 2023, the Board received an update on the Joint Health and Wellbeing Strategy Priority - Children and Young People's (CYP) Mental Health and Emotional Wellbeing. During the discussion, Members requested additional information regarding CYP online mental health support service (Kooth), specifically focusing on the East Lindsey area. Appendix A provides the additional update.

In response to the report on Children and Young People’s (CYP) Mental Health and Emotional Wellbeing presented in December 2023, members of the Health and Wellbeing Board (HWB) requested additional information regarding CYP online mental health support service usage data, specifically focusing on the East Lindsey area.

**Data Response**

The following information covers the time period of 1<sup>st</sup> October 2022 to 30<sup>th</sup> September 2023, otherwise referred to as the “time period”, and includes data provided to the council by Kooth Digital Health Limited.

Figure 1 displays the number and percentage breakdown of Lincolnshire CYP who registered on the platform during the time period, categorised by their known sublocation. Of the 2,232 total new CYP registrations, 13.5% (301) resided in East Lindsey, which is 16% of those whose sublocation is known.

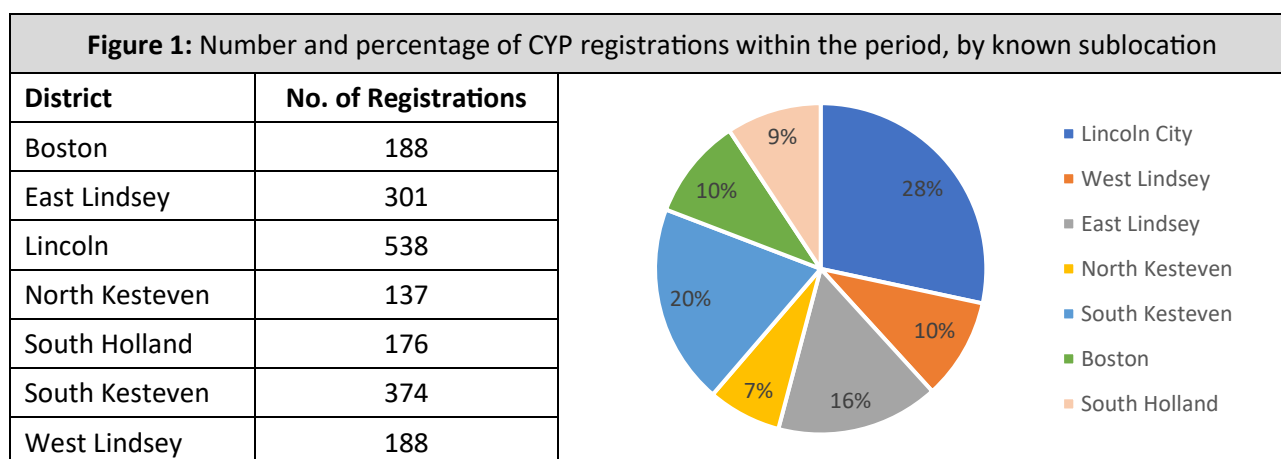


Figure 2 illustrates the distribution of Kooth’s contract delivery support hours based on known sublocations. During the time period, Kooth provided 5,711 hours of support. Notably, 10% of these hours (565 hours) were utilised by CYP living in East Lindsey, which is 14% of those support hours where sublocation is known. However, due to the anonymous nature of the platform, it is possible that a larger number of CYP living in East Lindsey accessed support without disclosing their location; sublocation was unknown for 29.6% of total contract delivery support hours.

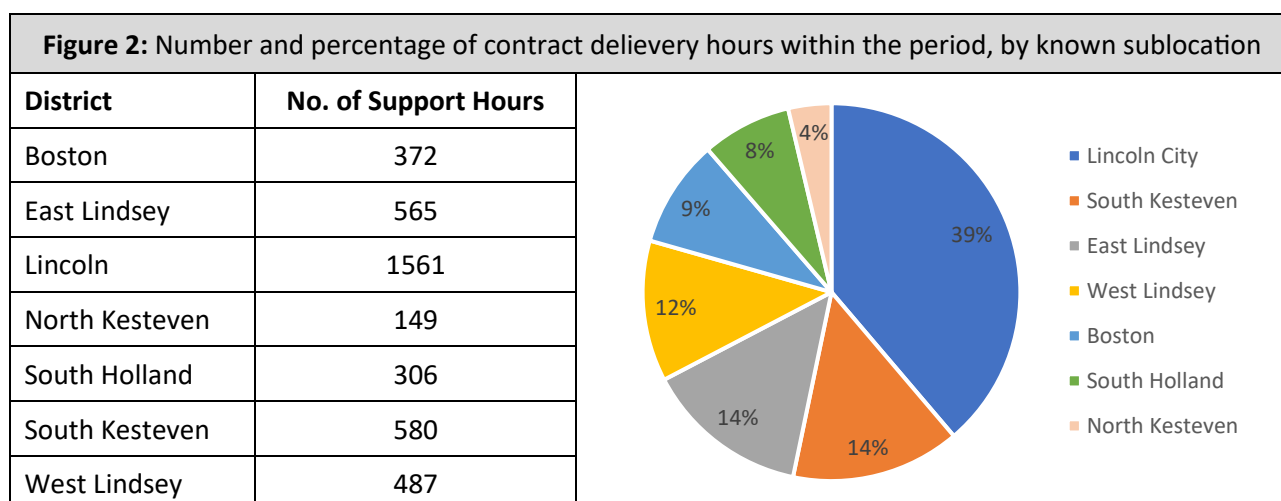
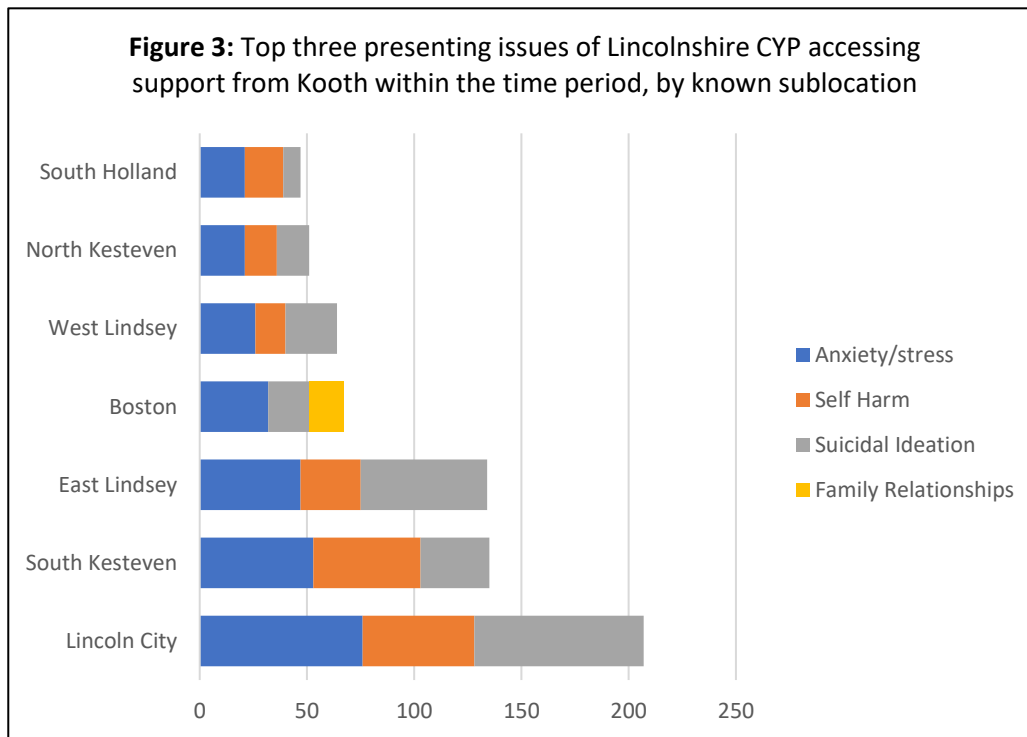


Figure 3 depicts the primary presenting issues faced by Lincolnshire CYP accessing support from Kooth, categorised by known sublocation. Notably, in the East Lindsey region, suicidal ideation emerged as the most prevalent reason for seeking support, followed by anxiety/stress and self-harm.





## LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Derek Ward, Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date	<b>12 March 2024</b>
Subject	<b>Joint Health and Wellbeing Board Strategy</b>

### Summary:

The Health and Wellbeing Board has a statutory duty to prepare and publish a Joint Health and Wellbeing Strategy (JHWS) for meeting the needs identified in the Joint Strategy Needs Assessment (JSNA).

Lincolnshire's current JHWS was produced by the HWB in 2018. Following the publication of the latest JSNA, in March 2023, work began with partners and priority delivery groups to review the strategy. The strategy has been developed following the life course approach, with objectives and outcomes set against each of five strategic priorities.

### Actions Required:

The Health and Wellbeing Board is asked to approve:

1. the Joint Introduction document (Appendix A),
2. the Joint Health and Wellbeing Strategy 2024 (Appendix B),
3. the publication of the Joint Introduction document and the Joint Health and Wellbeing Strategy 2024 on the Lincolnshire Health Intelligence Hub alongside the Integrated Care Partnership Strategy.

## 1. Background

A statutory duty under the Health and Social Care Act 2012 (amended by the Health and Care Act 2022) requires the local authority and the Integrated Care Board (ICB) to produce a Joint Health and Wellbeing Strategy (JHWS) for meeting the needs identified in the Joint Strategic Needs Assessment (JSNA). The purpose of the JHWS is to inform strategic commissioning for organisations that commission services to improve the health and wellbeing and reduce health inequalities of the people of Lincolnshire.

In Lincolnshire, Lincolnshire County Council shares the same geographical boundary as the ICB. In line with the Health and Care Acts of 2012 and 2022, we are required to have both a Health and Wellbeing Board (HWB) and an Integrated Care Partnership (ICP). Whilst each is required to publish its own strategy, our local ambition is to align the HWB and ICP by connecting the JHWS and the ICP strategy whilst avoid duplication or gaps. Each strategy retains its own identity with:

- the JHWS focusing on ‘the what’ – i.e. the population health and wellbeing priority areas the health and care system will focus on, based on the evidence in the Joint Strategic Needs Assessment; and
- the ICP strategy setting out ‘the how’ – i.e. the strategic enablers that the health and care system will focus integration efforts on, to support the delivery of the JHWS and its priorities, and the system’s overarching ambition and aims.

The shared system ambition is:

**For the people of Lincolnshire to have the best possible  
start in life, and be supported to live, age, and die well.**

Underpinning the shared ambition, four aims have been identified that set the strategic direction for the health and care system in Lincolnshire. These aims are to:

- Have a strong focus on prevention and early intervention.
- Tackle inequalities and equity of service provision to meet population needs.
- Deliver transformational change in order to improve health and wellbeing.
- Take collective action on health and wellbeing across a range of organisations.

Given the linkages between the strategies, the two documents will be published together along with a shared single introduction, attached as Appendix A, which includes:

- a foreword from Cllr Woolley and John Turner as Chair and Vice Chair of the HWB and ICP,
- contextual information about Lincolnshire, including health and wellbeing detail linked to the JSNA, and
- an overview of shared ambitions and aims, and information on how the two strategies fit together.

Lincolnshire’s current JHWS was produced by the HWB in 2018. Following the publication of the Joint Strategic Needs Assessment (JSNA), in March 2023, the HWB agreed to review the strategy. A JSNA prioritisation exercise was undertaken during Spring 2023 to inform the process. This involved mapping each of 36 JSNA topics according to their potential impact on the Lincolnshire

population and the recent direction of travel (improving or worsening). Findings were discussed with partners and stakeholders during a prioritisation workshop. Based on the feedback, a recommendation report was presented to the HWB in June 2023.

Based on the recommendation report, the HWB agreed:

- The priorities in the JHWS 2018 were still valid and relevant but the number of priorities would reduce from seven to five by combining the two mental health and dementia priorities into one priority.
- The Housing and Health priority would be renamed Homes for Independence.
- The new strategy would use the life course approach to reflect the JSNA.

The five priorities in the JHWS are:

JHWS Priority	JHWS Delivery Group
Carers	Carers Steering Group
Healthy Weight	Healthy Weight Partnership
Homes for Independence	Housing, Health and Ageing Well Delivery Group
Mental Health and Dementia	Mental Health, Dementia, Learning Disability and Autism Alliance
Physical Activity	Let's Move Lincolnshire

The JHWS Delivery Groups were tasked with engaging relevant partners to develop their priority objectives and outcomes. The draft JHWS 2024 is attached in Appendix B. The HWB is asked to approve the document for publication.

Appendices A and B, along with Integrated Care Partnership Strategy make up the suite of documents which, once approved, will be published on the [Lincolnshire Health Intelligence Hub](#) (LHIH). From a single landing page, the viewer will be able to navigate to the individual strategies and between the documents. The content will be published as web pages, with an option to download a pdf version. The webpage approach assists with linking strategies with the JSNA and other evidence sources housed on LHIH.

Links to the relevant landing page on the LHIH will be added to the Council's and ICB's website so people are also able to access the information via that route.

## 2. Conclusion

The HWB is required to develop a JHWS based on the evidence in the JSNA. Following the publication of the new JSNA in March 2023, a review of the JHWS was conducted. The paper asks the HWB to approve the new JHWS for Lincolnshire and its publication on the LHIH.

## 3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The Joint Health and Wellbeing Strategy is a statutory requirement for the Health and Wellbeing Board and is developed using the evidence of need identified in the JSNA.

#### 4. Consultation

The Health Scrutiny Committee for Lincolnshire has the power to scrutinise the effectiveness of the HWB in meeting statutory responsibilities and make recommendations to the Board. The draft strategy was presented to the Health Scrutiny Committee for Lincolnshire on 21 February 2023 and feedback from the committee is provided in Appendix C.

#### 5. Appendices

These are listed below and attached at the back of the report	
Appendix A	Shared Introduction – About Lincolnshire
Appendix B	Joint Health and Wellbeing Strategy for Lincolnshire 2024
Appendix C	Statement on the Joint Health and Wellbeing Strategy from the Health Scrutiny Committee for Lincolnshire.

#### 6. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Alison Christie, Programme Manager, who can be contacted on [alison.christie@lincolnshire.gov.uk](mailto:alison.christie@lincolnshire.gov.uk)





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## JOINT HEALTH AND WELLBEING STRATEGY & BETTER LIVES LINCOLNSHIRE INTEGRATED CARE PARTNERSHIP STRATEGY INTRODUCTION

### ABOUT LINCOLNSHIRE



## Our Shared Ambitions and Aims

There is a long history of joint working in Lincolnshire between the Local Authority, the NHS, and wider partners. We have worked hard to build the relationships need to support the people of Lincolnshire to enjoy the highest quality health and wellbeing for themselves, their families, and their communities. We are pleased with the progress we have made and are confident we have developed the right principles and values to guide us.

However, we know that more needs to be done to give everyone the very best start and every possible opportunity to live a long and healthy life. We also know that to have the best chance of achieving this we need to think and work differently with each other and with our communities.

To help guide us in our work we have developed a shared ambition...

### **For the people of Lincolnshire to have the best possible start in life, and be supported to live, age and die well...**

Underpinning our ambition, we have defined four aims that set our strategic direction for the health and care system in Lincolnshire. These aims are:

- Have a focus on prevention and early intervention.
- Tackle inequalities and equity of service provision to meet population needs.
- Deliver transformational change in order to improve health and wellbeing.
- Take collective action on health and wellbeing across a range of organisations.

In Lincolnshire, the County Council shares the same geographical boundary as our integrated care board this area is the basis for our integrated care system and as such we are required to have both a Health and Wellbeing Board and Integrated Care Partnership. Each are required to publish its own strategy and our approach is to connect the Joint Health and Wellbeing Strategy and Integrated Care Strategy to avoid duplication or gaps. Each will maintain its own identity with:

**The Joint Health and Wellbeing Strategy** continues to set out on ‘the what’ i.e. the population health and wellbeing priority areas the health and care system will focus on based on the evidence in the [Joint Strategic Needs Assessment \(JSNA\)](#); and

**The Integrated Care Partnership Strategy** sets out ‘the how’ i.e. the key enablers the health and care system will focus integration efforts on to support delivery of the JHWS and its priorities, and the system’s overarching ambition and aims.

We encourage you to adopt and use both strategies in whatever way you can to further improve the health and wellbeing of the people of Lincolnshire.

Clr Sue Woolley

Chair of the Lincolnshire Health & Wellbeing Board and Integrated Care Partnership

John Turner

Vice Chair of the Lincolnshire Health & Wellbeing Board and Integrated Care Partnership



## Overview of the Health and Care System in Lincolnshire

### Lincolnshire Health and Wellbeing Board

Under the Health and Social Care Act 2012, the Health and Wellbeing Board for Lincolnshire was established to act as a forum in which those who are responsible for improving and protecting the health and wellbeing of local populations and communities, can do so in a joined up effective way.

As a formal committee of the county council, the Health and Wellbeing Board for Lincolnshire includes representatives from Lincolnshire County Council, NHS Lincolnshire Integrated Care Board (ICB), local NHS Providers, Police and Crime Commissioner, District Councils, Healthwatch Lincolnshire, Higher Education, Local Enterprise Partnership, Care Sector and NHS England.

The functions of the Health and Wellbeing Board for Lincolnshire are:

- to encourage persons who arrange for the provision of any health and social care services in the area to work in an integrated manner;
- to provide such advice, assistance or other support as it thinks appropriate for the purpose of encouraging joint commissioning;
- to prepare and publish a Joint Strategic Needs Assessment (JSNA);
- to prepare and publish a Joint Health and Wellbeing Strategy

The Joint Health and Wellbeing Strategy aims to inform and influence decisions about the commissioning and delivery of health and care services in Lincolnshire, it highlights the factors that need a multi-agency system response in order to ensure the greatest impact on those segments of the population who will benefit most from support and interventions within the priorities identified. By taking this approach as a system we are collectively focusing on the needs of the people who require additional support. In addition, we aim to tackle the factors that affect everyone's longer term health and wellbeing. To do this we have adopted a life course approach.

### Lincolnshire Integrated Care Partnership

The Health and Care Act 2022 formally established Integrated Care Systems (ICSs) in England from July 2022 comprising two statutory bodies exercising statutory functions:

- Integrated Care Board
- An Integrated Care Partnership (ICP)

The Lincolnshire Integrated Care Partnership (ICP) is a joint committee of Lincolnshire County Council and NHS Lincolnshire Integrated Care Board (ICB), our wider membership reflects that of our Health and Wellbeing board.

The Lincolnshire ICP is the forum for the organisations that make up the Lincolnshire Integrated Care System (ICS), known as 'Better Lives Lincolnshire', to come together as equal partners to plan actions in support of the delivery of integrated health and care, and overall ambition and aims of the system. Underpinning the work of the ICP are the five system enablers set out within the integrated care partnership strategy this aims to be the vehicle to drive system change and bring together our collective ambition.



## Health and Wellbeing in Lincolnshire

### About Lincolnshire

As a large rural and coastal county, the geography of Lincolnshire and its population demographics present specific challenges with regard to the health and wellbeing of our population, and this contributes to some of the health inequalities identified within the [Lincolnshire JSNA](#). The inequalities seen in older age groups, people who live in more deprived areas and people who live in rural areas coalesce in many coastal areas. Few areas in the UK combine all these factors in the way that Lincolnshire does.

In 2019, the Index of Multiple Deprivation (IMD), which shows overall deprivation, ranked Lincolnshire 91<sup>st</sup> out of 151 upper tier local authorities in England, where 1<sup>st</sup> is the most deprived. The general pattern of deprivation across Lincolnshire is in line with the national trend, in so much that the urban centres and coastal strip show higher levels of deprivation than other parts of the county. The Lincolnshire coastline, particularly the towns of Skegness and Mablethorpe, are amongst the most deprived 10% of neighbourhoods in the country.

For more information [click here](#)

### Our Population

Lincolnshire has a resident population of 768,400 (Census 2021), with a 49% male and 51% female. We have an older population than a lot of other authorities (27<sup>th</sup> out of 174 upper tier local authorities), with 23% of residents over the age of 65. As a result, Lincolnshire has the highest level of care homes in England (293).

The diversity of the population has increased in recent years because of new and emerging communities. In the 2021 Census, 89% of residents identified themselves as White British and a further 6.7% as White Other this is primarily made up of Eastern European communities.

For more information [click here](#)

### Health and Wellbeing in Lincolnshire

The [Lincolnshire JSNA](#) provides an overview of the health and wellbeing of Lincolnshire's population.

### Education, Employment and Skills

[Education, employment and skills](#) levels are key determinants of social-economic outcomes and can play a pivotal role in a person's health and wellbeing. They can influence social mobility, economic independence, housing and income levels.

In Lincolnshire, although standards have risen over time, our children have performed less well on average than their peers nationally at every key stage. [Raising attainment](#) for all pupils is crucial to maintain and improve socio-economic cohesion and the productivity of communities in Lincolnshire. School leaver and



graduate retention locally is known to be a challenge with the perception of more opportunities in larger cities within easy reach of the local area such as Peterborough, Nottingham, Sheffield and Hull.

Within certain groups (aged under 25 and over 50) in Lincolnshire unemployment rates remain high and despite progress, skills gaps still persist. Rurality and access to employment opportunities are barriers in some parts of Lincolnshire. The proportion of residents aged 16-64 who have no qualification is slightly above the national average, with areas with the highest proportion of residents with no or low qualifications being concentrated to the East.

More than 30% of residents in Skegness and Mablethorpe have either no qualification or are qualified to NVQ level 1. Some of these patterns are observed hyper locally within small pockets across the county. The proportion of residents of working age qualified at NVQ Level 4+ is around 10% lower than that nationally, however the proportion of residents aged 25-39 with a level 4 qualification or above is around 20% lower than that nationally.

For more information:

[JSNA Schools & Achievement](#)

[JSNA Employment](#)

## Housing

Lincolnshire has 333,600 households. It is estimated that of the private housing stock 18% have a serious hazard likely to cause illness or harm, 17% are low-income households, 10% have fuel poverty, 9% have falls hazards and 9% have excess cold.

Lincolnshire has high rates of fuel poverty, particularly in deprived areas where the quality of the housing tends to be poorer and in rural areas where properties are often not connected to mains gas. Poor quality, cold or overly hot housing can cause or exacerbate acute and chronic health issues leading to increased visits to GPs, hospital admissions or reliance on medications. There is a shortage of housing for older people, and a significant shortage of housing for sale or shared ownership compared to those for rent.

There is also a shortage of housing with care, both for rent and for sale, including extra care / 'assisted living' schemes with 24/7 care available on-site and housing schemes that offer bespoke care services, even if these are not full on-site 24/7 care.

There are also around 200 caravan sites, and approximately nearly 37,000 static caravans (Source: [East Lindsey District Council](#)) on the Lincolnshire coast (the largest concentration in Europe) with a permanent population of over 6,600 people (Source: [Chief Medical Officer Annual Report, 2021](#)). It is estimated around 30% of local caravan residents live with long-standing illness, disability or infirmity and nearly a quarter have health issues affecting mobility.

For more information:

[JSNA Homelessness](#)

[JSNA Housing Standards](#)

[JSNA Unsuitable Homes](#)



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# JOINT HEALTH AND WELLBEING STRATEGY 2024

## Lincolnshire Health and Wellbeing Board

supporting the people of Lincolnshire to have the best start in life, and be supported to live, age, and die well.



## INTRODUCTION

The Joint Health and Wellbeing Strategy (JHWS) enables the Health and Wellbeing Board to champion the shared ambition and aims and sets out a direction of travel for health and wellbeing in Lincolnshire. The purpose of the JHWS is to:

- Provide a context, vision and overall focus for improving the health and wellbeing of local people and reducing health inequalities at every stage of people’s lives.
- Identify shared priorities and clear outcomes for improving health and wellbeing and reducing inequalities.
- Support effective partnership working that delivers health improvements.
- Provide a framework to support and drive the innovation required to enable change.
- Support board members to embed these priorities within their own organisations and reflect these in their commissioning and delivery plans.

### Life Course Approach

Health and wellbeing are fundamental to a good life from pre-birth to old age. At a very early age our health can be affected by many factors, including socio-economic and environmental factors, maternal health, family and social networks therefore it is critical to promote and improve health at all ages. This includes the transition points such as becoming parents, children starting school, transitioning to young adulthood to adulthood, working, retirement. Evidence shows that the need and demand for health and social care services increases with age.

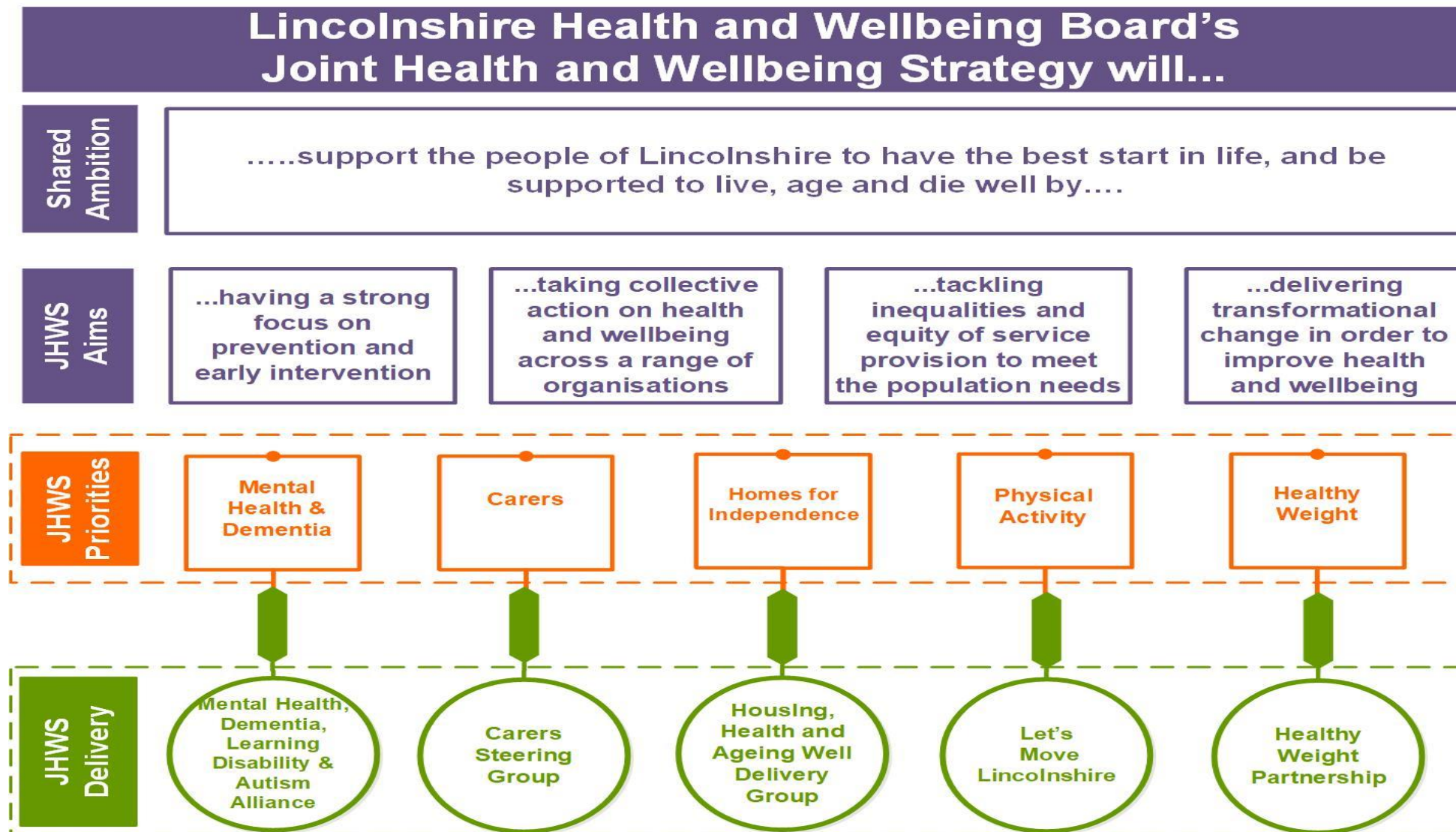
Our strategy takes a life-course approach, from pre-birth to old age and is structured using the following themes [Start Well](#); [Live Well](#); and [Age Well](#). For each of the priorities, objectives and outcomes have been identified setting out how the Board will work to improve health and wellbeing against the different age groups. The strategy highlights the need for age-appropriate health promotion and prevention work across the life course, and also recognises that some issues, for example housing, cut across all age groups.

### How have we identified the priorities

In March 2024, [Lincolnshire’s Joint Strategic Needs Assessment](#) (JSNA) was republished. Using the evidence from the new JSNA the Board undertook a prioritisation exercise. Using a prioritisation matrix, the 36 health and wellbeing areas identified in the JSNA were mapped according to their potential impact on Lincolnshire’s population and the recent direction of travel (improving or worsening). Full details on the prioritisations process can be found in the [Joint Engagement Approach 2023 Report](#) presented to the Health and Wellbeing Board in June 2023.



The priorities for the strategy are summarised in the picture below:



# CARERS

## Why is this a priority?

An unpaid carer is anyone who provides unpaid help to a friend or family member needing support, perhaps due to illness, old age, disability, a mental health condition or an addiction. We have a legal obligation to support unpaid carers and therefore need to understand our local carer population and their needs to provide the right balance of support.

In Lincolnshire there are an estimated [70,391 \(Source: Census 2021\) unpaid carers](#) and given the county’s ageing population, this number is predicted to increase. Many carers do not recognise themselves as a carer, so numbers are likely to be an underestimate. This lack of realisation also makes it more likely that carers are not getting the support they need. Carers make a major contribution to society, with the value of labour provided by Lincolnshire’s unpaid carers of all ages estimated to be the equivalent of £1,677m each year – more than seven times the annual budget of Adult Social Care.

Being an unpaid carer places a significant strain on the individual and can impact their own health and wellbeing and quality of life. The NHS Long Term Plan recognises that carers are twice as likely to suffer poor health compared to the general population, primarily due to a lack of information and support, financial concerns, stress, and social isolation. There can also be an adverse effect on education and employment, with many carers giving up work or foregoing education. These factors make it vital to ensure pathways and services are in place to support unpaid carers to be effective and prevent carer breakdown leading to escalation of formal care provision.

Further information – [JSNA Carers page](#)

## Objectives

We Will...	
<b>Start Well</b>	<p>Work in partnership to Identify carers at the earliest possible opportunity.</p> <p>Work collaboratively with other professionals to develop working practices, including the ‘whole family approach’.</p> <p>Support all professionals working with Young Carers, including the transition from children to adult services.</p>
<b>Live Well</b>	<p>Raise awareness and increase the number of carers that receive support by providing good quality information, advice, and guidance.</p> <p>Engage with carers to identify their needs and improve their outcomes.</p> <p>Support working age unpaid carers to access voluntary and working opportunities.</p>



Improve and develop digital options that support unpaid carers.

Work to improve how we identify unpaid carers and strengthen support for them to manage their own health needs which can increase as they age.

Work with partners to co-produce the Carers Emergency Response Service so it is fit for purpose.

### What Difference will we see?

- Carers are identified at the earliest opportunity.
- More carers supported to access or remain in employment.
- Carers are able to access information, advice, and guidance online.
- Carers have contingency conversations and plans in place should they be unable to care for an individual.

### How we will deliver this

The Carers Steering Group oversees the delivery and ongoing development of the Carer's Strategy to meet the objectives of the Carers Priority. The Steering Group includes representatives from key partners, including Lincolnshire County Council, the Lincolnshire Integrated Care Board, Lincolnshire Community Health Services NHS Trust, United Lincolnshire Hospitals NHS Trust, Lincolnshire Partnership NHS Foundation Trust, Carers First, Serco and the Lincolnshire Voluntary Engagement Team. The terms of reference and membership are reviewed annually to ensure membership supports the strategic aims and the delivery of actions.



## HEALTHY WEIGHT

### Why is this a priority?

Having a healthy weight is one of the most important things we can do to protect and improve our overall health. Being overweight increases the risk of several health conditions and obesity is believed to be the third biggest risk factor contributing to premature death. Being active is also one of the most important ways to boost our health and wellbeing and helps us to stay at a healthy weight, making these priorities intrinsically linked.

In children, obesity has long-term effects on physical, social, educational, and mental health outcomes. Problems related to childhood excess weight are likely to persist into adulthood.

At the population level, overweight and obesity are thought to cost the NHS over £6 billion a year, and to contribute towards inequalities in life expectancy and disability-free life expectancy. The causes of the high levels of obesity in the UK are interlinked, complex & multifaceted. Importantly, these causes aren't equally distributed for all; it is easier for those with more resources to stay healthier which contributes to health inequalities.

At a local level, obesity levels will be affected by a wide range of circumstances such as opportunities for [physical activity](#) and active travel, the nature of the [employment](#) market, cultural attitudes towards weight and physical activity, and access to affordable healthy food. This highlights the importance of analysing population needs at small scale as well as large, district level, scale.

In Lincolnshire, over [two thirds of Lincolnshire's adult population is overweight](#), above England's average. A [quarter of children in Reception are overweight](#), and this rises to well over a [third of children by Year 6](#). Preventing the onset of unhealthy weight gain, and tackling unhealthy weight is fundamental to helping more people in Lincolnshire to benefit from long term good health and wellbeing.

Further information – [JSNA Healthy Weight page](#)



## Objectives

	We Will...
<b>Start Well</b>	<p>Ensure that families have access to the right information &amp; support to empower them to make healthy choices from birth.</p> <p>Provide services and support to help families with children identified as being overweight or obese as part of the National Child Measurement Programme.</p>
<b>Live Well</b>	<p>Ensure everyone who wants to lose weight can access services that can help.</p> <p>Reduce inequalities by working to lower barriers to accessing services in areas of higher need.</p> <p>Ensure equity of access to specialist weight management services.</p> <p>Develop a 'whole system approach' by working with partners to address the factors that make it easier to gain weight.</p>
<b>Age Well</b>	<p>Ensure support is available to older adults to lose weight and to stay healthy.</p> <p>Ensure support is proactively offered to those who could benefit, including adults with hypertension, musculoskeletal condition.</p>

### What Difference will we see?

- Children and adults are supported to be happy, healthy & well.
- Adults, Children and families that want to lose weight are able to access high quality, effective support that gets them the help they need.
- We will help prevent diseases such as Type 2 Diabetes, cancers & heart disease, which will help people live healthier, longer lives.

### How we will deliver this

The work programme will be overseen by the Healthy Weight Partnership, a delivery group of Lincolnshire's Health & Wellbeing Board.

All partners involved in Lincolnshire's Integrated Care System & Partnership have a role in building the 'whole system approach' to addressing the causes of overweight & obesity in Lincolnshire.





## HOMES FOR INDEPENDENCE

### Why is this a Priority?

Evidence shows that living in familiar, safe, accessible, warm accommodation that we call 'home' promotes mental and physical wellbeing and reduces hospital admissions, social isolation, and loneliness. Our vision is for people to live independently, stay connected and have greater choice in where and how they live as they age. This priority addresses aspects of housing affecting those who may need extra help to maintain their wellbeing and independence at different stages of their lives, e.g., those with health and care needs, those moving from hospital inpatient or other facilities, and care leavers amongst others.

Ensuring homes are safe, warm, and dry reduces accidents such as falls and prevents illnesses, especially [respiratory conditions, including child and adult asthma and Chronic Obstructive Pulmonary Disease \(COPD\)](#). The home environment is important for children and young people in determining their life chances and future development. Having a good home throughout life is important because it can determine health outcomes, reduce levels of stress, and make people feel more confident. [Preventing homelessness and rough sleeping](#) by addressing the underlying causes leading to homelessness is, therefore, a priority. Ageing in a home that supports independence has multiple benefits including familiarity, comfort, cost-effectiveness, and enabling social engagement and personalised care.

Private sector housing is a challenge as homeowners and landlords are responsible for their own repairs and improvements. There are around 29,000 low-income owner-occupied households that may struggle to maintain independence in the home due to [falling behind with mortgage repayments](#), bills, or making repairs. Tenants might also fall behind with rents. [47,114 \(13.9% of\) households were estimated to be living in fuel poverty in 2021](#). 18% of private sector houses are estimated to contain serious hazards, of which 9% are cold homes. In addition, a reported 6,600 people live in caravans on the Lincolnshire east coast, that were not intended for permanent occupation, for a large part or all year.

Maximising levels of independence for people with care and support needs of all ages (e.g., [children with disabilities](#), adults with [mental health issues](#), [dementia](#), [learning disabilities](#), and [autism](#) and [frail older people](#)). This includes providing appropriate small aids, equipment, and home adaptations to meet people's needs through streamlined mechanisms and processes.

Further information:

[JSNA Housing Conditions page](#)

[JSNA Insecure Homes and Homelessness page](#)

[JSNA Unsuitable Homes page](#)





## Objectives

We Will...	
<b>Start Well</b>	<p>Enable pregnant women, babies, and children to live in a safe and warm home environment which is not overcrowded.</p> <p>Improve our understanding of the impact of poor housing on children’s health and effectively target low-income families.</p> <p>Support children and young people to find, manage and maintain a suitable home when leaving care.</p>
<b>Live Well</b>	<p>Facilitate quality, choice, and diversity of housing for people with care and support needs to achieve a proportional move towards maximising independence for working-age adults.</p> <p>Address the underlying causes leading to homelessness and provide appropriate support for those who need it.</p> <p>Ensure services to support people to remain living in their current home complement each other as a system-wide approach and are easy to access by all.</p>
<b>Age Well</b>	<p>Improve services to extend people's housing choices in preparation for later life, including making better use of digital technologies.</p> <p>Influence delivery of housing to provide greater choice of supported housing, including more extra care housing of different levels to meet demand.</p>

### What Difference will we see?

- Children and young people will live in suitable housing that supports them to achieve their educational goals and enables them to maintain social connections.
- People of all ages will have fewer home accidents and improved health and wellbeing by being safe, warm and well at home, evident through self-reported satisfaction.
- Improved health outcomes such as lower levels of respiratory conditions associated with cold damp homes and reduced seasonal excess deaths.
- There will be a reduction in homelessness and rough sleeping and better access to support and healthcare services for those who need them.
- Older people will be supported to live independently in extra care housing, supported housing, or their own home as an alternative to care homes.



## How we will deliver this

The Housing Health and Ageing Well Delivery Group (HHAWDG) continues to oversee the Lincolnshire Homes for Independence blueprint – a call to action for partners to work collaboratively towards a common aim. The HHAWDG maintains a Delivery Plan of actions to meet the above objectives for the Homes for Independence priority. Membership and terms of reference are routinely reviewed and updated, to ensure appropriate representation from all partners, effective communication, and focus.

The Lincolnshire Housing and Health Network (LHHN) is an officer group of senior housing leads that coordinates action to achieve the Delivery Plan for the HHAWDG with actions allocated to subgroups each with a named lead:

- Greater Lincolnshire Energy Efficiency Network
- Lincolnshire Healthy and Accessible Homes Network
- Lincolnshire Homelessness Strategy Group
- Lincolnshire Housing Standards Group

These groups share some people (strategic leads) and financial resources that have accelerated implementation of the HHAWDG Delivery Plan. It is recognised that additional resources may be needed to complete an ambitious programme of work.



# Mental Health and Dementia

## Why is this priority important?

Good mental health and wellbeing are fundamental for a happy and healthy life. Mental health problems can significantly affect any individual, their family, community, and wider society. In the UK, half of life-long mental health problems start before the age of 14, and three quarters before the age of 25. Children today have poorer mental health outcomes than previous generations. The Covid-19 pandemic has exacerbated this situation. [Demand modelling suggests 1.5 million children may need initial or additional mental health support because of the pandemic.](#)

For adults, one in four will experience a mental health problem in any year. Together with [substance misuse](#), mental illness accounts for 21.3% of the total morbidity burden in England. People living with diagnosable mental ill health, for example depression, bipolar disorder, or schizophrenia, can be living in good mental wellbeing despite their mental ill health diagnosis. The burden of physical ill health is higher in people with severe mental illness (SMI).

[Suicide](#) is a significant cause of death amongst people with mental illness. It devastates families and communities. Suicide, and injury or poisoning of undetermined intent, is the second biggest killer of males aged 35 to 49 years (after accidental poisoning). It is also the leading cause of death for males and females aged 20 to 34 years in the UK (ONS, 2020). Certain groups of people are significantly more likely to die by suicide, including autistic people, people who misuse drugs and/or alcohol, and people living in more deprived communities.

[Dementia](#) was the leading cause of death in England and Wales in 2022. Dementia has a profound impact on an individual's life, their family, friends, and the communities in which they live. Although age is the strongest known risk factor for dementia, it does not exclusively affect older people. Young onset dementia (defined as the onset of symptoms before the age of 65 years) accounts for up to 9% of cases. Even though there is no cure for dementia the most recent review of evidence on dementia prevention found that around 40% of dementia cases worldwide might be attributable to 12 potentially modifiable risk factors (Lancet, 2020). This means that almost a half of predicted dementia could be prevented by tackling risk factors such as [smoking](#), [diet](#), [physical activity](#), and social isolation. Early detection, diagnosis and intervention can delay the onset of complex needs that make it more difficult to support and care for an individual with dementia in their home environment.

Further information:

[JSNA Mental Health and Emotional Wellbeing page](#)

[JSNA Dementia page](#)



## Objectives

	We Will...
<b>Start Well</b>	<p>Provide support for perinatal mental health and developing good parent-infant relationships during early years.</p> <p>Support children and young people to have good mental health and wellbeing through a focus on mental health promotion.</p> <p>Increase access to timely and effective advice and in schools and communities.</p> <p>Ensure all children and young people suffering from mental illness can access a high quality, timely mental health assessment, with support and treatment in their community.</p>
<b>Live Well</b>	<p>Embed seamless pathways between children and young people and adult mental health services to ensure smooth transitions between them.</p> <p>Improve the range of community-based provision for adult mental health and wellbeing services and ensure care is provided as close to home as possible.</p> <p>Improve the uptake of Health Checks for people with Severe Mental Illness, ensuring timely follow up and intervention.</p> <p>Reduce the stigma surrounding suicide and ensure a range of support is available to prevent suicide and support people who are feeling suicidal.</p> <p>Support people to understand how to lower their risk of dementia in later life.</p>
<b>Age Well</b>	<p>Embed seamless pathways between adult and older adult mental health services, ensuring timely identification, referral, diagnosis, post-diagnosis support through to end-of-life care.</p> <p>Ensure appropriate peri-diagnostic support and care planning is available for all those with dementia.</p> <p>Promote care planning whilst people can communicate their needs and wishes.</p>

## What Difference will we see?

- Children and young people, and their families, will feel supported to access the help they need to stay healthy.
- Mental health needs are identified early so that children and young people who need help can access timely support.
- People will know how to access help and support that matters to them, and they will feel that their needs, assets, wishes and goals are respected.
- People will be supported to transition between services, with 'no wrong door'.



- There will be fewer unnecessary specialist and crisis hospital admissions, particularly for people with a learning disability and autistic people.
- Professionals and patients (with their families and carers people are unable to make their own decisions) will work together to make decisions about care and treatment – no decisions about you without you.
- There will be fewer deaths from suicide in Lincolnshire, and people will feel able to speak openly about suicide and receive the support they need.
- Fewer people with Serious Mental Illness or a Learning Disability will die prematurely.
- More people will be aware of how to reduce their risk of dementia and fewer people will develop dementia.
- People with dementia will feel supported to live well and get the right care when they need it.

## How we will deliver this

Lincolnshire has established a Mental Health, Dementia, Learning Disabilities and Autism (MHDLDA) Alliance that works together as an integrated system to address our key priorities. Our vision is that together, we will value people of all ages with mental ill health, a learning disability and/or autistic people, enabling them to live independent, safe, well and fulfilled lives in their local communities. To support with this work, the Alliance has drawn on the [“No Wrong Door: a vision for mental health, autism and learning disability services in 2032”](#).

The MHDLDA Alliance Executive Group is a partnership comprised of senior representatives in the health and care system in Lincolnshire. As a partnership we work closely together to understand challenges and opportunities in the system, to drive positive change, to continuously improve/transform what we do and to improve outcomes for the people we serve. All our work is underpinned by a strategic focus on all age prevention and early intervention (including wellbeing). We work closely with groups of people with lived experience, and over the coming years we will afford these groups greater opportunity to contribute and ensure that their voices are placed much closer to the centre of our work. Our strategic priorities were coproduced by people with lived experience and are:

- Prevention and early intervention
- Maximising independence
- Improving quality and experience
- Reducing inequalities in access, experience, and outcomes
- Improving on outcomes that matter to people



## Physical Activity

### Why is this a priority?

Physical activity has been described as ‘the miracle cure’, physical inactivity is highly correlated with health inequality. There is overwhelming evidence for the positive impact and life changing benefits being active has physically, socially, and mentally, to individuals and society.

Physical activity has health benefits across the life course; it is cumulative and helps prevent disease and early death. It helps prevent and manage over 20 chronic health conditions, from cancer to [cardiovascular disease](#), [obesity](#) to [osteoporosis](#), [dementia](#) to [diabetes](#), and reduces the risk of [depression](#) by 30%. There is a proven link between physical inactivity and increased rates of multiple long term health conditions especially in adults over 50. In 2018 physical inactivity placed a £257m burden on Lincolnshire’s health and care system. Tackling the challenge of inactivity requires a systems-based approach.

Physical activity is more than just structured and facility-led activity, it is all movement found in all the places and spaces we live and influenced by the systems, environments and structures that exist. Many sectors have a part to play in system change to tackle the challenge of inactivity. Having a relevant, accessible, and affordable physical activity, sport, and leisure offer that meets local need both reduces pressures on the health system and supports job creation and economic contribution. Every £1 spent on community sport and activity generates nearly £4 for the economy. There is a proven link between physical activity levels and the economic prosperity of a place, [educational attainment](#), and improved [job opportunities](#).

Inactivity is more prevalent in lower socio-economic groups, people with long term health conditions, those with disabilities, women and girls, minority ethnic communities, LGBTQ+ people, and adults over the age of 55. More resource and focus must be targeted at those who face greater challenges to participation. The greatest health benefits come from inactive people being moderately active.

Further information – [JSNA Physical Activity Page](#)



## Objectives

We Will...	
<b>Start Well</b>	<p>Develop positive experiences for children and young people to be active, working with the sport and physical activity sector, community organisations, families, and education.</p> <p>Support excellence in welfare, safeguarding, safety, and an inclusive offer for participants.</p> <p>Work together with system partners to reduce barriers and the inequalities that exist in the provision of activities for children.</p>
<b>Live Well</b>	<p>Embed physical activity options into health and care pathways and touch points, in workplace environments and in environmental policies and planning.</p> <p>Develop the sport and physical activity workforce to respond to and reflect the characteristics and needs of the people it serves.</p> <p>Advocate for a whole system approach by working with partners to address the barriers to enabling people to be more active in their daily lives.</p>
<b>Age Well</b>	<p>Focus on those experiencing the greatest inequalities, protected characteristics, and deprivation.</p> <p>Advocate for social change that seeks to reduce ageism and recognises a personalised and strengths-based approach.</p> <p>Support the sport and physical activity workforce with skills and innovation to meet the needs of older adults.</p>

### What Difference will we see?

- Increased opportunities for everyone in Lincolnshire to be physically active every day.
- More people are being active, taking part in activities tailored to their needs.
- More people are aware of the benefits of being active every day.
- More accessible, relevant activities.

### How we will deliver this

The work programme will be overseen by the Let's Move Lincolnshire Taskforce that has strategic oversight of the Let's Move Lincolnshire physical activity strategy. Active Lincolnshire are the umbrella organisation supporting and enabling the sport, physical activity and community voluntary sector. Public Health including commissioned services and the ICB have key roles as system partners to embed physical activity in their systems. District Authorities have a lead role in community and public leisure provision working together through the District Health and Wellbeing strategy.



## How we will report our progress

Each priority has specified several outcome measures related to their “we will” statements.

These proposed outcomes will be reviewed at regular intervals and progress for each priority reported to the Health and Wellbeing Board. In addition, an Annual Assurance Report will be presented to the Board every June.

Internal peer review will be conducted, and any issues identified will be escalated through the Health and Wellbeing Board.

## Glossary

A glossary of terms is available on the Lincolnshire Health Intelligence Hub [here](#).







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## HEALTH AND WELLBEING BOARD

12 MARCH 2024

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### HEALTH SCRUTINY COMMITTEE FOR LINCOLNSHIRE STATEMENT ON JOINT HEALTH AND WELLBEING STRATEGY

The Health Scrutiny Committee for Lincolnshire supports the proposed Joint Health and Wellbeing Strategy, including the five priorities and the rationale for their inclusion. During the Committee's discussion on this strategy, several individual comments were made and some of these are highlighted below:

#### Homes for Independence Priority

Whilst there is evidence of the many benefits of living independently, as detailed in the strategy, in certain instances some people can become and feel isolated living in their own home. In these circumstances, the benefits would not be apparent.

There is reference to 6,600 people registered as permanently living in caravans on the east coast. This significant number creates pressures on health and care services in that part of the county.

#### Healthy Weight Priority

The impacts of being overweight or obese are cited and accepted as reasons for the inclusion of this priority. However, malnutrition is also understood to be an issue, particularly with a small but increasing number of underweight children, who cannot for a variety of reasons access a healthy diet.

#### Deliverability and Capacity

A delivery group for each priority is recognised as a means of monitoring progress. Looking forward, there are some concerns on the overall capacity of health and care services, because of the challenges of recent years, to contribute fully to the delivery of the priorities.

#### Voluntary Sector

The importance of the voluntary sector in delivering the priorities is acknowledged and welcome, but in certain cases some voluntary organisations have been struggling themselves, and in several cases cannot offer the services, which were on offer prior to the pandemic.

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**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Derek Ward, Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date	<b>12 March 2024</b>
Subject	<b>Pharmaceutical Needs Assessment 2022 – Supplementary Statement March 2024</b>

**Summary:**

The Health and Wellbeing Board (HWB) has a statutory responsibility to produce a pharmaceutical needs assessment (PNA) every three years. Lincolnshire's current PNA was approved in September 2022.

Since publication, there have been several changes to the availability of pharmaceutical services. Under such circumstances, the HWB is permitted to publish a supplementary statement detailing the changes without the need to undertake a full review.

The purpose of this report is to ask the HWB to approve a supplementary statement; attached in Appendix A.

**Actions Required:**

The Health and Wellbeing Board is asked to approve the publication of the Pharmaceutical Needs Assessment 2022 Supplementary Statement, presented in Appendix A.

## 1. Background

Section 128A of the National Health Service Act 2006 (NHS Act 2006) requires the Health and Wellbeing Boards (HWBs) to assess the need for pharmaceutical services in its area and to publish a statement of its assessment every three years. The 2013 Regulations set out the minimum information that must be contained within a Pharmaceutical Needs Assessment (PNA) and outlines the process that must be followed in its development. The Regulations also refers to the circumstances where a HWB may need to produce a new PNA sooner than the usual three-year cycle, or when a supplementary statement may/must be published.

Supplementary Statements enables the HWB to identify and publish details of any changes to the availability of pharmaceutical services without the need to undertake a full review. Supplementary Statements cannot provide updates on pharmaceutical need, this can only be done through the PNA. The updated information contained in a Supplementary Statement supersedes some of the original information contained in the PNA and should therefore be read in conjunction with the published assessment.

Lincolnshire's current PNA was approved by the HWB in September 2022 and is published on the [Lincolnshire Health Intelligence Hub](#) (LHIH). The next PNA is not due to be review and published until 2025.

Usually, changes to the current PNA will have been relatively minor, for example changes in ownership, and have not warranted the need to be brought to the HWB for approval. The supplementary statement process is managed by Public Health, with details published alongside the PNA on the LHIH.

Public Health has been made aware of several changes which could impact on the access and availability of community pharmacy services in Lincolnshire that require the HWB to agree changes to the PNA. A draft supplementary statement detailing these changes is provided in Appendix A.

Some changes of note include:

- Despite the number of community pharmacies increasing by one in East Lindsey and one in West Lindsey, both Lincoln and South Holland have lost two pharmacies. This means the overall number of community pharmacies in Lincolnshire has fallen from 117 to 115.
- The number of community pharmacies open for 100 hours per week has fallen from 11 to 1, only North Kesteven now has a 100-hour pharmacy. This change is primarily due to amendments to the 2013 NHS (Pharmaceutical and Local Pharmaceutical Services) regulations which came into force on 25 May 2023. Under the new provisions there is the ability for:
  - Integrated Care Boards to remove the '100 hours condition' from those pharmacies that applied under regulation 13(1)(b) following submission of a valid application.
  - pharmacy contractors to apply to reduce the core opening hours of their 100 hours pharmacy to between 72 and 100 hours.
- The number of community pharmacies open on a Saturday has fallen from 97 to 94, and open on Sunday, from 20 to 17. However, not all districts have seen a reduction. The table below

summarises changes by district. South Holland is the only district which has no provision on a Sunday.

Area	Saturday		Sunday	
	2022 PNA	Revised number	2022 PNA	Revised number
Boston	8	6	1	2
East Lindsey	17	19	2	3
Lincoln	18	16	5	4
North Kesteven	16	17	4	4
South Holland	11	10	2	0
South Kesteven	17	16	4	3
West Lindsey	10	10	2	1
<b>Lincolnshire</b>	<b>97</b>	<b>94</b>	<b>20</b>	<b>17</b>

Source: NHSEI

In line with statutory guidance, the supplementary statement has to be based on fact, without offering an assessment of the levels of pharmaceutical need as a result of the changes; understanding this will require a full PNA review.

The next PNA is due to be published by 1 October 2025, and so we propose publishing the supplementary statement on the assumption that the process to begin the next PNA from September 2024.

## 2. Conclusion

The HWB has a statutory duty to undertake a PNA at least every three years. The guidance allows the HWB to issue supplementary statements on any changes to the availability of pharmaceutical services without the need to undertake a full review.

The HWB is asked to approve the supplementary statement, attached as Appendix A, enabling publication on the LHIH, alongside the PNA 2022.

## 3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard for the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

Evidence from the JSNA was used to inform the analysis used in the PNA 2022. The PNA complements the JSNA, and forms part of the evidence base for the present and future needs of pharmaceutical services in Lincolnshire. The final draft PNA refers the reader to the JHWS and the JSNA for up to date information.

## 4. Consultation

Not applicable.

## 5. Appendices

These are listed below and attached at the back of the report	
Appendix A	Supplementary Statement to Lincolnshire Health and Wellbeing Board's Pharmaceutical Needs Assessment 2022

## 6. Background Papers

Document	Where it can be accessed
Pharmaceutical Needs Assessments: Information pack for local authority health and wellbeing boards. Department of Health and Social Care (Oct 2021)	<a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/101422/Pharmaceutical_needs_assessments_information_pack_-_GOV.UK.pdf">Pharmaceutical needs assessments: information pack - GOV.UK (www.gov.uk)</a>
Guidance on the NHS (pharmaceutical and local pharmaceutical services) (amended) regulations 2023	<a href="https://www.england.nhs.uk/long-read/guidance-on-the-nhs-pharmaceutical-and-local-pharmaceutical-services-amendment-regulations-2023/">https://www.england.nhs.uk/long-read/guidance-on-the-nhs-pharmaceutical-and-local-pharmaceutical-services-amendment-regulations-2023/</a>

This report was written by Alison Christie, Programme Manager, who can be contacted on [alison.christie@lincolnshire.gov.uk](mailto:alison.christie@lincolnshire.gov.uk)





## Supplementary Statement to Lincolnshire Health and Wellbeing Board's Pharmaceutical Needs Assessment

Date Pharmaceutical Needs Assessment published – September 2022

Date Supplementary Statement issued – March 2024

The Regulations state that Supplementary Statements can provide updates to the Pharmaceutical Needs Assessment only in relation to changes in the availability of pharmaceutical services. Supplementary Statements cannot provide updates on pharmaceutical need. This can only be achieved through a review of the Pharmaceutical Needs Assessment. The following pharmaceutical services currently contained within the Pharmaceutical Needs Assessment have been identified as needing updating. This updated information supersedes some of the original information within the PNA and should be read in conjunction with that document.

### Changes to Lincolnshire Pharmaceutical Needs Assessment 2022

Page 10 | Paragraph 6 | Sentence 1 [text updated]:

“There are 115 community pharmacies in the Lincolnshire HWB area (as of 31<sup>st</sup> January 2024).”

Page 43 | Paragraph 3.1 | Sentence 1 [text updated]:

“There are 115 community pharmacies and one DAC in Lincolnshire (as of 31<sup>st</sup> January 2024) serving a resident population of 768,352 (Census 2021) which equates to 15.0 pharmacies per 100,000 population.”

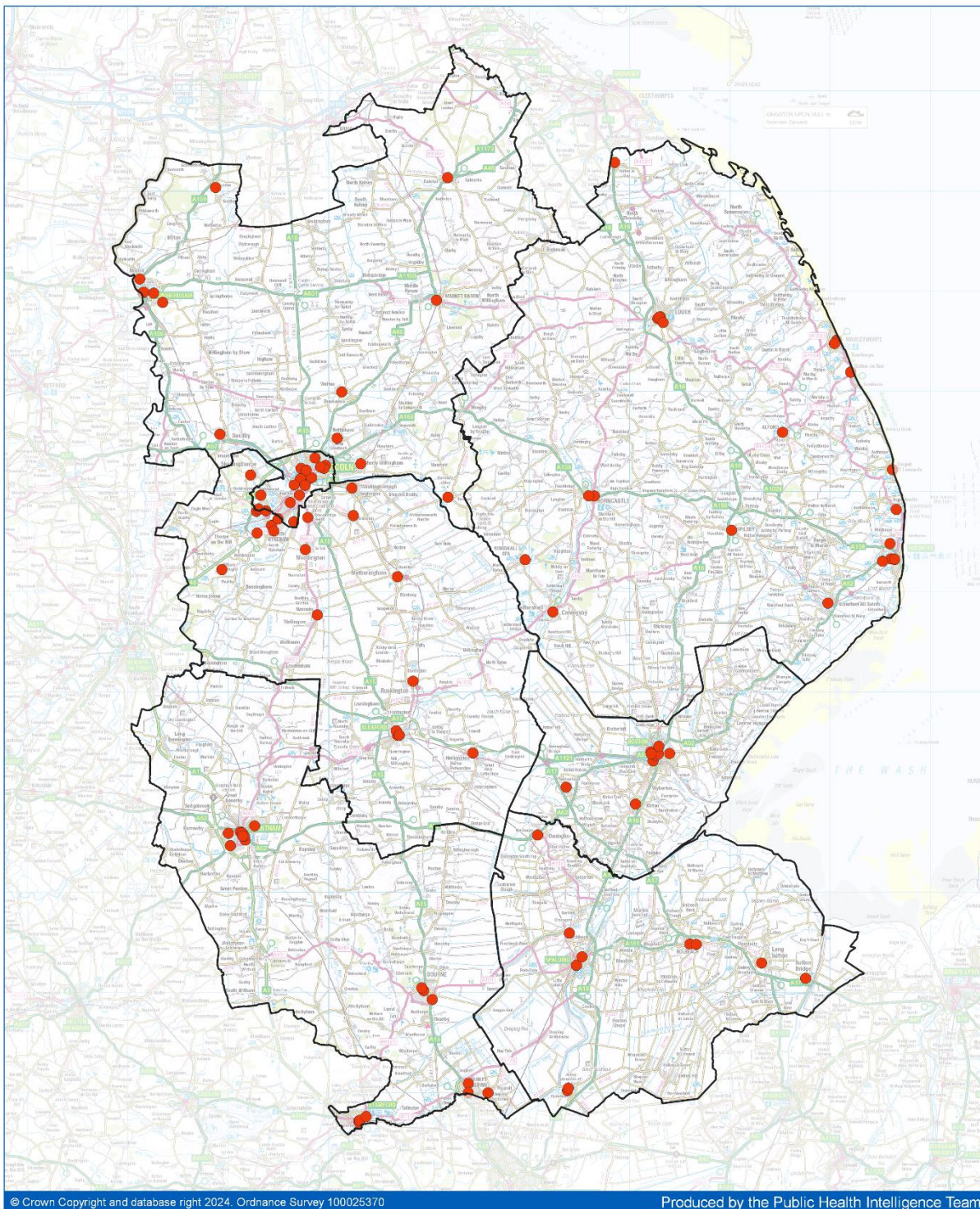
Page 44 | Table 9 [table updated]:

Summary of community pharmacies in Lincolnshire by District.

Area	Community Pharmacies	Population Census 2021	Community Pharmacies per 100,000 population
Boston	10	70,509	14.2
East Lindsey	24	142,301	16.9
Lincoln	19	103,812	18.3
North Kesteven	19	118,067	16.1
South Holland	10	95,117	10.5
South Kesteven	19	143,400	13.2
West Lindsey	14	95,146	14.7
<b>Lincolnshire</b>	<b>115</b>	<b>768,352</b>	<b>15.0</b>
<b>England</b>	<b>11,075</b>	<b>56,490,059</b>	<b>19.6</b>

Source: NHSEI, January 2024

Page 45 | Figure 6 [map updated]:  
Location of community pharmacies and distribution in Lincolnshire.



Source: NHSEI, January 2024

Page 46 | Paragraph 3.1.1 | Sentence 1 [text updated]:

“Table 10 indicates that of the 115 community pharmacies in Lincolnshire, 114 (99%) have standard NHS contracts (40+ contracted hours), while 1 has a 100-hour contract and is therefore obliged to provide pharmaceutical services for at least 100 hours per week.”

Page 46 | Paragraph 3.1.1 | Sentence 2 [text updated]:

“As of 31<sup>st</sup> January 2024, there are 17 (15%) community pharmacy providers open beyond 7pm, Monday to Friday (excluding bank holidays), with three districts: Boston, South Holland and West Lindsey, having access to only one community pharmacy open in the evening.”

Page 46 | Table 10 [table updated]:

Summary (number and percentage of total in each district) of community pharmacy providers.

Area	Open 40 Hours		Open 100 Hours		Open Evenings	
	Number	%	Number	%	Number	%
Boston	10	100	0	0	1	10
East Lindsey	24	100	0	0	3	13
Lincoln	19	100	0	0	4	21
North Kesteven	18	95	1	5	3	16
South Holland	10	100	0	0	1	10
South Kesteven	19	100	0	0	4	21
West Lindsey	14	100	0	0	1	7
<b>Lincolnshire</b>	<b>114</b>	<b>99</b>	<b>1</b>	<b>1</b>	<b>17</b>	<b>15</b>

Source: NHSEI, January 2024

Page 46 | Paragraph 3.1.2 | Sentence 2 [text updated]:

“Of the 115 community pharmacies in Lincolnshire, 94 (82%) are open on Saturdays with 56 (49%) open in the morning and early afternoon till 2pm, 27 (23%) open in the late afternoon till 6pm and 11 (9%) open in the evening till 10pm or longer.”

Page 47 | Table 11 [table updated]:

Summary (number and percentage of total in each district) of community pharmacy providers open on weekends.

Area	Saturday		Sunday	
	Number	%	Number	%
Boston	6	5	2	2
East Lindsey	19	17	3	3
Lincoln	16	14	4	4
North Kesteven	17	15	4	4
South Holland	10	9	0	0
South Kesteven	16	14	3	3
West Lindsey	10	9	1	1
<b>Lincolnshire</b>	<b>94</b>	<b>85</b>	<b>17</b>	<b>15</b>

Source: NHSEI, January 2024

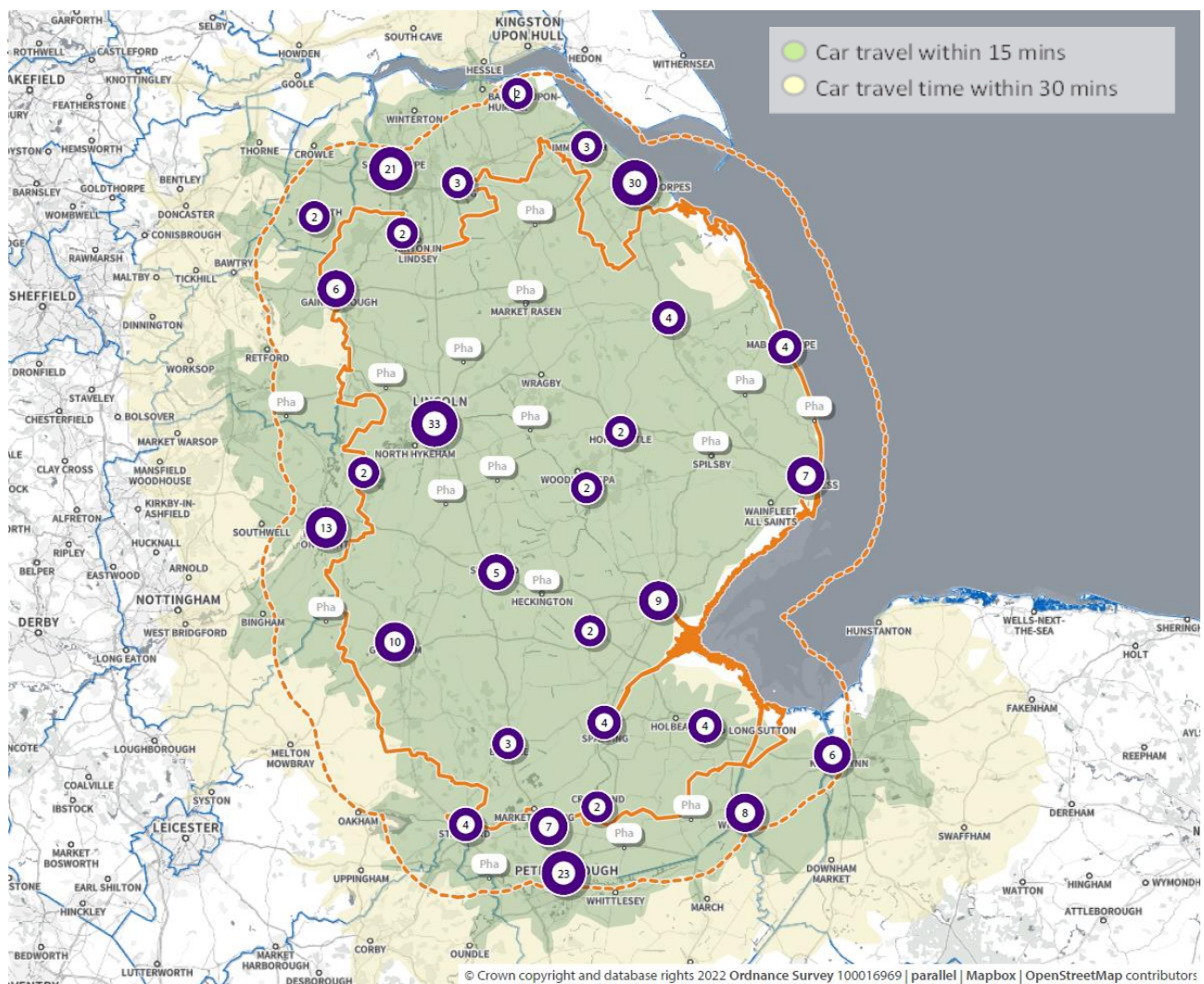


Percentage of resident population able to access community pharmacies within driving time boundaries.

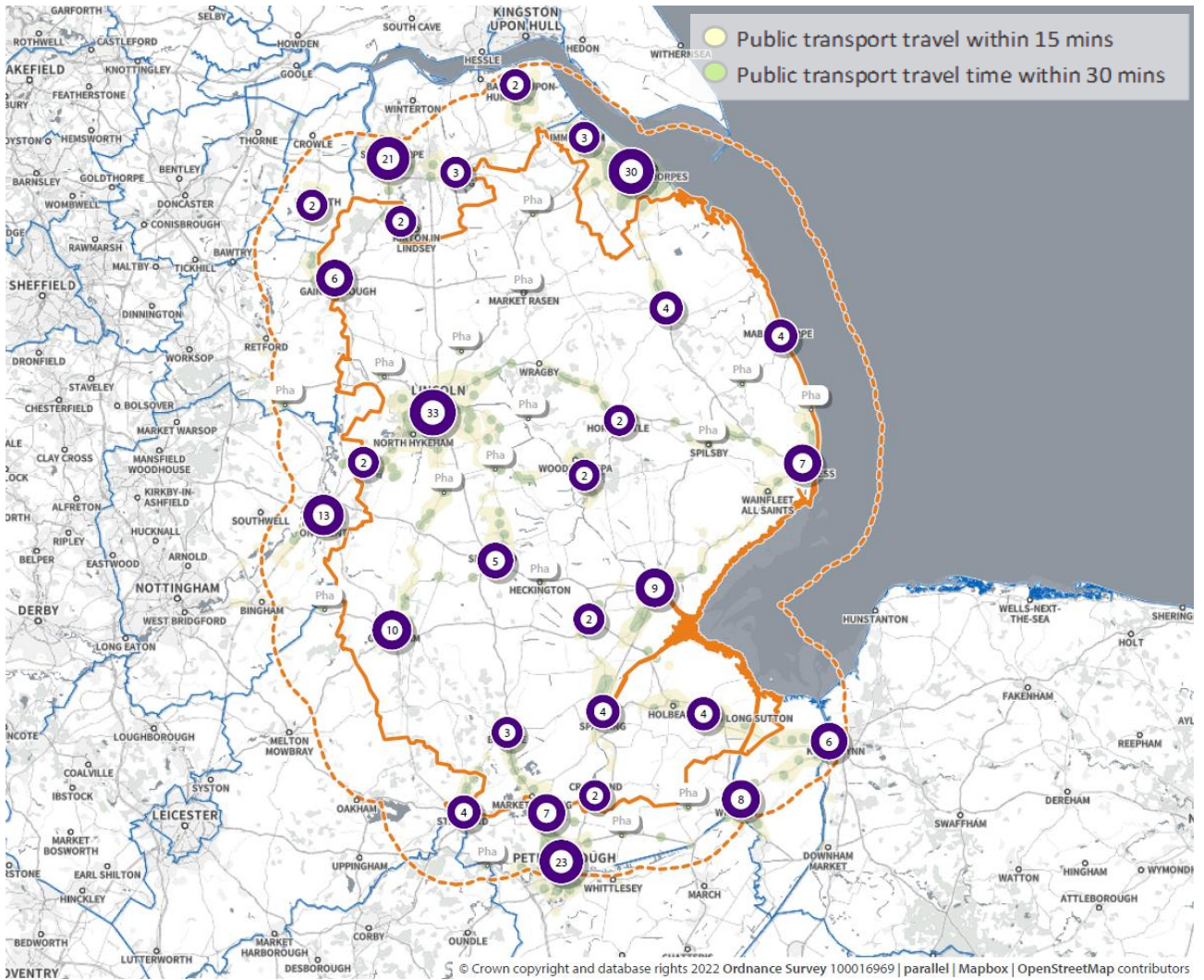
	Included Population	Proportion of Resident Population
All Pharmacies		
20 minutes	762,444	99.2
100 hour Pharmacies		
30 minutes	380,578	49.5
Weekend Pharmacies		
30 minutes	657,032	85.5

Source: SHAPE Place Atlas, January 2024

Car journey travel time to Lincolnshire community pharmacies.



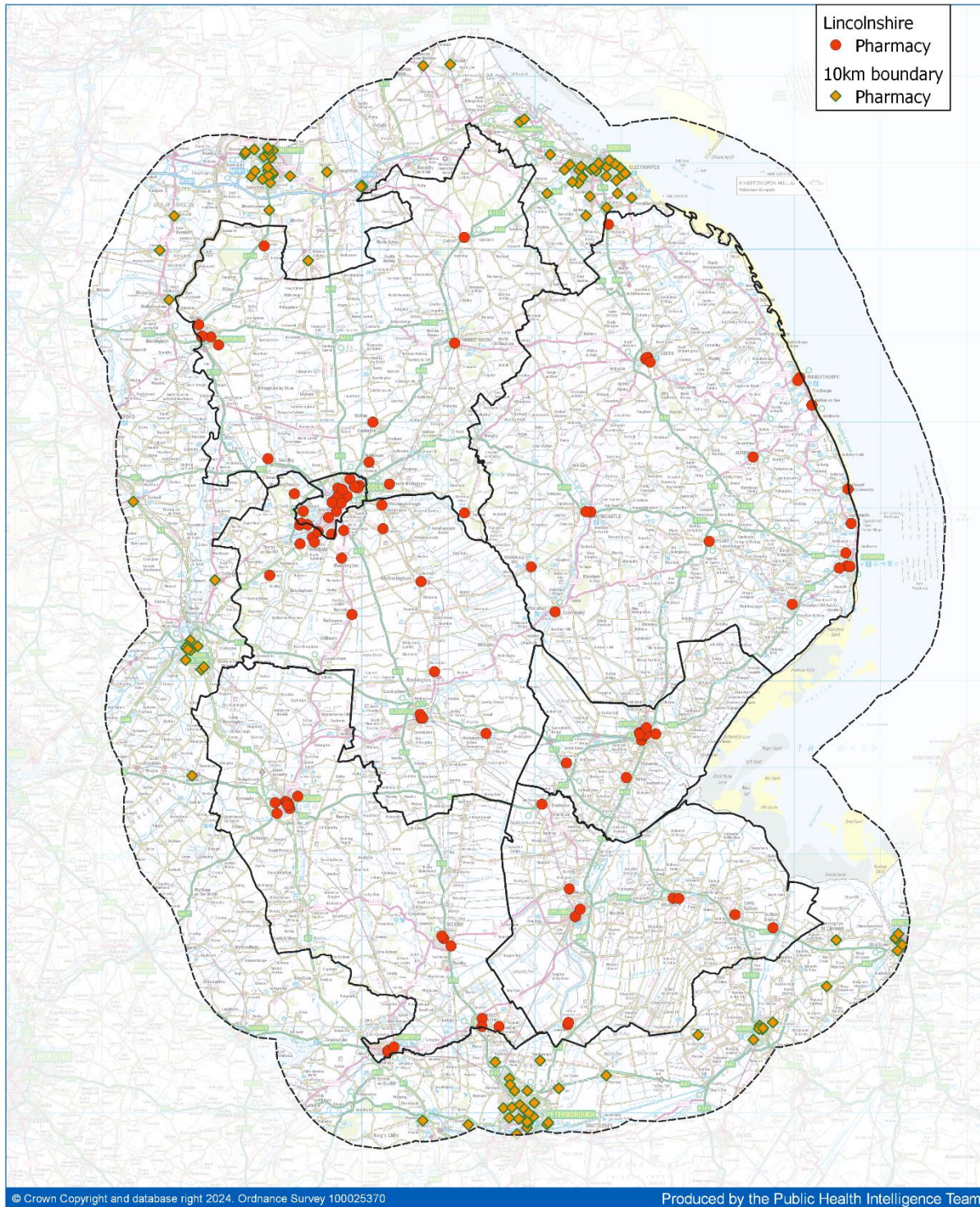
Page 50 | Figure 8 [map updated]:  
Public transport travel time to Lincolnshire community pharmacies.



Source: SHAPE Place Atlas, January 2024



Page 52 | Figure 9 [map updated]:  
Community pharmacies in and around Lincolnshire (10km boundary).



Source:

SHAPE Place Atlas, January 2024

Page 60 | Paragraph 6.1 | Sentence 1 [text updated]:

“The number of pharmacies in Lincolnshire (15.4/100,000) is lower than the England average (20.4/100,000).”

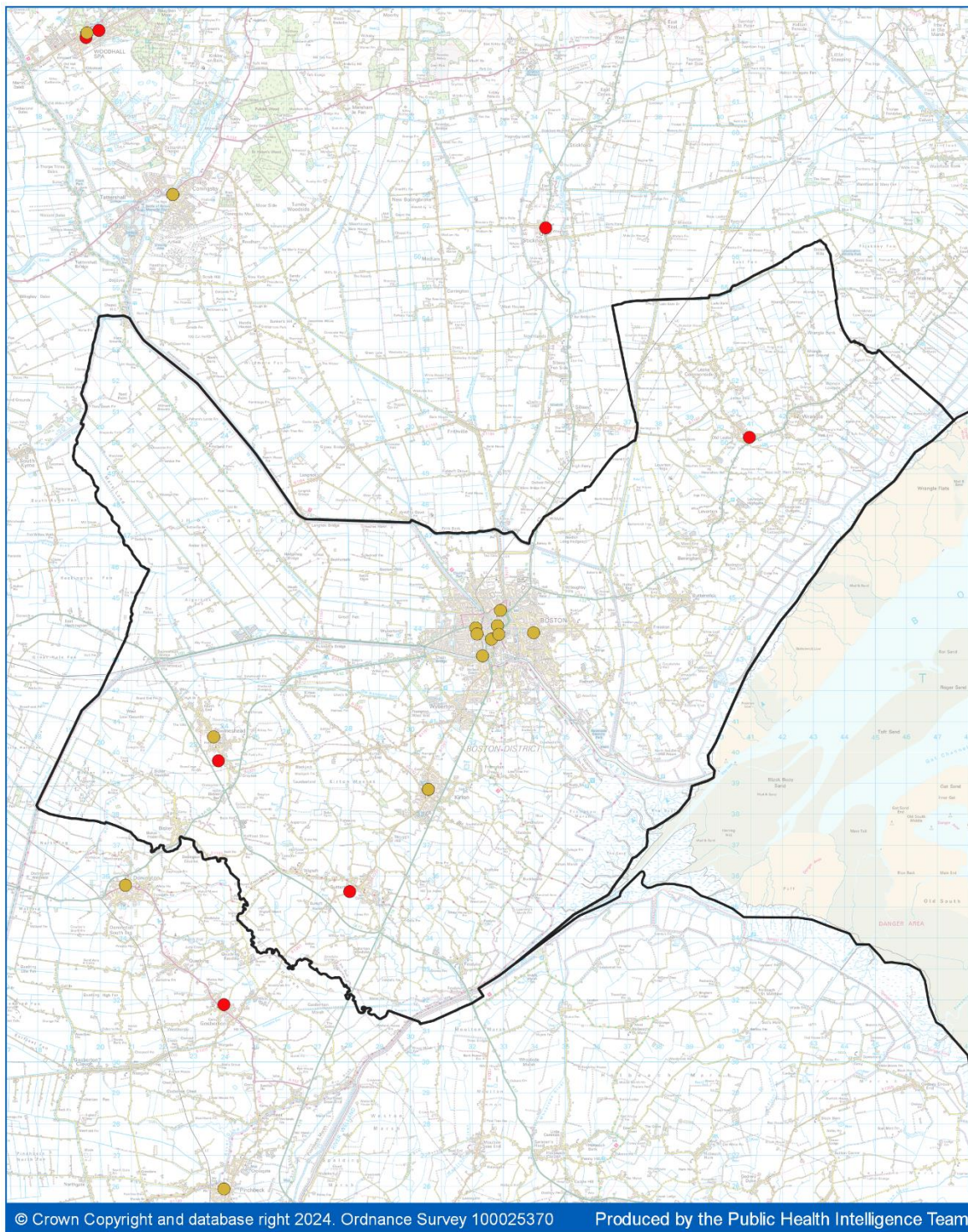
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# Changes to Lincolnshire PNA Appendix 1

Appendix 1 | Page 2 [map updated]:

Community pharmacies and dispensing GP Contractors in Boston District.



## Key

### Lincolnshire

- Dispensing Practice
- Pharmacy

### 10km boundary

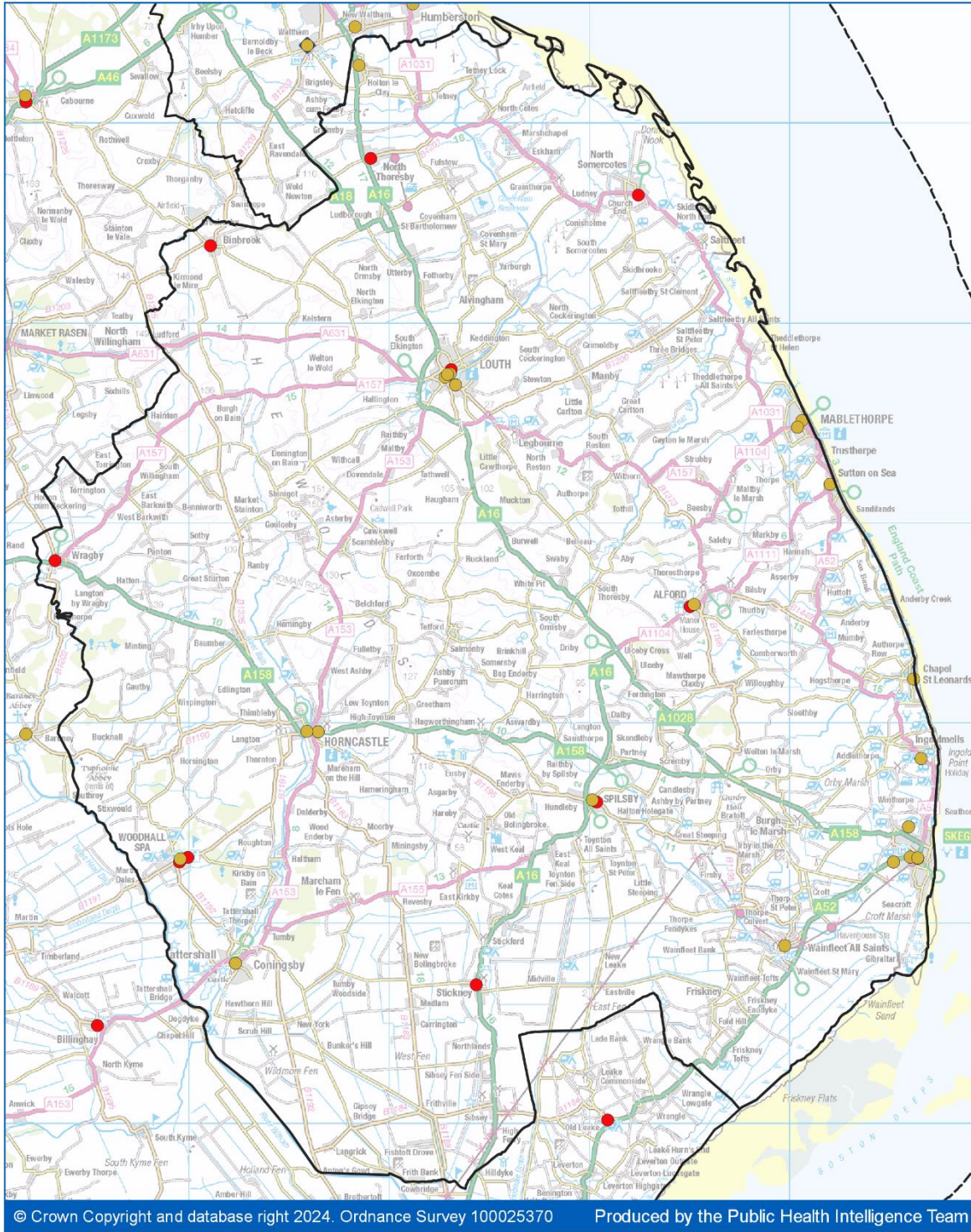
- ◆ Pharmacy
- ◆ Dispensing GP

### District

- District
- 10km buffer



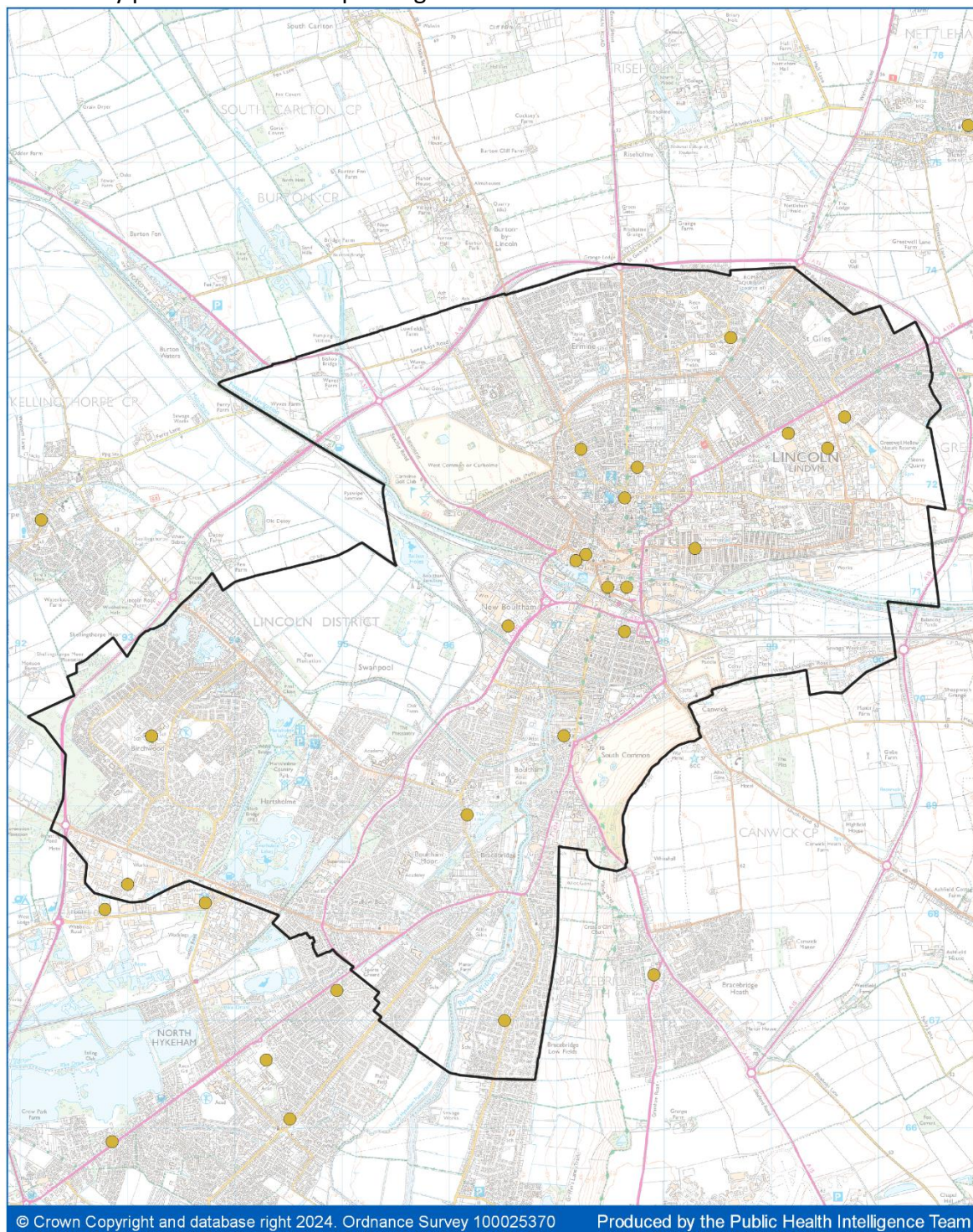
Appendix 1|Page 3 [map updated]:  
 Community pharmacies and dispensing GP Contractors in East Lindsey District.



<b>Key</b>	<b>Lincolnshire</b>	<b>10km boundary</b>	<b>District</b>
	● Dispensing Practice	◆ Pharmacy	□ District
	● Pharmacy	◆ Dispensing GP	□ 10km buffer



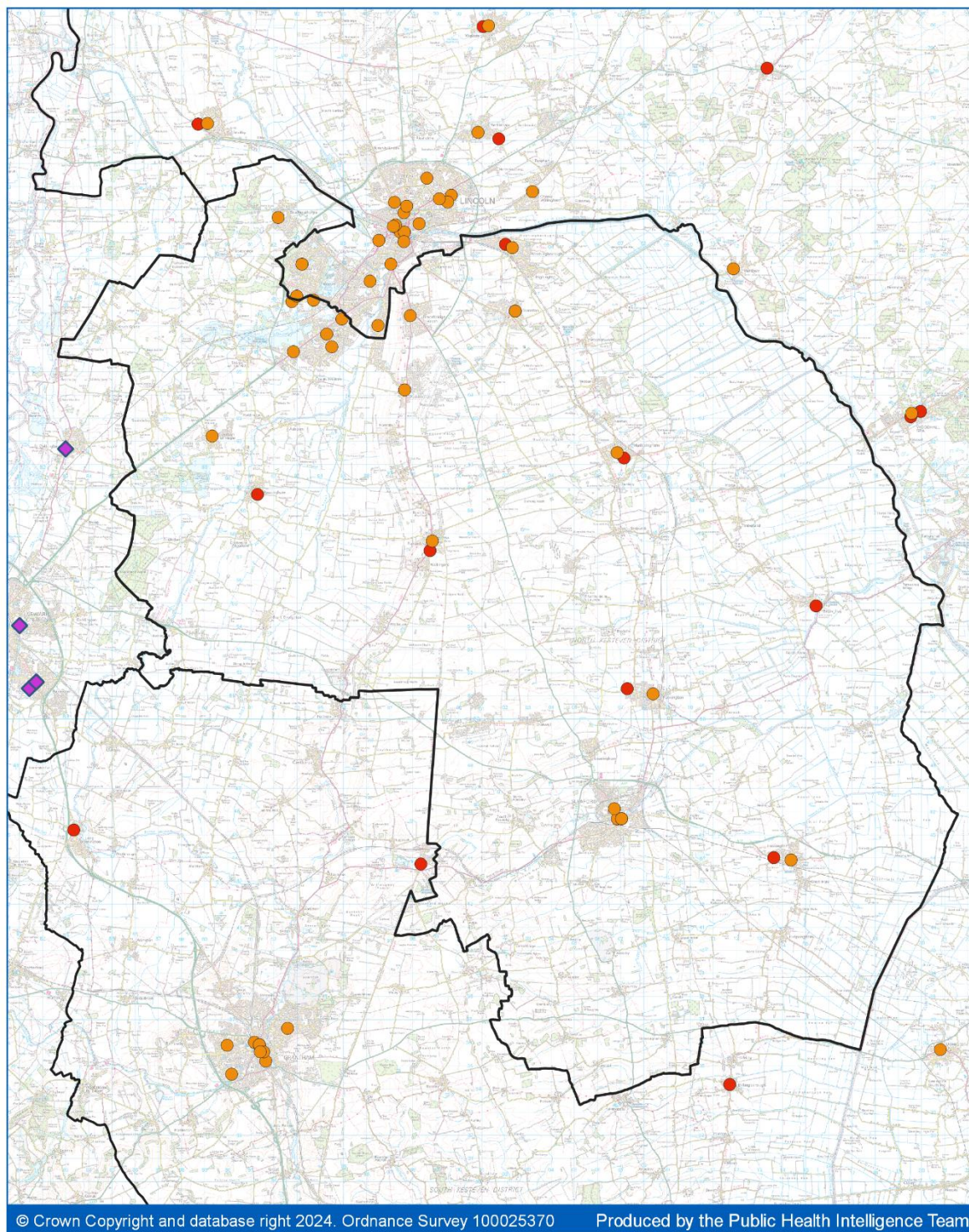
Appendix 1 | Page 4 [map updated]:  
 Community pharmacies and dispensing GP Contractors in Lincoln District.



Key		Lincolnshire	10km boundary	District
●	Dispensing Practice	◆	Pharmacy	▭
●	Pharmacy	◆	Dispensing GP	▭
				▭
				▭



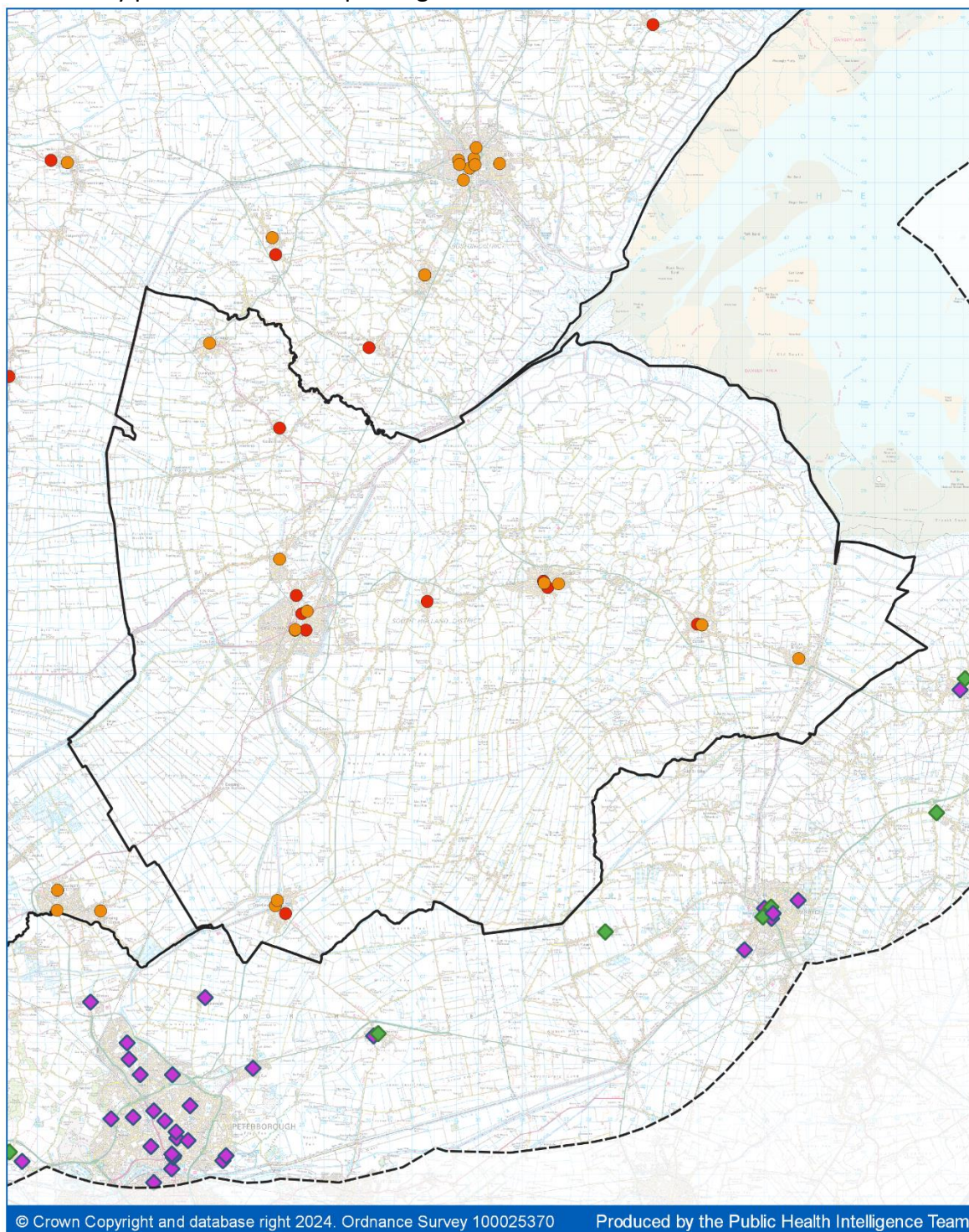
Appendix 1 | Page 5 [map updated]:  
 Community pharmacies and dispensing GP Contractors in North Kesteven District.



Key		Lincolnshire	10km boundary	District	
●	Dispensing Practice	◆	Pharmacy	□	District
●	Pharmacy	◆	Dispensing GP	□	10km buffer



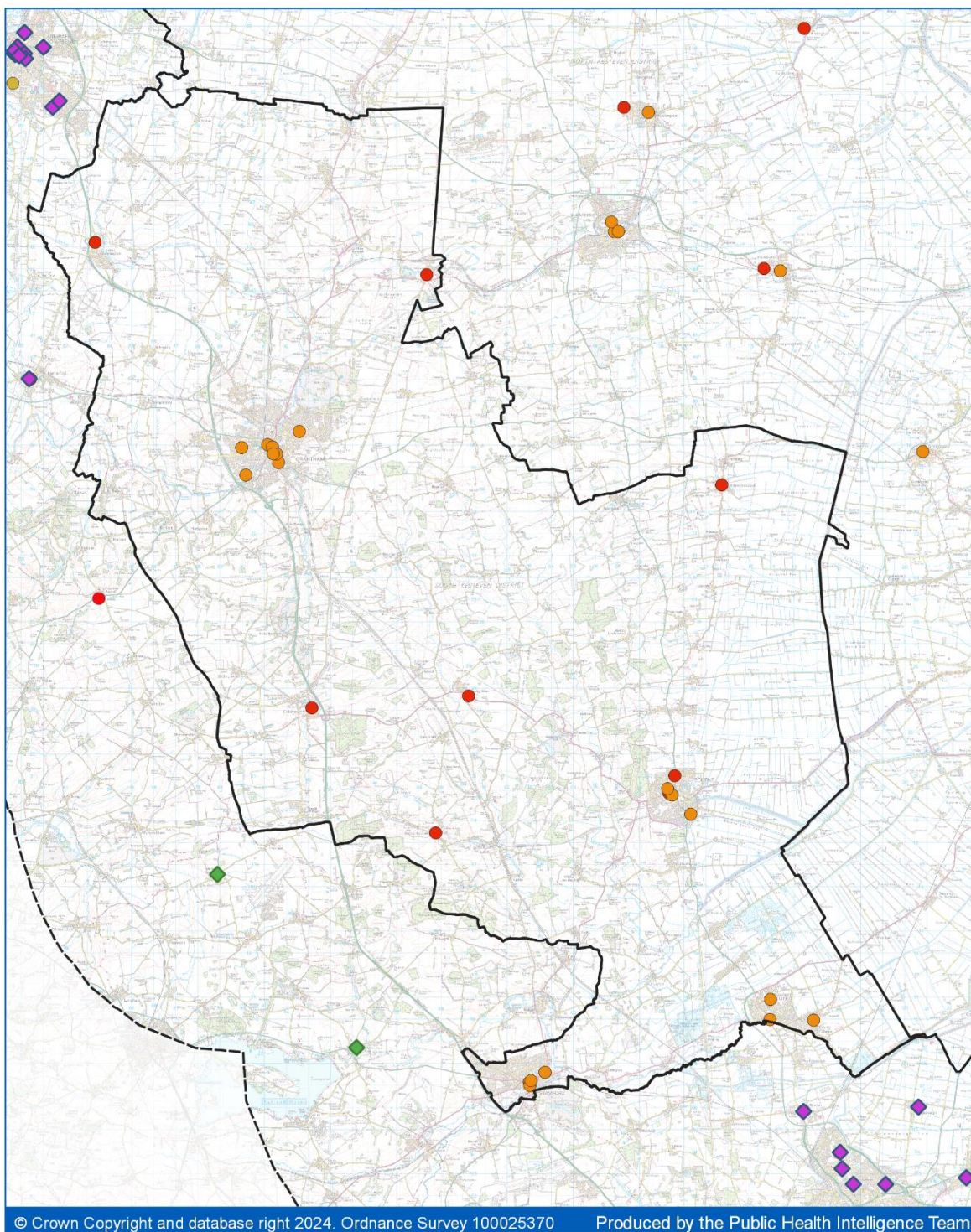
Appendix 1 | Page 6 [map updated]:  
 Community pharmacies and dispensing GP Contractors in South Holland District.



Key		Lincolnshire	10km boundary	District
●	Dispensing Practice	◆	Pharmacy	▭
●	Pharmacy	◆	Dispensing GP	- - -
				▭
				- - -



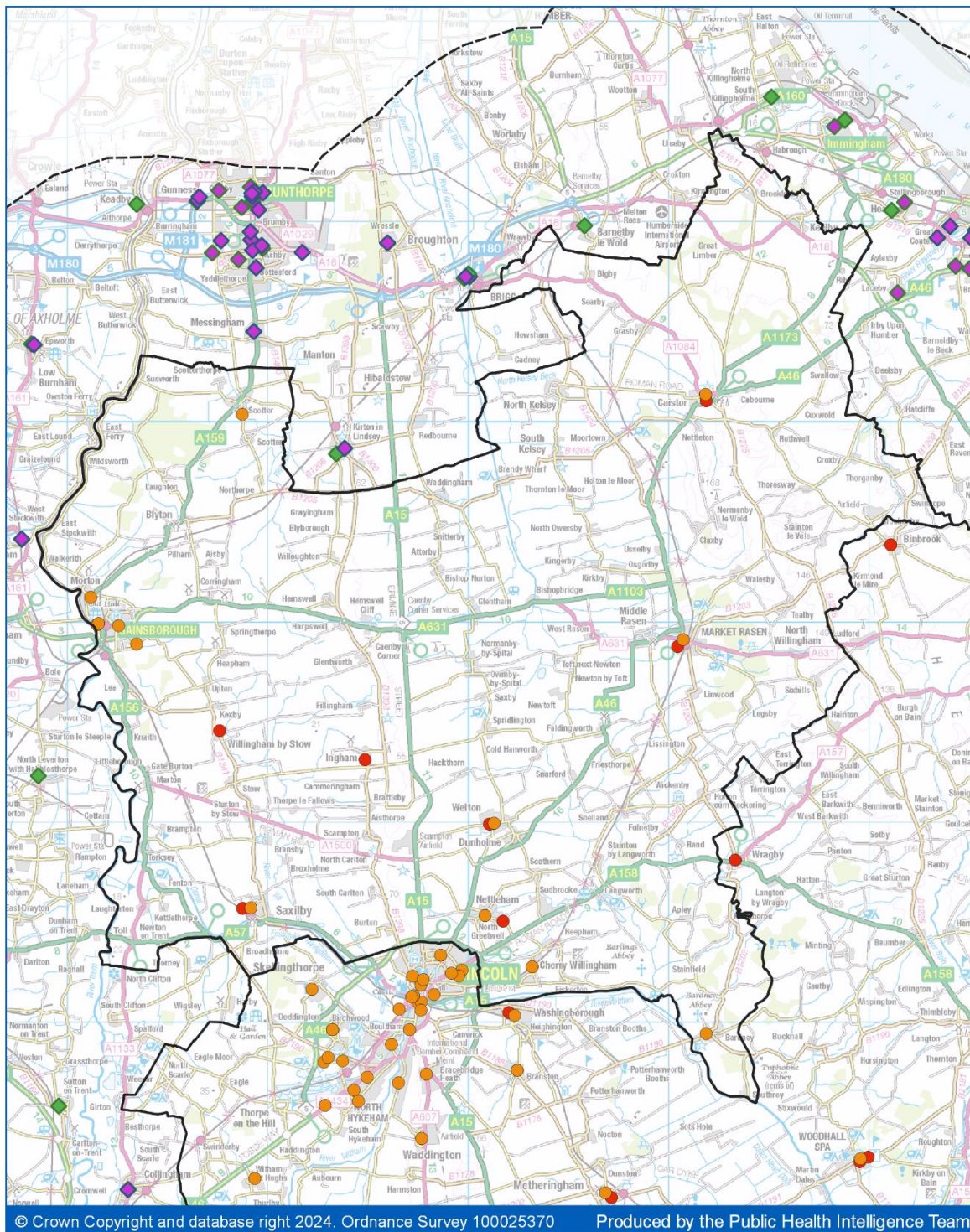
Appendix 1 | Page 7 [map updated]:  
 Community pharmacies and dispensing GP Contractors in South Kesteven District.



Key		Lincolnshire	10km boundary	District
●	Dispensing Practice	◆	Pharmacy	□
●	Pharmacy	◆	Dispensing GP	□
				□



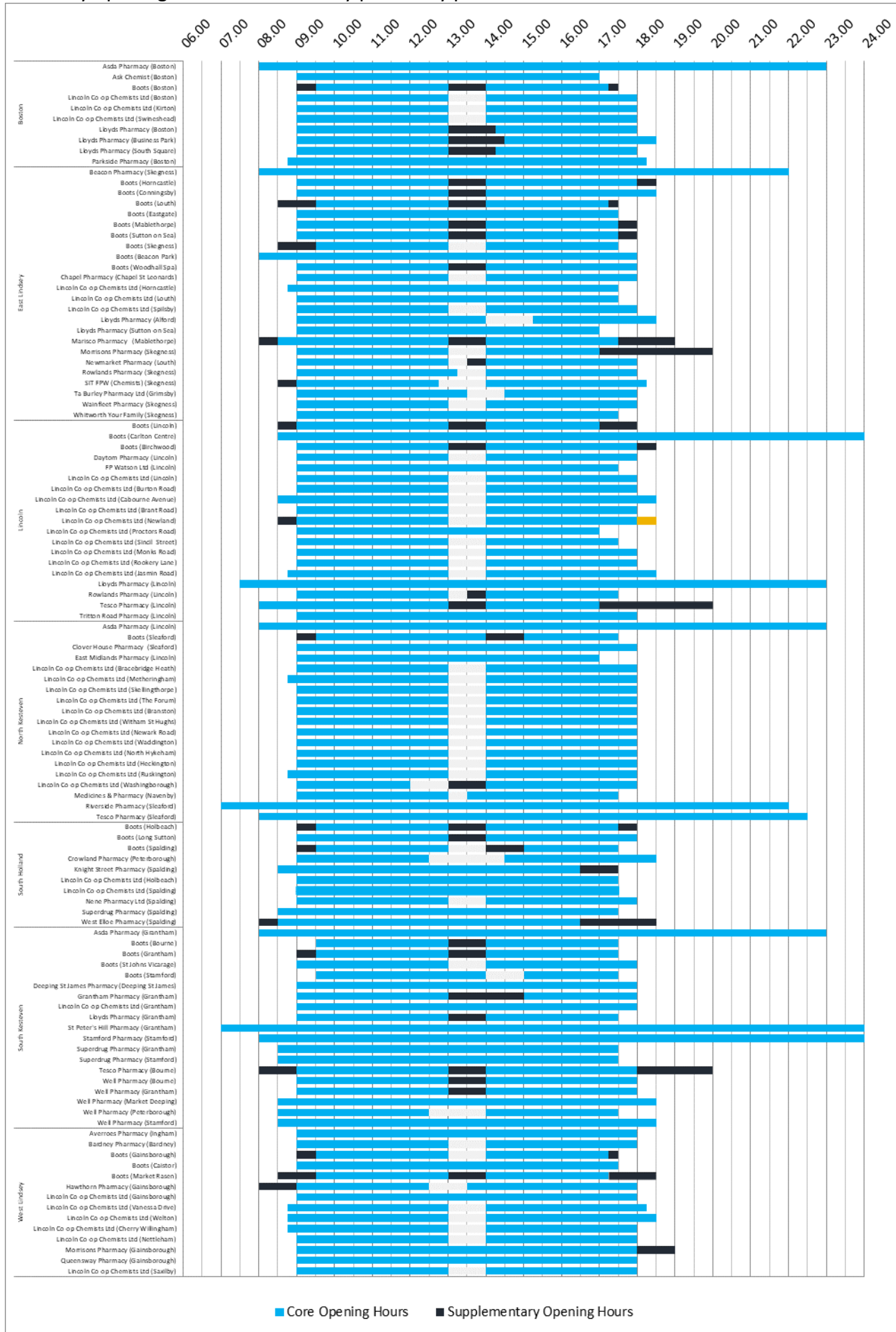
Appendix 1 | Page 8 [map updated]:  
 Community pharmacies and dispensing GP Contractors in West Lindsey District.



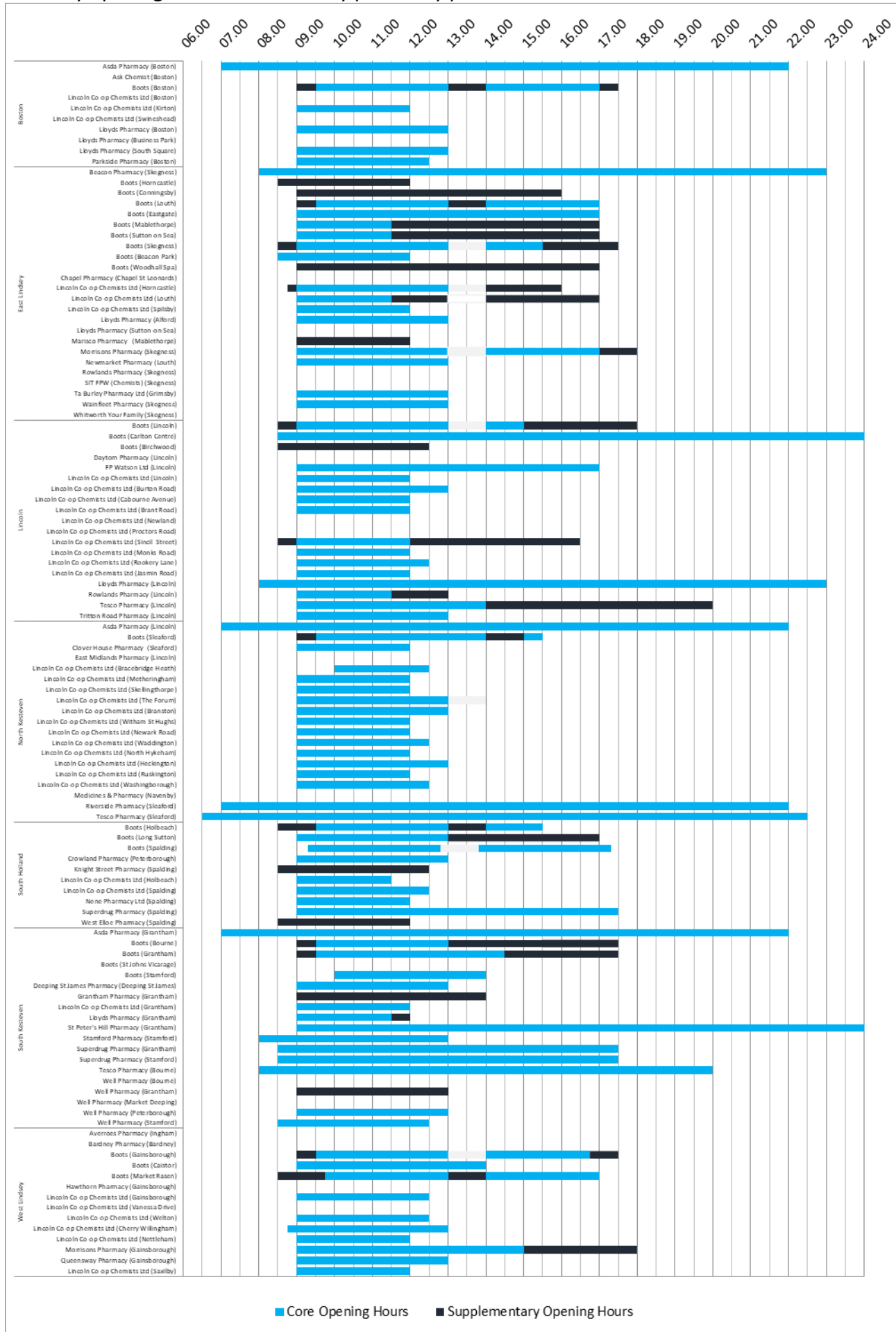
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Key		Lincolnshire	10km boundary	District
●	Dispensing Practice	◆	Pharmacy	▭
●	Pharmacy	◆	Dispensing GP	▭
				▭

Appendix 1 | Page 9 [chart updated]:  
 Weekday opening times of community pharmacy providers in Lincolnshire.

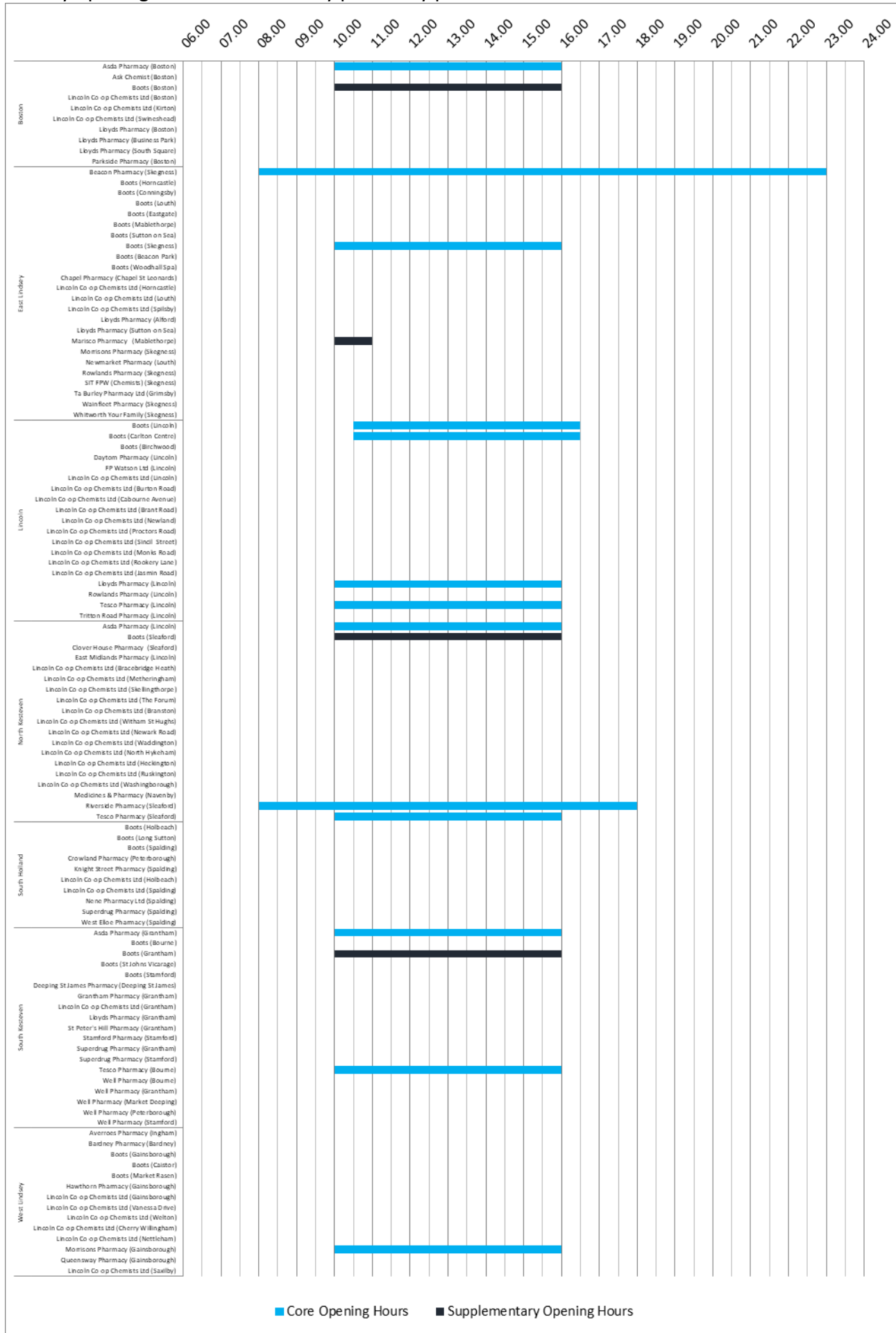


Appendix 1 | Page 10 [chart updated]:  
 Saturday opening times of community pharmacy providers in Lincolnshire.





Appendix 1 | Page 11 [chart updated]:  
 Sunday opening times of community pharmacy providers in Lincolnshire.



Supplementary statement prepared by Sarah Midgley, Public Health Analyst and Joshua Spindley, Trainee Public Health Analyst, Public Health Intelligence.

Information correct as of the 31 January 2024.

**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of NHS Lincolnshire Integrated Care Board

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>NHS Joint Forward Plan – Delivery Plan</b>

**Summary:**

The Health and Care Act 2022 requires the Lincolnshire Integrated Care Board (ICB) and their partner trusts to prepare a Joint Forward Plan (JFP) before the start of the financial year.

NHSE have developed and published guidance to support the ICB and partner trusts in undertaking this work. It sets out a flexible framework for JFPs to build on existing system strategies and plans, in line with the principles of subsidiarity.

The guidance outlines that ICBs and their partner trusts must involve relevant health and wellbeing boards (HWBs) in revising the JFP. This includes sharing a draft with each relevant HWB, and consulting relevant HWBs on whether the JFP takes proper account of each relevant joint local health and wellbeing strategy (JLHWS)

The Lincolnshire Joint Forward Plan 2023-28 was presented to the Lincolnshire Health and Wellbeing Board (HWB) on the 13 June 2023. The document was intended to be public facing and set out the key priorities for the NHS in Lincolnshire over the next five years. The HWB agreed that the JFP did take proper account of the JLHWS and it was subsequently published on the NHS Lincolnshire ICB Website.

Since June the NHS in Lincolnshire has been developing a multi-year delivery plan to underpin the JFP. This is more technical in nature and although it will also be published it is written for health and care professionals.

It is the multi-year delivery plan that is being presented to the HWB for members views and comments on the detailed plans. The HWB are also requested to determine if the delivery plan takes proper account of Joint Local Health and Wellbeing Strategy.

## **Actions Required:**

The Health and Wellbeing Board is asked to note the following:

- The requirement for the NHS to develop a Joint Forward Plan
- The requirement to involve Health and Wellbeing Board (HWB) in preparing or revising the JFP.

The Health and Wellbeing Board is asked provide its opinion on:

- On whether the Joint Forward Plan takes proper account of Joint Local Health and Wellbeing Strategy.

## **1. Background**

### The National Requirement

- ICBs and their partner trusts are required to prepare a plan setting out how they propose to exercise their functions in the next five years. These should be reviewed and/or revised before the start of each financial year. Systems continue to have the same flexibility to determine their JFP's scope and how it is developed and structured.
- For the majority of ICBs, revised plans are likely to reflect a continuation of the priorities set out in the previous year's JFP (dependent on the detail previously included). The annual review is an opportunity to update plans based on updated assumptions or priorities, including those set out in the 2024/25 priorities and operational planning guidance) and address the last year of the five-year look ahead.
- Summary of actions required by ICBs and their partner trusts relating to Joint Forward Plans
  - Publish a JFP before the start of each financial year, setting out how they intend to exercise their functions in the next five years
  - If there are significant revisions to the initial JFP, ICBs and their partner trusts must consult with those for whom the ICB has core responsibility and anyone else they consider appropriate (e.g. NHSE and ICP).
  - The HWB should be involved in revising the JFP and take account of the health and wellbeing strategy
  - The final version must be published in an accessible format on the ICB website.
  - ICBs and their partner trusts should expect to be held to account for delivery of the JFP – including by their population, patient representatives, ICP, Healthwatch and the HOSC
- There is now also the requirement to prepare a Joint Capital Resource Use Plan (JCRUP). ICBs and their partner trusts must prepare a plan setting out their planned capital resource use before the start of each financial year. This plan must be published and shared with the Integrated Care Partnership, Health and Wellbeing Board and NHS England.

### **The proposed Lincolnshire approach for 2024**

- The headline strategy document (2023-28 version) and JFP delivery plan has been reviewed in light of:
  - The refreshed Health & Wellbeing Strategy and Integrated Care Partnership Strategy
  - The 2024/25 national priorities and planning guidance
  - The third round of citizen engagement that took place IN November and December 2023

## JFP Delivery Plan 2023-28

The attached JFP Delivery Plan 2023-28 collates the delivery plans for the NHS service transformation and enabler programmes

- It clarifies how these programmes contribute to the five strategic themes
- It provides further details on how the five JFP priorities (A new relationship with the public; Living well and staying well; Improving access; Integrated community care; A happy and valued workforce) will be delivered

### 2. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The JSNA and JHWS has been used to inform the development of the Joint Forward Plan.
--------------------------------------------------------------------------------------

### 3. Conclusion

The Health and Wellbeing Board is asked to note the following:

- The requirement for the NHS to develop a Joint Forward Plan
- The requirement to involve Health and Wellbeing Board (HWB) in preparing or revising the JFP.

The Health and Wellbeing Board is asked provide its opinion on:

- On whether the Joint Forward Plan takes proper account of Joint Local Health and Wellbeing Strategy.

### 4. Consultation

Further targeted engagement was undertaken between November and December 2023 to inform the content of the delivery plan.

### 5. Appendices

These are listed below and attached at the back of the report	
Appendix A	Lincolnshire NHS JFP Delivery Plan 2023-28

### 6. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Pete Burnett who can be contacted on 07814 515180 or [peter.burnett4@nhs.net](mailto:peter.burnett4@nhs.net)

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# NHS Lincolnshire Joint Forward Plan 2023-28

Page 81

## Delivery Plans

Appendix A

<b>Executive Summary</b>	Aim of the document   Headline ambitions   Programme summaries   Delivering on the Joint Forward Plan priorities	3
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# Executive summary

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- NHS Lincolnshire Joint Forward Plan 2023-28 and where it fits within our strategic vision for health and care
- JFP Delivery Plan 2023-28 | Headline ambitions
- Summaries of the system transformation programme plans
- Delivering on the Joint Forward Plan priorities

## The national requirement

- The National Health Service Act 2006 (as amended by the Health and Care Act 2022) requires Integrated Care Boards (ICBs) and their partner trusts to prepare their Joint Forward Plan (JFP) before the start of each financial year.
- Systems have significant flexibility to determine their scope as well as how it is developed and structured. Legal responsibility for developing the JFP lies with the ICB and its partner trusts. As a minimum, the JFP should describe how the ICB and its partner trusts intend to arrange and/or provide NHS services to meet their population's physical and mental health needs. This should include the delivery of universal NHS commitments, address ICSs' four core purposes and meet legal requirements

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## The Lincolnshire approach

Rather than cover all the national requirements in as single document, the Lincolnshire NHS agreed to develop separate documents, which are tailored to the target audiences:

- ▶ **NHS Lincolnshire Joint Forward Plan 2023 – 2028** [published June 2023]
  - a relatively concise public-facing document, which is easy to read and understand
  - articulating our new strategy for the NHS in Lincolnshire, co-produced with people and communities

This is underpinned by a number of more technical documents which are primarily targeting health and care staff but will still be publicly available:

- ▶ **Allocation of Duties and Responsibilities** [first published June 2023]
  - outlining how the legal duties and responsibilities of the ICB and NHS partner Trusts in Lincolnshire are exercised. This will be updated annually.

- ▶ **JFP Delivery Plan** [this document]
  - collating the delivery plans for the system service transformation and enabler programmes; the development of these will also be informed by further engagement with people and communities
  - Providing further details on how the five JFP priorities will be delivered

- ▶ **Activity, Workforce and Finance Plans**
  - Rolling, five-year projections (detail for Years 1 & 2; estimates for Years 3-5) that reflect the programme delivery plans as far as possible

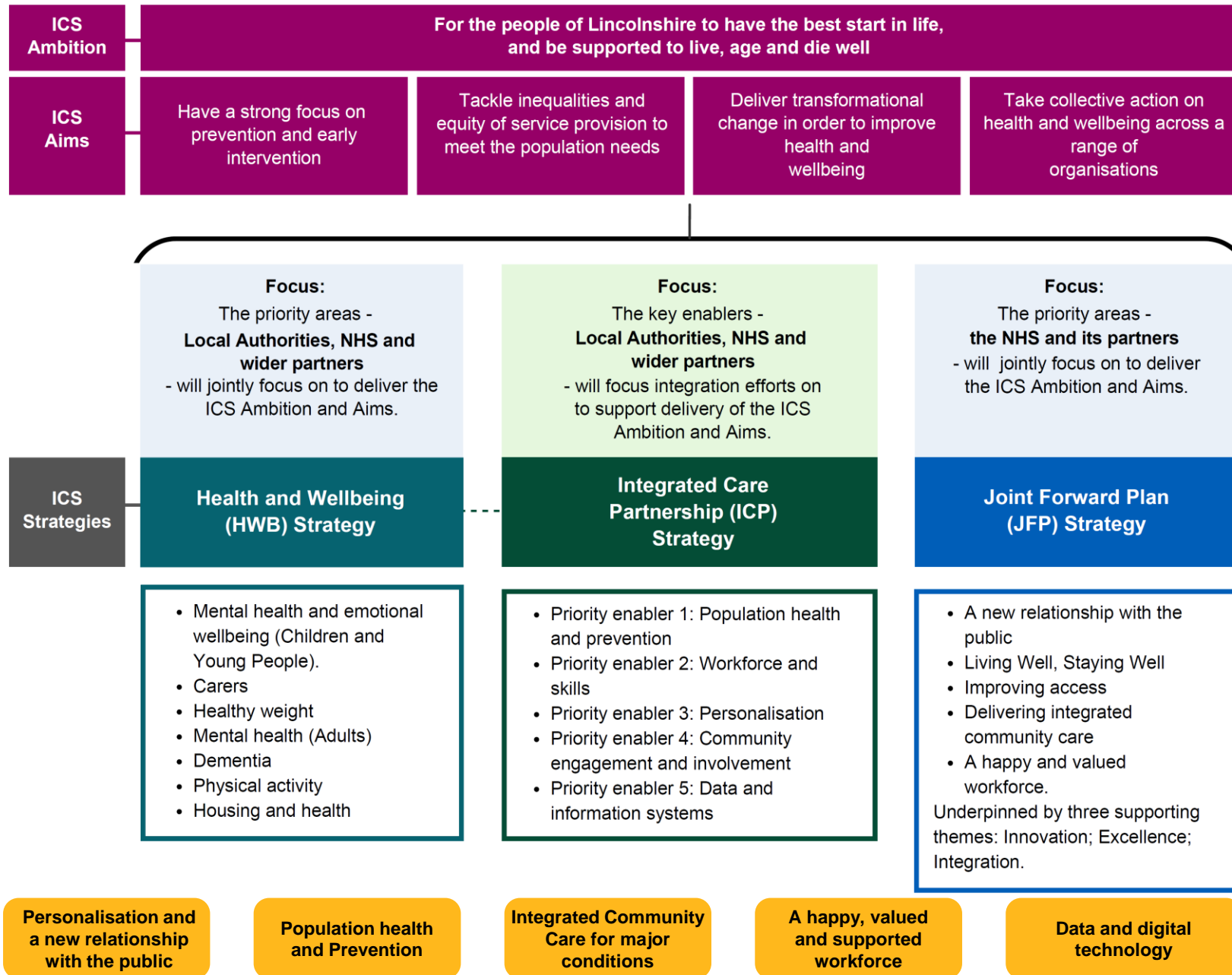
## Key drivers

The key drivers informing the development of this plan have been

- Population insight: understanding the needs, causes, outcomes and disparities of our populations through analysis of population and public health data, along with patient and citizen feedback
- Current status of local services: service sustainability, efficacy and efficiency, including analysis of performance and benchmarking data
- System strategy: Health & Wellbeing Strategy, Integrated Care Strategy and the NHS Lincolnshire strategy
- National priorities, objectives & targets e.g. urgent and emergency care, primary care access, and elective and cancer care recovery plans

These programme delivery plans will continue to be evolved in response to national policy (e.g. Major Conditions Strategy) and local developments (e.g. development of Community Primary Partnerships).

# Where the JFP fits within our strategic vision for health and care Lincolnshire



# Our five cross-cutting strategic themes

## Personalisation and a new relationship with the public

At the heart of the Better Lives Lincolnshire strategy is the recognition that we need to establish a new relationship with the public.

Together with the people of Lincolnshire, we want to build a shared view and agreement on what the best wellbeing, care and health for Lincolnshire looks like.

This strategic theme has five key elements:

- Creating a shared agreement.
- Supporting shared decision making
- Developing and designing services together
- Working with people and their families to manage their own health and wellbeing
- Supporting people to feel connected and engaged in their local communities

## Population health and Prevention

Population health and prevention is the 'golden thread' that runs through our strategies and underpins its focus on improving health and wellbeing and tackling inequity.

Addressing the wider determinants of health will help improve overall health by helping to improve the conditions into which people are born, live and work. Addressing these determinants throughout the life course allows us to consider the critical stages, transitions, and settings where large differences can be made in promoting or restoring health and wellbeing.

People have different needs at different points in their lives and we have specific ambitions relating to each life stage: Preconception, infancy and early years (0-5); Childhood and adolescence (5-19); Working age (16-64); Ageing well

## Integrating community care for major conditions

*Integrating primary care:* delivering timely access to primary care – general practice, pharmacy, dental, optometry – today, while designing a sustainable future.

*Integrating Specialist Care:* delivering improved health outcomes, reduced health inequalities and reduced disease progression, enabling people to live well and die well. Implementing new models of care, via a one team approach, transcending organisational boundaries; adopting a more proactive and holistic approach informed by individual wishes and need; Focussing on prevention, early identification and diagnosis; Delivering both timely, urgent care & long-term ongoing care

*Integrating community partnerships,* developed around PCN footprints; supporting their ongoing evolution to provide person-centred care, delivered by multi-disciplinary & multi-agency teams, for local communities, reflecting population need

## A happy, valued and supported workforce

We truly appreciate our people and everything they do. We also appreciate the link between an engaged, happy workforce who feel valued and the quality and efficiency of the care they are able to deliver.

Having the right workforce in the right place at the right time allows our services to meet the healthcare needs of people locally.

To continue to do this we need a constant flow of talented people from our communities into the organisations. We also need to provide good opportunities for training and development to encourage them to stay in Lincolnshire rather than move elsewhere.

To develop our workforce in Lincolnshire we will:

- Value our people
- Grow our people
- Develop our people
- Retain our people.

## Maximising data and digital technology

As the NHS faces unprecedented challenges, data, digital technology will be at the heart of how we transform health services for the benefit of citizens, patients and NHS staff.

There is significant potential for the transformation of health and social care through better widespread use of digital technologies. This includes a growing role for technology in supporting people to monitor and manage their own health and wellbeing and also enhancing people's experience of accessing services.

New and more integrated ways of providing care will require local health and care professionals to act and behave in different ways. This will include working with local people, carers and their families so they are more empowered to set their own care goals and manage their own wellbeing, being part of a multi-disciplinary team and delivering more responsive and proactive care.

# JFP Delivery Plan 2023-28 | Headline ambitions

**All Age**

- By April 24 over 40,000 people will have had a *what matters to me* conversation
- By April 25, co-production is embedded in service redesign in 5 programmes
- By April 25, more of the workforce are aware of the personalisation agenda
- By April 2024 6080 people will have accessed a new group/service after social prescribing
- 85% of patients, who need a primary care appointment, to receive one within 2 weeks by 2025
- By 2028, the gap in healthy life between the 20% most deprived and 20% least deprived will have narrowed
- By 2028, the gap in life expectancy between the 20% most deprived and 20% least deprived will have narrowed

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**Start Well**

- Decrease smoking at time of delivery from 11.4% to 7.9%
- Increase breast milk at first feed from 67.3% to 70%
- Childhood vaccinations above 95%
- 95% of accepted CYP MH referrals assessed ≤ 4 weeks; no CYP waiting >12 weeks for treatment by date TBC
- 90% of children with Type 1 diabetes receive all 6 of the care process for diabetes
- 10% reduction in ED attendances due to asthma in 2024/25
- 10% reduction in unplanned admissions due to epilepsy in 2024/25

**Live Well**

- Increase % of adults on obesity register accessing healthy lifestyle offer(s)
- 80% of the expected number of people with hypertension are diagnosed by 2029
- 500 patients over 24/25 and 25/26 achieve remission from Type 2 Diabetes
- 65% of patients 25-85 with a CVD risk score >20% on lipid lowering therapies by 2026
- Reduction in smoking by TBC% among people with a severe mental illness
- 5% more COPD patients accessing pulmonary rehabilitation by 2025
- Increase diagnosis at stage 1 & 2 for lung & colorectal cancer to 75% by 2028

**Age Well**

- Covid, flu and pneumonia vaccs increased among people with respiratory condition
- Antibiotics in primary care: Broad-spectrum antimicrobials <10%; 75%+ of amoxicillin prescriptions are 5-day courses
- Increase the dementia diagnosis rate in people 65+ to 66.7% by 2025
- Frailty: reduce progression from mild-moderate and moderate-severe by 5% by 2028
- 70% of high-risk fallers have a proactive care plan in place by 2025
- 70% of people in the last year of life have a care plan by 2025, 80% by 2026
- 10% less people in their last year of life have an unplanned admission by 2026



## KEY AREAS OF WORK

### Culture and behaviour change

- Our Shared Agreement; Co-Production; Working with partners and people with lived experience to bring to life what a new personalised & proactive relationship between people and the health & care system could be

### Workforce and People

- Focussing on people's strengths and assets, and 'what matters' to them, enabling shared decision making that encourages people to have more choice and control and to live their best and healthiest life.

### Training Teams

- Training in new tools and techniques, coaching and motivational interviewing, strength-based approaches and analysing impact.

### Toolkit/Resource Development:

- Ease and simplify ways of embedding strength based and personalised approaches into new pathways and service redesign.

### Social Prescribing:

- Growing Lincolnshire's social prescribing model

### Social Movement:

- Developing a network of champions, advocates & voices of personalised care

### Areas of focus

- Working with stakeholders to understand the programme interdependencies around service redesign work and agreeing the implementation and delivery timescales. The areas of focus are: Frailty; Serious Mental Illness – Physical Health Checks; Musculo Skeletal pathways – Hip and knee (embedding personalised approaches); High Intensity Users of secondary care; Discharge Hubs and Intermediate Care; Reduction in people on MSK waiting lists



## TARGET OUTCOMES

### Experts by experience are an integral part of the health and care system:

- By April 25, co-production is embedded in service redesign in 5 programmes

### There is increased awareness and understanding of Our Shared Agreement and Personalisation among both citizens and staff

- By April 24 over 3000 health & care staff will have completed a foundation in personalised strength-based approaches
- By April 25, all operational staff involved in service redesign will have completed the SDM & PCSP via the train the trainer programme; there is an increase in attendance & awareness of personalisation huddles and the person-centred learning network; champions of personalisation are present in all stakeholders

### People feel valued whether that is as a carer, person accessing services or family member, and is considered an expert in themselves/their own care

- By April 24, 40,000+ people will have had a *what matters to me* conversation

### People understand their own wellbeing needs and how to support themselves:

- By April 2024, 75% of people who complete a PAM and have their treatment/support tailored will see an improvement in their knowledge, skills and confidence to manage their own health and wellbeing;
- By March 2024 there is a reduction of people on waiting lists and outpatient follow ups following attendance at the Aches and Pains hub in Grantham
- By April 2028, people report that they are able to access the support that matters to them at the right time, including community-based support, peer support, self-help resources, advocacy or other specialist support

### People feel more actively involved and in control of their health and wellbeing

### People recognise & understand the value of connecting into their local communities

- By April 24: over 16,000 people will have been referred to social prescribing since 2019; 6080 people will have accessed a new group/service after social prescribing;

### People feel able to take responsibility for their own care/health, and are able to self-serve/self-assess where appropriate

- By April 2028 ?% increase in the number of people using technology enabled care to stay independent and/or improve quality of life



Personalisation and a new relationship with the public

Population health and Prevention

Integrated Community Care for major conditions

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Data and digital technology

## KEY AREAS OF WORK

### Embedding a system approach to health inequalities (HI)

- Implementing HI tools and embedding HI approaches within governance; providing a programme of HI Training & Development; developing HI leads/champions within NHS Trusts and PCNs; embedding within financial & contract arrangements

### HI performance and intelligence

- Developing intelligence and insights to support understanding of health inequalities and prevention priorities; developing system HI metrics, KPIs & dashboards; improving data collection; utilise PHM approaches to address HI and work with system BI colleagues to develop HI elements of the joined data set reporting suite

### HI in clinical areas and cross cutting themes

- Work with programmes to deliver against 5 national HI priorities and 5 clinical priority areas within Core20plus5 for Adults and Children & Young People. Ensuring people on the margins are able to access services and that any digital arrangements are inclusive and do not exacerbate Health Inequalities

### Communication and engagement

- Collecting and using insights from Core20plus groups to reduce the gap in access, experience & outcomes; Co-production and engagement is a golden thread

### Prevention

- Improving the population's health and preventing illness & disease; catching the causes of ill health as early as possible to prevent or reduce the chances of them leading to more serious conditions; supporting people to live well and stay well

### Digital Inclusion

- Addressing digital exclusion and ensuring alternatives are available for those within our population who need them; adopting and implementing national guidance on digital inclusion through development of a system Digital Inclusion Strategy

### Inclusion Health

- Improving access, experience, and outcomes for people in inclusion health groups by understanding their needs and delivering integrated and accessible services



## TARGET OUTCOMES

### Increased equity of access, experience and outcomes

- for people from: 20% most deprived areas; Black, Asian and ethnic minority backgrounds; health inclusion groups; other Lincolnshire population segments experiencing worse access, experience and outcomes - measured through service/clinical data on service access, experience and outcomes
- e.g. Reduction in waiting times of people living in 20% most deprived (IMD 2019) to align with overall population rates in specialities where there is a variance; Increase in uptake of faecal immunochemical tests by 3% for 4 selected G.P Practices

### Prevention of ill health:

- Earlier detection of conditions and modifiable risk factors to reduce impact and enable people to better manage their health conditions and live in good health as long as possible.
- E.g. Increased referrals to the NHS-based Smoking Dependency Service and increased number of quits – with associated reduction in A&E attendances, hospital admissions and exacerbated long term conditions; Increase in number of people accessing Tier 3 weight management services within Lincolnshire, reducing obesity-related and long-term condition-exacerbated hospital admissions

### Reduction in the gap for healthy life and life expectancy and disability:

- By 2028, the gap in healthy life between the 20% most deprived and 20% least deprived will have narrowed;
- By 2028, the gap in life expectancy between the 20% most deprived and 20% least deprived will have narrowed

## KEY AREAS OF WORK

### Integrating primary care

#### *Integrating primary care and delivering access*

- Maintain and develop BAU elements of primary care commissioning: general practice, dental, pharmacy and optometry
- Foster and develop Leadership across and communication between the LMC, LPC, LDC and LOC
- Improve access to community pharmacy services in line with Pharmacy First
- Empower patients to manage their own health by providing them with technology and information
- Improve access to urgent same day primary appointments and planned appointments in line with national guidance and Lincolnshire ambitions.
- Improve productivity and reduce time wasting activities across primary care
- Improve collection, accuracy and utilisation of primary care data

#### *Developing Partnerships to Support Primary Care Integration*

- Design and implement new sustainable model/s of integrated primary care
- Deliver the Primary Care People Plan
- Develop a Lincolnshire framework for enhanced services
- Enhance our primary care estate and develop our digital capabilities
- Transform the conversation between primary care and the public by through a comprehensive programme of comms, engagement and co-production

#### *Vaccinations*

- Develop & implement a Lincolnshire-wide Vaccine Strategy to deliver the ambitions detailed within of the newly published National Strategy
- Enable the ICB to assume delegated commissioning responsibility
- Support providers to develop an integrated staffing model



## TARGET OUTCOMES

### Integrating primary care

#### *Access*

- 85% of patients, with an identified clinical need for an appointment, to receive one within 2 weeks of their contacting their practice by March 2025
- All patients will be able to communicate with someone within their practice, either virtually or via telephone, on the day they contact them and know how their enquiry has been dealt with by March 2025
- 100% of practices have enabled online patient appointment booking and cancelling, repeat prescriptions and access to care records by March 2025
- 100% of GP practices using CBT or system with the same functionality by April 2024
- 100% of practices using high quality online consultation tools by April 2025

#### *Transformation Integrating primary care*

- Completed 'big conversation' with the public and key stakeholders including national teams and horizon scanning 'think tanks' with a view to creating a shared vision for the future model of integrated primary care for Lincolnshire by March 2025
- Integrated Primary Care Strategy completed by June 2025
- Early adopters appointed and evaluation indicators agreed by March 2026

#### *Vaccinations*

- Resilience: requisite central workforce in place March 2024
- Access: new delivery model in place & co-administration of vaccines the default model by April 2025.
- Uptake: Agree system-wide uptake targets for all vaccination programmes by March 2024; Meet all vaccination uptake targets by March 2027; Identify variation in uptake between PCNs and develop and implement mechanisms to close the uptake gap, focusing on continuous improvement and learning by March 2027

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## KEY AREAS OF WORK

### Integrating community partnerships

#### PCN Development

- Develop different ways of working at PCN level to enable demand to be managed and/or capacity to be released and support improved access
- Fully implement the PCN DES with a view to supporting improvements to population health via proactive identification, care coordination and case load management of patients with longer-term health and social care needs,
- Further enhance leadership capability and capacity across the PCNs
- Continue to implement ARRS roles
- Develop and implement integrated pathways of care across primary and community care for therapy and nursing services to meet the specific needs of PCN populations
- Implement delivery plans for High Intensity Users and Social prescribing
- Build, implement and evaluate a Lincolnshire wide Quality Framework

#### Integrating Care

- Implement case management and care co-ordination model to support delivery of PCN integrated primary and community teams
- Further develop the role of integrated neighbourhood teams, in line with the Fuller recommendations, with a view to enhancing the delivery of multi-disciplinary, multi-agency personalised care and improved patient outcomes and experience for the most complex patients
- Deliver Integrated community teams (community nursing & community therapy)
- Develop and implement the Integrated Communities Strategy
- Codesign and implement a framework for working in partnership with the voluntary sector



## TARGET OUTCOMES

### Integrating community partnerships

#### Additional Roles Reimbursement Schemes (ARRS)

- Lincolnshire will have 392.50 WTE ARRS roles in place (this is Lincolnshire share of the 26,000 WTE manifesto commitment) by March 2024. At Month 8 Lincolnshire has 496.64 WTE, well above the end of year target.

#### High intensity Users

- 3 PCNs will be offering a High Intensity User Service by April 2024
- By June 2024 we will have reviewed other HIU provision to ensure it is in line with the national HIU framework

#### Social Prescribing

- A refreshed Social Prescribing model to be developed and commissioned from 1st April 2025

#### Primary Care Networks

- All PCN will have in place agreed objectives, aligned to system objectives by December 2024
- All PCN managers will have undergone a Leadership Programme delivered through an independent specialising in PCN Manager development by March 2024

#### Partnerships

- Strategic partnership model between ULHT/Primary Care/ICB agreed by June 2024
- Strategic partnership model with VCSE (LVET) agreed by June 2024
- Model of MDT working in place in every PCN by June 2026
- Integrated delivery models in place for community therapy and nursing in every PCN by June 2026
- Implement quality framework across all PCNs by June 2026

## KEY AREAS OF WORK

### Integrating Specialist Care

#### Ageing well – Older age

- Implement the Lincolnshire Frailty Strategy and associated delivery plans
- Fully delivery the local Lincolnshire and national aspirations for the Enhanced Health in Care Homes (EHCH) programme
- Fully implement the Lincolnshire-wide Palliative and End of Life integrated care model rooted in primary care facilitating 24-hour access to planned and responsive community-based care via a single point of access in line with agreed care plans supported by a strategic commissioning framework.
- Deliver the recommendations outlined by GIRFT and the proactive/primary care elements of the Lincolnshire Dementia strategy including the recovery of the dementia diagnosis rates. This work is led by LPFT
- Implement the Lincolnshire Falls pathway: people with the potential of falling are proactively identified and are proactive managed by timely and effective multi-disciplinary interventions including an effective falls response.

#### Long Term Conditions – Working age

- Develop, embed and evaluate a Lincolnshire-wide Long-Term Condition Strategic Framework with a view to supporting: Prevention and management of risk factors; Early and accurate complete diagnosis; Proactive care; Clinical Pathway Review; Integrated pathways of care;
- Deliver Transformation, Targeted and Transactional programmes of change in line with national “must do’s” & guidance, best practice and local clinical priorities
  - Major conditions identified in the NHS LTP – cardiovascular disease including Stroke, Diabetes and Respiratory
  - Other long-term conditions where opportunities are identified



## TARGET OUTCOMES

### Integrating Specialist Care

#### Frailty

- Reduce progression by 5% by 2028
- Reduce the growth in numbers of beds by 70 beds by 2028

#### Enhanced health in care homes

- Reduce unplanned admissions of people living in a care home by 5% by 2026
- 90% of people living in a care home to have a PSCP in place by 2026

#### Palliative & end of life care

- 70% of people in the last year of life to have a care plan by 2025, 80% by 2026
- 10% less people in their last year of life have an unplanned admission by 2026

#### Falls

- 70% of high-risk fallers will have received a holistic falls assessment by 2025
- 10% more patients stay at home post fall response by 2025

#### CVD

- 85% of the expected number of people with AF are diagnosed by 2029
- 80% of expected number of people with hypertension are diagnosed by 2029
- 80% of t people diagnosed with hypertension are treated to target as per NICE guidelines by 2029

#### Diabetes

- NDPP – No. of patients referred to service and No. of patient who achieve at least the first milestone on the programme (contract ends Nov 25):
- Remission - 250 patients per year/ 500 24/25 and 25/26

#### Respiratory

- Increase the number of patients with a diagnosis of COPD accessing pulmonary rehabilitation by 5% by 2025
- % COPD patients where diagnosis confirmed by spirometry (% and delivery date TBC)

## KEY AREAS OF WORK

### 10 High Impact Interventions:

- Same Day Emergency Care (SDEC); acute frailty service provision; Inpatient flow & length of stay; Community bed productivity & flow; Care Transfer Hubs; Intermediate care demand & capacity; Standardising and improving care across all virtual ward services; Increasing usage of Urgent Community Response services; Single point of access - facilitating whole system management; Acute Respiratory Infection Hubs

### Ensuring achievement of key performance standards:

- Programme of work with executive oversight to deliver the 4-hour standard & improve the 12 hour wait in ED position; Focus on reducing conveyance & increased support to patients in community (review of community pathways of care to ensure integration of services that support people in their own homes & increasing availability of alternatives to ED). Improving the efficacy of Virtual Wards - ensuring that the requisite specialist community provision and digital infrastructure is in place. Maximising the use of SDEC

### Mental health: Working with the Adult & CYP Mental Health programmes

- e.g. MH UEC pathways review; 111 option 2; Boston liaison; MHUAC all-age

### Frailty: Working with the PCCSV programme on supporting the frail cohort, nursing and care homes and end of life care

- UEC-focussed frailty initiatives include Frailty SDECs & Frailty Assessment Units, increasing capacity & geographical coverage of both in line with population need.

### Lincolnshire system approach to Intermediate care:

- Exploring joint commissioning opportunities & making best use of available resources (including BCF discharge funding). Moving towards a system-wide and outcome-based model which prevents unnecessary acute hospital admission, supports timely discharge and maximises independent living through reablement & rehabilitation.

### 2026-28

- Continued delivery of national performance standards relating to UEC; increasing care closer to home, reducing the requirement for patients to attend EDs to access acute & community services; Evolution of simplified access for both patients & professionals; Increased integration of services across pathways of care; Move towards commissioning of pathways of care rather than individual services



## TARGET OUTCOMES

### Improved patient experience

- Reduction in complaints from patients and professionals, reduction in long waits in EDs and in community for ambulance attendance. Reduction in the number of patients accessing acute services via Eds

### Improved patient outcomes

- Increase in the number of patients returning to their own home, reduction in long term care requirements, reduction in incidents reported within the UEC pathways

### Reduction in waiting times

- In both UTCs and EDs with delivery of the 4-hour performance target and the wider time to first assessment and triage metrics

### Reduction in readmissions

- Fewer patients requiring re-admission following discharge from hospital

### Supporting care closer to home

- Increase in the number of patients supported at home avoiding attendance at ED or hospital admission

### Reduction in acute length of stay and acute bed occupancy

- Ambitions to be developed as part of the planning round

### Workforce and financial impact

- Reduction in agency/bank and locum spend

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## KEY AREAS OF WORK

### Waiting List Reduction:

- *Eliminate 65 week waits by March 2024 and 52 week waits by March 2025*; Mutual aid will continue to be delivered predominantly from independent sector providers for challenged specialties, particularly for Gastroenterology and Dermatology; A new ENT weekend working proposal is to be implemented at ULHT - this will be evaluated and rolled-out to other specialties.
- *Increase patient choice*: Implement a system level plan for patient choice which ensures compliance with the regulatory requirements and raises the profile of patient choice. Promote the Patient Initiated Digital Mutual Aid System which allows us to offer patients the ability to more easily and proactively 'opt-in' to move provider when they have been waiting over 40 weeks for care and meet the criteria. This will be extended to all patients waiting over 18 weeks by Sept 2024. Promote the use of the Elective Activity Coordination Hub (EACH) which offers choice to all planned care patients both at point of referral and via PIDMAS.
- *Increase Activity*. ULHT will develop an overall clinical service strategy and establish a rolling programme of specialty clinical service strategies; Expand implementation of Getting It Right First Time (GIRFT) programme to other specialties; Expand the range of services and procedures to be delivered in the community and moved away from secondary care; Work with independent sector providers to deliver additional capacity where there are challenged specialties at our NHS providers; Expand the programme of out-patient transformation and theatre utilisation to maximise capacity and efficiencies to reduce waiting times; Maximise capacity at the recently accredited Grantham Surgical Hub using HVLC principles as well as the planned increase to 2.5 session days.
- *Demand Management*. Review to determine the future priorities of the EACH for 2024-28 to maximise on opportunities to re-direct to more appropriate services; promoting self-care and increasing activity within community services



## TARGET OUTCOMES

### Waiting List Reduction:

- Eliminate 65 week waits by March 2024 and 52 week waits by March 2025;
- All patients in the 65-week 'cohort' will be given a first outpatient appointment before 31/10/23 in most specialties to ensure their treatment pathway is completed by March 2024. Those more challenged specialties will be working towards a deadline of 31/12/24 to ensure all patients have had their first outpatient appointment
- Decreased waiting list – measured weekly via WLMDs submission.
- Decreased waiting times in line with, or better than, national trajectory - measured monthly via the national My Planned Care platform and the national electronic Referral Service.
- Reduction in harm caused by long-waits (measured through evaluation of harm reviews by Quality team)
- Increase in choice of Provider where appropriate – measured through the EACH and e-Referral Service (e-RS) reports.
- Care closer to home where community services can be increased.
- Increasing the utilisation of the EACH gives patients a single point of access for all appointment queries – measured through EACH Practice utilisation reports and Practice visits.
- Impact on system partners is being worked through as part of the current planning round and will be discussed when the annual planning guidance is released

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Recovery/Access



## KEY AREAS OF WORK

### Outpatients:

- *Virtual Consultations*: Monitoring on a specialty level to ensure those specialties who are not meeting the target increase their virtual consultation usage
- *Patient Initiated Follow Ups (PIFU)*: maximising utilisation where PIFU is already live; explore where it can be rolled out to the smaller specialties; explore opportunities to utilise available system funding for Remote Patient Monitoring
- *Specialist Advice*: Reviewing response times by specialty for A&G through e-RS for all providers – address where this is outside of the 48-hour response period.; review the conversion rates of A&G to referral; development of an A&G tracking tool by ULHT to support specialties not hitting the 16%.
- *Increasing Clinic Utilisation*: Implement the 6-4-2 process for booking patient slots; Expand directly bookable functionality to all major specialties and use full digital functionalities to reduce Missed Appointments

### High Volume Low Complexity & Day Case Rates

- ULHT theatre productivity programme: increasing day case rates, increasing theatre utilisation and improving pre-operative assessment.
- Gateway reviews and action planning for all six HVLC specialties, working with the GIRFT team
- Grantham surgical hub : the intention over the next 4 years is to increase the range of specialties and procedures that take place in the hub and to support neighbouring systems with their elective recovery. Weekend working and 2.5 session days will become BAU to maximise efficiency; Increase day case surgery rates to ensure compliant with British Association of Day Case Surgery (BADS).
- Ophthalmology: Scoping the potential to use Louth Hospital as an ophthalmology hub.



## TARGET OUTCOMES

### Outpatients:

- Continue to perform better than the national target of 16% of new outpatient attendances; and work towards increasing the provider level usage. Where specialties are meeting the 16%, stretch targets will be agreed.
- Improved patient experience – reduction in complaints from patients and General Practice queries
- Reduction in waiting times – to support the national ambition to eliminate waits of 65 weeks of more by 31st March 2024
- Improved RTT performance – to support the national ambition to eliminate waits of 65 weeks of more by 31st March 2024
- Reduction in DNAs - this has been part of the national 'Action on Outpatients' programme and is embedded as a key enabler in ULHT's Integration and Improvement Plan
- Reduction in agency / bank and locum spend.

### High Volume Low Complexity & Day Case Rates

- Patients will have a reduced wait for an outpatient appointment.
- Patients will have a reduced wait for a surgical procedure.
- Improvement in quality outcomes
- Increased productivity in day case procedures – completing more activity than before in the same time.
- Reduce the number of bed nights by utilising day case.
- Reduce LOS following elective surgery by implementing discharge plans on admission e.g., for hip replacement – physio and OT in place to mobilise patient on return from surgery, ensure appropriate adjustments had been made at home.
- If GIRFT principles are followed - it will ensure a positive impact on system partners in terms of increased activity, engaged workforce, reduce financial pressures improved patient satisfaction.

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Recovery/Access

## KEY AREAS OF WORK

### Community Diagnostics Centres (CDCs)

- Ongoing development and implementation of the CDC facilities across the county, with ULHT being identified as a lead provider.
- Continued engagement strategy to ensure that the views, opinions and insights from stakeholders are at the core of the decision-making process to improve diagnostic provision and ensure that the needs of the community and the system are met. This will contribute to the ambition to address health inequalities, as well as being aligned to the Lincolnshire Joint Forward Plan ambition to improve access and support the public in understanding how best to access services.
- Continued review and interrogation of demand and activity data to ensure that diagnostic capacity is being fully utilised and flexed as appropriate to ensure the maximisation of productivity and efficiency levels in existing CDC facilities, and to support optimal locations are identified for future CDC sites.
- Continued consultation and collaboration with existing and new system partners, including those from the independent sector, to ensure services are delivered effectively, efficiently and as productively as possible.

### Endoscopy

- Work with the system main provider to ensure that development of the new endoscopy and PET CT facilities are delivered as planned.

### Electronic booking

- Implementation of a 6-month trial of the SwiftQ booking process; support ULHT and EMRAD to progress an electronic booking process across the Trust as required.
- Implementation of the Rad Cockpit software
- Progress the bids for AI funding to trial AI software in radiology.



## TARGET OUTCOMES

- Meet the aim to provide diagnostic tests to 85% of patients within 6 weeks by March 2024 and to 95% of patients by March 2025.
- Planned CDC activity for 23/25 is likely to be in excess of 32,000 tests across 6 of the main modalities, with significant increases planned for 24/25 and 25/26 as the two new CDC facilities become fully operational, where it is anticipated that activity will be in excess of 150,000 tests in total for all three sites.
- Improving population health outcomes and address health inequalities by increasing the availability and accessibility of services through expansion of the Grantham CDC and development of additional facilities in Lincoln, Skegness and potentially Boston.
- Increasing diagnostic capacity to reduce waiting times, address unmet need and improve performance metrics. This will be for planned and unplanned care, as well as cancer pathways. By moving outpatient diagnostics off the main acute sites, capacity will be created to improve UEC pathways and for more complex patients include cancer and cardiac tests.
- Improve productivity and efficiency through the transformation of clinical pathways, with the provision of co-ordinated diagnostic testing and inclusion of new technology.
- Increase in digital interoperability and connectivity across the system to provide greater information sharing between system partners and enable improved management of complex cases, in addition to providing patients with more choice when booking their appointments through an electronic system and at CDC sites which are closer to home and easy to access

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Recovery/Access

## KEY AREAS OF WORK

### Backlog reduction and performance improvement

- Return the number of people waiting for longer than 62 days to 217 by March 2024
- Improve performance for diagnosis and treatment standards

### Service improvement/pathway redesign

- Implement Personalised Follow up Pathways (PFUP) with remote monitoring in further 4 pathways
- Implement new (Cancer of unknown primary) CUP pathway
- Finalise Galleri Trial 2024
- Roll out of the targeted lung health check programme – this will contribute to the national ambition of the NHS Long Term Plan to improve early diagnosis and survival for those diagnosed with cancer.
- Implement and operationalise including remote monitoring PFUP in additional tumour pathways by 2028.
- Implement NHS model of personalised care and personalised care elements for all people diagnosed with cancer in Lincolnshire by 2028..
- Scope, develop and commence transition of PFUP protocols and models of working to support other long term condition specialities aligning with PIFU
- Scope and commence transition of personalised care models of working to support people living with other long term conditions in Lincolnshire
- Colorectal HI Programme will focus on improving uptake of Faecal Immunochemical Testing in the seven most deprived practices
- Scope the Economic Patient modelling (actuarial modelling) – proactive preventative care for colorectal screening

## TARGET OUTCOMES

### Backlog reduction and performance improvement

- Reduce number of patients waiting over 62 days to 217 by March 2024
- Return performance back to pre-covid levels (and beyond) by March 2026
- Ensure 28FDS performance reaches 75% by the end of March 2024
- Return focus back to 62-day performance and meeting 62-day targets as laid out in new constitutional standards

### Service improvement/pathway redesign

- PFUP and remote monitoring: saved outpatient appointments reused at front end of pathways to reduce backlog and waits, improving patient experience
- New streamlined pathway for CUP patients to ensure they are not delayed in getting a diagnosis.
- Galleri Trial: Lincolnshire patients will undergo final blood test to look for cancer markers aiding earlier diagnosis.
- Targeted lung health check programme will lead to earlier diagnosis of lung cancer patients.
- Personalised care model: improving patient experience



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## KEY AREAS OF WORK

### Listening to women and families with compassion which promotes safer care.

- All women will be offered personalised care and support plans
- By 2024, specialist care including pelvic health services and bereavement care when needed; and, by 2025, improved neonatal cot capacity.
- Publish equity and equality plans in 2023/24 and take action to reduce inequalities in experience and outcomes.

### Supporting our workforce to develop their skills & capacity to provide high-quality care

- Meet establishment set by midwifery staffing tools and achieve fill rates by 2027/28, with new tools to guide safe staffing for other professions from 2023/24
- During 2023/24, trusts will implement local evidence-based retention action plans to positively impact job satisfaction and retention.
- From 2023, NHS England, ICBs, and trusts will ensure all staff have the training, supervision, and support they need to perform to the best of their ability.

### Developing and sustaining a culture of safety to benefit everyone.

- Throughout 2023, effectively implement the NHS-wide “PSIRF” approach to support learning and a compassionate response to families following any incidents
- By 2024, NHS England will offer a development programme to all maternity and neonatal leadership teams to promote positive culture and leadership.
- NHS England, ICBs, and trusts will strengthen their support and oversight of services to ensure concerns are identified early and addressed.

### Meeting & improving standards & structures that underpin our national ambition

- Implement best practice consistently, including the updated Saving Babies Lives Care Bundle by 2024 and new “MEWS” and “NEWTT-2” tools by 2025.
- By 2024, enable women to access their records and interact with their digital plans.



## TARGET OUTCOMES

### Headline ambitions

- reduction in smoking in pregnancy from 11.4% to 7.9%
- Increased breastfeeding rates: Increase breastmilk at first feed from 67.3% to 70%

### Listening to women and families with compassion which promotes safer care

- Perinatal pelvic health services and perinatal mental health services are in place.
- The number of women accessing specialist perinatal mental health services increases
- Maternity and neonatal services achieve UNICEF BFI accreditation.

### Supporting our workforce to develop their skills and capacity to provide high-quality care

- Achieve target establishment, in-post and vacancy rates for obstetricians, midwives, maternity support workers, neonatologists, and neonatal nurses

### Developing and sustaining a culture of safety to benefit everyone

- Improved scores in the NHS Staff Survey; the National Education and Training Survey and the GMC National Training Survey for midwifery, obstetrics and gynaecology

### Meeting and improving standards and structures that underpin our national ambition

- Improved metrics for maternal mortality, stillbirths, neonatal mortality, brain injury during or soon after birth, and preterm births.
- Minimising for the gap on these metrics for people from: 20% most deprived areas; Black, Asian and ethnic minority backgrounds; health inclusion groups; other Lincolnshire population segments experiencing worse access, experience and outcomes

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## KEY AREAS OF WORK

### Co-ordination of health information sharing into safeguarding children's front door Strat discussions

- Improve processes for the sharing of health information at multi-agency strategy discussions to ensure robust local arrangements are in place

### Diabetes

- Reduce variation of care; Increase CYP utilising technology; access to psychological support services

### CYP Child Protection Medicals

- Review and revise health model so it has the capacity and capability required to consistently deliver timely Child Protection medicals to required standards

### Clinical Intervention in Schools Review

- Provide a robust health offer to meet the needs of CYP with SEND in Lincolnshire's 'All Needs' special schools.

### Asthma

- Implementation of NHSE National Asthma Bundle; Access to diagnostic hubs, community spirometry & FeNO testing; Increased access to training for staff; Increased access to resources for CYP & families to support self-management

### Epilepsy

- Improved access to: Epilepsy Specialist Nurse; appropriate mental health and psychological support services; tertiary neurology as required

### CYP Therapy Review

- Develop an integrated CYP Therapy Service that provides specialist physio, SALT & OT for CYP with complex physical or speech, language & communication needs

### Children's Community Nursing (CCN) Review.

- Develop new service model that meets best practice and offers an on-call service; direct nursing care and PEOL care to all children on the CCNS caseload

### Palliative End of Life Care for Babies, Children & Young People

- 24/7 out of hours specialist clinical support/advice rota for professionals

### Integration of assessment processes and support for CYP with SEND.

- Integrating EHC SEND, Independent Placements & Continuing Care processes

## TARGET OUTCOMES

### Co-ordination of health information sharing into safeguarding children's front door Strat discussions

- Improved risk assessment and subsequent decision-making regarding children at risk of harm

### Diabetes

- CYP have equal access to all care processes (December 2024.)
- CYP have improved management and control of their Diabetes (March 2025)

### CYP Child Protection Medicals.

- Improved support for CYP who are potential victims of abuse and neglect

### Clinical Intervention in Schools Review

- CYP getting the right health, care and education, in the right place, at the right time, as close as possible to where they live

### Asthma.

- 10% reduction in ED attendances due to asthma in 2024/25

### Epilepsy.

- 10% reduction in unplanned admissions due to epilepsy in 2024/25

### CYP Therapy Review.

- Improved access to universal and targeted therapy services in the community reducing demand and pressure on the specialist therapy service.

### Children's Community Nursing (CCN) Review.

- Reduce unnecessary recurrent ED attendance for CYP with long-term conditions and complex health needs and disabilities.
- Reduce the number of admissions to the inpatient wards

### Palliative End of Life Care for Babies, Children & Young People

- Improved care provision, access, and choice of venue of death

### Integration of assessment processes and support for CYP with SEND.

- Better fulfilment of the SEND and Alternative Provision mission: Fulfil children's potential; improve parent/carer experience; support financial sustainability



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## KEY AREAS OF WORK

### Prevention and Community Assets

- Night Light Café pilot

### Early Intervention:

- Online MH support service recommissioning
- Primary care CYP MH Practitioner pilot roll-out
- CYP counselling offer pilot
- On-going delivery and expansion of Mental Health Support Teams (MHSTs)

### Community Specialist Mental Health:

- Increase staffing and reduce waiting times in community specialist mental health support
- Introduce Avoidant/Restrictive Food Intake Disorder (ARFID) pathway/ CAMHS Eating Disorders
- Complex Needs Service review

### Urgent and Emergency Care:

- CYP MH liaison in Lincoln and Boston
- Mental Health Urgent Assessment Centre all-age pathway
- Kooth digital online pilot
- Crisis respite

### Transitions pathways:

- Ensuring transitions are seamless between CYP & adult MH services

## TARGET OUTCOMES

### Early Intervention:

- CYP counselling offer pilot: Increased access to early intervention support
- On-going delivery and expansion of MHSTs: Increased access to low-moderate MH support in schools/colleges; More Lincolnshire CYP have good emotional wellbeing and MH, teaching them self-care skills to develop and strengthen their own emotional resilience; More CYP with early indicators of emotional wellbeing and/or MH needs are supported in their education settings and prevented from needs escalating; Reduced health & wellbeing gap to prevent further widening of inequalities

### Community Specialist Mental Health:

- Investment to reduce waiting times in community CAMHS: Reduced waiting times for specialist mental health support
- Introduce ARFID pathway/CAMHS Eating Disorders: Increased access to specialist mental health assessment and treatment for CYP presenting with ARFID
- Complex Needs Service review: Reduced risk of CYP with complex needs or behaviours escalating and negatively impacting on their life chances

### Urgent and Emergency Care:

- CYP mental health liaison in Lincoln and Boston: Increased access to 24/7 mental health crisis support and assessment for CYP and families
- MHUAC all-age pathway: Increase in hospital admission avoidance and shorter stays (if admission is unavoidable) for all CYP, including those with LDA; Increased access to 24/7 mental health crisis support and assessment
- Kooth digital online pilot: Increased access for CYP to support during MH crisis
- Crisis respite: Increase in hospital admission avoidance and shorter stays (if admission is unavoidable) for all CYP, including those with LDA

### Transitions pathways:

- Seamless CYP and Adult MH transitions pathways: Improved patient journey and experience for 18-25-year-olds from CYP to Adult mental health services



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## KEY AREAS OF WORK

### Prevention and Early Intervention:

- Roll out of the Mental Health Prevention Concordat Plan
- Continued development of alternative MH crisis provision. and Holistic health for the homeless expansion

### Transformation of Community Services:

- Increased investment into community-based provision targeting those areas most in need around suicide prevention and adult mental health and wellbeing; development of a MH VCFSE strategy – to build resilience and generate volunteering opportunities; continued investment into primary care roles and supporting locality mental health team provision; increase workforce and improve pathways for IPS/EIP services; continued growth of CRT and PACT services countywide; further development of the adult eating disorder pathways; developing local model for SMI Health checks

### Mental Health Urgent and Emergency care:

- MH UEC Pathways review and CRV provision; 111 option 2 service Provision; Boston Liaison service
- Options appraisal/business case for East Coast provision
- Right Care Right Person (RCRP) Programme

### Inpatient services:

- Continuing to monitor the need for out of area provision and reviewing local inpatient services to improve quality and access for those needing it. Introducing additional roles to ensure therapeutic provision is available

### Access

- Increasing the capacity/productivity of these services: NHS Talking therapies; Perinatal Services; Neuropsychology; Remote assessment pathway; Psycho-oncology; ME/CFS Pathway



## TARGET OUTCOMES

### Prevention and Early Intervention:

- Concordat: Inequalities are reduced; people are more responsible for their own care; disease burden is reduced. Reduction in variation of patient outcomes
- Crisis alternatives: Reduction in suicide rate. People better supported in communities. Improved self-efficacy.

### Transformation of Community Services:

- Target to deliver 4507 SMI Physical health Checks by 31/03/24
- Achieve a 5% year on year increase in the number of adults and older adults supported by community mental health services

### Mental Health Urgent and Emergency care:

- Reducing number of people with Mental ill health needing to attend A&E, primary care and secondary MH services

### Inpatient services:

- More people supported within Lincolnshire
- Reduced inappropriate adult acute bed days out of area.

### Access

- Increase the number of adults and older adults accessing NHS Talking Therapies treatment
- More people supported through these services

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## KEY AREAS OF WORK

### Dementia Strategy development-

- This will have a key focus on prevention of avoidable cases of dementia; improving experience of people being diagnosed and living with dementia; championing participation, innovation and research

### Prevention agenda

- Focused prevention programme aimed at raising awareness of the importance of good brain health across all age and reducing the risk of dementia. Utilising health inequalities data to support delivery

### Primary care

- Improve the dementia diagnosis rate – supporting PCNS with case finding
- Promoting use of the Diagnosis Advanced Dementia Mandate Tool as part of the primary care dementia pathway for patients with advanced/severe presentation of dementia in care homes
- Reduction of inappropriate Antipsychotic prescribing for people with dement

### Memory Assessment Service

- Move towards a stand-alone MAS model in order to improve the dementia diagnosis rate for Lincolnshire and reduce memory assessments waits

### Complex Dementia – managing challenging behaviour (all settings)

- Implement the role of Dementia ambassadors in care homes
- Ensure the appropriate use of antipsychotic medication
- Review & develop education and training programmes for supporting people with dementia and improve access for carers and care professionals

### Palliative and End of life Care (PEOLC)

- Explore how we can adopt elements of the Derbyshire toolkit to strengthen the PEOLC offer for people with dementia.
- Enhanced Health in Care Homes is dedicated to improving PEOLC for people in care homes of which dementia patients are covered.

### Young Onset Dementia

- New specialist pathway to be developed and implemented for Lincolnshire

## TARGET OUTCOMES

### Prevention agenda

- Increase in Health Check 5 year (50-65)
- Reduction in people with MCI and Memory and Cognitive Problems

### Primary care

- Increase in DDR for Lincolnshire
- Reduction in Anti-Psychotic Prescribing
- Increase in people with an advanced Care Plan and Respect form.
- Increase in the number of Medication Review and Dementia Care Plans

### Memory Assessment Service

- Decrease of average time to assessment
- Decrease in the average time to diagnosis.
- Reduction in waiting List (MAMs)
- Improve the outcomes, access and experience for people accessing MAS





## KEY AREAS OF WORK

### Service improvement

- Physical Health Liaison pathway: provide hospital and community staff with training on the support needs of patients with LD
- Develop and mobile a new ADHD pathway
- Develop and mobile the CYP Autism Diagnostic pathway
- Mobilise the Lincolnshire Virtual Autism Hub
- Service transformation review focussing on urgent care & community support
- Neurodivergent Pathways: Review Tics Tourette's and Functional Neurological Disorder and Acquired Brain Injury pathways. These are currently OATs with services commissioned on a spot purchase basis – evaluate both the CYP and Adult OATs panels in 2024/25 to determine whether this meets the needs of Lincolnshire citizens or whether cases for change are required

### Accommodation Strategy:

- Develop a short-term plan and accommodation strategy to inform accommodation requirements for the LDA programme. This includes wider creative market engagement which will lead to several procurements with the market for 2024/25

### Dynamic Support Register:

- Continual review of the Dynamic Support Register which informs all age admission avoidance where clinically appropriate

### LDA Roadmap:

- Move to BAU: Purple light Epilepsy toolkit benchmarking; Lincolnshire LeDeR programme (Learning from Lives and Deaths - people with a learning disability and autistic people); Section 17 pilot as part of the accommodation strategy; Development of all age community support for Lincolnshire Autistic Community and family/carers; Sensory Environment work within the wards; CYP key workers.



## TARGET OUTCOMES

### Physical Health Liaison Pathway

- Reduction in health inequalities for LDA citizens.
- Improved quality of annual health checks.
- Reduced (Inappropriate) demand on emergency departments and acute hospital admissions

### Virtual Autism Hub

- Reduce health and societal inequalities experienced by autistic people and their families/carers
- Represent the voices and views of an underheard community in Lincolnshire and ensure this cohort of the population are fairly represented.
- Providing employment opportunities within the hub, which can have positive impact on individuals' mental health.

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## KEY AREAS OF WORK

### Primary care cost efficiencies

Identifying and addressing unwarranted variation in primary care prescribing

### Community Pharmacy Integration

Including: Discharge Medicine Service; oral contraception; Blood Pressure Check Service; Smoking Cessation Advanced service; Palliative care drug stockist scheme

### MO integration across the system

Engagement with practices; primary/secondary care interface

### Secondary Care Procurement

Targeted list of drugs

### Biosimilars

Implementation of biosimilar switch policy/protocol; addressing unwarranted variation

### Antimicrobial Stewardship

Continued analysis of prescribing data; engagement of prescribers across the system

### Quality and Safety

Establish Medicines Safety Network; strengthen Local Intelligence Network around the management and use of controlled drugs; Promote safe prescribing & deprescribing of opioid medication; Ensure the safe prescribing of valproates

### Aseptic production

Develop a pharmacy aseptic hub to supply aseptic medicines beyond ULHT into the wider ICS and region

### Antidepressant reduction

Upskilling prescribers; Identifying patients in primary care for reduction; Ensure new prescriptions in line with good practice standards and system guidelines

### Pharmacy Workforce:

Focus on: marketing and attraction; recruitment; training and placements; career mapping

## TARGET OUTCOMES

- Better use of NHS resources
- Reduction in prescribing of targeted self-care products.
- More services provided to patients at their local community pharmacy
- Supporting patients with their medicines following discharge from hospital
- Improved compliance with formulary and local prescribing guidelines
- Reduce multi-drug resistant infections, reduction in number and length of hospital stays
- Reduce medicines-related harm to patients
- Improved patient clinical outcomes through improved availability and distribution of aseptic products
- More equitable access to pharmacy professionals for advice and drug supply



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## KEY AREAS OF WORK

### Value our People

- Work together across the system to deliver against the six high impact actions set out in the equality, diversity and inclusion improvement plan for the NHS
- Embed a compassionate culture built on civility, respect and equal opportunity through inclusive recruitment, Just Culture, Allyship and system level networks
- Develop and launch system-wide occupational health & wellbeing services

### Grow our People

- Widen access of opportunities to people from all backgrounds and in underserved areas to join the NHS through apprenticeships.
- Engage with higher education institutions to support students, placement capacity and maximise accreditation of recognition of prior learning (RPL)
- Adopt new recruitment practices and systems in line with the national overhaul
- Embed strategic workforce planning through enhanced systems & processes

### Develop our People

- Increase placement capacity & experience to support increased training places
- Develop multi-professional, system-based rotational clinical placement models
- Agree the system level Leadership Development & Talent framework
- Fully embed digital technology in training pathways

### Retain our People

- Continue to embed the People Promise elements to enhance staff experience
- Agree and publish a consistent system-wide benefits offer
- Continue to focus on flexible working as a means of retaining our staff
- Work with specific staff groups/network through pilot projects
- Continue to strengthen our pastoral care for international recruits

## TARGET OUTCOMES

### Financial Recovery projects for 24/25

- Overall general sickness management: reduce sickness management spend by 1% across provides
- Medical productivity increased through effective job planning
- LCHS Apprenticeship Centre embedded as a revenue generating unit

### Bank & Agency Spend reduction schemes

- Reduce agency spend at all providers to  $\leq 3.7\%$  of pay bill: focussing on improving off-framework usage and cap compliance across provider organisations

### Corporate Transformation Programme

- Design and implementation of new operating model



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## KEY AREAS OF WORK

- Digital Social Care Records
- Development of the Lincolnshire Care Record
- Scope an online go-to resource for the population to navigate health, care and wellbeing
- Improve cybersecurity
- Improve technical infrastructure
- Integration of digital systems
- Improve technical capabilities for collaboration
- Develop framework to assess and address digital skills readiness (staff or population)
- Technology enabled care (remote monitoring, virtual wards, etc)
- Robotic Process Automation
- Support areas with digital solutions that enable business change (such as People and Workforce)
- Introduce shared system intranet
- Use operational data to provide intelligence at a system level
- Handover of maintenance and support of the reporting platform from external arrangements
- Replacement of the reporting platform
- Determine requirements for social prescribing digital solution
- Access for clinicians to LACE evidence base
- Delivery of Customer Relationship Management system in Lincolnshire Community and Voluntary Services

## TARGET OUTCOMES

- improved decision making across pathways of care, improving patient outcomes and use of resources
- The population will be supported in keeping well, avoiding admissions, accessing health and care services only when needed making best use of resources and supporting choice and access and reducing health inequalities.
- Avoiding breaches of information including patient information, recovery costs and reputational damage.
- Provide the infrastructure that enables a modern, mobile workforce and patients to access online services.
- Reducing the need for travel and making more efficient use of resource and expertise across geographical areas in the context of rising demand
- Improve processes through speed and efficiency, freeing up staff to deal with more complexity
- Ensuring that at the end of the Optum contract, access and ongoing development of the joined intelligence dataset does not cease
- Informs a system level decision on where information needs to be captured, how it is shared to support PHM, health and care delivery, and reporting
- Putting research and evidence into practice to achieve best outcomes for patients
- Ability to manage information that supports third sector support into health and care and social prescribing



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## Priority 1: A new relationship with the public

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Programme	Initiative	More information
Personalisation	<p><b>Our Shared Agreement</b> Working with partners and people with lived experience to 'bring to life' and demonstrate what a new personalised and proactive relationship between people and the health and care system could look like and the impact it could have. Embedding the five foundations of 'Our Shared Agreement' that help to describe how we should/could work together.</p> <ul style="list-style-type: none"> <li>- Being prepared to do things differently</li> <li>- Understanding what matters to ourselves and each other</li> <li>- Working together for the wellbeing of everyone</li> <li>- Conversations with and not about the people</li> <li>- Making the most of what we have available to us</li> </ul>	65
Maternity and neonatal services	<ul style="list-style-type: none"> <li>- All women will be offered personalised care and support plans.</li> </ul>	171
Cancer	<ul style="list-style-type: none"> <li>- Implement NHS model of personalised care and personalised care elements for all people diagnosed with cancer in Lincolnshire by 2028: Roll out Personalised Follow up Pathways across pathways and long-term conditions</li> </ul>	157
Mental health: Adult	<ul style="list-style-type: none"> <li>- Mental Health Prevention Concordat</li> <li>- Community MH transformation: whole person care – being mindful of physical, mental and social needs, assets, wishes and goals; Co-production – involving experts by experience as equal partners in the design, development and delivery of services</li> </ul>	203
Learning Disabilities & Autism	<ul style="list-style-type: none"> <li>- Physical Health Liaison pathway: provide hospital and community staff with training on the support needs of patients with LD, who will subsequently receive more personalised care</li> <li>- The Lincolnshire Virtual Autism Hub, which will represent the voices and views of an underheard community in Lincolnshire and ensure this cohort of the population are fairly represented, as well as providing employment opportunities</li> </ul>	222

## Priority 1: A new relationship with the public

Programme	Initiative	More information
PCCSV	<ul style="list-style-type: none"> <li>- Transforming the conversation between primary care and the public through a comprehensive programme of comms, engagement and co-production</li> <li>- Developing and commissioning a refreshed social prescribing model</li> <li>- Strategic partnership model with VCSE (LVET) agreed by June 2024</li> <li>- 3 PCNs will be offering a High Intensity User Service by April 2024</li> <li>- Implementing a case management and care co-ordination model to support delivery of PCN integrated primary and community teams</li> <li>- Further develop the role of integrated neighbourhood teams, in line with the Fuller recommendations, with a view to enhancing the delivery of multi-disciplinary, multi-agency personalised care and improved patient outcomes and experience for the most complex patients</li> <li>- Implementing the Lincolnshire Frailty Strategy and associated delivery plans</li> <li>- Enhanced health in care homes: ensuring 90% of people living in a care home to have a personalised care and support plan in place by 2026</li> <li>- Palliative &amp; end of life care: ensuring 70% of people in the last year of life to have a care plan by 2025, 80% by 2026</li> <li>- Falls: 70% of high-risk fallers will have received a holistic falls assessment by 2025</li> </ul>	103
UEC	<ul style="list-style-type: none"> <li>- Strength-based approach to supporting flow and transfer of care</li> </ul>	119
Dementia	<ul style="list-style-type: none"> <li>- Personalised care and support planning for people with dementia</li> </ul>	212

## Priority 2: Living well and staying well

Programme	Initiative	More information
Health Inequalities & Prevention	<p><b>Preconception, infancy and early years</b></p> <ul style="list-style-type: none"> <li>- High-quality midwifery and children’s services that support mums, babies and little ones to get the best start in life</li> <li>- Increase the number of babies and infants vaccinated and immunised against diseases</li> <li>- Encourage more people planning a pregnancy to take folic acid supplements before, during and after pregnancy.</li> <li>- Reduce smoking during pregnancy and increase the number of smoke-free homes</li> <li>- Help parents and young families to stay active, eat well and look after their health.</li> <li>- Support more mums to breastfeed and increase breastfeeding rates at six to eight weeks</li> <li>- Increase the number of people accessing mental health services and support good relationships between parents and infants.</li> </ul> <p><b>Childhood and adolescence</b></p> <ul style="list-style-type: none"> <li>- Support young people with the services they need to keep them healthy and promote physical, mental and emotional wellbeing.</li> <li>- Develop mental health support teams to support young people’s mental health and emotional wellbeing.</li> <li>- Give children and young people with disabilities or long-term conditions the support they need to reach their potential and lead a full and independent life, including psychological support.</li> <li>- Work with schools and colleges to encourage healthy habits, identify health needs early and provide access to support.</li> <li>- Improve oral health especially in deprived groups.</li> </ul>	82

## Priority 2: Living well and staying well

Programme	Initiative	More information
Health Inequalities & Prevention	<p><b>Working age</b></p> <ul style="list-style-type: none"> <li>- Work with people to understand their skills and knowledge and give them the confidence to look after their own health and wellbeing.</li> <li>- Identify people who could benefit from NHS health check and screening programmes and increase take-up</li> <li>- Ensure regular physical health checks for people with severe mental illnesses and people with a learning disability.</li> <li>- Increase access to NHS talking therapies for anxiety and depression and provide additional support by expanding local services such as peer support, mental health social prescribers and community connectors.</li> <li>- Support more people to stop smoking and offer people in hospital who smoke, including pregnant women &amp; high-risk mental health outpatients</li> <li>- Support more people who need help achieving a healthy weight by increasing uptake of our integrated lifestyle service and the NHS Digital Weight Management programme.</li> <li>- Improve support for people suffering from and at risk of Type 2 Diabetes to help reverse and stop the progression of the disease,</li> <li>- Reduce cardiovascular disease through early detection, better management of those known to be at high risk and encouraging people to manage their own health better.</li> <li>- Better support people waiting for treatment for musculoskeletal conditions such as back pain. Explore opportunities to improve their physical and mental health prior to any planned operations.</li> <li>- Improve oral health, especially in deprived groups.</li> </ul> <p><b>Ageing well</b></p> <ul style="list-style-type: none"> <li>- Find out what matters to patients and their carers for better future care planning.</li> <li>- Encourage more people to get vaccinated and immunised against disease, especially those in deprived groups</li> <li>- Improve oral health.</li> <li>- Provide care focused on the individual for patients and carers living with cancer.</li> <li>- Improve early diagnosis and detection rates for cardiovascular disease and cancer, particularly colorectal cancer.</li> <li>- Improve brain health and prevent people from developing dementia by understanding risk factors e.g. smoking, high alcohol intake &amp; hearing loss</li> <li>- Develop a Strength and Balance programme to prevent falls</li> </ul>	82

## Priority 2: Living well and staying well

Programme	Initiative	More information
Primary Care, Communities & Social Value	<ul style="list-style-type: none"> <li>- Develop, embed and evaluate a Lincolnshire-wide Long-Term Condition Strategic Framework, which will include supporting prevention and management of risk factors;</li> </ul>	103
Mental health: Adult	<ul style="list-style-type: none"> <li>- Mental Health Prevention Concordat</li> <li>- Increased investment into community-based provision targeting those areas most in need around suicide prevention and adult mental health and wellbeing</li> <li>- Further development of the adult eating disorder pathways including prevention and early intervention</li> <li>- Developing a local model for SMI Health checks delivery including interventions to support aiming to reduce premature mortality and reduce co-occurring conditions</li> <li>- Review of the prevention and early intervention alternatives and acute provision of MH UEC including demand and capacity modelling to ensure seamless pathways are in place</li> </ul>	203
Dementia	<ul style="list-style-type: none"> <li>- Focused prevention programme aimed at raising awareness of the importance of good brain health across all age and reducing the risk of dementia. Utilising health inequalities data to support delivery</li> </ul>	212

## Priority 3: Improving access

Programme	Initiative	More information
Urgent & Emergency Care	<ul style="list-style-type: none"> <li>- A focus on increasing care closer to home and reducing the requirement for patients to attend EDs in order to access services</li> <li>- Evolution of simplified access for both patients and professionals (including HCP SPAs and NHS 111)</li> </ul>	119
Planned Care	<p><b>Waiting List Reduction</b></p> <ul style="list-style-type: none"> <li>- Eliminate 65 week waits by March 2024 and 52 week waits by March 2025</li> <li>- Increase patient choice: promoting the Patient Initiated Digital Mutual Aid System which allows us to offer patients the ability to more easily and proactively opt-in to move provider when they have been waiting over 40 weeks for care and meet the criteria; Promoting the use of the Elective Activity Coordination Hub (EACH) which offers choice to all planned care patients and increase number of specialties clinically triaged to optimise referral management; Expanding patient validation support by the EACH to out-of-area Providers with Lincolnshire patients</li> <li>- Increase Activity. Expanding the programme of out-patient transformation and theatre utilisation to maximise capacity and efficiencies to reduce waiting times; Maximising capacity at the recently accredited Grantham Surgical Hub using HVLC; Increase self-referral for a range of conditions to meet local and national strategies; Expanding the range of services and procedures to be delivered in the community and moved away from secondary care; Working with independent sector providers to deliver additional capacity where there are challenged specialties at our NHS providers; Expanding AQP Community Optometrist Triage Assessment and Treatment Service (COTATS) to include Independent Prescribers to support patients accessing medication at time of ophthalmology appointment rather than via a GP appointment. Incremental increase planned over next 3 years across the county</li> <li>- Scoping methodology for producing non-chronological waiting lists to ensure patients access services according to need</li> <li>- Scoping model for Women’s Health Hub for Lincolnshire to meet national strategy</li> </ul> <p><b>Outpatients</b></p> <ul style="list-style-type: none"> <li>- Making the most of Virtual Consultations and Patient Initiated Follow Ups</li> <li>- Increasing Clinic Utilisation: Implement the 6-4-2 process for booking patient slots; Expand directly bookable functionality to all major specialties and use full digital functionalities to reduce Missed Appointments</li> </ul> <p><b>High Volume Low Complexity &amp; Day Case Rates</b></p> <ul style="list-style-type: none"> <li>- ULHT theatre productivity programme: increasing day case rates, increasing theatre utilisation and improving pre-operative assessment.</li> <li>- Grantham surgical hub : the intention over the next 4 years is to increase the range of specialties and procedures that take place in the hub and to support neighbouring systems with their elective recovery; Increase day case surgery rates to ensure compliance with BADS</li> </ul>	131



## Priority 3: Improving access

Programme	Initiative	More information
Diagnosics	<ul style="list-style-type: none"> <li>- Community Diagnostics Centres: Ongoing development and implementation of the CDC facilities across the county; Continued review and interrogation of demand and activity data to ensure that diagnostic capacity is being fully utilised and flexed as appropriate to ensure the maximisation of productivity and efficiency levels in existing CDC facilities and identify locations for future CDC sites.</li> <li>- Endoscopy: development of new endoscopy and PET CT facilities</li> <li>- Electronic booking: trial of the SwiftQ booking process; implementation of the Rad Cockpit software</li> </ul>	152
Cancer	<ul style="list-style-type: none"> <li>- Improving access to Targeted Lung Health checks by end of 2026 we will have provided CT scans to 100% of the total population eligible for Lung screening, Q4 24/25 rollout to First Coastal and First Coastal Rural</li> <li>- Breast Pain clinics are held weekly, one at Lincoln- North Hykeham Health Centre and one at Boston - Boston health clinic. Plan for further clinic at Skegness pending demand. The referral numbers are steadily increasing and 84.7% of GP practises have now made at least one referral to the pathway.</li> <li>- Planning to provide four Chemotherapy Chairs at the Skegness CDC</li> <li>- Chemotherapy Treatment Bus – providing non-complex treatment to patients across Lincs</li> <li>- Gynae community clinics in around Spring/Summer 2026, once the workforce is trained</li> <li>- 81% of endometrial patients (patients with a thickness of 10mm or below) can be seen in a community clinic which in turn would free up consultant to see first appointment 2WW patients and reduce the waiting time along with many other benefits. A new community-based clinic will be delivered to support patients that don't need consultant intervention in the hospital. Locations are yet to be confirmed, but it could potentially mirror the breast pain clinics and be located in health centres in the community. The aim of the project is very clear – to reduce unnecessary referrals into the hospital by still supporting the patients and assessing their needs. This will support earlier and faster diagnosis of cancer by reducing waiting times and ensuring that consultant time is more appropriately prioritised</li> <li>- Supporting 14 community cancer support groups, 7 financial support groups and 19 other cancer wellbeing groups across the county</li> </ul>	157

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## Priority 3: Improving access

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Programme	Initiative	More information
Children & Young People	<ul style="list-style-type: none"> <li>- Diabetes: Reduce variation of care; Increase CYP utilising technology; access to psychological support services</li> <li>- Clinical Intervention in Schools Review: Providing a health offer to meet the needs of CYP with SEND in Lincolnshire's 'All Needs' special schools.</li> <li>- Asthma: Implementation of NHSE National Asthma Bundle; Access to diagnostic hubs, community spirometry &amp; FeNO testing; Increased access to training for staff; Increased access to resources for CYP &amp; families to support self-management</li> <li>- Epilepsy: Improved access to: Epilepsy Specialist Nurse; appropriate mental health and psychological support services; tertiary neurology</li> <li>- CYP Therapy Review: Develop an integrated CYP Therapy Service that provides specialist physio, SALT &amp; OT for CYP with complex physical or speech, language &amp; communication needs</li> <li>- Children's Community Nursing (CCN) Review: Develop new service model that meets best practice and offers an on-call service; direct nursing care and PEOL care to all children on the CCNS caseload</li> <li>- Palliative End of Life Care for Babies, Children &amp; Young People: 24/7 out of hours specialist clinical support/advice rota for professionals</li> <li>- Integration of assessment processes and support for CYP with SEND: Integrating EHC SEND, Independent Placements &amp; Continuing Care processes</li> </ul>	177
Mental health: Children & Young People	<ul style="list-style-type: none"> <li>- Investment in Community Specialist Mental Health to reduce waiting times in community CAMHS</li> <li>- Increased access to specialist mental health assessment and treatment for CYP presenting with Avoidant/Restrictive Food Intake Disorder</li> <li>- CYP mental health liaison in Lincoln and Boston: Increased access to 24/7 mental health crisis support and assessment</li> <li>- MHUAC all-age pathway: increased access to 24/7 mental health crisis support and assessment</li> <li>- Kooth digital online and crisis respite: Increased access for CYP to support during MH crisis</li> </ul>	195

## Priority 3: Improving access

Programme	Initiative	More information
Mental health: Adult	<ul style="list-style-type: none"> <li>- Continued development of alternative MH crisis provision</li> <li>- Holistic health for the homeless expansion</li> <li>- Continued investment into primary care roles and developing a primary care strategy to support locality mental health team provision</li> <li>- Increase workforce and improve pathways for IPS/EIP services</li> <li>- Continued growth of CRT and PACT services countywide</li> <li>- Further development of the adult eating disorder pathways including prevention and early intervention</li> <li>- Review of the prevention and early intervention alternatives and acute provision of MH UEC including demand and capacity modelling to ensure seamless pathways are in place</li> <li>- NHS111 to be the first point of contact for anyone in a mental health crisis</li> <li>- Implement a Single Virtual Contact Centre for calls to 111 and 999 and a mandated Interactive Voice Response option (SPA)</li> <li>- Expanding the MH urgent assessment provision to the east of the county</li> <li>- Introduce Cloud contact centre</li> <li>- Working with Lincolnshire Police and wider stakeholders to implement the national Right Care Right Person programme</li> <li>- Continuing to monitor the need for out of area provision and reviewing local inpatient services to improve quality and access for those needing it. Introducing additional roles to ensure therapeutic provision is available</li> <li>- Increasing workforce within NHS Talking therapies services, including supervision and long-term condition pathways, to reduce waits for first and follow up appointments, looking at digital options.</li> <li>- Improving waiting times for perinatal services and ensuring provision meets need</li> <li>- Increase capacity to meet local population demand, reduce waiting times and improve patient experience in neuropsychology, psycho-oncology, ME/Chronic Fatigue service design and development.</li> <li>- Ensuring model for dual diagnosis meets the needs of the Lincolnshire population.</li> </ul>	203

## Priority 3: Improving access

Programme	Initiative	More information
Learning Disabilities & Autism	<ul style="list-style-type: none"><li>- Physical Health Liaison pathway: provide hospital and community staff with training on the support needs of patients with LD</li><li>- The Lincolnshire Virtual Autism Hub, which will provide easily accessible community support, signposting and a level of advocacy</li><li>- Development of a Children &amp; Young People's Autism Diagnostic Pathway</li></ul>	222
Primary Care, Communities & Social Value	<ul style="list-style-type: none"><li>- Improve access to community pharmacy services in line with Pharmacy First</li><li>- Improve access to urgent same day primary appointments and planned appointments in line with national guidance and Lincolnshire ambitions</li></ul>	103

## Priority 4: Delivering integrated community care

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Programme	Initiative	More information
Primary Care, Communities & Social Value	<p>Entire portfolio which is comprised of these three programmes:</p> <ul style="list-style-type: none"> <li>- Integrating primary care: Integrating primary care and delivering access; Developing Partnerships to Support Primary Care Integration; Vaccinations</li> <li>- Integrating community partnerships: PCN Development; Integrating Care</li> <li>- Integrating Specialist Care: Ageing well – Older age; Long Term Conditions – Working age</li> </ul>	103
Children & Young People	<ul style="list-style-type: none"> <li>- An integrated care pathway for CYP Asthma</li> <li>- Develop suitable clinical intervention within schools for CYP with complex health needs in an education setting closest to a CYP's home.</li> <li>- Develop an integrated CYP Therapy Service that provides specialist physio, SALT &amp; OT for CYP with complex physical or speech, language &amp; communication needs</li> <li>- Integration of assessment processes and support for CYP with SEND: Integrating EHC SEND, Independent Placements &amp; Continuing Care processes</li> </ul>	177
Mental health: Children & Young People	<ul style="list-style-type: none"> <li>- Complex Needs Service review: Better integrated care available in the community for Lincolnshire CYP with complex presentations, who may be engaging in risk taking behaviours</li> </ul>	195
Mental health: Adult	<ul style="list-style-type: none"> <li>- Continued investment into primary care roles and developing a primary care strategy to support locality mental health team provision</li> </ul>	203
Dementia	<ul style="list-style-type: none"> <li>- Move towards a stand-alone MAS model in order to improve the dementia diagnosis rate for Lincolnshire and reduce memory assessments waits</li> </ul>	212
Medicines optimisation	<ul style="list-style-type: none"> <li>- Community Pharmacy Integration including: Discharge Medicine Service; oral contraception; Blood Pressure Check Service; Smoking Cessation Advanced service; Palliative care drug stockist scheme</li> <li>- MO integration across the system : Engagement with practices; primary/secondary care interface</li> </ul>	233

## Priority 5: A happy and valued workforce

Programme	Initiative	More information
People & Workforce	<ul style="list-style-type: none"> <li>• Work together across the system to deliver against the six high impact actions set out in the equality, diversity and inclusion improvement plan for the NHS</li> <li>• Embed a compassionate culture built on civility, respect and equal opportunity through inclusive recruitment, Just Culture, Allyship and system level networks</li> <li>• Develop and launch system-wide occupational health &amp; wellbeing services</li> <li>• Widen access of opportunities to people from all backgrounds and in underserved areas to join the NHS through apprenticeships</li> <li>• Engage with higher education institutions to support students, placement capacity and maximise accreditation of recognition of prior learning (RPL)</li> <li>• Adopt new recruitment practices and systems in line with the national overhaul</li> <li>• Embed strategic workforce planning through enhanced systems &amp; processes</li> <li>• Increase placement capacity &amp; experience to support increased training places</li> <li>• Develop multi-professional, system-based rotational clinical placement models</li> <li>• Agree the system level Leadership Development &amp; Talent framework</li> <li>• Fully embed digital technology in training pathways</li> <li>• Continue to embed the People Promise elements to enhance staff experience</li> <li>• Agree and publish a consistent system-wide benefits offer</li> <li>• Continue to focus on flexible working as a means of retaining our staff</li> <li>• Work with specific staff groups/network through pilot projects</li> <li>• Continue to strengthen our pastoral care for international recruits</li> </ul>	265



## Priority 5: A happy and valued workforce

Programme	Initiative	More information
Personalisation	<ul style="list-style-type: none"> <li>By April 2026, All relevant staff working on the agreed pathway development have completed appropriate personalisation training as part of their induction/mandatory training</li> <li>By April 2028 Personalisation is included in the values-based recruitment policy for all statutory organisations and is a key part of the selection process as well as appraisal process/supervision processes</li> <li>By April 2028 there is a clear strategy in place to embed personalisation in workforce development at every level (training, degree, post grad, CPD etc)</li> <li>By April 2028 all local policies and procedures reflect how personalisation and strength-based approaches are embedded in service delivery and the organisations core values.</li> </ul>	65
Primary Care Communities & Social Value	<ul style="list-style-type: none"> <li>Deliver the Primary Care People Plan</li> </ul>	103
Maternity	<ul style="list-style-type: none"> <li>Supporting our workforce to develop their skills &amp; capacity to provide high-quality care</li> </ul>	171
Medicines Optimisation	<ul style="list-style-type: none"> <li>Pharmacy workforce development – focus on: marketing and attraction; recruitment; training and placements; career mapping</li> </ul>	233

# Section 1: Introduction

Page 120

- The national requirement and the Lincolnshire approach
- How it was developed – key drivers
- Where it fits with our strategic vision for health and care

## The national requirement

- The National Health Service Act 2006 (as amended by the Health and Care Act 2022) requires Integrated Care Boards (ICBs) and their partner trusts to prepare their Joint Forward Plan (JFP) before the start of each financial year.
- Systems have significant flexibility to determine their scope as well as how it is developed and structured. Legal responsibility for developing the JFP lies with the ICB and its partner trusts. As a minimum, the JFP should describe how the ICB and its partner trusts intend to arrange and/or provide NHS services to meet their population's physical and mental health needs. This should include the delivery of universal NHS commitments, address ICSs' four core purposes and meet legal requirements

## The Lincolnshire approach

Rather than cover all the national requirements in as single document, the Lincolnshire NHS agreed to develop separate documents, which are tailored to the target audiences:

- ▶ **NHS Lincolnshire Joint Forward Plan 2023 – 2028** [published June 2023]
  - a relatively concise public-facing document, which is easy to read and understand
  - articulating our new strategy for the NHS in Lincolnshire, co-produced with people and communities

This is underpinned by a number of more technical documents which are primarily targeting health and care staff but will still be publicly available:

- ▶ **Allocation of Duties and Responsibilities** [first published June 2023]
  - outlining how the legal duties and responsibilities of the ICB and NHS partner Trusts in Lincolnshire are exercised. This will be updated annually.

- ▶ **JFP Delivery Plan** [this document]
  - collating the delivery plans for the system service transformation and enabler programmes; the development of these will also be informed by further engagement with people and communities
  - Providing further details on how the five JFP priorities will be delivered

- ▶ **Activity, Workforce and Finance Plans**
  - Rolling, five-year projections (detail for Years 1 & 2; estimates for Years 3-5) that reflect the programme delivery plans as far as possible

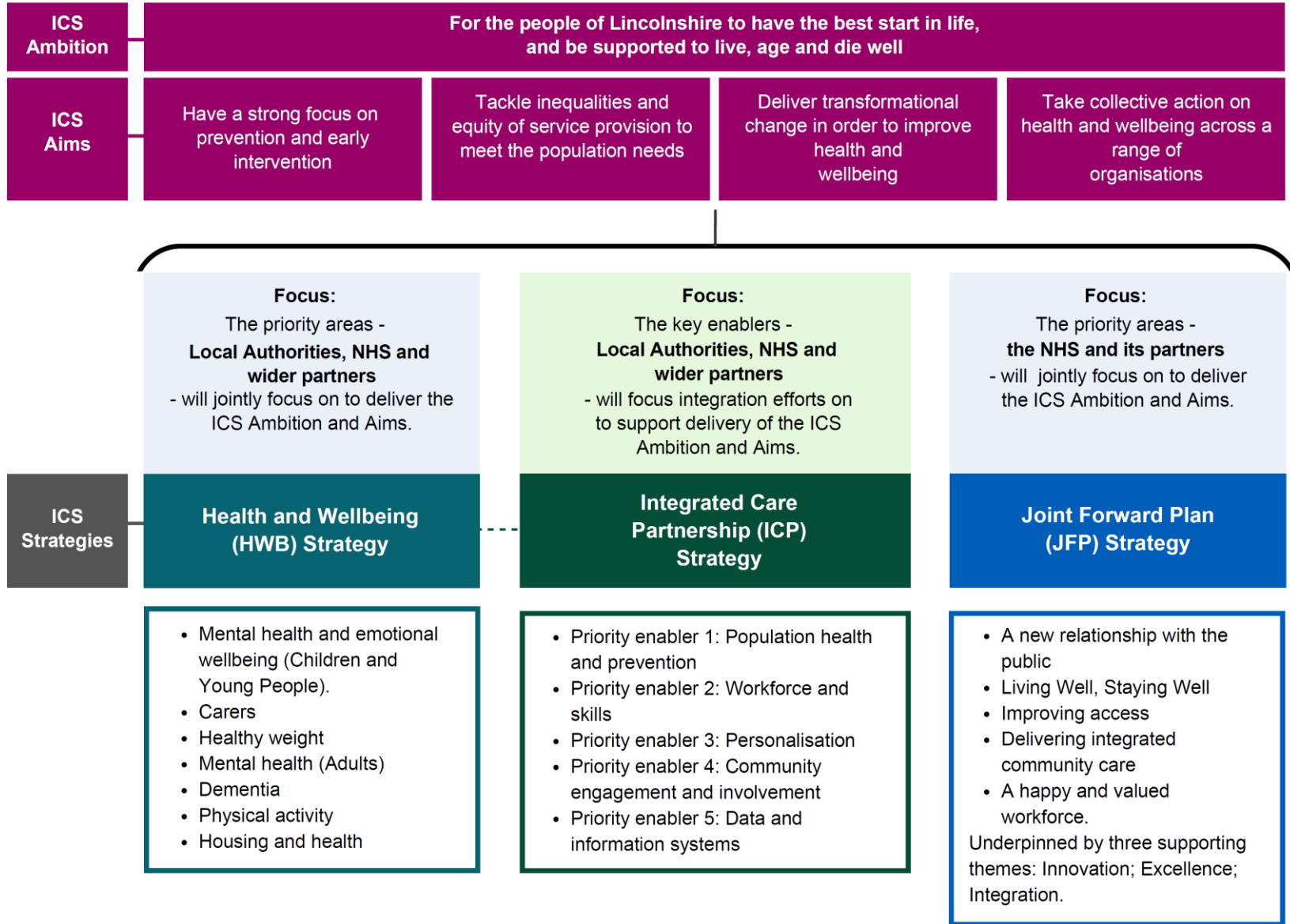
## Key drivers

The key drivers informing the development of this plan have been

- Population insight: understanding the needs, causes, outcomes and disparities of our populations through analysis of population and public health data, along with patient and citizen feedback
- Current status of local services: service sustainability, efficacy and efficiency, including analysis of performance and benchmarking data
- System strategy: Health & Wellbeing Strategy, Integrated Care Strategy and the NHS Lincolnshire strategy
- National priorities, objectives & targets e.g. urgent and emergency care, primary care access, and elective and cancer care recovery plans

These programme delivery plans will continue to be evolved in response to national policy (e.g. Major Conditions Strategy) and local developments (e.g. development of Community Primary Partnerships).

# Where the JFP fits with our strategic vision for health and care Lincolnshire



Five themes across the three strategies

Personalisation and a new relationship with the public

Population health and Prevention

Integrating community care for major conditions

A happy, valued and supported workforce

Maximising the use of data and digital technology

# Our five cross-cutting strategic themes

## Personalisation and a new relationship with the public

At the heart of the Better Lives Lincolnshire strategy is the recognition that we need to establish a new relationship with the public.

Together with the people of Lincolnshire, we want to build a shared view and agreement on what the best wellbeing, care and health for Lincolnshire looks like.

This strategic theme has five key elements:

- Creating a shared agreement.
- Supporting shared decision making
- Developing and designing services together
- Working with people and their families to manage their own health and wellbeing
- Supporting people to feel connected and engaged in their local communities

## Population health and Prevention

Population health and prevention is the 'golden thread' that runs through our strategies and underpins its focus on improving health and wellbeing and tackling inequity.

Addressing the wider determinants of health will help improve overall health by helping to improve the conditions into which people are born, live and work. Addressing these determinants throughout the life course allows us to consider the critical stages, transitions, and settings where large differences can be made in promoting or restoring health and wellbeing.

People have different needs at different points in their lives and we have specific ambitions relating to each life stage: Preconception, infancy and early years (0-5); Childhood and adolescence (5-19); Working age (16-64); Ageing well

## Integrating community care for major conditions

*Integrating primary care:* delivering timely access to primary care – general practice, pharmacy, dental, optometry – today, while designing a sustainable future.

*Integrating Specialist Care:* delivering improved health outcomes, reduced health inequalities and reduced disease progression, enabling people to live well and die well. Implementing new models of care, via a one team approach, transcending organisational boundaries; adopting a more proactive and holistic approach informed by individual wishes and need; Focussing on prevention, early identification and diagnosis; Delivering both timely, urgent care & long-term ongoing care

*Integrating community partnerships,* developed around PCN footprints; supporting their ongoing evolution to provide person-centred care, delivered by multi-disciplinary & multi-agency teams, for local communities, reflecting population need

## A happy, valued and supported workforce

We truly appreciate our people and everything they do. We also appreciate the link between an engaged, happy workforce who feel valued and the quality and efficiency of the care they are able to deliver.

Having the right workforce in the right place at the right time allows our services to meet the healthcare needs of people locally.

To continue to do this we need a constant flow of talented people from our communities into the organisations. We also need to provide good opportunities for training and development to encourage them to stay in Lincolnshire rather than move elsewhere.

To develop our workforce in Lincolnshire we will:

- Value our people
- Grow our people
- Develop our people
- Retain our people.

## Maximising the use of data and digital technology

As the NHS faces unprecedented challenges, data, digital technology will be at the heart of how we transform health services for the benefit of citizens, patients and NHS staff.

There is significant potential for the transformation of health and social care through better widespread use of digital technologies. This includes a growing role for technology in supporting people to monitor and manage their own health and wellbeing and also enhancing people's experience of accessing services.

New and more integrated ways of providing care will require local health and care professionals to act and behave in different ways. This will include working with local people, carers and their families so they are more empowered to set their own care goals and manage their own wellbeing, being part of a multi-disciplinary team and delivering more responsive and proactive care.

# Our planning aims, approach, principles & priorities

## Our Planning Aims

### Maximising the use of our collective resources

#### Better Care

Improving patient outcomes: patient experience; patient safety; clinical effectiveness

#### Better Health

Improving the health of the Lincolnshire population – tackling the burden of disease & health inequalities

#### Better Value

Reducing the per capita cost of healthcare: reducing avoidable activity; eliminating waste

## Our Planning Approach

### Expert-led; intelligence-driven; year-round

#### Diagnosing & Prioritising

Analysing citizen feedback, public health, PHM & performance data

#### Defining & designing

Exploring and testing desirability, viability & feasibility

#### Planning the change

Developing the blueprint for implementation

#### Managing implementation

Executing plans to move to future state

#### Evaluating & Refining

Change is refined/embedded/spread/stopped

## Our Improvement Priorities

### Integration; Excellence; Innovation

#### Stop

avoidable illness & intervene early

#### Shift

to digital and community

Share the best

#### Strengthen

the hands of the people we serve

#### Support

our partners



# Section 2: Our population

Page 125

- a) An overview of the health and wellbeing of Lincolnshire's population: headlines from the Joint Strategic Needs Assessment (March 2023)
- b) Our target populations from a health inequalities perspective
- c) Getting a deeper understanding of: the population's differing health needs, preferences and risks; the inequalities that exist within the county

# Size

Lincolnshire's population is  
**768,364**  
 (Census 2021)



**129**  
 people per km<sup>2</sup>  
 (Census, 2021)



**9.5%**  
 Population projection by 2040  
 (ONS, 2018)



**6,559**  
 Births recorded  
 (ONS, 2021)



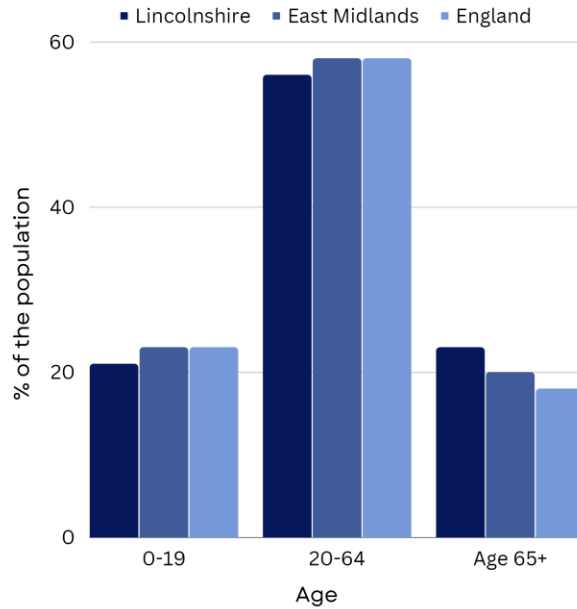
**9,128**  
 Deaths recorded  
 (ONS, 2021)



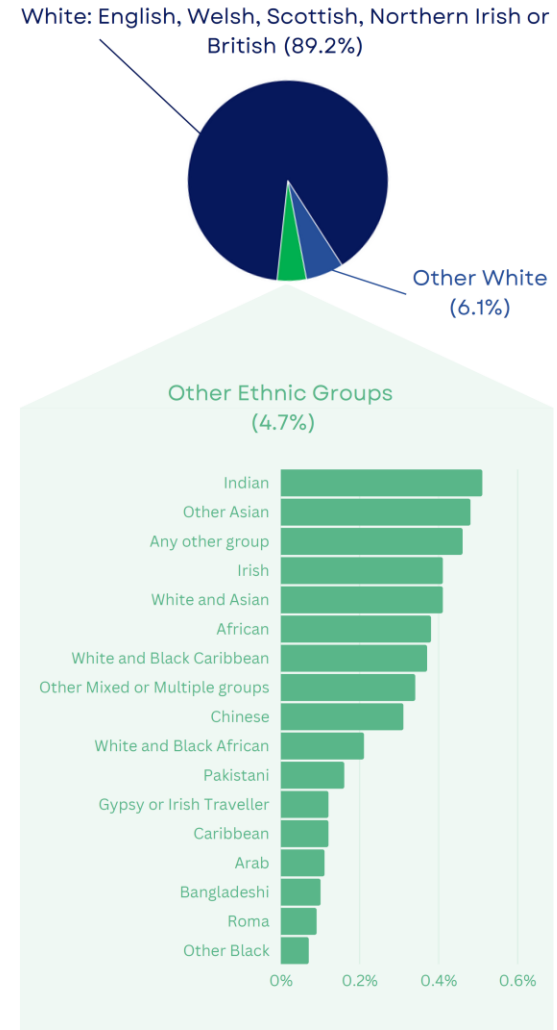
**813,119**  
 Patients are registered with a  
 GP practice in Lincolnshire  
 (NHS England, Feb 2023)

# Demographics

**Age**  
 (Census 2021)



**Ethnicity**  
 (Census 2021)



**Sex**  
 (Census 2021)



# Characteristics



19.1% have a disability  
 (26.8% of households)



304,863 people are  
 married or in a civil  
 partnership



2.7% identify as lesbian,  
 gay, bisexual, pansexual  
 or queer



14,921 (1.9%) follow a  
 religion other than  
 Christianity



8.71% use a main  
 language which is not  
 English

(Census 2021).

# Life Expectancy

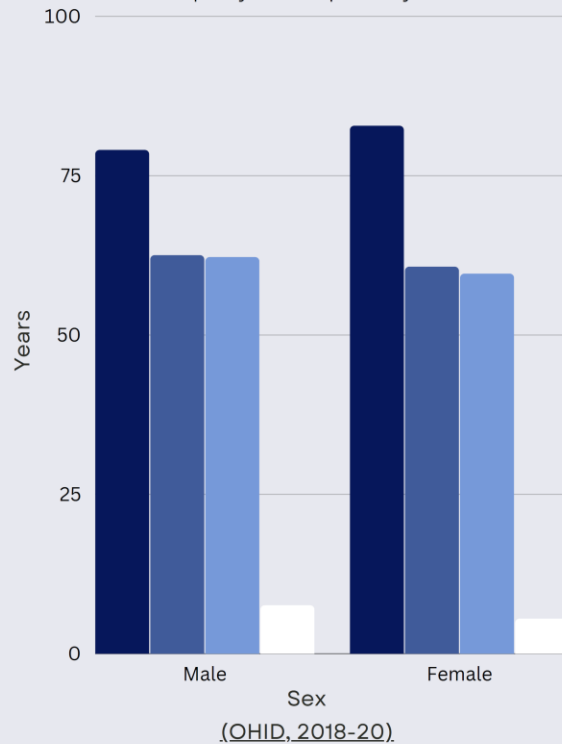


Females live **4.5 years** longer than males (ONS, 2021)



Males live **2.6 more years** disability free than females (ONS, 2018-20)

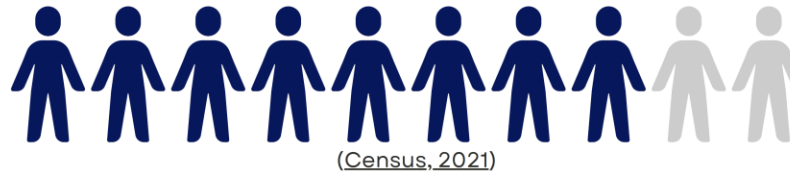
- Life expectancy at birth
- Healthy life expectancy at birth
- Disability free life expectancy at birth
- Inequality in life expectancy at birth



# Health Outcomes

**79.3%**

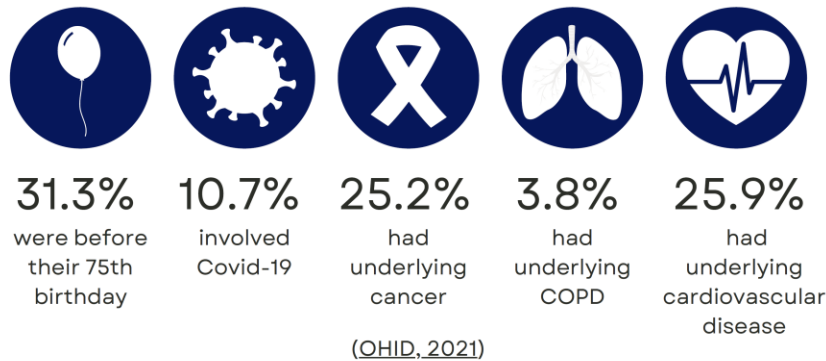
of residents report being in good or very good health



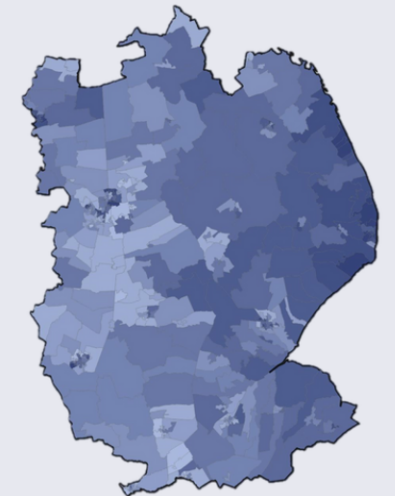
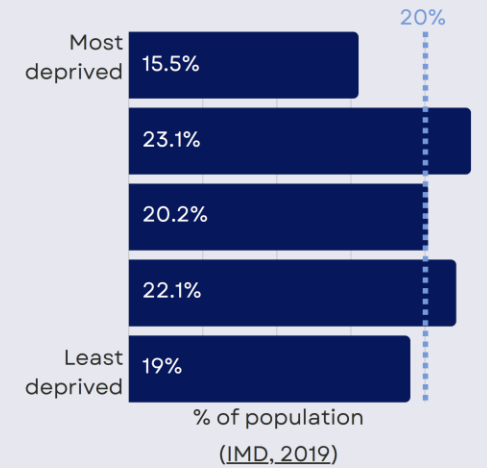
The top 5 conditions amongst patients registered with GP practices in Lincolnshire are:



Of 9,128 deaths in Lincolnshire in 2021;



# Deprivation



Most deprived   Least deprived

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# Population



21% of Lincolnshire's population are aged 0-19 years (161,200 people) (Census 2021)

2% Population projection by 2040 (ONS, 2018)

6,559 Births recorded (ONS, 2021)



18.1%

of mothers smoke in early pregnancy (MSDA, 2018-19)



66.4%

of babies' first feed was breastmilk (MSDS, 2020-21)



3.2 per 1,000

rate of deaths in infants aged under 1 year (ONS, 2019-21)



15.4%

of children live in income deprived families (OHID, 2020-21)

0-5 years

5-11 years



3.1%

of school pupils have a social, emotional or mental health need (DfE, 2021-22)



38.3%

of year 6 pupils are overweight or obese (NCMP, 2021-22)



64.1%

of children achieve a good level of development at the end of reception (DfE, 2021-22)



23.9%

of reception aged pupils are overweight or obese (NCMP, 2021-22)



25.5%

of 5 year olds have visible dental decay (OHID, 2018-19)

11-18 years



78.5 per 10,000

hospital admissions for unintentional and deliberate injury amongst 0-14 year olds (OHID, 2021-22)



47

is the average achievement across 8 qualifications (Attainment 8 score) (DfE, 2021-22)



5.4%

of 16-17 year olds are not in education, employment or training (DfE, 2021)



14.1 per 1,000

young women under 18 became pregnant (ONS, 2020)

# Disease burden

The top causes of years lived with disability for children & young people in Lincolnshire are:

- 1 Dermatitis
- 2 Headache disorder
- 3 Anxiety
- 4 Asthma
- 5 Depressive disorders

(GBD, 2019)

# Population



56% of Lincolnshire's population are aged 20-64 years (426, 800 people) (Census 2021)

-0.67% Population projection by 2040 (ONS, 2018)

# Health behaviours



15.4%

of adults currently smoke (GPPS, 2020-21)



67.6%

of adults are overweight or obese (OHID, 2020-21)



62.9%

of adults are physically active (OHID, 2020-21)



20.4%

of adults drink over 14 units of alcohol a week (Health Survey for Eng, 2015-18)

# Health outcomes



179.1 per 100,000

mortality rate from causes considered preventable amongst under 75s (ONS, 2021)



15.8%

of adults have a common mental health disorder (APMS, 2017)

# Wider determinants



23.9%

of 16-64 year olds are economically inactive (ONS, 2021-22)



25.6%

have a level 4 qualification or above (Census, 2021)



14.2%

of households are experiencing fuel poverty (BEIS, 2020)



13.3%

of residents live in social rented properties (Census, 2021)

# Disease burden

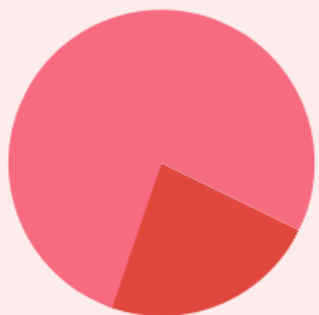
The top causes of years lived with disability for adults in Lincolnshire are:

- 1 Low back pain
- 2 Depressive disorders
- 3 Headache disorders
- 4 Diabetes
- 5 Neck pain

(GBD, 2019)



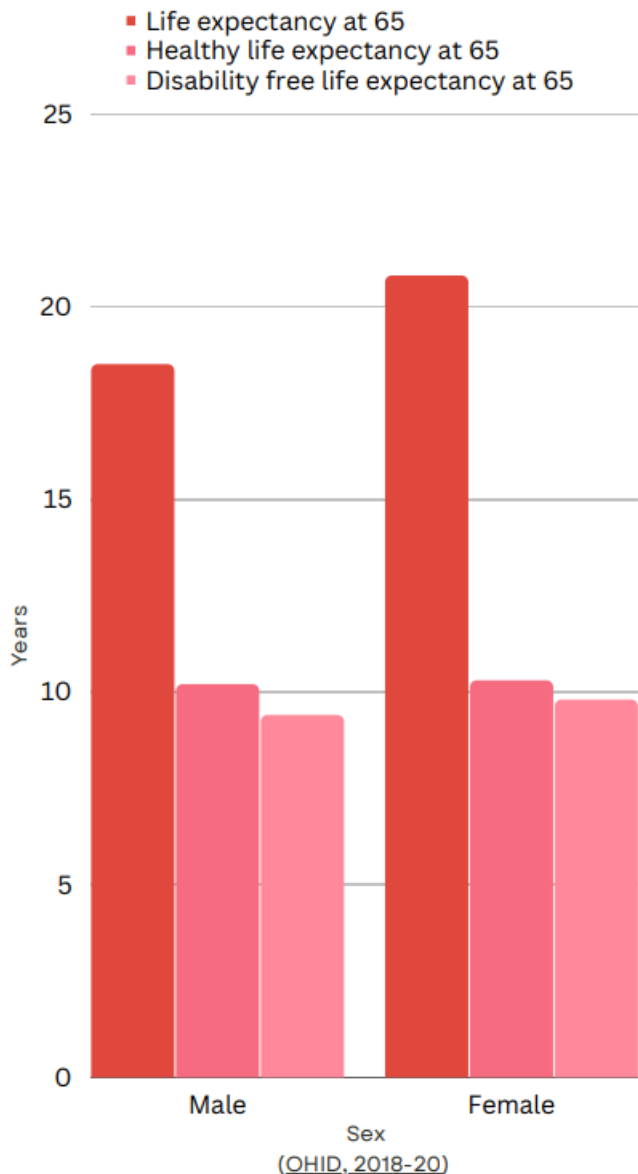
# Population



**23%**  
of Lincolnshire's population are aged 65 years or over (179,805 people) (Census 2021)

**40%**  
Population projection by 2040 (ONS, 2018)

# Life expectancy



**19.1%**  
of people are disabled under the Equality Act 2010 (Census, 2021)



**3.2%**  
of people provide 50+ hours of unpaid care (Census, 2021)



**1,712 per 100,000**  
hospital admissions due to falls in people aged 65+ (HES, 2021-22)



**46.2%**  
of social care users, aged 65+, have as much social contact as they would like (ASCOF, 2021-22)



**14.4%**  
of those aged 66+ live alone (Census, 2021)



**15.5%**  
extra deaths from all causes occur in the winter (ONS, Aug 2019-Jul 2020)



**3.95%**  
of patients aged 65+ have dementia (NHS Digital, 2020)



**526 per 100,000**  
adults aged 65+ are permanently admitted to residential and nursing homes (ASCOF, 2021-22)

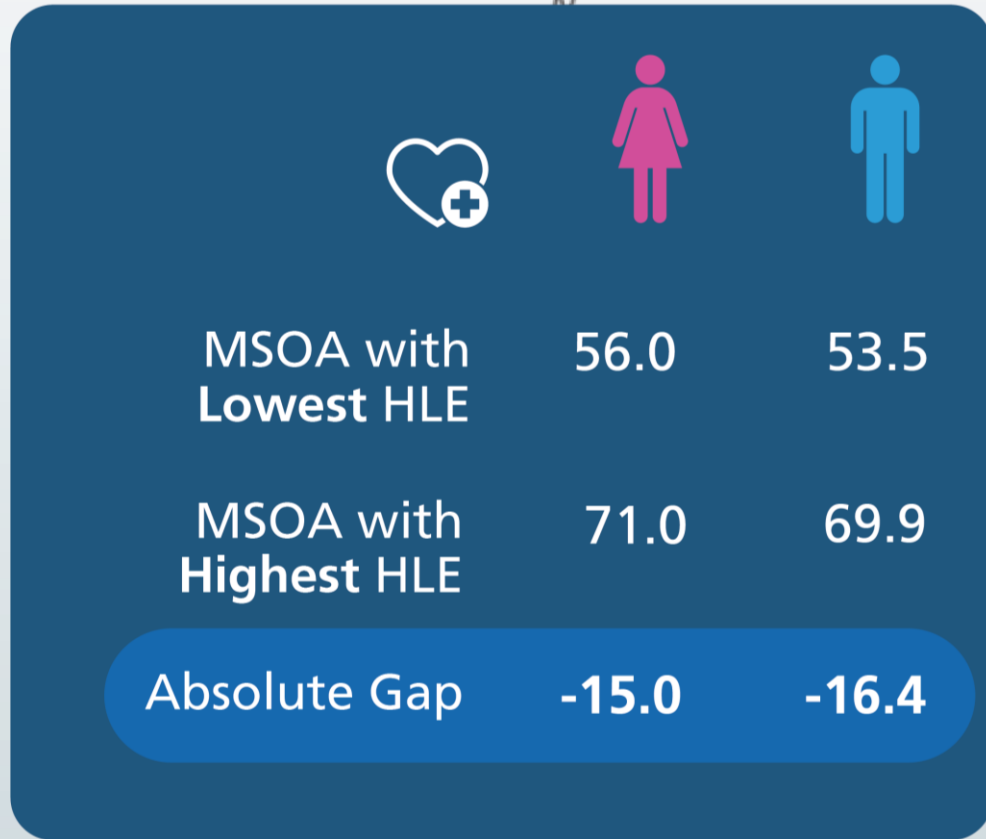
# Disease burden

The top causes of years lived with disability for older adults in Lincolnshire are:

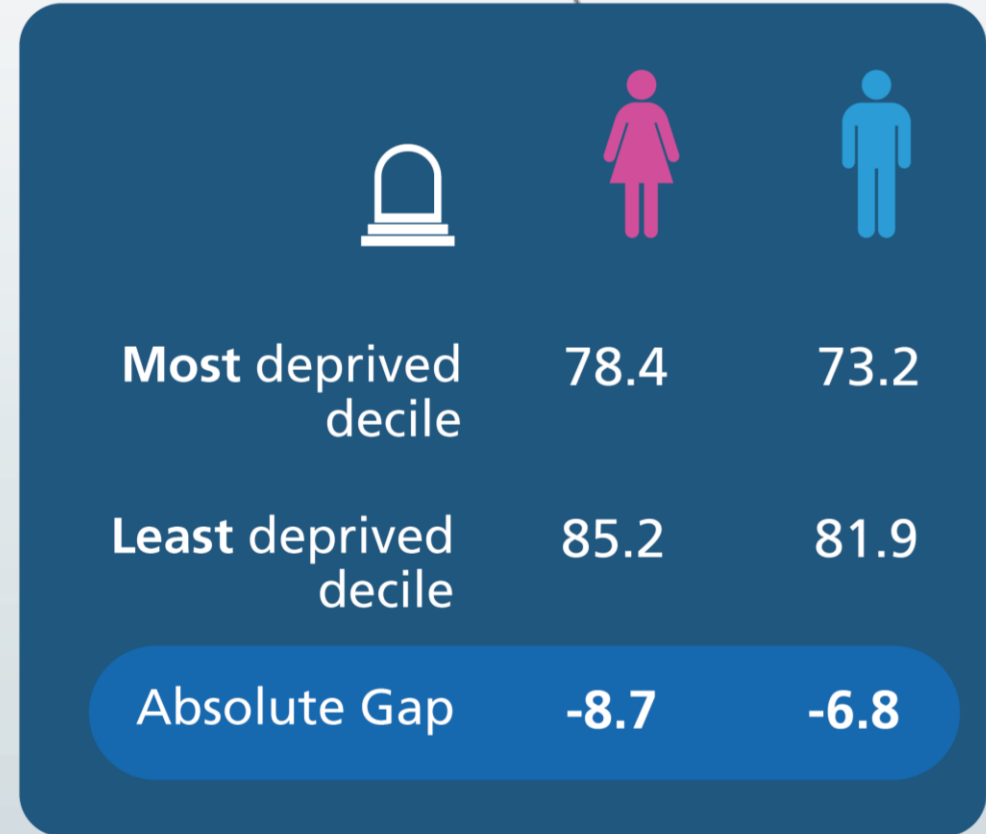
- 1** Low back pain
  - 2** Diabetes
  - 3** Age related hearing loss
  - 4** COPD
  - 5** Osteoarthritis
- (GBD, 2019)



### HEALTHY LIFE EXPECTANCY (YEARS)



### LIFE EXPECTANCY (YEARS)





## REDUCING HEALTHCARE INEQUALITIES

**CORE20**  
The most deprived 20% of the national population as identified by the Index of Multiple Deprivation



o 110,000 people in Lincolnshire

The Core20PLUS5 approach is designed to support Integrated Care Systems to drive targeted action in healthcare inequalities improvement

**PLUS**  
ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups

Target population

# CORE20 PLUS 5

- o Coastal communities
- o Rural communities
- o Farming communities
- o Temp. residents, Gypsy, Roma & Travellers (c.1600)
- o People experiencing homelessness
- o Military personnel (7,700), families & veterans (37,700)
- o Carers (70,387 unpaid)
- o Ethnic minorities (83,000 - 10.8%; Any other white background 49,000 - 6.3%)

Key clinical areas of health inequalities



**MATERNITY**  
ensuring continuity of care for women from Black, Asian and minority ethnic communities and from the most deprived groups



**SEVERE MENTAL ILLNESS (SMI)**  
ensure annual Physical Health Checks for people with SMI to at least, nationally set targets



**CHRONIC RESPIRATORY DISEASE**  
a clear focus on Chronic Obstructive Pulmonary Disease (COPD), driving up uptake of Covid, Flu and Pneumonia vaccines to reduce infective exacerbations and emergency hospital admissions due to those exacerbations



**EARLY CANCER DIAGNOSIS**  
75% of cases diagnosed at stage 1 or 2 by 2028



**HYPERTENSION CASE-FINDING**  
and optimal management and lipid optimal management



**SMOKING CESSATION**  
positively impacts all 5 key clinical areas



## REDUCING HEALTHCARE INEQUALITIES FOR CHILDREN AND YOUNG PEOPLE

**CORE20**  
The most deprived 20% of the national population as identified by the Index of Multiple Deprivation



The Core20PLUS5 approach is designed to support Integrated Care Systems to drive targeted action in healthcare inequalities improvement

Target population

# CORE20 PLUS 5

**PLUS**  
ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups

- Children in care
- Care leavers
- Those in the justice system
- Those not in education
- Children open to social care
- Learning Disabilities, Autism & SEND
- Young Carers
- Ethnic minorities

Key clinical areas of health inequalities

1



**ASTHMA**  
Address over reliance on reliever medications and decrease the number of asthma attacks

2



**DIABETES**  
Increase access to Real-time Continuous Glucose Monitors and insulin pumps in the most deprived quintiles and from ethnic minority backgrounds & increase proportion of children and young people with Type 2 diabetes receiving annual health checks

3



**EPILEPSY**  
Increase access to epilepsy specialist nurses and ensure access in the first year of care for those with a learning disability or autism

4



**ORAL HEALTH**  
Address the backlog for tooth extractions in hospital for under 10s

5



**MENTAL HEALTH**  
Improve access rates to children and young people's mental health services for 0-17 year olds, for certain ethnic groups, age, gender and deprivation

# Lincolnshire Population Segmentation Model | Introduction

In population health management, a population segmentation model is used to categorise a large population into distinct groups or segments based on specific shared characteristics or health-related factors. The purpose of using a population segmentation model is to gain a deeper understanding of the population's health needs, preferences, and risks, and to tailor interventions and strategies accordingly. Critical purposes of using a population segmentation model in population health management include:

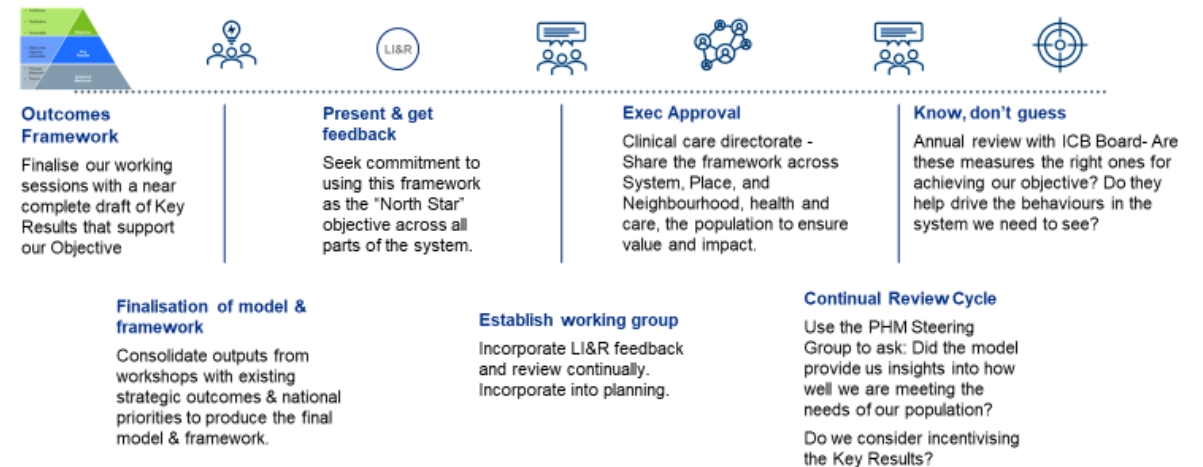
- 1. Targeted Interventions:** Population segmentation helps identify subgroups within the population that have similar health characteristics or needs. By understanding the unique characteristics of each segment, organizations can design targeted interventions and programs to address specific health issues faced by each group. This approach increases the effectiveness of interventions by focusing on the needs of each segment.
- 2. Resource Allocation:** With limited resources available, population segmentation helps prioritise resource allocation based on the identified health needs of different segments. By understanding the prevalence and severity of health conditions within each segment, healthcare systems can allocate resources strategically to provide optimal care and support where it is most needed.
- 3. Risk Stratification:** Population segmentation enables risk stratification, which involves identifying individuals or subgroups at higher risk of developing certain health conditions or experiencing poor health outcomes. By categorising the population into risk tiers, healthcare organizations can proactively intervene and provide preventive care to individuals at higher risk, potentially reducing future healthcare costs and improving overall health outcomes.
- 4. Health and Care Planning:** Population segmentation models inform healthcare planning by providing valuable insights into the health status, utilisation patterns, and needs of different population segments. This information helps in forecasting future healthcare demands, designing appropriate healthcare delivery models, and developing targeted health promotion campaigns.
- 5. Evaluation and Monitoring:** Population segmentation allows for better evaluation and monitoring of improvement initiatives. By comparing outcomes and health indicators across different segments, the system can assess the effectiveness of interventions and make data-driven decisions to refine and improve their population health management strategies.

Overall, the purpose of using a population segmentation model is to identify and understand the diverse needs of different population segments, enabling healthcare organisations to deliver targeted, efficient, and effective interventions and ultimately improving health outcomes for the entire population.

## Design of The Lincolnshire SSM

The Lincolnshire SSM has been co-designed by a cross-system group of subject matter experts over a number of months, working to a directive and ambition from a system-wide Executive Leadership group.

The Lincolnshire SSM is an MECE model, this is a Mutually Exclusive Collectively Exhaustive model used to group data into categories that follow two specific rules: Mutually Exclusive – An item (or individual) can only be in one category at a time; and Collectively Exhaustive – All items (or individuals) must be included in one category. The MECE method is an analytics standard and makes it easier to analyse and derive useful conclusions, in this case on the focus of attention and resources across population need in relation to health and care.





## The Lincolnshire Strategic Segmentation Model & the Joint Forward Plan

Currently in Lincolnshire we predominantly arrange ourselves around those parts of the system that are under pressure, and which require specific attention, such as UEC, or planned care, with a few notable exceptions such as the recent Frailty initiative. A system focus can be incredibly useful for making short term or rapid change to efficiency, productivity or quality of processes or pathways.

However, it is very difficult for direct care or clinical pathway stakeholders to make meaningful upstream change outside of their area of accountability or remit. Without upstream impact - prevention, early intervention, system transformation across organisations, workforces, contracts and resources – we cannot make any longer-term improvement to the cause of our pressures. Taking this traditional approach, we cannot switch from an organisation, system or disease pathway focus to a population health outcomes focus; or from a system designed to treat ill-health to one also designed to proactively prevent ill-health and intervene in the wider determinants of health.

Together the system planning approach and SSM present a huge opportunity for the Lincolnshire ICS to think differently about how we meet the challenges within our system whilst, and by, concentrating on the outcomes for our population.

We need to consider whether the current governance structures that we have in place meet the needs of each of our population segments and whether accountability for the outcomes for those segments is sitting with the right groups or individuals (or in some cases, with anyone at all). It is likely that we will need to rearrange some of our governance structures across the ICS to be able to respond effectively and make longer term improvements which focus proactively on population outcomes and the causes of ill health and system pressures, rather than reactively on the implications of that ill-health.

## Adoption and Use

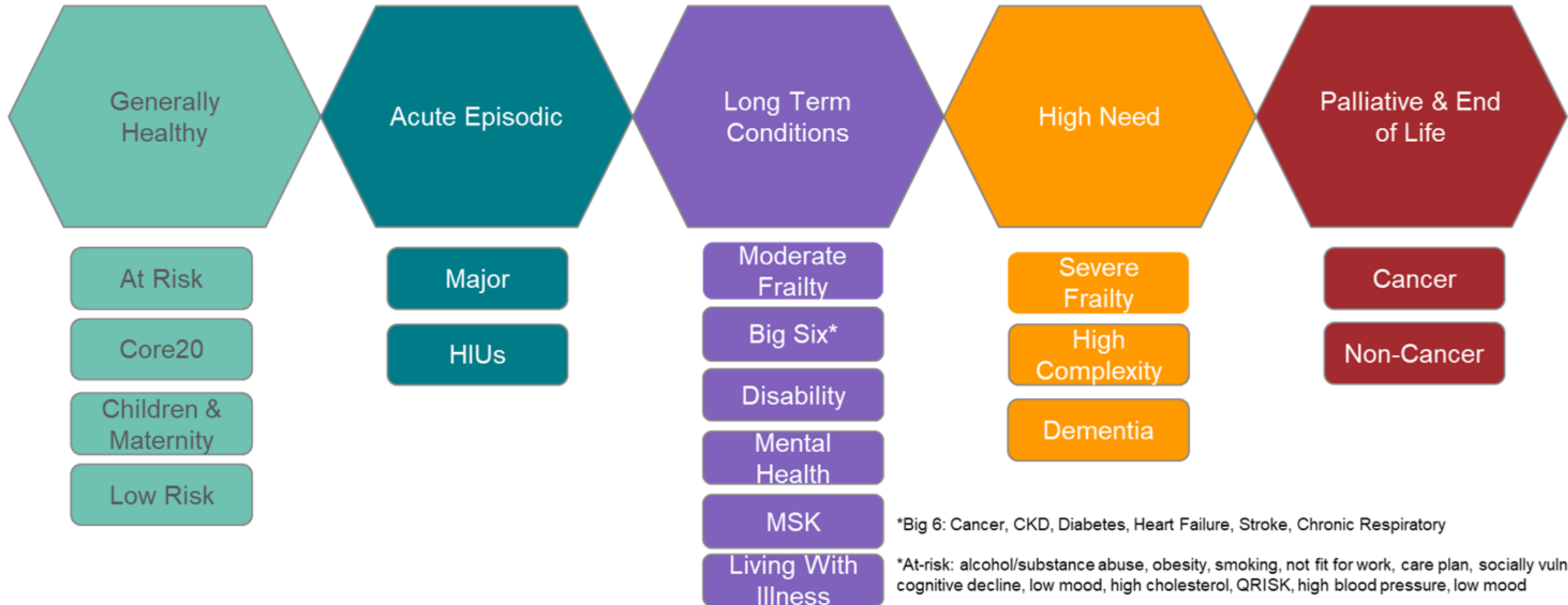
To gain maximum benefit for our local people from taking a consistent PHM approach in Lincolnshire and utilising a segmentation model to identify opportunity for improvement and monitor impact, it is recognised that an incremental approach to adoption will be required.

This model will not be able to be successful in isolation and therefore requires recognition and adoption by all partner organisations and to form part of the core infrastructure of the ICS. The plan for this will need to be codesigned throughout 23/24 with key partners such as the Clinical & Care Directorate, Strategy & Planning Directorates and other system stakeholders.

Approval of the *concept* of this segmentation model has been sought and received from all organisational boards and the ICS Clinical & Care Directorate. Detailed planning for implementation and adoption will continue into 2024/25, This is complex and needs to take account of: NHS England's operating model, regulatory factors/requirements and evolving system discussions regarding functions, roles and accountability.

In the meantime, we will continue to signal our system intent to use this approach, with specific areas of work e.g. framing the stocktake of population healthcare needs with the five segments; mapping service lines and system transformation programmes to the segmentation model; starting to analyse and report against these segments.

# Lincolnshire Segmentation Model | Summary View



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\*Big 6: Cancer, CKD, Diabetes, Heart Failure, Stroke, Chronic Respiratory

\*At-risk: alcohol/substance abuse, obesity, smoking, not fit for work, care plan, socially vulnerable, cognitive decline, low mood, high cholesterol, QRISK, high blood pressure, low mood

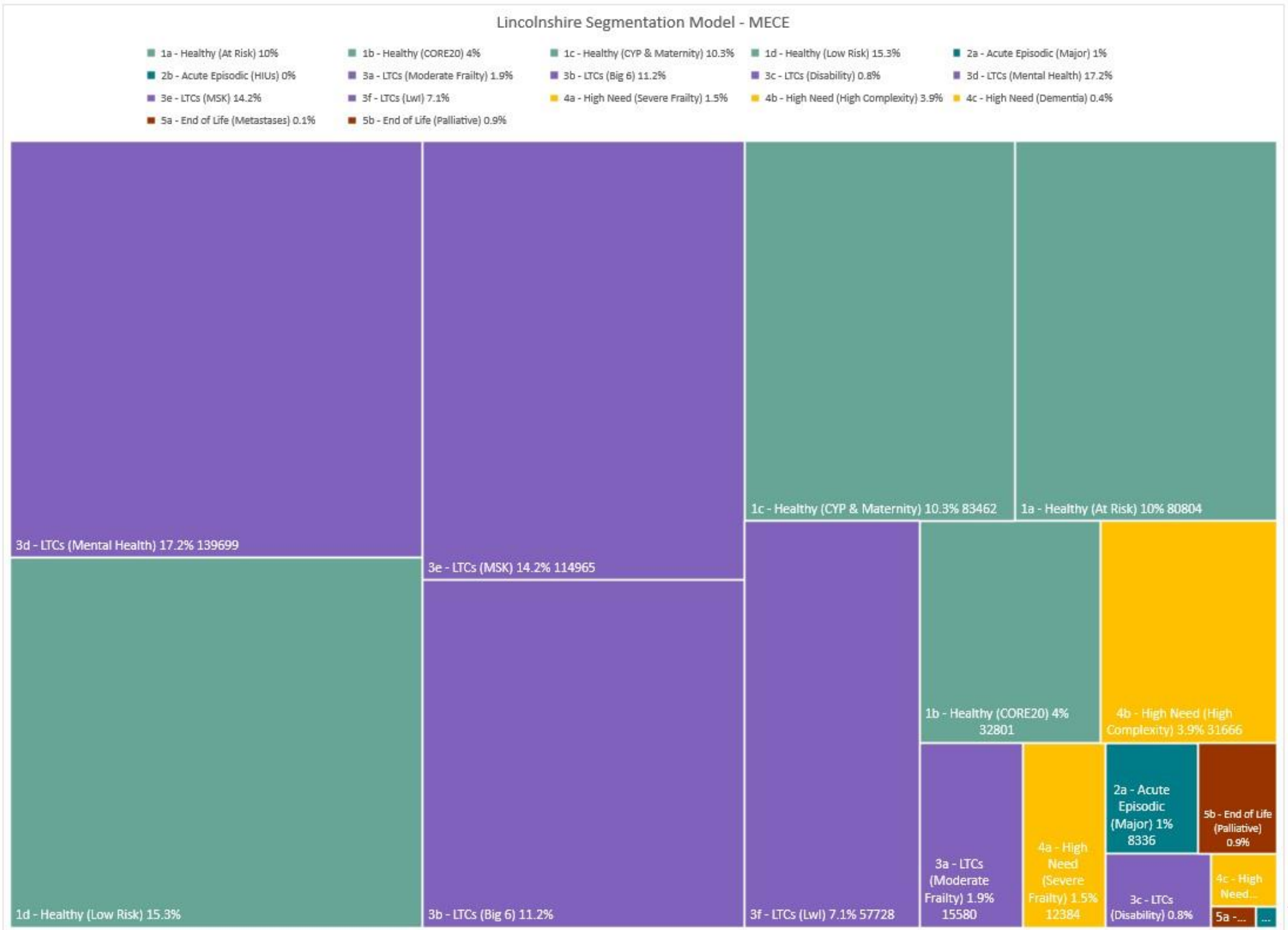
\*MSK: admission, outpatient attendance, or is on a waiting list, for one of the following specialties - Trauma and Orthopaedics, Rheumatology, Physiotherapy Service. We have also looked in the primary care dataset to look for any complaints of musculoskeletal pain, history of MSK issues or and referrals to a MSK Service.

\*Mental Health: depression, anxiety, serious mental illness (e.g. bipolar & schizophrenia)

\*Frailty: as defined by Electronic Frailty Index (eFI), these segments are defined by a high number of frailty deficits



# Lincolnshire Segmentation Model – Cohort sizes

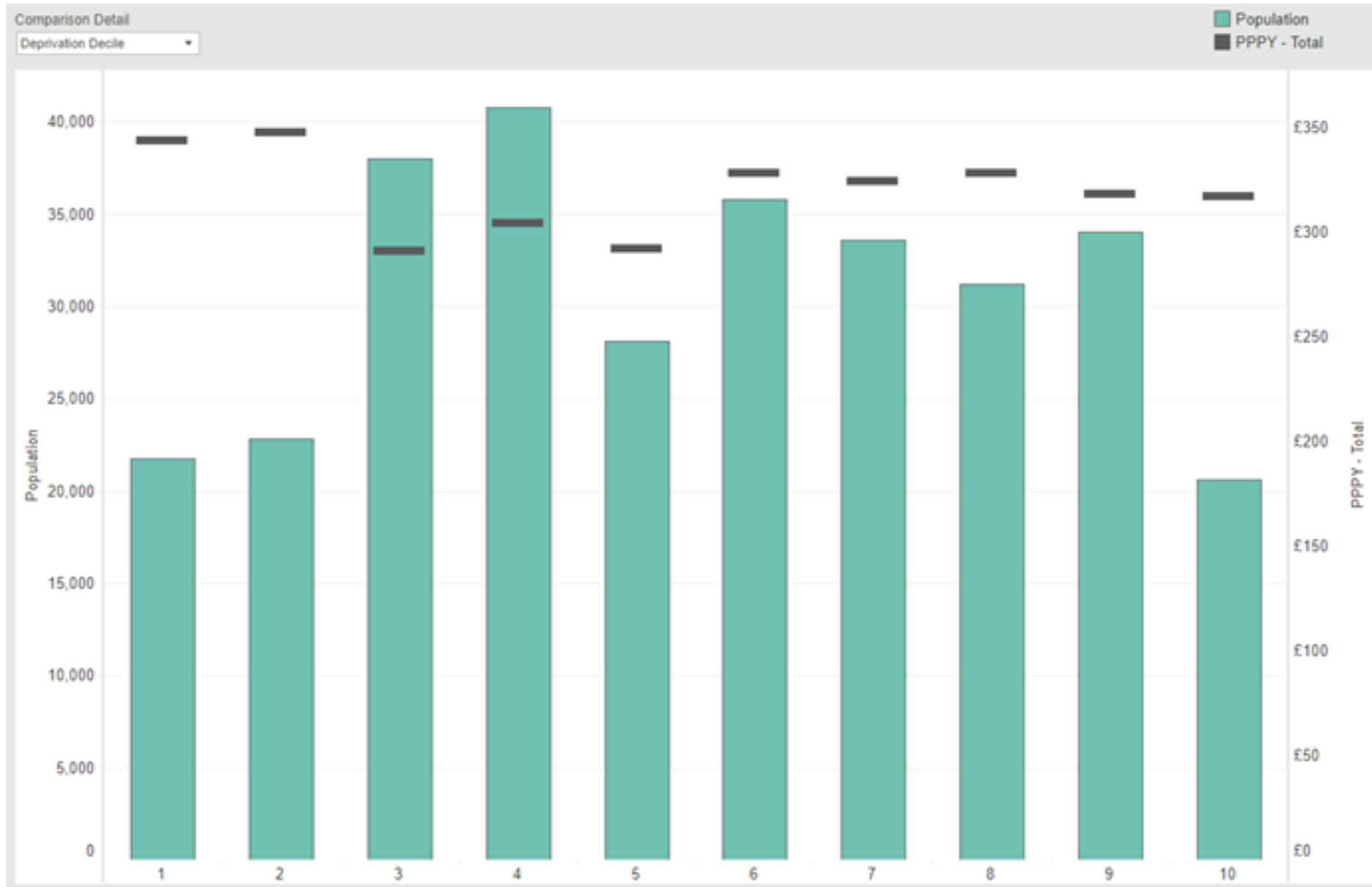


# Segments by Spend and decile of multiple deprivation

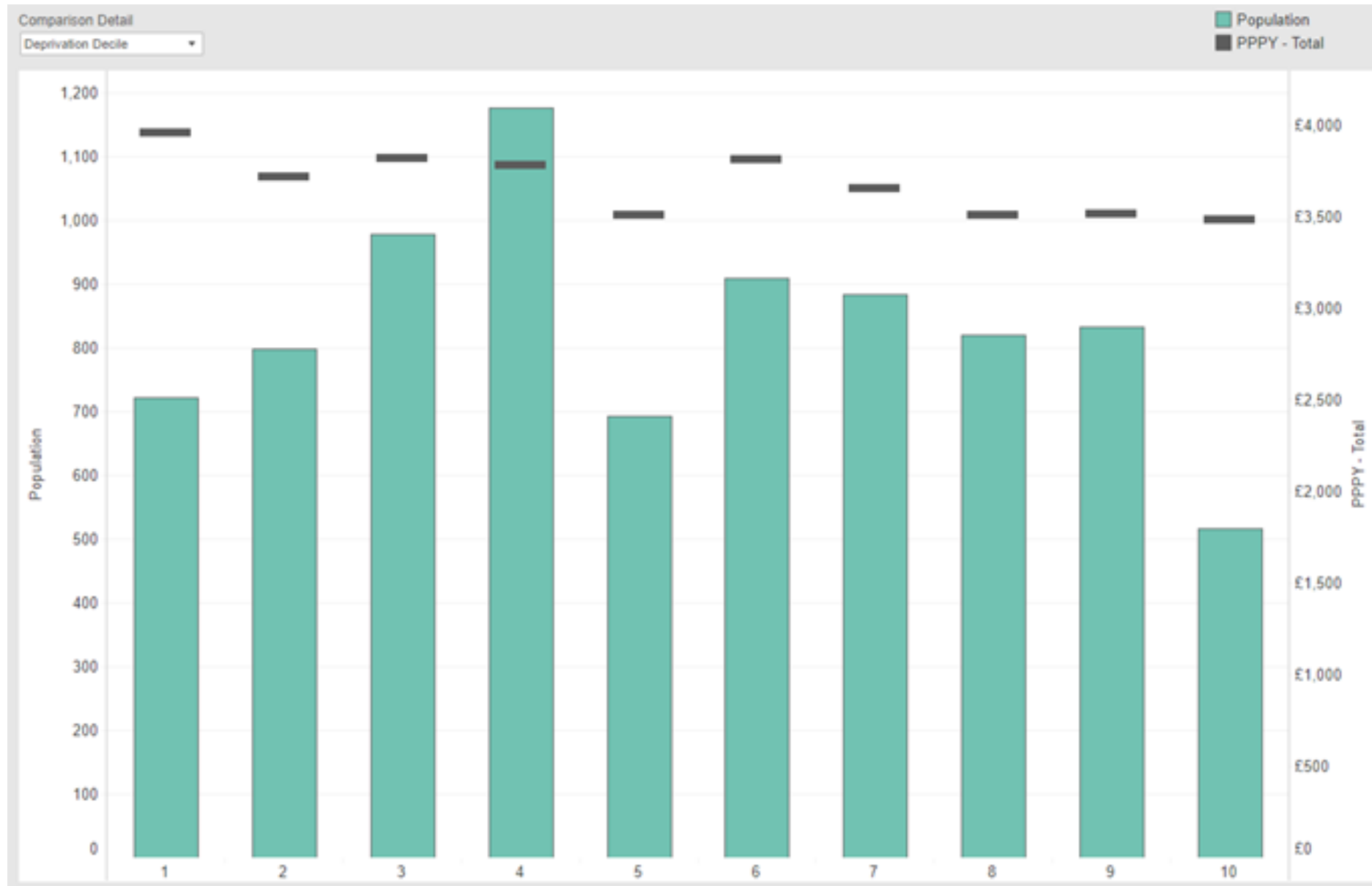
Bringing together the population segmentation model and health inequalities

- The charts over the next five pages focus on each headline population segment and show the total population in the segment, and the Spend Per Person Per Year, split by the national decile of multiple deprivation within which those people live.
- IMD Deciles are national ones, reflecting where Lincolnshire's communities feature in the national scale of deprivation. This means that the number of people in each IMD decile in Lincolnshire is different depending on how relatively deprived they are.
- Therefore, population numbers are incredibly useful for understanding the *scale* of need.
- Spend Per Person Per Year (PPPY) is comparative and useful for understanding differences in the indicative cost of care for individuals in any given decile of a segment.
- This is why Lincolnshire has higher numbers of people in the middle deciles of any segment, as we have higher populations generally in the moderate range of deprivation deciles. However, there are clear gradients in the individual indicative cost of care for people in almost any segment when you look from the most deprived deciles (1 and 2) to the least deprived (9 and 10).

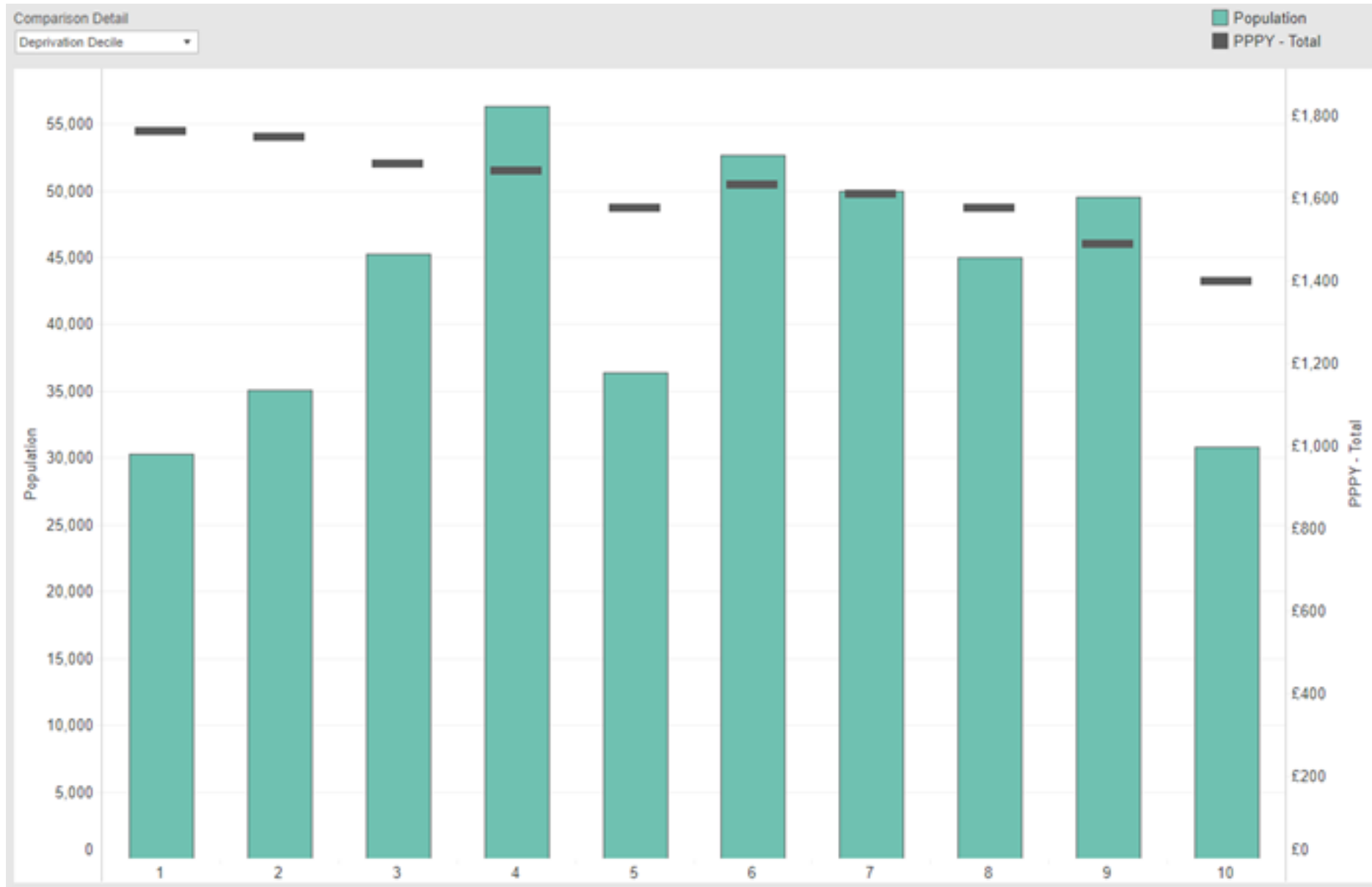
# Segments by Spend PPPY and IMD Decile: 1. Generally Healthy Lincolnshire



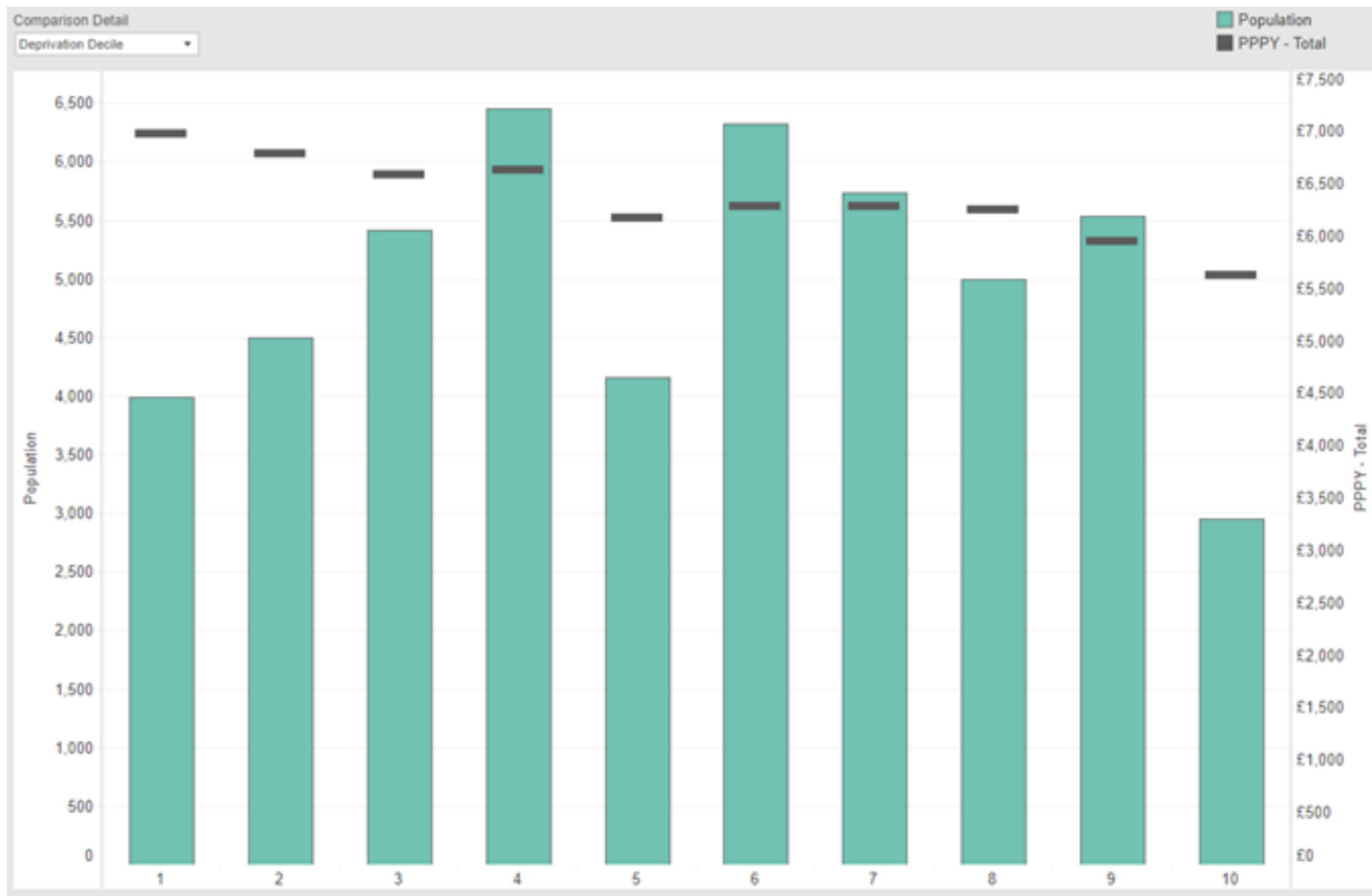
# Segments by Spend PPPY and IMD Decile: 2. Acute Episodic



# Segments by Spend PPPY & IMD Decile: 3. Long Term Conditions Lincolnshire

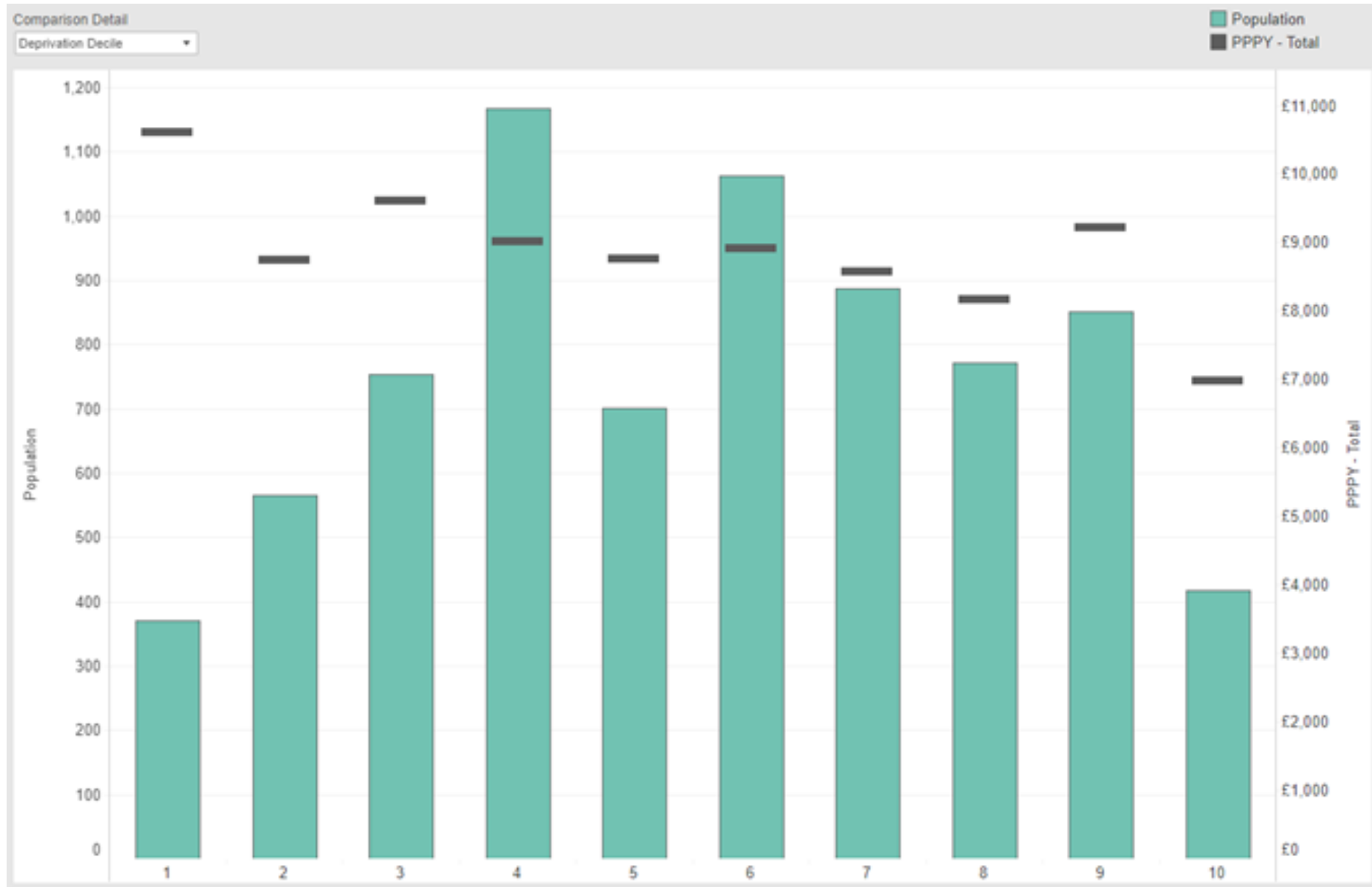


# Segments by Spend PPPY and IMD Decile: 4. High Need





# Segments by Spend PPPY and IMD Decile: 5. Palliative & End of Life



## Section 3: Our 2023-28 priorities






- a) Cross-cutting methodologies
  - ▶ Personalisation | Health inequalities
- b) Service transformation & improvement programmes
  - ▶ Primary Care, Communities & Social Value | Urgent & Emergency Care | Planned care, cancer & diagnostics | Local Maternity & Neonates System | Children & Young People | Mental health & Dementia | Learning Disabilities & Autism | Medicines optimisation
- c) Enabler programmes
  - ▶ People & Workforce | Digital, Data & technology | Estates | A Greener NHS

## 1. Future state

- Personalisation is rooted in the belief that individuals want to have a life, not a service. It's a way of working that changes the conversation from 'what's the matter with you?' to 'what matters to you?' and should be seen as a significant cultural and behavioural transformation for Lincolnshire's health and care system and population.
- Collectively our aim is to shape the relationship and conversations between people, professionals and the health and care system to one which focuses on people's strengths and assets and 'what matters to them' - providing a positive shift in power and decision making that enables people and those who are important to them to have more choice and control to be able to live their best life.
- Personalisation is a critical enabler and a generational behaviour change, that will help to transform the way we work with and improve outcomes for people and carers of all ages in Lincolnshire.
- Working with people with lived experience colleagues from across the health and care system are coming together to help describe what that new relationship should and could feel like. The work is being developed under the term 'Our Shared Agreement' and through co production we have developed a set of 5 foundations that help to describe how we should/could work together.

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### Our Shared Agreement: and the five foundations

	<b>Being Prepared to do things differently</b>	<b>Together we will:</b> <ul style="list-style-type: none"><li>• Be open to change and acknowledge it will take time</li><li>• Have patience and learn by doing</li><li>• Have and give permission to do things differently</li></ul>
	<b>Understanding what matters to ourselves and each other</b>	<b>Together we will:</b> <ul style="list-style-type: none"><li>• Offer a safe non-judgemental environment for you to be open and honest and to be ourselves</li><li>• Embrace and value differences and implement this in a person-centred way</li><li>• Make no decisions about you without you</li></ul>
	<b>Working together for the wellbeing of everyone</b>	<b>Together we will:</b> <ul style="list-style-type: none"><li>• Walk alongside you instead of leading you by asking the service users, carers and all involved in their care, what their goals are and how we will achieve them together</li><li>• See the wellbeing of staff as equally important</li></ul>
	<b>Conversations with and not about people</b>	<b>Together we will:</b> <ul style="list-style-type: none"><li>• Recognise the importance of active listening and having time to make choices</li><li>• Do what we say we will do, in an environment of openness and honesty</li><li>• Offer information, knowledge and skills</li></ul>
	<b>Making the most of what we have available to us</b>	<b>Together we will:</b> <ul style="list-style-type: none"><li>• Be honest about what is and isn't available</li><li>• Recognise our own strengths and opportunities</li><li>• Recognise support starts with the individual, family and community</li><li>• Actively support communities to best manage their health and wellbeing</li></ul>

Collaboration with **Population Health Management intelligence** will enable us to identify where we can have the biggest impact on improving **Health Inequalities** for our population using personalised and strength-based approaches. Embedding proactive personalised ways of working together with people and carers should be considered an integral way to how we deliver services, such as:

- Including people in any service redesign through Co - Production.
- Through exploring and understanding what's important to people and their carers through 'what Matters to You' conversations
- Proactively planning for now and into the future through personalised care and support and advanced care planning which are owned by the person and shareable to all relevant parties.
- Ensuring that people and carers have meaningful information that enables them to make a shared decision with health & care professionals about their treatment, care, health & wellbeing
- Working together to understand people's knowledge and skills and confidence to look after their own health and wellbeing, through coaching and strength-based conversations and tailoring the intervention accordingly.
- Supporting people to feel connected and engaged in their local communities.

### *National Guidance/Requirements*

- NHS Long term Plan and NHS Universal Personalised Care
- NHSE Guidance Proactive care: providing care and support for people living at home with moderate or severe frailty (published Dec 23); Support for 2023/24 system planning for Community Health Services (CHS) including Personalised Care LTP commitments.
- Fuller Stocktake (Primary Care); NHSE Major Conditions Strategy (out for consultation)
- People at the Heart of Care: Adult Social Care Reform White Paper
- Think Local Act Personal (TLAP) Making it real, how to do personalised care and support.

### *Local Strategies*

- Integrated Care Partnership Strategy (ICP) – Key Enabler 3 Personalisation
- Joint Forward Plan (JFP) – Priority 1 – A new relationship
- VCSE Alliance Community Strategy

The Long-Term Plan mandates that **personalised care** will become business as usual across the health and care system and **Personalisation** will contribute to national priorities (reducing occupancy rates, unnecessary appointments, AARS roles delivery, proactive support and enhanced community response).

**Personalisation** is explicit in the Fuller stocktake recommendations and implicit in the recent Hewitt report. Personalisation contributes to delivery of Network Contract Directed Enhanced Services and Quality and Outcomes Framework and will be a key element of the anticipated NHSE 'Proactive Care' framework.

The Adult social Care white paper, People at the Heart of Care, sets out an ambitious 10-year vision for how support and care will be transformed in England. The vision puts people at its heart and revolves around 3 objectives:

- People have choice, control, and support to live independent lives.
- People can access outstanding quality and tailored care and support.
- People find adult social care fair and accessible.

**Emerging evidence** base is demonstrating the impact personalised approaches can have on reducing demand

### **1. What Matters to you conversations, supported Self-Care and Self-Management**

If people and carers are **more informed, better activated, and have a clear plan** they are likely to have;

- 18% fewer GP contacts
- 38% fewer emergency admissions
- 32% fewer attendances to A&E

People **most able to manage a** mental health condition, as well as any physical health conditions, experienced 49% fewer emergency admissions than those who were least able

Providing **better personalised support to those least able to manage**, can reduce A&E attendances by 6% & emergency admissions by 7% (Health Foundation, 2018)

Programme: Personalisation

SRO: Chris Wheway

Programme lead: Kirsteen Redmile

Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel

## 2. Shared Decision Making / Strength Based Approaches

People have long been saying that they want to be **more involved** than they currently are in making decisions about their own health and health care ([Care Quality Commission Inpatient Survey 2020](#); [GP Patient Survey 2022](#); [Community Mental Health Survey 2021](#)).

In all three surveys on average 50% of people state they are not as involved in the decision making about their care and treatment as they would like to be.

Cochrane Review 2017 states; optimal shared decision-making improved communication, information sharing and risk assessment, thereby helping patients feel more satisfied with their choices, knowledge base, and decisions. Optimal shared decision making also helps to reduce repeat appointments, therefore, saving time in the long run.

## 3. non-medical interventions

- 20% GP consultations are for non-medical interventions such as psycho, social, and economic issues.
- 4% of GP appointments could be dealt with by Social Prescribing link worker  
*NHS Alliance & Primary Care Foundation (2015)*

- *What is in and out of scope?*

In Scope:

- Adults, all organisations,
- PHB's – cultural and behaviour change

Out of scope:

- Children and Young people – until more resource and capacity is made available.
- PHB's operational delivery – sits with the CHC & PHB team

## 2. What's being done to get there | Overview

The approach: Continuing to co-produce and develop the building blocks around personalised and strength-based approaches

Culture and behaviour change - Our Shared Agreement - Co-production	Working with partners and people with lived experience to 'bring to life' and demonstrate what a new personalised and proactive relationship between people and the health and care system could look like and the impact it could have. Working with people and professionals to develop and improve services
Workforce and People	Focus on people's strengths and assets, and 'what matters' to them, enabling shared decision making that encourages people to have more choice and control and to live their best and healthiest life.
Training Teams	Training teams in new tools and techniques, coaching and motivational interviewing, strength-based approaches and analysing impact.
Toolkit / Resource Development	Ease and simplify ways of embedding strength based and personalised approaches into new pathways and service redesign.
Social Prescribing	Growing Lincolnshire's social prescribing model
Social Movement	Developing a network of champions, advocates, and voices of personalised care in Lincolnshire

Areas of focus : working with stakeholders to understand the programme interdependencies around service redesign work and agreeing the implementation and delivery timescales.

<b>Programme: Personalisation</b>	<b>SRO: Chris Wheway</b>	<b>Programme lead: Kirsteen Redmile</b>	<b>Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel</b>
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Area of work	Programme Lead	Stage	Proposed Implementation dates
1. Frailty	ICB	Scoping	Jan 24 - 27
2. Serious Mental Illness – Physical Health Checks	ICB	Scoping	Jan 24 – 27
3. Muscle Skeletal pathways – Hip and knee -Embedding personalised approaches	Personalisation	Consultation/ Implementation	Jan 24 - 25
4. High Intensity Users of secondary care	Trent PCN	Scoping	Sept 23
5. Social Prescribing Link worker procurement	ICB	Implementation	Current
6. Social Prescribing Development	Personalisation	Planning	Current
7. Discharge Hubs and Intermediate Care	Home First Partnership / UEC	Scoping	TBC

- Response to potential improvement opportunities
- Reduction in people on MSK waiting lists



Programme: Personalisation

SRO: Chris Wheway

Programme lead: Kirsteen Redmile

Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel

### 3. What's being done to get there | Detail

Initiative	Deliverables	23/24		24/25			
		Q3	Q4	Q1	Q2	Q3	Q4
Culture and Behaviour Our Shared Agreement (OSA) and Co-production	1. Co-producing with people with lived experience and staff a way of describing, illustrating and demonstrating the shift in relationships between people, staff and the Health and Care System.	*	*				
	2. Produce a paper with the Sub-Group to go to relevant Boards and groups which will set out the required wider system support		*				
	3. Develop a 'day in the life' of people and healthcare staff to show new relationship in actions.			*			
	4. Wider engagement / consultation on the '5 foundations'		*	*	*	*	*
	5. Call out for personal stories/experience that illustrate one or more of the foundations (Story Matrix)			*		*	
	6. Embed the OSA agreement in areas of service redesign (LACE, Hospital Discharge, MSK hip and knee pathway)		*				
	7. OSA and the 5 foundations are embedded in the Personalisation evaluation and impact framework.		*				
	8. Personalisation evaluation and impact framework is launched			*			
	9. Developing a new relationship through the OSA and Co – Production is included in the ICP strategy review.						
	10. Launch of the Co- Production Strategy						
	11. Encouraging ways of working that are based on collaboration, information sharing and a holistic approach to health and wellbeing.			*			*
	12. Embedding a workforce culture of feeling comfortable and confident having strength-based person-centred conversations with people						*
	13. Advocating Personalised strength-based approaches e.g. Self-care and prevention						*
Training Teams	1. Co – production of a strength-based personalisation learning and development Curriculum for delivery from April 25						*
	2. Roll out of the train the trainer programme for Shared Decision Making and Personalised Care and Support planning		*	*	*	*	*
	3. Working with partners to commission a L&D programme for Strength based personalised approaches for 23/24	*	*				
	4. Map trusted assessor models and share best practice		*				
	5. Baselining and TNA for target groups of staff (frailty / hospital discharge)		*				
	6. Roll out of Strength based approaches programme for targeted cohorts of staff (frailty / hospital discharge)		*	*			
Communication and marketing campaign – creating a social movement	1. Recruit to a comms and marketing lead for the IAAP programme		*				
	2. Develop, deliver and promote a range of personalisation comms assets and events. (Podcasts, newsletters, blogs, social media activity)	*	*				
	3. Review and redesign of the IAAP website to be the home of the 'how' to embed strength based and personalised approaches.		*				
	4. IAAP Conference 24 – Personalisation and Co - Production			*			
	5. Preparing People to have confidence to ask questions about their treatment, their health and wellbeing. (MSK Pathway)		*				
	6. Developing Social Prescribing assets that educate and promote the value and importance of Social Prescribing		*				
	7. Recruit to Personalisation Champions		*				

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Programme: Personalisation

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Initiative	Deliverables	23/24		24/25			
		Q3	Q4	Q1	Q2	Q3	Q4
Toolkit / Resource Development / Including Impact and Evaluation framework	1. Co - creation of an interactive 'how to' guide and options to embedding personalised and strength-based approaches (web based), which will include a range of tools, techniques and evaluation options, including the co – production framework.		*				
	2. Implementing decision support tools across the MSK pathway	*	*				
	3. Information Standard for PCSP and Social Prescribing to be implemented (Mandated for NHS providers)		*				*
	4. Standard operating procedure for Personalised Care and Support planning		*				
	5. Testing the patient activation measure (PAM) in service redesign as a way of understanding people’s skills, knowledge and confidence to be able to look after their own health and wellbeing, thus tailoring the response or intervention required.	*	*				
	6. Developing an option appraisal for Flourish the online PAM tool re: ongoing funding.				*		
	7. Use of digital technology to support the embedding of Strength based and personalised approaches with staff and people.		*				
	8. Completion of the co-produced Personalisation evaluation and impact framework that will identify an agreed set of short-, medium- and long-term outcomes.						
	9. Working with the LWC team to develop evaluated and quantifiable case studies and people’s stories ready for use from April 24		*	*			
	10. Building Personalisation and strength-based approaches into the LACE processes for deep reviews.						
Service redesign	1. MSK wellbeing hub: Prototype a community offer to people with an MSK condition registered with K2 PCN and or on a waiting list with ULHT – test and learn ( <a href="#">Grantham Joint Aches and Pains Hub</a> )		*				
	2. Scoping and baseline setting the personalisation / strength-based offer with 4 early adopter PCN’s with a focus on frailty		*				
	3. Impact and evaluation framework to be tested out through the frailty work		*				
	4. Recruiting to Co - production groups		*	*			
	5. PDSA methodology : embedding strength-based personalisation approaches (frailty)			*	*	*	*
	6. Scoping and baseline setting for personalised approaches in 2 service redesign areas SMI physical health checks and hospital discharge/ intermediate care. (case for change, TNA, outcomes)			*			
	7. Identifying opportunities and mapping out touchpoints for personalised and strength-based approaches		*	*	*	*	*
	8. PDSA methodology : embedding strength-based personalisation approaches (Hospital discharge & SMI Physical health checks)		*	*	*	*	*
	9. Exploring new ways to contract and commission Personalised Care through outcomes measures				*	*	
	10. Processes and procedures are reviewed and amended to support working in a Personalised and strength-based way.		*	*	*	*	*
Social Prescribing	1. Working with partners to develop a shared vision and plan of social prescribing that takes into account the two procurement exercises that are underway – ICB Social Prescribing and LCC Wellbeing Lincs.			*			
	2. Paper to SMODG re: Options appraisal for Social RX		*				
	3. Launch of Health Coaching module on Social RX	*					
	4. Publish the recommendations from the Health Inequalities project		*				
	5. Contributing to the development of the VCSE Alliance strategy		*	*	*	*	*

Programme: Personalisation

SRO: Chris Wheway

Programme lead: Kirsteen Redmile

Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	L, S, A	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Culture and Behaviour	Our Shared Agreement	L	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro
Partnerships	Working with partners and people with lived experience to develop, implement and deliver and evaluate a Co-production framework for LCS	S		Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro								
Creating the right environment	Exploring new ways to contract and commission Personalised Care through outcomes measures with an agreed pathway	L																				
Social Prescribing	Influencing and supporting the strategic development of social prescribing in Lincolnshire	S			Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro								
Service redesign	Embedding strength based personalised approaches in service redesign programmes (phased over next 5 years)	S	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro
	MSK Health and Wellbeing Hub – prototype	L	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro															
Workforce	Developing a personalisation and strength-based curriculum for Lincolnshire which focuses on local development and delivery.	L					Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro								
	Module based delivery in SDM, SBA, PCSP, MI.	L																				
	Commissioning / bespoke learning and development programmes for specific workstreams eg: Hospital Discharge & frailty	L																				

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	L,S,A	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Communication, Marketing, and engagement	Bringing Personalisation to life: Collation and publication of people and workforce stories	L		Co-Pro	Co-Pro	Co-Pro		Co-Pro	Co-Pro													
	Holding Personalisation conference & roadshows which can be specifically tailored depending on audience i.e.: PCN's / Maternity	L			Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro				Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro				Co-Pro	Co-Pro
	'Co - producing, running, and evaluating a 'Just ask campaign ' for MSK Initially. Roll out learning	L		Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro												
Tools and Resources	Co - creation of a web based interactive guide and options to embedding personalised and strength-based approaches	L			Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro						
	Reutilisation of the IAAP website	L																				
	Toolkit for services / practitioners to use to support the embedding of Strength based personalised approaches inc evaluation tools into service redesign	L			Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro						
	Use of technology and digital solutions to improve communication for staff / people (Digital PCSP)	L																				
Evaluation Framework	Development of a Personalisation impact and evaluation framework based on the PHM Logic Model that can be used in service redesign and PDSA work	L		Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro	Co-Pro												

## 4. Projected impact on patients and system partners

Please click on the link below to the It's all about people impact and evaluation framework. This is a developing piece of work that has been co – produced with people with lived experience and partners.

[IAAP Impact and Evaluation Framework v2](#)

The framework has been developed around the 5 foundations of the Our Shared Agreement and has several longer-term outcomes identified plus more detailed KPI's and measures against each foundation. It also includes the benefits that can be attributed to people, workforce, and the system.

The sections highlighted in yellow are specifically relevant to the work the personalisation programme are leading on, the rest are system KPI's / measures that are relevant to all or some partners across the ICS.

The KPI's for 23/24 will be captured through the following methods;

- Peoples' stories and case studies
- Use of PHM data such as theographs
- ICB engagement surveys with the public
- Personalisation Awareness Survey (Workforce)
- IAAP Maturity Assessment
- Personalised Care Institute Dashboard and the IAAP dataset– Workforce training data
- NHSE personalisation dashboard – PHB, Social Prescribing, PCSP and Shared Decision Making data
- Clinical Systems and Social RX– to corroborate NHSE data
- Flourish – Online Patient Activation Measure dashboard
- External research support for the MSK work which will support the wider programme

Extending the reach of the programme through

- Videos hits
- Attendance at the conference
- Podcast hits
- Website activity
- Attendance at Personalisation Huddles, webinars and the Person-centred learning network

Work is underway to develop a dashboard for the programme for April 2024 onwards which will bring together all the information, intelligence and data into one place

Outcomes and outputs are summarised in the following pages.

Programme: Personalisation	SRO: Chris Wheway	Programme lead: Kirsteen Redmile	Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel
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OSA Foundation	Outputs	Outcomes (in bold are referenced as 23/24 outcomes )	
		Patients & Population	System Partners
<p><b>Foundation 1</b> <b>Being prepared to do things differently</b></p>	<p>Personalisation and Our Shared Agreement are included in the NHS Joint Forward Plan and the Integrated Care Partnership strategies</p> <p>OSA social change campaign</p> <p>Co – Production Strategy for ICS</p> <p>Co – Production groups are recruited to for all service redesign work</p> <p>Personalisation Leadership programme</p> <p>Shared Plan for Social Prescribing and community-based support</p> <p>NHS Contracts and schedules include Personalisation outcomes</p> <p>Learning and development curriculum for Personalisation &amp; Strength based approaches</p>	<p><b>Experts by experience are an integral part of the health and care system</b></p> <p><b>There is strong evidence the public have an awareness and understanding of Our Shared Agreement</b></p> <p>People are starting to report that there is an improved relationship between themselves and the health and care system</p>	<p><b>System leadership recognise the importance of a personalised approach and consistently supports its adoption</b></p> <p><b>Primary Care Networks have a dedicated workforce who have time to be able to work with people to focus on the behaviour changes they need to make to improve their health and wellbeing.</b></p> <p>A shared vision for the future of social prescribing and community-based support</p> <p>Personalisation and strength-based approaches are seen as best practice across all parts of the health and care system, including non-patient facing</p> <p>Lincolnshire ICS can evidence it works to build and nurture relationships and infrastructure for partnership with the VCSE sector inc. grassroots orgs in diverse communities</p> <p>Contracting, commissioning and procurement policies / processes considers / includes co – production and Personalisation as a core requirement</p> <p>The workforce are clear on what we are trying to achieve through the Personalisation programme and Our Shared Agreement, and what is expected of them</p>



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OSA Foundation	Outputs	Outcomes (in bold are referenced as 23/24 outcomes )	
		Patients & Population	System Partners
Foundation 2 Understanding what matters to ourselves and each other	Evaluated and quantifiable case studies and people's stories .  Standardised operating procedure for PCSP.  Agreed digital solution for PCSP.  Patient portal – access to PCSP  Staff access the local PCSP offer.  Patient Activation Measures  Extensive learning and development offer  Review of HR processes to include personalisation and strength-based approaches.  Use of podcasts and other communication techniques to demonstrate the uniqueness of people	<p><b>People in Lincolnshire feel valued whether that is as a carer, person accessing services or family member, and is considered an expert in themselves/their own care and experience.</b></p> <p>We see people as individuals with unique strengths, abilities, aspirations and requirements and value people's unique backgrounds and cultures</p> <p>People are as involved as possible in writing their personalised care and support plans and provide help from people who understand the importance of person-centred planning</p> <p>People feel more knowledgeable and confident about looking after their health and wellbeing.</p>	<p><b>We have 'what matters to me' conversations with people, find out their strengths and what they want to achieve and build these into their Personalised Care and Support Plans</b></p> <p>All relevant staff working on the agreed pathway development have completed appropriate personalisation and strength based approaches learning and development.</p> <p>Personalisation is included in the values-based recruitment policy and is a key part of the selection process as well as appraisal process/supervision processes</p> <p>We have a 'can do' approach which focuses on what matters to people and we think and act creatively to make things happen for them</p>

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OSA Foundation	Outputs	Outcomes (in bold are referenced as 23/24 outcomes )	
		Patients & Population	System Partners
<p><b>Foundation 3</b> <b>Working together for the wellbeing of everyone</b></p>	<p>Engagement plan for OSA which uses a range of techniques and methodologies to connect with people we don't normally connect with.</p> <p>Business case for additional resource to extend the remit of the programme to include children and young people.</p> <p>Personalisation and strength-based approaches is unincorporated in induction and mandatory training.</p> <p>Collaboration with Lincoln Uni and other higher education providers to ensure personalisation is included in the local curriculums.</p> <p>Personalisation and strength-based approaches are included in</p> <ul style="list-style-type: none"> <li>• Organisational operational plans.</li> <li>• LACE deep dive processes</li> <li>• Service redesign process mapping.</li> </ul> <p>Partnership and collaborative working with other transformation programmes.</p>	<p><b>We are creative in how we engage with people including workforce . It is built on going to people and not expecting them to come to us.</b></p>	<p>Personalised care and strengths-based approaches are expanded to services for children and young people by 2027/8</p> <p>Workstreams are aligned and shared priorities identified (including across Health Inequalities, Population Health Management, Personalisation, Public Health, Social Care, PHBs etc)</p> <p>People get what they need, when they needs it, as organisations work seamlessly together for person centred outcomes.</p> <p>Staff report feeling their work environment enables them to work effectively with colleagues across the system</p> <p>There is a clear strategy in place to embed personalisation in workforce development at every level (training, degree, post grad, CPD etc)</p> <p>Staff training in care and health includes personalisation and the work of the personalisation programme is part of induction for all new staff</p>

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OSA Foundation	Outputs	Outcomes (in bold are referenced as 23/24 outcomes )	
		Patients & Population	System Partners
<b>Foundation 4 Conversations with and not about people</b>	Use of decision support tools across a range of pathways	<b>People understand their own wellbeing needs and how to support themselves where possible</b>	<b>Shared Decision-Making conversations are recognised and endorsed as best practice across the ICS, enabling more people to understand the benefits, harms and possible options available to them.</b>  Honest conversations and active dialogue between people and professionals are at the heart of everything we do  Shared decision making is embedded in agreed pathways, processes and Standard Operating Procedures and learning is shared
	Staff access the local SDM training.	<b>People tell us they feel more actively involved and in control of their health and wellbeing</b>	
	People Reported Outcome measures	People feel listened to and heard, and do not need to repeat their story unnecessarily.	
	Citizen surveys	People tell us they have access to the information they need and understand to manage their condition/circumstances and know who to turn to for support	
	Public information and leaflets are reviewed and co – produced (where possible)		
	Public ‘just ask’ campaign		
	Shared Decision Making is included in clinical pathway reviews.		
Reflective Practice opportunities - Personalisation Huddles (6 weekly) & Person Centred learning network (4 weekly)			



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OSA Foundation	Outputs	Outcomes (in bold are referenced as 23/24 outcomes )	
		Patients & Population	System Partners
<p><b>Foundation 5</b> <b>Making the most of what we have available to us</b></p>	<p>VCSE Alliance community Strategy.</p> <p>Prototype MSK wellbeing hub</p> <p>Collation and publication of People’s and workforce stories</p> <p>Bespoke and commissioned learning and development offers</p> <p>Toolkit for services / practitioners to use to support the embedding of Strength based personalised approaches inc evaluation and impact framework in service redesign work</p> <p>Contract and commissioning guidance for outcome based, personalised and strength based ways of working.</p> <p>Personalisation maturity assessment to be completed as part of service redesign baselining.</p>	<p><b>People including workforce recognise and understand the value of connecting into their local communities</b></p> <p><b>People feel able to take responsibility for their own care/health as much as they can, and are able to self-serve/self-assess where appropriate</b></p> <p><b>People feel more involved in their treatment plan and are more knowledgeable about their options</b></p> <p>More people use technology to stay independent or improve quality of life</p>	<p><b>People including workforce recognise and understand the value of connecting into their local communities</b></p> <p><b>The workforce tell us they are equipped with tools to be able to implement personalised approaches</b></p> <p><b>A personalised approach is recognised as best practice and is the norm across Lincolnshire</b></p> <p>Contracting and finance teams take a holistic approach which considers Social Value and personalised ways of working and enables recognition/adoption of personalised/strengths-based approaches.</p> <p>Recognition of the importance of the voluntary, community, faith and social enterprise sector (VCFSE) and engaging them in discussions about system change and transformation from the beginning.</p> <p>We keep up to date with local activities, events, groups and learning opportunities and share this knowledge so that people have the chance to be part of the local community</p>

## 5. What's needed to make this happen

### *Input from providers*

- Success of this programme will be through providers and commissioners of health and care services working with people to change the relationship to one that focuses on people's strengths and assets and what matters to them.
- This will require leadership and commitment from our workforce to transform the way they work through;
  - Co - production and co design
  - Embedding our shared agreement and the 5 foundations
  - Learning and development opportunities
  - Use of behavioural science
  - Changing HR processes
  - Operational procedures and processes
  - Commissioning and contracting arrangements.

### *Requirements from enablers (e.g. digital, estates, workforce, PHM, personalisation and health inequalities)*

- Digital: Use of technology to promote people's independence, commitment to the development of the patient portal to enable people to be able to access their PCSP, use of digital system that interface with each other to improve how information is communicated and shared.
- Currently working with PHM and HI to confirm how the 3 key enablers support one another.
- Workforce: To work together to consider how strength based and personalised approaches is built into all appropriate HR processes, including induction and mandatory training. Exploring opportunities to build the approaches into local curriculums within higher education.

### *Other support requirements*

- Communication, engagement, and marketing – this is a key part of the programme of work, with both professionals and the public. The programme is hoping to bring in some additional capacity to support this piece of work, however there is a requirement for all organisations and partners to understand what the programme's ambition is and how they can support some of the messaging, marketing and engagement that will be required.
- Business intelligence: important to have BI expertise aligned to the programme to supported with being able to demonstrate impact and outcomes and how we might be able to do those through less traditional methods.

### *Resource requirements: investment and non-financial*

- Substantive investment in the personalisation programme beyond March 25 – see risks and mitigation below

Programme: Personalisation

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## 6. What could make or break progress

### Interdependencies with other programmes/organisations

- Specific interdependency with HI and PHM
- All transformation programmes and in particular Primary Care, Community and Social Value (frailty & HIU), Community Mental Health (SMI Physical Health Checks), Maternity, Living with Cancer, Adult Social care, Personal Health Budgets

### Challenges & Risks

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	Risks / Challenges	Mitigation
	System executive and leadership teams have identified and agreed that personalisation is one of the key enablers to transform the health and care system in Lincolnshire, with it featuring in two strategies, however the risk is that this is just rhetoric and managing expectations and reality means this becomes too hard to do.	Managing expectations will be key to transforming the way we work. This is generational change and will therefore take courage, time, commitment and dedication that it is the right thing to do.
2	Contracting and commissioning needs to focus on person centred outcomes	Working with commissioners to enhance the Schedule 2 to include more specific personalised care outcomes.
3	Processes/ procedures / systems need to change to enable staff to work in a person-centred way – we need to move away from transactional ways of working.	Learning from LCC Adult Care who have fundamentally changed their processes to support staff to work in a strength-based way.
4	Our workforce has change fatigue and personalised care can be seen as ‘a nice’ to have, takes more time and has little impact on the wider system challenges.	Using the network of champions, advocates, and voices of personalised care in Lincolnshire to demonstrate the impact personalised care can have on people / workforce
5	Recognising the value and importance of the community and VCSE sector by certain parts of the health and care system is still challenging, with a lack of understanding and awareness.	Part of the LCC Community Strategy which is focusing on addressing the opportunities and barriers to working with the VCSE sector in and ICS.
6	There is a lack of system commitment and engagement with some of the key enablers such as a digital solution for personalised care and support planning, creating a scatter gun approach and a lack of consistency for people and staff.	Working with colleagues to agree the escalation route for the Personalisation programme board for system decision making
7	The Personalisation team is only funded until March 2025. There is a risk that all the progress that has been made will be lost if there isn't a dedicated resource of expertise, knowledge, and skills from April 2025 to be able to continue to drive forward this key enabler across the Lincolnshire ICS.	A business plan will be co – produced with people with lived experience and key partners for ICS consideration and approval by Dec 2024.



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Programme lead: Kirsteen Redmile

Clinical/Technical Lead: Dr Sadie Aubrey / Dr Kavel Patel

## 7. Stakeholders

### Stakeholders

- People with lived experience
- Lincolnshire County Council – Public Health and Adult Care
- Lincolnshire Voluntary Engagement team
- District Councils
- Lincolnshire Partnership Foundation Trust
- Lincolnshire Community Health Services
- United Lincolnshire Hospital
- Primary Care Network Alliance
- Primary Care Networks
- Integrated Care Board
- NHS England
- VCSE (St Barnabas, Age UK Lincoln and south Lincolnshire, Active Lincolnshire,

- Voluntary Centre services, Lincolnshire community and voluntary service)
- Lincolnshire Care Association

### Project team (*Fixed term contracts funded through the joint funding for the programme*)

- People with Lived Experience
- Kirsteen Redmile (NHS) – Lead Change Manager (NHS)
- Chris Erskine (LCC) Principal social worker (LCC)
- Matt Evans – Project Manager (NHS)
- Caty Collier – Social Prescribing development lead (VCSE)
- Alison Smith- Workforce development lead (LCC)
- Shibina Mathews – project support officer (NHS)
- Jenny Brereton – Lead for Personalisation (LCC)
- Mary Nel – Lead Professional (LCC)
- Vicky Thomson – Co – Production Partner (VCSE)

People with Lived experience

## 1. Future state

**Vision: To increase life expectancy and quality of life for people living in Lincolnshire and reduce the gap between the healthiest and least healthy populations within our county.**

We will tackle health inequalities and wider causes of ill-health through an embedded, integrated system approach tailored to meeting varying needs within Lincolnshire in order to achieve our ambition - a year-on-year improvement in addressing health inequalities by narrowing the gap in healthcare outcomes within Lincolnshire.

We will use our resources to take practical action to reduce health inequalities and provide **exceptional quality healthcare for all through equitable access, excellent experience and optimal outcomes**. We will shift more of our resources to **focus on prevention**, making it easier for people to be able to make healthier choices and reduce the risk of developing ill health, disease and premature death.

We will achieve our ambitions via action to address:

- **Wider determinants:** Actions to improve ‘the causes of the causes’ such as increasing access to good work, improving skills, housing and the provision and quality of green space and other public spaces and best start initiatives.
- **Prevention:** *Primary* - working with partners to prevent disease or injury before it occurs, making it easier for people to make healthier choices and reduce the risk of ill health and disease; *Secondary* - detecting the early stages of disease and intervening before full symptoms develop, providing treatment to support changes in lifestyle and behaviours to improve a person’s healthy life expectancy; *Tertiary* - helping people manage long-term conditions and injuries to improve their quality of life and life expectancy.
- **Access to effective treatment, care and support:** Actions to improve the provision of and access to healthcare and the types of interventions planned for all

The plan supports delivery of the following national requirements:

- Five strategic priorities for Health Inequalities
- Core20plus5 (Adults) and Core20plus5 (Children and Young People)
- LTP priorities and High Impact Interventions for Prevention (Modifiable Risk Factors, CVD, Respiratory, Diabetes)

The programme also leads on Lincolnshire NHS **Joint Forward Plan Priority 2: Living well, staying well**.

*In scope:*

- Health Inequalities and Prevention initiatives directly led/delivered by the Health Inequalities Programme
- Joint Forward Plan Priority 2: Living well, staying well oversight.

*Out of scope:*

- Health Inequalities and Prevention improvement initiatives directly led/delivered by other transformation programmes – these are not detailed within this section of the plan, as they are included within the relevant transformation programmes’ section.

System level assurance for these initiatives in respect of Health Inequalities & Prevention requirements (including reporting to NHS Midlands HI & Prevention Teams) will be provided by the Health Inequalities Programme.

Programme: Health Inequalities & Prevention

SRO: Sandra Williamson

Programme lead: Ann Johnson-Brown

Clinical/Technical Lead: Simon Lowe (Clinical Lead – PCN HI) John Parkin (Prevention – Smoking Dependency) Andy Fox (Public Health Lead)

## 2. What's being done to get there | Overview

Health Inequalities and Prevention Programme workstreams:

### Embedding a system approach to health inequalities (HI)

Implementing HI tools and embedding HI approaches within governance arrangements; providing a regular programme of HI Training & Development; developing awareness and workforce leads /champions within NHS Trusts and PCNs, developing supporting strategies and embedding within financial and resource strategies and contract arrangements.

### HI performance and intelligence

Developing intelligence and insights to support understanding of Health Inequalities and Prevention priorities, supporting programmes with access to and understanding of HI data, research and intelligence; developing system HI metrics, KPIs & dashboards; improving data collection to support understanding and performance; develop and collate insights on core20plus population groups such as inclusion health groups, use of HI metrics within internal and public performance reports; utilise PHM approaches to address HI and work with system Intelligence colleagues to develop HI elements of the joined data set reporting suite

### HI in clinical areas and cross cutting themes:

Work with programmes to deliver against 5 national HI priorities and 5 clinical priority areas within Core20plus5 for Adults and CYP. Lead on local cross cutting HI themes, ensuring people on the margins are able to access services and that any digital arrangements are inclusive and do not exacerbate Health Inequalities; work with LACE and Quality team to integrate Health inequalities within improvement approaches.

### Communication and engagement

Collecting and using insights from Core20plus groups to reduce the gap in access, experience and outcomes service access; improve understanding of barriers for core20plus groups; co-production and engagement as golden thread through HI programme workstreams and initiatives and JFP priority2

### Prevention

Improving the population's health and preventing illness and disease, catching the causes of ill health as early as possible to prevent or reduce the chances of them leading to more serious conditions, accelerating preventative programmes and supporting people to live well and stay well

### Digital Inclusion

System lead. Addressing digital exclusion and ensuring alternatives are available for those within our population who are unable to utilise digital access channels and service delivery; adopting and implementing national guidance on digital inclusion through development of system Digital Inclusion Strategy and plan in partnership with digital programme colleagues

### Inclusion Health

System lead. Improving access, experience, and outcomes for people in inclusion health groups by understanding the characteristics and needs of people in inclusion health groups; developing the workforce for inclusion health; delivering integrated and accessible services for inclusion health; demonstrating impact and improvement through action on inclusion health. Developing Strategy and plan as per new National Health Inclusion Framework .

<b>Programme: Health Inequalities &amp; Prevention</b>	<b>SRO: Sandra Williamson</b>	<b>Programme lead: Ann Johnson-Brown</b>	<b>Clinical/Technical Lead: Simon Lowe (Clinical Lead – PCN HI)John Parkin (Prevention – Smoking Dependency) Andy Fox (Public Health Lead)</b>
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**JFP Priority 2: Living well, staying well:**

<b>Ambitions</b>	<b>Delivery</b>
<i>Preconception, infancy and early years</i>	
Provide high-quality midwifery and children’s services that support mums, babies and little ones to get the best start in life possible.	Maternity and Neonatal Programme – Transformation Plan and Quality Plan, Assurance Dashboard.
Increase the number of babies and infants vaccinated and immunised against diseases, especially those from deprived groups or ethnic minority communities.	Midlands Antenatal and Newborn Screening Programme Board plan
Encourage more people planning a pregnancy to take folic acid supplements and stay fit and well before and after pregnancy.	Maternity and Neonatal Programme – Transformation Plan, including staying fit and well project in partnership with Active Lincolnshire
Reduce smoking during pregnancy and increase the number of smoke-free homes	Tobacco Dependency Service (Maternity Pathway)
Help parents and young families to stay active, eat well and look after their health.	Family Hub project (partnership approach, LCC lead organisation) LCC Public Health - Glojii Project
Support more mums to breastfeed and increase breastfeeding rates at six to eight weeks	Breast Feeding Strategy and plan (completed by March 2024) Family Hub Project (partnership approach, LCC lead organisation) Relaunch Latch on Lincs campaign (LCC funded)
Increase the number of people accessing mental health services, and support good relationships between parents and infants.	Expansion of LPFT Perinatal MH Team (completed) Establishment of Trauma and Loss Service within Perinatal MH Team (completed) Family and Baby Support (Fab) Project Family Hub project (LCC lead organisation)

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Programme: Health Inequalities & Prevention

SRO: Sandra Williamson

Programme lead: Ann Johnson-Brown

Clinical/Technical Lead: Simon Lowe (Clinical Lead – PCN HI) John Parkin (Prevention – Smoking Dependency) Andy Fox (Public Health Lead)

**JFP Priority 2: Living well, staying well:**

Ambitions	Delivery
<i>Childhood and adolescence</i>	
Support young people with the services they need to keep them healthy and promote physical, mental and emotional wellbeing.	CYP Transformation Programme MHLDA - CYP MH Transformation Programme
Encourage more parents and guardians to vaccinate and immunise their children against disease – especially those in deprived groups or ethnic minority communities.	Lincolnshire Immunisation Board and CYP Immunisation Group
Develop mental health support teams to support young people’s mental health and emotional wellbeing.	CYP Transformation Programme MHLDA - CYP MH Transformation Programme
Give children and young people with disabilities or long-term conditions the support they need to reach their potential and lead a full and independent life, including psychological support.	CYP Transformation programme (includes Core 20 plus5 CYP) MHLDA - CYP MH Transformation Programme
Work with schools and colleges to encourage healthy habits, identify health needs early and provide access to support.	CYP Transformation Programme Healthy Weight Partnership LCC Public Health
Improve oral health especially in deprived groups.	PCCSV – Dental Strategy LCC Public Health

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**JFP Priority 2: Living well, staying well:**

<b>Ambitions</b>	<b>Delivery</b>
<i>Working age</i>	
Work with people to understand their skills and knowledge and give them the confidence to look after their own health and wellbeing.	Personalisation Programme – embedding use of patient Activation Measure (PAM) Work Well Partnership Programme
Identify people who could benefit from NHS health check and screening programmes and encourage more people to take up the opportunity	NHS Health Checks programme (LCC Public Health) Making Every Contact Count (MECC (delivery by C19 Vaccination team)
Ensure regular physical health checks for people with severe mental illnesses and people with a learning disability.	MHLDA Programme - SMI Health Checks Plan MHLDA Programme – LD Physical Health Checks
Increase access to NHS talking therapies for anxiety and depression and provide additional support by expanding local services such as peer support, mental health social prescribers and community connectors.	MHLDA - Community Mental Health Transformation Programme
Support more people to stop smoking and offer people in hospital who smoke, including pregnant women and high-risk mental health outpatients, NHS-funded tobacco dependency services.	Maternity and Neonatal Transformation Programme – Tobacco Dependency Service
Support more people who need help achieving a healthy weight by increasing uptake of our integrated lifestyle service and the NHS Digital Weight Management programme.	PCCSV - PCN DES delivery
Improve support for people suffering from and at risk of Type 2 Diabetes to help reverse and stop the progression of the disease, for example through our NHS Diabetes Prevention programme.	PCCSV LTCs Programme - Diabetes review & improvement plan; Diabetes: primary & secondary prevention
Reduce cardiovascular disease through early detection, better management of those known to be at high risk and encouraging people to manage their own health better.	PCCSV LTCs Programme - CVD - primary & secondary prevention plan
Better support people waiting for treatment for musculoskeletal (MSK) conditions such as back pain. Explore opportunities to improve their physical and mental health prior to any planned operations.	Personalisation Programme – MSK waiting list – Different conversations; decision support tools; prototype one stop shop model for waiting well; strength based language
Improve oral health, especially in deprived groups.	PCCSV – Dental Strategy

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## JFP Priority 2: Living well, staying well:

Ambitions	Delivery
<i>Ageing well</i>	
Find out what matters to patients and their carers for better future care planning.	Personalisation Programme – embedding ‘what matters to you’ and strength based conversations approaches across system
Encourage more people to get vaccinated and immunised against disease, especially those in deprived groups	Lincolnshire Immunisation Programme Board
Improve oral health.	PCCSV – Dental Strategy
Provide care focused on the individual for patients and carers living with cancer.	Cancer: Living with Cancer programme
Improve early diagnosis and detection rates for cardiovascular disease and cancer, particularly colorectal cancer.	Health Inequalities Programme – HI within Colorectal screening project Cancer Programme – early Diagnosis and Screening PCCSV LTCs Programme - CVD - primary & secondary prevention plan PCCSV Frailty Programme
Improve brain health and prevent people from developing dementia by understanding risk factors such as smoking, high alcohol intake and hearing loss.	MHLDA Programme – Lincolnshire Dementia Strategy; Dementia Prevention
Develop a Strength and Balance programme to prevent falls.	PCCSV Ageing Well – Falls review & improvement plan; Improved community-based falls response

## 3. What's being done to get there | Detail

### Health Inequalities & Prevention Programme Deliverables & Milestones:

#### *Embedding a system approach to health inequalities:*

- HI Strategy - Q4 22/23 draft; Q1 24/25 sign off by ICB Board
- Annual HI Training Plan – developed Q4 each year; delivery Q1-Q4 annually
- Develop network of Health Inequalities Champions - Scoping Q1 24/25; implementation Q2 24/25; live Q3 24/25
- Roll out HEAT to provider trusts – Q1 - Q4 24/25
- Embedding HI within provider trusts – scoping Q1 & Q2 24/25
- Scoping next steps to support HI lens to resource allocation – scoping Q4 24/25 - Q1 25/26

#### *Prevention:*

- Scope and complete needs assessment for provision of Tier 3 Weight Management Services within Lincolnshire – Scope/needs assessment Q2 - 2024/25
- LTP Tobacco Dependency Services:
  - move to BAU (MH and Maternity) following evaluation - Q1 24/25
  - Implement workforce service – Timescales TBC (awaiting NHSE guidance/funding information)
- HI Grant fund for VCSE - renewal/expansion following evaluation - 24/25 & 25/6
- Wider determinants project with District Council - Scoping & proposal/ brief developed – Q4 23/24
- Inclusion Health project with LCC/ District Council– Scoping & proposal/ brief developed – Q4 23/24
- Scope project/s to support HI lens within LTCs Primary & Secondary prevention – Scoping Q4 24/25
- Explore further opportunities for MECC – scoping Q1 24/25

#### *HI performance and intelligence:*

- Virtual HI hub - evaluation of initial phase - Q4 24/5
- Develop phase 2 of Lincolnshire Core20plus5 HI Dashboard (Adults) – Live Q1 24/25
- Develop Lincolnshire Core20plus5 HI Dashboard (CYP) – live Q1 24/25
- Collect / improve insights on inclusion health groups – Q4 24/25
- Continue to improve data quality and collection rates – ethnicity, protected characteristics – Q1-4 24/25
- Extend data collection to encompass health inclusion groups - Q4 24/25
- Further develop PHM RS HI elements and HI reporting suite – Q4 24/25

#### *HI in clinical areas and cross cutting themes:*

- HI within Elective Care outpatient waiting list project - solutions co-produced - Q1 24/25; Solutions implemented - Q3 24/25
- HI within Bowel cancer pathway project - solutions co-produced - Q2 24/25; Solutions implemented – Q4 24/25
- HI & Transport (cross cutting theme) - Scoping Q1 24/25
- Investigate whether specific HI issue within Diabetes prevention and LTC support (access/experience/outcomes) – Q2 25/6
- Investigate whether specific HI issue within uptake and outcomes for LD Health checks – Q3 24/25
- Investigate whether specific HI issue within uptake and outcomes of SMI Health checks – Q1 24/25
- Investigate whether specific HI issue within uptake of vaccinations to support respiratory/COPD – Q2 24/25

#### *Communication and Engagement:*

- HI Community Connectors – Role out to further core20plus 5 clinical areas - scoping Q1 24/25

#### *Digital Inclusion:*

- Develop and implement Digital Inclusion Strategy and Action Plan – development by Q1 24/25; implementation Q1 - Q4 24/25

## 3. What's being done to get there | Detail

### Health Inequalities & Prevention Programme Deliverables & Milestones (cont.):

#### *Digital Inclusion:*

- Develop and implement Digital Inclusion Strategy and Action Plan – development by Q1 24/25; implementation Q1 - Q4 24/25

#### *Inclusion Health:*

- Develop and deliver Inclusion Health Strategy and Plan – scoping & development of draft strategy and plan - Q1 24/25, Consultation - Q2 24/25, Implementation Q3 24/25 onwards
- Inclusion Health workshops (part of annual HI training plan) – delivery Q3 23/24 to Q3 24/25
- Inclusion health guides - Q4 23/24 to Q3 24/25
- Implement Safe Surgeries scheme within General Practice - Scoping and implementation plan Q3/Q4 23/24,

# Health Inequalities & Prevention

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Embedding a system approach to health inequalities	HI Strategy																					
Embedding a system approach to health inequalities	Annual HI Training Plan																					
Embedding a system approach to health inequalities	Develop network of Health Inequalities Champions																					
Embedding a system approach to health inequalities	Roll out HEAT to provider Trusts																					
Embedding a system approach to health inequalities	Embedding HI within Provider Trusts																					
Embedding a system approach to health inequalities	Scoping next steps to support HI lens to resource allocation																					
Prevention	Scope and complete needs assessment for provision of Tier 3 Weight Management Services within Lincolnshire																					
Prevention	Tobacco Dependency Services (Maternity/ Acute/ MH/Community)																					
Prevention	Tobacco Dependency Services (Workforce)					Timescales TBC by NHSE																
Prevention	HI VCSE Grant fund																					
Prevention	Wider determinants project with District Council																					
Prevention	Inclusion Health project with LCC/ District Council																					
Prevention	Scope project/s to support HI lens within LTCs Primary & Secondary prevention																					
Prevention	Explore further opportunities for MECC																					

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# Health Inequalities & Prevention

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28				
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
HI performance and intelligence:	Improve data & insights on inclusion health groups																						
HI performance and intelligence:	Virtual HI hub																						
HI performance and intelligence:	Develop phase 2 of Lincolnshire Core20plus5 HI Dashboard (Adults)																						
HI performance and intelligence:	Develop Lincolnshire Core20plus5 HI Dashboard (CYP)																						
HI performance and intelligence:	Continue to improve data quality and collection rates – ethnicity, protected characteristics																						
HI performance and intelligence:	Extend data collection to encompass health inclusion groups																						
HI performance and intelligence:	Further develop PHM RS HI elements and HI reporting suite																						
HI in clinical areas & cross cutting themes	HI within Elective Care outpatient waiting list project																						
HI in clinical areas & cross cutting themes	HI within Bowel cancer pathway project																						
HI in clinical areas & cross cutting themes	HI & Transport – Cross Cutting Theme																						
HI in clinical areas & cross cutting themes	Investigate whether specific HI issue within Diabetes prevention and LTC support (access/experience/outcomes)																						
HI in clinical areas & cross cutting themes	Investigate whether specific HI issue within uptake and outcomes for LD Health checks																						
HI in clinical areas & cross cutting themes	Investigate whether specific HI issue within uptake and outcomes of SMI Health checks																						
HI in clinical areas & cross cutting themes	Investigate whether specific HI issue within uptake of vaccs to support respiratory/COPD																						

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28					
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4		
Communication and Engagement	HI Community Connectors – Role out to further core20plus 5 clinical areas																							
Digital Inclusion	Digital inclusion strategy & plan																							
Inclusion Health	Develop and deliver Inclusion Health Strategy and Plan																							
Inclusion Health	Inclusion Health workshops																							
Inclusion Health	Inclusion Health guides																							
Inclusion Health	Implement Safe Surgeries scheme within General Practice																							

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## 4. Projected impact on patients and system partners

### Benefits - Health inequalities & Prevention Programme workstreams:

- Increased equity of access, experience and outcomes for people from:
  - 20% most deprived areas
  - Black, Asian and ethnic minority backgrounds
  - health inclusion groups
  - other Lincolnshire population segments experiencing worse access, experience and outcomes

(Measured through service / clinical data on service access, experience and outcomes)

- Prevention of ill health
- Earlier detection of conditions and modifiable risk factors to reduce impact and enable people to better manage their health conditions and live in good health as long as possible
- Understand barriers to service access and take-up

### System outcome measures for Health Inequalities:

Reduction in Variance between Core20Plus populations and whole population against

March 2022 baseline for:

- Life Expectancy
- Healthy Life Expectancy
- Disability-adjusted life years (DALYs)
- Obesity – CYP and adults
- Smoking prevalence
- Infant Mortality

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**Specific measures and targets for initiatives within HI Programme direct delivery:**

Initiative	Outputs and Outcomes	
	Patients and Population	System Partners
HI within Bowel cancer pathway project	- Increase in uptake of FIT by 3 percentage points for 4 selected G.P Practices by 25/26 against 23/24 baseline	- Contributes to reduction in later stage cancer diagnosis
Elective Care outpatient waiting list project	- Reduction in waiting times of people living in 20% most deprived (IMD 2019) to align with overall population rates in specialities where there is a variance Timescales TBC	-
Improve ethnicity data quality /collection rates	-	Reduce the proportion of invalid ethnicity records to ≤ 10% by no later than September 2024
Smoking Dependency Service (workforce/community /acute/ MH outpatients)	- Number of referrals/self-referrals; - Number of quits at 4 weeks; - Number of quits at 12 weeks; Timescales TBC	- Supporting NHS staff to quit results in reducing absenteeism, ill-health treatment and loss of productivity - Reduction in smoking is related to reduction in LTCs, A&E attendances and hospital admissions
Health Inclusion Group workshops		- 18 workshop sessions delivered in 23/24 to 24/25 - Target 20 staff per session (360 staff places) - Increased awareness and understanding by workforce of the barriers faced by health inclusion groups; application of learning to service provision/design
Scoping of provision of Tier 3 Weight Management Services within Lincolnshire	- Increase in number of patients receiving treatment within Lincolnshire. - Reduction in patients required to travel outside of county for support	Reduction in obesity related hospital admissions and LTCs

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**Initiatives funded by HI Programme, delivered by other programmes**

Initiative	Outputs and Outcomes	
	Patients and Population	System Partners
High Intensity user project (delivery by Primary Care Community & Social Values Programme)	- TBC	- TBC
Vaccination/MECC inclusion offer (delivery by Primary Care Community & Social Values Programme)	- TBC	- TBC
Spirometry – equity in access and to support restoration of services (respiratory recovery) (delivery by Primary Care Community & Social Values Programme)	- TBC	- TBC

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## Benefits - JFP Priority 2: Living well, staying well:

### Community

- People will live independently for longer, free from illness and disease.
- Those with long-term conditions will be supported to live the best life they can, and we will treat the person, not the condition.
- Detecting diseases, such as cancer, early on means we'll be able to slow down their progression, or in some cases even reverse them.
- Everyone will have equal access to excellent health and care services provided in a way that best suits them, particularly those from our most disadvantaged groups.
- All children will have the opportunity to reach their full potential and those with disabilities and long-term conditions will be able to lead a full and independent life.
- We will ensure our older population can live the life they want in older age, with the right support at home, in the community and through our services to stay well and manage health conditions proactively.

### Workforce

- Preventing people from getting ill will be a high priority, and approaches to achieve this will be a key part of the person's journey, preventing or reducing the impact of illness and promoting healthy ageing. This will especially benefit those people at high risk of developing long-term physical and mental health conditions.
- Best practice and quality of care will be embedded in the person's journey.
- Using innovative models of service delivery, we will ensure that one size does not fit all; our approach to intervention will be appropriate to meet the needs of the most at-risk members of the population.
- We will work with people from across our population who have used services and can best help shape how they should look and feel.
- We will support staff to work alongside people, patients and communities to ensure that self-care is part of their everyday life, improving their health and wellbeing and helping them to manage long-term conditions.

Staff will have access to information and resources so they can support people effectively, and the workplace culture will give them the confidence to have honest conversations with people that put them first.

## 5. What's needed to make this happen

### *Input from providers*

- Support staff to participate in workforce related initiatives e.g. HI Training events, HI Champions
- Commitment and support to roll out tools and approaches within processes and governance arrangements e.g. Health Equity Assessments

### *Requirements from enablers (e.g. digital, estates, workforce, PHM, personalisation and health inequalities)*

- Participation in relevant steering groups, workstream groups and project teams
- Embrace opportunities to embed within enabler approaches

### *Resource requirements: investment and non-financial*

- Plan can be delivered with the continuation of the ringfenced Health Inequalities recurrent resource allocation and the SDF allocation to support the implementation of Tobacco Dependency Service
- Additional funding to support increase investment in prevention (primary, secondary, and tertiary prevention) which will support the JFP priority – living well, staying well – commitment 1% of ICB allocation.
- Development of differential / allocative resourcing methodology and incentives to address health inequalities - targeting resources to support transforming care models and pathways to improve access, experience and outcomes

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## 5. What’s needed to make this happen

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Scheme	Provider contributors	Requirements from enablers	Other support requirements	Resource requirements
Workstream: Embedding a system approach to health inequalities	LCHS/ LPFT/ ULHT/ LCC Public Health - Support staff to participate in workforce related initiatives e.g. HI Training events, HI Champions - Commitment and support to roll out tools and approaches within processes and governance arrangements e.g. Health Equity Assessments and take action to address inequalities identified in service access or outcomes - Continue to have named Health Inequalities Executive and operational leads (clinical leads where appropriate) and attend regular network meetings	Workforce – support to raise awareness and engage with staff  Finance – development of resource allocation approach  PHM & Personalisation – work in partnership e.g. support LACE and the quality improvement approach	ICS Transformation programmes & providers to provide monthly assurance reports on progress to HI Programme  ICS Transformation programmes & providers – identifying How new services or redesign of services/ pathways will reduce health inequalities rather than just thinking about how a new service doesn’t increase health inequalities.	Meeting rooms and facilitators for briefings, workshops and training
Workstream: Prevention	LCHS/ LPFT/ ULHT/ LCC Public Health/VCSE sector – LVET and other VCSE partners/District Councils - Membership of project teams - Staff resource to scope and implement	Finance business partner support with NHSE bidding process	ICS Transformation programmes & providers to provide monthly assurance reports on progress to HI Programme	NHSE funding (Tier 3 Weight Management; Workforce Tobacco Dependency Service)



Programme: Health Inequalities & Prevention

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## 5. What’s needed to make this happen

Scheme	Provider contributors	Requirements from enablers	Other support requirements	Resource requirements
HI performance and intelligence:	LCHS/ LPFT/ ULHT/ AGEM - HI Performance reporting embedded within provider organisations, ICB & system governance arrangements - Take action to improve HI data quality	PHM – PHM Reporting/ Data Suite – work in partnership to improve HI elements to ensure meets national and local HI requirements		
HI in clinical areas & cross cutting themes	LCHS/ LPFT/ ULHT/ LCC Public Health Provide staff input to project teams and scoping			
Digital Inclusion	LCHS/ LPFT/ ULHT/ LCC Public Health/VCSE sector – LVET and other VCSE partners/District Councils - Staff resource -membership of strategic Group, Collaboration Group and any task and finish groups/project teams - Provide regular data on digital provision/take-up	AGEM/PHM - data		
Inclusion Health	LCHS/ LPFT/ ULHT/ LCC Public Health/VCSE sector – LVET and other VCSE partners/District Councils - Staff resource -membership of strategic Group, Collaboration Group and any task and finish groups/project teams			

Programme: Health  
Inequalities & Prevention

SRO: Sandra Williamson

Programme lead: Ann  
Johnson-Brown

Clinical/Technical Lead: Simon Lowe (Clinical Lead – PCN HI) John Parkin  
(Prevention – Smoking Dependency) Andy Fox (Public Health Lead)

## 6. What could make or break progress

### *Issues & blockers*

- None at this time

### *Interdependencies with other programmes/organisations*

- Dependent on all ICS transformation programmes, in particular CMHT Programme, CYP Transformation Programme, CYP MH Transformation Programme, Maternity and Neonatal Programme, Cancer Programme, Planned Care Programme, Primary Care, Community & Social Value (e.g. LTC (CVD, Diabetes, Respiratory), Frailty, HIU), provider trusts and partners for delivery of some elements of Core20plus5 (Adults and CYP), Five National Strategic Priorities for Health Inequalities, LTP Prevention High Impact Interventions and Joint Forward Plan Priority 2: Living well, staying well
- Specific interdependency with HI and PHM – including the development of working model with LACE

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<b>Risk/ Challenges</b>	<b>Mitigation</b>
Access to relevant data and intelligence – e.g. local sub county level /small area data ; health inclusion groups and other local plus groups	<ul style="list-style-type: none"> <li>- Development of ICS joined data set and specific initiatives within plans for HI &amp; Prevention Programme and Communication and Engagement Enabler Programme</li> <li>- Performance reporting to include HI metrics including measuring the slope index and relative index of inequalities in health service utilisation</li> </ul>
Capacity within other transformation programmes, provider trusts and other partners to engage with, support and contribute to initiatives	<ul style="list-style-type: none"> <li>- Early stage stakeholder engagement</li> </ul>
Digital exclusion – national requirement to have digital inclusion strategy and implement action plan - strategy not currently in place ,therefore not currently at stage to implement action plan.	<ul style="list-style-type: none"> <li>- System group has been established (Autumn 2023) to develop digital inclusion strategy and action plan – membership and active engagement of key system organisations.</li> <li>- Informal digital inclusion collaboration group has been formalised and repurposed to support development and delivery</li> </ul>
Health Inclusion – national requirement to develop strategy and action plan	<ul style="list-style-type: none"> <li>- System group will be established to develop strategy and plan with membership of key system partners</li> </ul>
Operational pressures – capacity of providers to engage with work to reduce health inequalities; achievement of national programme targets prioritised difficult for providers to balance this requirement alongside addressing inequalities gap and finding solutions	<ul style="list-style-type: none"> <li>- Early engagement with partners</li> <li>- Identify opportunities to align with other work within their plans so that HI is an integral part of this and embedded within this</li> <li>- Involve partners at early stage of scoping/project development</li> <li>- Provide project management support from within HI Team for priority pieces of work where capacity allows</li> <li>- Prioritise work programme to align with provider capacity where feasible/possible</li> </ul>
Resource /allocation approach – challenge of balancing the need to meet population need/ address inequalities against current financial context	<ul style="list-style-type: none"> <li>- Development of Health Inequalities Resource Allocation strategy and approach – targeted to addressing health inequalities (access, outcomes and experience</li> <li>- Implementation of resource allocation approach for 2024/25 planning – phasing to consider new investment and/ or additional allocations received in year with a plan developed for full implementation from 2025/26</li> <li>- Embracing the principle of proportionate universalism where actions taken are universal, but with a scale and intensity that is proportionate to the level of disadvantage i.e., with more resource and effort (intensive support) into supporting the most deprived communities; vulnerable groups targeted to improve equity of access, excellent experience, and optimal outcomes.</li> </ul>
Vacancies– currently carrying 3 vacancies which is impacting on the capacity of the team to deliver priorities - 1 x Health Inequalities Improvement Manager; 1 x Programme Support Officer; 1 x Engagement officer (hosted by the Communications and Engagement Team)	<ul style="list-style-type: none"> <li>- Approval has been given to fill the Health Inequalities Improvement Manager and Engagement Officer vacancies – recruitment is in progress</li> <li>- Seek permission to recruit to Programme Support Officer vacancy with effect from April 2024</li> </ul>

Sandra Williamson

## 7. Planning assumptions

### Demand drivers

#### System-driven:

- That there are no significant changes in national policy/ask in relation to Health Inequalities and Prevention
- That there are no changes to LTP Prevention High Impact Interventions (CVD/Diabetes/Respiratory/modifiable Risk Factors)

### Productivity, capacity & resource enablers and constraints

#### Finance

- That Health Inequalities SDF continues to be available and ringfenced for Health Inequalities
- Additional funding to support increase investment in prevention (primary, secondary and tertiary prevention) which will support the JFP priority – living well, staying well – commitment 1% of ICB allocation.
- Assumption we can recruit to vacancies in the future to support the developing work programme and expansion in 25/26

#### Capacity

- That system transformation programmes and providers have capacity to engage with initiatives
- Clinical Care Directorate identifies clinical leads for Health Inclusion (new requirement) and Health Inequalities and Prevention (under review) and that lead/s have capacity to support the programme.

## 8. Stakeholders

### Key Stakeholders

- NHS Trusts: LCHS, ULHT, LPFT – key named Health Inequalities leads
- Health Inequalities PCN Leads identified in 12/14 PCNs
- VCSE – LCVS, VCS, LVET key partners on selected projects
- Public Health (PH) - The deputy chair for the HI Programme is from PH. Some of the HI programme's workstreams and projects are led in partnership with PH
- Local Authorities – South and East Lincolnshire partnership (Emily Spicer), North Kesteven District Council (Yvonne Rogers)
- Healthwatch
- System Transformation Programmes and Programme leads – with specific links to the Adult Core20PLUS 5 programme and projects; CYP Integrated Transformation Board – with specific links to the CYP Core20PLUS 5 programme and projects; MHLDA Alliance: specific links to the Adult Core20PLUS 5 programme and projects
- Clinical and Care Directorate and LACE
- Patients & carers: specific focus on identified 'Plus' & inclusion health population groups
- Other Enabler programme – for example Digital, PHM, Personalisation,

### HI Programme/ Project Team:

- Health Inequalities Programme team is made up of; Assistant Director Health Inequalities x 1 FTE, Health Inequalities Improvement Manager x 1 FTE, Health Inequalities, Improvement Facilitators x 4 FTE, Health Inequalities Programme Support Officer x 1 FTE, Principal Analyst in Health Inequalities x 1 FTE. In addition to this the following posts will be recruited to in Q4; Health Inequalities Engagement Manager x 1 FTE and Health Inequalities Improvement Manager x 1 FTE.
- Finance lead – ICB Finance Business Partner (Debbie Hocknell)
- Engagement lead – ICB Strategic Communications and Engagement Lead Manager (Steph King) and ICB Engagement Manager (Nikki Pepper)
- Communications lead – ICB Marketing and Communications Manager (Tony Crowden)
- Clinical lead – Dr Simon Lowe, Clinical lead for Health Inequalities on behalf of PCN Alliance. Current on 'pause' to be reviewed in 2024
- Business Intelligence – AGEM, ICB Director of Intelligence & Analytics (Katy Hardwick) and ICB Head of Performance (Martin Bambro)

SRO: Sarah-Jane Mills

Programme leads: Nick Blake - Primary Care; Sarah Button - Integrating Community Partnerships; Lisa Foyster – Integrating Specialist Care

Clinical/Technical Lead:  
Sunil Hindocha

## 1. Future state

### Our vision

Enabling the people of Lincolnshire to live well, stay well, age well and die well by

- Proactively addressing health inequalities and focusing upon prevention
- Early identification and treatment of disease
- Creating integrated community-based multi –disciplinary teams who proactively manage long term conditions

### Key ambitions

- Improve access to integrated primary care, by creating new and innovative models of care which will deliver the ambitions for improved access detailed within the ‘Delivery plan for recovering access to primary care’, improve quality of patient experience and outcome and create enhanced resilience of services and workforce. Transforming for tomorrow whilst delivering today.
- In partnership with PCNs develop integrated community-based, multi-professional and multi -agency teams with a view to delivering person-centred care, targeted to meet the identified need of local communities.
- To implement integrated pathways of care for patients with long term conditions including children and young people, people with mental health conditions and those with long term conditions including frailty and people at the end of their lives to support proactive identification, early intervention, personalised care planning and seamless management of deterioration

### The case for change

Our overall aim is to create sustainable models/pathways of care outside of the hospital setting, which will improve patient outcomes and experience, in line with our ambitions and reduce year on year growth in demand for and therefore investment in, Urgent and Emergency Care.

General practice is the foundation of all our transformed pathways of care. It is the universal health offer to all our patients, from birth to death, for those that are healthy and those that are unwell. It represents a rich source of data and intelligence about the majority of our population allowing us to

- identify people who would benefit from our support before they become unwell,
- to target our care to prevent deterioration and loss of independence and
- to identify and address inequalities of outcome and experience.

Without sustainable primary care we will be unable to deliver our ambitions. However, across Lincolnshire, we are struggling to sustain the current model of delivery due to a combination of demographic changes, shortages of general practitioners and demand inflation. We will, therefore, whilst continuing to deliver access to appointments in line with nationally agreed performance targets, aim to create, in partnership with our key stakeholders, including patients and public, innovative, new models of care which deliver the right care, at the right time, in the right place.

The Primary Care Networks (PCNs) are central to supporting the design and delivery of this new landscape. Working with PCNs will enable us not only to improve access to care for those who are acutely unwell but also to build integrated care, in partnership with key stakeholders, for those with longer term health and care needs.

Our systemwide priorities detailed in ‘integrating specialist services’ have been driven by Population health management and inequalities data and intelligence, workforce data, performance data, local knowledge from our teams and partner agencies, patient and public feedback and the Care and Clinical Directorate’s view of what will have the greatest impact locally.

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## 1. Future state

### The Case for change (cont.)

Our ambitions are driven by national and local guidance and frameworks including

- The major conditions framework, NHS England (2023)
- Delivery plan for recovering access to primary care, NHS England (2023)
- Next steps for integrating primary care, Fuller stocktake report, NHS England (2022)
- Providing proactive care for people living in care homes – Enhanced health in care homes framework, NHS England (2023)
- Joint forward plan – Lincolnshire Integrated Care Board (2023)
- NHS vaccination strategy, NHS England (2023)
- Proactive care: providing care and support for people living at home with moderate or severe frailty, NHS England (2023)



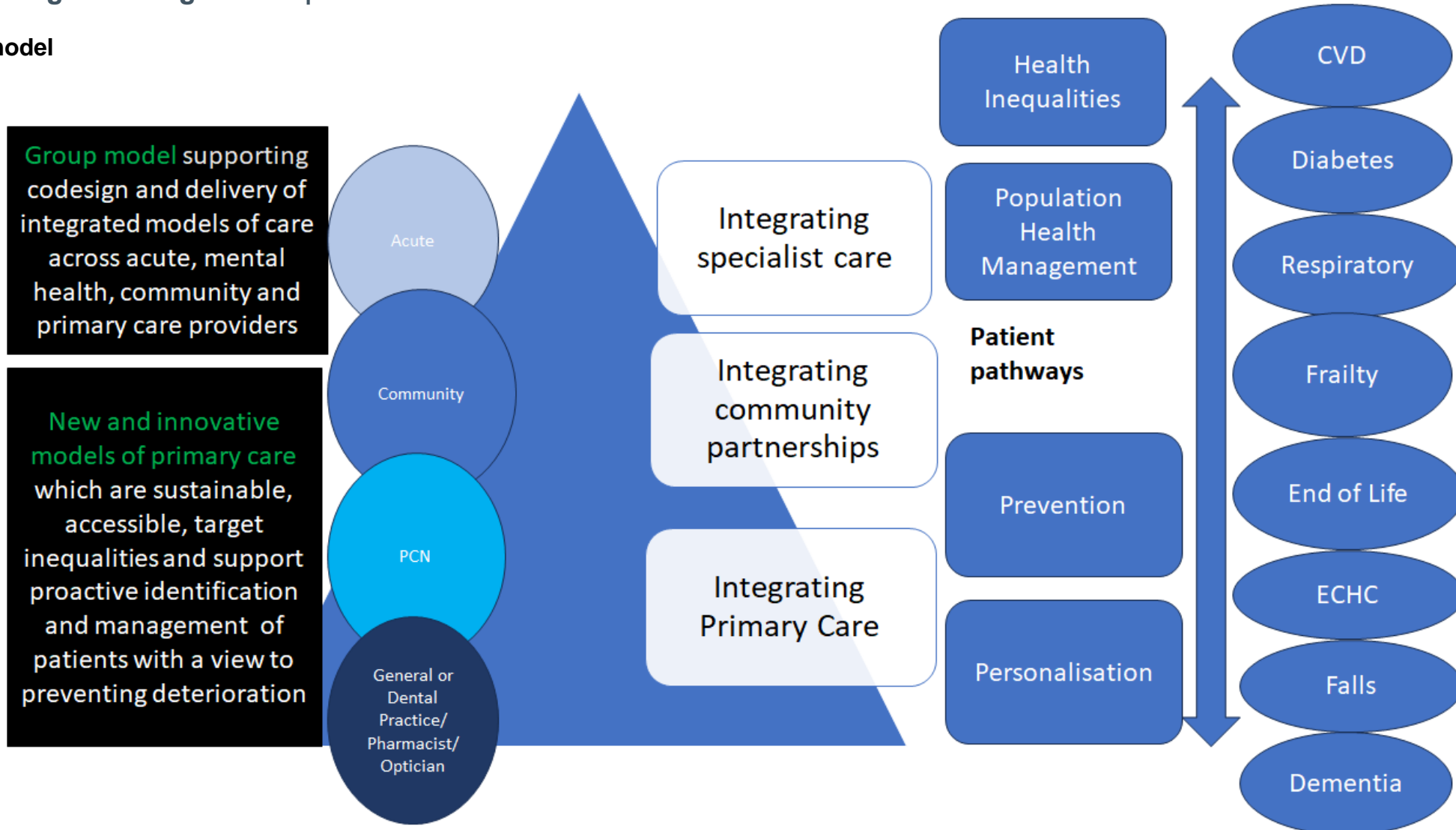
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## 2. What's being done to get there | Overview

### Our delivery model



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### 3. What's being done to get there | Detail

Our key delivery objectives 2024-2029 are as follows

**Integrating primary care delivering timely access to primary care – general practice, pharmacy, dental, optometry, today whilst designing and delivering new models of integrated primary care, with a view to creating a sustainable future.**

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*Integrating primary care and delivering access*

- Maintain and develop delivery of the business-as-usual elements of primary care commissioning – for general practice, dental, pharmacy and optometry to ensure services continue to deliver safe and timely access to care.
- Foster and develop Leadership across and communication between the LMC, LPC, LDC and LOC with a view to ensuring they are proactively represented in system wide fora and shared learning across the people they represent
- Improve access to community pharmacy services in line with Pharmacy First ambitions
- Empower patients to manage their own health by providing them with technology and information including innovative digital monitoring systems, access to online information, advice/guidance and consultations and access to their digital records via the NHS app
- Improve access to urgent same day primary appointments and planned appointments in line with national guidance and Lincolnshire ambitions.
- Improve productivity and reduce time wasting activities across primary care
- Improve collection, accuracy and utilisation of primary care data as a mechanism for enhancing quality of care, evidencing change and informing business cases.

*Developing Partnerships to Support Primary Care Integration*

- In partnership with providers (including General practices and pharmacy practices), PCNs, LMC, LPC, the public and our patients - design and implement new sustainable model/s of integrated primary care with a view to improving access, addressing inequalities and unwarranted variation, and enhancing proactive identification and management of long-term health conditions
- Deliver the Primary Care People Plan ensuring alignment to both the system workforce strategy and other national initiatives, with a view to creating a sustainable and resilient Integrated primary care workforce
- Develop a Lincolnshire framework for enhanced services which supports delivery of improved outcomes for patients, with a focus upon reducing growth in demand for acute based services
- Enhance our primary care estate to ensure it is fit for purpose and facilitates delivery of our vision
- Develop our digital capabilities across primary care with a view to enhancing patient experience and outcomes and being able to evidence change
- Improve quality of care in line with locally and nationally agreed best practice and initiatives
- Transform the conversation between primary care and the public by implementing a comprehensive programme of communication, engagement and co-production with a view to empowering our patients to be leaders in enhancing their own health and well-being.

*Vaccinations*

- Develop in partnership with key stakeholders, implement and evaluate a Lincolnshire-wide Vaccine Strategy to deliver the ambitions detailed within of the newly published National Strategy (December 2023)
- Undertake the required planning and actions to enable the ICB to assume delegated commissioning responsibility from NHS England
- Support providers to develop an integrated multi-disciplinary, multi-agency vaccination staffing model in line with ambitions detailed within the Strategy to enable delivery of agreed Key Performance Indicators

### 3. What's being done to get there | Detail

**Integrating community partnerships developed around the PCN footprints to support their ongoing evolution to provide access to person centred care, delivered by multi-disciplinary and multi-agency teams, for local communities, reflecting population need.**

#### *PCN Development*

- Develop different ways of working at PCN level to enable demand to be managed and/or capacity to be released, to support improved access to integrated primary care.
- Fully implement the PCN DES with a view to supporting improvements to population health via proactive identification, care coordination and case load management of patients with longer-term health and social care needs, evaluate impact with a view to enabling continuous improvement
- Further enhance leadership capability and capacity across the PCNs in line with the agreed Lincolnshire maturity framework.
- Continue to implement ARRS roles in line with national agreement and local priorities.
- Assess the impact of additional investment in primary care via ARRS roles. Utilise the associated learning to further develop a targeted investment strategy with the aim of supporting delivery of integrated pathways of care for agreed conditions.
- Develop and implement integrated pathways of care across primary and community care for therapy and nursing services to meet the specific needs of PCN populations
- Implement delivery plans for High Intensity Users and Social prescribing, in line with national best practice and evaluate impact.
- Build, implement and evaluate a Lincolnshire wide Quality Framework which supports learning, continuous improvement and transparency across stakeholders.

#### *Integrating Care*

- Implement case management and care co-ordination model to support delivery of PCN integrated primary and community teams
- Further develop the role of integrated neighbourhood teams, in line with the Fuller recommendations, with a view to enhancing the delivery of multi-disciplinary, multi-agency personalised care and improved patient outcomes and experience for the most complex patients
- Deliver Integrated community teams (community nursing and community therapy)
- Develop and implement the Integrated Communities Strategy (Strategic partnerships, link to Community Primary Partnerships)
- Codesign and implement a framework for working in partnership with the voluntary sector.

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### 3. What's being done to get there | Detail

**Integrating Specialist Care delivers improved health outcomes, reduced health inequalities and reduced disease progression, enabling people to live well and die well. Implementing new integrated models of care, via a one team approach, transcending organisational boundaries, whilst adopting a more proactive and holistic approach informed by individual wishes and need. These new models are informed by our population health management intelligence, focus on prevention, early identification and diagnosis. They will deliver both timely, urgent care and long-term ongoing care and treatment for working age and older adults.**

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Ageing well

#### Ageing well – Older age

- Implement the Lincolnshire Frailty Strategy and associated delivery plans to reduce the onset and progression of frailty.
- Fully delivery the local Lincolnshire and national aspirations for the Enhanced Health in Care Homes (EHCH) programme, as outlined in the DES and the updated National EHCH framework (updated November 2023) to all care homes in Lincolnshire and evaluate the impact.
- Fully implement the Lincolnshire-wide Palliative and End of Life integrated care model rooted in primary care facilitating 24 -hour access to planned and responsive community-based care via a single point of access in line with agreed care plans supported by a strategic commissioning framework.
- Deliver the recommendations outlined by GIRFT and the proactive/primary care elements of the Lincolnshire Dementia strategy including the recovery of the dementia diagnosis rates. This work is led by LPFT
- Implement the Lincolnshire Falls pathway such that people with the potential of falling are proactively identified and are proactively managed by timely and effective multi-disciplinary interventions including an effective falls response.

#### Long Term Conditions – Working age

- Develop, embed and evaluate a Lincolnshire-wide Long-Term Condition Strategic Framework with a view to supporting:
  - Prevention and management of risk factors
  - Early and accurate complete diagnosis
  - Proactive care
  - Clinical Pathway Review
  - Integrated pathways of care
  - Other targeted improvement initiatives
- Deliver Transformation, Targeted and Transactional programmes of change in line with national “must do’s” & guidance, best practice and local clinical priorities (effectiveness and impact) directed by our Lincolnshire Care and Clinical Directorate for:
  - Major conditions identified in the NHS LTP – cardiovascular disease including Stroke, Diabetes and Respiratory
  - Other long-term conditions where opportunities are identified
- Review all commissioning arrangements to support and underpin service redesign

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### 3. What's being done to get there | Detail

#### Integrating Primary Care

Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Integrating Primary Care and delivering access	Access recovery and improvement		Yellow	Yellow	Yellow	Yellow	Yellow	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Purple	Purple	Purple	Purple
	Integrating urgent care				Yellow	Yellow		Yellow	Yellow	Blue	Blue	Blue	Blue	Purple	Purple	Purple						
	Resilience framework				Yellow	Yellow	Orange	Blue	Blue	Green	Green	Green	Green	Green	Purple							
Developing partnerships	Contracting and Commissioning framework		Yellow	Yellow	Yellow	Yellow	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Green	Green	Purple	Purple				
	Pharmacy Strategy		Yellow	Yellow	Yellow	Yellow	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Purple						
	Dental Strategy		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
	Primary Care People Plan		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
	Estates Plan		Orange	Orange	Orange	Orange	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
	Digital implementation		Green	Green	Green	Green	Green	Green	Purple	Purple	Purple											
Vaccinations and immunisations						Yellow	Orange	Blue	Purple	Blue	Purple	Blue	Purple	Blue	Purple	Blue	Purple	Blue	Purple	Blue	Purple	

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## 3. What's being done to get there | Detail

### Integrating Community Partnerships

Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28				
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
Integrating Care	Community Integration - neighbourhood teams		Yellow	Yellow	Orange	Orange	Orange	Orange	Blue	Blue	Purple	Blue	Blue	Purple	Green	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey
	Integrated community nursing and therapies						Yellow	Yellow	Orange	Orange	Orange	Orange	Orange	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Blue	Blue	Blue
	Developing strategic partnerships						Orange	Orange	Blue	Blue	Blue	Blue	Blue	Purple	Blue	Blue	Purple	Blue	Blue	Blue	Blue	Blue	Blue
PCN Development	PCN DES delivery					Yellow	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Blue	Purple
	PCN maturity		Yellow	Orange	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Blue
	ARRs utilisation		Grey	Grey	Orange	Orange	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Purple	Blue	Blue	Blue	Blue	Purple
	Social prescribing		Yellow	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Blue	Green	Green	Purple	Blue	Blue	Grey	Grey	Grey	Grey	Grey	Grey	Grey
	High Intensity Users		Yellow	Blue	Blue	Purple	Blue	Blue	Purple	Yellow	Blue	Blue	Blue	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey

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## 3. What's being done to get there | Detail

### Integrating Specialist Care

Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Integrating Specialist Care																						
Long Term Conditions	Long Term conditions - Prioritised Targeted Action Plans																					
Major Conditions - Respiratory	Clinical Pathway Review with prioritised improvement plans																					
Major Conditions - Diabetes	Clinical Pathway Review with prioritised improvement plans																					
Major Conditions - Diabetes	Primary and Secondary Prevention initiatives																					
Major Conditions - CVD	Integrated Cardiology																					
Major Conditions - CVD	Primary and Secondary Prevention initiatives																					
Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
Frailty	Ensure delivery of frailty strategy & plans, benefits realisation, comms and engagement and personalisation programme	Y																	Implement continuous improvement, learning and refinement			
	Frailty - Integrated Care - Frailty hubs					Hub 1		Hub 2		Hub 3		Hub 4		Hub 5								
															Implement continuous improvement, learning and refinement							
	Frailty -Primary Care Phase 1 (Early Adopter PCNs)										Implement continuous improvement, learning and refinement											
	Frailty -Primary Care Phase 2 (PCN)																					
	Frailty - Proactive Care														Implement continuous improvement, learning and refinement							
Ageing Well - EHCH	Delivery of EHCH DES and implementation of EHCH Framework																					
Ageing Well - Falls - Proactive	Clinical review of and prioritised improvement plan																					
Ageing Well - Falls - Responsive	Improving community-based falls response services																					
Ageing Well - PEOL	Delivery of the new PEOL integrated operating model of care supported by a strategic commissioning framework																					

## 4. Projected impact on patients and system partners

Further work will be required to ensure mechanisms are in place to capture and share the assurance detailed below. Dashboards are either in development or are already in place and will be reviewed via the agreed governance infrastructure for PCC and CV.

The KPIs detailed below have been shared with the Clinical and Care Directorate for challenge and critical appraisal

### Integrating Primary Care

#### Access

- 85% of patients, with an identified clinical need for an appointment, to receive one within 2 weeks of their contacting their practice by March 2025
- All patients will be able to communicate with someone within their practice, either virtually or via telephone, on the day they contact them and know how their enquiry has been dealt with by March 2025
- 100% of practices have enabled online patient appointment booking and cancelling, repeat prescriptions and access to care records by March 2025
- 100% of GP practices using CBT or system with the same functionality by April 2024
- 100% of practices using high quality online consultation tools by April 2025
- Pharmacy First will be in place by March 2024
- Lincolnshire Enhanced service framework co-designed and implementation mechanisms in place, with a view to enhanced services being a key enabler of our local priorities by July 2024
- Lincolnshire Dental strategy implemented, with associated improvements to access by March 2027
- Design and implement Lincolnshire Pharmacy strategy by March 2028

### Transformation Integrating primary care

- Completed 'big conversation' with the public and key stakeholders including national teams and horizon scanning 'think tanks' with a view to creating a shared vision for the future model of integrated primary care for Lincolnshire by March 2025
- Integrated Primary Care Strategy including both digital and estates as enablers completed by June 2025
- Framework for appointing early adopter pilot practices/PCNs agreed December 2025
- Early adopters appointed and evaluation indicators agreed by March 2026
- Rollout plan agreed with implementation ongoing

### Vaccinations

- Resilience
  - Retain and expand a central workforce which can offer support into Primary Care where needed to deliver seasonal and life-course vaccinations and be sufficiently flexible to provide a response to any outbreaks by March 2024
- Access
  - Develop a delivery model that meets the needs of the population and establish delivery points at the point of need by April 2025.
  - Co-administration of vaccines will be the default model by April 2025.
- Uptake
  - Agree system-wide uptake targets for all vaccination programmes by March 2024
  - Meet all vaccination uptake targets by March 2027
  - Identify variation in uptake between PCNs and develop and implement mechanisms to close the uptake gap, focusing on continuous improvement and learning by March 2027

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## 4. Projected impact on patients and system partners

### Integrating Community Partnerships

#### *Additional Roles Reimbursement Schemes (ARRS)*

- Lincolnshire will have 392.50 WTE ARRS roles in place (this is Lincolnshire share of the 26,000 WTE manifesto commitment) by March 2024. At Month 8 Lincolnshire has 496.64 WTE, well above the end of year target.

#### *High intensity Users*

- 3 PCNs will be offering a High Intensity User Service by April 2024
- By June 2024 we will have reviewed other HIU provision to ensure it is in line with the national HIU framework

#### **Social Prescribing**

- A refreshed Social Prescribing model to be developed and commissioned from 1st April 2025

#### **Primary Care Networks**

- All PCN will have in place agreed objectives, aligned to system objectives by December 2024
- All PCN managers will have undergone a Leadership Programme delivered through an independent specialising in PCN Manager development by March 2024

#### **Partnerships**

- Strategic partnership model between ULHT/Primary Care/ICB agreed by June 2024
- Strategic partnership model with VCSE (LVET) agreed by June 2024
- Model of MDT working in place in every PCN by June 2026
- Integrated delivery models in place for community therapy and nursing in every PCN by June 2026
- Implement quality framework across all PCNs by June 2026

### Integrating Specialist

#### Ageing well – older age

##### **Frailty**

- Reduce the progression from mild to moderate and moderate to severe Frailty by 5% by 2028
- Deliver the opportunity identified in the 'Bed Right Size' modelling to reduce the growth in numbers of beds from the 'do nothing scenario' by 70 beds by 2028

##### **Enhanced health in care homes**

- Reduce unplanned admissions of people living in a care home by 5% by 2026
- 90% of people living in a care home to have a PSCP in place by 2026
- 100% of care homes having access to weekly ward round with evidence of access to appropriate MDT working, including access to care coordination and social prescribing, supporting by access to shared record keeping by 2025
- By 2025 all relevant partners constitute the MDT across all PCN areas

##### **Palliative & end of life care**

- New commissioning and delivery model (lead provider) by Q2/3 2026
- To increase our recognition of people deteriorating from a life limiting condition – target average is 1.3% of the population by 2026
- 70% of people identified as being in the last year of life to have a care plan in place by 2025, 80% by 2026
- 10% reduction of the number of people in their last year of life who have an unplanned admission by 2026
- 80% of patients will receive within at least a 2-hour timeframe a response to their pain and symptoms by 2027

##### **Dementia**

- Recover the dementia diagnosis rates in those aged 65 and over to the national ambition level (66.7%) by 2025

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## 4. Projected impact on patients and system partners

### Integrating Specialist

#### Ageing well – older age (cont.)

##### Falls

- 70% of high-risk fallers will have received a holistic falls assessment from an appropriately skilled professional and will have a proactive care plan in place by 2025
- 10% more patients stay at home post fall response by 2025
- 10% more patients who receive a falls response and need an onwards referral will access directly relevant diagnostics, SDEC or speciality teams by 2025

#### Long Term Conditions – working age

##### CVD

- 85% (90.8%) of the expected number of people with AF are diagnosed by 2029 (Joint NHSE/ PHE ambition)
- 90% (89.6%) of patients with AF who are known to be at high risk of a stroke to be adequately anticoagulated by 2029 (Joint NHSE/ PHE ambition)
- 80% (63.66%) of the expected number of people with hypertension are diagnosed by 2029 (Joint NHSE/ PHE ambition)
- 80% (57.9%) of the total number of people diagnosed with hypertension are treated to target as per NICE guidelines by 2029 (Joint NHSE/ PHE ambition)
- 65% (55.3%) of patients aged between 25 and 84 with a CVD risk score greater than 20% on lipid lowering therapies by 2026 (IFF)
- 85% (awaiting NACR (audit) January 24) of those eligible access cardiac rehabilitation by 2026 (Long Term Plan)
- 40 (20) Virtual Ward beds established for Heart Failure by 2025

##### Diabetes

- NDPP – No. of patients referred to service and No. of patient who achieve at least the first milestone on the programme (contract ends Nov 25):
- April 24 – Mar 25 = 5,200 referrals and 2,582 Milestone 1s (MS1)
- April 25 – Nov 25 = 3,450 referrals and 1,721 MS1s
- Remission - 250 patients per year/ 500 24/25 and 25/26
- T2DAY - 1,410 patients to be offered the service by 23/24 and 1,410 patients (plus growth) by 24/25

##### Respiratory

- Increase the number of patients with a diagnosis of COPD accessing pulmonary rehabilitation by 5% by 2025
- % COPD patients where diagnosis confirmed by spirometry (% and delivery date TBC)
- % of patients with a COPD review (% and delivery date TBC)
- % COPD patients with flu immunisation (% and delivery date TBC)

Note:

(%) = actual

Further scoping required to confirm baselines and trajectories

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## 5. What’s needed to make this happen

### Key enablers

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<b>Refreshed governance</b>	<ul style="list-style-type: none"> <li>Integrated Care Committee which has oversight of key programmes of activity, is responsible for system wide delivery, risk mitigation and horizon scanning to inform future direction of travel</li> </ul>
<b>Population Health Management</b>	<ul style="list-style-type: none"> <li>Utilised across all programmes of work to proactively identify opportunities where intervention will have greatest benefit and to support ongoing assessment of impact</li> </ul>
<b>Workforce</b>	<ul style="list-style-type: none"> <li>Agree the workforce requirements to support delivery of the programmes of activity</li> <li>Develop delivery plans with a focus upon future planning, recruitment and retention, development of innovative career pathways and roles, culture and organisational development and education and training.</li> <li>Develop shared programmes of both OD and training./education to facilitate integrated team working across organisational boundaries</li> </ul>
<b>Digital</b>	<ul style="list-style-type: none"> <li>Programmes of work will be supported by cross cutting digital programmes of activity including systems to capture performance data, shared care records, digital monitoring technology, robotics and enhanced digital access to appointments and advice and guidance</li> </ul>
<b>Estates</b>	<ul style="list-style-type: none"> <li>Primary and Community based estate is a key enabler in delivering integrated models of care and yet the current estate varies in suitability for its function.. Development of an Estate strategy will enhance understanding of availability, any additional capacity required to deliver key areas and work and support targeting of investment</li> </ul>
<b>Commissioning and Contracting</b>	<ul style="list-style-type: none"> <li>Utilise a spectrum of contracting and commissioning arrangements including enhanced services to support delivery of integrated services across providers. This will include developing a rigorous and transparent approach to agreeing whether to reinvest, change the specification or disinvest dependent upon assessed population needs, national and local ambitions, resource availability, value for money and assessed performance, in line with national and international guidance and law</li> </ul>
<b>Personalisation</b>	<ul style="list-style-type: none"> <li>Personalised care is a key thread which runs through out all the programmes delivered by PCC&amp;SV. Supporting patients to jointly agree the interventions proposed, including empowering them to self-manage their conditions and access social prescribing and personal health budgets will support improved outcomes and experience</li> </ul>
<b>Quality Improvement</b>	<ul style="list-style-type: none"> <li>Embracing an approach of continuous improvement with a view to enhancing quality of care, patient safety and experience based upon learning from delivery of services.</li> </ul>
<b>Communication and Engagement</b>	<ul style="list-style-type: none"> <li>Ensuring staff, patients and the public are proactively involved in co-design and implementation of services and kept updated as to any changes.</li> </ul>



## 6. What could make or break progress

### Key risks to delivery

- Workforce capacity negatively impacting resilience across primary and community care
- Variable levels of resilience across the provider landscape within primary care
- Rural geography impacting upon patients' ability to access services and the development of efficient models of delivery
- Insufficient programme management capacity to enable transformation across a variety of agendas at pace.
- Lack of clarity at a national level as to expected direction of travel with some areas of the portfolio
- GMS contract detail may cause deterioration in service and engagement from GP practices and PCNs
- Competing priorities such as operational pressures and requirements of other programmes of work impacting managerial and clinical capacity available to focus upon transformational change.
- Capacity to transform whilst delivering business as usual
- Shared commitment to change across both provider and commissioner organisations not always in place
- Difficulties in being able to demonstrate impact, including financial, of integration – some measures will be qualitative rather than quantitative.
- Variation in maturity of PCNs
- Maturing third sector
- Delay or lack of investment will impact the delivery of the benefits.
- Variation in ability to capture accurate data to evidence performance and delivery i.e., specific information regarding
- Commissioning and contracting arrangements are not always transparent and consistently implemented
- Financial position within the Lincolnshire Health and Social Care System may impact the ability to invest in transformation, in particular 'invest to save' schemes.

## 7. Planning assumptions

### Prioritisation of interventions across this portfolio has been driven by:

- National priorities/imperatives i.e. General Practice access targets, Delivery of ARR roles, Cardio-vascular disease, EHCH
- PHM data identifying cohorts of patients with whom we can have the greatest impact i.e., Frailty, High Intensity Users
- Provider feedback and performance data gathered via the contracting process (this will be further developed into the future as part of the review of commissioning arrangements)
- Opportunities identified within the 'Bed right sizing' 'analytics exercise to reduce the predicted growth in requirement for bed utilisation, driven by changes to both demographics and overall demand, from the do-nothing scenario – PEOL
- Requirements of other programmes i.e., Urgent and Emergency Care requirement to reduce demand at the front door by providing suitable and safe alternatives in the community and further developing prevention and proactive care

### Key constraints to delivery:

- Available additional funding to support delivery of pilots and new community-based services with a view to investing to save
- Programme management capacity to deliver across a complexity landscape and a variety of interconnected programmes whilst managing the business of usual aspects of the job e.g. primary care commissioning activities and performance management/risk assessment of a wide range of community-based contracts, held with a wide variety of providers of varying size and organisational capacity and capability
- Risk appetite of the system partners to deliver new, innovative and as yet untried solutions and act as system trail blazers
- Bandwidth from partners to engage with pathway redesign whilst delivering against challenging business as usual targets, exacerbated by workforce challenges i.e., recruitment and retention and industrial action

**Planning, scoping, implementation, and delivery will be coordinated by the Primary Care, Communities and Social Value ICB team, supported by programme management capacity, managerial and clinical expertise from the providers and analytic capability from both the CSU and the PHM team. Additional specialist capability and capacity may need to be externally procured where this does not exist within the system.**



SRO: Sarah-Jane Mills

Programme leads: Nick Blake - Primary Care; Sarah Button - Integrating Community Partnerships; Lisa Foyster – Integrating Specialist Care

Clinical/Technical Lead:  
Sunil Hindocha

## 8. Stakeholders

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ULHT

Stakeholder	Benefit	Engagement Requirement
Patients and the Public	<ul style="list-style-type: none"> <li>Improved access to primary care when acutely unwell</li> <li>Early and proactive identification of longer-term health and care needs</li> <li>Right treatment at right time by the right professional</li> <li>Access to the right advice, guidance and information to support proactive self-management</li> </ul>	<ul style="list-style-type: none"> <li>Willingness to engage with proactive management of their own health</li> <li>Support to codesign services</li> <li>Provision of regular feedback to support evaluation of services</li> <li>Willingness to work in partnership with Health and Social care colleagues to access right services in right place</li> </ul>
ULHT	<ul style="list-style-type: none"> <li>Reduction in attendances at ED</li> <li>Reduction in number of bed days utilised</li> <li>Fewer days between patient being 'discharge ready' and leaving the hospital</li> <li>Co-development of innovative pathways away from the acute setting</li> <li>Opportunity to test benefits of new group model</li> </ul>	<ul style="list-style-type: none"> <li>Provision of subject matter experts to support design of new models of care</li> <li>Provision of data and intelligence to support service review</li> <li>Provision of programme management/QI capability and capability to support system wide change</li> <li>Willingness to utilise workforce differently and to support introduction of innovative roles and different cross system ways of working</li> <li>Willingness to explore, co-design and participate in new models of commissioning/Lead provider delivery models</li> </ul>
LCHS	<ul style="list-style-type: none"> <li>Opportunity to deliver of newly commissioned services</li> <li>Opportunities to integrate services with primary care</li> <li>Opportunities to build upon existing services and secure financial sustainability</li> <li>Opportunity to test benefits of new group model</li> </ul>	<ul style="list-style-type: none"> <li>Provision of subject matter experts to support design of new models of care</li> <li>Provision of data and intelligence to support service review</li> <li>Provision of programme management/QI capability and capability to support system wide change</li> <li>Willingness to utilise workforce differently and to support introduction of innovative roles and different cross system ways of working</li> <li>Willingness to explore new models of integrated deliver with primary care colleagues with a view to meeting locally identified need</li> <li>Willingness to explore, co-design and participate in new models of commissioning/Lead provider delivery models</li> </ul>
Primary Care	<ul style="list-style-type: none"> <li>Opportunity to create sustainable models of delivery whilst maintaining income</li> <li>Opportunity to create a sustainable workforce</li> <li>Opportunity to create improved work life balance, manageable workload, and interesting case mix</li> </ul>	<ul style="list-style-type: none"> <li>Willingness to explore and co-create new delivery models at both practice and PCN level</li> <li>Willingness to undertake shared risk taking –financial, operational and reputational to support delivery of new models of care</li> </ul>

SRO: Sarah-Jane Mills

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## 8. Stakeholders

Stakeholder	Benefit	Engagement Requirement
ICB	<ul style="list-style-type: none"> <li>Improved access to primary care</li> <li>Improved delivery against nationally agreed performance against nationally agreed targets</li> <li>Improved patient experience</li> <li>Improved targeting of resource to gain greatest impact</li> <li>Opportunity to support realisation of cost avoidance opportunities identified within the bed right sizing analysis</li> <li>Opportunity to horizon scan with a view to understanding future requirements of the provider landscape and proactively manage the market</li> </ul>	<ul style="list-style-type: none"> <li>Provision of financial support to allow new community-based initiatives to be piloted with a view to investing to save</li> <li>Invest in programme management support to allow change to happen at pace.</li> <li>Agree risk appetite and thresholds for exploring new operating models and new models of commissioning</li> <li>Support development of workforce, information sharing and digital strategies to allow programme aspirations to be realised</li> <li>Provide ongoing PMH support to allow populations to be identified and impact of change to be quantified</li> <li>Provision QI and other support from the Care and Quality Directorate to allow new clinical pathways to be co-created, validated, critically appraised</li> </ul>
LPFT	<ul style="list-style-type: none"> <li>Improved partnership and MDT working within the community setting to address both physical and mental health needs of patients</li> <li>Opportunity to further enhance community-based model of delivery, reducing the need to inflate bed numbers, in a context of population growth</li> </ul>	<ul style="list-style-type: none"> <li>Provision of subject matter experts to support design of new models of care</li> <li>Provision of data and intelligence to support service review</li> <li>Willingness to utilise workforce differently and to support introduction of innovative roles and different cross system ways of working</li> </ul>
Voluntary Sector	<ul style="list-style-type: none"> <li>Opportunity to influence future direction of travel and pathways of care</li> <li>Opportunity to deliver new services</li> </ul>	<ul style="list-style-type: none"> <li>Provision of subject matter experts to support design of new models of care</li> <li>Provision of data and intelligence to support service review</li> <li>Willingness to utilise workforce differently</li> <li>Willingness to support engagement with the public in innovative ways</li> </ul>

Programme: UEC

SRO: Clair Raybould

Programme lead: Rebecca Fieldsend

Clinical/Technical Lead: Anne-Louise Schokker

## 1. Future state

Across Lincolnshire, current pressures on urgent & emergency care services remain high, further impacted by periods of Industrial Action. Additionally, demand upon all aspects of health & social care is expected to increase year-on-year due to population growth, the impact of an ageing population and the growing number of people living with Long Term Conditions. By 2030, it is predicted that in order to meet this inflated demand on non-elective care, costs will increase nationally by over 35%. Lincolnshire's age & deprivation profile suggests that the local increase is likely to be higher than that predicted nationally. As of 2021 the percentage of people aged over 85 in Lincolnshire represented 2.9% of the population against 2.4% of the East Midlands population. By 2041 this is projected to make up 4.9% of Lincolnshire's resident population and 4.1% of East Midlands.

The scope of the UEC programme includes the full UEC pathway of care, including discharge and intermediate care, and has significant crossover and interdependence with other system programme areas such as Primary Care, Community Services and Long-Term Condition management. It is important to acknowledge that some of the work to deliver the UEC strategy in Lincolnshire will be completed within other Programme areas, and some of the UEC funded initiatives will transition post mobilisation into BAU within other programme areas. . In order to ensure that patients receive seamless care regardless of where they choose to be cared for (particularly in border areas), close working with neighbouring systems is imperative to ensure that our registered population are able to access appropriate care (including across borders) in a timely way.

Additional publications that are interdependent with UEC programme delivery include:

- Lincolnshire Integrated Care System Strategy 2023-2028
- Health and Wellbeing Strategy and Joint Forward Plan 2023-2028
- Lincolnshire Frailty Strategy 2023
- Elective Recovery Plan
- ULHT ED Recovery Plan
- EMAS Recovery Plan
- Primary Care Access Recovery Plan
- Fuller Report
- GIRFT recommendations

Programme: UEC

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## 2. What's being done to get there | Overview

The UEC Programme has four key elements to delivering its aims: Prevention; Out of Hospital Urgent Care; Front Door Flow; and In Hospital Care and Discharge, however not all aspects of transformation sit directly within the UEC Programme. The Prevention elements of the pathway will be co-delivered within the PCCSV programme.

The UEC programme consists of the following:

- Delivery of the national UEC recovery plan, including implementation of all 10 High Impact Interventions
- Implementation of investment initiatives with full evaluations of impact
- Lincolnshire Intermediate Care Programme
- Reviews of existing services and pathways
  - Agreement of GIRFT recommendations for implementation
  - Utilisation of a robust UEC dashboard to aid decision making
  - A recovery plan for delivery of the key UEC metrics that sit within the Group model with system assurance and support
  - System focus on the improvement against and delivery of the CAT2 mean metric
  - The delivery of the UEC elements of the system Bed Right Sizing plan
  - Collaborative strategic and tactical/operational working with neighbouring systems on both transformation and BAU

The UEC Programme's governance structure is designed to support its oversight and delivery, with a Programme Delivery Group (PDG) meeting monthly and reporting into the Urgent and Emergency Care Partnership Board (UECPB). UEC projects and initiatives feed into PDG with the majority of these being captured and recorded on the ICB led Project Management Office (PMO) Aspyre.

Projects plans, milestones, deliverables, risks and issues etc. are recorded on an individual project basis and at programme level and are overseen by the UEC Programme enabling interdependencies and cross overs to be considered.

The current KPIs are the UEC performance metrics, but work will be completed in 2023/24 to finalise wider KPIs.

The governance is revisited and refreshed each year to ensure that it supports the requirements of the National Operational Planning process, and the system priorities each year. This includes specific task and finish group across the system to ensure that protected time and focus is in place to deliver the plans and requirements of the programme.

The UEC allocation in 2023/24 has been committed recurrently to a number of system initiatives, but these will be fully evaluated to understand impact and effectiveness in order to support decisions around ongoing and future prioritisation of investment for improved outcomes. This will be completed prior to the winter of 2024/25 so that maximum impact is achieved. The overall UEC investment is reported through the System Sustainability and Investment Panel.

The newly developed UEC Dashboard supports robust decision making and will be further developed to include benchmarking to ensure that all opportunities for improvement where there is any evidence of variation.

Programme: UEC

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## 3. What's being done to get there - Detail

### 2023-2026

The Current UEC System Programme reflects the national recovery requirements, investment initiatives and local priorities for review of service provision and pathways of care. The UEC strategy in place currently covers 2023-2027.

High level ambitions for the UEC programme are:

- Support patients and professionals in accessing the right services in the right way
- Increased and improved communications with public and professionals
- Simplify the provision of services and access processes
- Review services on an ongoing basis to ensure continuous improvement and maximum impact with improved outcomes for patients
- Ensure that regionally commissioned services such as NHS 111 and EMAS are mobilised and delivered in such a way that supports the local pathways and ambitions of Lincolnshire
- Ensure that there are workforce and digital plans in place that support the delivery of the UEC programme and national requirements
- Deliver the UEC elements of the system bed rightsizing actions
- Support the full system focus on improving patient flow across all services
- Minimise the impact of UEC pressures on wider plans including Elective Recovery

### 10 High Impact Interventions:

The development and delivery of these initiatives are overseen on a monthly basis by the Programme Delivery Group and the Service Delivery and Performance committee with monthly review of progress. The self-assessment against requirements is revisited routinely to provide assurance of progress.

### Achievement of the performance standards:

ULHT within the new group model arrangements in 2023 have established a programme of work with executive oversight to deliver the 4 hour performance standard and improve the 12 hour wait in department position. The focus on delivery of these standards will continue with ULHT continuing to lead on these areas of improvement reporting and assuring through UEC system governance. The ICB are a member of the ULHT internal improvement group meetings to represent the system for escalation and engagement/support. Action currently ongoing include revisiting escalation processes and operational management of patients on ambulances and in the department, as well as the flow of patients through the ward areas and on to discharge.

The improvement against the CAT2 mean position in Lincolnshire is supported by the above improvement plan, but the system Ambulance performance and alternatives to ED governance group further supports the delivery of an improved position through reduced conveyance and increased support to patients in community. This includes review of community pathways of care to ensure integrated delivery of services that support people in their own homes and increases in the availability of alternatives to ED. While Virtual Wards have now been implemented and embedded in 2023/24 work will continue to ensure that the specialist community service provision is sufficient to support delivery of VWs and that the appropriate digital infrastructure is available. The ULHT focus on alternatives to ED within acute services will continue to ensure maximum impact of utilisation of areas such as SDECs.

### Frailty:

The UEC programme continues to include projects focussed on the frail cohort, nursing and care homes and touches on end of life care. While these initiatives form part of the UEC programme which has oversight and receives assurance, all frailty work is done in conjunction with the Frailty Programme and the frailty leadership group has responsibility for the wider implementation. UEC supported frailty initiatives will continue to include Frailty SDECs and Frailty Assessment Units, expanding both with increased capacity and geographical coverage in line with population need.

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### 3. What's being done to get there - Detail

#### Lincolnshire system approach to the Intermediate care ask:

The Lincolnshire Integrated Care Board (LICB) and Lincolnshire County Council (LCC) committed to exploring joint commissioning opportunities and building on the existing strengths within the current intermediate care system to make the best use of available resources and funding commitments (including BCF discharge funding). Moving towards a system-wide and outcome-based model which prevents unnecessary acute hospital admission, supports timely discharge and maximises independent living.

Strategic review of the current landscape and summary recommendations were endorsed by Chief Executives at the Better Lives Lincolnshire Leadership Team (BLL LT) meeting in May 2023. System leads have defined a transformation journey to develop a shared delivery model for intermediate care with a pooled budget enabling collaborative commissioning with one partner holding contracting responsibility.

The next phase of the programme is to determine governance to drive and support delivery of the future model in a phased approach.

The focus of the model which has been developed is to deliver a therapy-led service where every patient can receive a standard level of therapy input, supported by the physical infrastructure and wider features to enable their reablement and rehabilitation.

#### 2026-28

The detailed focus areas for 2026-2028 will be determined by the annual operational planning guidance but will continue to include:

- Delivery of national performance standards relating to UEC including 4 hour performance, ambulance response times, discharge metrics and community service response requirements.
- A focus on increasing care closer to home and reducing the requirement for patients to attend EDs in order to access services both in acute and community
- Evolution of simplified access for both patients and professionals (including HCP SPAs and NHS 111)
- Increased integration of services across pathways of care to ensure seamless care and less handoffs
- Move towards commissioning of pathways of care rather than individual services
- A focus on ensuring workforce and digital plans support the requirements of the UEC programme and provision



# Urgent & Emergency Care

Programme: UEC

SRO: Clair Raybould

Programme lead: Rebecca Fieldsend

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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
UEC	Capacity & Demand Schemes		P	I	D	D	D	D E	BAU	BAU	BAU	BAU	BAU	E	I	BAU	BAU	E	I	BAU	BAU	BAU
UEC	Delivery of High Impact Interventions		S	P	I	D	D	D E	D E	BAU	BAU	BAU	BAU	BAU	BAU	BAU	BAU	E	BAU	BAU	BAU	BAU
UEC	Discharge & Flow Programme		P	I	I	D E	D E	BAU	BAU	E	BAU	BAU	BAU	BAU	BAU	BAU	BAU	E	BAU	BAU	BAU	BAU
UEC	Intermediate Tier Transformation		P	P	P	C	C	I	D	D E	D	BAU	BAU	BAU	BAU	BAU	BAU	E	D	BAU	BAU	BAU
UEC	Commissioner review of UTCs			S	C	C	I	D	D	BAU	BAU	BAU	BAU	E	BAU	BAU	BAU	BAU	BAU	BAU	BAU	BAU
UEC	Furrrther development and expansion of Virtual Wards		P	C	I	D	D	D	E	BAU	BAU	BAU	BAU	BAU	E	BAU	BAU	BAU	BAU	BAU	BAU	BAU
UEC	Review of UEC service specifications			S	P	C	I	I	I													
UEC	Bed Right Sizing UEC specific intitatives	X				S	PC	I	I	D	D	D	D	D								
UEC	Seasonal and operational planning			P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I	P I
UEC	UEC Digital Roadmap						S	PC	I	D												
UEC	UEC Workforce Roadmap							S	PC	I	D											

# Urgent & Emergency Care

Programme: UEC

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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
High Impact Interventions	Same Day Emergency Care		P	P	I	D	D															
High Impact Interventions	Frailty														Implement continuous improvement, learning and refinement							
High Impact Interventions	Inpatient Flow and LoS		P	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D
High Impact Interventions	Community Bed Productivity and Flow		S	P	I	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D
High Impact Interventions	Care Transfer Hubs		I	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D
High Impact Interventions	Intermediate Care Demand and Capacity		P	P	P	C	C	I	D	D	E	D	BAU	BAU	BAU	BAU	BAU	BAU	E	D	BAU	BAU
High Impact Interventions	Virtual Wards		D	D	P	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D
High Impact Interventions	Urgent Community response		E	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES	I	D	D	ES
High Impact Interventions	Single Point of Access			S	P	D	D	ES														
High Impact Interventions	Acute Respiratory Infection Hubs						E															

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## 4. Projected impact on patients and system partners

- Improved patient experience – reduction in complaints from patients and professionals, reduction in long waits in EDs and in community for ambulance attendance. Reduction in the number of patients accessing acute services via EDs
- Improved patient outcomes – increase in the number of patients returning to their own home, reduction in long term care requirements, reduction in incidents reported within the UEC pathways
- Reduction in waiting times – in both UTCs and EDs with delivery of the 4-hour performance target and the wider time to first assessment and triage metrics
- Reduction in readmissions – fewer patients requiring re-admission following discharge from hospital
- Increase in the number of patients supported at home avoiding attendance at ED or hospital admission
- Reduction in acute length of stay and acute bed occupancy – ambitions to be developed as part of the planning round
- Reduction in agency/bank and locum spend

Robust system capacity and demand modelling will support the determinations of impact trajectories.

Programme: UEC

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Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
High Impact Interventions implementation and delivery	<ul style="list-style-type: none"> <li>C&amp;D and BCF funding</li> <li>Non recurrent regional funding</li> <li>Additional System funding sources will be required</li> <li>System transformation resource</li> </ul>	Support recovery of three key Tier 2 metrics: <ul style="list-style-type: none"> <li>76% ED Performance</li> <li>12 hours in department</li> <li>30min CAT2 mean delivery</li> </ul>	Deliver national performance standards.  Mitigate Non Elective Growth	To Be Determined	✓	✓	✓	✓
Capacity and Demand schemes (UEC and BCF investments)	<ul style="list-style-type: none"> <li>System clinical resource</li> <li>Additional workforce</li> <li>PCCSV programme support</li> </ul>	Protect elective capacity  Mitigate risk of harm and improve patient outcomes and experience	Support protection of elective capacity and delivery of the elective recovery plan  Mitigate risk of harm and improve patient outcomes and experience		✓	✓	✓	✓
Urgent Treatment Centre Commissioner Review	<ul style="list-style-type: none"> <li>UEC Programme capacity</li> <li>PCCSV capacity</li> <li>Primary Care support</li> <li>ICB Contracting and Finance</li> <li>Business Intelligence</li> <li>PHM and Health Inequalities support</li> <li>Comms &amp; Engagement Support</li> </ul>	Recommendations around commissioning intentions for future UTC commissioned services based on population need and addressing health inequalities	<ul style="list-style-type: none"> <li>Deliver national performance standards.</li> <li>Mitigate Non Elective Growth</li> <li>Support protection of elective capacity and delivery of the elective recovery plan</li> <li>Mitigate risk of harm and improve patient outcomes and experience</li> </ul>	To Be Determined	✓	✓		
Delivery of UEC elements of Bed Rightsizing recommendations	Awaiting confirmation of UEC elements and actions to determine inputs, outputs and outcomes						✓	

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Programme: UEC	SRO: Clair Raybould	Programme lead: Rebecca Fieldsend	Clinical/Technical Lead: Anne-Louise Schokker			
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Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Discharge and Flow Programme delivery	System wide: <ul style="list-style-type: none"> <li>C&amp;D and BCF investment</li> <li>Operational</li> <li>BI</li> <li>Contracting</li> <li>LA ASC resource</li> </ul>	Improvements in: <ul style="list-style-type: none"> <li>Discharge quality</li> <li>Patient outcomes and experience</li> <li>Joint working and shared workforce</li> </ul> Delivery of Discharge Date Ready Metric (DDR)	<ul style="list-style-type: none"> <li>Further improvements in discharge</li> <li>Move to blended workforce model</li> </ul>	TBC	✓	✓	✓	
Intermediate Tier Transformation implementation	System wide: <ul style="list-style-type: none"> <li>BCF investment</li> <li>Operational</li> <li>BI</li> <li>Contracting</li> <li>Commissioning and procurement</li> <li>OD support</li> <li>Consultancy support (Impower)</li> </ul>	Scope and determine agreed plan and measurable patient outcomes	Full joint re-commission of the whole intermediate tier (health and care)  Pooled budget ambition  Improved intermediate care pathways with efficiency and financial improvements  Improved patient outcomes and experience	TBC	✓	✓	✓	✓
Seasonal and Operational Planning	System wide: <ul style="list-style-type: none"> <li>Operational</li> <li>Finance</li> <li>BI</li> <li>Strategic planning</li> <li>Contracting</li> <li>ICB UEC and wider programmes</li> </ul>	Winter plan 2023/24  Operational Plan 2024/25 Commissioning intentions with rebased contract values and potentially updated IAPs	Summer and Winter plans  Annual Operational Plans Commissioning intentions with rebased contract values updated and new specifications and potentially updated IAPs	Summer and Winter plans  Annual Operational Plans Commissioning intentions with rebased contract values updated and new specifications and potentially updated IAPs	✓	✓	✓	

Programme: UEC		SRO: Clair Raybould		Programme lead: Rebecca Fieldsend		Clinical/Technical Lead: Anne-Louise Schokker			
Initiative	Inputs	Outputs and Outcomes			ICS aims				
		23/24	24-26	26-28	1	2	3	4	
Communications and Engagement – Public & Professional	<ul style="list-style-type: none"> <li>ICB and provider Comms &amp; Engagement support</li> </ul>	<ul style="list-style-type: none"> <li>Improved HCP and patient experience</li> <li>Timely access to services</li> <li>Increased care at home and reduced reliance on front door services</li> <li>Increased public understanding of how to access and utilise services</li> </ul>	<ul style="list-style-type: none"> <li>Improved HCP and patient experience</li> <li>Timely access to services</li> <li>Increased care at home and reduced reliance on front door services</li> <li>Increased utilisation of most appropriate services first time</li> </ul>	<ul style="list-style-type: none"> <li>Improved HCP and patient experience</li> <li>Timely access to services</li> <li>Increased care at home and reduced reliance on front door services</li> <li>Increased utilisation of most appropriate services first time</li> </ul>	✓	✓	✓	✓	
Review of UEC service specification in ICB contracts with appropriate re-design and re-commissioning	<ul style="list-style-type: none"> <li>UEC programme commissioning capacity</li> <li>ICB contract and finance capacity</li> <li>Provider transformation capacity</li> <li>Potential additional funding requirements (TBC)</li> </ul>	<p>System understanding of workplan for review of specification and capacity to support planned into ICB teams and providers</p> <p>High level commissioning intentions set</p>	<p>Revised specifications start to be CV'd into contracts</p> <p>Fit for Purpose services in line with updated health and care needs including consideration of health inequalities.</p> <p>Potential financial and workforce efficiencies</p>	<p>Revised specifications start to be CV'd into contracts</p> <p>Fit for Purpose services in line with updated health and care needs including consideration of health inequalities.</p> <p>Potential financial and workforce efficiencies</p>	✓	✓	✓	✓	
<p>Scope, develop and implement:</p> <ul style="list-style-type: none"> <li>UEC Digital roadmap</li> <li>UEC Workforce roadmap</li> </ul>	<ul style="list-style-type: none"> <li>UEC programme capacity</li> <li>Digital programme capacity</li> <li>People team capacity</li> <li>Partner organisations transformation and digital capacity</li> </ul>	<p>Scoping</p> <p>Determine whether there is a need for full strategies of UEC specific roadmaps</p>	<p>UEC workforce and digital strategies or roadmaps completed and owned by the system.</p> <p>Commence implementation</p>	<p>Ongoing implementation</p>	✓	✓	✓		



## 5. What's needed to make this happen

- Digital and IG support to ensure that innovative solutions are implemented to support provision of non-acute services such as Virtual Wards, CAS virtual assessment and stack pull capabilities and the integration of HCP SPA with wider partners such as EMAS
- Digital support to link services/partners to ensure that all care plans and current monitoring information is accessible to support decision making that keeps people at home with additional support
- Workforce support to move to more integrated use of workforce both across partner organisations and services to deliver seamless care without barriers or hand offs of patients. There are specific risks around some parts of the UEC pathway such as Frailty which needs focussed support through the PCCSV programme
- Workforce support to better plan for periods of escalation and to ensure that capacity is flexible to meet demand
- Continued engagement of partner transformation teams and operational teams with clinical support
- Future support from PHM to evidence impact and support stratification of priority cohorts within the pathway
- On-going recurrent allocation of the UEC investment made in 2023/24
- Comms and engagement support to continue with flexible and creative public and professional messaging

## 6. What could make or break progress

The UEC programme delivery and success is interdependent with the following:

- PCCSV programme prioritisation and delivery – Primary care, frailty and long-term condition management programme delivery are key to the success of the UEC programme delivery
- Elective recovery – UEC has the potential to impact delivery of the elective recovery plan and vice versa
- Enablers: Digital and Workforce
- System partners: ULHT, LCHS, LCC, LPFT, EMAS
- Neighbouring systems pressures

Risk/ Challenges	Mitigation
Workforce	Recruitment and retention as well as sickness and absence; reliance on agency and locum staff. Frailty workforce is a particular risk across the UEC and Frailty programmes
Industrial Action	
Increasing patient demand and acuity outstripping capacity	Continue to develop admission avoidance pathways and initiatives to provide more appropriate and timely support
Funding	Utilise additional national UEC and BCF monies to fund interventions with greatest impact
Public behaviours	Comprehensive comms and engagement strategy required
Rurality	Care closer to home will be adopted as a guiding principle when commissioning services with community hub-based models delivered in partnership with PCNs with Virtual Wards supporting patients to receive acute care at home

Programme: UEC

SRO: Clair Raybould

Programme lead: Rebecca Fieldsend

Clinical/Technical Lead: Anne-Louise Schokker

## 7. Planning assumptions

- A robust system demand and capacity plan is to be developed as part of the national operational planning process.
- Current assumptions are that we will plan to deliver national performance targets.

## 8. Stakeholders

- ULHT, LHCS, LPFT, EMAS, LCC
- Primary Care, Communities, & Social Value, Planned Care, MH and Cancer Programmes
- PCNs and wider primary care
- Social care commissioners and providers
- Patients and public
- Nursing and residential homes (LINCA)
- Voluntary sector
- Neighbouring commissioners/systems
- Midlands Regional Team
- NHS England

## 1. Future state

### Vision

The overall vision for the Lincolnshire system is to reduce waits for patients who require planned care and diagnostics to constitutional standards, improve patient access to these services and reduce inequalities across the county. In a recent patient and citizen survey (undertaken as part of the development of the Joint Forward Plan) 54% put improving waiting times for routine services such as diagnostic tests or operations as their top priority.

### Background

Page 211  
Waiting times are still the most challenging aspect for elective recovery. Prior to the junior doctor industrial action, the Lincolnshire system was on track to eliminate waits of 78 weeks by the end of March 2023. Unfortunately, both this and the additional industrial action by consultants impacted on ability to achieve this, but the system is focussed on eliminating 78 week waits as soon as possible. ULHT as the main Acute Provider has multi-year programmes (Outpatient Improvement Programme & Productive Theatres Programme) to take forward the Elective Care improvements required which focus on key projects like High Volume Low complexity & Patient Initiated Follow Ups

### National and Local Targets

Trajectories/targets up to March 2025 have been established nationally & locally as follows:

*Eliminate 65 week waits by March 2024 and 52 week waits by March 2025.*

- The system is ahead of trajectory to eliminate 65 week waits by March 2024.
- Local ambition to have <700 patients waiting more than 52 weeks by March 2024.
- The system will achieve the reduction in these waits sooner than in some specialties.
- No further national targets have yet been set. Local ambition is to achieve constitutional standard of 18 weeks by the end of this planning period and is shown on an incremental basis. The system will continue to work to reducing waiting times for all specialties ahead of this or any national targets set.
- The EACH will support longer waiting patients and their practices in managing their wait and looking for alternative options.

*Increase patient choice.*

- If patients are provided with greater choice at the point of referral the overall waiting list volume will reduce.
- If patients are provided with a proactive opportunity to move provider if waiting more than 18 weeks, the number of long waiting patients will reduce.
- National target to commence offering alternative Providers to patients waiting over 40 weeks from 31st Oct 2023 and extending to patients waiting over 18 weeks by Sept 2024. No national funding will be available to deliver this initiative.

*Increase Activity.*

Increasing activity delivered will also drive a reduction in waiting lists. Each of the providers across the system have been set individual activity targets for 2023/24 as follows:

- United Lincolnshire Hospitals Trust 116%
- Out of Area Providers Including Contracts with North West Anglia Foundation Trust and North Lincolnshire and Goole Trust 105%
- All other existing Independent Sector Providers 120%

To sustainably deliver the levels of patient activity required for 2024/25 onwards, all providers will need to increase productivity and efficiency of the services delivered. The detail of this will be part of annual planning rounds.

*Demand Management.*

- Reducing demand overall is a key priority to support waiting list reduction and the Elective Activity Coordination Hub (EACH) will continue to provide a system-wide single point of access for planned care referrals for Practices, Providers and Patients.
- In addition, promoting self-care and increasing activity within community services will reduce demand on both secondary care services and primary care and this will be a focus for 2023-28.

## 1. Future state

### National & Local References

- The NHS Planning Guidance for 2023/24
- The National agenda around Elective Recovery currently:
  - PRN00496: Elective Care Priorities
  - PRN00673: Protecting & Expanding Elective Capacity
- The National Agenda around Patient Choice:
  - PRN00507: Patient Choice
  - National Health Service Commissioning Board and Clinical Commissioning Groups (Responsibilities and Standing Rules) Regulations 2012 (“the Standing Rules”)
  - National Health Service (Procurement, Patient Choice and Competition) (No. 2) Regulations 2013 (“the PPCCRs”).
- The National agenda around Primary Care Recovery:
  - PRN00283-delivery-plan-for-recovering-access-to-primary-care-may-2023
- The NHS Lincolnshire Joint Forward Plan 2023-2028 particularly around Priority 3: Improving Access

## 2. What's being done to get there | Overview

### Eliminate 65 week waits by March 2024 and 52 week waits by March 2025.

All patients in the 65-week 'cohort' (*patients who, if not treated by 31 March 2024, will have breached 65 weeks*) will be given a first outpatient appointment before 31 October 2023 in most specialties to ensure their treatment pathway is completed by March 2024. Those more challenged specialties will be working towards a deadline of 31<sup>st</sup> December to ensure all patients have had their first outpatient appointment.

- Mutual aid will continue to be delivered predominantly from independent sector providers for challenged specialties, particularly for Gastroenterology and Dermatology.
- A new ENT weekend working proposal is to be implemented at ULHT. This will be evaluated and rolled-out to other specialties.
- Any learning from a national 'Going Further Faster' pilot will be reviewed and implemented where appropriate – national data not yet available. This pilot has focussed on eliminating 52 week waits sooner than the current March 2025 target.

### Increase patient choice

- Implement a system level plan for patient choice which ensures compliance with the regulatory requirements and raises the profile of patient choice. This will include a local communication plan with both practices and patients to complement the national communication campaign. This will also be aligned to the Lincolnshire Joint Forward Plan priority around improving access as it will help Lincolnshire patients understand their rights and how to access the care they require.
- Promote the Patient Initiated Digital Mutual Aid System (PIDMAS) which will, once available in October 2023, allow us to offer patients the ability to more easily and proactively 'opt-in' to move provider when they have been waiting over 40 weeks for care and meet the right criteria. This will be extended to all patients waiting over 18 weeks by Sept 2024.
- Ensure all opportunities to both request and offer mutual aid both within and outside of the DMAS system are regularly reviewed and progressed.
- Promote the use of the Elective Activity Coordination Hub (EACH) which offers choice to all planned care patients both at point of referral and via PIDMAS.

### Increase Activity

- ULHT will develop an overall clinical service strategy and establish a rolling programme of specialty clinical service strategies.
- Expand implementation of Getting It Right First Time (GIRFT) programme to other specialties.
- Expand the range of services and procedures to be delivered in the community and moved away from secondary care.
- Work with independent sector providers to deliver additional capacity where there are challenged specialties at our NHS providers
- Expand the programme of out-patient transformation and theatre utilisation to maximise capacity and efficiencies to reduce waiting times.
- Maximise capacity at the recently accredited Grantham Surgical Hub using HVLC principles as well as the planned increase to 2.5 session days.
- Implement and expand the estate strategy supporting modernisation and utilisation of space.

### Demand Management

- Reducing demand overall is a key priority to support waiting list reduction and the EACH will continue to provide a system-wide single point of access for planned care referrals for Practices, Providers and Patients. Currently 6 specialties are clinically triaged via the EACH, but a review is planned to determine priorities for 2024-28 to ensure both effectiveness and to maximise on opportunities to re-direct to more appropriate services.
- In addition, promoting self-care and increasing activity within community services will reduce demand on both primary and secondary care services and this will be a focus for 2023-28.

## 3. What's being done to get there | Detail

### Eliminate 65 week waits by March 2024 and 52 week waits by March 2025.

- Joint monitoring of long-waiting patients undertaken three times per week by ULHT/ICB and every two weeks with ISPs for assurance, to remove barriers and to source solutions where patients are undated.
- Close monitoring of patients waiting for specialist diagnostics etc. at out-of-area providers which may delay their overall pathway at ULHT.
- Monitoring of Lincolnshire patients at out-of-area Providers who may be suitable for repatriation into the Lincolnshire system.
- A rolling programme of Technical Referral To Treatment (RTT) Pathway validation for all patients waiting 12+ weeks to ensure they are on an appropriate pathway.
- A rolling programme by Providers and the EACH of administrative validation which includes contacting patients to ensure an appointment is still required.
- Continue with local mutual aid from independent sector providers particularly for Gastroenterology and Dermatology.
- Implement a new ENT weekend working proposal at ULHT, evaluate and roll-out to other specialties.
- Any learning from a national 'Going Further Faster' pilot will be reviewed and implemented where appropriate once data available. This pilot has focussed on eliminating 52 week waits sooner than the current March 2025 target. This is anticipated for Q4 2023/24.

### Increase patient choice.

- Implement a system level plan for patient choice which ensures compliance with the regulatory requirements and raises the profile of patient choice.
- Promote the Patient Initiated Digital Mutual Aid System (PIDMAS) which will, once available in October 2023, allow us to offer patients the ability to more easily and proactively 'opt-in' to move provider when they have been waiting over 40 weeks for care and meet the right criteria. This will be extended to all patients waiting over 18 weeks by Sept 2024.
- Ensure all opportunities to both request and offer mutual aid both within and outside of the DMAS system are regularly reviewed and progressed.
- Promote the use of the Elective Activity Coordination Hub (EACH) which offers choice to all new planned care patients at point of referral and for delivering PIDMAS.
- Deliver a local programme of patient engagement and communication to ensure patients understand their options around choice and address transport issues where feasible to encourage patients to access the most appropriate provider with shortest waits.
- Maximise patient transport options by encouraging use of available resources including the national health care travel costs scheme, Non-Emergency Patient Transport Service and local alternative transport options.
- ICB Contract Team to develop an accreditation process for new providers to increase choice.
- A programme to reintroduce directly bookable appointments with Providers to increase choice as this is known to reduce missed appointments (previously known as Did Not Attend (DNA) and Was Not Brought (WNB)).



## 3. What's being done to get there | Detail

### Increase Activity/Capacity.

- ULHT will develop an overall clinical service strategy and establish a rolling programme of specialty clinical service strategies. For planned care ENT and Gastroenterology are the priority. The strategy will be developed in line with the Lincolnshire Academy of Clinical Excellence (LACE)
- Expand implementation of Getting It Right First Time (GIRFT) to other specialties. This the backbone of service re-design and implementation and is the core of the improvement work planned in Lincolnshire. NLAG, ULHT and NWAFT (as the main NHS providers) have all integrated the principles of the *Getting It Right First Time* (GIRFT) initiatives to a greater or lesser extent. At ULHT the GIRFT programme is a substantial part of the improvement plan building on the success of previous schemes such as the Trauma and Orthopaedic and Urology redesigns delivered in recent years to great success.
- Alongside this is a programme of out-patient transformation for maximising capacity and efficiencies to reduce waiting times plus an estate strategy supporting modernisation and utilisation of space. The estate strategy includes maximising capacity at the recently accredited Grantham Surgical Hub using HVLC principles.
- Expand the Community Surgical Scheme and other community services to increase number and type of procedures undertaken. Examples include women's health hub, extending community audiology from current age 50+ years down to 18+ years.
- The EACH will facilitate a programme of repatriation with ULHT for specialties with shorter waiting times.
- The ULHT Grantham elective hub is driving through elective activity and will in the future have 2.5 session days which should facilitate increased activity volumes.
- Reaching the GIRFT standards for High Volume Low Complexity will facilitate greater activity – e.g. 8 patients on cataract lists as a standard across all providers

### Demand Management

- Reducing demand is also a key priority to support waiting list reduction and the EACH will continue to provide a system-wide single point of access for planned care referrals for Practices, Providers and Patients. This includes referral optimisation/demand management through primary care led triage, provision of specialist advice, application of the 10 interventions listed in the latest Evidence Based Interventions policy (List 3 published May 2023), ensuring Blueteq is widely used for requesting prior approval, maximising utilisation of ISPs and locally commissioned community services.
- The EACH will also support Onward Referrals where if a patient has been referred into secondary care and they need another referral the secondary care provider should make this for them rather than sending them back to general practice to a further delay before referred again. This will improve patient care, save time, and reduce bureaucracy for General Practice. The EACH will support by offering the patient an alternative choice of provider to access shorter waiting times for the onward specialty if appropriate.

### Workforce

- The workforce will be encouraged to have a 'can do' approach which focuses on what matters to people and to think and act creatively to make things happen for them.
- Develop a variety of different workforce models utilising different skill sets and best practice including multidisciplinary teams to support one stop services.
- Within ULHT the Productive theatres programme has a workforce modernisation project which is focused on increasing skill mix of staff to have a more agile workforce to deliver elective care across all sites

# Planned Care & Diagnostics

Programme: Waiting List Reduction	SRO:	Programme lead: Sarah Brinkworth	Clinical/Technical Lead:
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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
		Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Patient Alternative Choice Offers(National Target using national digital PIDMAS system)				Start Oct 23 with patients waiting 40+ weeks & extends incrementally down to 18+ weeks by Sept 24. ICB led in partnership with providers using 'PIDMAS'																	
Eliminate 65 + week waits (National target)				All pts in this cohort to have a 1 <sup>st</sup> OPA by 31/10/23 Oct to achieve no patients waiting 65wks+ by 31/03/24																	
<700 patients waiting 52+ weeks (local target) Eliminate 52 + week waits (National target)				<700 by Mar 24					0 by Mar 25												
Eliminate 40 + week waits (Local ambition – no targets set)													0 by Mar 26								
Eliminate 26 + week waits (Local ambition- no targets set)														0 by Mar 27							
Eliminate 18 + week waits (Local ambition – no targets set)																			0 by Mar 28		

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## 4. Projected impact on patients and system partners

### Impact on Patients:

- Decreased waiting list – measured weekly via WLMDS submission.
- Decreased waiting times in line with, or better than, national trajectory - measured monthly via the national My Planned Care platform and the national electronic Referral Service.
- Reduction in harm caused by long-waits (measured through evaluation of harm reviews by Quality team)
- Increase in choice of Provider where appropriate – measured through the EACH and e-RS reports.
- Care closer to home where community services can be increased.
- Increasing the utilisation of the EACH gives patients a single point of access for all appointment queries – measured through EACH Practice utilisation reports and Practice visits.

### Impact on System Partners:

Impact on system partners is being worked through as part of the current planning round and will be discussed when the annual planning guidance is released

## 5. What's needed to make this happen

- Increased activity within acute provider including reducing current inefficiencies. This is dependent on delivery of the improvements in the outpatient transformation and HVLC programmes.
- Increasing independent sector contracts to allow for equalising/reducing waiting lists by outsourcing, insourcing and transferring patients where patients can be treated quicker. This is being scoped as part of the 24/25 planning round.

Programme: Waiting List Reduction

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

## 6. What could make or break progress

Risk/ Challenges	Mitigation
<p>Non-elective pressures/capacity: Access to theatre capacity is reduced due to competing Emergency and Elective pressures; Insufficient provision of post op beds;</p> <p>Workforce: Significant workforce issues including sickness &amp; absence; reduction in workforce with existing staff moving into specialist roles/inability to recruit to more junior roles; reluctance to undertake additional sessions due to exhaustion; heavy reliance on locums; transformation planning requires the same clinical and operational staff as business as usual; industrial action impact particularly the junior doctors and consultants.</p>	<p>Requires system support for discharging patients who are medically fit.</p>
<p>Patient complexity: Disease progression of those patients waiting is resulting in longer operating time requirements and longer recovery time. This also includes the capacity to treat cancer patients as well as long waiting routine patients that require all day theatre lists.</p>	
<p>Additional diagnostic demand is expected when starting to clear the outpatient waiting lists. Any focus on recovering the cancer position also adversely impacts on diagnostics and elective activity.</p>	
<p>Pre-operative assessment: Relatively fragile pre-operative assessment service, including physical capacity for the service.</p>	
<p>Under delivery of the outpatient transformation and HVLC programmes</p>	
<p>Financial Recovery including 30% reduction in ICB running costs.</p>	
<p>Geography – difficult to source mutual aid due to travel distances.</p>	
<p>IT systems – Difficult to track total patient journey through ULHT as use different systems at each stage.</p>	
<p>Data quality issues</p>	

There is an established system-wide governance programme: all risk and mitigations are escalated via the Planned Care and Diagnostic Programme Group

## 7. Planning assumptions

- Current assumptions are that referrals remain static, and the system is working on using the available capacity to its maximum efficiency.
- That all national targets will be met, and remedial action will be implemented should performance be adverse to trajectories.
- All planned care programmes are interdependent and contribute to the delivery of waiting list reduction. Targets for this are set nationally. Current baseline position is being assessed and trajectories developed. This is done via planning discussions which are currently underway with partners. National planning guidance for 24/25 is still awaited before finalising.

## 8. Stakeholders

### *Stakeholders*

- Acute Providers
- Independent Sector Providers
- GP Practices
- Lincolnshire Clinical & Care Directorate (including Lincolnshire Academy of Clinical Excellence (LACE), Clinical & Care Academy (CCA) and Lincolnshire Learning Network (LLN) )
- Health and Well Being Board

### *Project team*

- ULHT COO & SRO for Planned Care
- ULHT Deputy COO, Planned Care & Cancer
- ULHT Head of Elective Access
- ULHT Clinical Lead for Planned Care
- ICB Planned Care and Diagnostic Programme Director
- ICB Deputy Planned Care Manager & EACH SRO
- ICB & ULHT Contracting Teams
- ICB Chief Medical Officer

## 1. Future state

### Outpatients

- It is widely discussed and highlighted in the NHS Long Term Plan that the current model of outpatient services is outdated and needs transforming to meet the current demands on the NHS. Over the next four years the Lincolnshire system will work together to develop new models of outpatient care including increasing the virtual offer as well as considering how artificial intelligence and other digital solutions could streamline services and make them more efficient.
- The ambition for the Outpatient Improvement Programme is to reduce risk of harm to patients as a result of excessive waiting times by recovering OP capacity in excess of 19/20 levels and to reduce the number of OP follow-up activity. This is at all providers to support the elective recovery with the short-term ambition at ULHT to increase new outpatient and outpatient procedure activity to 116% of 19/20 and the follow up reduction by 25%. This will be amended depending on national planning guidance and system need in future years. These ambitions will be delivered through a number of initiatives outlined in the NHSEI Personalised Outpatient Programme using the evidence-based principles, specialty guidance and framework of Getting It Right First Time (GIRFT).
- A project looking at the health inequalities around outpatient waits across the county is being developed through the latter half of 2023/24. The outcomes and any actions from this will be incorporated into future planning and outpatient improvement. This is not only looking at deprivation and access inequalities but is also scoping any inequalities between adults and children and young people.
- There are significant opportunities for digital improvements within the outpatient programme including electronic communication with patients, using automated robots for some simple communication, the ability to change appointments electronically, better interfaces with the NHS app and enhancing the offer of virtual consultations. The Electronic Patient Record (EPR) and Electronic Prescribing and Medicines Administration (EPMA) are key enablers in these improvement solutions. These are due to be implemented before 2028.
- There are opportunities to expand on the current Further Faster work which has produced a recovery plan to increase out-patient productivity. This plan identifies ENT, Cardiology, Ophthalmology, Trauma and Orthopaedics as the specialties with largest opportunities.

- It is accepted that the main opportunity is increasing the number of 1<sup>st</sup> outpatients and increasing the efficiency of clinics. This will support the elective recovery fund ambitions as well as the waiting list recovery. All of the above schemes will contribute to this, but there needs to be a focus on dating as many new referrals as possible. During 23/24 ULHT were flagged by NHSE as one of the highest providers in the region for undated first outpatients (63.3 % of the 65-week cohort as at 03/12/23). During 24/25 there will be an objective to reduce this as far as possible.

Ensure the out-patient improvement programme continues to align and expand on the NHSE Improving Elective Care Coordination for Patients (IECCP) Programme including the following:

### Virtual Consultations

- Objective: To maintain virtual consultations at a minimum of 25% for all specialties (where clinically appropriate) in line with national requirements. To scope the opportunities for different options including clinicians being at one site and patients and outpatient nurses being at another site. This includes using GP practices and Community Diagnostic Centres. This would be better for patient as it would support access and reduce travel; and be better for the environment as it would reduce the number of patient journeys.

### PIFU

- Objective: Average of all specialties to achieve 5% of all outpatient activity with stretch targets for those specialties that achieve this. This will support the ambition to reduce follow-ups in line with national requirements. It will also increase personalisation of care for patients including Personalised Stratified Follow-Ups for cancer patients.



## 1. Future state

### Specialist Advice

- Objective: Increase the pre referral specialist advice usage in line with National requirements which will enable patients to be given advice without the need of a referral to secondary care.
- Increase Provider level usage of specialist advice to at least 16% of new outpatient appointments and roll this out to all specialties enabling patients to be managed without the need for a referral which will help to reduce to waiting times. Where specialties are already achieving this, stretch targets will be discussed to ensure continuous improvement.
  - Whilst the majority of specialties offer A&G in ULHT, improvement is needed on the turnaround times to encourage increased uptake in primary care.
  - The remaining outpatient specialties at ULHT will fully engage with embedding and delivering advice and guidance.
  - NWAFT and NLAG specialist advice services are part of their system outpatient improvement plans. There is regular engagement between Lincolnshire and neighbouring systems to ensure any best practice and challenges are shared.
- Review of the specialist advice dashboard shows that the system has achieved over 30% specialist advice requests, with some months as high as 36%. The future assumptions are that current performance maintains for the post-referral specialist advice services.

### Follow Up Reduction

- Objective: The system plans to reduce outpatient follow-ups in line with the national ambition to reduce OPFU activity by 25% against the 2019/20 baseline by March 2024, thus increasing capacity and ensuring more outpatient first appointments are delivered. Reductions in future years will be considered in line with the national planning guidance and system requirements.

### Increasing Clinic Utilisation

- To increase and maintain clinic utilisation to 95% via a variety of programmes including implementing the 6-4-2 Process, directly bookable appointments, and reducing missed appointments.

### In/Out of scope

- Specialist Advice/ Virtual Consultations and Follow Up reductions – All Specialties in scope.
- PIFU – Majority of Specialties (Some Specialties are not suitable for PIFU, working with National team and Acute providers to identify those that are out of scope)
- Out of area providers will be monitored separately and performance managed through their own system governance.

## 2. What's being done to get there | Overview

All acute providers are part of their system outpatient transformation programme. In Lincolnshire the ICB and ULHT work closely together to develop and implement improvement actions. ULHT have established an Outpatient Improvement Programme with resource of a Programme Delivery Manager and Project Managers who lead on the outpatient transformation schemes, including, Advice and Guidance, Virtual Consultations, Patient Initiated Follow Ups (PIFU) and outpatient follow up reduction. The project managers work closely with operational colleagues from the divisions to develop bespoke action plans for each specialty and monitor the implementation. The Outpatient Recovery Improvement Group is embedded within ULHT governance and has robust objectives and responsibility for delivering the necessary improvements. The Outpatient Programme of work also reports into the Planned Care and Diagnostic Programme Group at a system level.

The system are implementing the initiatives and opportunities both identified and outlined in the NHSEI Personalised Outpatient Programme using the evidence-based principles, specialty guidance and framework of Getting It Right First Time (GIRFT).

The system has monthly meetings with NHSE on the outpatient programme to provide assurance and understand if there is anything additional the system could be introducing. Both ULHT and ICB representatives are in regular contact with NHSE Subject Matter Experts and engage in best practice reviews and lessons learned.

Digital solutions to improve patient experience and improve the efficiency of outpatient services are already being scoped. Automated robots are due to be implemented for simple queries and to help patients navigate the outpatient booking processes, and the current outpatient patient portal is due to be linked to the NHS app in the next year.

Additional actions will be considered as part of the annual planning round once the 24/25 planning guidance has been released.

## 3. What's being done to get there | Detail

### Virtual Consultations

- The system are meeting the National requirement of 25% and the ambition is to maintain this performance.
- The data is regularly monitored to ensure the system maintain this usage.
- Further work to be done internally by providers to monitor on a specialty level to ensure those specialties who are not meeting the target increase their virtual consultation usage, where clinically appropriate.

### Patient Initiated Follow Ups (PIFU)

- Re-visit specialties where PIFU is live to maximise utilisation.
- Explore opportunities with Divisions to rollout PIFU to the smaller specialties across the Trust and develop a programme and commence rollout where appropriate.
- Explore opportunities with Divisions for discharging/outcoming a patient to PIFU post ward stay/surgery and post-op and implement where appropriate.
- Explore opportunities to utilise available system funding for Remote Patient Monitoring
- Continue to engage with NHSEI Outpatient Transformation forums to share and disseminate best practice.
- Promote the utilisation and benefits of PIFU through communication and engagement.
- Conduct patient satisfaction surveys.
- PDSA the systems and processes that support the PIFU function.
- Continue to monitor and report on the PIFU utilisation against plan.

### Specialist Advice

- Specialist Advice – Continue to perform better than the national target of 16% of new outpatient attendances; and work towards increasing the provider level usage. Where specialties are meeting the 16%, stretch targets will be agreed.
- Reviewing response times by specialty for A&G through e-RS for all providers. Actions to be agreed with each specialty where this is outside of the 48-hour response period.
- Develop a feedback process on the quality of advice and guidance responses. This will be done linking in with the Clinical and Care Directorate in the ICB.
- Review the conversion rates of A&G to referral and work with primary and secondary care to review pathways and agree necessary actions. This will be done across all providers where there are significant levels of Lincolnshire patient activity.
- Develop a communications plan to encourage take up within Primary care and to liaise with the Primary Care team on the PCN Impact and Investment Fund indicators.
- Benchmark performance across providers and specialties and learn from best practice. The system improvement plan is to now engage with those specialties that are not hitting the 16% target and plan to drive the use and response rates up.
- Development of an A&G tracking tool by ULHT to help with monitoring and pulling together a plan to continue those conversations with the specialties who are not hitting the 16%.

### Increasing Clinic Utilisation

- 6-4-2 Process: Implement the 6-4-2 process for booking patient slots.
- Directly bookable: Expand directly bookable functionality to all major specialties (aligned to the GIRFT framework) allowing for appointments to be directly booked following patient choice discussions undertaken in the EACH. This will reduce DNAs and increase administration capacity within the Choice and Access team.
- Reducing Missed Appointments (Did Not Attend (DNA) and Was Not Brought (WNA): Expand on current programme to reduce Missed Appointments to <6% by implementing directly bookable slots as above, ensuring choice discussions are had with patients, utilising full digital functionalities to advise patients of appointment including text services and digital letters.

Programme: Outpatients

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

Scoping		Planning			Consultation				Implementation				Delivery & impact				Evaluation				BAU			
Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28					
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4		
Outpatients	Virtual Consultations					Scoping once new planning guidance received																		
Outpatients	PIFU					Scoping once new planning guidance received																		
Outpatients	Specialist Advice					Scoping once new planning guidance received																		
Outpatients	Follow Up Reduction					Scoping once new planning guidance received																		
Outpatients	Increasing Clinic Utilisation					Scoping once new planning guidance received																		

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Targets for the above projects are set nationally. Current baseline position is being assessed and trajectories developed via planning discussions currently underway with partners. National planning guidance for 24/25 onwards is still awaited before finalising.

## 4. Projected impact on patients and system partners

- Improved patient experience – reduction in complaints from patients and General Practice queries
- Reduction in waiting times – to support the national ambition to eliminate waits of 65 weeks of more by 31st March 2024
- Improved RTT performance – to support the national ambition to eliminate waits of 65 weeks of more by 31st March 2024
- Reduction in DNAs - this has been part of the national 'Action on Outpatients' programme and is embedded as a key enabler in ULHT's Integration and Improvement Plan
- Reduction in agency / bank and locum spend.
- Impact on system partners is being worked through as part of the current planning round

## 5. What's needed to make this happen

- Digital support from the System and ULHT to ensure innovative solutions are implemented to support booking processes. This includes support to suggest what could be done differently as well as the capacity and capability to move at pace when solutions have been identified.
- Engagement from clinicians and operational teams with the improvement programmes across the system (both primary and secondary care)

## 6. What could make or break progress

### Interdependencies with other programmes/organisations

- Outpatient Improvement Programme – ULHT
- GIRFT
- NHSEI POP
- Digital programme

## Challenges, Issues & Risks

- Non-elective pressures/capacity: Access to theatre capacity is reduced due to competing Emergency and Elective pressures; Insufficient provision of post op beds; Requires system support for discharging patients who are medically fit.
- Workforce: Significant workforce issues including sickness & absence; reduction in workforce with existing staff moving into specialist roles/inability to recruit to more junior roles; reluctance to undertake additional sessions due to exhaustion; heavy reliance on locums; transformation planning requires the same clinical and operational staff as business as usual; industrial action impact particularly the junior doctors and consultants.
- Patient complexity: Disease progression of those patients waiting is resulting in longer operating time requirements and longer recovery time. This also includes the capacity to treat cancer patients as well as long waiting routine patients that require all day theatre lists.
- Additional diagnostic demand is expected when starting to clear the outpatient waiting lists. Any focus on recovering the cancer position also adversely impacts on diagnostics and elective activity.
- Pre-operative assessment: Relatively fragile pre-operative assessment service, including physical capacity for the service.
- The PIFU target is measured against all outpatient New and Follow-up activity. There is a risk the target will not be met as some specialties are not suitable for PIFU but their New and F/up activity will still be included in the figures.
- There is an established system-wide governance programme for planned care and diagnostics. All risk and mitigations are escalated via the Planned Care and Diagnostic Programme Group

## 7. Planning assumptions

- Current assumptions are that referrals remain static and the system is working on using the available capacity to its maximum efficiency
- That all national targets will be met and remedial action will be implemented should performance be adverse to trajectories
- All planned care programmes are interdependent and contribute to the delivery of waiting list reduction. Targets for this are set nationally. Current baseline position is being assessed and trajectories developed. This is via planning discussions currently underway with partners. National planning guidance is still awaited before finalising

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## 8. Stakeholders

- Suganthi Joachim – Divisional Clinical Director, ULHT
- Sameedha Rich-Mahadkar - Director of Improvement & Integration, ULHT
- Sarah Brinkworth – System Planned Care & Diagnostic Programme Director, ICB
- Claire Probert - Deputy Director of Integration Directorate, ULHT
- Joanne Quigley – Programme Manager, ULHT
- Jade Nottingham – System Planned Care Project Manager, ICB
- Project Managers ULHT
- ICB Primary Care Leads
- Clinical and Operational resource needed for each specialty
- Digital leads



Programme: High Volume Low Complexity & Day Case Rates

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

## 1. Future state

The vision for the high volume low complexity (HVLC) programme is to support the elective recovery and deliver the national ambitions around planned increase in day case procedures and theatre utilisation. This will be done through developing a system approach which utilises primary care and community services to support delivery in an integrated and seamless way.

The objective is to deliver the elective recovery by improving theatre utilisation and productivity in line with Getting It Right First Time (GIRFT) principles, reducing the backlog of patients waiting for operations and improving patient outcomes. The national HVLC programme focusses on six specialities (orthopaedics, ophthalmology, ENT, gynaecology, urology, general surgery) with the potential for additional specialities being added by the national team in future years.

The aim of the programme is to:

- Increase day case rates to 85% e.g. HVLC cataract should be 8 patients per training list or 10 patients per non training list
- Apply the British Association of Day Surgery recommendations – minimum of 85% of patients being treated as day case
- Improve Theatre productivity.
  - Improve average late start – aim to ensure all theatres start on time
  - Improve average early finish – aim to ensure that theatre capacity is fully utilised
  - Improved capped theatre utilisation.
  - Improve pre-op assessment for all specialities.

### In/Out of scope:

Only the nationally identified specialities are within scope. The GIRFT recommendations will be used to drive change

## 2. What's being done to get there | Overview

- Driven by GIRFT ULHT have undertaken a review of the specialities to inform the future direction of travel and prioritise the programme of work.
- The system have taken part in gateway reviews for each of the six specialties under the HVLC programme as well as full system review meetings with the national GIRFT lead.
- The Trust have established a theatre productivity work programme to increase day case rates and theatre utilisation. There are formal governance arrangements behind this to discuss, challenge and escalate any issues.
- Grantham has been approved as a National Surgical Hub: As a surgical hub this needs to be developed to include a range of specialties, as well as improve sessional utilisation and expand to 7 day working. The system needs to ensure productivity and efficiency is increased over the next 5 years and to look at mutual aid opportunities and providing capacity to other systems.
- ULHT are scoping the potential for Louth to be the system ophthalmology Hub for HVLC.

Programme: High Volume Low  
Complexity & Day Case Rates

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

### 3. What's being done to get there | Detail

- ULHT have established a theatre productivity programme with resource of a Programme Delivery Manager and Project Managers who lead on the theatre productivity schemes including, increasing day case rates, increasing theatre utilisation and improving pre-operative assessment. The project managers work closely with operational colleagues from the divisions to develop bespoke action plans for each area and monitor the implementation. The theatre productivity work programme is embedded within ULHT governance and has robust objectives and responsibility for delivering the necessary improvements.
- The system have engaged in gateway review meetings for all six HVLC specialties. These are chaired by the national GIRFT lead for that specialty and involve a presentation delivered by the relevant clinical teams. Action plans are then developed and monitored through quarterly review meetings with the national GIRFT lead. These action plans continue to be updated and new improvement actions identified.
- The Grantham surgical hub was given formal approval during 2023 and the delivery plan for future years includes expanding this to 7 day working and increasing the number of sessions per day. This is supported by the Productive Theatres programme at ULHT which is increasing theatre utilisation and day case rates. The intention over the next 4 years is to increase the range of specialties and procedures that take place in the hub and to support neighbouring systems with their elective recovery. Weekend working and 2.5 session days will become business as usual allowing maximum efficiency of the hub. There is a plan to increase day case surgery rates to ensure compliant with British Association of Day Case Surgery (BADs).
- ULHT are scoping the potential to use Louth Hospital as an ophthalmology hub. This worked well during the initial covid recovery and managed to support the backlog of review patients. More detailed work is needed to understand the benefits and challenges of developing this.

# Planned Care & Diagnostics

Programme: High Volume Low Complexity & Day Case Rates

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

Scoping		Planning			Consultation				Implementation				Delivery & impact				Evaluation				BAU			
Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28					
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4		
HVLC & D/C						Scoping once new planning guidance received																		

Targets for this programme are set nationally. Current baseline position is being assessed and trajectories developed This is via planning discussions currently underway with partners. National planning guidance for 24/25 is still awaited before finalising.

Programme: High Volume Low Complexity & Day Case Rates

SRO:

Programme lead: Sarah Brinkworth

Clinical/Technical Lead:

## 4. Projected impact on patients and system partners

- Improvement in appointment times: patients will have a reduced wait for an outpatient appointment.
- Improvement in waiting times for surgery: patients will have a reduced wait for a surgical procedure.
- Improvement in quality outcomes – as system matures, so will the clinical experience and clinical outcomes improve.
- Increased productivity in day case procedures – completing more activity than before in the same time.
- Reduce the number of bed nights by utilising day case.
- Manage day case more effectively through Productive Theatres negating the risk of an overnight stay e.g.. schedule more complex day case first thing in the morning rather than last thing at night
- Reduce LOS following elective surgery by implementing discharge plans on admission e.g., for hip replacement – have physio and OT in place to mobilise patient on return from surgery, ensure appropriate adjustments had been made at home.
- If GIRFT principles are followed - it will ensure a positive impact on system partners in terms of increased activity, engaged workforce, reduce financial pressures improved patient satisfaction.
- Impact on system partners is being worked through as part of the current planning round

## 5. What's needed to make this happen

### Input from providers

- Patients:
- Primary/Community Care:
- Optical Practices:
- Acute Service:
- 3rd Sector:

### Requirements from

#### IT Connectivity

- Integrated technology
- Where possible multi-disciplinary team working (both in person and virtually)

**Other support requirements:** the ICS already engages well with many community assets – this needs to be business as usual across Lincolnshire

- 3<sup>rd</sup> sector
- Voluntary sector
- Community assets
- Volunteer sector

## 6. What could make or break progress

- Non-elective pressures/capacity: Access to theatre capacity is reduced due to competing Emergency and Elective pressures; Insufficient provision of post op beds; Requires system support for discharging patients who are medically fit.
- Workforce: Significant workforce issues including sickness & absence; reduction in workforce with existing staff moving into specialist roles/inability to recruit to more junior roles; reluctance to undertake additional sessions due to exhaustion; heavy reliance on locums; transformation planning requires the same clinical and operational staff as business as usual; industrial action impact particularly the junior doctors and consultants.
- Patient complexity: Disease progression of those patients waiting is resulting in longer operating time requirements and longer recovery time. This also includes the capacity to treat cancer patients as well as long waiting routine patients that require all day theatre lists.
- Additional diagnostic demand is expected when starting to clear the outpatient waiting lists. Any focus on recovering the cancer position also adversely impacts on diagnostics and elective activity.
- Pre-operative assessment: Relatively fragile pre-operative assessment service, including physical capacity for the service.
- There is an established system-wide governance programme for planned care and diagnostics. All risk and mitigations are escalated via the Planned Care and Diagnostic Programme Group

## 7. Planning assumptions

- Current assumptions are that referrals remain static and the system is working on using the available capacity to its maximum efficiency
- That all national targets will be met and remedial action will be implemented should performance be adverse to trajectories
- All planned care programmes are interdependent and contribute to the delivery of waiting list reduction. Targets for this are set nationally. Current baseline position is being assessed, and trajectories developed, via planning discussions currently underway with partners. National planning guidance is still awaited before finalising.

## 8. Stakeholders

- Patients
- United Lincolnshire Hospitals NHS Trust
- Lincolnshire Integrated Care Board
  - Planned Care
  - Primary Care
  - Cancer and E.O.L
  - Diagnostics
- Integrated Care System – Better Lives Lincolnshire

## 1. Future state

- Continued development on the expansion of CDC services at Grantham and the implementation of two new CDC facilities at Lincoln and Skegness to expand capacity for the main key diagnostic tests including MRI, CT, ECHO, NOUS, DEXA, and plain film, in addition to other services such as AAA, DESP and the delivery of some forms of chemotherapy in the east of the county.
- CDC capacity may be flexed to respond to regional demand if required. This additional capacity will support the natural increase in existing demand across the county, support the identification of unmet and hidden demand, reduce total waiting lists, improve 6ww and 13 ww compliance to meet the 85% and 95% targets in March 2024 and March 2025, and address the need to increase capacity in areas of inequality and deprivation.
- Scoping, feasibility, development and implementation of a fourth CDC facility in the Boston area of the county to respond to local demand and address the local needs in an area of deprivation and inequality.
- Delivery of a new endoscopy unit and PET CT unit in Lincoln will provide the required levelling up to 3.5 endoscopy rooms per 100,000 population over 50 years of age and support cancer targets with the provision of additional capacity
- Development of new patient booking system to enable patients to book appointments electronically once their referral has been vetted and approved by clinical teams. In addition to freeing up workforce time, the system will also provide flexibility for patients to arrange appointments which are convenient to them and provide them with a text reminder service to facilitate a reduction in DNAs. This will improve productivity and efficiencies across the system and support a more effective system to maximise available capacity.
- Capitalise on new digital and technological opportunities with the utilisation of electronic systems to maximise existing capacity and increase clinical performance and efficiency with the implementation of remote scanning software such as RadCockpit to enable remote supervision and the introduction of artificial intelligence software in radiology to reduce times from referral to diagnosis.

## 2. What's being done to get there | Overview

- A CDC project group and related governance support meetings has been set up to oversee the development and implementation of the CDC facilities across the county, with ULHT being identified as a lead provider.
- Continued review and development of a robust communication and engagement strategy to ensure that the views, opinions and insights from stakeholders are at the core of the decision-making process to improve diagnostic provision and ensure that the needs of the community and the system are met. This will contribute to the ambition to address health inequalities, as well as being aligned to the Lincolnshire Joint Forward Plan ambition to improve access and support the public in understanding how best to access services.
- Continued review and interrogation of demand & activity data to ensure that diagnostic capacity is being fully utilised and flexed as appropriate to ensure the maximisation of productivity and efficiency levels in existing CDC facilities, and to support optimal locations are identified for future CDC sites. This will be refined and continue throughout the during of the CDC project.
- Continued consultation and collaboration with existing and new system partners, including those from the independent sector, to ensure services are delivered effectively, efficiently and as productively as possible.
- Work with the System main provider to ensure that development of the new endoscopy and PET CT facilities are delivered as planned.
- Implementation of a 6-month trial of the SwiftQ booking process 6-month trial which is being funded by EMRAD and implemented by ULHT during 2023/24. Following the initial trial, we will support ULHT and EMRAD to progress an electronic booking process across the Trust as required.
- Implementation of the Rad Cockpit software which has been funded and approved as part of the CDC programme and progress the bids for AI funding to trial AI software in radiology.
- Continued engagement with both regional and national project leads for the CDC programme to maximise any additional opportunities for Lincolnshire patients. This will enable us to have advance notice and allow us time to be responsive and flexible in our design and implementation approach.



## 3. What's being done to get there | Detail

- Appropriate governance structures have been put in place to ensure the CDC project addresses its aims and objectives to increase diagnostic capacity and provision across the county, support Covid recovery, improve accessibility for rural and deprived communities, contribute to the reduction of health inequalities, and maximise productivity and increase efficiencies across diagnostic service provision. This project has been ongoing since 2021 and is currently expected to continue until 2025 which is when the national project is planned until, however it is extremely likely that funding will continue beyond this point. A system project team has been identified to implement the agreed delivery plan, with collaboration from a wide range of stakeholders including NHS, local authority and independent sector provider colleagues, together with input from patients and members of the public through surveys, engagement events and a patient co-production group. Following the successful implementation of the CDC project, we will oversee the effective integration of CDC services into business as usual from 2025 onwards.
- Continued review and development of a robust communication and engagement strategy to ensure that the views, opinions and insights from stakeholders are at the core of the decision-making process to improve diagnostic provision and ensure that the needs of the community and the system are met. This includes the creation and ongoing development of a patient co-production group to support the plans for CDC provision across the county, together with a proactive engagement campaign to raise the profile of CDCs and seek further feedback, ideas and suggestions to improve services across the county. This will continue for the length of the project until 2025, following which a review will be undertaken to agree any further actions which may be required.

- Continued review and interrogation of demand and activity data to ensure that diagnostic capacity is being fully utilised and flexed as appropriate to ensure the maximisation of productivity and efficiency levels in existing CDC facilities, and to support optimal locations are identified for future CDC sites. This will be refined and continue throughout the duration of the CDC project, as we gain more intelligence on the nature and demand of unmet need, hidden demand and clinical improvements in diagnostic advancements. Following the implementation of CDCs, the requirements for ongoing demand and capacity modelling will be embedded into day-to-day management processes and annual planning.
- Initial consultation and collaboration with existing and new system partners, including those from the independent sector, to support clinical pathways, enhance partnership working, increase diagnostic capacity and ensure good levels of productivity and efficiencies. This work has already commenced and will continue throughout the life of the CDC project. It is expected that continued collaboration with multiple partners will become the norm as we embrace provider collaboratives as a key component to system working, to support the planning, delivery and transformation of clinical services to meet the need of our community now and in future years.
- Work with the System main provider to ensure that development of the new endoscopy and PET CT facilities are delivered as planned.
- Review of the SwiftQ booking process 6-month trial which is being funded by EMRAD and implemented by ULHT during 23/24. Following the initial trial, which is being led by our main provider, continue to provide support to ULHT and EMRAD to progress the effective implementation of an electronic booking process across the Trust.
- Implementation of the Rad Cockpit software system to support remote supervision across CDC facilities, and trialling of AI software to enhance current radiology effectiveness and reduce times from referral to diagnosis.

# Planned Care & Diagnostics

Programme: Diagnostics	SRO:	Programme lead: Sarah Brinkworth	Clinical/Technical Lead:
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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
CDC Programme	Grantham CDC																					
CDC Programme	Skegness CDC																					
CDC Programme	Lincoln CDC																					
CDC Programme	Boston CDC																					
Endoscopy	PET CT																					
Electronic Booking Process																						

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## 4. Projected impact on patients and system partners

- Grantham CDC and development of additional facilities in Lincoln, Skegness and potentially Boston.
- Increasing diagnostic capacity to reduce waiting times, address unmet need and improve performance metrics. This will be for planned and unplanned care, as well as cancer pathways. By moving outpatient diagnostics off the main acute sites, capacity will be created to improve UEC pathways and for more complex patients include cancer and cardiac tests.
- Meet the aim to provide diagnostic tests to 85% of patients within 6 weeks by March 2024 and to 95% of patients by March 2025. Progress will be monitored and evaluated on monthly basis through analysis of patient waiting times data.
- Improve productivity and efficiency through the transformation of clinical pathways, with the provision of co-ordinated diagnostic testing and inclusion of new technology.
- Planned CDC activity for 23/25 is likely to be in excess of 32,000 tests across 6 of the main modalities, with significant increases planned for 24/25 and 25/26 as the two new CDC facilities become fully operational, where it is anticipated that activity will be in excess of 150,000 tests in total for all three sites. To date the CDC programme has delivered more than 63,000 additional diagnostic tests at the Grantham site. CDC activity data is monitored weekly and reported through to internal system governance structures and national report databases.
- Increase in digital interoperability and connectivity across the system to provide greater information sharing between system partners and enable improved management of complex cases, in addition to providing patients with more choice when booking their appointments through an electronic system and at CDC sites which are closer to home and easy to access. Patient utilisation of CDC facilities and DNAs will be monitored to measure effectiveness and provide intelligence for future planning.

## 5. What's needed to make this happen

- System collaboration and local engagement with NHS and SP stakeholders to progress the CDC programme.
- Continued support from regional colleagues in the development of CDCs, sharing and learning from experiences.
- Continued revenue and capital funding from national CDC initiatives to support the CDC programme and other digital innovation.
- Collaboration with Regional workforce teams to support international recruitment and other workforce initiatives.
- Ongoing review and implementation of advancements in technology to improve efficiencies and maximise capacity of diagnostics.

## 6. What could make or break progress

- Non-elective pressures/capacity: Access to theatre capacity may be reduced due to competing Emergency and Elective pressures and insufficient provision of post op beds will have a negative impact on carrying out elective procedures thereby limiting the reductions in waiting list times. There will be a requirement for the system to support discharging patients who are medically fit at the earliest opportunity to maximise bed capacity and for the development of aligned clinical pathways to maximise efficiency and productivity of diagnostics at CDC site.
- Workforce: Significant workforce issues may arise due to high levels of sickness & absence; difficulties in recruitment and retention in key geographical areas and inability to recruit workforce with the required skills to staff new and existing clinical facilities. A reduction in existing workforce may also occur with staff moving into specialist roles and difficulties with/or the inability to recruit to more junior roles. There may also be a reluctance to undertake additional sessions due to exhaustion and a heavy reliance on locums or agency workers. Transformation planning requires the same clinical and operational staff as business as usual and industrial action may impact on availability of workforce, particularly in respect of the junior doctors and consultants. Failure to support the University of Lincoln Radiology courses as part of the CDC programme, may delay the future availability of qualified students and the ambition to encourage a locally developed workforce.
- Patient complexity: Disease progression of those patients waiting for treatment will result in longer operating time requirements, more clinical complications and longer recovery times. This also includes the capacity to treat cancer patients as well as long waiting routine patients that require all day theatre lists.
- Additional diagnostic demand is expected when starting to clear the outpatient waiting lists. Any focus on recovering the cancer position also adversely impacts on diagnostics & elective activity
- Pre-operative assessment: Relatively fragile pre-operative assessment service, including physical capacity for the service may impact of elective recovery as diagnostic diagnosis is speeded up and diagnostic waiting lists are reduced.
- There is an established system-wide governance programme for planned care and diagnostics. All risk and mitigations are escalated via the Planned Care and Diagnostic Programme Group

## 7. Planning assumptions

### Demand drivers:

- Demand for additional diagnostic capacity occurs as a result of population increases and the need to address significant inequalities which are present in a number of existing areas with high levels of deprivation and geographical challenges. It is anticipated that these areas hide significant unmet demand as patients live in areas of multiple deprivation and are unable to access existing services, which may require significant travel, due to a number of reasons including financial or socio-economic hardship.
- There is also a national focus for all systems to address large waiting lists with national targets being set to reach 85% and 95% of 6ww's by March 2024 & March 2025 respectively.

### Productivity, capacity & resource enablers and constraints:

- Workforce: Availability of suitably trained and skilled diagnostic workforce is likely to limit the recruitment of NHS workforce to undertake all CDC roles, and there will therefore be a need to work collaboratively with the independent sector in order to fulfil the ambition to deliver all CDC tests as planned.
- Recruitment & retention within Lincolnshire is often challenging. As a result there will be collaboration with system, regional and national partners to increase the availability of skilled workforce through international recruitment initiatives, upskilling and retraining of existing workforce and developing links with the University of Lincoln School of Radiography to train and retain students within the local area.
- Digital: Exploration and development of digital solutions to maximise productivity and efficiency of NHS services. This includes electronic booking systems, utilisation of artificial intelligence systems and the use of remote supervision technology such as Radcockpit.

## 8. Stakeholders

- NHS Lincolnshire ICB
- United Lincolnshire Hospitals NHS Trust
- Regional and National NHSE Colleagues
- Regional System colleagues and Independent Sector Providers
- Wider Lincolnshire System NHS partners, including LCHS, PCNs, GPs
- Local Authority, including Public Health, Town, District and County Council colleagues
- Lincoln University colleagues
- CDC Co-production group; Patients and public stakeholders

## 1. Future state

### Operational 1&2 years Cancer Care Vision

- All schemes identified will support the delivery of the Cancer Waiting times recovery. The next 2 years will see the programme for cancer recover to a pre-pandemic position. The focus will be on achieving the 28-day standard to 75%, reducing the backlog of patients waiting over 62 days, achieving the 31-day treatment standard and achieving the 62-day standard.
- The Lincolnshire Living with Cancer Strategy 2023 – 2025 is our 4th Strategy and sets out our approach and plans for the next 2 years with a forward view to 2028. It builds on the work carried out over the last seven years which was set out in the previous Living with Cancer Strategies. The approach put is ‘we are creating a better and sustainable future for supporting people LWC, involving and integrating all relevant parts of the health and social care system, using the assets we already have, supporting people in the place they would like and in the way they would like, and placing people at the centre of everything we do.’
  - Return the number of people waiting for longer than 62 days to 217 by March 2024
  - Achieve 28-day Faster Diagnosis standard 75% by March 2024
  - Achieve Combined standard for 62-day performance 70% by 2024
  - Implement Personalised Follow up Pathways (PFUP) with remote monitoring in further 4 pathways
  - Scope, review and implement a health inequalities programme of work focussing on the Colorectal pathway to include improving staging outcomes, improve screening uptake and reduce emergency presentations.
  - Implement new CUP pathway.
  - Finalise Galleri Trial 2024
  - Targeted Lung Health Checks national priority- this will contribute to the ambition of the NHS Long Term Plan to improve early diagnosis and survival for those diagnosed with cancer.

### Strategic 2-5 years

- Implement and operationalise including remote monitoring PFUP in additional tumour pathways by 2028.
- Implement NHS model of personalised care and personalised care elements for all people diagnosed with cancer in Lincolnshire by 2028.
- Scope, develop and commence transition of PFUP protocols and models of working to support other LTC specialities aligning with PIFU.
- Scope and commence transition of personalised care models of working to support people living with other LTCs in Lincolnshire
- Scope the Economic Patient modelling (actuarial modelling) – proactive preventative care for colorectal screening

### National/local requirements

- Performance is driven by NHSE and is mandatory to achieve.
- EMCA set priorities for the year TLHC and BPTP are also mandated.

### Evidence base

- NICE Guidance
- Personalisation guidance
- CWT Guidance
- LACE process
- ECAGs
- Speciality specific clinical evidence.

### In/out of scope

- Liver Surveillance is out of scope.
- UGI Cytosponge pathway is out of scope.
- Capsule endoscopy is out of scope.

## 2. What's being done to get there | Overview

- Currently in the NHSE assurance Tier one meeting weekly with NHSE to discuss performance and sustainability of improvement.
- ULHT and the system are leading Intensive Support meetings with the divisions to monitor 28-day performance backlog reduction and combined classic performance.
- Cancer recovery and delivery meetings overseeing acute improvement work with ULHT.
- All future improvement projects will be taken through the LACE where pipelines available.
- Wrapping SDF finances around delivery programme
- System wide working to develop projects.
- Living with Cancer Strategy
- Integrated Cancer Workforce Development Strategy
- Cancer Digital Strategy

### Response to potential improvement opportunities

- All improvement projects follow a QI methodology to determine the warranted variation.
- All improvement projects are implemented a national agenda. e.g. performance

## 3. What's being done to get there - Detail

- 28-day FDS – 75% by March 2024
  - Actions - twice week Intensive Support Meetings, Daily PTLs lead by ICB and Trust, 3 Specialist specific project manager working with ULHT to deliver improvement plan
- 31 Day - 96% -
  - Actions- twice week Intensive Support Meetings, Daily PTLs lead by ICB and Trust, 3 Specialist specific project managers working with ULHT to deliver improvement plan.

- 62 Day Performance – 70% March 2024 –
  - Actions -twice week Intensive Support Meetings, Daily PTLs lead by ICB and Trust, 3 Specialist specific project managers working with ULHT to deliver improvement plan.
- Backlog Reduction – 217 by March 2024-
  - Actions- twice week Intensive Support Meetings, Daily PTLs lead by ICB and Trust, 3 Specialist specific project managers working with ULHT to deliver improvement plan.
- Further deliverables with be set nationally for 2024/2025- As of 20th December
  - Actions - awaiting National Guidance for Cancer 2024/25 plan.
- Implement Personalised Follow Up Pathways (PFUP) with remote monitoring in further 4 pathways by March 2025-
  - Action- Adopt guidance protocols and SOPs and take through ULHT Governance, work with Clinical and Operational team to adopt PFUP and RMS as BAU. Continue Living with Cancer in the community to facilitate supportive self-management and community-based support.
- Ensure interdependence with the Planned care programme to ensure read across of productivity plans



Programme: Cancer

SRO: Clair Raybould

Programme lead: Louise Jeanes

Clinical/Technical Lead: Ciro Rinaldi

		Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU															
Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28				
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
Cancer	Return the number of people waiting for longer than 62 days to 217 by March 2024																						
Cancer	Improve performance for diagnosis and treatment standards– Achieve 28-day Faster Diagnosis standard 75% by March 2024 Achieve Combined standard for 62-day performance 70% by 2024																						
Cancer	Implement Personalised Follow up Pathways (PFUP) with remote monitoring in further 4 pathways																						
Cancer	Scope, review and implement a health inequalities programme of work focussing on the Colorectal pathway to include improving staging outcomes, improve screening uptake and reduce emergency presentations																						
Cancer	Implement new CUP pathway																						
Cancer	Finalise Galleri Trial 2024																						
Cancer	Targeted Lung Health Checks national priority- this will contribute to the ambition of the NHS Long Term Plan to improve early diagnosis and survival for those diagnosed with cancer.																						

Programme: Cancer

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28				
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
Cancer	Implement and operationalise including remote monitoring PFUP in additional tumour pathways by 2028.																						
Cancer	Implement NHS model of personalised care and personalised care elements for all people diagnosed with cancer in Lincolnshire by 2028.																						
Cancer	Scope, develop and commence transition of PFUP protocols and models of working to support other LTC specialities aligning with PIFU.																						
Cancer	Scope and commence transition of personalised care models of working to support people living with other LTCs in Lincolnshire																						
Cancer	Scope the Economic Patient modelling (actuarial modelling) – proactive preventative care for colorectal screening																						

## 4. Projected impact on patients and system partners

- Backlog reduction -Only impact on activity levels form the backlog reduction because as patients remain on the backlog, they may seek support form Primary care.
- FDS performance will see a reduction of the impact on primary care therefore they are not reliant, and they have been given a diagnosis/ removed from the pathway.
- PFUP 24/25 (26-28)- There may be increased activity for complex patient for LCHS, Primary care and patients may require access to psychological services in LPFT, increased demand in voluntary and community sector organisations.
- Colorectal pathway – will potentially increase uptake of bowel screening and impact on diagnostic services at ULHT in endoscopy/ histology- however a positive impact would be on reduction in emergency presentation via ED.
- CUP pathway - Reduce number of referrals from PC and visits to PC from the patient with revision of pathway.
- Galleri trial- Reduce visits to PC as patients being diagnosed through alternative route- it will however increase referrals to ULHT for diagnosis and treatment.

- Targeted Lung Health Checks- this programme has potential to have significant impact on PC due to the identification of incidental findings form the CT scans. It will increase number of referrals into ULHT for suspected Lung cancer which will have a knock-on impact of diagnostics and pathology, numbers indicate that there will be an increase in treatments at tertiary centre Nottingham which could lead to a backlog of patients awaiting treatments- this could impact on [patients requiring emotional and psychological support. Working up activity number to qualify problem.
- Model of Personalised care – Increased demand on community and voluntary sector services – increased demand for LPFT and LCHS with more complex patients supported out of hospital – reduce demand on ED presentations. Improved patient experience.
- PFUP protocols and Model of Working to support other LTCs specialities aligning with PIFU- 24-28- OPAs saved to reduce backlogs and waiting lists for all LTC pathways, increased demand on voluntary and community sector, reduce demand on PC. Improved patient experience.
- Actuarial modelling: System support from finance and Arden Gem/PHM to model pathway through form screening to treatments and understand impact across pathway.

## 4. Projected impact on patients and system partners

Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Return the number of people waiting for longer than 62 days to 217 by March 2024	<ul style="list-style-type: none"> <li>Staffing; project, transformational and operational to continue BAUS whilst also implementing improvement</li> <li>Clinical buy in and change in working practices</li> <li>Funding; additional capacity</li> </ul>	Reduce number of patients waiting over 62 days to 217.	Return performance back to pre-covid levels (and beyond)	Continue to reduce backlogs as far as possible.				
Improve performance for diagnosis and treatment standards	<ul style="list-style-type: none"> <li>Staffing; project, transformational and operational to continue BAU whilst also implementing improvement</li> <li>Clinical buy in and change in working practices</li> <li>Funding; additional capacity</li> </ul>	– Ensure 28FDS performance reaches 75% by the end of March 2024	Return focus back to 62 day performance and meeting 62 day targets as laid out in new constitutional standards.	Continue to improve performance and roll out early diagnosis interventions.				

## 4. Projected impact on patients and system partners

Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Implement Personalised Follow up Pathways (PFUP) with remote monitoring in further 4 pathways	<ul style="list-style-type: none"> <li>- EMCA identify priority pathways.</li> <li>- ECAGs agree regional protocols</li> <li>- Clinical buy in</li> <li>- Staffing.</li> <li>- IT – procure next RMS Modules</li> </ul>	PFUP and RM operationalised in 4 additional pathways. OPAs saved reused at front end of pathways to reduce backlog and waits.	PFUP and RM operationalised in 4 additional pathways. OPAs saved reused at front end of pathways to reduce backlog and waits.					
Scope, review and implement a health inequalities programme of work focussing on the Colorectal pathway to include improving staging outcomes, improve screening uptake and reduce emergency presentations	<ul style="list-style-type: none"> <li>- Clinical buy in</li> <li>- Access to data held by screening programme</li> <li>- HIE to transform and implement changes.</li> </ul>	Scoping, Data drill down, consultations, engagement with Coproduction groups,	Implement and measure Impact of coproduction groups	Delivery and evaluation				
Implement new CUP pathway	<ul style="list-style-type: none"> <li>- Clinical buy in from Primary Care &amp; Secondary Care.</li> <li>- Change in working practices &amp; implementation of new pathway.</li> </ul>	New streamlined pathway for CUP patients to ensure they are not delayed in getting a diagnosis.						

## 4. Projected impact on patients and system partners

Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Finalise Galleri Trial 2024	<ul style="list-style-type: none"> <li>– Clinical buy in</li> <li>– Support from Cancer Team and pre diagnosis team</li> </ul>	Lincolnshire patients will undergo final blood test to look for cancer markers aiding earlier diagnosis. Results will be reviewed and a decision made about long term.						
Targeted Lung Health Checks national priority- this will contribute to the ambition of the NHS Long Term Plan to improve early diagnosis and survival for those diagnosed with cancer.	<ul style="list-style-type: none"> <li>– Clinical buy in</li> <li>– Funding from EMCA</li> <li>– Procurement and contracting team support</li> </ul>		Roll out of targeted lung health check programme leading to earlier diagnosis of lung cancer patients.					



## 4. Projected impact on patients and system partners

Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Implement and operationalise including remote monitoring PFUP in additional tumour pathways by 2028.	<ul style="list-style-type: none"> <li>- EMCA identify priority pathways.</li> <li>- ECAGs agree regional protocols</li> <li>- Clinical buy in</li> <li>- Staffing.</li> <li>- IT – procure next RMS Modules</li> </ul>		PFUP and RM operationalised in additional pathways. OPAs saved reused at front end of pathways to reduce backlog and waits. Improved patient experience.	PFUP and RM operationalised additional pathways. OPAs saved reused at front end of pathways to reduce backlog and waits. Improved patient experience.				
Implement NHS model of personalised care and personalised care elements for all people diagnosed with cancer in Lincolnshire by 2028.	<ul style="list-style-type: none"> <li>- System buy in ICB, acute, PC, VCS.</li> <li>- Staffing.</li> <li>- Packages of funding for e.g. training.</li> </ul>		Improved patient experience.	Improved patient experience.				
Scope, develop and commence transition of PFUP protocols and models of working to support other LTC specialities aligning with PIFU.	<ul style="list-style-type: none"> <li>- Clinical buy in.</li> <li>- Staffing – recurrent funding for roles.</li> <li>- IT – RM systems.</li> </ul>		OPAs saved reused at front end of pathways to reduce backlog and waits. Improved patient experience.	OPAs saved reused at front end of pathways to reduce backlog and waits. Improved patient experience.				

Programme: Cancer	SRO:	Programme lead: Sarah Brinkworth	Clinical/Technical Lead:
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## 4. Projected impact on patients and system partners

Initiative	Inputs	Outputs and Outcomes			ICS aims			
		23/24	24-26	26-28	1	2	3	4
Scope and commence transition of personalised care models of working to support people living with other LTCs in Lincolnshire	- System buy in ICB, PC, VCS.		Improved patient experience	Improved patient experience.				
Scope the Economic Patient modelling (actuarial modelling) – proactive preventative care for colorectal screening	EOI with CRUK to support the work to be lead across system		Scope, Plan and Consultation, Implementation, Delivery and Impact	Evaluation				

## 5. What's needed to make this happen

### Backlog/ FDS/ 31 day and 62 combined standards

- Maintain existing activity and staffing levels.
- Ensure GPs are referring appropriately.
- Recurrent investment required for colorectal CNS and navigator teams.
- Right sizing review of services as improvements are made.
- Histopathology – further review of roles in workforce to support national turnaround ambitions.
- SDF funding reviews to ensure monies being spent and impact – futures BCs identified and supported by the system

### PFUP 24-28

- ULHT to adopt guidance protocols and SOPs to make this BAU.
- Primary care to adopt / deliver quality improvement in Cancer Care reviews.
- Review number of Care co-ordinators in ULH/ PC/ Community
- Increase resilience and capacity and community sector.
- Adoption of personalised approaches across the system
- Collaboration with Health Inequalities team/ Personalisation team and PHM
- External funding required for specific work programme e.g., volunteering.

### Colorectal screening

- Support from the health inequalities teams
- Potential use of voluntary support to engage populations.
- The project is not at a stage where we understand the constraints to identify what finance streams are required.

### CUP pathway

- There is a concern but the projects is not at a stage to understand- but there may be an impact on demand – and therefore we may to increase workforce to deliver

### Galleri trial

- Expected referral demand approx. 20 referrals across all specialities therefore the demand is spread and no impact on workforce or finance.

### TLHC

- 23-28 over this period of time we will anticipate to diagnose circa. 700 cancers
- Initial investment to screen these patients will come from national funding pot, however future funding will be from centralised commission as this will become part of the routine screening programme.
- Programme is currently scoping options to provide pilot study for Lincs and future provision for screening programme.

### Model of Personalised care

- Increase resilience and capacity and community sector.
- Adoption of personalised approaches across the system
- Collaboration with Health Inequalities team/ Personalisation team and PHM
- External funding required for specific work programmes e.g., volunteering.

### PFUP protocols and Model of Working to support other LTCs specialities aligning with PIFU- 24-28

- Increase resilience and capacity and community sector.
- Adoption of personalised approaches across the system
- Collaboration with Health Inequalities team/ Personalisation team and PHM
- External funding required for specific work programme e.g., volunteering.

### Actuarial modelling

- Funding required to support modelling from PHM.
- PHM to ensure access to datasets.

Programme: Cancer

SRO: Clair Raybould

Programme lead: Louise Jeanes

Clinical/Technical Lead: Ciro Rinaldi

## Risks / Challenges

Non-elective pressures/capacity: Access to theatre capacity is reduced due to competing Emergency and Elective pressures; Insufficient provision of post op beds; Requires system support for discharging patients who are medically fit.

Workforce: Significant workforce issues including sickness & absence; reduction in workforce with existing staff moving into specialist roles/inability to recruit to more junior roles; reluctance to undertake additional sessions due to exhaustion; heavy reliance on locums; transformation planning requires the same clinical and operational staff as business as usual; industrial action impact particularly the junior doctors and consultants.

Patient complexity: Disease progression of those patients waiting is resulting in longer operating time requirements and longer recovery time. This also includes the capacity to treat cancer patients as well as long waiting routine patients that require all day theatre lists.

Additional diagnostic demand is expected when starting to clear the outpatient waiting lists. Any focus on recovering the cancer position also adversely impacts on diagnostics and elective activity

Pre-operative assessment: Relatively fragile pre-operative assessment service, including physical capacity for the service.

Financial Recovery including 30% reduction in ICB running costs

Geography – difficult to source mutual aid due to travel distances

IT systems – Difficult to track total patient journey through ULHT as use different systems at each stage

Data quality issue

## Mitigation

Working closely with ED teams – ensuring decision making is considered and impact is understood

System adoption of Integrated Cancer Workforce Development Strategy 2023 – 2025 and development of subsequent strategies. Focus on recruitment and retention of staff and training and support of existing staff. System adoption of Aspirant Cancer Career and Education Development programme.

Clinical review meetings prioritising patients based on clinical need are undertaken regularly. The backlog is continuing to decrease beyond expectations of NHSE therefore the number of patients having lengthy waits is also reducing.

Regular communication between planned care and cancer teams will allow for a better understanding of demand for diagnostic services. It will also allow us to work collaboratively to identify bottlenecks and adjust capacity where possible based on demand fluctuations. Clear clinical criteria are also available to ensure patients are prioritised based on clinical need. By working collaboratively, we can also develop improvement initiatives to potentially enhance efficiency & quality of diagnostic services.

Work is ongoing to improve pre-operative assessment services within ULHT. Agreement has been reached that cancer patients will always take priority for pre op assessment capacity.

Cancer is funded by external source – however unsure when this funding will come to an end, recurrent funding for posts following Alliance funding needs to follow governance process to ensure recurrent funding

Living with Cancer Programme takes whole system, place-based, asset-based and person-centred approach. Emphasis on supporting patients closer to home in own communities and meeting patient needs including transport issues. Implementation personalised follow up pathways and remote monitoring for clinically suitable patients.

Implementation of Care Portal across the Lincolnshire system.

Commissioned Insource a company who will provide validation of PTL

## 7. Planning assumptions

### Productivity, capacity & resource enablers and constraints:

- Workforce: This does not take into consideration any Industrial Action - NHSE have been clear that we should plan based on no industrial action taking place.
- Digital: System Digital Programme implements digital solutions which are adopted system wide; Deployment of Care Portal and Patient portal .
- Finance: Cancer receives an allocation from EMCA each financial year to support programme and recovery 23/24 circa 3 million- awaiting allocation for 24/25, committed 1.5m already that will be covered plus further allocation. Align with planned care ERF as part of planned care activity. ULHT have a identified further Colorectal roles for Navigators and XCNS that need recurrent funding currently awaiting to go through CRIG

## 8. Stakeholders

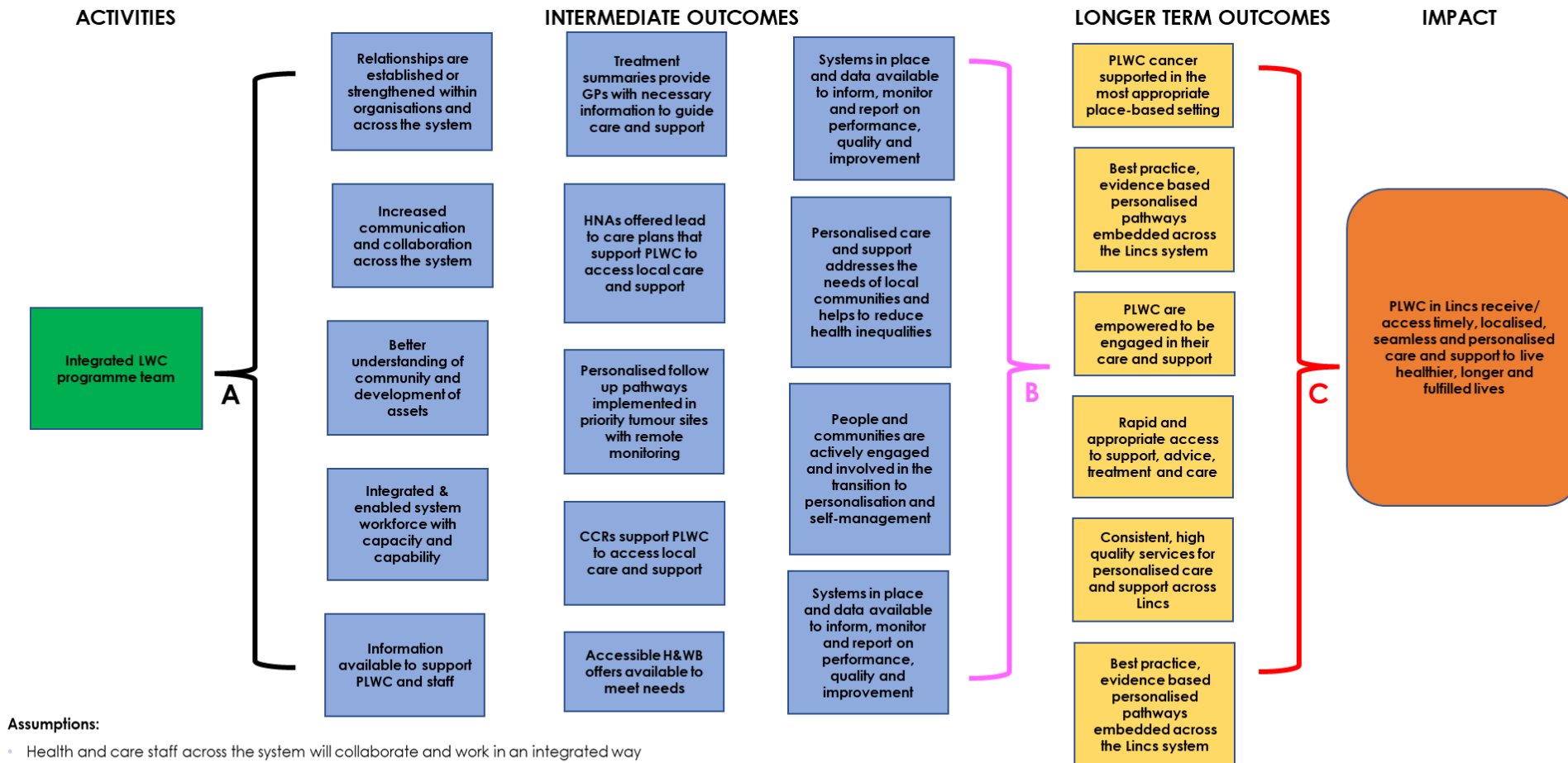
### Stakeholders

- Acute Providers
- GP Practices
- Lincolnshire Clinical & Care Directorate (including Lincolnshire Academy of Clinical Excellence (LACE), Clinical & Care Academy (CCA) and Lincolnshire Learning Network (LLN) )
- Health and Well Being Board
- LVET Board
- It's all about People Board
- Health Inequalities Board

### Project team

- ULHT COO & SRO for Cancer
- ULHT Deputy COO, Cancer
- ULHT Clinical Lead for Cancer
- ICB Cancer Programme Director
- ICB Deputy Cancer Programme Manager
- Macmillan Living with Cancer Programme Manager
- ICB Chief Medical Officer
- ULHT Cancer Lead

## Theory of Change Model for Living with Cancer Programme



**Assumptions:**

- Health and care staff across the system will collaborate and work in an integrated way
- There is the capacity for people to come together to work in new and different ways
- Clinicians and their teams engage in changes and improvements
- Senior system stakeholders sign up to and see the benefits of the outcomes and impact to the system as a whole
- System level governance processes provide support and authorisation for transformational change
- Current and future IT systems will support required data requirements and alignment

**Pathways of change**

<b>A</b>	Programme level activities set the standard for, inform, infiltrate and support the integrated approach projects take
<b>B</b>	Integrated system communications, relationships and understanding leads to joined up and long-term place based personalised care and support outcomes
<b>C</b>	Evidence of longer-term outcomes influences and drives a significant impact on the lives PLWC across Lincolnshire



## 1. Future state

On 30 March 2023 NHS England published its [three year delivery plan](#) for maternity and neonatal services.

The plan sets out a series of actions for Trusts, ICBs and NHS England to improve the safety and quality of maternity and neonatal services with a focus on personalised care and equity and equality.

It combines a number of existing maternity and neonatal requirements including the original Better Births (2016) report, the Long-Term Plan (2019), Ockenden (2020 and 2022), East Kent (2022), Saving Babies Lives Care Bundle v2, CSNT requirements, MBRRACE reports, BAPM7, Neonatal Critical Care Review (NCCR) and equity/race related guidance.

The report sets out the 12 priority actions for Trusts and systems for the next three years, across four themes:

- Listening to women and families with compassion
- Supporting the workforce
- Developing and sustaining a culture of safety
- Meeting and improving standards and structures.

### The strategic agenda for Neonatal Care

The [Neonatal Critical Care Review](#) sets out key findings and an action plan for locally led improvements to neonatal services and works together with system partners, to ensure the best outcomes for babies and their families. Addressing these recommendations in collaboration with the East Midlands Neonatal Operational Delivery Network are the foundation for Neonatal care in Lincolnshire together with LMNS Neonatal workstream.

## 2. What's being done to get there | Overview

- Our focus will be on the report's four key pillars, as below.
- **Listening to women and families with compassion** which promotes safer care.
- **Supporting our workforce** to develop their skills and capacity to provide high-quality care.
- **Developing and sustaining a culture of safety** to benefit everyone.
- **Meeting and improving standards and structures** that underpin our national ambition

## 3. What's being done to get there - Detail

Our focus will be on the report's four key pillars, as below.

**Listening to women and families with compassion** which promotes safer care.

- All women will be offered personalised care and support plans. By 2024, every area in England will have specialist care including pelvic health services and bereavement care when needed; and, by 2025, improved neonatal cot capacity.
- During 2023/24, integrated care systems (ICSs) will publish equity and equality plans and take action to reduce inequalities in experience and outcomes.
- From 2023/24, integrated care boards (ICBs) will be funded to involve service users. National policy will be co-produced, keeping service users at the heart of our work.

**Supporting our workforce** to develop their skills and capacity to provide high-quality care.

- Trusts will meet establishment set by midwifery staffing tools and achieve fill rates by 2027/28, with new tools to guide safe staffing for other professions from 2023/24.
- During 2023/24, trusts will implement local evidence-based retention action plans to positively impact job satisfaction and retention.
- From 2023, NHS England, ICBs, and trusts will ensure all staff have the training, supervision, and support they need to perform to the best of their ability.

**Developing and sustaining a culture of safety** to benefit everyone.

- Throughout 2023, effectively implement the NHS-wide "PSIRF" approach to support learning and a compassionate response to families following any incidents.
- By 2024, NHS England will offer a development programme to all maternity and neonatal leadership teams to promote positive culture and leadership.
- NHS England, ICBs, and trusts will strengthen their support and oversight of services to ensure concerns are identified early and addressed.

**Meeting and improving standards and structures** that underpin our national ambition.

- Trusts will implement best practice consistently, including the updated Saving Babies Lives Care Bundle by 2024 and new "MEWS" and "NEWTT-2" tools by 2025.
- In 2023, NHS England's new taskforce will report on how to better detect and act sooner on safety issues, arising from relevant data, in local services.
- By 2024, NHS England will publish digital maternity standards; services will progress work to enable women to access their records and interact with their digital plans.

Programme: Maternity and Neonatal

SRO: Martin Fahy

Programme lead: Sue Jarvis/  
Clare Brumby

Clinical/Technical Lead:

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Maternity and Neonatal	3 Year Delivery plan Theme 1: Listening to Women		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	3 Year Delivery plan Theme 2: Workforce		Yellow	Yellow	Yellow	Yellow	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	3 Year Delivery plan Theme 3: Culture and Leadership		Yellow	Yellow	Yellow	Yellow	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	3 Year Delivery plan Theme 4: Standards		Grey	Grey	Grey	Grey																
	Neonatal Critical Care Review		Grey	Grey	Grey	Grey																
	Personalisation		Yellow	Yellow	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Green	Green								
	Saving babies lives		Grey	Grey	Grey	Grey																
	Continuity of Carer (Full implementation)		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	PMH / MMH		Grey	Grey	Grey	Grey																
	Equity and Equality – Strategy to be published March 2024		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	Maternity Tobacco Dependency Service		Green	Green	Green	Green	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey								
	Digital / Data		Yellow	Yellow	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	Co-Production		Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue								
	3 Places of Birth Choice		Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow								
Maternal Medicine Network (Uni. Leicester Hosp. Lead on delivery)		Blue	Blue	Blue	Blue	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey									

**Please Note:**

- 3-year delivery plan with 1-year technical guidance.
- The Maternity and Neonatal Programme is Nationally prescribed.

## 4. Projected impact on patients and system partners

The maternity and neonatal programme is scheduled by the NHSE 3-year delivery plan, benefits measured through the LMNS assurance framework and challenges escalation to QPEC for executive oversight.

### Listening to and working with women and families with compassion

- Our outcome measure for this theme will be indicators of women's experience of care from the Care Quality Commission (CQC) maternity survey.
- We will use these progress measures:
  - Perinatal pelvic health services and perinatal mental health services are in place.
  - The number of women accessing specialist perinatal mental health services as indicated by the NHS Mental Health Dashboard.
  - The proportion of maternity and neonatal services with UNICEF BFI accreditation.

### Growing, retaining, and supporting our workforce

- Our outcome measures for this theme will be the NHS Staff Survey, the National Education and Training Survey, and the GMC national training survey.
- Our progress measures will be:
  - Establishment, in-post and vacancy rates for obstetricians, midwives, maternity support workers, neonatologists, and neonatal nurses, captured routinely from provider workforce return data.
  - In line with the 2023/24 workforce planning guidance, there will be an annual census of maternity and neonatal staffing groups. This will facilitate the collection of baseline data for obstetric anaesthetists, sonographers, allied health professionals, and psychologists.
  - To assess retention, we will continue to monitor staff turnover and staff sickness absence rates alongside NHS Staff Survey questions on staff experience and morale

### Developing and sustaining a culture of safety, learning, and support

- Our outcome measures for this theme are midwives' and obstetrics and gynaecology specialists' experience using the results of the NHS Staff Survey; the National Education and Training Survey and the GMC National Training Survey. We will explore how to better understand the experiences of other staff groups.

### Standards and structures that underpin safer, more personalised, and more equitable care

- Outcome measures for this theme are those of our existing safety ambition: maternal mortality, stillbirths, neonatal mortality, brain injury during or soon after birth, and preterm births.
- The progress measures we will use are:
  - Local implementation of version 3 of the Saving Babies' Lives Care Bundle using a national tool.
  - Of women who give birth at less than 27 weeks, the proportion who give birth in a trust with on-site neonatal intensive care
  - The proportion of full-term babies admitted to a neonatal unit, measured through the avoiding term admissions into neonatal units (ATAIN) programme.
  - A periodic digital maturity assessment, enabling maternity services to have an overview of progress in this area.

## 5. What's needed to make this happen

- Collaborative and transparent compliance to national guidelines with providers
- Enablers:
  - Digital
  - Estates
  - Workforce
  - Business intelligence
  - Population health management,
  - Personalisation
  - Education
  - ODN
  - Co-production,
  - Active Lincolnshire
  - Voluntary sector,
  - Public health
  - Health inequalities
- Resource requirements:
  - Finance investment – NHSE (Core and Transformational) commitment to the maternity and neonatal programme, recurrent and non-recurrent funding.
  - Non-financial: capacity, leadership, data and data-sharing, commitment to the LMNS.

## 6. What could make or break progress

- Discourse and inability to work collaboratively and transparently between ICB/s and Trust.
- Sustainable funding, to include maternity and neonatal service provision.
- Digital infrastructure.
- Implementation of new MIS.
- Insufficient funding to support smoking in pregnancy at time of delivery and smokefree homes.
- Financial infrastructure to develop three birth choice.
- Financial and workforce commitment to offer continuity of care.
- Data sharing
- Consistency of training compliance in all professional bodies.
- Collaborative and transparency of workforce planning.

## 7. Planning assumptions

- 3 Year Delivery Plan
- Better Births Vision
- Joint Forward Plan

## 8. Stakeholders

- Throughout this strategy we have described how we are already working collaboratively to design and deliver integrated maternity and neonatal care. We bring together representatives from a wide range of organisations to develop our work plans whilst working towards establishing shared clinical and operational governance arrangements to enable cross-organisational working and ensure the care we provide is seamlessly the right care in the right place, at the right time.
- System members at Board level and LMNS subgroup level include, provider United Lincolnshire Hospital NHS Trust, 0-19 Services/Health Visiting, Children's Centres and Early Years inclusive of the new Family Hubs project, Steps2Change, Primary Care, Community Health, voluntary sector, Education, MNVP, Healthwatch, Active Lincolnshire, Mental Health Services, East Midlands Neonatal Operational Delivery Network and members of the Integrated Care Board Programme team and varying specialities.



Programme: Children and Young People (CYP)

SRO: Martin Fahy

Programme lead: Terry Vine Author: Becky Adgar

Clinical/Technical Lead: TBC

## 1. Future state

The Children and Young People (CYP) programme is an integrated programme of work bringing together key partners in Children and Young People's health and well-being.

The Lincolnshire Integrated Care Board (LICB) works collaboratively with Lincolnshire County Council (LCC) including Children's Services, Public Health Directorates, and key providers within the East Midlands region.

The LICB and LCC jointly fund and oversee a Children's Integrated Commissioning Team (CICT) who undertake part of the programme for CYP.

The work of the programme is overseen by the CYP Integrated Transformation Board (ITB) which has a mission statement: 'Everyone working together to maximise the health and wellbeing of all children and young people, ensuring the voice of children and families is heard throughout our work'.

One of LICB's key objectives is 'Improving the health of children and young people' reflecting the LICB's commitment to CYP in Lincolnshire.

All projects within the CYP programme Joint Forward Plan for 2023 – 28 will support 'Improving Access' to the right health support for local CYP. This may be through increasing the capacity of CYP that can be supported in services, making services more accessible for CYP with SEND, or making CYP services more accessible in local communities.

The CYP programme has recently been formalised and most of our priorities are in their infancy and/or scoping phase. Improving access is a thread which runs throughout our priorities, the advantage point being for a newly established programme, is the opportunity to develop/improve existing and/or new services for CYP with improving access at the forefront of all we do.

Headline actions for the CYP programme are:

- Develop our services so that they align with the needs of our CYP population.
- Develop the teams that deliver these services to our CYP with a range of skills and expertise relevant to the service offer.
- We will strive to simplify the processes for accessing health services for CYP.
- We will support CYP to understand the health care they require and how best to access it

***Detailed individual Project Delivery Plans providing, considering 'Improving Access' if relevant, underpin this programme plan***

The CYP programme incorporates national and regional priorities and there is a key focus on ensuring our local priorities are addressed. This is informed by the intelligence we gather about the local population we serve, the communities they live in, our stakeholder partners and the staff who deliver the services.

The CYP programme also incorporates CYP safeguarding transformation work, which sits under the responsibility of Lincolnshire Safeguarding Children's Partnership. This work is a fundamental part to meeting the needs of our local CYP.

The programme continues to be driven by data and intelligence, including an evolving use of population health management information to ensure work being undertaken understands and addresses health inequalities within our CYP population within Lincolnshire.

The national CYP Core 20 Plus 5 programme outlines the key priorities from a health inequalities perspective. The 5 clinical priorities for CYP are, Asthma, Diabetes, Epilepsy, Oral Health, and Mental Health. The CYP programme directly aligns to these priorities.

New national deliverables are expected relating to the CYP Core 20 Plus 5 programmes, which will support our CYP programme further, for example, improving transition pathways and co-production with CYP and their families in capturing the CYP voice.

## 1. Future state

Transition from children’s services into adult’s services will be an integral part of consideration for all our projects. NICE guideline NG43 defines transition as “the purposeful and planned process of supporting young people to move from children into adults’ services”. (Please see current updated NICE guidance received [Transition from children’s to adults’ services](#)).

Page 258 In the NHS Long Term Plan, NHS England have committed to moving to a 0–25-year service model where appropriate to enhance CYP’s experience of health, continuity of care and outcomes, and experience of transition between services.

This model encompasses a comprehensive offer for 0-25-year-olds that spans mental health and physical health services for children, young people, and young adults.

A framework is due to be published by NHSE providing principles, models, and resources to help set up a 0-25-year service model and will also come with deliverables that ICBs will be expected to report progress against.

The CYP programme will look to develop some key principles for transition that we will be looking for sign off from the ICB and provider Trusts that will address the issues of continuity and in some cases gaps in service.

Whilst this sits within the CYP programme, it is important to emphasise that the biggest changes will need to happen within adult services and often in the way adult services are commissioned or delivered with differences in criteria causing challenges for patients and families as they transition into adult services.

There are further local improvements to CYP services that are out of scope of this CYP programme. These include a review of: -

- The Children’s 0-19 Health Service (LCC)
- CYP Mental Health, Learning Disability and Autism programme (LCC)
- Lincolnshire Maternity Neonatal Service (LICB)
- Urgent Emergency Care (LICB)

All these services/programmes provide updates into the CYP ITB and have their own governance arrangements that oversee delivery of their respective plans.

## 2. What's being done to get there | Overview

- We have established strong integrated governance, co-chaired by the LICB and LCC and partnership working across system partners.
- We have a jointly funded CICT that has been in place since 2017 that works alongside the CYP LICB team and the ITB.
- We have a co-chaired CYP Integrated Commissioning Steering Group that jointly plan and oversee commissioning related activity across LICB and LCC including Public Health, CICT and the Children's Strategic Commissioning Service.
- We directly report into Regional and National CYP Integrated Transformation Board.
- We are working with the Lincolnshire Safeguarding Childrens Partnership (LSCP) to understand and respond to the safeguarding needs of our CYP.
- We have set out our next 5-year priorities specific to our CYP population in Lincolnshire.
- We are improving our understanding of health inequalities for our local CYP population. LICB are leading a project to analyse health inequalities for CYP, and this will enable system partners to identify any gaps in support, to better target existing services and develop new services where needed.
- We have identified current issues with services and are responding rapidly to make improvements, for example, focused work on reducing waiting times for CYP Speech and Language Therapy (SALT) and further LCIB investment to reduce waiting times for CAMHS treatment which is demonstrating positive shift in 50+% reduction in CYP waiting over 12 weeks.
- We are working with the Planned Care Team Elective Recovery Programme to improve waiting times for CYP needing elective surgical procedures. This involves partnership working with our acute trusts. One key area of focus is the Outpatients Waiting List project which is being led by the LICB Health Inequalities team. Our LICB CYP team are supporting this work.

### Summary of our identified CYP Projects 2023-28:

- Children Strategy Discussions - CS Front Door.
- Diabetes.
- CYP Child Protection Medicals.
- Clinical Intervention in Schools Review.
- Asthma.
- Epilepsy.
- CYP Therapy Review.
- CYP Voice/Data Intelligence.
- Children's Community Nursing (CCN) Review.
- Palliative End of Life Care for Babies, Children & Young People (BCYP).
- Integration of assessment Processes and support for CYP with Special Education Needs and Disabilities (SEND).

## 3. What's being done to get there - Detail

Highlighted below are KEY deliverables & milestones taken from each Project. Approx' dates for completion of Milestones are identified below within each priority and further embedded within the table below which gives a summary of the identified CYP Project phases. Detailed individual Project Delivery Plans underpin this programme plan.

### Children Strategy Discussions 'Front Door'

#### Deliverables:

- Present key findings within a Business Case including any recommended changes; analysis of options; resource and cost requirements to ensure health meets its statutory responsibilities under Working Together (2023).
- Proceed through governance pathways for approval.
- To produce a robust joint Information Sharing Agreement.
- Provide interim measures for health representation at Strat discussions
- Address the outstanding red rated 'issue' on the LSCP risk and issues log regarding sharing of health information at children's front door safeguarding strategy meetings.

#### Milestones:

- Business case to be presented to the Directors of Nursing on 31 October 2023 for agreement on preferred model and route for financial decision making.
- Operational processes for the interim measures to be reviewed end Q3 2023-2024 and again Q4 2023-2024
- Business case to be presented to the Investment Panel on 19 January 2024
- In view of the financial requirement associated with the changes it is anticipated that Q1 2024-2025 would be a realistic date for implementation

### Diabetes

#### Deliverables:

- Reduce variation of care to ensure CYP have equal accesses to all care processes. December 2024.
- Increase CYP utilising technology to manage and control their Diabetes. March 2025.
- CYP with Diabetes having access to psychological support services. March 2025.
- Improve awareness and health outcomes of CYP with Type 2 Diabetes. March 2025.

#### Milestones:

- Pathways across primary and secondary care reviewed and updated to address gaps and/or changes in clinical guidance. March 2024.
- ULHT CYP Diabetes dashboard to be created so that CYP activity can be monitored and highlight any areas of concern. June 2024.
- An increase in establishment of CYP diabetes services to enable increased support for CYP with diabetes; achieving care processes, education and training in schools/nurseries to support CYP with diabetes in settings. March 2024.
- Community connectors group to be established to engage with CYP/parents/carers for views on variation in care provided and access to technology.
- Raise awareness by implementing a communication plan and timeline for health messaging.

## 3. What's being done to get there - Detail

### Child Protection Medicals

#### Deliverables:

- Decision regarding model for delivery of capacity and capability required to consistently deliver timely Child Protection medicals to required standards.
- Draft initial business plan.
- To offer 2 appointments a day (Mon - Fri) for child protection medicals, which would be 3 days a week at Lincoln County Hospital and 2 days a week at Boston Pilgrim Hospital.

#### Milestones:

- Preliminary discussions to be held with consultant community paediatricians as they are more suited to undertaking child protection medicals for specific conditions such as severe neglect; whilst acute paediatricians are more likely to see children suspected of having sustained a non-accidental injury.
- Business plan to be produced by ULHT (expected to be in Q4 of 2023-2024).
- Decision regarding route for financial decision making.
- Delivery and impact shall be monitored and reviewed end of Q2 of 2024-2025.
- An evaluation phase will follow by latest Q4 2024-2025.

### Clinical Intervention in Schools Review

#### Deliverables:

Project activity and deliverables shall align with expectations cited within the seven nationally identified Key Lines of Enquiry:

- Model Delivery Approach
- Staffing and Competencies
- Clinical Intervention Framework.
- Service Planning and Monitoring
- Transport
- Transition
- Commissioning

#### Milestones:

- The design of a necessary model for Lincolnshire shall take place over January – June 2024.
- A recommended model shall be presented for approval to all partners and stakeholders by latest December 2024.
- Full implementation of an agreed model shall take place between latest January – June 2025.
- Delivery and impact shall be monitored and reviewed over July – September 2025 by LICB, LCC, Special Schools and through engagement with the relevant cohort of parents/carers/CYP.

### Asthma

#### Deliverables:

- An integrated care pathway for CYP Asthma. March 2024.
- Access to diagnostic hubs and/or community spirometry and FeNO testing. April 2024.
- Implementation of NHSE National Asthma Bundle. March 2025.
- To improve the outcomes of CYP with Asthma, including difficult to manage Asthma; there will be an increase in the workforce establishment of CYP community respiratory services. March 2025.

#### Milestones:

- Primary Care Pathway reviewed. March 2024.
- Secondary Care Pathway reviewed - incorporating A&E, inpatient, outpatient, and discharge. December 2024.
- Developing clinical asthma network to support updates and education around asthma. June 2024.
- Business case to be created for CYP respiratory team by ULHT. June 2024



## 3. What's being done to get there - Detail

### Epilepsy

#### *Deliverables:*

- Reduce variation in care- all CYP with epilepsy to have access to an Epilepsy Specialist Nurse, timely access to care and procedures to ensure NICE guidance compliance. December 2024.
- To improve the outcomes of CYP with Epilepsy and enabling the service to be NICE guidance compliant; there will need to be an increase in the workforce establishment of CYP community Epilepsy service. December 2024.
- CYP with epilepsy will have access to appropriate mental health and psychological support services. March 2025.
- All CYP who meet criteria for tertiary neurology referral should have timely access to the relevant tertiary specialist with expertise in managing complex epilepsy. March 2025.
- Improved transition between CYP and adult epilepsy services. March 2025.

#### *Milestones:*

- A review of Secondary Care Pathways to identify gaps in service and improve delivery of current service. June 2024.
- Business case to be completed for the CYP Epilepsy service. March 2024.
- A review of mental health support service available for CYP with Epilepsy and identify gaps in service delivery. March 2024.
- Secondary care dashboard to be completed to support review and audit of current cases, unplanned admission numbers, treatment. June 2024.
- Epilepsy to be part of a wider transition group that needs to support improved transition from CYP to adult providers. January 2024.
- Engagement with tertiary services to agree pathways and referral processes, including provided with outreach services. March 2024.

### CYP Therapy Review

#### *Deliverables:*

- Carry out full Review of CYP Therapy services across the system, urgently starting with the SALT service.
- Engage with service users and system partners to review and co-produce necessary improvements across the health, care and education system to ensure CYP are seen/supported by the right therapist, at the right time, in the right place.
- Explore whether specification amendments are required.
- Develop fully costed Business Cases, presenting an improved low-level-need universal offer, an improved targeted offer and a fit-for-purpose specialist offer for CYP with assessed complex speech and language needs.
- Seek formal decision for recommended changes.
- Implement approved changes
- Produce fully costed Commissioning Plan and Delivery Implementation Plan.

#### *Milestones:*

- Review current SALT pressures, gap analysis, options appraisal and trajectory planning. Engage SALT service users and system partners to co-produce necessary improvements. Explore whether SALT specification amendments are required. Produce fully costed SALT Business Case. Seek formal decision. Implement. Begin scope of cross-cutting CYP therapy services: specialist physiotherapy and OT services (both Children's Services and ICB). January – March 2024.
- Monitor delivery and impact of new SALT service. Begin planning and engagement activity with partners and service users across physiotherapy and OT. Explore whether current specification amendments are required. Produce fully costed Business Case for physiotherapy & OT, including evaluation of new SALT service. Seek formal decision. SALT becomes business as usual. April – March 2025
- Implementation of any agreed change across all CYP Therapy services. April – June 2025.
- Create processes to record and monitor success/failings and impact of delivery, make small, approved changes if necessary. July – September 2025.
- Evaluation of all CYP Therapy services to ensure fit-for-purpose, make small, approved changes if necessary. October – December 2025.
- All CYP Therapy services become business as usual. January – March 2026.



## 3. What's being done to get there - Detail

### CYP Voice/Data Intelligence

#### Deliverables:

- Development of joint processes to use information gathered from service users and data to inform and shape service delivery.
- Mapping of current CYP groups and engagement activity already taking place across the system.
- Gap analysis.
- Development of joint communication and engagement methods to provide information that can be effectively analysed.
- Build a process to use the analysed intelligence to support positive change and future development.
- Finalising a Health Dashboard for CYP with SEND – national guidance expectation.
- Identifying opportunities to improve the quality of intelligence in our health dashboard through use of the ICS Joined Intelligence Dataset.
- Identifying essential CYP related data flows to add value to the existing ICS Joined Intelligence dataset.
- Redesign current systems and governance to allow flows of the necessary information.
- Establish skills and capacity required to create continued intelligence mapping and analysis that can lead to effective evaluation for positive change.

#### Milestones:

- Investigate the legal basis and appropriate information governance required for data sharing across the system. Seek current levels of data intelligence and service user engagement to establish what is working well, where there are gaps and what feasible improvements need to be made.
- CYP Voice: Establish what is meant by 'lived experience'. Data Intelligence: Implement the Health Dashboard for SEND. Scope activity to incorporate information from the ICS dataset that will add value. October 2023 – March 2024.
- CYP Voice: Co-produce effective ways to engage with CYP and their families to hear their lived experiences and what matters to them. Co-produce future templates and processes to be shared across the system, to be populated and returned for early analysis and to test draft design. Data Intelligence: Evaluate and monitor the Health Dashboard for SEND to ensure full commitment and continued input from identified LCC and Health representatives. Design and implement a jointly agreed review process for the Health Dashboard for SEND. April – December 2024.
- CYP Voice: Facilitate and host communication, engagement and participation activity events across the system to test draft designs with service users and partners. Make necessary amends. Seek approval. Data Intelligence: Work with LICB's Intelligence & Analytics Division to ensure CYP data is being captured from across the system and that information collated is accurate and can be easily reviewed for analysis to aid future planning.
- Write, seek approval, share a robust joint Information Sharing Agreement: January 2025 – September 2025
- Implement approved recommendations, including expectation to monitor success or failings ahead of evaluation phase during which small changes can be made where necessary. October 2025 – June 2026.

## 3. What's being done to get there - Detail

### Children's Community Nursing Service

#### Deliverables:

- CCN service to be enabled to deliver services which are reflecting best practice clinical guidance.
- Achievement of UEC deliverables associated with funding allocation to provide an out of hours support service.
- CYP/parent/carer voice will be captured to support and maintain ongoing service improvement.

#### Milestones:

- Review of National policy and current recommendations/guidance to ensure our CCN service is fully NICE guidance and legally compliant. Q1 24/25.
- Options appraisal paper to be written to present different service models for provider consideration. Q4 25
- A gap analysis of current service provision/pathways completed; identification of key areas where service improvement is required. Completed Q3 23.
- The CCN service to have access to electronic records system for improved information sharing across partners and to provide a safe and effective 24/7 out of hours service. Q4 25.
- Development of an electronic platform to capture CYP/parent/carer voice across specialist support areas and develop performance metric reporting. Q4 25.

right care at the right time in the right place for BCYP who require PEOLC.

- LICB to fund and provide PEOLC for BCYP.
- PEOLC for BCYP to be NICE compliant in providing 24/7 out of hours specialist clinical support/advice rota for fellow professionals who are managing end of life for BCYP. Fulfilling ICB statutory requirements.
- LICB to implement allocation of NHSE grant for registered CYP Hospices by April 2025.

#### Milestones:

- Scoping of available BCYP PEOLC providers across Lincolnshire to improve care provision, access and choice of venue of death for BCYP. Q1 25.
- LICB to provide a mid-year report to NHSE in 2024/2025 to evidence how funding has been distributed to BCYP hospice providers. Q3 24/25.
- Ensure the service is engaging and capturing the CYP voice. Q4 25.
- PEOLC Consultant Lead to provide support for the CCNS across Lincolnshire fulfilling NICE compliance and statutory requirement for ICB's for BCYP who require PEOLC.

## 3. What's being done to get there - Detail

### Integration of assessment processes and support for CYP with Special Education Needs and Disabilities (SEND)

#### Deliverables:

- Scope and plan review elements required within three sub-categories:
- Education, Health, and Care (EHC) SEND process.
- Independent Placements for CYP with SEND.
- Children's Continuing Care (CC) Review for CYP with SEND.
- Write and present relevant governance documents for consideration and approval e.g., NHS Case for Change, LCC Briefing Paper.
- Write further required governance documents, e.g., Business Case, Commissioning Plan and Delivery Implementation Plan for fully costed change.
- Facilitate engagement activity with all Stakeholders, including service users to ensure co-production.

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#### Milestones:

- Mapping full scope of required work and individuals required to support the work across all three elements. April – June 2025.

July 2025 – March 2026:

- SEND EHC process: Audit developed health-led quality assurance process. Explore how health partners could review draft EHC Plans that have a health contribution before Plan is finalised. Review system response to SEN and partnership responsibility for CYP in 52-week placements.
- Independent Placements for CYP with SEND: Review local arrangements which may need to be revised to respond to the SEND National Standards. Review and evaluate the commissioning of independent residential placements (mainly respite) following hospital discharges including inpatient for CYP that are not Children in Care – explore possible expansion of Adults' brokerage process.
- Children's CC Review for CYP with SEND: Review of current policy and process to ensure delivering best practice and best collaborative use of resources. Research and benchmarking against other ICB areas. Review process for allocation of funding and develop improvements based on findings. Design a single joint panel process for all CC reviews.

April – December 2026

- Present review findings and recommended models for change.
- Seek approval and commitment from all partners.

January – December 2027

- Implementation of approved recommendations, full delivery of new models including expectation to monitor success or failings ahead of evaluation phase during which small necessary changes can be made.

Programme: Children and Young People (CYP)

SRO: Martin Fahy

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Clinical/Technical Lead: TBC

Scoping		Planning		Consultation				Implementation				Delivery & impact				Evaluation				BAU			
Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28				
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	
			CYP	CS Front Door	See separately shared FRP	Yellow	Yellow	Yellow	Orange	Blue	Green	Green	Green	Purple	Purple	Purple	Purple	Grey					
CYP	Diabetes		Yellow	Yellow		Orange	Orange	Blue	Blue	Green	Green	Purple	Grey										
CYP	CYP Child Protection Medicals		Yellow	Yellow		Orange	Orange	Blue	Green	Green	Green	Purple	Purple	Purple	Purple	Grey							
CYP	Clinical Intervention in Schools Review			Yellow		Orange	Orange	Orange	Orange	Blue	Blue	Green	Purple	Grey									
CYP	Asthma			Yellow		Orange	Orange	Orange	Blue	Green	Green	Green	Purple	Grey									
CYP	Epilepsy			Yellow		Yellow	Orange	Orange	Orange	Blue	Blue	Green	Green	Green	Purple	Grey							
CYP	CYP Therapy Review			Yellow		Yellow	Orange	Orange	Orange	Blue	Green	Purple	Grey										
CYP	CYP Voice/Data Intelligence			Yellow		Yellow	Orange	Orange	Orange	Orange	Blue	Green	Purple	Grey									
CYP	Children's Community Nursing Review						Yellow	Orange	Orange	Orange	Orange	Orange	Blue	Green	Purple	Grey							
CYP	Palliative End of Life Care BCY						Yellow	Orange	Orange	Orange	Orange	Orange	Blue	Green	Purple	Grey							
CYP	Integration of assessment processes and support for CYP with SEND												Yellow	Orange	Orange	Orange	Orange	Blue	Blue	Green	Purple	Grey	

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## 4. Projected impact on patients and system partners

### The high-level outcomes of this programme will be:

- Improved access to services.
- Improved safety and effectiveness.
- Care in the most appropriate environment and as close to home as possible.
- Improved experience for CYP and their families.
- Improved health and wellbeing outcomes.
- Reducing health inequalities.
- Fully integrated and seamless services.
- Smooth and safe transition into adult services.

Detail for each Project is included within the individual project plans

### The projected impact on patients and system partners will include:

- Improved access to services for CYP and families, CYP will be supported closer to home.
- Health can meet its statutory safeguarding responsibilities.
- CYP services are NICE compliant, aligned to best clinical practice.
- Measured reduction in complaints and negative feedback from our CYP, their parent/carer and our stakeholder partners.
- It is anticipated that system risks will reduce and, for example in relation to Childrens Front Door, mitigation is in place to address current red rate issue; CYP with SEND, there will be an anticipated reduction in Tribunals that have a health provision component.
- The projected impact of a reduction in complaints, negative feedback and Tribunals will result in bolstering our LICB reputation and improving services and health outcomes for our CYP of Lincolnshire.
- A workforce focused on delivering highly safe and effective care is evidenced in recruitment and retention of staff and results in our CYP receiving quality healthcare services from motivated and invested staff.

- We are aware that nationally there are recruitment workforce challenges, and this may restrict our ability to deliver improvements. For example, the LICB is aware that the region requires a consultant with a special interest in PEOLC for BCYP. This is a gap in service provision which can impact on our BCYP and our system partners to provide NICE compliant PEOLC for our BCYP in Lincolnshire.
- We will need to work closely with our partners where it is a known area of workforce challenge. We will need to be innovative and develop models to “grow our own” and review and revise skill mix to maximise workforce capacity and effectivity.
- It is anticipated that as models of care are developed, cases for change will be worked up for each of the Projects, which shall include consideration of how existing resources can be used most appropriately to address need within the context of new models of care, alongside the development of business cases where there is a recognised need in terms of resource gap to meet the needs of our local CYP.
- It is understood that there may be opportunities as the ICS develops, to establish new ways of working, for example a ULHT/LCHS Group Model of partnership working is evolving, with likely opportunities for better integration of services which the programme will look to capitalise on and to ensure we maximise on the areas of improvement presented to us.
- We know there are changes to some funding streams, for example, BCYP hospice funding allocation changes, where the responsibility for allocation of hospice funding is proposed to devolve from NHSE to ICBs in April 2025. There will need to be consideration of how the LICB meets its commissioning responsibilities within the context of these funding stream changes and to meet NICE compliance and statutory requirements for BCYP PEOLC.
- Financial investment is sought for Child Strategy Discussions – CS Front Door

## 5. What's needed to make this happen

- Providers are already fully engaged through the CYP ITB. However, we will be reliant on the clinical expertise and service leads for the technical input into the programme and some of this may require consideration of backfill requirements if there is a need to protect what are often very small and fragile services within CYP specialties. The success of the programme is also dependent on engaging the primary care pathways effectively and as such we will require input from primary care/clinical leads/GPs.
- Health partners are fully engaged in Safeguarding Partnerships relevant to CYP i.e., Lincolnshire Safeguarding Childrens Partnership (LSCP); Safer Lincolnshire Partnership (SLP); and Lincolnshire Domestic Abuse Partnership (LDAP). To support safeguarding transition requirements collaboration is also taking place with Lincolnshire Adult Safeguarding Board (LSAB).
- The programme is fully engaged with Population Health Management (PHM) and the Health Inequalities team, however there is significant work required to develop the required level of data and analytics to be able to ensure the focus is directed in the areas it is needed. We are aware of this and are working closely with our internal LICB partners, Public Health and LCC in resolving this issue.
- It is likely that any increase in workforce will require additional estate and infrastructure to support the increase and enable them to work effectively.
- There are some very specific interdependencies with local authority services that will need to be considered especially within Children's Services' Social Care, SEND, Education and Children's Health Services.
- Due to the specialist nature of certain CYP care pathways the engagement and ability to interface with tertiary care providers will be critical to successful programme delivery.
- There is an identified need for acute provider partners to undertake digital transformation. This will align services affected with our regional neighbours and offer seamless communication and information sharing between integrated key partner services.

- All the priorities are reliant on existing financial funding. The only business case being presented is that of strategy discussions for Children – CS Front Door. It is likely as the programme develops that additional funding may be required, particularly as investment in CYP services has been limited and there is evidence of growing demand across several pathways. The programme will always seek to maximise existing funding as a priority before seeking additional funding.



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## 6. What could make or break progress

- Workforce availability, a nationally recognised ageing workforce, recruitment, retention, and attraction of specialist posts into the region – the CYP programme continues to support provider initiatives to increase workforce and improve retention.
- Financial challenges across the system, creating a lack of assurance that the funding can be utilised in the right area – throughout our CYP priorities we aim to review existing services to explore cost efficiencies and to continue to influence utilisation of funding in the right areas.
- Data and analytical support for the programme – the CYP programme is working with provider and ICB data analytical teams, including the population health management approach to ensure data and intelligence informs our key priorities.
- Digital transformation impacting on services across the system. A lack of alignment to share critical information between providers to support timely management of cases and prevent unplanned escalation – the CYP programme continue to work with providers to support with the implementation of an electronic platform for records and to highlight the issue nationally with NHSE.
- Delivering equity of service across large rural areas – the JFP action of ‘Improving Access’ will run throughout all our CYP priorities, ensuring we are meeting the headline actions and determinants of access.
- Increasing demand on existing services seen post Covid-19 pandemic – within the CYP programme’s wider strategic priorities, we support the UEC programme and the elective recovery/planned care programme. Our priorities are focused on those areas of service delivery for CYP which have seen an increased prevalence post COVID 19 pandemic E.g., Epilepsy, Asthma and Diabetes.
- New themes of service demand on CYP healthcare concerns not acutely evident before the Covid-19 pandemic – the CYP programme continues to work with partner agencies to explore and examine key health themes which are developing post Covid-19 pandemic. E.g., Neurodiversity, Tics & Tourette’s, Dyspraxia.
- A lack of system wide engagement with integration of services due to competing priorities such as operational pressures and priorities of other programmes of work pertinent to their own organisation. Acute providers working to a reactive cycle rather than having the space to be preventative – strengthened working relationships between CYP programme and key partners continues with regular updates from each organisation, coming together in a joined-up approach to ensure focus remains on prevention where possible and improving service offer for BCYP.

- Risk of operational and workload pressures may limit ability of stakeholders and our own CYP programme team to be involved in development and implementation of change – this is a system wide issue and we have escalated within our system the fact that we are a fragile programme with a limited workforce. Our priorities are set over 5 years which will allow the time required to make the case for change and effectively improve service offers.
- Fragmented programme that has co-dependencies with other programmes that may have differing priorities. e.g., PEOLC, Planned Care, Primary Care, LCC commissioned services, Education, UEC – this is a fundamental issue for the CYP programme; however, our children’s integrated commissioning team are better together and includes NHS and LCC to work in partnership to support each other to progress our own CYP programme’s priorities.
- Transition between children and adult services – this relates to ALL Projects. The Transition ICS Network will bring together key partners from CYP and Adult services. Transition is everybody’s business and will require a system wide approach. This work is supported by NHSE framework and deliverables expected for all ICB’s.
- Clinical lead capacity for meaningful involvement in the programme – the clinical capacity to support transformation is limited. The CYP programme strives to work with our clinical experts, utilising skill set and experience across the workforce capacity.
- Clarity and delay of national funding streams from NHSE required which directly pauses transformation work – we continue to escalate to NHSE leads.
- Support sought from the LICB Recruitment Authorisation Panel to enable the CYP Programme Lead role to be substantive within the challenge of the current recruitment scrutiny within our own system.
- Co-production with CYP, their families and key stakeholders is vital, and we will need to ensure there is appropriate capacity and capability to undertake meaningful co-production work – utilising existing established CYP voice networks, for example, Lincolnshire Young Voices and the Lincolnshire Parent/Carer Forum as a template for effective co-production and collation of CYP voice.
- **If the development of services relies on additional financial investment and if this is not agreed, then it may mean that pathways cannot be fully implemented or are delayed, and this may limit the outcomes delivered.**

## 7. Planning assumptions

### Demand drivers

- Increased demand since Covid 19 pandemic on CYP services.
- Increased waiting lists for CYP.
- Identified gaps in meeting statutory responsibilities following changes to legislation.
- Identified gaps in service delivery to meet the demand of the changing landscape for CYP services.
- Provider; System; and Partnership risk registers.
- Workforce pressures in recruitment and retention of experienced, specialist skillset in Lincolnshire.
- National CYP Transformation Programme Deliverables and reporting (NHSE).
- Palliative and End of Life Care: statutory guidance for ICBs (NHSE).
- Admission avoidance/ED attendance.

### Productivity, capacity & resource enablers, and constraints

#### Workforce

- National shortage and regional shortage of key workforce and professions such as medical, nursing, AHP and psychologists.
- Often recruitment into new roles is filled by staff in existing roles which then leads to fragility in existing roles (e.g., ward-based nurses moving into community roles) it also impacts on bringing fresh skillset/experience into the region. Retention challenges of newly qualified paediatric nurses within the region and the timely availability of vacancies made available to newly qualified nurses.

#### Finance:

- It is anticipated that significant investment will be required to support the development of the CYP programme.
- Clarity and delay of national funding streams which directly pauses transformation work is required.

#### Service capacity & productivity:

- Partly unknown at this stage whilst Projects are within the pre-scoping phase.
- We are aware of service capacity issues which are directly highlighted to the LICB. For example, we know we have issues with service demand and workforce capacity in our SALT waiting lists for CYP.

#### Estates:

- Each Project will have different considerations in relation to estate space. The complexity of who owns and who pays the respective estate will add an additional dimension that will need to be worked through.

## 8. Stakeholders

### Stakeholders

- LCHS, LPFT, ULHT
  - St Andrew's BCYP/Adult Hospice
  - Rainbows BCYP Hospice
  - NHSE
  - Other NHS Trusts (Tertiary Centres)
  - General Practice
  - EMAS
  - Children's Services, including Social Care, SEND and Education (LCC)
  - Children's Health Services (LCC)
  - Police
  - Lincolnshire Parent Carer Forum
  - CYP engagement, e.g., Lincolnshire Young Voices
  - Other ICBs/Commissioners within the East Midlands region
- (Stakeholders will be different for each identified Project – please see project plans).

### Work Programme team

- Vanessa Wort (LICB) Associate Director of Nursing & Quality
- Terry Vine (LICB) Deputy Director of Nursing & Quality/CYP Programme Lead
- Russell Outen-Coe (LICB) Designated Clinical Officer for Children and Young People with Special Educational Needs and Disability
- Sonia Currier (LICB) Children & Young People Programme Manager
- Becky Adgar (LICB) Children & Young People Commissioning Manager
- Linda Dennett (LCC) Assistant Director Children's Health & Commissioning
- Charlotte Gray (LCC) Head of Service – Children's Strategic Commissioning
- Lucy Gavens (LCC) Consultant in Public Health
- Rosemary Akkrill (CICT) Integrated Commissioning Programme Manager
- Joanne Fox (CICT) Integrated Commissioning Senior Programme Officer
- Rebecca Thompson (CICT) Integrated Commissioning Programme Officer

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## Inputs

Specialists with diabetes knowledge & leadership skills – acute and community paediatricians; specialist nurses; pharmacist/medicines management  
 Psychological services  
 Transition nurse(s)  
 Education/schools representatives  
 Programme Management  
 Clinical input – primary & secondary care  
 Co-production – with clinicians; CYP; and families/carers  
 Support from community and voluntary organisations  
 Data analytics – including support from Public Health Managements  
 Finance (inc. funding opportunities)  
 Digital support

## Activities

Review of NICE guidance and definition of national standards, including medication optimisation and implementation of Continuous Glucose Monitoring (CGM)  
 Mapping to understand gaps in access to service/support (equity & equality)  
 Establish datasets and use to understand prevalence and outcomes in Lincolnshire; quality of care; trends across PCNs, including referral data;  
 Develop care pathway for Lincolnshire that includes - Establishing role of primary care, including wider role of PCNs; early diagnostic /pre diagnostic support/medicines management input; accessible support for CYP and families, including social prescribing to support increased activity and reduce childhood obesity.  
 Review available training & education for clinical and care professionals; schools; CYP & families/carers  
 Review transition arrangements and identify how will respond to identified gaps/challenges.  
 Information resource for CYP, parents/carers and professionals to access.

## Outputs

Commissioned pathway of care in line with national best practice.  
 Increased confidence of earlier recognition and diagnosis of type 1 and type 2 diabetes.  
 Access to psychology services for CYP with diabetes who require support.  
 Increase in confidence to manage diabetes of CYP, Parents/carers and education provision.  
 Increase in understanding of the condition – CYP networks, in particular schools; activity/social groups  
 Seamless transition through CYP services to adult services, seen by a reduction in the unplanned admissions and increased stability of diabetes in 16-25 year old age group.  
 CYP utilising diabetes technology to support management of their condition.  
 Diabetes data and intelligence readily available to ensure that care is meeting the needs of CYP.  
 Professionals and staff will work collaboratively and co-ordinate care through agreed pathways.  
 CYP referred to and have access to physical activities and healthy eating to enable them to prevent type 2 diabetes developing.

## Outcomes

CYP will have the information they need to manage their care and Parents/Carers will have increased confidence in managing the child/young persons condition.  
 Increase in the use of Continuous Glucose Monitoring and Insulin pumps, particularly in the most deprived population and ethnic minorities.  
 Increase in the percentage of those achieving an HbA1c <48 mmol/mol  
 Increase in number of children offered dietetic appointment.  
 Increase in number of children accessing psychological support.  
 Increase in number of children with Type 1 & 2 diabetes receiving all NICE care processes  
 Reduction in the number of CYP presenting in ED with diabetes and unplanned admissions to the ward  
 Reduction in childhood obesity

## Impact

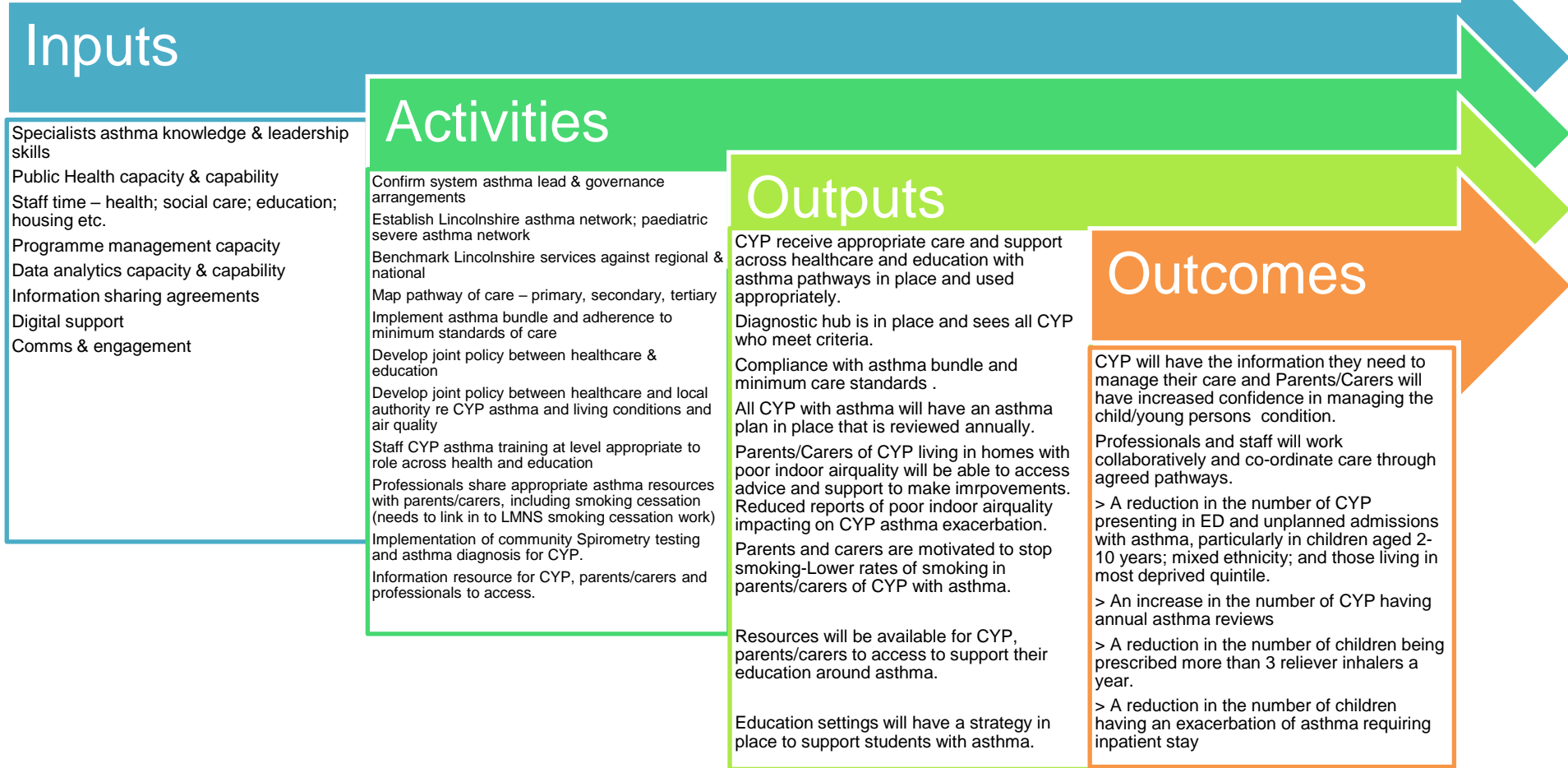
Children and Young People (Parents/carers of) with diabetes will be empowered to manage their diabetes and improve their quality of life and there will be a reduction in health inequalities related to diabetes.

Programme: Children and Young People (CYP)

SRO: Martin Fahy

Programme lead: Terry Vine Author: Becky Adgar

Clinical/Technical Lead: TBC



Asthma Logic Model Page 273

**Impact**

Children and Young People (Parents/carers of) with Asthma will be empowered to manage their asthma and improve their quality of life and there will be a reduction in health inequalities related to asthma.

Programme: Children and Young People (CYP)

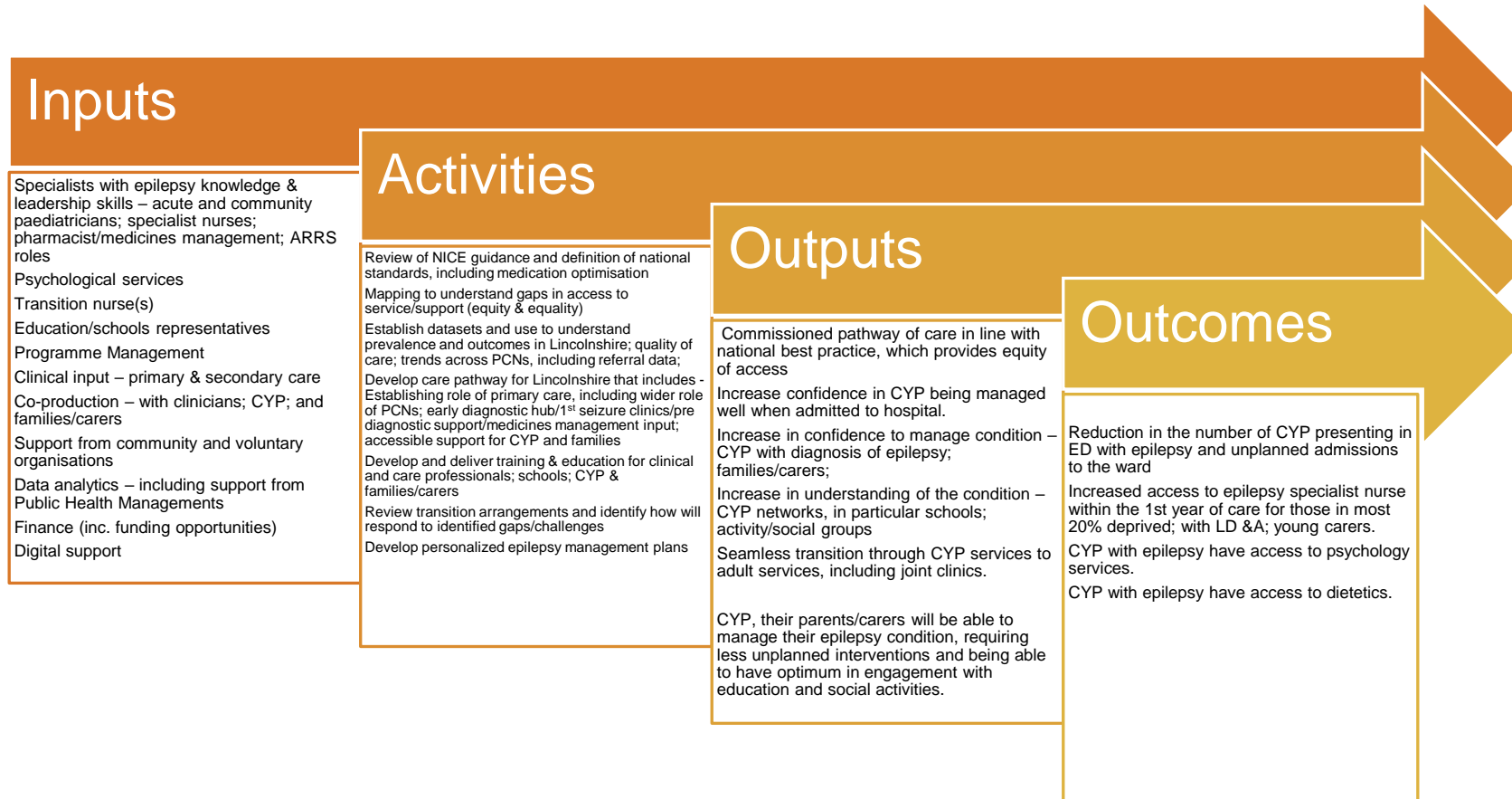
SRO: Martin Fahy

Programme lead: Terry Vine Author: Becky Adgar

Clinical/Technical Lead: TBC

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## Epilepsy Logic Model





## 1. Future state

There is a wide range of local and national evidence demonstrating a need for greater parity of children and young people's (CYP) mental health (MH) support, both in relation to physical health support and adult mental health support, based on a fast-growing need over recent years, exacerbated by the recent pandemic. [The Lincolnshire Joint Strategic Needs Assessment's \(JSNA\) children mental health and emotional wellbeing topic](#) sets out the evidence and need for transformation and development of these service in Lincolnshire.

Half of all life-long mental health problems in the UK start before the age of 14 and three quarters start before the age of 25. Before the pandemic, the prevalence of mental disorders in children aged 5 to 16 was already increasing from 1 in 9 (2017) to 1 in 6 (2020). Anxieties caused by lockdowns, school closures, isolation from peers, bereavement, and the stresses on families have increased pressures. Demand modelling suggests that 1.5 million children nationally may need new or additional mental health support as a result of the pandemic.

Risk and protective factors for mental health and wellbeing are well documented and include childhood abuse, trauma, or neglect, social isolation or loneliness, experiencing discrimination and stigma, social disadvantage, or poverty, bereavement, or being a long-term carer for someone. Understanding these factors can help us to target prevention activity to support mental health and wellbeing.

This CYP MH programme delivery plan is aligned under the Lincolnshire system Mental Health, Dementia, Learning Disability and Autism (MHDLDA) Alliance vision: *'Together we will promote wellbeing for all and enable people with a mental illness, dementia, learning disability or autism to live independent, safe and fulfilled lives in their local communities'*. It primarily supports the JFP priority around 'Improving Access', but also supports the health inequalities programme around 'Living Well, Staying Well', 'Integrating Community Care' through more join-up with Primary Care, and growing our 'Workforce' in Lincolnshire.

As part of the [NHS Long Term Plan](#), published in 2019, and [NHS Mental Health Implementation Plan 2019/20 – 2023/24](#), the NHS made a commitment that funding for CYP mental health services will grow faster than overall NHS funding, total mental health spending and each Integrated Care Board's (ICB) spend on mental health. It sets out the following priorities and ambitions for CYP mental health:

- Invest in expanding access to community-based mental health services
- Boost investment in CYP eating disorder services
- All CYP experiencing a mental health crisis will be able to access crisis care 24/7
- Embed mental health support for CYP in schools and colleges through MHSTs
- Develop new services for CYP who have complex needs that are not currently being met
- Develop a new approach to mental health services for 18-25-year-old's, supporting transition to adulthood.

Rather than set new ambitions for CYP MH, the NHS Planning Guidance for 2023/24 focuses on the need to make further progress in delivering the ambitions above in the NHS Long Term Plan and to continue transforming for the future. We will also align to the priorities across the Integrated Commissioning Strategy for SEND, the Lincolnshire Health and Wellbeing Strategy, Suicide Prevention Strategy, and work towards the ten year 'No Wrong Door' vision: <https://www.nhsconfed.org/publications/no-wrong-door>.

For the purposes of this programme delivery plan, it includes all CYP mental health services that are jointly funded by Lincolnshire County Council and Lincolnshire ICB. It does not include commissioned services that do not provide mental health support to CYP (except where they relate to transition to adult services), CYP mental health services outside of Lincolnshire (e.g. regional F-CAMHS), Tier 4/specialist inpatient mental health provision, adult and older people's mental health plans, and learning disability and autism/neurodevelopmental or dementia specific programmes.

Programme: Mental Health - Children and Young People

SRO: Charlotte Gray/Eve Baird

Programme Lead: Kevin Johnson / Amy-Louise Butler

Clinical/Technical Lead: Adaeze Bradshaw

## 2. What's being done to get there | Overview

In order to enable CYP to Start Well, we will:

- Ensure CYP stay healthy through increased public mental health promotion and prevention by building resilience, creating mentally healthy communities and maximising community assets and support/advice, including online and digital
- Empower parents/carers and professionals working with CYP to better identify and respond to their emotional wellbeing and mental health concerns, including more focus on perinatal mental health and parent-infant relationships during early years
- Increase access to timely and effective early intervention support or advice at the right level, in school or in their communities, so that problems are identified early and all CYP who need help, including those with complex needs, can do so
- Ensure that all CYP who are suffering from mental illness can access high-quality, evidence-based and timely mental health assessment and support in their community
- Avoid unnecessary specialist and acute mental health related hospital admissions, particularly for CYP with a learning disability and/or autistic CYP, by providing responsive assessment and support for CYP in mental health crisis, with appropriate community-based treatment, or facilitating prompt discharge or supporting transition where admission is unavoidable
- Work to embed seamless pathways between CYP and adults' mental health services to ensure smooth transitions between them.
- Much of the work for the CYP MH work programme will be driven through the CYP MH Transformation Programme. The vision, aims and objectives of programme are:

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<b>Vision</b>	<i>'Together with CYP in Lincolnshire, we will review and transform services to improve emotional wellbeing and mental health support for CYP and families, enabling them to live independent, safe, well and fulfilled lives in their local communities.'</i>	
<b>Aims</b>	<b>Priority Objectives</b>	
We will focus on improving support for CYP and their families in relation to: <ul style="list-style-type: none"> <li>• Public mental health promotion, prevention, community and early intervention support</li> <li>• Empowering parents/carers and professionals working with CYP to better identify and respond to their emotional wellbeing and mental health concerns</li> <li>• Increasing and improving access to community based emotional wellbeing and high-quality, evidence-based and timely mental health assessment and support</li> <li>• Avoiding unnecessary specialist and acute mental health related hospital admissions, particularly for CYP with LD and Autistic CYP.</li> </ul>	The transformation programme will consider a wide-range of cross-cutting factors, including: <ul style="list-style-type: none"> <li>• Understanding needs across Lincolnshire, equalities and population health management</li> <li>• Ensuring there is the right capacity and skills of community support and mental health trained professionals to meet the needs of Lincolnshire CYP</li> <li>• Engage CYP and families and ensuring their views are used to help shape and co-produce services</li> <li>• Ensuring professionals work together, supported by integrated pathways, to provide the right support to CYP at the right time and remove barriers to co-delivery of support</li> <li>• Making the best use of the funding, workforce and other resources available to us so that services are sustainable and represent best value.</li> </ul>	

Programme: Mental Health - Children and Young People

SRO: Charlotte Gray/Eve Baird

Programme Lead: Kevin Johnson / Amy-Louise Butler

Clinical/Technical Lead: Adaeze Bradshaw

## 3. What's being done to get there - Detail

Programme	Initiative	Milestones	Timescales	
<b>CYP MH Transformation</b>	Review CYP MH services	Understand local needs and intelligence; identify best practice, benchmark against evidence-based best practice; CYP and Family views; current service performance - to help shape future service provision	March 2024	
	Design CYP MH Services	Using the review phase outcomes, design and agree new service models and appropriate sustainable funding	March 2025	
	Implement CYP MH Services	New service models implemented; increase access; reduce demand on specialist services; reduce inpatient admission; improved community support available	March 2028	
<b>Prevention and Community Assets</b>	Night Light Café pilot	Evaluation and development of longer-term model	August 2024	
<b>Early Intervention</b>	Online MH support service recommissioning	Recommissioned service to continue offer of online/out of hours support and reduce pressure on statutory services	March 2024	
	Primary care CYP MH Practitioner pilot roll-out	Evaluation and development of longer-term model	Ongoing	
	CYP counselling offer pilot	Evaluation and development of longer-term model	March 2025	
	On-going delivery and expansion of MHSTs	50% of pupils in county have access to MHSTs by 2025	Waves 7 and 8	January 2024
			Wave 10	January 2025
Wave 12			January 2026	
<b>Community Specialist Mental Health</b>	Investment to increase staffing and reduce waiting times in community specialist mental health support	Reduced waiting times for specialist mental health support; increased support for CYP whilst waiting, reduced staffing turnover in community specialist mental health services	March 2025	
	Introduce ARFID pathway/CAMHS Eating Disorders	Pathway in place; further areas of development identified	March 2025	
	Complex Needs Service review	Review of sustainability of service	March 2025	
<b>Urgent and Emergency Care</b>	CYP MH liaison in Lincoln and Boston	Review and evaluation to develop longer term model	March 2025	
	MHUAC all-age pathway	Reduced presentation of CYP in A&E (those with mental health needs), increased access to 24/7 mental health crisis support and assessment for CYP and families	March 2025	
	Kooth digital online pilot	Review and evaluation to develop longer term model	March 2025	
	Crisis respite	Reduction of inpatient admission; reduction of delayed discharge from inpatient; reduction of CYP in care in unregulated placements	TBC	
<b>Transitions Pathways</b>	Ensuring transitions are seamless between CYP & adult MH services	Pathways in place	Ongoing	

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Programme: Mental Health - Children and Young People

SRO: Charlotte Gray/Eve Baird

Programme Lead: Kevin Johnson / Amy-Louise Butler

Clinical/Technical Lead: Adaeze Bradshaw

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
<b>CYP MH Transformation</b>	N/A		Yellow	Yellow	Yellow	Yellow	Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue
<b>Prevention and Community Assets</b>	Night Light Café pilot		Yellow	Orange	Blue	Teal	Teal	Teal	Teal	Purple												
<b>Early Intervention</b>	Online mental health support service re-commissioning		Orange	Orange	Blue	Teal	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey
	Primary care CYP MH Practitioner pilot roll-out		Blue	Blue	Blue	Teal	Teal	Teal	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
	CYP counselling offer pilot		Yellow	Orange	Blue	Teal	Teal	Teal	Purple													
	Waves 7 and 8 MHSTs in Spalding, Sleaford, Grantham		Blue	Blue	Blue	Teal	Teal	Teal	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey		
	Wave 10 MHST in North Kesteven and South Lincoln area		Orange	Orange	Blue	Blue	Blue	Blue	Teal	Teal	Teal	Teal	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey		
	Wave 12 MHST planning and roll-out				Yellow	Orange	Orange	Orange	Blue	Blue	Blue	Teal	Teal	Teal	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey
<b>Community Specialist Mental Health</b>	Investment to increase staffing and reduce waiting times in CAMHS		Teal	Teal	Teal	Teal	Teal	Teal	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
	Introduce ARFID pathway/ CAMHS Eating Disorders		Yellow	Orange	Blue	Blue	Teal	Teal	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
	Complex Needs Service review		Teal	Teal	Teal	Teal	Purple	Purple	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
<b>Urgent and Emergency Care</b>	CYP mental health liaison in Lincoln and Boston		Yellow	Orange	Blue	Teal	Teal	Teal	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
	MHUAC all-age pathway		Yellow	Orange	Blue	Teal	Teal	Teal	Purple	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	Grey	
	Kooth digital online pilot		Blue	Teal	Teal	Purple																
	Crisis respite																					
<b>Transition Pathways</b>	Ensuring transitions pathways are seamless between CYPMHS and AMHS		Yellow	Yellow	Yellow	Yellow	Orange	Orange	Orange	Orange	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Teal	Teal

Programme: Mental Health - Children and Young People

SRO: Charlotte Gray/Eve Baird

Programme Lead: Kevin Johnson / Amy-Louise Butler

Clinical/Technical Lead: Adaeze Bradshaw

## 4. Projected impact on patients and system partners

Initiative	Outputs and Outcomes	
	Patients and Population	System Partners
Night Light Café pilot	- Increased access to out-of-hours crisis support in the community	- Reduced demand on CYP crisis services - Reduced A&E attendance and admissions of CYP for MH related problems
Online mental health support service recommissioning	- Continued access to early intervention support - Continued access to out-of-hours online support	- Reduced demand on face-to-face CYP MH services - Reduced escalation of need requiring specialist MH support
Primary care CYP MH Practitioner pilot roll-out	- Increased access to CYP mental health support in primary care - Improved MH patient journey and experience via primary care	- Better CYP mental health pathways from primary to secondary care services
CYP counselling offer pilot	- Increased access to early intervention support	- Increased CYP workforce
On-going delivery and expansion of MHSTs	- Increased access to low-moderate MH support in schools/colleges - More Lincolnshire CYP have good emotional wellbeing and MH, teaching them self-care skills to develop and strengthen their own emotional resilience - More CYP with early indicators of emotional wellbeing and/or MH needs are supported in their education settings and prevented from needs escalating - Reduced health & wellbeing gap to prevent further widening of inequalities	- Better identification of good practice in education settings; improved whole-school approach to emotional wellbeing & MH; Better pathways via education into MH support - Increased knowledge, skills & confidence of the education workforce - Increased CYP workforce - Fewer CYP require alternative/more specialist educational provision or statutory intervention (unless appropriate to meet their identified educational needs)
Investment to reduce waiting times in community CAMHS	- Reduced waiting times for specialist mental health support - Increased support for CYP whilst waiting for treatment	- Reduced staffing turnover in community specialist mental health services - Increased CYP workforce
Introduce ARFID pathway/ CAMHS Eating Disorders	- Increased access to specialist mental health assessment and treatment for CYP presenting with ARFID	- Reduced A&E attendance of CYP for physical health problems related to eating disorders
Complex Needs Service review	- Reduced risk of CYP with complex needs or behaviours escalating and negatively impacting on their life chances	- Better integrated care available in the community for CYP with complex presentations, who may be engaging in risk-taking behaviours - Lincolnshire better able to meet the holistic needs of CYP with complex needs, including children in care and those in the youth justice system
CYP mental health liaison in Lincoln and Boston	- Increased access to 24/7 mental health crisis support and assessment for CYP and families	- Reduced A&E attendance of CYP for MH related problems
MHUAC all-age pathway	- Increase in hospital admission avoidance and shorter stays (if admission is unavoidable) for all CYP, including those with LDA - Increased access to 24/7 mental health crisis support and assessment	- Reduced A&E attendance of CYP for MH related problems
Kooth digital online pilot	- Increased access for CYP to support during MH crisis	- Reduced A&E attendance of CYP for MH related problems
Crisis respite	- Increase in hospital admission avoidance and shorter stays (if admission is unavoidable) for all CYP, including those with LDA	- Reduced A&E attendance and admissions of CYP for MH related problems - Reduced delayed discharges from inpatient for CYP - Reduced CYP in care in unregulated placements
Seamless CYP and Adult MH transitions pathways	- Improved patient journey and experience for 18-25-year-olds from CYP to Adult mental health services	- Better CYP mental health pathways for 18-25-year-olds from CYP to Adult services

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## 4. Projected impact on patients and system partners

### Measures of success include:

- Increase in CYP accessing CYP MH Services (1+ contact) as per national and local recovery target (10,000 in 2023/24)
- 35% of CYP accessing 2+ contacts with CYP MH services in Lincolnshire
- 95% of routine eating disorder referrals seen within 4 weeks
- 95% of urgent eating disorder refers seeing within 1 week
- Reduction in referrals not accepted into CYP MH services
- Reduction in re-referrals within 6 months of discharge
- 80% of CYP demonstrating improved outcome where they have two or more paired outcome scores
- Increased confidence of parent/carers and children's workforce in Lincolnshire who access training (target 90% or more reporting increased confidence)
- Reduction in number of CYP admitted to MH inpatient (no more than 2 GAU)
- 95% of CYP seen by CYP MH services within target timescales (timescales vary depending on service and routine or urgent/emergency).



**Programme: Mental Health - Children and Young People**

**SRO: Charlotte Gray/Eve Baird**

**Programme Lead: Kevin Johnson / Amy-Louise Butler**

**Clinical/Technical Lead: Adaeze Bradshaw**

## 5. What's needed to make this happen

There are a number of schemes covered in this plan which will likely require additional financial resource. The majority would go through the MHDLDA planning process for prioritisation and will be identified where possible within the MHIS. .

Initiative	Funding Plans
Night Light Café pilot	Non-recurrently funded pilot. Would look to fund recurrently beyond pilot timescales and expand to other areas of the county via CYP MH Transformation or MHIS
Online mental health support service recommissioning	Recurrently funded by LCC with non-recurrent top-up from S75 pooled fund until March 2026. Would look to fund recurrently beyond pilot via CYP MH Transformation or MHIS.
Primary care CYP MH Practitioner pilot roll-out	Recurrent funding available for partial funding towards 4 FTE Primary Care CYP MH Practitioner posts, 2 currently recruited. Further posts could be funded via further national ringfenced investment, specific ARRs funding, MHIS or CYP MH Transformation.
CYP counselling offer pilot	Currently funded via deferred S75 income, beyond pilot would look to fund via recurrent S75 income or MHIS.
MHSTs	Funded via direct allocation from NHSE as new Waves are rolled-out. Would need to ensure continued allocation should funding become part of ICB baseline.
Reducing comm CAMHS waits	Recurrent funding fully released and invested.
Introduce ARFID pathway/ CAMHS Eating Disorders	Recurrent funding from SDF allocated to CYP-EDS and development of CYP ARFID pathway, need to ensure continued allocation once SDF moves into ICB baseline.
Complex Needs Service review	Funded directly by NHSE Health and Justice to LCC, currently agreed until March 2028. Beyond this date we may receive further national funding, otherwise we need to consider local funding via CYP MH Transformation or MHIS.
CYP mental health liaison in Lincoln and Boston	Recurrent funding from the ICB for Boston MHLS has been agreed via the Urgent Care Delivery Board. Lincoln MHLS is non-recurrently funded and it is a likely a similar business case will need to be drafted and considered to continue supporting urgent and emergency MH attendance at A&E.
MHUAC all-age pathway	Recurrent funding committed for staffing of MHUAC to deliver an all-age pathway. Capital funding in the process of being agreed to create a CYP only space within the existing facility.
Kooth digital online pilot	Non-recurrently funded pilot (regional funding). If agreed to continue in Lincs, we would look to fund recurrently beyond pilot via CYP MH Transformation or MHIS.
Crisis respite	Proposals for a crisis respite provision, jointly-funded by LCC and the ICB, are currently being developed. Capital investment is currently being sought initially, the proposals would include joint revenue funding from LCC/ICB.
Seamless CYP and Adult MH transitions pathways	Recurrent SDF funding is currently being used to fund transition posts, however further transitions work would likely be funded via CYP or Adult Community MH Transformation or MHIS.

- The CYP MH programme has sufficient support from finance colleagues, workforce, digital and business and performance analysis colleagues.
- Primary Care and Education sector support is key to delivery against the CYP MH Transformation Programme, more so for aspects related to improving early identification and access to early intervention, developing mentally healthy community. The CYP Urgent and Emergency Care activity will need to be aligned to the wider UEC pathways and LA plans around development of local residential accommodation for CYP, so will require involvement from LCC and ULHT, for example.
- We are working with the ICB around the health inequalities workstream using a PHM approach to work across MHDLDA, which will involve colleagues from the wider system (population health management, public health, health inequalities, PCNs etc). However we are making sure health inequalities are considered as part of the CYP MH programme, across all workstream areas

## 6. What could make or break progress

### Financial Investment

- Financial impact e.g. if MHIS is not achieved, which is a minimum expectation.
- Current/future plans presented largely require recurrent investment to be realised.
- Year on year increases in demand require additional capacity requirements through investment.

### Workforce

- Lack of available workforce to fulfil recruitment intentions. This is a particular challenge in certain types of registered professions, but also in certain parts of the county (East Coast) where recruitment can be more challenging. Time to train and upskill the workforce is also key here.
- Alternative roles and new roles are being introduced more and more frequently and feature again in planning for 2024/25 and beyond. Non-registered professionals are increasingly being used within workforce models.
- Use of digital continues to be a focus in terms of both productivity but also as a mechanism to support recruitment and retention.
- Parity of CYP MH roles with Adult MH roles requires recurrent investment to support recruitment and retention within CYP services.

### System Capacity

- Lack of capacity from system colleagues, such as primary care, to be able to support development and delivery of the workstreams.
- Other parts of the system working in a siloed way, developing competing or cross-cutting pathways or processes, for example, without the opportunity to work together.

### Drivers/Policy Changes

- National or local direction of travel may change – post long-term plan expectations/new policy, greater understanding of local needs or future health or social infrastructure changes. Lincolnshire health and social inequalities are a challenge that need to be taken into account.

### Interdependencies with Other Key Programmes

- LCC Families First DfE Pathfinder Programme
- LCC Family Hubs Programme
- Integrated Commissioning Strategy for SEND
- Children and Young People's Integrated Transformation Programme
- Community MH Transformation for adults and older adults.

## 7. Planning assumptions

- Workforce will continue to be challenging to recruit into certain professions such as psychiatry, psychology and nursing posts – using alternative posts to attract and retain staff including rotational posts, Children's Wellbeing Practitioners (CWPs), Clinical Associate Psychologist (CAPs) etc.
- Demand for services will continue to rise – this is evidenced by individual services by year on year increases in referrals. If strategies to fully recruit are successful, then investment will currently continue to meet demand for the foreseeable future, given continued growth in areas such as MHSTs.
- We will continue to have an increase in the mental health investment standard (MHIS) each year
- Assumption that local VCFSE organisations are able to support initiatives and 'scale up' in line with transformation plans
- Assumption that we will work together as an Integrated Care System (ICS).

## 8. Stakeholders

Key stakeholders beyond Lincolnshire County Council (LCC) Children's Services (Lead Commissioner), Lincolnshire Partnership NHS Foundation Trust (Lead Provider) and NHS Lincolnshire ICB include:

- LCC (Public Health)
- LCC (Adult MH Commissioning)
- Education sector
- NHS England
- Lincolnshire Primary Care and Primary Care Network (PCN) Alliance
- Parent/carers and CYP (particularly those with lived experience)
- Voluntary, Community, Faith and Social Enterprise (VCFSE) sector
- United Lincolnshire Hospitals NHS Trust (ULHT)

All stakeholders are engaged to varying degrees in the relevant individual initiatives outlined in this plan, and/or as part of the wider CYP MH Transformation Programme, via the Workstreams or Programme Governance groups.

Programme: Adult Mental Health

SRO: Sarah Connery LPFT; Richard Eccles LICB

Programme leads: ICB: Sara Brine; LPFT: Matt Broughton

Clinical/Technical Leads: Dr Girish Kunigiri; Dr Kaval Patel

## 1. Future state

As set out in the NHS Planning Guidance for 2023/24 we need to make further progress in delivering the key ambitions in the NHS Long Term Plan and we need to continue transforming for the future. We will also ensure we are strategically aligned with the Joint Forward Plan, LPFT Trust Strategy, Health and Wellbeing Strategy and Better Lives Lincolnshire Plan. The vision is to deliver a five year roadmap for adults and older adults Mental Health services which is part of the MHD LDA Alliance vision: *'Together we will promote wellbeing for all and enable people with a mental illness, dementia, learning disability or autism to live independent, safe and fulfilled lives in their local communities'*. We are also working towards the ten-year vision outlined in the [No Wrong Door](#) document published by the Centre for Mental Health and NHS Confederation.

We will:

- Work to embed seamless pathways between children and young people's and adults' mental health services to ensure smooth transitions between them
- Continue to improve the range of strength-based community assets for mental health and wellbeing services, helping build resilience and reduce the need for acute, specialist or inpatient services and that there is "no wrong door" to services
- Work to improve access to services for those that do require them, ensuring they are a quality, evidence-based offer
- Ensure that people know how to access help and support that matters to them and respects their needs, assets, wishes and goals
- Reduce the stigma surrounding suicide and ensure a range of provision to support people so as not to lose hope and contemplate suicide as the only option, thereby reducing the rate of suicide in the county
- Ensure that we work together to better understand Lincolnshire's mental health inequalities so that services are needs led and funding is utilised to support services at a locality level through a PHM approach

- Work to embed seamless pathways between adults and older adults' mental health services to ensure smooth transitions between them
- Aim to improve uptake of physical health checks for those with SMI over the next two years, ensuring timely follow up and intervention to reduce the risk of dying prematurely.
- Utilise evidence-based practice to ensure continuous improvement and best outcomes for people, through adherence to the coproduced 'Together We Will' statements.

For the purposes of this programme plan it includes all adults and older adults' mental health and wellbeing provision. It does not include children and young people's plans, except transitions, learning disability and autism/neurodevelopmental or dementia specific programmes, which are detailed in separate plans. We are however ensuring alignment between them through the MHD LDA Alliance which has been formed through core strategic partners.

<b>Programme: Adult Mental Health</b>	<b>SRO: Sarah Connery LPFT; Richard Eccles LICB</b>	<b>Programme leads: ICB: Sara Brine; LPFT: Matt Broughton</b>	<b>Clinical/Technical Leads: Dr Girish Kunigiri; Dr Kaval Patel</b>
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## 2. What's being done to get there | Overview

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<p><b>Prevention and Early Intervention:</b></p> <ul style="list-style-type: none"> <li>• Roll out of the Mental Health Prevention Concordat Plan</li> <li>• Continued development of alternative MH crisis provision. and Holistic health for the homeless expansion</li> </ul>	<p>The MH Prevention concordat promotes evidence-based planning and commissioning to improve mental health and wellbeing and reduce inequalities. The plan includes 5 domains: Understanding local need and assets; Working together; Taking action on prevention/promotion of MH&amp;WB and to reduce mental health inequalities; Defining success/measuring outcomes; Leadership &amp; Direction. Develop and maintain crisis alternatives provision/ MH support for homeless via expanded HHH Team.</p> <p><b>JFP Priorities: New relationship with the public; Living well/staying well; Improving Access; Delivering Integrated Community Care</b></p>
<p><b>Transformation of Community Services:</b></p> <ul style="list-style-type: none"> <li>• Model development</li> <li>• Care provision</li> <li>• Data and outcomes</li> <li>• Workforce</li> <li>• PACT and CRT services</li> <li>• IPS and EIP service improvements</li> <li>• Adult Eating Disorders pathways</li> <li>• Physical Health Checks for those with SMI</li> </ul>	<p>Commitment to achieve and embed the LTP objectives including the NHSE Roadmap for community transformation. Plans include: Increased investment into community-based provision targeting those areas most in need around suicide prevention and adult mental health and wellbeing; development of a MH VCFSE strategy – to build resilience, generate volunteering opportunities and improve sustainability of provision; continued investment into primary care roles and developing a primary care strategy to support locality mental health team provision; increase workforce and improve pathways for IPS/EIP services; continued growth of CRT and PACT services; further development of the adult eating disorder pathways including prevention &amp; early intervention; developing local model for SMI Health checks delivery including interventions to support aiming to reduce premature mortality and reduce co-occurring conditions.</p> <p><b>JFP Priorities: New relationship with the public; Living well/staying well; Improving Access; Delivering Integrated Community Care; Happy and Valued Workforce.</b></p>
<p><b>Mental Health Urgent and Emergency care:</b></p> <ul style="list-style-type: none"> <li>• MH UEC Pathways review and CRV provision</li> <li>• 111 option 2 service Provision</li> <li>• Boston Liaison service</li> <li>• Options appraisal/business case for East Coast provision</li> <li>• Right Care Right Person (RCRP) Programme</li> </ul>	<p>Review of the prevention and early intervention alternatives and acute provision of MH UEC including demand and capacity modelling to ensure seamless pathways are in place; NHS111 to be the first point of contact for anyone in a mental health crisis. Implement a Single Virtual Contact Centre for calls to 111 and 999 and a mandated Interactive Voice Response option (SPA); expanding the MH urgent assessment provision to the east of the county. Introduce Cloud contact centre. Working with Lincs Police and wider stakeholders to implement national RCRP programme.</p> <p><b>JFP Priority: Improving Access</b></p>
<p><b>Inpatient services:</b></p> <ul style="list-style-type: none"> <li>• OT and Carer liaison</li> <li>• Out of area reduction</li> <li>• Inpatient review</li> </ul>	<p>Continuing to monitor the need for out of area provision and reviewing local inpatient services to improve quality and access for those needing it. Introducing additional roles to ensure therapeutic provision is available.</p> <p><b>JFP Priorities: Living Well/Staying Well; Happy and Valued Workforce</b></p>
<ul style="list-style-type: none"> <li>• NHS Talking therapies: Improve Access and experience</li> <li>• Perinatal Services: Improve Access and experience</li> <li>• Neuropsychology: Remote assessment pathway</li> <li>• Psycho-oncology: Assistant psychologist capacity</li> <li>• ME/CFS Pathway: Increase capacity to meet demand</li> </ul>	<p>Increasing workforce within NHS Talking therapies, including supervision &amp; long-term condition pathways, to reduce waits for first and follow-up appointments, looking at digital options. Improving waiting times for perinatal services &amp; ensuring provision meets need. Increase capacity to meet local demand, reduce waiting times &amp; improve patient experience in neuropsychology, psycho-oncology, ME/Chronic Fatigue service design and development. Ensuring model for dual diagnosis meets the needs of the Lincolnshire population.</p> <p><b>JFP Priority: Improving Access</b></p>

This will be underpinned by a health inequalities workstream aiming to improve equality, across MHDLDA in Lincolnshire using a Population Health Management approach.

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## 3. What's being done to get there - Detail

Work Stream	Initiatives	Milestones	Timing	Lead org	Stakeholders
Prevention and Early Intervention	Mental health prevention concordat plan	Plan progression	March 2025	Public Health	ICB; LPFT
	Crisis alternatives	Provision evaluation/impact; pathway review; options developed	March 2025	ICB	LPFT; VCSE
Community including Transformation Programme	Model development	NHSE Roadmap measures of success	March 2024	LPFT	ICB; LCC
	Care provision	NHSE Roadmap measures of success	March 2024	LPFT	ICB; LCC; VCSE
	Data and outcomes	NHSE Roadmap measures of success	March 2024	LPFT	ICB; LCC; VCSE; PC
	Workforce	NHSE Roadmap measures of success	March 2024	LPFT	ICB; VCSE
	Dedicated focused services (CRT, PACT)	NHSE Roadmap measures of success	March 2024	LPFT	ICB
	Adult eating disorders	NHSE Roadmap measures of success	March 2025	LPFT	ICB
	Physical Health checks for those with SMI	Increase uptake; interventions and pathways developed	March 2025	ICB	LPFT; Public Health
	Perinatal, NHS Talking Therapies, IPS, EIP	Access targets; experience of services	March 2025	LPFT	ICB
Inpatient	Out of area reduction	Target achievement	On-going	LPFT	ICB
	Inpatient review/ commissioning framework	Quality improvements identified and in place	March 2025	LPFT	ICB
Urgent and Emergency Care	MH UEC pathway review including Centre for Rape Victims	Recommendations in place	March 2025	LPFT	ICB; ULHT; EMAS
	111 Option 2 pathway	Services developed and mobilised	March 2024	LPFT	ICB; 111
	MH Hospital Liaison Service (Boston)	Service business case developed and approved for investment	March 2025	LPFT	ULHT; ICB
	Right Care Right Person	Pathways identified and agreed; resource in place	March 2025	Lincs Police	LPFT; ICB; LCC
	MH UAC expansion east coast	Service business case; developed service	March 2025	LPFT	ICB; ULHT
Specialist Areas	Neuropsychology: Remote assessment pathway	Service business case developed and approved for investment	April 2024	LPFT	LPFT, ICB
	Psycho-oncology	Service business case developed and approved for investment	April 2024	LPFT	LPFT, ICB
	ME/CFS pathway	Service business case developed and approved for investment	April 2024	LPFT	LPFT, ICB
	Dual Diagnosis	Strategy in place; progress reported	tbc	LPFT, LCC	ICB

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Prevention and Early Intervention	MH prevention plan	No																				
	Crisis alternatives	No																				
Community inc Transformation Programme	Model development	No																				
	Care provision	No																				
	Data and outcomes	No																				
	Workforce	No																				
	CRT & PACT	No																				
	Adult eating disorders	No																				
	SMI Health checks	No																				
	IPS, EIP	No																				
	NHS Talking therapies	No																				
	Perinatal	No																				
Inpatient	Out of area reduction	No																				
	Inpatient review	No																				
Urgent and Emergency Care	UEC pathway R/V	No																				
	111 pathway	No																				
	CRV/EMAS	No																				
	Right Care Right Person	No																				
	MHUAC East expansion	No																				
Specialist Areas	Neuropsychology	No																				
	Psycho-oncology	No																				
	ME/CFS	No																				
	Dual Diagnosis	No																				



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## 4. Projected impact on patients and system partners

Initiative	Outputs and Outcomes	
	Patients & Population	System Partners
<b>Mental health prevention concordat plan</b>	Inequalities are reduced; people are more responsible for their own care; disease burden is reduced. Reduce variation in outcomes of patients receiving interventions	Integrated working across the system.
<b>Crisis alternatives</b>	Reduction in suicide rate. People better supported in communities. Improved self-efficacy.	Reducing number of people with Mental ill health needing to attend A&E, primary care and secondary MH services
<b>ACMH Transformation: Model development and Care provision; Data and Outcomes; Workforce Dedicated focused services (CRT, PACT)</b>	<p>Locality MH Teams embedded countywide; Adheres to 6 key principles of co-produced commissioning.</p> <p>Access to holistic practitioners and evidence-based practice embedded.</p> <p>Increased access to psychological therapies, CRT and PACT services for those who need them; Organisations take a personalised approach to care, offering choice to accommodate the wide range of individual needs. Number of people who have had 2 or more contacts with transformed model of care meets LTP target</p>	<p>Greater skill mix in community settings including primary care, community MH Teams and VCSE. MHPs have been recruited in each PCN and are delivering brief interventions where appropriate, working with other PCN based roles to help address the holistic needs of people with complex MH problems &amp; facilitating onward access to mental &amp; physical health &amp; biopsychosocial interventions. A more sustainable VCFSE sector.</p> <p>All PCNs transformed within the NHSE Roadmap definition.</p>
<b>Adult eating disorders</b>	Increased access to AED services across the county providing the right care at the right time in the right place;	<p>Greater skill mix in community settings including primary care, community AED Teams and VCSE</p> <p>All PCNs fully transformed within definition of NHSE Roadmap.</p>
<b>SMI Health checks</b>	<p>People with SMI are offered a comprehensive physical health check every year, with an increasing number taking up the offer and follow-up support;</p> <p>Target to deliver 4507 SMI Physical health Checks by 31.3.24.</p>	Increased capacity to deliver physical health checks available
<b>Perinatal, NHS Talking Therapies, IPS, EIP</b>	<p>Increased access to quality services; CMH services and Talking Therapies/PMH services work collaboratively, to ensure people seeking support are provided with that support; People with a suspected first episode of psychosis can start treatment within 2 weeks of referral; All people aged 14 –65 years can access EIP services, as well as provision and effective pathways for people with an at-risk mental state;</p>	All IPS providers are supported to expand access and are set up to receive referrals from all appropriate sources. Every service user should be able to access suitable evidence-based psychological therapies;
<b>Out of area reduction</b>	More people supported within Lincs; reduced inappropriate adult acute bed days out of area.	

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## 4. Projected impact on patients and system partners

### Measures of success will include:

- Increase the number of adults and older adults accessing NHS Talking Therapies treatment
- Achieve a 5% year on year increase in the number of adults and older adults supported by community mental health services
- Work towards eliminating inappropriate adult acute out of area placements
- Improve access to perinatal, EIP and IPS mental health services
- Achieve the local plan trajectory for SMI Health checks by 2025/26
- Improve the outcomes, access and experience for people accessing mental health and wellbeing services in Lincolnshire
- Reduction in waiting times
- Positive service user feedback
- Experts by experience are embedded in everything we do
- 'Together we will' statements realised
- JSNA Challenges better addressed
- Benefit realisation of MHDLDA Alliance Priorities

### Benefits and impacts of these improvements on system partners include as follows:

- Anticipated reduction in A&E attendances in Boston where mental ill health is the only presenting condition
- Reduced impact on Police having to convey patients, freeing up policing time and improving productivity
- Anticipated reduction in Primary Care presentations for mental health and wellbeing concerns and/or more community-based provision available to provide support
- Increased uptake of SMI Health checks which may increase numbers requiring intervention or support but will ultimately aim to reduce co-occurring conditions and improve the risk of dying prematurely
- Continued increase in investment into the VCFSE, supporting resilience and sustainability
- Reduction in demand on certain secondary care mental health services so that they are able to provide responsive (reduced waiting times) and high-quality services giving good clinical outcomes for patients
- Positive experiences for patients, families and carers.
- Reduction in waiting times
- No wrong door
- Reduction of caseloads in secondary care so more time can be spent with people that require it
- Left shift to prevention and improvement in self-efficacy

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## 5. What's needed to make this happen

- There are a number of schemes above which require additional financial resource which will go through the MHD LDA planning process for prioritisation and will be identified where possible within the MHIS.
- The programme has sufficient support from finance colleagues, workforce, digital and business and performance analysis colleagues.
- Primary Care support is key to delivery against the community transformation programme elements including adult eating disorders pathways and SMI Health checks programmes, in particular. The MH UEC pathway review will need to be aligned to the wider UEC pathways and require involvement from ULHT and EMAS, for example. The 111 workstream initiative is part of a national programme roll out but will impact on the incumbent provider (DHU).
- We are developing our own health inequalities workstream using a PHM approach to work across MHD LDA but will involve colleagues from the wider system (population health management, public health, health inequalities, PCNs etc) to ensure synergy and integrated working for maximum outcomes.

## 6. What could make or break progress

### Financial Investment

- Financial impact e.g. if MHIS is not achieved, which is a minimum expectation.
- Plans presented largely require investment to be realised.
- Productivity gains have been made for many years through various initiatives such as skill mixing, digital options and more recently outsourcing opportunities, however year on year increases in demand require additional capacity requirements through investment.

### Workforce

- Lack of available workforce to fulfil recruitment intentions. This is a particular challenge in certain types of registered professions, but also in certain parts of the county (East Coast) where recruitment can be more challenging. Time to train & upskill the workforce is also key
- Alternative roles and new roles are being introduced more and more frequently and feature again in planning for 2024/25 and beyond. Non-registered professionals are increasingly being used within workforce models.
- Use of digital continues to be a focus in terms of both productivity but also as a mechanism to support recruitment and retention. Plans for the Neuropsychology remote assessment pathway typify this.

### System Capacity

- Lack of capacity from system colleagues, such as primary care, to be able to support development and delivery of the workstreams
- Other parts of the system working in a siloed way, developing competing or cross-cutting pathways or processes, for example, without the opportunity to work together.
- Working in a siloed way such as system interoperability.

### Drivers/Policy Changes

- National or local direction of travel may change – post long term plan expectations/new policy, greater understanding of local needs or future health or social infrastructure changes.
- Lincolnshire health and social inequalities are a challenge that need to be taken into account.

### Mitigations include:

- Prioritisation process determined by MHD LDA process based on core pre-agreed principles so funding will be determined over a phased approach
- A range of skill mix, retention and staff wellbeing initiatives are in place to recruit and support workforce
- Integrated working opportunities with system partners in a more proactive way to avoid siloed working
- Working closely with NHSE colleagues to understand national direction of travel and priorities to ensure plans are responsive and timely

## 7. Planning assumptions

- Workforce will continue to be challenging to recruit into certain professions such as psychiatry, psychology and nursing posts, although alternative roles are being considered, attraction initiatives are being explored and skill mix is being embedded
- Demand for services will continue to rise – this is evidenced by individual services by year on year increases in referrals – a demand and capacity exercise is being undertaken across divisions to understand this better
- We will continue to have an increase in the mental health investment standard and will be able to invest at least this amount as a minimum each year
- Assumption that local VCFSE organisations are able to support initiatives and ‘scale up’ in line with transformation plans – support is proposed to be put in place to provide a sounder and more stable VCFSE sector, with a MH VCFSE strategy in development
- Assumption that outsourcing of some activity will continue, for example NHS Talking Therapies. This will be subject to available, evidence-based alternatives
- Assumption that we will work together as an integrated care system, as per the system planning provider alignment working groups.

## 8. Stakeholders

- ICB
- LPFT
- LCC
- VCSE
- Primary care
- Public health
- ULHT
- EMAS
- 111



## 1. Future state

The pending Major Conditions Strategy will aim to improve health outcomes and better meet the health and wellbeing needs of local populations. The strategy will recognise challenges facing society, specifically around multimorbidity in ageing populations. The strategic framework, which will underpin the final strategy, focuses action on:

- Primary prevention: acting across the population to reduce risk of disease
- Secondary prevention: halting progression of conditions or risk factors for an individual.
- Early diagnosis: to identify health conditions early, to make treatment quicker and easier.
- Prompt and urgent care: treating conditions before they become crises
- Long term care and treatment in both NHS and social care settings

We want to develop a Dementia Strategy for Lincolnshire- that will have a key focus on prevention of avoidable cases of dementia, improving experience of people being diagnosed and living with dementia and championing participation, innovation, and research.

The vision for the Dementia Programme is to work in partnership; Promote person-centred coordinated care and support, ensure access to information, advice and health and care services, and that this supports of all those living with dementia and their carers when and where they need it. Early identification of people with memory concerns, and ensure waiting times for assessment are timely, fair, and equitable across all our communities. That all people have access to information and advice to age well and reduce their risk of dementia.

Dementia is the leading causes of death in England and Wales in 2022. Dementia has a profound impact on the person with dementia's life, their family, and friends and the communities in which they live. Although age is the strongest known risk factor for dementia, dementia does not exclusively affect older people. Young onset dementia (defined as the onset of symptoms before the age of 65 years) accounts for up to 9% of cases.

Early detection, diagnosis and intervention can also lead to improved treatment and quality of life outcomes that delay onset of complex needs and institutionalisation.

Nationally there are 85,000 people living with dementia in the UK, and by 2025 it is expected that there will be over 1 million people living with dementia and by 2040 this could be 1.6 million.

In Lincolnshire there are currently 8300 people living with a confirmed diagnosis of Dementia, with 7948 (95.8%) people being 65+ the average age being 82, of this number there are 5829 (72%) of people that have Comorbidities, and there are also 352 (4.2%) people in Lincolnshire that have young onset dementia (under the age of 65). Dementia prevalence is predicted to increase across Lincolnshire in all districts over the next 5 years, and based on the projections provided by POPPI, in Lincolnshire the population is expected to grow by 11% by 2041, with 30% of the population to be over 65.

There are 1873 people in Lincolnshire that are identified as having a Mild Cognitive Impairment (MCI); Patients without a Dementia Diagnosis. Follow up by the GP is not mandatory, but there is an opportunity to do some focused work with people to make informed lifestyle choices to prevent and delay the progression to dementia, and to identify any other underlying causes for memory loss.

Research shows that supporting brain health and reducing dementia risk is not only the right thing to do – it could also save money for the public purse. Preventing dementia by targeting just three specific risk factors – tackling high blood pressure, providing hearing aids, and helping people to quit smoking – could save the economy £1.9 billion per year and reduce the number of cases of dementia by nearly 10%. Only 34% of UK adults think it's possible to reduce their risk of dementia. Health and care professionals can promote evidence-based messages to middle-aged adults to help reduce their risk of getting dementia.

There are National requirements to improve Dementia Diagnosis Rates (DDR) in Lincolnshire. The current DDR for Lincolnshire is 64.8% the national standard set is 66.7%. Reduction of inappropriate Antipsychotic (AP) prescribing for people with dementia, to restore to pre-covid levels - NHSEI Target, this increased during covid, Lincolnshire ICS to be under/in line with National average and not an outlier.

For purposes of this programme, it includes all people diagnosed with dementia, carers, people with mild cognitive impairment, people at risk of developing dementia, which includes people with a learning disability and autism, it does not include adults or older adults with mental health, or frailty, which are detailed in separate plans. However, there will be overlaps that we will ensure there is alignment between them through the MHDLDA Alliance which has been formed through core strategic partners.



## 2. What's being done to get there | Overview

### Dementia Strategy development-

- The approach to developing the strategy has been to have conversations with people with dementia, their carers, those who live in Lincolnshire and our partners in health, social care the Voluntary, Community and Social Enterprise (VCSE), about their experience of health and care services and the impact of covid, what we should focus on to improve the care and support we provide. We have discussed all areas of dementia care, from activities aimed at preventing dementia, through to care at the end of people's lives.
- Co-production and Engagement with the people of Lincolnshire is fundamental to the development of dementia care pathways and support to empower all people affected by dementia this will continue through the life of the strategy.
- The strategy will be finalised and be launched at the beginning of 2024, a delivery plan for the strategy will be developed and will include clear actions to ensure that we achieve the changes required to improve dementia care and support for people affected by dementia, including clear information, advice, and support on reducing the risk of getting dementia.
- The following areas of work have been identified as things we need to do, whilst developing the new strategy for Lincolnshire once in place there will be other actions required to ensure we continue to make improvements needed.

### Prevention agenda

- Focused prevention programme aimed at raising awareness of the importance of good brain health across all age and reducing the risk of dementia. Utilising health inequalities data to support delivery.
- Even though there is no cure for dementia the most recent updated study on dementia prevention published (Lancet, 2020) found that around 40% of dementia cases worldwide might be attributable to 12 potentially modifiable risk factors. As such a proportion of predicted dementia is potentially preventable, by tackling the identified risk factors that we can change, such as smoking, diet, physical activity, and social isolation.
- Smoking is one of the biggest risk factors for dementia and can double an individual's risk, because it causes narrowing of blood vessels in the heart and brain, and oxidative stress, which damages the brain.

### Primary Care

- *DDR Target:* Nationally mandated DDR target of 66.7% - Lincolnshire DDR stand at 64.8% work being carried out by primary care to improve the target for Lincolnshire. DDR Task and finish Group recently established. Review and develop the dementia pathway/s to support people identified with Mild Cognitive Impairment (MCI).
- *Antipsychotic Medication:* Reduction of inappropriate Antipsychotic (AP) prescribing for people with dementia. Lincolnshire ICS to be under/in line with National average. Appropriate use of antipsychotic medication and use of Nonpharmacological treatment

### LPFT Memory Assessment Service

- To have a standalone memory service for Lincolnshire. LPFT Memory Assessment Services benchmarked regionally via NHSEI MAS audit. Feedback from that identified LPFT/OPFD MAS as an outlier for being delivered within generic CMHT model, rather than as a stand-alone service function.
- Demands of OP CMHT continue to rise year on year in-line with known predictive demographics of Lincolnshire as an ageing county. Lincolnshire currently has circa 180,000 + over 65s. This is predicted (ONS) to increase by 46% to 250,000 by 2041.

## 2. What's being done to get there | Overview

### Dementia (Memory) Support Service

- Assess the need for service and identify priorities and future service requirement and procurement for the current Dementia Support Service for Lincolnshire. Lincolnshire County Council Commission the 'Dementia Support Service' for Lincolnshire, the service is due to come to the end of its contract in October 2024.
- The system in Lincolnshire undertook a multi-agency review of the Dementia pathway and support services in 2021, this was given to the rise in demand, cost, and the ageing population. One of the key recommendations for this was to have a pathway wide 'One Stop Shop' dementia support service to be developed as a single point of access. Consideration of the findings and recommendations of the report will need to be taken account of in this review.
- There is now an opportunity for system partners including VCSE to work collaboratively to consider the options available to support an appropriate pathway for dementia in Lincolnshire that will meet the needs of the population. This needs to include options for where this may need to be an integrated service (no wrong door) and how this will be funded.
  - Ensure appropriate peri-diagnostic support and care planning is available for all those with dementia, to avoid crisis and unnecessary hospital admissions.
  - Ensure dementia services are appropriately resourced and sufficient to meet dementia related population health and care need.

### Complex Dementia – managing challenging behaviour (all settings)

- Improved offer of support for carers and care staff to manage challenging behaviour, to develop protocols to support managing challenging behaviour in all settings across Lincolnshire, people with complex dementia to have better health and care outcomes, and improve support for the workforce with awareness, advice, training.
  - To implement the role of Dementia ambassadors in care homes
  - Appropriate use of antipsychotic medication and use of Non pharma logical treatment
  - Improved offer of support for carers and care staff to manage challenging behaviour.

### Palliative and End of life Care (PEoLC)

- Promote care planning whilst people can communicate their needs and wishes, to increase awareness that dementia can reduce life expectancy and all people diagnosed having a care plan and care plan review in the preceding 12 months, including an advanced care pan and ReSPECT (Recommended Summary Plan for Emergency Treatment and Care) form. Increased number of people with dementia dying at their usual place of residence.

### Developing specialist Young Onset Dementia (YOD) pathway for Lincolnshire

- *New Pathway to be implemented:* To ensure timely and appropriate diagnosis and support the development of age-appropriate support and care for people including information, resources and advice on the issues specifically faced by working age adults, that can help them remain active and living well in the community.

## 3. What's being done to get there | Detail

*To note: The new strategy with its delivery plan will have a clear project plan encompassing the workstreams below that will set out key deliverables and milestones, the Dementia programme board will have responsibility to oversee this.*

### Dementia Strategy development:

- We have spent a period of time having conversations and working with to people with dementia, their carers, and families and our partners in health, social care the VCSE sector, about their experience if health and care including the impact of covid, this has been this has been to help us establish our goals and identify what actions we need to take to improve the care and support we provide to people, so far we have used what people have told us to develop the draft goals for the strategy and we will continue to work collaborative to finalise the strategy.
- Completed a period of engagement on the draft strategy goals with system partners, people affected by dementia including Dementia UK and the Alzheimer's Society this will be reviewed to further develop the final draft strategy.
- Members of the Dementia programme Board (DPB) and people with lived experience are working together with the population health management team to develop a logic model identifying our activities and outputs including long/medium/short-term outcomes for the strategy delivery plan, utilising the intelligence/data to support this work.
- We are working with DAAs/DFCs this is to re-establish themselves to form a Dementia Network for Lincolnshire and be part of the DPB, these groups pay a pivotal role in our communities to improve local support and access to services for people and will support development and delivery of the dementia strategy action plan.
- Every-One have been and continue to support development of the strategy by supporting people to share their experience and have their voices heard, they are establishing a network of people with lived experience to work collaboratively with the DPB to identify opportunities for coproduction and codesigning service.

### Prevention Agenda

Task and Finish group established with the following remit of work.

- Developing information and advice for people on preventing avoidable dementia encouraging people to age well,
- Highlighting the 12 modifiable diseases that increase the risk of dementia by embedding this into other associated public health campaigns.
- Raising awareness across the life course of what's good for the heart is good for the brain by developing a resource of video/animations, and marketing campaign, this will be accessible for the public and for professionals to use across health, care, and education. A quotation/tender exercise has started to find an organisation to develop the brief for the animations.
- Review and develop protocols to encourage uptake of NHS health checks and ensure risks associated with dementia including early signs of dementia are recognised ensuring appropriate advice and support is available.

## 3. What's being done to get there | Detail

*To note: The new strategy with its delivery plan will have a clear project plan encompassing the workstreams below that will set out key deliverables and milestones, the Dementia programme board will have responsibility to oversee this.*

### DDR Target:

- Case Finding/MCI follow up - PCNs/ Practices encouraged to case find: All practices have been provided with the information about the dementia quality toolkit (DQT) that is available on both EMIS and SystmOne and advised to run this annually. This has been embedded as part of a dementia checklist and available on the Lincolnshire Dementia page. The DQT will identify patients with mild cognitive impairment (MCI). An annual review of all patients with mild cognitive impairment (MCI) has been embedded as part the locally developed primary care dementia pathway and MCI annual follow up is established in Lincolnshire Partnership Foundation Trusts (LPFT) memory assessment pathway.
- The Diagnosis Advanced Dementia Mandate (DiADeM) Tool: this has been embedded as part of the primary care dementia pathway for patients with advanced/severe presentation of dementia in care homes. The DiADeM tool is being used in areas of the county where there is the capacity and confidence amongst care coordinators/practitioners in the community.
- To explore and promote the impact of the tool for diagnosing advanced dementia in care homes the ICB dementia lead is in the process of commencing a pilot in a one of the PCNs, working with the frailty nurse who is the Enhanced Health in Care Home (EHCH (lead). The pilot will be written up and shared across primary care/care homes to support the roll out across Lincolnshire care homes. The Dementia Assessment Referral to GP (DeAR GP) has been promoted across Lincolnshire Care Homes. DeAR-GP, developed by the Health Innovation Network and supported by Alzheimer's Society, is a simple paper-based case-finding tool which has been designed for use by care workers to identify people who are showing signs of dementia. DeAR-GP acts as a communication between care workers and health professionals. The DiADeM is an excellent follow-on tool from the DeAR- GP.

### Memory Assessment Service

- LPFT have submitted a business case to support investment to move towards a 'stand-alone' MAS model. If approved this will improve the dementia diagnosis rates (DDR) for Lincolnshire and reduce memory assessments waits. Awaiting outcome.
- Earlier diagnosis for people that opens the door to future care and treatment. It will also help people to plan while they are still able to make important decisions on their care and support needs and on financial and legal matters, prevent crisis situations and enable people to get on with living.

### Antipsychotic Medication

- In line with the National priority, a cross organisational task and finish group (LPFT, ICS, Primary Care, Arden Gem) has been running and has reduced AP prescribing in dementia back to the targeted pre-pandemic levels.
- The group have conducted audits across primary care and care homes to identify where and why medication was initiated, frequency and quality of medication reviews, discharge to primary care guidance to inform actions to improve local pathways.
- Improvements made:
  - Reduction of inappropriate Antipsychotic (AP) prescribing for people with dementia. Lincolnshire ICS to be under/in line with National average and not an outlier BPSD pathways reviewed and updated (NICE guidance, including AP prescribing)
  - Primary care BPSD > CD + PC Clinical lead.
  - Secondary care BPSD Pathway – aligned to PC pathway. Updating pathways and non-pharmacological options/actions.
  - Refocus key ethos of AP review. Clear down-titration process/protocol (linked to 6-week review).
  - Clear GP discharge information standards. Review, discontinuation & re-access processes.

## 3. What's being done to get there | Detail

*To note: The new strategy with its delivery plan will have a clear project plan encompassing the workstreams below that will set out key deliverables and milestones, the Dementia programme board will have responsibility to oversee this.*

### **Complex Dementia – managing challenging behaviour (all settings)**

- We are in the early stages of discussion to implement the role of Dementia ambassadors in care homes
- The cross organisational task and finish group is in place for the appropriate use of Antipsychotic Medication they have detailed plan to manage this to better support people with dementia and people in caring roles to manage challenging behaviour
- The recovery college are working with carers to develop a training course to support carers in their caring roles.
- Review and develop education and training programmes for supporting people with dementia and improve access for carers and care professionals. Have an education and training resource.

### **Palliative and End of life Care (PEoLC)**

- Working with PHM to develop robust data - how many dementia patients on PEOL register, how many have an ACP and RESPECT.
- Working with PEOL Delivery Group to explore how we can adopt elements of the Derbyshire toolkit to strengthen the PEOL offer for people with dementia.
- Enhanced Health in Care Homes is dedicated to improving PEOL for people in care homes of which dementia patients are covered.

### **Developing specialist Young Onset Dementia (YOD) pathway for Lincolnshire.**

- Working group established was paused this will be resumed.
- New Pathway to be implemented..

Programme: Dementia

SRO: Paula Jelly

Programme lead: Gina Thompson

Clinical/Technical Lead: Collins Esiwe

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
	Dementia Strategy		Yellow	Orange	Light Orange	Purple	Teal	Teal	Light Orange	Purple	Teal	Teal	Light Orange	Purple	Teal	Teal	Light Orange	Purple	Teal	Teal	Light Orange	Purple
Dementia	Prevention agenda	No		Yellow	Orange	Light Orange	Orange	Blue	Teal	Teal	Purple											
Dementia	DDR Target	No		Orange	Blue	Light Blue	Teal	Teal	Teal	Purple	Blue											
Dementia	Antipsychotic Medication	No			Yellow	Orange	Orange	Blue	Blue	Teal	Teal											
Dementia	Memory Assessment Service	No					Orange	Orange	Blue	Blue	Teal	Teal	Teal	Teal	Purple	Purple						
Dementia	Dementia (Memory) Support Service	No					Yellow	Yellow	Light Orange	Light Orange	Orange	Orange	Blue	Teal	Teal	Teal	Teal	Teal	Purple	Purple		
Dementia	Complex Dementia – managing challenging behaviour (all settings)	No					Yellow	Orange	Orange	Blue	Teal											
Dementia	Palliative and End of life Care (PEoLC)	No					Yellow	Yellow	Orange	Orange												
Dementia	Develop specialist Young Onset Dementia (YOD) pathway for Lincolnshire	No					Orange	Orange	Orange	Blue	Blue	Teal	Teal	Teal	Purple	Purple						

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## 4. Projected impact on patients and system partners

There is strong strategic alignment with Joint Health and Wellbeing Strategy and the MHDLDA Alliance which prioritises dementia as areas for development and improvement.

- Patients will receive faster diagnosis and this development would support County Wide DDR attainment and associated Quality and Outcomes Framework levels/payments to GPs.
- Increased diagnosis rates are central to access for post-diagnostic support and planning for dementia. This is inclusive of advanced care and treatment decisions that can impact down-stream service use and access.
- Development of skills and pathways required for more complex dementia diagnostic groups such as young-onset dementia, dementia in Parkinson's disease/Learning Disabilities/Huntington's disease etc. that currently go under-served and can lead to out of area expenditure and resource usage.
- Timely diagnosis means that patients are not waiting as long, which in turn reduces their (and their families) anxiety and can lessen impact on wider health and care services, for example on primary care.
- Reduce unnecessary attendance A&E and hospital admission which can be stressful for the person with dementia, Carers and unpaid carers are adequately supported to continue to care for the person in their usual place of residence.
- Early detection, diagnosis and intervention can also lead to improved treatment and quality of life outcomes that delay onset of complex needs and institutionalisation.
- Local health and care partners – including staff from Primary Care Networks – working in a more joined-up way, through sharing information and working as one multi-disciplinary team.
- Improved recruitment and retention of the workforce, that have to skills needed to support people with dementia.
- Carers better able to continue their caring role.
- Timely intervention and treatment resulting in better outcomes; Ensures co-morbid conditions are recognised and treated.
- Ensures people with dementia and relatives are aware of appropriate services and support which might extend independent living.
- Less crises and reduce hospital admissions.
- Increased number of people with dementia dying at their usual place of residence.

## Measures of success

- Increase in DDR for Lincolnshire
- Reduction in people with MCI and Memory and Cognitive Problems
- Increase in Health Check 5 year (50-65)
- Decrease of average time to assessment
- Decrease in the average time to diagnosis.
- Reduction in waiting List (MAMs)
- Increase in the number of Medication Review and Dementia Care Plans
- Reduction in Anti-Psychotic Prescribing
- Increase in people with an advanced Care Plan and Respect form.
- Improve the outcomes, access and experience for people accessing MAS

## 5. What's needed to make this happen

- The dementia programme needs to have parity and support from the system to identify opportunities for financial investment, opportunities to submit cases for change that will support the changes needed for improvement.
- The VCSE community continuing to be committed to work with health and care to develop and improve services for people.
- We are developing our logic model using a PHM approach to support the dementia programme but will involve colleagues from the wider system (population health management, public health, health inequalities, PCNs etc) to ensure synergy and integrated working for maximum outcomes.
- Colleagues across the system to pool resources, skills, and access to spaces to upskill the workforce and unpaid carers, and support and services to be available when and where it is needed.
- Digital: to be able to be innovative and develop options for virtual and digital tools to support people at home and to access services in health and care (rural and deprived areas).

## 6. What could make or break progress

### Interdependencies

Other programmes and organisations that support the success of the Dementia Programme:

- Frailty Programme
- Adult MH programme
- Personalisation
- EHCH delivery group
- PEOL delivery group
- LCC/ICB/ULHT/LCHS/VCSE
- DAA/DFCs

### Risks

- There is the risk that the programme is unable to fulfil some of the projects identified if we fail to secure funding to support the changes needed to improve the service offer for dementia. People will continue to wait longer than clinically desired for diagnosis and waiting lists will continue to grow/deteriorate. This becomes even more detrimental as new treatments become available where outcomes for patients are maximised with early detection, diagnosis, and treatment.
- VCSE sector unable to provide that level of resources required across the county without investment from health and social care.
- Transport and housing being inadequate to serve our communities, to ensure support and services and fair and accessible
- Financial impact e.g., if investment is not secured for the MAMs services and community assets.
- Plans presented largely required investment to be realised.
- Demands of Older People mental health and dementia services continues to rise year on year in-line with known predictive demographics of Lincolnshire as an ageing county and this will require additional capacity requirements through investment.

### Workforce

- Lack of available workforce to fulfil recruitment intentions. This is a particular challenge in certain types of registered professions, but also in certain parts of the county (East Coast) where recruitment can be more challenging.
- Recruitment of staff in LPFT, and recruitment and retention in the care sector, skills to manage complex dementia
- Use of digital continues to be a focus in terms of both productivity but also as a mechanism to support recruitment and retention.

### System Capacity

- Lack of capacity from system colleagues, such as primary care, to be able to support development and delivery of the workstreams

## 7. Planning assumptions

### Financial Investment

- Financial impact e.g., if investment is not secured for the MAMs services and community assets.
- Plans presented largely required investment to be realised.
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- Recruitment of staff in LPFT, and recruitment and retention in the care sector, skills to manage complex dementia
- Use of digital continues to be a focus in terms of both productivity but also as a mechanism to support recruitment and retention.

### System Capacity

- Lack of capacity from system colleagues, such as primary care, to be able to support development and delivery of the workstreams
- Capacity in primary care to case find and capacity in PCNs to diagnose advanced dementia in the community via Diadem

### Driver/Policy Changes

- National or local direction of travel may change greater understanding of local needs or future health or social infrastructure changes to be able to future forecast and plan services/finances

## 8. Stakeholders

### Stakeholders

- People with lived experience
- ICB
- LPFT
- LCC
- ULHT
- LCHS
- VCSE
- District Councils

### Project team

- Gina Thompson
- Members of the Core team Dementia Programme Team
- DPB members

## 1. Future state

NHS Planning Guidance for 2023/24 sets out that further progress should be made in delivering on the NHS Long Term Plan key ambitions. This Programme Delivery Plan will align against the published priorities of the NHS Lincolnshire Joint Forward Plan 2023-28, in addition to more targeted documents such as the Model Service Specification for the Transforming Care Programme and 'Building the Right Support' and the National Service Model for Transforming Care.

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Note: Learning Disabilities and Autism (LDA) are not set out in the Health and Wellbeing Strategy and Better Lives Lincolnshire Plan as a priority, however the LDA Programme will aim to link into these documents when appropriate, specifically around health inequalities. For example, the Autumn / Winter Vaccinations for People with a Learning Disability work recently produced.

The MHDLDA Alliance Vision states: 'Together we will promote wellbeing for all and enable people with a mental illness, dementia, learning disability or autism to live independent, safe and fulfilled lives in their local communities'.

### **The overarching aim and benefit of the LDA programme of the Lincolnshire System is;**

Currently when individuals need placing in specialist hospital provision, there is an increased reliance out of area service delivery. **In the future individuals with LDA service needs will be able to remain closer to home and networks, whilst accessing the right support locally. The Lincolnshire system are developing local services with a view to specialist support and delivery models and reducing the reliance on inpatient care out of county. This will help to ensure that the Lincolnshire system meets the national agenda in individuals accessing care and treatment closer to home whilst reducing the rate per m in hospital provision. This leads to person centred quality support and improved patient experience whilst meeting the national targets.**

**Current State - Future State – Work – Outcomes - Value**

We will:

- Work so that individuals with a learning disability and/or autistic people will be able to remain closer to home and networks, whilst accessing the right support locally and in the community.
- Develop services with a view to deliver localised specialist support and reduce the reliance on inpatient care and out of county services, in line with NHSE targets of rate per million.
- Improve quantity and quality of LD Annual Health Checks to improve health outcomes.
- Develop access services for people with a Learning Disability and Neurodiverse people so that services can be accessed more easily, and their health life expectancy increases in line with the general population.
- Work so that the population can access services (physical and mental health) more easily and that their healthy life expectancy increases in-line with the general population.
- Work for a reduction in health inequalities will be supported with more LDA friendly GP practices being accredited.
- Ensure neurodiverse individuals will be supported to live well and independently where possible, but when they do require specialist mental health services, the services will be accessible and tailored to the needs of these individuals.
- Work so that people receive timely access to service (i.e., maximum 12 week wait for initial appointment) and early diagnosis across all ages.

### **Scope**

In scope – LDA programmes of work for adults and CYP

Out of scope – Mental Health (except those with Mental Health and LDA)

## 2. What's being done to get there | Overview

### MHLDA Planning

- All services have been asked to complete a planning template which details their plans for 2024/25. These update and build on the same exercise which was completed during the 2023/24 planning round, as we move towards a continual cycle of operational and strategic planning development and iteration.
- The planning templates ask services to consider their existing position and future needs in terms of performance, quality, workforce, demand, estates, digital/informatics, inequalities, finance, national drivers (i.e., policy, legislative and guidance changes), strategic alignment and impact on the wider system. This supports services to identify plans and 'gaps' needed to improve areas of existing deficit. Where services are requesting additional resourcing or investment, a second stage of planning development will take place throughout October 2023 to develop cases for change. Finally, all cases for change will be subjected to a scoring prioritisation framework to 'order' in priority any cases for change which are developed so that any future investment availability can be directed accordingly to developments in a prioritised fashion.
- Alongside this, Senior Operational Managers in LPFT have developed a list of 20+ ambitions to achieve in 5 years' time. Whilst this list is subject to further development and iteration, the long-term vision is for Learning Disability and neurodiversity service planning to be integral to system development.

### Learning Disability Review:

There was an overall Learning Disability review in 2021/22 and 2022/23. The specialist Learning Disability services within LPFT are currently undergoing a service transformation review which is in 2 phases:

- Urgent care support for LDA.
- Community.

### LPFT Staff Engagement

Ongoing engagement with LPFT staff across all service areas to identify gaps and opportunities in ensuring that service users with Learning Disabilities and Neurodivergent individuals receive equitable services. A case for change is being created in September 2023 and this will identify a number of improvement projects across all services. These will include:

- A case for change is in development for the Learning Disability physical health liaison pathway.
- A case for change is in development reviewing lead commissioner responsibilities to maximise existing resources.
- A case for change is currently under review for the NHSE Capital bid for LDA which commenced in August 2023. A decision will be made week commencing 25<sup>th</sup> September 2023 as to the preferred option which will lead to a business case with a view to work commencing in 2024/25.

### Accommodation Strategy

A short-term plan and accommodation strategy is being developed in September 2023 to inform accommodation requirements for the LDA programme. This includes wider creative market engagement which will lead to several procurements with the market for 2024/25 to give a planned approach.

## 2. What's being done to get there | Overview

### LDA Roadmap

The 3-year roadmap for LDA identified several schemes which are now business as usual for the integrated care system and include:

- Purple light Epilepsy toolkit benchmarking and case for change for the specialist LDA Epilepsy pathway.
- Lincolnshire LeDeR programme including quarterly system wide webinars.
- Section 17 pilot as part of the accommodation strategy will inform future commissioning intentions and market development.
- Development of all age community support for Lincolnshire Autistic Community and family/carers.
- Sensory Environment work within the wards.
- CYP key workers.

### Dynamic Support Register

Learning taken from the Dynamic Support Register (DSR) which informs all age admission avoidance where clinically appropriate to do so and continual review of the DSR and system wide process.

### Neurodivergent Pathways:

As part of the LDA service review, there is a focus on neurodivergent pathways, which for ADHD and Tic's Tourette's are supported in the independent sector via the out of area treatments panel (OATs).

Currently Tics Tourette's and Functional Neurological Disorder (FND) and Acquired Brain Injury (ABI) pathways remain as OATs with services commissioned on a spot purchase basis. During 2024/25 evaluation of both the CYP and Adult OATs panels will determine whether this meets the needs of Lincolnshire citizens or whether cases for change are required.



## 3. What's being done to get there | Detail

The LDA programme is working on several schemes and projects to support the overarching vision described above and to align with the NHS Lincolnshire Joint Forward Plan priorities. These schemes and projects are detailed below:

### LPFT LDA Service Review. JFP Priorities 2/3/4 – Living Well and Staying Well, Improving Access, Integrated Community Care

- LPFT are carrying out a service transformation review in 2 phases. Many of the schemes and projects detailed in this section have / will come out of this review. The review will identify gaps and opportunities within LDA pathways.
- Scope of the LDS75 agreement with LCC is well established and although it is mature and with LPFT services, the pathways may not necessarily be meeting the overall needs of our citizens who are accessing mainstream LD services. E.g., People with mild LD and those who are autistic or have neurodivergent needs.
- Although both cohorts of individuals are under the umbrella of the Transforming care programme, they have very different needs, and it is a likely mainstreaming within the ICS. Where the service is now in 2024 is very different to that in 2016.

### Physical Health Liaison Pathway. JPF Priority 3 - Improving Access

- The focus of this scheme is to provide hospital and community staff with training on the support needs of patients with LD and to offer advice and support to individuals and their carers during their hospital admission.
- A business case was proposed in Q2, describing 4 options to meet and exceed the commissioned physical health liaison service specification standards. The recommended option is to expand the service to meet the commissioned service requirement as detailed in the LD service specification. This will lead to reduced (Inappropriate) demand on emergency departments and acute hospital admissions and a reduction in health inequalities for LDA citizens. It will increase the quality of annual health checks. There are interdependencies through the rollout of the Oliver McGowan Training.

### Lead Commissioner. JFP Priorities 3/4/5 - , Improving Access, Integrated Community Care and A happy Valued workforce.

- Work is ongoing between LICB and the Local Authority (Lincolnshire County Council (LCC)) to produce the Lead Commissioner policy for complex case, of which LDA is a part. Other parts include Responsible Commissioner and Section 117 Aftercare. This policy will then stipulate process for future commissioning and procurement of complex case.
- We are currently working on a Market Position Statement for the health packages within Lincolnshire, where we have seen an increase in growth over the past 5 years, both in terms of demand and supply being created against Lincolnshire system direction of travel.
- A case for Change is in development reviewing Lead Commissioner responsibilities to maximise existing resources in line with the review of LDA services currently being conducted by LPFT and LICB. Ongoing work to meet service demands ensuring that the staffing resource is used effectively whilst ensuring staff are developed, valued and retained. The workforce within lead commissioner is our internal workforce across key partners but it forms a valuable thread in each of the main workstreams.

### Accommodation Strategy including a Capital Bid for new LDA Accommodation - JFP Priorities 1/3/4 – A new relationship with the public, Improving Access and Integrated Community Care

- The Accommodation Strategy is a joint strategy across all key partners in Lincolnshire reviewing the current supply and demand of care provision across all services in Lincolnshire to meet the current level of demand. This includes developing the market to meet LICB requirements in line with our overarching commissioning plans to meet both current and expected demand. It is ensuring the market are developing services in line with both the LICB and wider system requirements. From an LICB perspective, this is growing community provision to support LDA discharges from long stay hospitals and meeting the increasing number of community services to meet our statutory responsibility in providing s117 aftercare.
- A Capital Bid will be submitted to NHSE by June 2024 with a view to work commencing in 2025/26. The Capital Bid is to develop 4/5 units of accommodation for LDA clients based on several criteria within the capital bid process. A Case for Change is currently under review which is evaluating several options which include new-build developments and development of existing buildings across Lincolnshire. Following a decision being made in early 2024, a business case will then be produced in readying us for submission in June 2024. The Capital Bid is a system bid being produced with input from key partners including LCC and LPFT.

## 3. What's being done to get there | Detail

### SDF – LeDeR. -JFP Priority 2 - Living Well and Staying Well

- The Lincolnshire Learning from Lives and Deaths of people with a Learning Disability and/or Autistic People (LeDeR) programme has been actively improving since its origins in 2022/23. Governance Panels occur on a bi-monthly basis and there are multiple LeDeR Reviewers stationed around the system.
- Q2 saw the successful appointment of a LeDeR Band 4 dedicated administrator and there is work ongoing to increase the reviewer cohort by bringing in external reviewers on a bank basis as it is a priority area to have LeDeR reviewers approved. This is a focus area being driven by NHSE LDA Midlands. Further webinars to be introduced on a cost neutral basis.

### SDF – Epilepsy LDA Pathway ICS. - JFP Priority 3 – Improving Access

- The Epilepsy Purple Light Toolkit was produced in the FY. In early Q3 a webinar was jointly hosted between LICB and SUDEP Action charity to increase awareness of epilepsy and LDA and future commissioning plans. From this webinar, workstreams to implement the SUDEP Action checklist into Annual Health Checks has commenced and My Life in Epilepsy.
- This is a prime example of co-produced commissioning which has been extended to the wider ICS, with an enhanced offer for Expert by Experience (EBE) and looking at the Epilepsy prevalence in Learning Disabilities.
- Implementation of Commissioning Guidance was launched 14/11/2023 and there is ongoing health inequalities work. Lincolnshire is a pilot site and developing further links to the health inequalities workstreams and all age pathways.

### Expansion of DSR inc. Self-Assessment. JFP Priorities 2/3 – Living Well and Staying Well, Improving Access

- The Dynamic Support Register (DSR) is going through a review process to meet developing NHSE and local requirements, including work to identify and improve on the population who should be on the DSR but are not (Self-Assessment). All age and moving of 38-to-52-week school placements avoiding inappropriate hospital admissions.

### ADHD Pathway LACE Project. JFP Priority 3 – Improving Access

- The Lincolnshire Clinical Academy of Excellence (LACE) are supporting LICB with the identification of a new ADHD Pathway for the system.
- Q1 and Q2 involved gathering of the reference group and stakeholder analysis. Surveys have been sent to patients to gather evidence and data and a workshop is planned for the end of Q3 to define the issues and concerns. Another workshop will take place in Q4 for best practice evidence and then 2 further workshops in Q4 for solution generation and strategy agreements.
- Report and recommendations will then be produced by LACE in Q1/Q2 of FY 2024/25, with implementation following from that.

### Virtual Autism Hub. - JFP Priority 3 – Improving Access

- In the latter part of 2023/24 LPFT are mobilising the Lincolnshire Virtual Autism Hub. This initiative aims to reduce health and societal inequalities experienced by autistic people and their families/carers by providing easily accessible community support, signposting and a level of advocacy. The Hub will also represent the voices and views of an underheard community in Lincolnshire and ensure this cohort of the population are fairly represented. Providing employment opportunities within the hub which can have positive impact on individuals' mental health.
- 2024/25 will be the first full year of operation for this new service. It is expected that the service will require at least two years of operational experience to learn and iterate before a formal evaluation. A PDSA approach will be taken within the first two years.

### CYP Autism Diagnostic Pathway. JFP Priority 3 – Improving Access

- Carry over to early Qtr. 1 2024/25, as consultation ongoing in Qtr. 3/4 of 23/24.

Programme: Learning Disability and Autism

SRO: Martin Fahy

Programme lead: Richard Eccles

Clinical/Technical Lead: Catherine Keay

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	No.	Project	FRP	2023/24				2024/25				2025/26				2026/27			
				Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
LD – LPFT	1	LPFT LDA service review	No																
LD – LPFT	2	Physical Health Liaison Pathway	No																
LD – LPFT/LICB	3	Lead Commissioner	No																
LD - LICB	4	Accommodation strategy	No																
LD – LICB	4a	Capital Bid - LDA accommodation	No																
LD – LICB	5	SDF – LeDeR	No																
LD – LICB	6	SDF – Epilepsy LDA pathway ICS	No																
LD - LPFT	7	Expansion of DSR	No																
LD - LICB	8	LACE project ADHD	No																
LD - LPFT	9	Virtual Autism Hub	No																
LD - LICB	10	CYP Autism Pathway	No																

Programme: Learning Disability and Autism

SRO: Martin Fahy

Programme lead: Richard Eccles

Clinical/Technical Lead: Catherine Keay

## 4. Projected impact on patients and system partners

Initiative	Outputs and Outcomes	
	Patients & Population	System Partners
LPFT LDA Service review	Improved patient experience	Case for Change
LPFT Physical Health Liaison pathway	Improved patient experience and access to pathway.	Expanded workforce and mobilisation
Lead Commissioner	N/A	Clearer pathway of working. Supports market development
Accommodation Strategy market development & improvement	Review of existing provision. Increased capacity in the market and greater choice for personalisation.	Market stimulation and Case for Change for Capital Bid.
SDF - LeDeR	Review and implement learning.	N/A
Epilepsy LDA Pathway ICS	Development of pathway and mobilisation of such.	Epilepsy Toolkit webinars.
Expand DSR Inc. Self notification	Improved access.	Improved access for system partners to DSR.
LACE ADHD project	Improved pathway development and access to ADHD services.	Recommendations of pathway.
Virtual Autism Hub	Improved access and experience for autistic people.	Clearer direction for primary and secondary care to signpost people with autism to appropriate pathways.

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ADHD Pathway has not been included. The reason for the non-inclusion is that the LACE ADHD project aim is to scope the appropriate pathway. Until outcomes from this project are known, the ADHD pathway initiative cannot be planned or started.

Programme: Learning Disability and Autism

SRO: Martin Fahy

Programme lead: Richard Eccles

Clinical/Technical Lead: Catherine Keay

## 5. What's needed to make this happen

Scheme	External contributors	Requirements from enablers	Other support requirements	Resource requirements
LPFT LDA Service Review	LPFT	Client engagement/Experts by Experience		Staffing input
Physical Health Liaison Pathway	LPFT / ULHT	Workforce		Additional funding – business case produced
Lead Commissioner	LCC / LPFT	Legal agreement	Training on workforce / Educating providers	Dependant on outcome – additional finance staffing of maybe up to 2 FTEs B4/5
Capital Bid for new LDA Accommodation	NHSE / LCC / LPFT	Additional joint funding	Support at Board meetings / Project support	Additional funding to support the project. Scheme circa £2m and additional staffing support of maybe 1-2 FTE on fixed term B7
Accommodation Strategy	LCC / Districts	Embed strategy through framework/procurement	Staffing	Staffing – Will need to see an increase in contracting/procurement of maybe 2-3 FTE B6/7
SDF - LeDeR				Reviewer staffing which may result in external staff being recruited.
SDF – Epilepsy LDA Pathway ICS	Primary Care / SUDEP Action		Primary Care Network liaison for checklist distribution	
Expansion of DSR	Community LDA			
LACE Project ADHD	Primary Care	Data gathering engagement		Extra staffing as required when pathway has been identified
CYP Autism Pathway	LPFT / Primary Care	To come from action plan in development	To come from action plan in development	To come from action plan in development
Virtual Autism Hub	LPFT / Primary Care			Dependant on PDSA process

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Programme: Learning Disability and Autism

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## 6. What could make or break progress

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Scheme	Interdependencies	Issues and Blockers	Challenges and Risks
LPFT LDA Service Review	LPFT		Lack of LDA in key policy priorities (H&WS / BLL Plan)
Physical Health Liaison Pathway	Adult LD Service	Lack of funding	Recruitment of staff / Significantly higher patient referral numbers / High number of inappropriate referrals
Lead Commissioner	LCC / LPFT		Lead Commissioner policy cannot be agreed upon
Capital Bid for new LDA Accommodation	LCC	LCC accommodation strategy	Case for Change not accepted
Accommodation Strategy	LCC	Provider market producing provision against requirements	Provider market continue to work in silo from recommended strategy
SDF - LeDeR	LPFT / ULHT	Reviewer capacity	Unable to recruit to key posts
SDF – Epilepsy LDA Pathway ICS	SUDEP Action	Primary Care understanding	
Expansion of DSR	LPFT	ICS Interoperability	
LACE Project ADHD	LACE / Chosen provider/pathway	Workforce capacity	Unable to find appropriate pathway
CYP Autism Pathway	LCC / LPFT		Increase in demand outweighs current pathway work
Virtual Autism Hub	LPFT		PDSA uncovers issues outside of scope to be changed

### General risks across all schemes

- The ability to recruit staff due to a shortage in Lincolnshire across both health and social care in both the public and private sector. If recruitment is made in one area, it is often at the detriment of another area. Both LICB and LPFT have been carrying a number of vacancies for some time.
- Changing priorities at national level in what ICBs will be doing as key priorities and lack of funding may impact on all schemes. For example, letter PRN00942\_Letter Addressing the Significant Financial challenges created by industrial action in 2023/24, and immediate actions to take, dated 08/11/2023.



## 7. Planning assumptions

- Demand will continue to rise in all sectors (LD, Autism, Neurodiverse), with specific increases in neurodiverse demand, such as ADHD, Tics and Tourette's Syndrome. The impact of COVID-19 is being monitored and analysed as part of the overall growth in demand seen within the MHLDA service.
  - 9 months of 23/24 a 19.2% (81) increase in MHLDA patients that are supported in core services
  - 9 months of 23/24 a 23.9% (519) increase in ADHD patients that receive an ADHD service
  - 9 months of 23/24 a 16.2% (5) increase in Tics/Tourette patients that receive a service
  - 9 months of 23/24 a 25.4% (101) increase in s.117 aftercare patients that receive a service
- Funding will remain available through SDF and other schemes to improve output in LDA.
- Assumption that funding will remain constant with this financial year and will not reduce.
- The capital scheme is subject to LICB being successful in its application for funding with NHSE and the ability to access additional national funding schemes.
- Community-based provision will continue to be seen as the most appropriate service delivery model for those with a learning disability and/or autism. However, the cost of community provision in some cases is higher and that then results in schemes being taken to the investment panel for approval.
- National and local policy will continue and will include current themes regarding LDA.
- Workforce vacancies will get filled and workforce sickness will continue in line with local trends. However, internal LICB vacancies are governed by workforce panels on a post-by-post basis and the sustainability of workforce is measured in line with the overall ICS workforce strategy
- The ICS will continue in its current makeup (ICB/LPFT/ULHT etc) and will continue to work together in an aligned way to meet the overall ICS vision.

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## 8. Stakeholders

Scheme	Project Team	Lead Person	Stakeholders
LPFT LDA Service Review	LPFT	LD LPFT	LICB / LPFT / LDA population
Physical Health Liaison Pathway	LPFT	LD LPFT and LD ULHT	LICB / LPFT / ULHT / UEC / LD services
Lead Commissioner	LICB / LPFT / LCC	AD LD at LCC/ MHLDA Director LICB	LICB / LPFT / LCC
Capital Bid for new LDA Accommodation	LICB / LPFT / LCC	Pooled Fund Manager LICB & Property LCC	LICB / LPFT / LCC
Accommodation Strategy	LICB / LCC	LD LCC/MHLDA LICB	LICB / LCC
SDF - LeDeR	LICB	MHLDA LICB	LICB / LPFT / Primary Care / ULHT
SDF – Epilepsy LDA Pathway ICS	LICB	MHLDA LICB	LICB / Primary Care
Expansion of DSR	LPFT	LD LPFT/MHLDA LICB	LPFT / LICB
LACE Project ADHD	LICB	Chief Commissioning Manager LICB	LICB / Primary Care / ADHD Provider market
CYP Autism Pathway	LPFT/LCC	Autism Lead LPFT/Childrens Commissioning LCC	LPFT / LICB / Primary Care / Provider Market
Virtual Autism Hub	LPFT	Autism Lead LPFT	LPFT / Primary Care / Secondary Care / Autism Charities/Providers

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## 1. Future state

There are 10 separate streams within our planning. We also expect to have an eleventh plan looking at an overhaul of the Lincolnshire Joint Formulary which underpins all of our work. This is currently being scoped.

### Primary care cost efficiencies

- To improve the cost-effectiveness of primary care prescribing in Lincolnshire to the point where we can justify all of the variance in prescribing spend between Lincolnshire and the national average.
- Prescribing data shows that Lincolnshire spends more per weighted patient than other areas in our region and the national average. NHSE have challenged the high prescribing in Lincolnshire compared to national average. We know that Lincolnshire has a higher-than-average ageing population, some areas of high deprivation, high rates of smoking in some areas, high levels of obesity; all of which are determining factors to higher disease/long-term condition burden. This is demonstrated as Lincolnshire have high prevalence in 7 of the 8 QOF LTCs. Lincolnshire also has one of the highest numbers of dispensing practices in England, who's priorities may not align with ours due to their business needs, so can be more challenging to affect desired change.
- Understanding how that affects prescribing in Lincolnshire is important in understanding where savings to prescribing costs can be made without detrimental effect on our patient health outcomes or increased need for secondary care inpatient services. Through promotion of self-care and education encouraging patient access to community pharmacy, reducing requests for GP appointments. Freeing up NHS resources to deliver prevention agenda and promote access to the most appropriate clinical service. This programme looks at primary care prescribing in Lincolnshire ICB for both GP and non-GP prescribers.

### Community Pharmacy Integration

- To integrate community pharmacy services with primary and secondary care after the Pharmacy, Optometry and Dental delegation into Integrated Care Boards to enable cross sector collaboration and better patient experience. The aims of Community Pharmacy Clinical Services are to 'optimise patient outcomes by delivering high-quality, evidence-based clinical services that are accessible, patient-centred, and cost-effective.
- These will be delivered by collaborating with healthcare professionals within primary and secondary care, organisations, and local communities. We are striving to enhance the role of community pharmacists in delivering holistic care, improving medication safety, promoting public health, and reducing health inequalities.
- The Community Pharmacy Integration plan has the dual objective of delivering medicines optimisation services to residents of Lincolnshire and provision of clinical pharmacy services to all 14 Primary Care Networks (PCN) in Lincolnshire.
- This will be achieved through embedding work with stakeholders in Primary Care, Secondary Care, Local Pharmaceutical Committee, and other relevant stakeholders within Lincolnshire ICS by delivering the services, pilots, and projects in the Pharmacy Integration Fund (PhIF).

## 1. Future state

### MO Engagement within the system

- To have optimal visibility to the system and each individual sector, organisation and contractor as the leadership for medicines optimisation and pharmacy in Lincolnshire.
- To have excellent engagement with all Lincolnshire GP practices and to engage with them on a regular basis via multiple routes.
- To have raised the profile of medicines optimisation within the Lincolnshire system with all partners and stakeholders that have any link to prescribing so that medicines optimisation is considered whenever the Lincolnshire ICS plans actions that involve medicines, and the medicines optimisation teams are fully integrated into conversations and planning that is in any way linked to medicines and prescribing.
- To build on an emerging reputation across the system as the leading team and valuable service providing advice and support with all aspects on medicines and prescribing across the Lincolnshire system. This will build and cement new and effective relationships with our GP partners and support shared decision-making with our patients.
- To fully engage with PCNs and their pharmacy staff to align priorities and maximise the impact of this workforce in achieving medicines optimisation goals.
- To have an excellent level of engagement across the interface between primary and secondary care where medicines and prescribing happens to facilitate smooth patient transitions between care settings.
- To build and grow current engagement and integration with all pharmacy partners over the next few years to achieve seamless system working and work closely with emerging services e.g. IP pathfinder sites.
- To be able to link into patient groups as an integral part of planning and delivery of MO work. This should cover the whole of the Lincolnshire system for Medicines Optimisation, medicines and prescribing. This is an essential element to enable other MO workstreams.

### Secondary Care Procurement

- Timely inputting of contract implementation – proactive. Review and choose the right contract at the right time. Manage to run stocks down in the run-up to contract change. Review of non-contracted items to ensure ongoing effective purchasing.
- Start doing off-contract claims (Commercial Medicines Unit, DHSC). Potential devolvement of specialised commissioning from [NHS England's Specialised Pharmacy Service](#)
- In scope: Across 3 main hospitals, 2 OPD dispensaries, Boole aseptic unit in Lincolnshire across thousands of drug lines.

### Biosimilars

- To ensure that Lincolnshire ICS supports and implements safe and cost-effective use of biosimilars where they are recommended for treatment.
- For secondary care use and prescribing of biosimilar drugs a process is in place to support identification of new biosimilars, assure supply, assess, aspects of safety, resource required (across the system), training, SOPs, homecare arrangements etc and implement safe transition for patients (and clinicians) from originator products to biosimilar products in a timely way and in line with other ICSs.
- For primary care prescriber biosimilars, an agreed scoping and implementation process is adopted to assess clinical requirements, resource needs, product supply assurance and route of supply, assess aspects of safety, training (clinician and patient) setting for switch, follow up required and any other aspects needed to be taken into account for safe and effective transition from originator brand to biosimilar products in a timely way and in line with other ICSs.
- Implement switching of originator brands to biosimilars by drug as they become available.

## 1. Future state

### Antimicrobial Stewardship

- There is an [antimicrobial strategy for Lincolnshire 23-25](#). The aim is to create and maintain a unified approach and service standards across the patient facing stakeholders of AMS Lincolnshire. The measures of which will be employed across the interface and partnerships to improve patient outcomes.
- These are to:
  - Encourage prudent use of antimicrobials
  - Improve understanding of antimicrobial stewardship amongst healthcare professionals
  - Optimise infection management and control elements of good antimicrobial prescribing
  - Reduce spread of infection and incidence of HCAs
  - Limit the development of resistant organisms
  - Limit the incidence of Gram Negative blood stream infections (GNBSIs)
  - In line with the Strategic Aims of Antimicrobial Prescribing and Medicines Optimisation (APMO): To improve patient outcomes, safely reduce human exposure to antimicrobials, reduce antimicrobial resistance and reduce environmental impact and waste. Through reducing demand, reducing exposure, and optimising infection management.
- Strategic Objective A: National directives to reduce inappropriate antimicrobial prescribing across Lincolnshire, require work towards targets:
  - Primary care:
    - o Total number of antimicrobials per STAR-PU per year to be < 0.871
    - o Broad-spectrum antimicrobials (co-amoxiclav, cephalosporins and fluoroquinolones) to make up < 10% of the total number of antibacterial items prescribed in primary care
    - o National target – 75% or more of total amoxicillin prescriptions to be 5-day courses.

- Secondary care
  - o Achieving target of <40% patients receiving IV antimicrobials past the point at which they meet oral switch criteria. This target has already been reached. The aspiration now is to reduce further to <15% Annual consumption of Antimicrobials from the watch and reserve categories to reduce by 10% compared to a baseline year of 2017.
- Strategic Objective B: Surveillance and measuring:
  - To share antimicrobial prescribing data at least every 6 months, with healthcare staff and patient facing settings (primary and secondary care), in order to highlight prescribing habits and trends.
  - Data highlights to include antimicrobial consumption levels, as well as other national priorities such as antimicrobial management of UTI, IV to oral switch, length of antimicrobial courses, as well as position against national targets.
- Strategic Objective C: Facilitate and promote means of improving Antimicrobial Stewardship across Lincolnshire, through:
  - Correct application of diagnostics in infection management
  - Documentation of indication for antimicrobial prescriptions (Primary care SNOMED or read codes, Secondary care Electronic Prescribing and Medicines Administration or prescription charts)
  - Antimicrobial prescribing practices and Key Performance indicators
  - Timely and effective review of antimicrobial prescriptions, recurrent infections, and AMR risk
- Strategic Objective D: Awareness and utilisation across all stakeholders, of local and national antimicrobial stewardship tools/resources, highlighted, developed or procured via AMS Lincolnshire, to help achieve these objectives.

## 1. Future state

### Quality and Safety in medicines and prescribing

- A functional medicines safety network which will bring together Medication Safety leads from across the Lincolnshire System with the aim to improve medication safety, discuss local incidents and events, discuss system wide medication risks, share learning and good practice, work towards the National Patient Safety Strategy & the NHS Medication Safety Improvement Plan together providing support for each other.
- To provide a cross sector platform for ongoing improvement in medication safety, encouraging collaborative working to reduce harm to patients and service users. The network will influence the way Medication Safety incidents are managed with the new National Patient Safety Strategy. How they are reported on and how we can improve them in line with the Patient Safety Incident Response Framework (PSIRF).
- Have a rolling programme of quality & safety activities that promote the highest standards of medicines safety & quality prescribing, having identified issues relating to medicines safety that require action and have plans in place. A comprehensive process to monitor ICB controlled drug use to ensure they are being prescribed in line with safety guidance to minimise harm
- National Medicines Safety Priorities 2021-24 – Reduce severe, avoidable medication related harm by 50% by 2024 through: Optimise Leadership in Medicines Safety, Optimise Safer Systems, Safer use of High-risk Medicines. 'It is vitally important for NHS England and the wider health community to continue to learn the lessons from the Shipman Inquiry especially with its many parallels to the Francis Inquiry in terms of patient safety and ensuring local intelligence is used effectively to safeguard patients and the public.' (NHSE). More than 237 million medication errors are made every year which costs the NHS upwards of £98 million and more than 1700 lives lost. 38% of the errors are from Primary Care with 42% from Care Homes. Errors are made at every stage of the process: 54% being made at point of administration, 21% during prescribing & 16% from dispensing errors

- The most common medications causing hospital admissions were NSAIDs, anti-platelets, Diuretics, epilepsy medications, cardiac glycosides and beta blockers. 80% of the resulting deaths were caused by GI bleeds from NSAIDs, aspirin or warfarin. It is estimated that 66 million potentially clinically significant errors occur per year, 71.0% of these in primary care. This is where most medicines in the NHS are prescribed and dispensed. Prescribing in primary care accounts for 33.9% of all potentially clinically significant errors. Fulfilling our statutory responsibilities to improve safety for our population in line with our responsibilities as stated by NHS England's Quality Functions: Responsibilities of providers, Integrated Care Boards and NHS England. [NHS England » The NHS Patient Safety Strategy](#)



## 1. Future state

### Aseptic production

- For the purpose of this document, Aseptic Preparation is defined as reconstitution of an injectable medicine or any other aseptic manipulation when undertaken within aseptic facilities to produce a labelled ready-to-administer (RtA) presentation of a medicine, in accordance with a prescription provided by a practitioner, for a specific patient. Typically, aseptic preparations are personalised or low volume products that large pharmaceutical companies would not be able to provide such as chemotherapy, monoclonal antibodies, injectable nutrition and clinical trials medicines.
- The Pharmacy Aseptic Services project described in this document aims to create a Lincolnshire Pharmacy Hub facility to prepare large scale injectable aseptic medicines in line with the recommendation on “Transforming NHS Pharmacy Aseptic Services in England” document. This will create a collaborative regional hub for aseptic services to have the ability to support spoke facilities across the region to ensure safe, high quality and resilient supplies by 2026/2027 in line with NHSE vision and recommendations.
- This will also free up significant nursing staff for care enabling and enable more care closer to home.
- Opportunity number 5 “Standardising Product Formulations of Aseptically Compounded Medicines” of the National Medicines Optimisation Opportunities 2023/2024 released recently by NHSE also request that NHS Trusts collaborate to develop regional aseptic hubs. The document states that systems should: 1. Prioritise purchase of licensed RtA products where available. 2. Maximise the use of nationally standardised aseptic products. 3. Increase batch production and ordering and reduce patient-specific production and ordering. 4. Collaborate to develop a strategy and business case(s) for the development of MHRA authorised regional aseptic hubs to produce aseptically compounded RtA injectable medicines, and for local hospital pharmacy aseptic units to maintain high quality services for ultra-short shelf-life products, clinical trials and complex innovative and bespoke treatments. Associated workforce plans will be required.

- Prioritise purchase of licensed RtA products where available. The department already purchases licensed RtA aseptic products where available at all times and will continue to do so. (out of scope)
- Maximise the use of nationally standardised aseptic products. The department also use nationally standardised aseptic products when possible. All the chemotherapy products are standard aseptic products and follow the national chemotherapy dose banding tables. (out of scope)
- Increase batch production and ordering and reduce patient-specific production and ordering. The department outsources aseptically prepared batch products when possible. The current pharmacy aseptic unit does not hold a MHRA licence and therefore cannot prepare batch products. (In scope).
- Collaborate to develop a strategy and business case(s) for the development of MHRA authorised regional aseptic hubs to produce aseptically compounded RtA injectable medicines, and for local hospital pharmacy aseptic units to maintain high quality services for ultra-short shelf-life products, clinical trials and complex innovative and bespoke treatments. Associated workforce plans will be required. ULHT in collaboration with the system, aims to develop a strategy and a business case for the development of a Lincolnshire MHRA aseptic hub as described in this document. (In scope).
- Scope: This document covers the preparation and supply of aseptic preparations only. Non-aseptic products are outside of the scope of this project. Currently, the ULHT Pharmacy Aseptic Unit only prepare and supply aseptic medicines to ULHT. However, the development of the Lincolnshire aseptic services hub aims to manufacture and supply aseptic medicines for the system and outside of Lincolnshire.

## 1. Future state

### Antidepressant reduction

- Addressing inappropriate antidepressant prescribing as per MOO - [NHS England » National medicines optimisation opportunities 2023/24](#)
- To continue efforts to deliver the objectives as defined by the Mental Health CRG (shared with the Opioid and polypharmacy CRGs) whilst under the directions of the SDP. Prescribing in line with NICE, system and MH Trust guidelines. Reduction/discontinuing long term unnecessary antidepressants.

### Pharmacy Workforce

- The Integrated Pharmacy and Medicines Optimisation (IPMO) Programme is an NHSE/I mandated requirement for integrated care systems (ICS) and will define how the use of medicines will be used optimally to deliver best outcomes for patients, in a number of priority therapeutics areas.
- This structural evolution brings significant changes within the world of pharmacy and for pharmacy healthcare professionals, both great opportunities and challenges. Therefore, it is imperative that Lincolnshire has a pharmacy workforce that is competent, skilled, adaptive, able and inclusive to deliver the best quality patient care it can.
- The Pharmacy Workforce Programme is aims to meet the workforce challenges that the changing pharmacy landscape presents, as well as increasing recruitment and retention into Pharmacy roles across Lincolnshire
- The national programme is in response to the needs of the population and being able to deliver effective, high-quality services in a cost-effective way. At a local level, Lincolnshire has difficulties recruiting and retaining Pharmacy staff due to a number of factors such as: attracting new people to Lincolnshire as a coastal and rural region, career development and progression, lifestyle and diversity of roles. The Pharmacy faculty is producing a plan to help address these barriers.
- In scope: All Pharmacy workforce transformation; Out of Scope: Medicines Optimisation.

## 2. What's being done to get there | Overview

### Primary care cost efficiencies

- We are planning several workstreams to establish what our variation in prescribing is. We will analyse the data to understand how much is driven by volume of prescribing and how much is cost/price driven.
- We then plan to link to other data sets through PHM to understand how much of our prescribing variance can be explained through population, prevalence and outcome data; how much is driven by the national prevention directives. Compiling a case for warranted variation.
- We are also investigating where cost is the driver and what actions can be taken to change prescribing behaviours to mitigate cost-driven prescribing variation. Prioritising areas to tackle with tailored plans over the coming years.
- Additionally ensuring the ICB has assessed and signed up to industry-offered rebates where they fulfil the terms of our policy, continued use of Optimise Rx messages to influence prescribing at the point of initiation and review to generate new prescribing savings, understanding when patents expire on drugs that are widely used in Lincolnshire to ensure we optimise the use of generic prescribing where clinically appropriate.

### Community Pharmacy Integration

- The Community Pharmacy Programme plans to integrate Community Pharmacy Services into the NHS Lincolnshire ICB through the delivery of the clinical services including, Discharge Medicine Service, Community Pharmacy oral contraception Pilot, Community Pharmacy oral contraception advanced Tier 1 service- Ongoing supply, Community Pharmacy oral contraception Tier 2 pilot- Initiation of oral contraception, Community Pharmacy Consultation skills (CPCS), NHS Community Pharmacy Blood Pressure Check Service (formally known as Hypertension Case finding Service), Smoking Cessation Advanced service, Community Pharmacy- Independent Prescribing Pathfinder program, Palliative care drug stockist scheme, Community Pharmacy Extended Care Service.

- The role of the Community Pharmacy Clinical Lead (CPCL) post was implemented to establish community pharmacies as integral healthcare providers, driving the transformation of primary care services. The CPCL role involves the implementation, assurance, and clinical governance of community pharmacy clinical services across Lincolnshire ICS. The CPCL role is funded until 31/03/2024 and business case is needed to make this role substantive to continue implementation of the Primary access and recovery plans, NHS community Independent Prescribing pathfinder program and ensure improved outcomes and delivery of the Pharmacy First service.

### MO Engagement within the system

- The MO Team have been building relationships with GP practices since the pandemic. We now need to build on this and learn what works and what doesn't work as well. Engagement and working relationships across the primary/secondary care interface are growing and this will be one of the benefits of establishing IPMO and APC transformation.
- Continued work to raise awareness of MO within ICB Teams so that service/pathway development, contracting and other work takes account of medicines optimisation and includes resource from the MO Team wherever decisions are made concerning medicines and prescribing.
- Get involved in existing patient forum groups to encourage 2-way engagement on MO issues.

## 2. What's being done to get there | Overview

### Secondary Care Procurement

- Lenalidomide: This was a complex change due to the pregnancy prevention aspect that required setting all Pharmacies and consultants up on the Pathfinder system. Now complete.
- Deferasirox – Switch has been implemented
- Etanercept – Legacy usage of originator brand – patients who were not appropriate or switched back due to clinical reasons
- Pemetrexed – Planned
- Bortezomib – Planned
- Lanreotide – Planned.
- Thalidomide – Planned.
- Tacrolimus – Planned
- Botulinum Toxin – buying a mix of products based on clinician direction (not in scope for this workstream)
- Infliximab - Legacy usage of originator brand – patients who were not appropriate or switched back due to clinical reasons.
- Human Immunoglobulin - buying a mix of products based on clinician direction (very influenced by national supplies and allocations). Other lines where savings could be achieved by changing purchasing patterns. Summary of work – overview of the approach, plans or strategies that are/will be delivering this change.

### Biosimilars

- Development of a biosimilar switch policy/protocol for ULHT to initiate and implement safe use of biosimilars (stronger governance).
- Identify and highlight what resource is needed to support and implement work as per this policy.
- Ongoing and support appropriate use of biosimilars in the clinical setting – (this has been initiated but more work needed)
- Benchmarking Lincolnshire with other ICBs to understand where there is variance in biosimilar uptake and investigate the reasons for this. NHSE are directing the optimisation of biosimilar uptake work through their national MO priorities list.
- Current insulin biosimilar work being scoped and will link with the newly formed system diabetes CRG. Keep track of our out of area providers intentions and implementation.

### Antimicrobial Stewardship

- Strategic objectives are supported by 4 strategic objectives including work on Antimicrobial Prescribing Guidelines, audit, monitoring, reporting and benchmarking, education, training and development, system wide engagement with antimicrobial stewardship initiatives and campaigns, engaging with partner organisations to develop collaborative approaches.

## 2. What's being done to get there | Overview

### Quality and Safety in medicines and prescribing

- *Medicines Safety*: We are setting up a medicine's safety network encompassing all partners – this group will dictate the future strategy and plan. Working towards recruiting a primary care quality and safety pharmacy lead post. Reviewing medicines related data entries on Datix, monitoring type of incidents and creating learning from incidents. Liaison with NHSE POD Team around drug incidents reported by community pharmacies.
- *Controlled Drugs*: Strengthen Local Intelligence Network around the management and use of controlled drugs in Lincolnshire. Engaging as a healthcare commissioner and member organisation to ensure that arrangements to provide services that involve, or may involve, the management or use of controlled drugs by relevant individuals or designated bodies comply with the regulations. Engaging as a healthcare commissioner and member organisation to ensure all reasonable steps are taken to improve patient and public safety with regards to the safe and secure handling, management and use of controlled drugs.
- *Opioids*: The mission is to provide education and support for all those living with persistent pain in Lincolnshire, whilst promoting safe and rationale prescribing and deprescribing of opioid medication in line with the National Medication Safety Improvement Plan.
- *Valproate – Safe Prescribing*: New guidelines for prescribing of valproates coming into effect January 2024, cross system working required to implement the changes and develop local guidance to ensure the safe prescribing of valproates for women of child-bearing potential and men under 65 years old.

### Aseptic production

- The build of a pharmacy aseptic unit in January 2023 in partnership with LSIP (Phase 1), with close proximity to the University of Lincoln School of Pharmacy and the University's own partnership with ULHT, has been identified as an exemplar of collaborative aseptic delivery. A case study has been published by NHSE and the project team.
- This project aims to develop a business case for Phase 2, in which the service aims to develop a pharmacy aseptic hub to supply aseptic medicines beyond ULHT into the wider ICS and region, contributing to the NHS England's Infusions and Special Medicines Programme aspirations of a hub and spoke mode. Phase 2 provides the opportunity to expand to an income generation model thereby facilitating a commercial opportunity through collaborative working. This shall ensure future demand for aseptic products can be met and provide opportunities for patients to receive care closer to home.
- Final plans for the hub will be based on the business case development but will include: Batch production of aseptic products to supply outside of ULHT, Scope for chemotherapy, antibiotics (CIVAs) and Advanced Therapeutically Medicinal Products (ATMPs). The phase 2 project is currently in the scoping and planning phase. A Phase 2 Steering Group has been established to investigate the opportunities that NHSE investment in Lincolnshire would bring.

### Antidepressant reduction

- Ensure new prescriptions in line with good practise standards and system guidelines.
- Provide education and training opportunities to upskill prescribers in treatment of depression.
- Identify patients in primary care for reduction, stopping if long term and ineffective.
- Discussion as to how the previous work carried out within the CRG under the SDP will be continued.

## 2. What's being done to get there | Overview

### Pharmacy Workforce

- A pharmacy faculty group has been meeting for 12 months with project management since February 2023. The Pharmacy Faculty has achieved the following: Clarity of purpose and plan for the group. Successful engagement with senior people in key organisations from across Lincolnshire and the region including Health & Social Care providers, NHSE, Education Institutes, ICB. Regular reporting now in place from all key partners that has enabled a strategic understanding of the challenges, opportunities, risks and issues.
- Pharmacy workforce numbers are being flowed to the ICB, and this process is being strengthened to ensure accuracy and efficiency. Following a Faculty away day in September 2023, a number of workstreams and milestones have been identified with a strategy and plan being produced.
- The areas of focus through the workstreams are: Marketing and Attraction, Recruitment, Training and Placements, Career Mapping. The evidence-base for prioritising the above work streams is the faculty dashboard that has been in place since May 2023, capturing provider activity, risks, challenges and local improvement programmes. The priorities have evolved from the ongoing challenges that were discussed at the Faculty Away Day. In this instance issues have been identified in a risk register, mitigations of which have informed our Workforce plan.



## 3. What's being done to get there | Detail

### Primary care cost efficiencies

- *Prescribing Data Deep Dive*: continue and complete this work that investigates where variation in prescribing is cost-driven. Working group from MO Team to risk-assess the findings and RAG rate them for priority. Plans to be developed for individual areas of prioritised prescribing, working with system partners and stakeholders. Plans will include foundation/infrastructure actions (understanding pathway and source of initiation, making formulary changes, reviewing and updating local guidance)
- *Enhanced Scheme for primary care prescribers*: Compiling a list of all the switches we are aware of that may reduce prescribing spend. Asking practices who sign up to our planned Enhanced Scheme to choose a percentage of these switches to make to achieve a percentage of the total potential opportunity. Year 1 = 24/25 to replace part-year prescribing incentive scheme (23/24) The scheme will have engagement and quality elements in addition to cost-savings elements. (links to Engagement Plan and Quality and Safety Plan) (branded generic prescribing is not condoned at a national level as it adversely affect generic drug tariff prices)
- *Rebates*: Research available rebates for 24/25, review against policy and sign up for those that meet criteria. Monitor and claim rebates at the end of each quarter.
- *Patent expiries*: track drug patent expiries. Develop an action plan review dependant on the drug - make any changes to formulary, local guidance etc. through APC/PACEF identify additional opportunity made through switching brand to generic prescribing, promote this generic prescribing with GP practice prescribers.
- *Optimise Rx*: Continue to use and promote Optimise Rx with primary care prescribers. This may be part of the planned Enhance Scheme. Identify non-GP practice prescribing centres and implement use of Optimise Rx for these centres where appropriate (needs digital clinical system in place). BAU work rolling to review messages and adapt to local use, stand down messages to avoid message fatigue, re-introduce and develop new messages to support other areas of the MO primary care workplan.

- *Stoma review scheme*: Continue with current offer in 24/25, promoting this service with GP practices through engagement activities. Also in 24/25, scope to upgrade this service to offer annual review for every stoma patient being managed in primary care. Implementation timetable dependant on scoping and planning exercise.
- *ONS*: Build on scoping exercise due to complete in 23/24. Develop plan to source dietitian resource to review patients on ONS in care homes, primary care after discharge from hospital on ONS and if successful, roll out to the general patient population on ONS. Also link to ONS use in LPFT. 25/26 planning to scope gastrointestinal projects.
- *OTC/Self care*: Scoping in the remainder of 23/24. This is a large transformational piece of work planned for the next 4-5 years. Previous work in this area has not always been sustained and COVID and the recent cost-of-living issues have caused progress to reverse. 24/25 plans to assess this in 'topics' and select a fixed number of topics to concentrate on each year. There are foundation actions and enablers to put in place including a comms campaign for both prescribers and patients. A restrictive formulary for all self-care items so that necessary prescribing of these areas is most cost-effective products only. Plan for each topic individually with support from MO team, resources, monitoring and may be included in planned Enhanced Scheme

## 3. What's being done to get there | Detail

### Community Pharmacy Integration

- *Discharge Medicines Service (DMS)*: The NHS Discharge Medicines Service aims to integrate care between secondary care and community pharmacy and enhance relationships between general practice and community pharmacy. DMS links to 2 of the 5 systems priorities - Living well and Staying well and Improving Access as it optimises the use of medicines while facilitating shared decision making and reduce harm from medicines over transfers of care. The NHS Discharge Medicines Service became a new Essential service within the Community Pharmacy Contractual Framework (CPCF) on 15th February 2021. As an essential service, all community pharmacy contractors in Lincolnshire ICS must provide the service. Within the LICS, the Lincolnshire Partnership Foundation Trust (LPFT) is currently the only trust referring into DMS. Lincolnshire Community Hospital trust (LCHS) has begun a pilot referring into DMS and the acute trust, that should roll-out over time. United Lincolnshire Hospital Trust is yet to implement the digital tools needed to allow DMS referrals into community pharmacies. IPMO needs to address the barriers to DMS at ULHT, that include radical change to current service and significant investment to implement the changes needed to support DMS implementation. The CPCL is currently working with ULHT and the digital team to facilitate implementation of DMS and escalating the risks in appropriate risk registers within ICB and ULHT.
- *Community Pharmacy Contraception Service*: Following the 2021 NHS England a pilot involving pharmacies offering repeat supplies of oral contraception to people who had previously had the medicine prescribed, where 16 community pharmacies located within Lincolnshire signed up. Building on this, from April 2023, community pharmacy started to manage oral contraception for women through the NHS Pharmacy Contraception Advanced Service Tier 1 - ongoing supply of oral contraception and the NHS Pharmacy Contraception Advanced Service Tier 2 - initiation of oral contraception (PILOT). The CPCL and LPC are working with relevant stakeholders such as GPs, Pharmacy contractors and universities increasing engagement around the service using Comms such as posters to encourage more uptake of this Tier 1 service. Additionally, work has been done to increase more Tier 1 community pharmacies sign up to deliver Tier 2 initiation of oral contraception as the service progresses from pilot phase to an advanced service. From 1st December this service will transition into the Pharmacy Contraception Service (advanced service). From this date the

- service incorporates initiation and repeat supplies of oral contraception. The NHS pharmacy contraception service forms an integral part of improving access, a fundamental part of Lincolnshire system priorities. Any pharmacy registering to provide the service from that date onwards must provide the full service, i.e. both initiation and repeat supplies. As part of service changes within the community pharmacy contractual negotiations, a 'bundling approach' is being phased in, and by March 2025 it is anticipated that most pharmacies will be providing this advanced service.
- *Community Pharmacy Consultation skills (CPCS)*: Originally launched 29th October 2019, the NHS Community Pharmacist Consultation Service enables general practices to refer patients for a minor illness consultation via CPCS. The service connects patients who have a minor illness or need an urgent supply of medicine with a community pharmacy. CPCS is a key part of the Lincolnshire system priority improving access by integrating community pharmacy into the wider self-care agenda (interdependent with Primary Care Prescribing Cost Efficiencies) and improving relationships between community pharmacy and general practice. Work is currently being done through the CPCL, ICB staff working with relevant stakeholders such as LPC and LMC to improve relationships between practices and general practice. The target is to increase GP CPCS to an average of 500 a month from 40 practices from the current level of 384 consultations from 26 practices. In addition, working with ICB digital teams to fix streamer tool and start referrals from all UECs in Lincs to CPCS. From 31st January 2024 (subject to IT systems being in place, CPCS will be integrated into the new Pharmacy First advanced service.
- *Pharmacy First*: The three elements to the Pharmacy First service, which is expected to launch 31st January 2024 \*(subject to appropriate digital systems being in place to launch the service). The Pharmacy First service in its entirety forms an integral part of system priorities Improving access and living well and staying well.

## 3. What's being done to get there | Detail

### Community Pharmacy Integration (cont.)

- *Blood pressure Check service:* The NHS Community Pharmacy Blood Pressure Check Service supports risk identification and prevention of cardiovascular disease (CVD). Lincolnshire ICB is working to expand the BP check service, through utilisation of PCARP funding to support contractors who have signed up but not delivering the service to address any concerns/barriers. The CPCL and LPC are working with to work with contractors with low BP check figures to increase output. CPCL will work with 4 identified pathfinder sites to expand BP check service as all pathfinder sites will be providing CVD prevention model, which links in with the BP check service. Finally, we aim to expand BP check service innovatively by cross sector working with other HCP such as Optometrists who can refer patients with HTN changes in the eye to community pharmacy BP check service
- *NHS community pharmacy smoking cessation service:* The NHS Long Term Plan focuses on the importance of preventing avoidable illness and more active management of the health of the population. It suggests that, as smoking cessation is specifically identified as a key service that can improve the prevention of avoidable illness, existing services can be expanded to further support patients who are looking to quit smoking, as well as those affected by second-hand smoke. The NHS community pharmacy service links into system priority, living well and staying well, in addition it links in system ambition of reducing harm in patients and reduction in smoking in pregnancy if household members of an expectant mother takes up the service. This programme is working with tobacco dependency group within the ICB, acute and mental health sector to achieve a referral route for smoking cessation referrals from hospitals and other secondary care settings into community pharmacy, improving integration of community pharmacy and providing patients with better health outcomes closer to home.

- *NHS Community Pharmacy Independent Prescribing Pathfinder Programme:* NHS England is developing a programme of pilot sites, across integrated care systems enabling a community pharmacist prescriber to support primary care clinical services. The Community Pharmacy independent prescribing pathfinder programme forms an integral part of Improving access and Integrated Community care which are fundamental parts of system priority. In addition, the Cardiovascular Disease (CVD) prevention model aligns with system ambition of CVD prevention in relation to lipid management.. 1. Minor illnesses associated with acute Ear, Nose and Throat conditions - The LICB intend to utilise the skills of community pharmacist IPs working in collaboration with local general practices to address urgent patient need for help, advice and possible intervention relating to acute ENT conditions. 2. Cardiovascular disease (CVD) prevention- identifying more people with undetected risk factors of CVD such as high blood pressure, raised cholesterol and atrial fibrillation. This clinical model aims to prescribe statins for patients with raised cholesterol, identify any undiagnosed hypertension utilising existing BP check service and identify patients with undiagnosed irregular heart rates/rhythms. 3. Acute Conditions (CPCS+) - Utilise pharmacist IP qualification to clinically assess, diagnose and prescribe for minor illness conditions such as skin conditions.
- *Palliative Care Drugs Stockist Scheme:* We are working to ensure there continues to be a good geographical coverage of this service, which provides increased access to palliative care medicines through a network of community pharmacies who keep an agreed list of drugs in stock. We currently have 20 pharmacies signed up to the scheme. The palliative care drug stockist scheme forms an integral part of integrated community care- one of the 5 JFP priorities
- *Community Pharmacy Extended Care Service:* The service aims to provide patients access to self-care advice and treatment of a range of conditions, and, where appropriate, can be supplied with antibiotics or other prescription-only medicines (POMs) to treat their condition. A working group is addressing gaps in the provision of extended care services, its effect on the 'Pharmaceutical need assessment' and if any similar services can be commissioned.
- *Primary Care Access and Recovery Plans (PCARP):* The delivery plan for recovering access to primary care was launched in May 2023, which forms an integral part of the Improving access system priority. Many of the above schemes feed into this e.g.:1. Launch of Common condition service (CCS) otherwise referred to as Pharmacy First. 2. Expand pharmacy oral contraception (OC) advanced service and Blood Pressure (BP) check services. 3.Utilise existing community Pharmacy services- GP CPCS and Midlands Extended Care Service. 4.Improve digital connectivity between pharmacies and practices. NHS England is currently working to provide interoperable digital solutions to improve digital connectivity between pharmacies and general practice. This will improve safety and quality and unable to determine specific financial savings.

## 3. What's being done to get there | Detail

### MO Engagement within the system

- APC transformation and establishment as part of the medicines governance framework. Provision of focused medicines optimisation meetings for individual practices to talk about medicines optimisation and how our team might support them with their priorities in this area, sharing information, resources and data, listening to issues and providing advice on specific medicines and prescribing issues.
- Establishing an annual or biannual visit pattern offer to improve contact and dialogue. Support GP practice engagement in a variety of ways through a planned enhanced scheme. Engage more regularly with our GP Clinical Leads, Medical Directors, Deputy Medical Directors, sharing our MO strategy and plans and welcoming their input and advice on engagement with GP practices in their localities.
- Continuation and development of Prescribing Forum meetings for primary care prescribers and primary care practice and PCN pharmacy staff, with remuneration.
- Continuation and development of support for prescribing queries from healthcare professional in Lincolnshire through MO inbox.
- Review of some other engagement and communication activities e.g. medicines optimisation newsletter. Initiate an escalation process where practices are very resistant to MO engagement. The initial stages will be internal within the MO Team but will allow information on non-engagement to be shared with the ICB where there are specific identified examples and issues. Work on engagement with other ICBs has commenced but will be built on. MO team members allocated to support pathway design, contracting and any development work that involves medicines and prescribing. Work on engagement through interface between primary and secondary care through further development of IPMO group and increased transparency that comes with working closer together. Exploring best options for patient engagement to ensure regular involvement of patients with medicines optimisation decision-making.

### Secondary Care Procurement

- For each drug individually, understand where there are the most potential savings – Extend+ system. Work through understanding what needs to be done to put the change in place (e.g. injectable chemo is complex due to stability and worksheet changes, tacrolimus as brand specific, inhalers as branded needing formulary changes and local adoptions to support new prescribing).

### Biosimilars

- Current policy/protocol development for biosimilar implementation at ULHT has been written and had first round of internal feedback– expected ratification in April 2024. Resource plan/business case to support resource needed for biosimilar implementation
- Identifying biologic patent expiry and biosimilar expected launch dates through SPS – horizon scanning. For each individual drug - Identify expected access, available drug levels and required actions to secure local supply (sometimes this information comes in with little notice and NHSE allocations – may be resource dependant). Implement the expected biosimilar implementation policy/protocol. Expected Future biosimilar drugs – Ustekinumab (2024/25), Tocilizumab (2024/25), Aflibercept (2025/26), Vedolizumab (2026 anticipated).



## 3. What's being done to get there | Detail

### Antimicrobial Stewardship

- Strategic Objective A: ONGOING timeline
  - **Primary care** - Data being shared 3 monthly with GP practices, highlighting trends and engaging prescribers. Positive results being noted in practices being visited. - Training and newsletters facilitating with insight to evidence base, tools/resources available and progress. Guidelines reviewed to reflect evidence base and local microbiology trends to support his. Optimise Rx and formulary updated in accordance with guidelines. Microguide navigation edited to make it more user friendly. Looking into development of clinical decision tools for primary care. e.g. Helicobacter pylori as complex decision-making and exploring other useful indications/initiatives that could be supported with clinical decision tools on Microguide.
  - **Secondary care** - IVOS CQUIN efforts and introduction of evidence based clinical decision tools, annual audit plans, addition to prescribing standards to include IVOS. - Sharing divisional data on antimicrobial use at top level for accountability to ASSG. Pilot evidenced effectiveness of approach. Guidelines reviewed to reflect evidence base and local microbiology trends to support his. Microguide awareness reminders sent regularly. All specialties invited to input on quality and prescribing improvement projects to tackle inappropriate antimicrobial use. Multiple QIPs overseeing clinical teams throughout Trust, led by Antimicrobial Pharmacy Team. Ongoing developments to training packs/sessions accessible for all levels of prescriber or healthcare staff.
- Strategic Objective B: ONGOING timeline Sharing consumption data and IVOS CQUIN findings via ASSG with divisional leads on board for secondary care, bespoke divisional surveillance shared at top level in divisions to cascade to specialties and feedback initiatives being taken. Effect of implementation being noted in the top-level reports to close the loop. Example Positive effect noted from efforts so far. Primary care surveillance distributed to GPs every 3 months, breaking down prescribing habits and trends. Position against national standards highlighted in all primary care reports.

- Strategic Objective C: Facilitate and promote means of improving Antimicrobial Stewardship across Lincolnshire, through: Secondary care implemented ePMA with mandating of indication from a specific dropdown list to ensure correct level of detail, regular reminders and teaching sessions, educational messages re correct diagnostics around UTI, chest infection, C.diff infection and various others. Advising on correct sampling, plans for incorporating information into clinical decision tools re diagnostics and sampling. Exploring with regional NHSE AMR links about how to implement further improvements and resources in primary care, potential for introducing coding to primary care prescriptions, etc to enable clinical checks in community pharmacies and auditing of local data. - Secondary care prescribing practices picked up from audit plans and presentations, captured via Clinical Governance mechanisms and meetings. Encouraging individual specialties to set up own independently, with support from Antimicrobial Consultant. - Mapping out plans for AMR Clinics for timely and effective review of antimicrobial prescriptions, recurrent infections, and AMR risk based on specific criteria and evidence base. Will look to cover Penicillin allergy de-labelling and testing in this. - Reviewing resource and provision from Antimicrobial or Clinical microbiology teams in Lincolnshire. AMR SRO to look at whether alternative models of delivery can be implemented. Examples put forward include advertising for Lincolnshire specific consultant microbiologists (outside of Pathlinks contract as this is a key challenge in stretching the resource available to Lincolnshire ICB), or creating antimicrobial Pharmacist, Technician, Nurse and support roles to lessen the gap in resource and increase stewardship. Also explore a system set up or Antimicrobial Stewards in each practice or healthcare facility.
- Strategic Objective D: Regular microguide reminders and developments. Increasing awareness, engagement and stakeholder representation and accountability via AMS Lincolnshire. Ensuring local resources such as formulary status, Optimise Rx and Ardens etc. The latter is not aligned with local guidance and is creating variation in practice. Timely review of national updates and guidelines and implementation into local guidelines, policies and training within an appropriate timeframe. This will improve safety and quality and unable to determine specific financial savings.

## 3. What's being done to get there | Detail

### Quality and Safety in medicines and prescribing

- *Medicines Safety:* We are awaiting monies to be released from ULHT disinvested MOCH service to fund agreed Pharmacy Quality and Safety Lead within the ICB to lead much of this work. This has been escalated and we plan to have this post filled during 24/25 – Job description agreed and banded, permission to recruit given pending release of monies. Detailed planning underway between Chief Pharmacist ICB (YS) and Chief Pharmacist LCHS (SB) to agree agenda items and areas for discussion – most pertinent quality and safety issues. Incident review and management in individual providers as normal. Weekly/2-weekly review of primary care related medicines incidents. Working closely with the patient safety team. Including Quality and safety elements in the planned primary care prescribing enhance scheme. Implementation of the Discharge Medicine Service across ULHT to feed into Community Pharmacy, build working relations & improve patient outcomes
- *Controlled Drugs:* Liaison with NHSE CDAO office regarding controlled drug prescribing and monitoring in Lincolnshire. Plan for robust Controlled Drug monitoring process within the LICB MO team 6 monthly reporting. Improving patient outcomes and reducing harm by picking out irregular prescribing of controlled drugs, excessive quantities and inappropriate high doses. Support NHSE with their routine monitoring. Support practices with the safe storage and prescribing of controlled drugs.

### Aseptic production

- Feasibility and scoping of the project is currently being undertaken by the project steering group. Project deliverables, milestones, FRP plans, and phasing will be shared once agreed. This will improve safety and quality and unable to determine specific financial savings.

### Antidepressant reduction

- Needs planning/discussion at IPMO.

### Pharmacy Workforce

- *Work Stream One: Marketing and Attraction:* All Pharmacy marketing and attraction work centralised. Annual careers events calendar in place with input and participation from all providers. Standardised Pharmacy promotion material across all medium in place. 'Be Lincolnshire' campaign fully utilised and adapted to include Pharmacy roles, in place.
- *Work Stream Two: Career Development Pathways:* Lincolnshire wide professional journey maps including produced including: Entry and progression points clearly defined for each role. Training and skills needed for each role clearly articulated. Creative career development opportunities outlined i.e. split posts. Mentoring/Coaching, teaching, leadership and management development offers clearly defined. Standardisation of entry requirements and Job descriptions. Define entry points for older workforce and emphasise equality in recruitment process.
- *Work Stream Three: Training and Placements:* Establish baseline data including number of placements available across the system, and conversion rate for people who train locally and stay. Strengthen placement activity across whole system by implementing processes enable university and placement providers to plan, prepare, and provide good quality placements. Processes in places including SOP to capture placement activity undertaken and core competencies gained for everyone. Explore introducing central team of assessors with standardised assessments. Develop student passports aligned to harmonise competencies i.e. JD's, T & C's.
- *Work Stream Four: Recruitment:* System wide collaboration on common vacancies established. Cross-sector posts introduced and advertised. Recruitment programme linked to marketing and attraction work stream outlining key activity i.e. roadshows with same day application / interview. Programme in place for welcoming national and international recruits to Lincolnshire. System level incentive scheme introduced highlighting incentives offered by each provider i.e. golden handshake, relocation package, pay General Pharmaceutical Council fees, leadership course offer.
- *Additional Work Stream: Workforce Modelling:* Work with providers and ICB to establish workforce baseline, cross reference with population need, over next five years and produce year on year expansion trajectory.



Programme: Medicines Optimisation

SRO: Dr Sunil Hindocha

Programme lead: Yinka Soetan (Diane Carter/Claire Hart)

Clinical/Technical Lead: Yinka Soetan/IPMO

Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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		Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
MO - Primary care cost efficiencies	Prescribing data deep dive																				
	Enhanced Scheme																				
	Rebates																				
	Patent Expiries																				
	Optimise Rx																				
	Stoma scheme review																				
	ONS																				
	OTC/Self Care																				
MO - Community Pharmacy Integration	Pharmacy First																				
	IP Pathfinder																				
MO - Engagement	APC Transformation																				
	Enhanced Scheme																				
	Regular engagement with Clinical Leads/Deputy Medical Directors																				
	Continuation with Prescribing Forum																				
	Practice support activities																				
	Escalation process																				

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Scoping	Planning	Consultation	Implementation	Delivery & impact	Evaluation	BAU
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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Medicines Optimisation	Procurement – Secondary care																					
	Biosimilars																					
MO – AMS	Objective A Primary																					
	Objective A Secondary																					
	ePMA surveillance function																					
	ePMA indications																					
	Coding primary																					
	AMR clinics																					
	Micro/Abx staff																					
	Ardens template corrections																					
MO – Quality and safety	Cannot commit to detailed phasing until Lead Pharmacist is in place																					
Medicines Optimisation	Aseptic production																					
	Antidepressant reduction																					
	Pharmacy Workforce																					

## 4. Projected impact on patients and system partners

All schemes will benefit patients by reducing harm from medicines, helping patients to live well and stay well, improve access to the right care and so improve patient outcomes.

### Primary care cost efficiencies

- Patients: reducing harm from medicines through offering safe and cost-effective alternatives. Measured through acceptance rates on Optimise Rx, reduction in medicines-related incidents, reduction in admissions with primary coding as medicines-related and improvement in practice response/actioning of red Eclipse Live alerts. Reduction in cost to the system, freeing up resources and capacity to improve patient services and patient. Savings measured as reduction in prescribing spend (specified areas) – caveat is underlying increase in drug prices and volume.
- Prescribing Data Deep Dive – Benefits will be potentially financial for primary care prescribing spend if areas are identified that are unwarranted variation and can be changed. This will be measured by ePACT2 data to show decrease in spend in these areas compared to baseline.
- Enhance Scheme switch savings – Benefits will be qualitative and financial for primary care prescribing spend on successful completion of work in line with planned Enhanced Scheme by GP practices who sign up. Measured by ePACT2 data/activity reporting from practices as decrease in spend or evidence of change to demonstrate resulting prescribing savings
- Rebates – benefits will be financial only for primary care prescribing spend (provider rebates – unclear where they are reported in currently)
- Patent Expiries – benefits will be financial only across the system prescribing spends. Primary care measured as reduction in spend through ePACT2 reporting. Unclear how reporting on hospital/provider use will be reported.

- Optimise Rx – benefits are quality/safety and financial. Patients benefit from their prescribers receiving patient-tailored messages that may influence prescribing. Financial benefits are reporting through Optimise Rx profile reporting as actual savings. ICP Strategy Priority Enabler 3
- Stoma Review Service – Quality benefits to patients will be improving their care by regular reviews of their stoma needs and ensure they receive the correct products to support ongoing stoma management. Financial benefits through limiting ordering to correct quantities and essential products. Reporting will be from the stoma nurse on completion of reviews in each practice who signs up, changes made and resulting monthly savings. Primary care only. ICS
- ONS – This work will be in collaboration with ULHT dietitians but is not expected to impact on ULHT prescribing or services. Quality benefits to patients will be review of ONS products and deprescribing is no longer needed. Financial savings will be reported by activity and changes to prescribing made at reviews to calculate prescribing savings delivered.
- OTC/Self-care – Benefits will be mainly financial. This is a difficult area to measure using ePACT2 as areas of prescribing are very large and many variables. Still working up how to measure financial savings if this is part of the planned Enhanced Scheme. Impact on patients may be negative if they are asked to buy medicines that they have previously been obtaining on prescription and if they live a distance away from a community pharmacy and have extra travel to obtain self-care medicines (most of this prescribing is expected to be for patient who do not usually pay for their prescriptions). This will have a negative impact for patient who may not be able to afford these medicines in areas of high deprivation. Will impact Community Pharmacy contractors – higher workload/demand for already struggling community pharmacies, but increased income through medicines sales.

*ICS Aim to deliver transformational change in order to improve health and wellbeing.*

## 4. Projected impact on patients and system partners

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### Community Pharmacy Integration

Improved patient outcomes measured as number of consultations within community Pharmacy (PharmOutcomes) Impact on system partners will be reduction in GP appointments. Improved communication of changes made to a patient's medicines in hospital and its aims to improve patients' understanding of their medicines and how to take them following discharge from hospital.

- DMS also aims to reduce hospital readmission by reducing risk of medication related harm and hospital readmissions.
- Every 10 community pharmacy consultations undertaken following a DMS referral from secondary care will prevent one readmission. Even if readmitted it will reduce the length of stay by six days (data by NHSE).
- Offer people greater choice where they can access contraception services and create extra capacity in primary care and sexual health clinics (or equivalent) to support meeting the demand for more complex assessments.
- CPCS - relieve pressure on the wider NHS by providing patients with accessible and swift consultation with an appropriate HCP a Community Pharmacist via Telephone or face to face consultation at the local community pharmacy, re-enforcing the message of 'Right Clinician, Right Time and Right place'.
- Increase identification of hypertension and to refer those with suspected hypertension for appropriate management.
- Promote healthy behaviours to service users.
- IP pathfinder presents a unique opportunity for community pharmacy to redesign current pathways and play an increasing role in delivering clinical services in primary care.

- Develop and utilise clinical skills and capabilities of community pharmacists to facilitate quicker and more convenient access to safe and high-quality healthcare, including the prescription of appropriate medicines for minor illness, addressing health issues before they get worse, providing monitoring of long-term health conditions and preventing ill-health.
- Community pharmacy Extended Care Service provides increased accessibility for patients to seek advice and treatment, and act as an alternative to seeking treatment via a prescription from their GP or Out of Hours (OHH) provider, walk in centre or accident and emergency department.
- Digital connectivity aims to improve the following: Access Record-Improve access of CP to view medical history in GP patient record to support the consultation (very vital for IP pathfinder and common conditions service); Consultation Template- Capture details of Pharmacist consultation (e.g., notes, outcomes, meds issued) particularly useful for oral contraception, IP Pathfinder and BP check service. Reduces duplication of sending clinical details via emails for practice to action. Update Record-Send post consultation reports back to GP systems to update the record.
- Payment & Data API- Dataflows to enable remuneration and national reporting on meds

## 4. Projected impact on patients and system partners

All schemes will benefit patients by reducing harm from medicines, helping patients to live well and stay well, improve access to the right care and so improve patient outcomes.

### MO Engagement within the system

- Impact on patients – Open up a channel of direct communication with our patients, where patients feel able to share their stories and contribute to developing services which are tailored to individual communities and influence decisions made about their medicines, taking into account the health inequalities agenda. This will contribute to improved patient outcomes through increased service user participation. Measured with patient surveys and participation in decision-making agendas with medicines optimisation.
- Benefits of improved engagement with GP practice will benefit primary care prescribers in support with their prescribing and medicines optimisation questions and concerns, which can be either resolved within the MO Team or directed to the relevant part of the system that can support. Measurement of success will be tracked through satisfaction survey and feedback. Impact can also be measured through the number of practices participating in annual practice visit.
- Benefits to primary care providers in organising system specialist speaker education for prescribers through Prescribing Forums and other organised events.
- Mutual sharing of plans through IPMO will benefit all partners through core joined up collaborative working success will be measured through the shared strategy and workplan and its successful delivery. Escalation process should allow the right level of intervention is given where practices are very reluctant to engage. Success will be measured in the number of escalations that are satisfactorily resolved.

- Benefits to ICB teams through MO Team involvement in service/pathway design/development and contracting will be that potential issues and difficulties that may lead to barriers or difficulties in prescribing provision can be identified and mitigated at the initial stages. Reduction of non-formulary prescribing that may result in higher/unwanted prescribing spend may also be minimised. Managing the expectations of patients and improving understanding of medicines optimisation. *ICS aim – Tackle inequalities and inequity of service provision to meet the population needs. ICS aim – Take collective action on health and wellbeing across a range of organisations. ICP Strategy Priority Enabler 4.*

### Secondary Care Procurement

- Financial savings for Lincolnshire ICS, (Potential contracted drug as per CMU should guarantee a certain level of supply), more robust supply for patients, possibility of impact to primary care, but depends on formulary amendments e.g. brand to generic

### Biosimilars

- The benefits of this work are financial to the system as biosimilars are less expensive than originator brand biologics. Opportunity to review the patient and optimise their medication and access pathway. With any biosimilar switch, there is an impact on resource initially for clinical teams to perform the switch in addition to the supporting resource within the (ULHT) pharmacy team. Strengthen system approach to implementation and ongoing management of biosimilars through collaborative working, including out of area acute providers.

## 4. Projected impact on patients and system partners

All schemes will benefit patients by reducing harm from medicines, helping patients to live well and stay well, improve access to the right care and so improve patient outcomes.

### Antimicrobial Stewardship

- Reduced likelihood of infection-related hospital admissions – measurement through hospitals information systems – quarterly surveillance,
- Reduced likelihood of antimicrobial resistance – measurement through microbiology data – quarterly surveillance
- Reduced consumption of high-risk antimicrobials – measurement pharmacy prescriptions quarterly surveillance,
- Expected reductions in GP presentations for recurrent infection – to be explored then aim to tie in to quarterly surveillance. First need to set up a process of capturing and measure SNOMED codes as one potential on prescriptions. Also measure volume of antibacterials via ePACT2, EMAS and UTCs should see reduction in pressured due to deteriorating patients and sepsis – explore EMAS and UTC/LCHS surveillance data – quarterly,
- Reduced pressure on social care services with reduced length of stay in hospital (deconditioning) – explore LCC data – quarterly,
- Better patient engagement with AMR and selfcare/self-reporting – Measurement in demonstrating improved equality in care and seeing ePACT2 data showing less variation in prescribing practices across areas of deprivation vs less deprived – quarterly. As get new initiatives up and running, such as AMR clinics, would do patient experience surveys and follow up of primary and secondary outcomes on impact (TBC)

### Quality and Safety in medicines and prescribing

- This will support patients to live well and stay well by reducing the risk of harm from medications. This will be measured by monitoring medicines-related incidents and admission coding within the hospital. Sharing system learning and creating a safer environment for patients & reduced admissions due to medicines-related complications. The Medicines Safety Network will function as a group working together to identify and make recommendations on how to reduce preventable medication-related harm within the organisations and across the integrated care system. Influencing the way medicines safety incidents are managed within the National Patient Safety Strategy. Sharing and learning from safety events across the Lincolnshire health economy.
- Reduce secondary care admissions due to medicines related harm. Opioid work benefits - Reducing secondary care admissions due to opioid overdose or increased anticholinergic burden,
- Reducing the number of falls due to opioid side effects or increased anticholinergic burden (links to system ambitions and the Lincolnshire Older People's 5-year Strategy),
- Reducing the harm to patients from medicines by reducing polypharmacy, increased risk of addiction, overdose, Improving patient outcomes by optimising their pain management techniques increasing their quality of life



## 4. Projected impact on patients and system partners

All schemes will benefit patients by reducing harm from medicines, helping patients to live well and stay well, improve access to the right care and so improve patient outcomes.

### Aseptic production

- Improved chemotherapy capacity: Improved chemotherapy capacity and delivery in line with cancer strategy.
- Improved patient clinical outcomes through improved availability and distribution of aseptic products.
- Improved patient experience by enabling care closer to home. The manufacture of Outpatient Intravenous Antimicrobial Therapy (OPAT) will reduce the length of patient stay in hospital and increase capacity within the system. Patients will also be free from the risk of hospital acquired infections, leading to faster recovery, overall improving the quality of care. Ability to meet current gaps in Central IV Additive Service (CIVAs) and monoclonal antibodies for non-cancer. These products are currently being prepared by nurses. Investing in pharmacy aseptic facilities to make CIVAs reduces the risk for patient associated with errors and frees up nursing time for direct patient care.
- Improved productivity and efficiency within the service through batch manufacturing and automation. Removes the need for all products to be patient specific, leading to efficiencies in supply and cost reductions for the system through batch production. Improved employment opportunities across Lincolnshire (pharmacy, scientific etc.).
- Increased flow of revenue funding to Lincolnshire ICS, as there is a significant gap in the market for selling aseptic medicines. Development of a centre of excellence for pharmacy aseptic services: application for an IMP licence, may attract workforce to Lincolnshire, giving the opportunity for collaborative working with other organisations, for instance University of Lincoln.

### Antidepressant reduction

- Prescribing in line with NICE for depression. No Rx for mild depression. Reduction for long term ineffective Rx – need services to support de-prescribing.

### Pharmacy Workforce

- Successful implementation of the programme will result in a workforce that meets the needs of the local population, by reducing vacancy rates, increasing retention, and improving staff satisfaction across all Providers. Results will be measured by establishing an annual trajectory to increase Pharmacy roles and measuring against achievement of targets.
- Other measures will include workforce data such as recruitment, retention and promotion figures. This programme is enabling system partners to work in collaboration on challenges faced by all providers by centralising activity and working together where appropriate i.e. cross sector posts, central recruitment.

## 5. What's needed to make this happen

### Primary care cost efficiencies

- Internal MO resource to run reports, data analysis, expert review and narrative, planning actions and project management.
- Input from providers as specialist input into formulary can guidance changes via APC/PACEF.
- Support for programme management from IPMO and clinical support/peer representation from our primary care prescribers.
- PHM and BI support to build up context through complimentary data sets.
- Support from F&BP to work up the financial elements of the scheme and assist reporting.
- Clinical/peer support in developing the scheme to represent primary care prescribers.
- Contracting and procurement teams and F&BP to support ongoing use of software.
- MO resource to update and review messaging and other maintenance requirements.
- Input from digital team in review of market products, developments, and opportunities in 25/26-26/27 to ensure best use of digital medicines optimisation tools.
- ULHT Stoma Nurse input into providing current service and capacity to build/extend.
- PCN dietitian for current pilot, workforce for further dietitian resource to fulfil project plan.
- May require Contract Team input if using any 3rd party provider.
- Input from ULHT dietitian team for clinical advice and support, input into formulary and guidance changes
- Comms and engagement support needed for projects over the lifespan of this work with regular information and campaigns to raise awareness of self-care.
- Health inequalities support to ensure our planned work has no detrimental effect on health inequalities in Lincolnshire.
- Community Pharmacy engagement, understanding their role and what impact it will have on their workload/resource and link into Primary Care Directorate to align priorities.
- Investment to pay for this scheme would come from identified savings.

### Community Pharmacy Integration

- Financial Investment and business case will be needed to ensure the role continues for the remainder of the pathfinder program. 1WTE B8c and 1WTE B7.
- Support from NHSE midlands and national team
- Support from East midlands POD team- to investigate any contractual issues/breach. Need more Implementation support hours on top of NHSE funded hours- to facilitate implanting GP-CPCS, Contraception, BP checks.
- Additional project management support to deliver NHS Community Clinical services
- B.I to create a PCARP dashboard focusing on clinical pharmacy services data.
- Comms team launching of the GP facing website advising of which CP is delivering which advanced service. Add details for community pharmacies delivering advanced services onto the ICB webpage.

### MO Engagement within the system

- Awareness of the MO Team offer to other ICB Teams and willingness from them to engage.
- IPMO cohesion as a leadership group to direct and support collaborative working across the system.
- Support from ICB and GP clinical leads with engagement strategies and ideas. Support from ICB where specific engagement issues are identified. Support from ICB/system Comms, Engagement Teams and patient experience teams.

### Secondary Care Procurement

- Identified need for more staff resource to sure up the current team (recruitment in progress). Additional staff resource needed to release more senior staff to proactively manage contracts and other identified procurement gaps.
- Need good supply chain and available drug stocks within the UK.
- Quality assurance process/specialist to ensure safe drug supplies (quality and safety).
- Specific resource dedicated to off-contract claims.

## 5. What's needed to make this happen

### Biosimilars

- Input from providers, requirements from enablers (e.g. digital, estates, workforce, PHM, personalisation and health inequalities), other support requirements, resource requirements: investment and non-financial.

### Antimicrobial Stewardship

- AMS system leader, Wider and more focussed engagement and surveillance from AMS Lincolnshire stakeholders. Patient Safety Partner of AMS Lincolnshire Group,
- Digital support and contractual support for Ardens, SystmOne and EMIS to develop indication and allergy status on prescriptions (SNOMED) and updating Ardens templates,
- Financial/business case for initiating antimicrobial clinics across Lincolnshire, which will also enable penicillin allergy reviews (with future aspiration for sensitivity testing).
- Increase in Antimicrobial/Microbiology staffing resource and support across Lincolnshire ICS (not yet scoped) [ICS planning require a business case and need to know when this is expected]
- System-wide Comms and Primary Care support for public campaigns including information in CPs, GP practices, public areas etc. Successful recruitment of 1WTE B8b quality and safety pharmacy lead for the ICB

### Quality and Safety in medicines and prescribing

- Financial Investment - ICB Medicines Optimisation Quality and Safety Lead Pharmacist, Band 8b – Release of funding from MOCH disinvestment from ULHT agreed in Feb 2023,
- IPMO engagement and collaboration on medicines quality and safety.
- Digital needs.
- PHM data on safety and quality consequence (If available)
- ICB to continue commissioning Eclipse Live
- Engagement from GP practices to use the new Learning from Patient Safety Events (LFPSE) incident reporting tool. Inclusion of quality prescribing elements in the planned Enhance Scheme

### Aseptic production

- Financial investment for ICS – Aseptics Workforce (TBC). Financial Investment: Business case to be developed to bid for the 2024/2025 NHSE Aseptic Services Capital: Build and workforce. Workforce plan to be developed. System and NHSE support.

### Antidepressant reduction

- Need for antidepressant reduction to be prioritised and GP practice pharmacists to be allocated time for this work
- MH expertise, education and training for GP's and prescribers, PCN pharmacists, practice pharmacists, healthcare professionals resource and other mental health workers.
- Patient information resources as available in MH Services to also be available to primary care (choice and medication and MH Trust medicines information support/expertise).
- Financial resource to enable hyperbolic prescribing for de-prescribing – liquid preparations can be very expensive.

### Pharmacy Workforce

- Continued engagement with activity taking place in the faculty meeting and work stream groups
- ICB People Team – Support needed on workforce modelling to produce annual trajectory of growth based on population need, and provider capacity to recruit and train
- Long term Programme Management support as funding from NHS England is on a temporary basis.

## 6. What could make or break progress

### Primary care cost efficiencies

- Low level/lack of engagement from GP practices and primary care prescribers with the MO Team will affect the success of the planned Enhanced Scheme, Stoma, Optimise Rx, ONS and self-care work. If we cannot improve the level of Practice engagement, delivery of potential savings will be profoundly reduced. This lack of engagement may be due to conflicting priorities, no allocated practice resource to carry out the necessary work, historic and underlying reputation and engagement issues.
- MO Team staff vacancies will reduce the resource available to progress some of these work areas and may lead to slipped timelines. There are two essential agreed posts that are not currently filled (Quality and Safety and APC development) (refer to 2/23/24 planning templates) that are needed to lead and put in place essential framework required to deliver on MO programmes. This will also release current staff who are covering some of these crucial duties to work on these schemes, particularly engagement. The monies for these posts are currently not released from an agreed disinvestment with ULHT for a MOCH service no longer provided or delivering.
- Resource and management arrangements for Lincolnshire Joint Formulary need to be bolstered as the current arrangement does not support the reviews, changes and updates needed to underpin many of the above schemes.
- No renewal of Optimise Rx Contract in short-term (Feb 2024) and review of market products in longer-term.
- The LICB position on rebates need to be agreed at an Exec level before this can go ahead.

### Community Pharmacy Integration

- Current ongoing issues facing community pharmacy with staffing/workforce are likely to mean that they are unable to offer some of these services; advanced services are optional but are likely to be 'bundled' in the future, meaning pharmacies will be required to provide Pharmacy First (including CPCS), the Pharmacy Contraception Service **and** Hypertension Case Finding together if they wish to offer any of these.
- Lack of funding to pay for Community Pharmacy Clinical Lead Post – without this post, further development with this programme will cease. Lack of funding for the Community Pharmacy Project Manager, also funding for this post needs to be full time and permanent. Strong engagement from LPC is needed – this is delicate as community pharmacies face unsurpassed challenges in providing services in current times, and the LPCs are representative organisations (not providers)
- Unplanned pharmacy closures due to workforce pressures and permanent community pharmacy closures. Geographical area(s) without a community pharmacy would be unable to deliver any of the clinical services to those patient populations.
- Not enough independent prescribers in Community Pharmacy at the current time, and challenges in undertaking this training (time, finding supportive Designated Prescribing Practitioners, cost)
- Continued steer needed at a national / NHS England level. Workstreams involving or continuing to be led by the Health Innovation Networks Diversification of Community Pharmacy workforce- technicians taking up more advanced roles, working with PGDs.

## 7. Planning assumptions

### Primary care cost efficiencies

- OTC/Self-care will direct patient from GP practice to community pharmacy – will need to establish whether workload will be manageable for community pharmacy, ONS and Stoma schemes rely on specialist dietitian and stoma nurse workforce.
- Savings on prescribing spend will be factored into primary care prescribing budget calculations.
- Cross-organisation joint working: Current Staff vacancies within MO Team will be filled as monies from ULHT disinvestment will be released to fund these.

### Community Pharmacy Integration

- No more significant pharmacy closures, common condition
- Service will be launched early 2024, digital connectivity (GP connect) between general practice and Community pharmacy is launched and maintained.
- Community Pharmacy Workforce within Lincolnshire doesn't significantly deplete.
- Working relationship exists between general practice and Community Pharmacies.

### MO Engagement within the system

- Assumes ICB MO Team are able to recruit to current vacancies.
- Workforce shortages in provider trusts are addressed with robust mitigation
- Assumes IPMO group continue to develop shared workplan and strategy.

### Secondary Care Procurement

- Demand for drugs will remain stable.
- Current staffing resource remain stable – including sickness levels
- No major changes with drug suppliers
- Availability of workspace needed to accommodate any new staff.

### Biosimilars

- Stable patient population using these drugs
- Stable workforce (recruitment, retention and sickness)
- Homecare companies have capacity and workforce
- Products come to market with similar arrangements to originator brands
- Price reductions on all emerging biosimilars, which may not materialise when they confirm the biosimilar prices
- Availability of workplace for any new staff needed as per business case



## 7. Planning assumptions

### Antimicrobial Stewardship

- Population/patient-driven demand: Existing demand or need in primary care will be ongoing and increasing as awareness of AMS and resources increase. Prime example in AMR clinics, and function of such clinics will evolve as demand does. Development of AMR: assuming no viral pandemics, but that AMR will continue to develop. Even if we manage to stall development locally, travel and relocation, and microbial evolution make this a confident assumption. Hence we need to take mitigating actions knowing the situation will get worse, in order to contain harm to patients and the health economy.
- System-driven demand: National policy and focus sustained for last few years and increasing. Hence increases demand with additional performance targets; expectation of embedded practice requires sustained focus and resource for those workstreams due to nature of healthcare staff turnaround, patient movement, life-span of efforts. Service improvements of currently sub-standard set-up requires building to baseline before can build beyond. Areas of deprivation in Lincolnshire require additional effort as access to healthcare and patient health beliefs are impacted. Move to electronic and virtual settings impacts on implementation and progress (some positive, some negative). New infections arising from change in environmental circumstances will drive demand (epidemics, climate change, polluted waters, refugee camps) changes in care settings (secondary to primary, virtual wards, etc).
- Digital: Embedding & spreading existing initiatives (such as ePMA in secondary care); Deploying new solutions (such as SNOMED codes on primary care prescriptions to allow clinical checks in community pharmacy settings). Ability to tap into existing digital platforms at point of care or patient access.

- Finance: allocation & position – CIP targets are unlikely to be realised in this workstream, as patient improved outcomes, or reducing financial burden of Antimicrobial Resistance cannot be captured as a preventative measure, or by avoided hospital stays, interventions such as surgical procedures, etc. set up of additional digital features will require some short-term funding for set up and potential increase in subscription fees for digital solutions and packages that enable this.
- Need for centralised resource including Antimicrobial Specialists or Microbiologists will be most cost efficient but require funding. Need for AMR clinics will need finance lead support and contract lead support in business case, set up of service, tariffs, etc.
- Assuming (calculating) tariffs to cover cost of running the clinics in most cost-efficient manner. Inflation on all the above. ERF, SDF and capital assumptions
- Shortage of healthcare staffing is also increasing need for alternative and cost/workforce efficient initiatives that enable strategic planning for system benefit in reducing need for acute and emergency healthcare presentations.
- Estates will be required to house additional staffs and initiatives such as clinics. Exploration of existing estates such as healthcare centres would still need to be scoped and reimbursed.
- Assuming system set up will address challenges such as information governance, improved synchronisation of communications systems and workforces.



## 7. Planning assumptions

### Quality and Safety in medicines and prescribing

- ICB Meds safety resource. Patient safety events number stable. Robust process for reviewing medicines related incident reporting.
- Resource available from LCHS and LPFT.
- Financial resource available for recruiting to the LICB post.
- All partners fully engaging with the Medicines Safety Network.

### Aseptic production

- Increasing demand- cancer demand in the Trust is increasing by 10% annually and demand in aseptic preparation is predicted to increase as a proportion of global drug spend and injectable medicines sales are growing at 7.3%. Alongside the growth of core chemotherapy and parenteral nutrition, there is a need to anticipate future demand for advanced therapy medicinal products (ATMPs), such as gene therapy, growth in clinical trials, and potential to address the sizeable unmet need for central intravenous additives (CIVAs) and monoclonal antibodies (MAbs).
- Workforce: the service delivery relies on reliable and sustainable workforce. Digital: relevant digital and IT systems such as robotics for batch manufacturing required.
- Finance: successful business case.
- Estates: location to build and build of the facility.

### Antidepressant reduction

- Not yet discussed

### Pharmacy Workforce

- None stated

## 8. Stakeholders

### Primary care cost efficiencies

- *Prescribing Data Deep Dive*: Project Team – MO resource. Stakeholders – GP prescribers, clinical specialists from provider trusts, APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, Clinical Leads, PHM, F&BP, IPMO
- *Enhance Scheme savings*: – Project Team – MO resource. Stakeholders – GP prescribers, ICB primary care team, clinical specialists from provider trusts, APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, Clinical Leads, PHM, F&BP, Community Pharmacy, IPMO.
- *Rebates*: Project Team – MO resource. Stakeholders – APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, F&BP, PrescQIPP, IPMO
- *Patent Expiries*: – Project Team – MO resource. Stakeholders – APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, Clinical Leads, F&BP, IPMO.
- *Optimise Rx*: Project Team – MO resource. Stakeholders – ICB contract Team, F&BP. Digital Team, IPMO.
- *Stoma Review Service*: Project Team – MO resource. Stakeholders – GP practices, ULHT stoma nurses, APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, wider MO Team for practice engagement and support.
- *ONS*: Project Team – MO resource. Stakeholders – clinical specialists from provider trusts, APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, F&BP (Contract Team) input if using any 3rd party provider.
- *OTC/Self-care*: Project Team – MO resource. Stakeholders – GP prescribers, clinical specialists from provider trusts, APC/PACEF, Lincolnshire Joint Formulary Team, IPMO, Clinical Leads, PHM, F&BP Comms and engagement team Health inequalities partner, Community Pharmacy (LPC).

### Community Pharmacy Integration

- Project team are – CPCL and Project Manager
- Stakeholders – NHSE/I, NHSE Midlands Region Team, Community Pharmacy Lincolnshire (LPC), GP practices, PCNs, Community Pharmacy contractors, AHSN, Secondary Care colleagues, community care colleagues, Lincolnshire IPMO, Patients/carers, pharmaceutical industry, pharmacy suppliers/wholesalers.

### MO Engagement within the system

- Project Team are MO Team,
- Stakeholders – GP practices, PCNs Primary Care Prescribers, Pharmacy Leadership colleagues from partner organisations, community pharmacy, LMC, LPC, ICB teams involved in developing services/pathways and contracting, Comms Team, Engagement Team, Patients.

### Secondary Care Procurement

- Project team – ULHT Pharmacy Procurement Team.
- Stakeholders – wider ULHT Pharmacy Team, ULHT wards, departments, clinics and theatres, ULHT Finance Team, Lincolnshire ICB, Drugs suppliers and wholesales, East Midlands Procurement Collaborative, Patients, NHSE/I, CMU.

### Biosimilars

Project team – High-Cost Drugs and Homecare Team ULHT  
Stakeholders, HCD Contract Monitoring Group, Clinical Teams (ULHT), Senior Pharmacy Management Team ULHT, DTC, PACEF/APC, IPMO, Finance Teams, Patients.

## 8. Stakeholders

### Antimicrobial Stewardship

- Project team – AMS Lincolnshire\*, with expert 'guidance' from ULHT Consultant Antimicrobial Pharmacist and Antimicrobial Team, ICB Antimicrobial lead, Programme leads, and AMR SRO for Lincolnshire.
- Stakeholders - BMI Healthcare, East Midlands Ambulance Service, Lincolnshire Community Health Services, Lincolnshire County Council, Lincolnshire ICB Medicines Optimisation Team, Lincolnshire LMC Ltd, Lincolnshire Partnership NHS Trust, Lincolnshire Local Pharmaceutical Committee, LIVES, NHS England, NHS Lincolnshire ICS/ICB, Office for Health Improvement and Disparities, PathLinks Microbiology, St Barnabas, UK Health Security Agency, United Lincolnshire Hospitals NHS Trust.

### Quality and Safety in medicines and prescribing

- Project team – LCHS Chief Pharmacist LICB Chief Pharmacist, Quality and Safety Pharmacists/Technicians, ICB, ULHT, LPFT, LCHS.
- Stakeholders – ULHT, LCHS, LPFT NHSE Midlands Central, We are With You, Notts Healthcare, EMAS, Lincs Police, CQC, GPhC, LCC, LPC, Lincs Air Ambulance, Private providers

### Aseptic production

- Project team: ULHT: ULHT executive sponsor, CSS, Pharmacy, R&I, Cancer, Strategic projects, IID, Finance, Digital, HR, Procurement, CDH programme director, Lincolnshire Science and Innovation Park (LSIP), Local Enterprise Partnership, LICB, LCHS, LPFT, Lincoln University, Lincolnshire County Council, Health Innovation Network, NHSE, Pharmacy representation from other NHSE organisations outside of ULHT
- Stakeholders: ULHT, IPMO, LICB, NHSE, University of Lincoln.

### Antidepressant reduction

- Project team – lead = GP; MH pharmacist' consultant psychiatrist senior PCN pharmacist.
- Stakeholders - patients prescribed antidepressants, all prescribers, IPMO.

### Pharmacy Workforce

- Project team: Lincolnshire Pharmacy Workforce Faculty Group
- Stakeholders TBC

People & Workforce

SRO: Claire Low

Programme lead: Saumya Hebbar

Clinical/Technical Lead:

## People Board

System partners meet quarterly

Oversees delivery and seeks assurance against the People plan

Oversees and signs off on Workforce Development Fund

Receives highlight report for information from Workforce Board so that a single People report can be submitted to SDPC

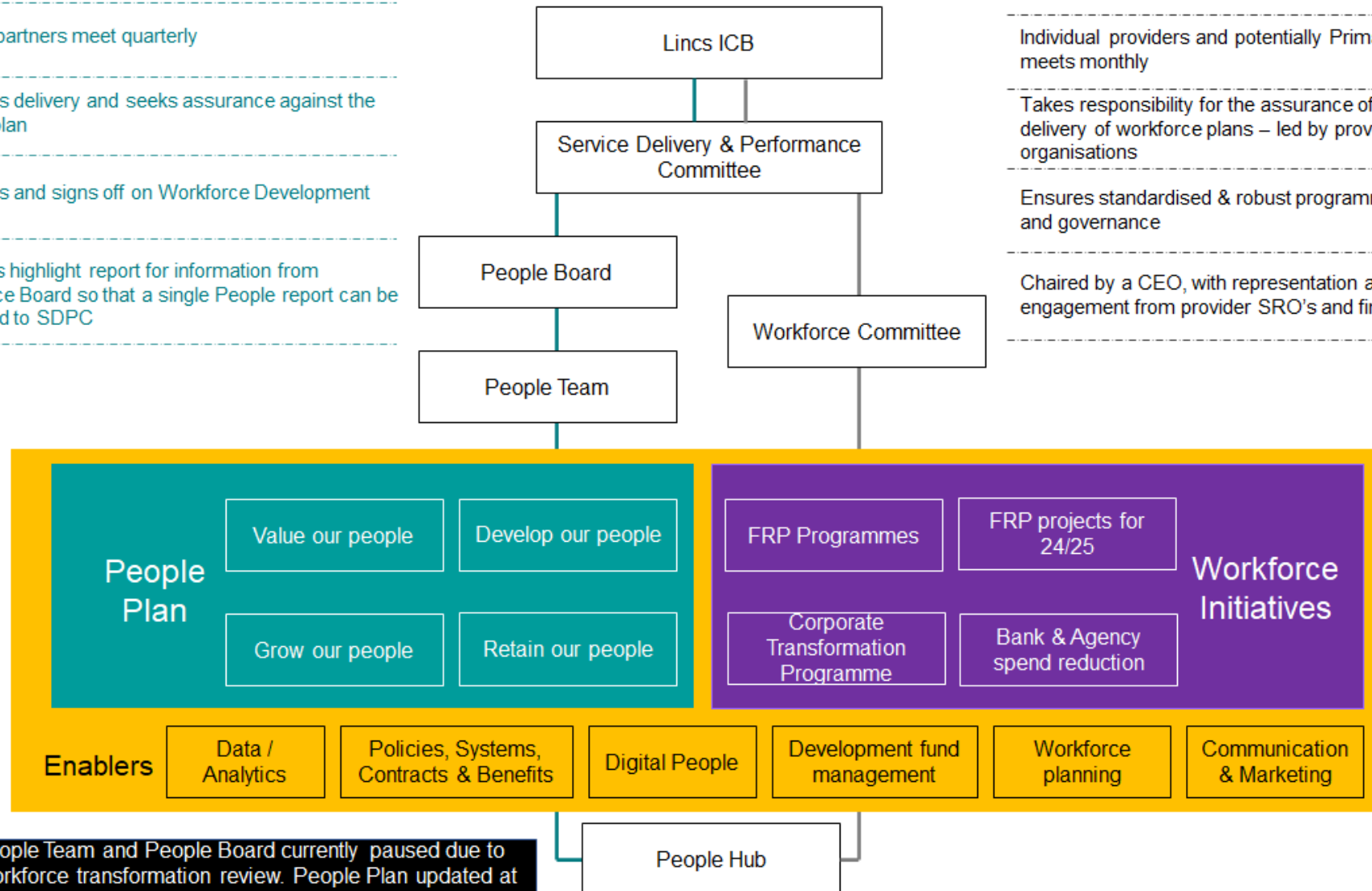
## Workforce Committee

Individual providers and potentially Primary Care – meets monthly

Takes responsibility for the assurance of financial delivery of workforce plans – led by provider organisations

Ensures standardised & robust programmes of work and governance

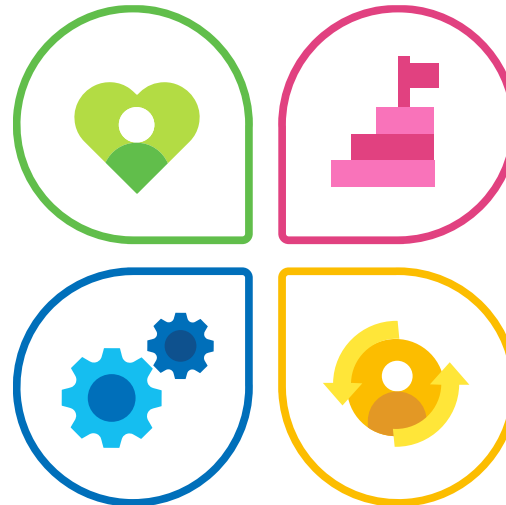
Chaired by a CEO, with representation and engagement from provider SRO's and finance



Note: People Team and People Board currently paused due to system workforce transformation review. People Plan updated at Workforce Committee

## Value our People

- Work together across the system to deliver against the **six high impact actions** set out in the equality, diversity and inclusion improvement plan for the NHS
- Embed a **compassionate culture** built on civility, respect and equal opportunity through inclusive recruitment, Just Culture, Allyship and system level networks
- Develop and launch system wide consistent **occupational health and wellbeing services**



## Develop our People

- **Increase placement capacity and experience** to support increased training places in the NHS.
- Develop multi-professional, system-based **rotational clinical placement** models to increase capacity.
- Agree the system level **Leadership Development & Talent framework**
- Fully embed **digital technology in training pathways**, to support more efficient and effective ways of learning and improved learner experience.
- Offer **blended learning programmes** to which integrates technology and digital media with traditional classroom-based learning

## Grow our People

- **Widen access** of opportunities to people from all backgrounds and in underserved areas to join the NHS through apprenticeships.
- Engage with higher education institutions to support students, **placement capacity** and maximise accreditation of recognition of prior learning (RPL)
- Adopt **new recruitment practices** and systems in line with the outcomes of the national programme to overhaul NHS recruitment.
- Embed strategic workforce planning through enhanced systems and processes

## Retain our People

- Continue to embed the **People Promise** elements to enhance staff experience
- Agree and publish a consistent system wide offer of **benefits** offer for our people
- Continue to focus on **flexible working** as a means of retaining our staff
- Work with specific staff groups/network through pilot **projects** (stay conversations, flexible working etc)
- Continue to strengthen our **pastoral care for International Recruits** across the System

## Financial Recovery Programme initiatives

- Identify and **agree opportunities** for agency reduction across providers
- **Progress identified projects** already part of the plan
- **Negotiate rates with agencies** to better comply with the NHS cap and framework guidance

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## Bank & Agency Spend reduction schemes

- Focus on improving **off-framework** usage and **cap compliance** across provider organisations
- **Identify avenues of saving** based on submitted weekly returns



## Financial Recovery projects for 24/25

- Overall general **sickness management** – reduce sickness management spend by 1% across providers
- Enhance **medical productivity** through effective job planning
- Embed the LCHS Apprenticeship Centre as a revenue generating unit
- Review ULHT apprenticeship spend to see how much can be retained within the system
- **Refugee Doctor Programme** – expand initiative to maximize benefits

## Corporate Transformation Programme

- Agree scope of the project – **identify processes** across individual provider organisations
- Agree **operating model** for each process and obtain sign off
- **Implement new operating model**



## 1. Future state

Across the system, digital and information are enablers that aim to

- Ensure strong foundations for technology-enabled care
- Drive digital readiness and digital inclusion
- Use intelligence to empower decision making and improve outcomes
- Enable improved health and care delivery and outcomes
- Provide public facing digital services

*Out of scope*

Any digital change that requires funding or digital/information team resources that is not accounted for in the portfolio described below will require prioritisation against existing schemes and changes to the described portfolio to reallocate resources or funding to areas of most need

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## 2. What's being done to get there | Overview

A portfolio of work will meet those objectives:

- Digital Social Care Records
- Improve cybersecurity
- Improve technical infrastructure
- Improve technical capabilities for collaboration
- Technology enabled care (remote monitoring, virtual wards, etc)
- Robotic Process Automation
- Handover of maintenance and support of the reporting platform from external arrangements
- Determine requirements for social prescribing digital solution
- Delivery of Customer Relationship Management system in Lincolnshire Community and Voluntary Services

*Proposed but currently unfunded*

- Development of the Lincolnshire Care Record
- Scope an online go-to resource for the population to navigate health, care and wellbeing
- Integration of digital systems
- Develop framework to assess and address digital skills readiness (staff or population)
- Support areas with digital solutions that enable business change (such as People and Workforce)
- Introduce shared system intranet
- Use operational data to provide intelligence at a system level
- Replacement of the reporting platform
- Access for clinicians to LACE evidence base

## 2. What's being done to get there | Overview

### Other work influencing system capabilities

ULHT	<ul style="list-style-type: none"> <li>• Delivery of Electronic Patient Record</li> <li>• Electronic Document Management System</li> <li>• Change of Maternity System</li> <li>• Digital Outpatient appointment management</li> <li>• Community Diagnostic Centres</li> </ul>
LCCHS	<ul style="list-style-type: none"> <li>• Single Point of Access</li> </ul>
LPFT	<ul style="list-style-type: none"> <li>• Rio EPR review</li> <li>• Cloud Data Warehouse Procurement and Implementation</li> </ul>
Primary Care	<ul style="list-style-type: none"> <li>• Online consultations</li> <li>• Digital telephony</li> <li>• Accelerated access to records</li> </ul>
Cancer Team	<ul style="list-style-type: none"> <li>• Chatbot integration to Lincolnshire Cancer Support Website</li> </ul>

Digital	SRO: TBC	Programme lead: Kathy Fulloway	Clinical/Technical Lead:
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### 3. What's being done to get there | Detail

Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Digital Social Care Records																						
Page 349	<ul style="list-style-type: none"> <li>In context launch from clinical systems</li> <li>Add LCHS inpatient and UTC activity</li> <li>Add LPFT medicines</li> <li>Add pathology and radiology results from NWAFT</li> <li>Add pathology and radiology results from NLAG</li> <li>Add GP and walk-in radiology from ULHT</li> <li>Include Somerset cancer data</li> <li>Include social prescribing data</li> <li>Include Child Health data from LCC</li> <li>Use national record locator to find records in other ICS Care Records</li> </ul>																					
		Development of the Lincolnshire Care Record																				

Digital	SRO: TBC	Programme lead: Kathy Fulloway	Clinical/Technical Lead:
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### 3. What's being done to get there | Detail

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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Scope an online go-to resource for the population to navigate health, care and wellbeing	<ul style="list-style-type: none"> <li>Provide population login and view of health record in Lincs Care Record</li> <li>Provide gastro patient facing online capability</li> </ul>																					
Improve cybersecurity	<ul style="list-style-type: none"> <li>Network Access Control</li> <li>Proxy Server implementation</li> <li>Replace network firewalls</li> </ul>																					
Improve technical infrastructure	<ul style="list-style-type: none"> <li>Cloud strategy</li> <li>Cloud implementation</li> <li>Network upgrades</li> <li>Wi-Fi improvements</li> <li>Telephony switch to digital</li> <li>Storage area network (files and email storage)</li> </ul>																					
Integration of digital systems																						
Improve technical capabilities for collaboration																						

Digital

SRO: TBC

Programme lead: Kathy Fulloway

Clinical/Technical Lead:

### 3. What's being done to get there | Detail

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Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28			
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Develop framework to assess and address digital skills readiness																						
Technology enabled care	<ul style="list-style-type: none"> <li>Remote monitoring in care homes</li> <li>Virtual Wards</li> </ul>																					
Robotic Process Automation																						
Support areas with digital solutions that enable business change (such as People and Workforce)																						
Introduce shared system intranet																						
Use operational data to provide intelligence at a system level	<ul style="list-style-type: none"> <li>Dashboard for UEC</li> <li>Dashboard for end of life</li> </ul>																					
Handover of maintenance and support of the reporting platform from external arrangements																						

Digital

SRO: TBC

Programme lead: Kathy Fulloway

Clinical/Technical Lead:

### 3. What's being done to get there | Detail

Programme	Project	FRP	2023/24				2024/25				2025/26				2026/27				2027/28							
			Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4				
Replacement of the reporting platform Determine requirements for social prescribing digital solution Access for clinicians to LACE evidence Delivery of Customer Relationship Management system in LCVS																										

2023  
 2024  
 2025  
 2026  
 2027  
 2028



## 4. Projected impact on patients and system partners

<b>Digital Social Care Records</b>	Digital systems will support electronic transfers of data which are faster and more secure to speed up discharge and improve decision making across pathways of care. Care Homes without digital systems are unlikely to be rated Good or Outstanding
<b>Development of the Lincolnshire Care Record</b>	Those delivering direct patient care will have the information they need when and where they need it to make decision that improve patient outcomes and reduce risk for our workforce.
<b>Scope an online go-to resource for the population to navigate health, care and wellbeing</b>	The population will be supported in keeping well, avoiding admissions, accessing health and care services only when needed making best use of resources and supporting choice and access and reducing health inequalities.
<b>Improve cybersecurity</b>	Protect our services from cyber attack, without which patients would come to harm and avoid breaches of information including patient information, recovery costs and reputational damage.
<b>Improve technical infrastructure</b>	Provide the infrastructure that enables a modern, mobile workforce and patients to access online services.
<b>Integration of digital systems</b>	Joining up information enables better decision making for best use of resources and better patient outcomes.
<b>Improve technical capabilities for collaboration</b>	Provide the digital solutions for staff to collaborate and operate as a system.
<b>Develop framework to assess and address digital skills readiness (staff or population)</b>	Having the digital skills required to use digital health solutions will capitalise on opportunities for efficiency and effectiveness, improve staff morale and patient satisfaction.
<b>Technology enabled care (remote monitoring, virtual wards, etc)</b>	Will reduce the need for travel and make most efficient use of resource and expertise across geographical areas in the context of rising demand on services.

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## 4. Projected impact on patients and system partners

<b>Robotic Process Automation</b>	Improve processes through speed and efficiency, freeing up staff to deal with more complexity
<b>Support areas with digital solutions that enable business change (such as People and Workforce)</b>	To maximise the opportunities that digital has to support business change, improved process and efficiencies.
<b>Introduce shared system intranet</b>	Join up information across teams making it searchable, joining up address books, sharing knowledge, sharing learning
<b>Use operational data to provide intelligence at a system level</b>	Decision making can take into account system level benefits, supports service transformation and planning
<b>Handover of maintenance and support of the reporting platform from external arrangements</b>	Ensures that at the end of the Optum contract the maintenance and ongoing development of the joined intelligence dataset does not cease
<b>Replacement of the reporting platform</b>	Ensures that at the end of the Optum contract access to the joined intelligence dataset is still possible
<b>Determine requirements for social prescribing digital solution</b>	Informs a system level decision on where information needs to be captured, how it is shared to support PHM, health and care delivery, and reporting
<b>Access for clinicians to LACE evidence base</b>	Putting research and evidence into practice to achieve best outcomes for patients
<b>Delivery of Customer Relationship Management system in Lincolnshire Community and Voluntary Services</b>	Ability to manage information that supports third sector support into health and care and social prescribing

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## 5. What's needed to make this happen

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	Funding source to be identified	Comments on resource	Engagement and sponsorship
Digital Social Care Records	£490k if years 1 and 2 remain outstanding		ICP
Development of the Lincolnshire Care Record	£240k		ICP
Scope an online go-to resource for the population to navigate health, care and wellbeing	£100k		All ICS organisations
Improve cybersecurity	£500k		NHS organisations
Improve technical infrastructure	£300k		NHS organisations
Integration of digital systems	£100k		NHS organisations
Improve technical capabilities for collaboration		To be undertaken by existing digital teams	NHS organisations
Develop framework to assess and address digital skills readiness (staff or population)	£80k		All ICS organisations
Technology enabled care (remote monitoring, virtual wards, etc)	£500k		ICP
Robotic Process Automation	£200k		NHS organisations
Support areas with digital solutions that enable business change (such as People and Workforce)	£60k		NHS organisations
Introduce shared system intranet	£100k		NHS organisations
Use operational data to provide intelligence at a system level	To be scoped		NHS organisations
Handover of maintenance and support of the reporting platform from external arrangements	To be scoped		ICP
Replacement of the reporting platform	To be scoped		ICP
Determine requirements for social prescribing digital solution		Workshops needed	ICP
Access for clinicians to LACE evidence base	To be scoped		NHS organisations
Delivery of Customer Relationship Management system in Lincolnshire Community and Voluntary Services	Already funded		All ICS organisations

## 6. What could make or break progress

- Lack of funding
  - Nationally digital transformation funding becomes available in year and has little protection and so may be subject to review at any time, which we have seen occur with connected care record funding, for example. This means that forward planning is hampered as there is little certainty and the reliance then is predominantly on local business cases to be made.
- Lack of resources
  - There are currently limited resources with roles dedicated to system digital work – a Chief Digital Information Officer, a Programme Manager for the Lincolnshire Care Record, a business partner who supports Primary Care and a project manager who supports Shared Care Plans. This leaves significant areas of opportunity without sufficient capacity to undertake business partnering, needs assessment, business case creation and solution design and business analysis that would support improvements through technology, as well as the delivery, coordination and programme management of wider digital transformation opportunities such as remote monitoring for which there is no dedicated resource.
- Insufficient capacity for business change
  - It is well evidenced that the resources required to deliver digital initiatives, support change adoption and work through business change associated with new initiatives is often underestimated. We do not have dedicated business change support for digital transformation at a system level and need to ensure this is built into all relevant business cases. Coordination of digital transformation needs dedicated resource at a system level to ensure that business change is realistic, safe and controlled. Without this, an operational area could attempt to adopt multiple changes at the same time risking delivery, causing stress for staff, increasing risk for patients, and incurring unnecessary cost – undertaking change in a coordinated and controlled way ensures that planned benefits are delivered.

- Political change
  - A change in government may introduce policy changes and affect funding opportunities.

## 7. Planning assumptions

- External funding awarded continues to be available (e.g. Frontline Digitisation, cyber allocation)

1. The **Lincolnshire Strategic Infrastructure and Investment Group** (LSIIG) is now well established and provides the forum for discussions regarding the Strategic Infrastructure Plans and capital schemes that are being developed.
  - a) There is an Operational Estates Group, chaired by the LPFT/LCHS Associate Director for Estates & Facilities which meets monthly and, by exception reports into LSIIG
  - b) The Financial Recovery Estates and Facilities workstream sits within the remit of the Operational Group and reports into LSIIG.
  - c) Whilst capital allocations across the system are sitting with the Financial Leaders Group there are strong links between the two Groups with several representatives sitting on both. LSIIG receives a monthly report from the System Finance Lead **Building for Health**. Taken [as a whole the NHS](#) is one of the [largest landowners in England](#). Through its role as an [anchor institution](#), the NHS has an opportunity to intentionally manage its land and buildings in a way that has a positive social, economic and environmental impact. The effects of good management can improve the health and wellbeing of communities and reduce [health inequalities](#).
2. NHSE (NHS England) has summarised the key-ways estates and facilities can play their role in reducing health inequalities in their 10 building blocks for building for health. [NHS England » Building for health](#). The building blocks can be applied to all aspects of estates management including in the:
  - a) delivery of new healthcare buildings, for example through the New Hospital Programme or the development of community diagnostic centres
  - b) modernisation of NHS facilities
  - c) prioritisation of investment
  - d) management of the use of NHS buildings and spaces
  - e) disposal or repurposing of facilities the NHS no longer needs – the [NHS Estates and facilities workforce action plan \(2022\)](#) sets out ways to address estates workforce needs

- f) The [NHS Net Zero Building Standard](#), published on 22nd February 2023, provides technical guidance to support the development of sustainable, resilient, and energy efficient buildings that meet the needs of patients now and in the future. Developed together with healthcare, industry, and sustainability partners, the Standard will support the NHS to get ready for and align with UK Government building requirements, as well as meet its commitments to deliver a net zero health service by 2045. The NHS became the world's first health service to commit to becoming net zero in response to the profound threat to health presented by climate change.

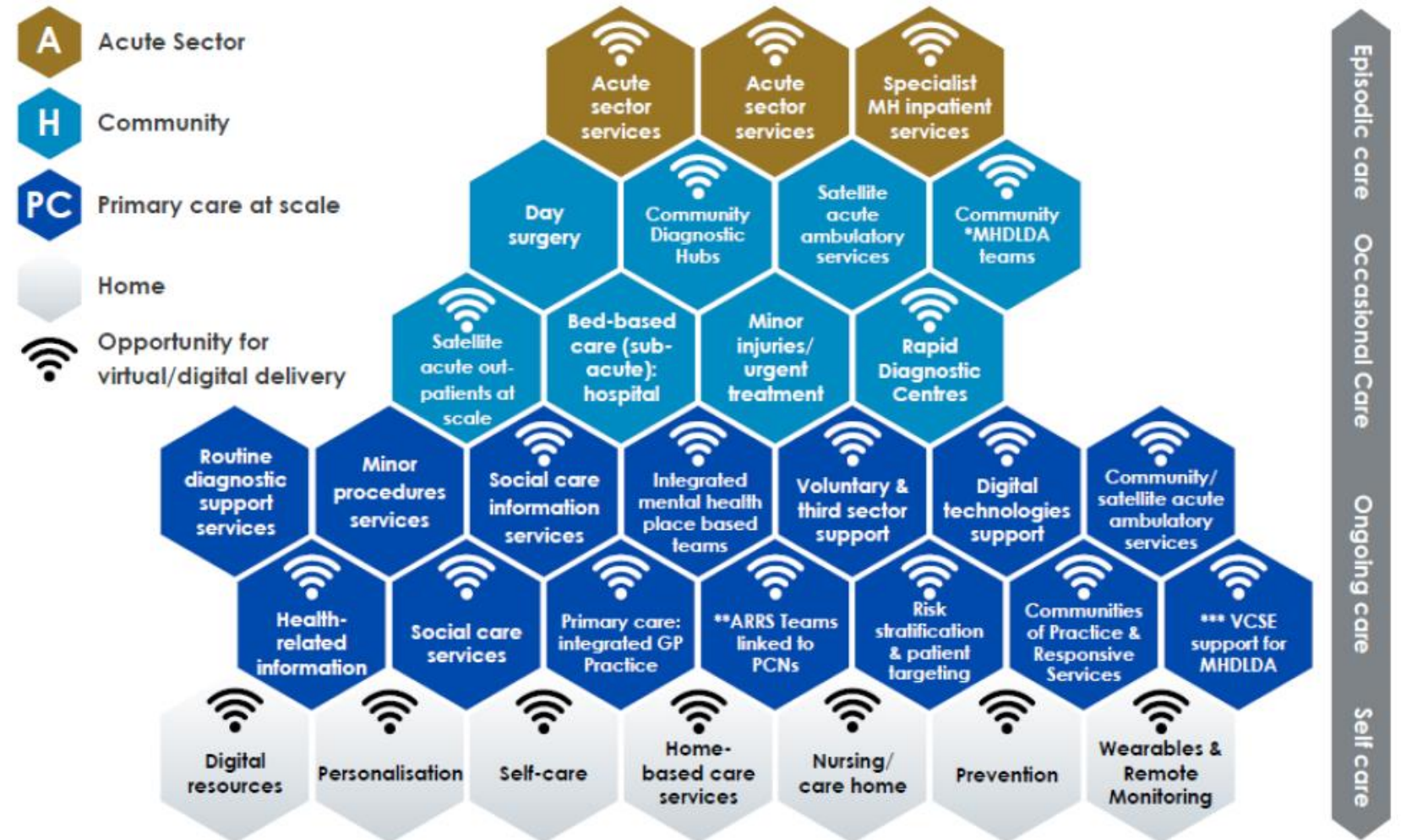
### 3. Lincolnshire Infrastructure and Investment Framework

- a) Lincolnshire ICS (Integrated Care System) has significant issues with the current estate, and this is impacting on our ability to deliver and transform patient care and provide the best possible environment for our patients and staff. Collectively we recognise that a “do nothing/do minimum” approach is not sustainable and therefore we need to attract significant capital investment over the next 15 years.
- b) The infrastructure plans we are developing set out our ambitions to modernise our NHS infrastructure; providing care in the right way, in the right place to meet need. This takes account of the need to transform and integrate services and ensuring that we have a population, place-based needs approach aligning to our digital strategies and the rural and coastal challenges that we have across Lincolnshire.
- c) This work estimates the capital cost ask of £1.94bn (at today's prices). Without Lincolnshire being recognised as a national priority, it is unlikely to attract significant funding and enable the transformation required to enable a healthier population supported by high-quality health and care services that benefit everyone. We were not successful in any of our expressions of interest for the New Hospital Programme, submitted in 2021.



- d) Lincolnshire ICS has developed a strategic framework which articulates the high-level programme case for the significant investment that is needed and without which our clinical vision and strategies will not be delivered.
- e) It is an iterative framework that will enable each Trust and Primary Care to identify and prioritise their estate optimisation, disinvestment, and subsequent capital investment requirements to address population health priorities and future service needs across Lincolnshire.
- f) It is supported by a suite of technical documents that are saved on the System NHS Futures Page.
- g) It helps the ICSs (Integrated Care Systems) to aggregate and prioritise requirements against other system demands for capital. We are working to agree the key priorities for the next 5 to 10 years using a scenario model to ensure that we focus on developing those business cases that can be “oven-ready” for funding as it becomes available

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## 4. Current and recent Capital Developments

a) In December 2022 **Grantham Hospital** opened a new £5.3million modular building which includes two operating theatres, along with their associated preparation rooms, utility facilities and a six-bed recovery.

**b) Lincoln County Hospital.** The £5.6m expansion of the Emergency Department Resuscitation area opened in January 2023. It contains eight treatment cubicles, all fitted with patient hoists and the latest equipment needed to provide life-saving support for patients.

**c) Pilgrim Hospital Boston.** The work has started on the Boston Urgent and Emergency Care. The £37.9m development includes the demolition of the existing H-block building and the erection of a two-storey extension with a full refurbishment. It will more than double in size and include state of the art innovations and infection prevention control measures, have more cubicles to treat patients and a bigger resuscitation zone for the sickest patients. It will also include a separate area dedicated to providing emergency care for the hospital's youngest patients and their families and have more training rooms for staff.

### d) Mental Health Wards

- In June 2023 LPFT opened two new mental health inpatient 19 bed wards - Ellis and Castle on the Lincoln County Hospital site. All patients have separate ensuite accommodation for our patients. They all have ground floor access to a courtyard area for peace and quiet. The £25m development includes outdoor environment which offers major benefits to our patients helping to support their recovery. The design of the new wards has been shaped using feedback from patients, carers and staff as part of our 'Building Together' programme
- In December 2023 LPFT received NHSE full business case approval for a new 19-bed mixed-gender inpatient ward at the Norton Lea site in Boston

**e) Community Diagnostic Centres (CDCs).** The first opened in Grantham in 2022 and business cases have been approved for two further sites in Lincoln and Skegness. These modular builds will open in 2024.

**f) PE21 Boston.** Since 2015, Boston Borough Council (BBC) and the NHS have driven forward a passionate partnership vision for health/wellbeing regeneration. BBC has successfully secured £14.8m from the Government Levelling Up Fund to kick-start regeneration and secure further investment to the heart of the town centre.

- The Levelling Up Fund is specifically designed to secure capital investment in infrastructure that has the potential to improve lives and give people pride in their communities. Boston's Rosegarth Square masterplan, forming part of PE21, seeks to revitalise and repurpose the area between the river Witham and the bus station - particularly focusing on the area of the former Dunelm/B&M building and the vacant Crown House building.
- The ICB (Integrated Care Board) has secured £650,000 to fund the business case for an integrated health and care centre, potentially on the PE21 site. The work is underway with the business case due to be completed summer 2024.

## 5. Primary Care Network Estates Strategies

- a. There has been a programme to support Primary Care Network Estates strategies. Community Health Partnerships (CHP) worked with the National Association of Primary Care (NAPC) on behalf of NHS England, to produce a Primary Care Network (PCN) Estates Toolkit to provide PCNs (primary care networks) with a flexible framework and support process for producing robust primary care investment plans with clear priorities that align to wider ICS strategies.
- b. The toolkit had two objectives:
  - To enable each PCN to identify and prioritise their estate optimisation, disinvestment, and subsequent capital investment requirements to address population health priorities and future service needs.
  - To support the production of capital investment plans for PCNs and places and help ICSs to aggregate and prioritise local primary care investment requirements against other system demands for capital.
- c. CHP commissioned advisors to work with the Lincolnshire PCNs.
- d. The work has been finalised and is being socialised within the system to confirm the Primary Care priorities.



**BUILDING FOR HEALTH**

There are many ways NHS estates can intentionally and strategically add social value, enhance the wider determinants of health, and help to reduce health inequalities. They can be grouped into 10 key building blocks for health:

<p><b>1 SUPPORTING COMMUNITY DEVELOPMENT</b></p> <ul style="list-style-type: none"> <li>• Use of premises by the community and VCSE organisations</li> <li>• Co-location of community facilities and public services</li> <li>• Supporting integrated care and partnership working</li> <li>• Utilising and supporting community assets.</li> </ul>	<p><b>2 IMPROVING LOCATION AND ACCESS</b></p> <ul style="list-style-type: none"> <li>• Estate located in areas of high deprivation or improving access from those areas (for healthcare and employment)</li> <li>• Catalysing improvements to transport infrastructure particularly affordable public transport</li> <li>• Encouraging active travel such as walking or cycling</li> <li>• Exemplar inclusive physical and cultural design.</li> </ul>	<p><b>3 SUPPORTING HEALTHIER COMMUNITIES</b></p> <ul style="list-style-type: none"> <li>• Providing healthy and affordable food options for patients, visitors and NHS staff</li> <li>• Improving connectivity to wider public services in areas of greatest need</li> <li>• Enabling social interactions and reducing isolation through volunteering</li> <li>• Inclusive indoor and outdoor exercise facilities, supporting prevention programmes.</li> </ul>	<p><b>4 FACILITATING ECONOMIC DEVELOPMENT</b></p> <ul style="list-style-type: none"> <li>• Catalysing regeneration of communities in urban or rural areas</li> <li>• Improving footfall of high streets</li> <li>• Enhancing civic pride</li> <li>• Supporting town and spatial planning and improving public realm - attracting investment.</li> </ul>
<p><b>5 ENABLING ACCESS TO GREENSPACE</b></p> <ul style="list-style-type: none"> <li>• Use of estates and land for social prescribing and community projects</li> <li>• Creating new or improving quality of natural environment and green space for people and wildlife</li> <li>• Use of green space for physical activity, play spaces, socialising and food growing.</li> </ul>	<p><b>6 ACCESS TO GOOD INCLUSIVE EMPLOYMENT AND TRAINING IN ESTATES</b></p> <ul style="list-style-type: none"> <li>• Enhancing access to employment, skills and training programmes for communities that experience inequalities (across planning, construction and facilities management)</li> <li>• Fair terms and conditions and supporting health and wellbeing of employees and career progression including supply chains</li> <li>• Provision of space for training, education and upskilling.</li> </ul>	<p><b>7 IMPROVED DESIGN</b></p> <ul style="list-style-type: none"> <li>• Developing safe, healthy, physically and culturally inclusive spaces</li> <li>• Embedding community engagement</li> <li>• Supporting digital inclusion</li> <li>• Quality public realm.</li> </ul>	<p><b>8 ACCESS TO QUALITY AND AFFORDABLE HOUSING</b></p> <ul style="list-style-type: none"> <li>• Re-using and developing estate for affordable and inclusive key worker accommodation</li> <li>• Re-using and developing estate into housing to support vulnerable communities.</li> </ul>
<p><b>9 REDUCING NEGATIVE ENVIRONMENTAL IMPACT</b></p> <ul style="list-style-type: none"> <li>• Supporting Net Zero carbon targets and sustainable consumption and production</li> <li>• Reducing air pollution through fleet innovation (eg low emission vehicles)</li> <li>• Raising awareness of environmental actions staff, patients and visitors can implement at work and home.</li> </ul>		<p><b>10 SOCIAL VALUE IN PROCUREMENT</b></p> <ul style="list-style-type: none"> <li>• Supporting local business or VCSE</li> <li>• Consideration of social, environmental and economic impacts of supply chain</li> <li>• Embedding at least 10% social value and optimising social, economic and environmental investment</li> <li>• Sharing investment.</li> </ul>	

On 1 July 2022, the NHS became the first health system to **embed** net zero into legislation, through the [Health and Care Act 2022](#).

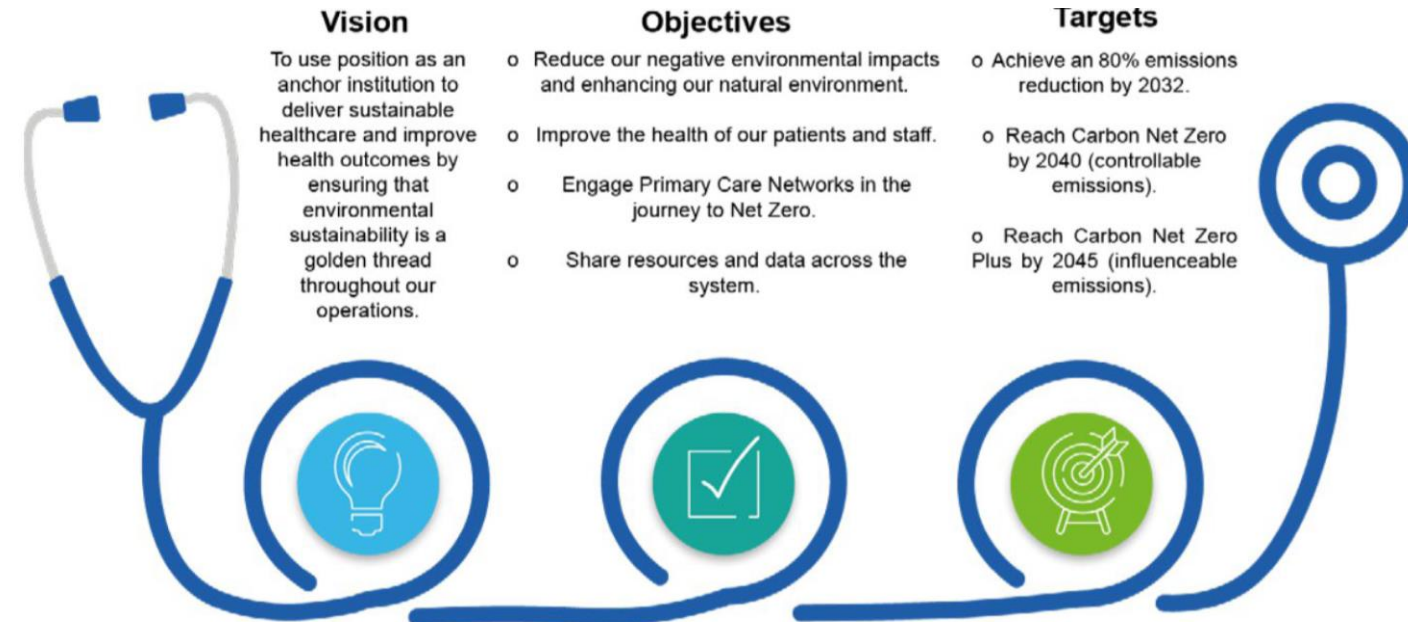
- This places **duties** on NHS England, and all trusts, foundation trusts, and integrated care boards to contribute towards statutory emissions and environmental targets.
- The Act **requires** commissioners and providers of NHS services specifically to address the net zero emissions targets.
- It also **covers** measures to adapt to any current or predicted impacts of climate change identified within the 2008 Climate Change Act.

The UKHSA published their first [Health Effects of Climate Change report](#), with the apt acronym of HECC. It is an important overview of exactly how climate change is affecting health, and the extent to which it will do so in the future. To support this net zero ambition, each trust and integrated care system should have a Green Plan which sets out their aims, objectives, and delivery plans for carbon reduction. ICB plan approved November 2022

The Greener NHS programme is arranged in a number of workstreams:

- Models of care -
- Workforce -
- Medicines -
- Estates and facilities -
- Travel and transport -
- Supply chain -
- Adaptation -
- Research and innovation -
- Digital -
- Data and analytics

## The Lincolnshire System Greener NHS Plan's vision, objectives and targets:

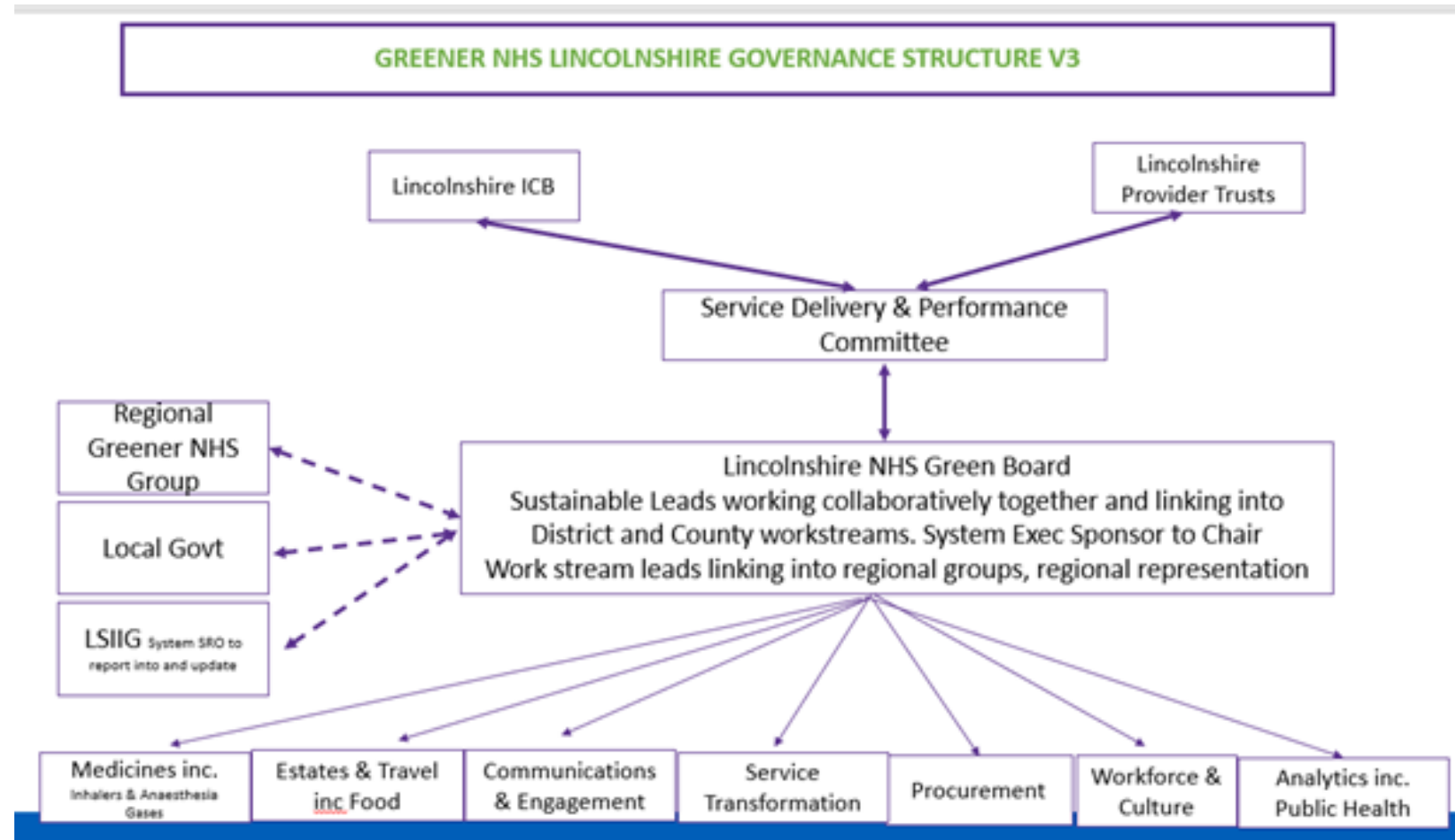


The Lincolnshire NHS approach is as follows:








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The Governance structure for the Lincolnshire Greener NHS is as follows:





Areas of work include:

	<ul style="list-style-type: none"> <li>• Work to deliver the NHSE Travel &amp; Transport Strategy recognising the challenges in a rural and coastal <a href="#">county</a></li> <li>• <a href="#">NHS England » Net Zero travel and transport strategy</a></li> <li>• Working with District and County Council colleagues on EV charging</li> </ul>
	<ul style="list-style-type: none"> <li>• We have reduced the proportion of desflurane anaesthesia gas used in surgery to less than 5% of overall volatile anaesthetic gases with the aim to eradicate this completely.</li> <li>• Reducing the emissions associated with nitrous oxide waste, in line with the Standard Contract.</li> <li>• Reducing the CO2e impact of inhalers -this is part of the Primary Care Green Plan</li> </ul>
	<ul style="list-style-type: none"> <li>• Ensure plans are in place to phase out fuel oil as a primary heat source [in NHS Secondary Care sites],</li> <li>• Ensure all new builds and retrofits over £15m are compliant with the Net Zero Hospital Buildings Standards</li> <li>• ULHT and LPFT have bid for Public Sector Decarbonisation Scheme (PSDS) funding to improve the estate and reduce the Trusts carbon footprints</li> </ul>
	<ul style="list-style-type: none"> <li>• Ensuring that the Green Agenda is incorporated into all staff inductions across the system.</li> <li>• Work towards all staff complete the ESR training.</li> <li>• As the system leadership changes are embedded and the Group Model Established agree the Board leadership for the Green Agenda and appropriate awareness and training for Boards</li> </ul>
	<ul style="list-style-type: none"> <li>• All new NHS procurements include a minimum 10% net zero and social value weighting as per the PPN06/20 and PPN06/21 <a href="#">Greener NHS » Applying net zero and social value in the procurement of NHS goods and services (england.nhs.uk)</a></li> <li>• Achieving a 50% reduction in use of office paper by 2025 compared to baseline, and ensuring ICSs and NHS trusts only purchase 100% recycled content paper for all office and non-office-based functions by 2025.</li> </ul>

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Each provider Trust has its own Green Plan and assurance process. A final draft Primary Care Green plan is being socialised. The final draft version is already on the primary care intranet.

The primary care bulletin now includes a specific 'GREEN' section. Communications are being aligned to any national 'GREEN' event so we can promote with Practices.

Work will be completed by March 2024 on a system Carbon Footprint assessment. This will show the progress that has been made, where we are on our net zero journey. This work is needed to support the trajectory planning needed to ensure we are able to meet the national net zero targets.

The communications leads across the System meet regularly to agree campaigns and responses to national and regional green messaging opportunities.

The Programme Director for Partnerships, Planning and Strategic Estate is working with colleagues in the County Council regarding climate change and climate mitigation. There is a proposal for setting up a Lincolnshire Climate Adaptation Forum which the NHS will be part of.

There are also countywide sustainability discussions the Greater Lincolnshire Strategic Infrastructure Group and the Greater Lincolnshire One Public Estate Board, both of which the NHS is represented by the Programme Director. This work includes energy, waste and EV charging

## System Maturity Assessment

As systems continue to take on greater collaborative responsibility for the delivery of a Net Zero NHS, programme performance issues should be addressed as close to the system as possible. Whilst regional teams will continue to have a role in managing programme development and performance; this responsibility should shift to the system as it matures.

In order to better align the regional Greener programme assurance regime with that of other regional programmes, the Midlands Greener programme will implement a system tiering model in 2024/25.

System programmes will be assessed based on their maturity within 7 domains and 4 criteria. Each domain will be weighted and based on the assessment criteria from each domain, a score will be generated, to divide systems into overall programme maturity tiers, from 1 (Emerging) through to 4 (Thriving).

The maturity assessments will be agreed between the system and the Regional team before the end of the financial year 2023/24 and this will confirm the level of “support” for 2024/25



# Section 4: Planning, delivering and evaluating our service improvement

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- a) Intelligence: Opportunity identification, measurement and evaluation
- b) Our system improvement framework
- c) System governance arrangements

# Intelligence generation and opportunity identification

The Lincolnshire ICS Joined Intelligence Dataset is one of the most advanced in the country. It combines record level, pseudonymised data from across some of our largest primary, secondary and acute care services including hospital, community, mental health, general practice and adult social care data. The dataset continues to be expanded, to include more essential data sources that help our ICS and decision makers to understand the needs, causes, outcomes and disparities of our populations.

Sub-licencing processes have been established so that our ICS partners and GP practices can access joined, pseudonymised data via our Optum Reporting Suite. This expands the analytical capacity we have across our ICS to maximise the value of the dataset and to enable PCNs and practices to investigate cohorts and outcomes within their own populations and act upon the intelligence. Support to access, interpret and utilise the intelligence continues through training programmes and access to skilled analysts.

Intelligence from the Joined Dataset is being used across the ICS at local level to identify opportunities, develop interventions, target support and evaluate outcomes, and at the system level to inform strategy development and major transformation. The ICS analytics community is being supported through a programme of learning and development opportunities, including peer to peer support.

The work is closely aligned with activities across the system including the development of the ICS Digital, Data and Technology Strategy and the development of data and intelligence platforms such as the Lincolnshire Health Intelligence Hub (<https://lhih.org.uk>) and Athena, AGEM's imminent replacement for their GEMIMA system.

Together these activities begin to change the way that the ICS intelligence and analytics community can work together. Opportunities for collaboration are increased through shared priorities and access to a shared, joined dataset, which provides a system view of activity as well as understanding of journeys and outcomes for cohorts of the population and individuals.

The way that analysts work with decision makers is also changing. The joined dataset and technical capabilities allow analysts to directly support decision making processes and discussions, moving understanding on much more quickly than ever before. Opportunities for improvement in outcomes for cohorts of the population can be quickly identified, and understanding of the characteristics and health service behaviours of those cohorts can be provided which can be key in developing interventions and alternative provision to improve outcomes. Cohorts can then be identified in primary care for direct intervention, and the impacts of intervention evaluated.

## Short- and Medium-Term Priorities

- Continued understanding of the joined data that we have, its further development and improvement, and its best use
- Appropriate widening of the ICS Joined Intelligence Dataset.
- Continued onboarding of users.
- Intelligence & analytics workforce development.
- Continued support to end users of data and intelligence to encourage best use through action learning.
- Increasing collaboration across the ICS Intelligence & Analytics capacity.
- Development of new intelligence provision through the software and tools available within Athena
- Continued joint development of the Lincolnshire Health Intelligence Hub <https://lhih.org.uk>

# Developing our system improvement framework

## 1. The driving ambition

Our ability to deliver on the ICS mandate to improve health and care at scale rests to a significant degree on the success of our collaboration.

As health and care services concurrently try to focus on longer term population health ambitions while addressing immediate challenges, we are increasingly thinking of improvement through the lens of system working.

Historically, the majority of improvement efforts have been focused on organisations and the services they provide, concentrated on acute hospital services and reliant on central direction.

Our ambition is to re-balance this thinking and develop Lincolnshire into a dynamic self-improving system that:

- Aligns top-down pressures for improvement relating to strategy, accountability and resource allocation with
  - understanding what matters to people and communities: not only responding to public preferences but also how we engage with people as empowered partners – which is intrinsically linked with the ‘Our Shared Agreement’ work developing a new social contract with Lincolnshire citizens; not only involving individual groups who have a particular need around care, but also looking at whole populations and working with communities to address inequity
  - responsiveness to staff: generating approaches to improvement that are owned by those doing the work – understanding that real change happens in real work
  - Incorporating peer-to peer learning, challenge and support, both within our system and beyond

- Supports the delivery of our big, bold population health improvement goals as well as care delivery; collaborating across all ICS partners to tackle the wider determinants of health and wellbeing; adopting appropriate methods – learning from other sectors e.g. unlocking community power to transform public services
- Reaches the parts of the health and care system that have not previously benefited from investment in improvement capabilities and resources
- Adopts the learning health system concept, which is focused on systematic, intelligence-driven improvement and predicated on the development of high-quality measurement and analytical capability
- Knows itself inside out in terms of understanding: population health needs; capacity and capability; developing a clear understanding of the relationship between investment and outcomes
- Legitimises improvement: achieving a culture shift with the emphasis on commitment not compliance, where improvement is everyone’s business
- Enables stronger collaboration across organisations and more effective scaling of innovation
- Harnesses the power of the collective: making the most of all the resources and the expertise that exists in Lincolnshire, so the sum is greater than the individual parts

# Developing our system improvement framework

## 2. The intended end-product

The Better Lives Lincolnshire Leadership Team has agreed to and is committed to the development of a framework that provides a cohesive approach to improvement, learning and innovation. This will focus on two main elements: creating the conditions for change; delivering transformation.

The emphasis is very much on framework rather than something overly prescriptive: agreeing common language and principles; incorporating a suite of resources and tools that can be best matched to the people involved and the problem that is being tackled; ensuring visibility of all the various support offers.

### Creating the conditions for effective, sustainable improvement

- Creating collective understanding, vision and leadership
  - Co-creating a vision and narrative for change – considering the legacy and learning of previous improvement efforts; Assigning responsibility and building shared ownership for improvement; Building leadership support; Engaging all partners & communities – building relationships
- Aligning operating models to direct and enable improvement
  - Building consensus on what is best done at system level; Aligning resources and priorities; Balancing demand for rapid results & systemic transformation; developing goals and ability to measure progress; redesigning management systems to enable improvement
- Fostering the capability, connections and culture needed to learn and improve
  - Understanding current expertise and assets; Building skills and space; creating collaborative learning structures, networks and communities; ensuring learning is systematic

### Enabling the planning and delivery of changes across the system, to transform care and improve outcomes

- System-wide diagnosis and redesign of pathways
  - Taking a whole population view of needs, inequities & assets; managing system shifts in infrastructure; diagnosing and redesigning end-to-end pathways and service models
- Continuously improving quality and service performance
  - Supporting work by service level teams; Understanding and optimising performance of the system as a whole; adapting roles, ways of working, metrics and linked systems
- Identifying and embedding innovations to meet future needs of the system
  - Understanding the current situation and desired futures; Identifying priority gaps and innovations; testing, experimenting, scaling and embedding innovations

This framework would encompass all assets, support offers and improvement methodologies e.g. Clinical & Care Directorate (leadership, pathway redesign & research & innovation), population health management; health inequalities; personalisation; provider improvement resource

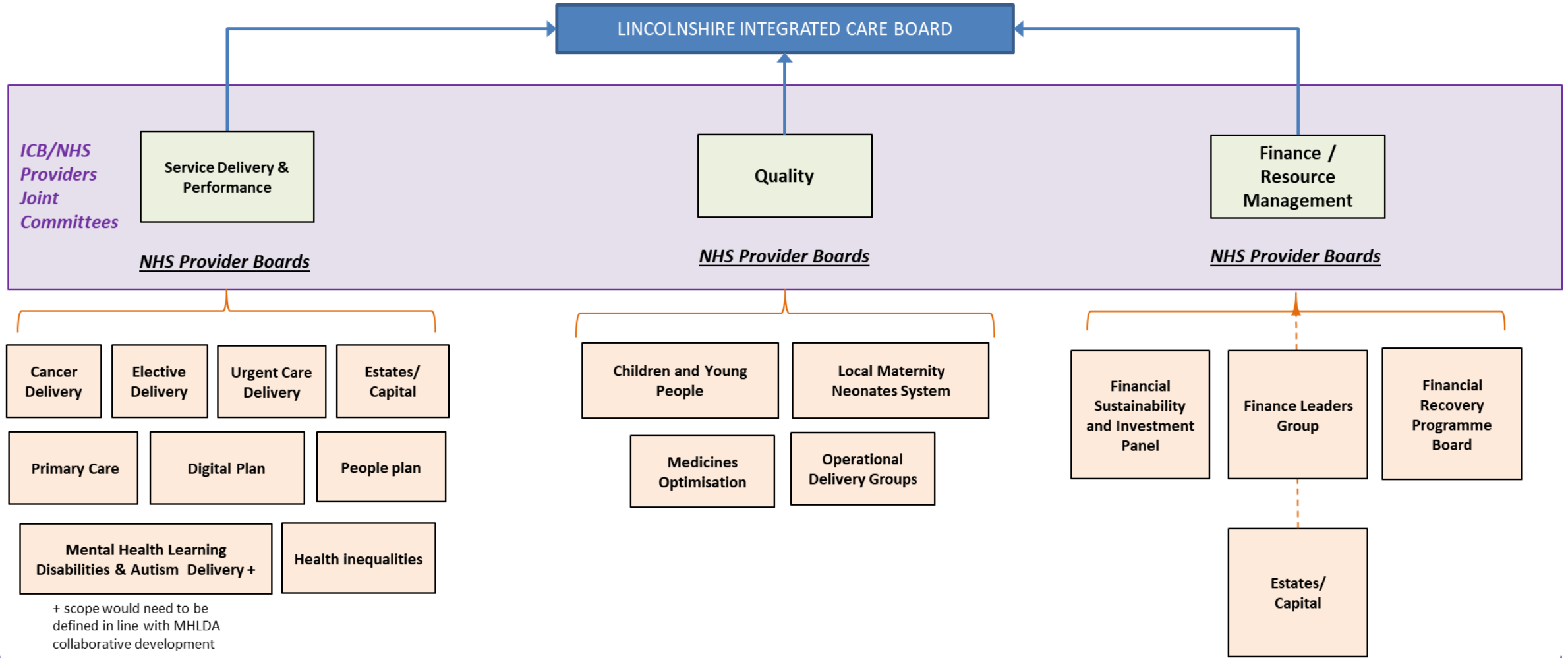
# Developing our system improvement framework

## 3. The approach to making this happen

The headline plan for progressing this work is:

<p>1a) Set up a working group            Building on the QI Strategy working group membership, with representatives from:            Lincolnshire County Council – Adult Social Care and Children’s Services; Lincolnshire Integrated Care Board; United Lincolnshire Hospitals NHS Trust; Lincolnshire Community Health Services NHS Trust; Lincolnshire Partnership NHS Foundation Trust; Lincolnshire Primary Care Network Alliance; Lincolnshire Voluntary Executive Team; Lincolnshire Care Association; University of Lincoln</p>	<p>January - February 2024</p>
<p>1b) Link in with the national support offers i.e. The Health Foundation and the NHS Confederation</p> <p>2) Draft up the framework            Building on and incorporating our work to date (e.g. QI and research Strategy development work; Integrating the LACE/PHM/Personalisation/Health inequalities offers; ADHD project)            Reflecting the outcomes of the <a href="#">NHS IMPACT self-assessment</a> completed by the Lincolnshire NHS Trusts and Lincolnshire County Council (both Adult Social Care and Children’s Services)            - Using <a href="#">the Q framework</a>, incorporating Lincolnshire’s improvement assets &amp; capabilities</p>	<p>February – April 2024</p>
<p>3) Test the framework on two system transformation initiatives            Selection criteria:</p> <ul style="list-style-type: none"> <li>- Involvement of as many ICS partners as possible</li> <li>- Strategic fit: system priority; potential to improve outcomes for key population segments</li> <li>- Likelihood of success; requisite capacity in place</li> <li>- Helpful timescales – still yet to start but scheduled for Q1 2024/25</li> </ul> <p>Proposed initiatives:</p> <ul style="list-style-type: none"> <li>- Children &amp; Young People asthma (Children &amp; Young People programme)</li> <li>- Respiratory (Integrating Specialist Care programme in the Primary Care, Community &amp; Social Value portfolio)</li> </ul>	<p>May 2024 onwards</p>

# Overall system governance & oversight



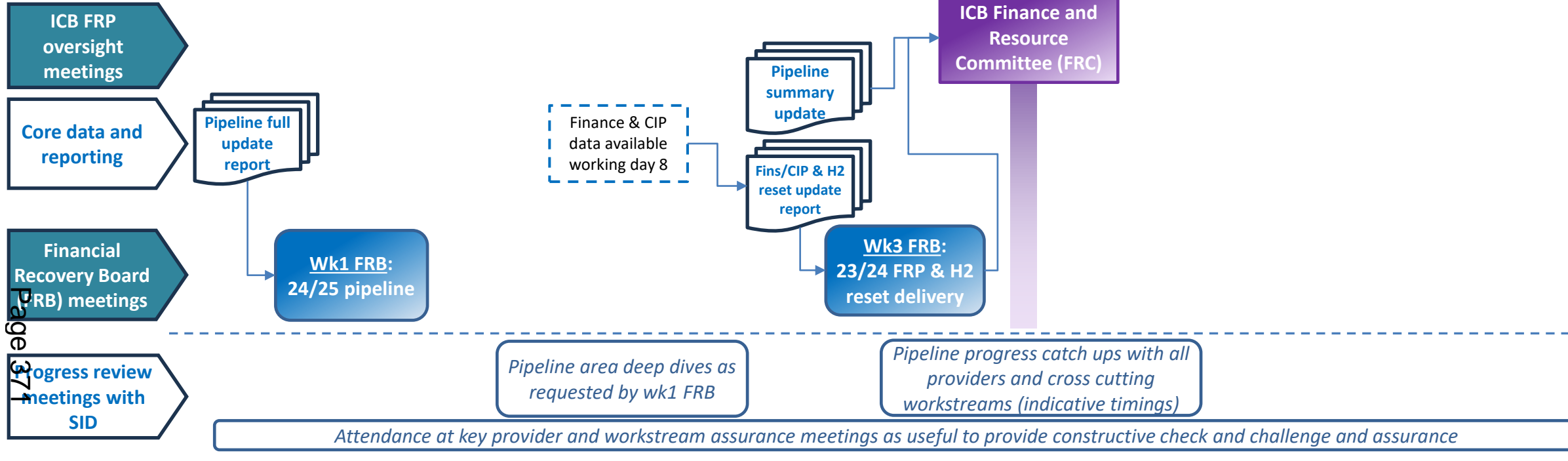
+ scope would need to be defined in line with MHLDA collaborative development

## Monthly reports covering

- Activity & Performance: delivery against the national objectives and other national metrics/LTP commitments (P132-136)
- Workforce: actual v planned trajectories for substantive, bank and agency
- Finance: existing FRP delivery against plan headlines; other key financial headlines: run rate; projected March 2024 position



# Financial Programme Recovery Board meetings: Phase 2



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Attendance at key provider and workstream assurance meetings as useful to provide constructive check and challenge and assurance

## Week 1 FRB agenda and attendees

Area	Commentary
ICB (30 mins)	ICB (30m)
Providers: 1:45hrs	LPFT:30m; LCHS:30m; ULHT:45m
Cross system work streams (1 hr)	To include pipeline workforce & longer term H2 reset actions
Notes	To include break

## Week 3 FRB agenda and attendees

Area	Commentary
ICB (30 mins)	ICB (30m)
Providers: 1:45hrs	LPFT:30m; LCHS:30m; ULHT:45m
Items	To include H2 reset workforce delivery.

Area	Board attendees
ICB	CFO and/or SID; CMO/ CNO; COO or equivalent
Providers	At least two Exec Dirs: CFO, COO; CMO/CNO; CPO; & relevant CIP leads

Area	Board attendees
ICB	CFO and/or SID; CMO/ CNO; COO or equivalent
Providers	At least two Exec Dirs: CFO, COO; CMO/CNO; CPO; & relevant CIP leads

Key FRB agenda items

Core FRB attendees

# Financial Programme Recovery Board meeting approach: Phase 2 Lincolnshire

## Week 1 FRB Pipeline - agenda and attendees

30 mins	ICB	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>Update on FRP scheme delivery;</li> <li>Productivity update;</li> </ul>				
30 mins	LPFT	<ul style="list-style-type: none"> <li>Per Group agenda below</li> </ul>				
30 mins	Workstreams 1	<ul style="list-style-type: none"> <li>Updates on workstream pipeline development progress for 24/25;</li> </ul>				
Break						
30 mins	Workstreams 2	<ul style="list-style-type: none"> <li>Workforce medium long term</li> <li>Focus areas as requested by FRB</li> </ul>				
1 hour 15 mins	Group	<table border="1"> <tr> <td>LCHS</td> <td> <ul style="list-style-type: none"> <li>Key actions update;</li> <li>Pipeline progress updates/phasing;</li> <li>Ideation &amp; delivery approaches;</li> <li>Key opportunity areas (deep dives);</li> <li>Productivity update (key areas);</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul> </td> </tr> <tr> <td>ULHT</td> <td></td> </tr> </table>	LCHS	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>Pipeline progress updates/phasing;</li> <li>Ideation &amp; delivery approaches;</li> <li>Key opportunity areas (deep dives);</li> <li>Productivity update (key areas);</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul>	ULHT	
LCHS	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>Pipeline progress updates/phasing;</li> <li>Ideation &amp; delivery approaches;</li> <li>Key opportunity areas (deep dives);</li> <li>Productivity update (key areas);</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul>					
ULHT						

Organization	Board attendees
ICB	CFO and/or SID; CMO/ CNO; COO or equivalent
Providers	At least two Executive Directors: CFO, COO; CMO/CNO; CPO; & relevant CIP leads

## Week 3 FRB H2 reset and pipeline - agenda and attendees

30 mins	ICB	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>H2 reset actions and delivery update;</li> </ul>			
30 mins	LPFT	<ul style="list-style-type: none"> <li>Per Group agenda below</li> </ul>			
30 mins	Workstreams	<ul style="list-style-type: none"> <li>Workforce short term controls (H2 reset);</li> <li>Exception reporting for Workstream updates with 23/24 FRP impact;</li> </ul>			
Break					
1 hour	Group	<table border="1"> <tr> <td>LCHS</td> <td rowspan="2"> <ul style="list-style-type: none"> <li>Key actions update;</li> <li>H2 reset actions and delivery update</li> <li>Delivery progress on full year FRP CIPs</li> <li>Getting to recurrent run-rate impact of 24/25 schemes</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul> </td> </tr> <tr> <td>ULHT</td> </tr> </table>	LCHS	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>H2 reset actions and delivery update</li> <li>Delivery progress on full year FRP CIPs</li> <li>Getting to recurrent run-rate impact of 24/25 schemes</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul>	ULHT
LCHS	<ul style="list-style-type: none"> <li>Key actions update;</li> <li>H2 reset actions and delivery update</li> <li>Delivery progress on full year FRP CIPs</li> <li>Getting to recurrent run-rate impact of 24/25 schemes</li> <li>AOB</li> <li><i>Outcome: FRB requests for further assurance.</i></li> </ul>				
ULHT					

Organization	Board attendees
ICB	CFO and/or SID; CMO/ CNO; COO or equivalent
Providers	At least two Executive Directors: CFO, COO; CMO/CNO; CPO; & relevant CIP leads

**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Professor Derek Ward, Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>Healthy Weight Priority Annual Update</b>

**Summary:**

This report provides an update on how Lincolnshire is addressing the challenge of high overweight and obesity levels in the county. At the population level, levels of healthy and unhealthy weight are the product of a complex system of interacting influences, encompassing individual and group behaviours, the food environment, social and cultural norms, industry, the workplace, and the built environment. Many organisations in Lincolnshire can influence levels of healthy weight, but none can directly control this. Lincolnshire has therefore adopted the national strategy and modelled a 'whole system approach', bringing together a range of partners to work together to address and improve these influencing factors. The Healthy Weight Delivery Plan (Appendix A) provides more detail on the range of activities that link to the healthy weight agenda.

This paper focuses on three key areas:

- 1) The progress and impact of the Integrated Lifestyle Service (ILS), the main provider of adult weight management support, due to be recommissioned in 2025.
- 2) Healthy weight in children, identified as a key priority by the Healthy Weight Partnership: the activities, reach and impact of the child and family weight management service, Gloji Energy (GE), as well as the Holiday Activities and Food (HAF) programme.
- 3) The development of the Healthy Weight Partnership and establishment of the Healthy Weight Operational Partnership, which shape the strategic direction and support the implementation of the healthy weight agendas respectively.

This paper highlights chief successes and challenges over the last year.

**Actions Required:**

The contents of the report be noted, and partners continue to work together to contribute to delivering solutions to the challenges raised.

## **1. Background**

Excess weight and obesity remain significant public health problems both nationally and locally, being directly associated with serious illnesses, such as Type 2 diabetes, heart disease and some cancers. Obesity and overweight are also associated with musculoskeletal and mental health problems.

In Lincolnshire, more than seven out of ten adults are currently overweight or obese, which is significantly worse than the national average. By year 6, over 37% of local school-children are overweight or obese. This is similar to the national average but shows a worsening trend. There is a clear relationship between childhood obesity and deprivation. National data (to which the local picture is likely to be very similar) shows that obesity in year 6 increases from 13.1% in the most affluent communities to over 30% in the least. The increase in prevalence of severe obesity, defined as a weight at or above the 99.6<sup>th</sup> centile in the British 1990 Growth Reference Charts, is even steeper for this age group with the most deprived children being 4 ½ times as likely to be severely obese as the least deprived.

### **1.1 Successes**

#### **Healthy Weight Networks**

The Healthy Weight Partnership (HWP) was revived (having previously existed prior to Covid) in Feb 2023. The partnership brings together strategic level actors across key organisations including Public Health, Integrated Care Board, Primary Care, schools, the VCS, Children's Services and district councils. One of the first actions from the HWP was to establish a similar network to support joint working on this agenda at an operational level. The Healthy Weight Operational Partnership (HWOP) began meeting in summer 2023. Term of reference are attached as an appendix. The HWOP provides a valuable forum through which to share knowledge, expertise and resources, with members having identified a number of ways, for example the joint delivery of training and the coordination of health promotion campaigns, to work together. The group has also explored key gaps within existing healthy weight provision and discussed ways in which to address these.

#### **The Integrated Lifestyle Service**

One You Lincolnshire (OYL) continues to deliver a range of high-quality weight management services that adopt a holistic approach to wellbeing in order to ensure sustainable, long-term behaviour change. In 2023, 4050 adults with a BMI of 30+ received support in the core 12 week weight management programme. 61% of these participants lost 3% of their body weight and 42% lost at least 5%. This surpasses the targets set out in guidance from the National Institute of Health and Care Excellence (NICE) and shows continuous improvement over the lifespan of the service. The advantage of the integrated approach is indicated by the fact that a further 140 clients not enrolled on the weight management pathway lost at least 5% of their body weight. 2023 saw a new approach to targeted partnership working in an area of deprivation between OYL, Primary Care and the Integrated Care Board. Eligible patients were texted via the GP obesity register and invited to a drop-in. The first event far exceeded expectations, attracting 120 attendees, with 94 signing up to the service. Plans are underway to replicate this approach with other GP practices.

#### **Child and Family Weight Management Service: 'Gloji Energy' (GE)**

Participation in Gloji Energy, delivered by One You Lincolnshire, has continued to gather momentum and it is expected that growth will accelerate in 2024. Outcomes compare very favourably with services in other places, with 64% of families (70 children) completing the 12 week programme and 76% of these reducing their BMI score. In addition, the healthy lifestyles pathway of GE, for which eligibility depends on

deprivation and broader lifestyle, social and emotional needs rather than weight status, saw significant improvements in 68 children's diets, physical activity levels and overall wellbeing. This is particularly positive as many of the families, over 90% of whom live in the most deprived communities, have significant, complex needs. Establishing a strong, positive relationship with the National Child Measurement Programme (NCMP) has been very beneficial by enabling OYL to contact families directly in order to engage parents and recruit into GE.

### **Holiday Activities and Food Programme (HAF)**

The Holiday Activities and Food Programme (HAF) began during the COVID-19 pandemic but continues to be a significant support to children and families, increasing physical activities and providing nutritious, healthy food during school holidays. Whilst the HAF programme does not have explicit goals around weight management, healthy eating and physical activity are core components of the programme. HAF is able to reach large numbers of children and has significant potential to address inequalities as it is targeted at areas of higher socioeconomic deprivation, where the risk of overweight and obesity is higher. Over 2023 there were 12,000 attendances at HAF activities. Although HAF is principally funded by central government, the local programme has been extensively enhanced through partnerships with the private, public and voluntary sector organisations, many of whom have supplied funding, resources and equipment that has increased the range of activities and support on offer. Notable examples include joint training, learning and networking events with Active Lincolnshire, funding from Branston Ltd for the delivery of GoGro interactive cookery sessions as well as the donation of recipe cards and 5000 water bottles and the delivery of training to HAF providers along with the supply of oral health packs from the Community Dental Service. A full list of HAF's partnerships is available at Appendix B.

## **1.2 Challenges and Solution**

### **Reaching deprived communities**

Engaging the most deprived and underserved populations remains a challenge, both nationally and locally, across adult and children's weight management services. As rates of overweight and obesity are higher in these populations, interventions need to be targeted at these groups to ensure inequalities are reduced, rather than increased.

#### *Potential solutions*

The recommissioning of the Integrated Lifestyle Service provides an opportunity to consider the extent to which services should be targeted and geographically located to ensure they are accessible and acceptable to those most in need. Likewise, the 'weighting' of outcome measures to incentivise delivery in the most disadvantaged communities should be explored.

Increased emphasis on community engagement approaches and seeking opportunities for localised co-production with respect to service design, promotion and delivery methods may also be beneficial.

### **Exit Strategies and signposting**

Whilst the two healthy weight partnership networks have provided better opportunities to effectively link services, there is still a danger of service users facing a steep 'cliff edge' when interventions end. This can result in the benefits of weight management programmes being diminished or lost.

#### *Potential Solutions*

The aim must always be to sustain positive behaviour change outcomes, and that can be achieved through lowering the barriers that people experience to making these changes permanent. One approach is to ensure lifestyle changes are as easy and enjoyable as possible - whether through natural daily elements

such as a well-designed active and inclusive environment – including safe, active travel of walking and cycling to school and college or utilising mainstream resources such as the Activity Finder. Resources such as Connect to Support are important to facilitate signposting following participation in a service. There are opportunities for cross sector partnerships through the Let’s Move Lincolnshire strategy, and opportunities to align cross sector investment opportunities through Levelling Up and Greater Lincolnshire. The partnership will explore whether a more structured system of transitional support, for example the increased use of subsidised leisure passes, may be beneficial in order to maintain positive behaviour change in the longer term, especially amongst the most deprived communities.

Increasing awareness of the local food environment would enable service users to be directed to accessible, affordable or even free sources of healthy food, such as community groceries, community cafes or growing projects and cooking clubs.

### **Opportunities for expanding service provision**

Further work will be conducted to explore potential gaps in Lincolnshire’s service provision for supporting adults & children to maintain a healthy weight. The Healthy Weight Operational Partnership has identified opportunities for further work to understand current service provision and identify opportunities for expanding support for antenatal weight management, breastfeeding support and support for children and families aged 0-5, and children and young people aged 0 to 18.

Lincolnshire’s Integrated Care Board will commence work on evaluating need and provision for tier 3 & 4 specialist weight management services in Lincolnshire from Quarter 1 2024/25.

## **2. Conclusion**

Healthy weight at all ages is vital to a happy, thriving population, economy and sustainable NHS. This paper has focussed on three principal aspects of supporting healthy weight in Lincolnshire. It is clear that the challenges that face the county in terms of helping its population of all ages achieve, enjoy and sustain a healthy weight are significant, and often outside of the direct control of partner agencies. The Healthy Weight Partnership is leading in making this whole-system, multi-agency approach effective and welcomes continued cross sector consideration, support and investment in this important area. This work remains an important component of an overall Lincolnshire-wide approach to preventing ill-health, reducing demand and increasing the overall wellbeing of Lincolnshire’s population.

## **3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy**

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The healthy weight agenda and weight management and healthy lifestyle services directly address the issues raised in the JSNA and support the JLHWS to effectively implement the Healthy Weight priority.
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## **4. Consultation**

Not applicable.



## 5. Appendices

These are listed below and attached at the back of the report	
Appendix A	Healthy Weight Priority Delivery Plan 2024-25
Appendix B	Healthy Weight Operational Partnership Terms of Reference
Appendix C	Holiday Activity Fund HWP Update Briefing: Partnerships, Successes, Challenges, Solutions

## 6. Background Papers

These are listed below and attached at the back of the report	
UK National Strategy for Obesity	<a href="https://www.gov.uk/government/strategies/tackling-obesity">Tackling obesity: government strategy - GOV.UK (www.gov.uk)</a>
JSNA Healthy Weight	<a href="https://lhih.org.uk/healthy-weight">Healthy Weight - Lincolnshire Health Intelligence Hub (lhih.org.uk)</a>
Joint Health and Wellbeing Strategy	<a href="https://lhih.org.uk/joint-health-and-wellbeing-strategy">Joint health and wellbeing strategy (lhih.org.uk)</a>
Better Lives Lincolnshire, Integrated Care Partnership Strategy	<a href="https://lincolnshire.icb.nhs.uk/documents/strategies-and-plans/integrated-care-partnership-strategy/integrated-care-partnership-strategy-january-2023/?layout=default">lincolnshire.icb.nhs.uk/documents/strategies-and-plans/integrated-care-partnership-strategy/integrated-care-partnership-strategy-january-2023/?layout=default</a>

This report was written by Sarah Chaudhary, who can be contacted on [sarah.chaudhary@lincolnshire.gov.uk](mailto:sarah.chaudhary@lincolnshire.gov.uk).

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# Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
<b>System Enablers</b>						
1	<p><b>Healthy Weight Partnership</b></p> <p>Support system wide collaboration to maximise healthy weight in adults and children through the establishment of the Healthy Weight Partnership at senior and operational officer levels.</p>	<ul style="list-style-type: none"> <li>Group membership adds value to individual service activities</li> <li>Members value the group</li> <li>Profile of healthy weight agenda is raised</li> </ul>	Joint Health and Wellbeing Strategy	All members	Lincolnshire County Council	Cllr. Sue Woolley (LCC), SRO, Andy Fox, Public Health LCC
2	<p><b>Healthy Weight Partnership Operational Group</b></p> <p>Support operational level collaboration and ensure</p>	<ul style="list-style-type: none"> <li>Membership adds value to individual service activities; members value the group</li> <li>Increased awareness of different workstreams across the system</li> </ul>	Joint Health and Wellbeing Strategy	All members	Lincolnshire County Council	Sarah Chaudhary

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	alignment of programmes in order to maximise outcomes around adults' and children's healthy weights	<ul style="list-style-type: none"> <li>• Support one another to achieve operational goals, learn what works and overcome barriers</li> <li>• Work together on projects and try new approaches</li> </ul>				
3	<p><b>Active Lincolnshire</b></p> <p>Promote use of Let's Move Lincolnshire Activity Finder across all strands of the Healthy Weight partnership priority areas, providing signposting into physical activity options.</p> <p>Promote 'Street Tag' (digital intervention) in areas of low healthy weight, for adults and children.</p> <p>Support School Games organisers and wider</p>	<ul style="list-style-type: none"> <li>• Signposting to Let's Move Lincolnshire Activity Finder, (including use of widget) via: <ul style="list-style-type: none"> <li>- Primary Care</li> <li>- NHS Healthchecks</li> <li>- OYL &amp; Gloji</li> <li>- HAF</li> <li>- Family Hubs/Children's Centres</li> </ul> </li> <li>• Use of healthy weight data/insight to inform decision making around physical activity interventions and investment</li> <li>• Improved range of targeted sport and physical activity programmes</li> </ul>	<p>Joint Health and Wellbeing Strategy</p> <p>Let's Move Lincolnshire Strategy</p>	<p>HAF, Street Tag, Schools, Primary Care Networks, NHS Lincs ICB, One You Lincolnshire, Better Births</p>	Active Lincolnshire	Gemma Skaley, Head of Development, Active Lincolnshire

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	education network to provide relevant and meaningful physical activities based on healthy weight data and insight.	<ul style="list-style-type: none"> <li>• More intergenerational opportunities and CYP specific activities listed on the Let's Move Lincolnshire Activity Finder</li> <li>• Increased regular participation by target audiences</li> <li>• Increased connections between the healthy weight agenda, physical activity and the physical activity sector</li> </ul>				
<b>Start Well</b>						
1	<p><b>Ante Natal Education Team</b></p> <p>The new antenatal education team will work face to face with families – including offering</p>	<ul style="list-style-type: none"> <li>• Numbers of families supported, particularly targeting health inequalities</li> </ul>	Lincolnshire Midwifery and Neonatal System	Lincolnshire County Council, Children's Services	Lincolnshire County Council	Nicky Myers (Head of Service)

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	support around healthy eating and healthy weight					
2	<p><b>Infant Feeding Strategy</b></p> <p>Develop infant feeding strategy to include all relevant agencies, to improve breastfeeding rates. Evidence suggests a direct correlation between breastfeeding and healthy weight.</p>	<ul style="list-style-type: none"> <li>• Maternal satisfaction with breastfeeding support</li> <li>• Breast feeding rate improves, especially in relation to health inequalities</li> </ul>	Lincolnshire Midwifery and Neonatal System	Lincolnshire County Council, Children's Services	Lincolnshire County Council	Nicky Myers (Head of Service)
3	<p><b>Gloji Energy, One You Lincolnshire</b></p> <p>Deliver Gloji Energy, Lincolnshire's two-year child weight management pilot programme</p> <p>Evaluation of the pilot</p>	<ul style="list-style-type: none"> <li>• Reduction or stabilisation of participating children's BMI scores</li> <li>• Families complete the programme</li> <li>• Target schools are engaged</li> <li>• Referral pathway from NCMP works</li> <li>• Feedback on service take up to NCMP</li> <li>• Positive child and family feedback</li> </ul>	<p>Joint Health and Wellbeing Strategy</p> <p>ICP Interim Strategy 2023</p>	One You Lincolnshire	<p>Provider: Thrive Tribe</p> <p>Commissioner: LCC Public Health</p>	<p>Sarah Chaudhary, LCC</p> <p>(SRO, Andy Fox, LCC)</p>



## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
		<ul style="list-style-type: none"> <li>Referrals from appropriate health and education professionals</li> </ul>				
4	<p><b>National Child Measurement Programme</b></p> <p>NCMP is a nationally mandated public health programme that provides data for the Public Health Outcome Framework.</p> <p>Children in Reception and Year 6 are weighed. Results are sent to all parents and all schools. The local NCMP works closely with Gloji Energy including sharing data to allow Gloji to contact all children identified overweight</p>	<ul style="list-style-type: none"> <li>Parents consent to inclusion</li> <li>Effective partnership with Gloji including referrals</li> <li>Co-production of letters with families</li> </ul>	Joint Health and Wellbeing Strategy	Lincolnshire County Council 0-19s team	Lincolnshire County Council	Lynn Wilkinson (LCC Lead Nurse)

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
5	<p><b>Health Visitors</b></p> <p>Provide ante-natal support around diet, nutrition and healthy lifestyles to parents as well as help with breastfeeding and weaning. Babies are weighed and measured and parents given appropriate advice depending on the results. The school-aged service offers advice and signposting</p>	<ul style="list-style-type: none"> <li>Numbers of families supported, particularly in relation to health inequalities</li> </ul>	Lincolnshire Midwifery and Neonatal System	Lincolnshire County Council 0-19s team	Lincolnshire County Council	Lynn Wilkinson (LCC Lead Nurse)
6	<p><b>Holiday Activities and Food programme</b></p> <p>Continue to deliver a high-quality Holiday Activity and Food programme. Funded by government</p>	<ul style="list-style-type: none"> <li>Numbers receiving healthy and nutritious meals</li> <li>Numbers maintaining a healthy level of physical activity</li> </ul>	Joint Health and Wellbeing Strategy	Children's Services – Holiday Activities and Food	Lincolnshire County Council	Geraldine O'Neill (Sustainability and Development Manager)

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	<p>until March 2025 to deliver free holiday clubs during the Easter, summer and Christmas holidays.</p> <p>Benefits-related free school meal children from reception to Year 11 (primary and secondary aged children)</p>	<ul style="list-style-type: none"> <li>• Being happy, having fun and meeting new friends</li> <li>• Developing a greater understanding of food, nutrition and other health-related issues</li> <li>• Taking part in fun and engaging activities that support their development</li> <li>• Feeling safe and secure</li> <li>• Getting access to the right support services</li> <li>• Returning to school feeling engaged and ready to learn.</li> <li>• Regional and national recognition for achievements</li> </ul>		Project Team		
7	<p><b>Food Education Team</b></p> <p>support nurseries, schools and families around high quality healthy food provision and food education via traded service and ongoing</p>	<ul style="list-style-type: none"> <li>• Schools offering better quality and more nutritious School Food Standards compliant food</li> <li>• School staff, families and children have improved understanding of a balanced</li> </ul>	Joint Health and Wellbeing Strategy	Food Education Team	Food Education Team, Childrens Services, LCC	Alison Coates/Hannah M Clark – Project Officers

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	project work in collaboration with Public Health and Early Years e.g. Defeat the Sweet, Early Years Food and Oral Health Project, Whole School Approach.	<p>diet and a greater awareness of how this impacts on health</p> <ul style="list-style-type: none"> <li>• Positive feedback from schools</li> <li>• Evaluation and outcomes of project work</li> <li>• Requests for peer support from other LAs</li> </ul>				
<b>Live Well and Age Well</b>						
1	<p><b>One You Lincolnshire</b></p> <p>Improve Primary Care referrals and signposting, especially following NHS Health checks through development of OYL Primary Care Champions and streamlining digital pathways.</p>	<ul style="list-style-type: none"> <li>• Referrals and signposting via Primary Care</li> <li>• New digital pathway following NHS Health check</li> <li>• Referrals from: <ul style="list-style-type: none"> <li>- Obesity Register</li> <li>- NHS Health checks</li> <li>- National Diabetes Prevention Programme</li> <li>- NHS SMI Health check</li> <li>- NHS LD Health check</li> </ul> </li> </ul>	Joint Health and wellbeing strategy	One You Lincolnshire	Thrive Tribe	Alison Jackson, Thrive Tribe

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
2	<p><b>One You Lincolnshire</b></p> <p>Continue to deliver a programme of adult healthy weight management options</p>	<ul style="list-style-type: none"> <li>• Weight management targets are met</li> <li>• Health inequalities are addressed</li> <li>• Positive preventative outcomes are achieved: adults engaging with the service improve their healthy weight, drink less and move more</li> <li>• High levels of satisfaction</li> <li>• High levels of sustaining outcomes</li> </ul>	Joint health and wellbeing strategy	One You Lincolnshire	Thrive Tribe	Dan Rogers, Thrive Tribe
3	<p><b>National Diabetes Prevention Programme</b></p> <p>Continue to deliver a face-to-face, group based programme, plus a tailored remote service for specialist groups and digital service.</p>	<ul style="list-style-type: none"> <li>• Programme uptake and retention</li> <li>• Blood glucose level reduction</li> <li>• Patient weight reduction</li> <li>• Increased referrals to the programme as a result of: <ul style="list-style-type: none"> <li>- Primary / Secondary Care invitation.</li> <li>- Patient self-referral, informed by the NHS App</li> </ul> </li> </ul>	Joint Health and Wellbeing Strategy	Xyla Health & Wellbeing	NHS Lincs ICB	Lisa Marsters, Senior Engagement Lead – Lincolnshire, Xyla Health and Wellbeing

## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
	<p>Update and upskill colleagues in Primary and Secondary Care on referral criteria, programme format and how to have those difficult conversations.</p> <p>Raise awareness to patient groups of benefits of participation.</p>	<ul style="list-style-type: none"> <li>- NHS Health checks</li> <li>- Initiatives to address health inequalities</li> <li>- Long term reduction in rates of Gestational Diabetes</li> </ul> <ul style="list-style-type: none"> <li>• Patient and carer satisfaction</li> <li>• Pro-active management of waiting times</li> </ul>				Philippa Brown, Project Officer - LICB
4	<p><b>NHS Health Check programme</b></p> <p>Deliver the NHS Health Check programme, by inviting eligible people, promoting uptake and supporting positive behaviour change such as weight management interventions.</p>	<ul style="list-style-type: none"> <li>• Eligible people invited for an NHS Health Check</li> <li>• People taking up their offer of an NHS Health Check</li> <li>• People taking up the offer of appropriate behaviour change services following their NHS Health Check, e.g. weight management interventions</li> </ul>	<p>Joint Health and Wellbeing Strategy for Lincolnshire</p> <p>Better Lives Lincolnshire Integrated Care Partnership Strategy</p>	<p>GP (invite and provide NHS Health Checks)</p> <p>One You Lincolnshire provide services to support people with</p>	Lincolnshire County Council	<p>Andy Fox – SRO</p> <p>Emma Marshall – Programme Manager</p>



## Healthy Weight Priority Delivery Plan 2023-4 v0.06 18/1/24

	Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
				behaviour change. NHS Digital		

Date	Version Control	Notes	Author
12/05/23	V0.01	Draft delivery plan for 23-24 as submitted with JHWS HW Priority Assurance Report	EK
31/05/23	V0.02	To be refined by operational officer group of the HWP	Sarah C and members
15/6/23		To be discussed and refined further by HWP	AF/ EK
08/01/24		To be sent out to JHWS Healthy Weight Partnership and Healthy Weight Operational Partnership for updates and amendments. To be sent to Lynne Wilkinson and Nicky Myers for input on breastfeeding / 0-19s/ family hubs	SC
16/01/24		Finalised draft – all contributors have been contacted to check & amend entries	SC
18/1/24	V0.06	Checked and tidied	EK

DRAFT

# Appendix B

## Lincolnshire Healthy Weight Operational Partnership Draft Terms of Reference

### 1. Context

- Under the Health and Social Care Act (2012), the [Lincolnshire Health and Wellbeing Board](#) is required to prepare and publish a [Joint Health and Wellbeing Strategy](#) (JHWS). Lincolnshire's JHWS was agreed by the Board in 2018
- One of the seven JHWS priorities is 'Healthy Weight' covering the life course, including both childhood and adult obesity.
- The Lincolnshire Healthy Weight Partnership (HWP) has been set up by the Board to provide system leadership in tackling the issues and improving health and wellbeing outcomes associated with healthy weight in Lincolnshire. The HWP has identified the need for a county-wide healthy weight operational partnership (HWOP) to oversee the effective implementation of healthy weight interventions and to ensure a joined-up approach to service delivery

### 2. Purpose

The HWOP will encourage a whole-system approach and will support the effective implementation of services that promote healthy weight through:

- Sharing information about existing and future services
- Sharing process learning about 'what works' and why, and providing a space for reflection on what has not worked well.
- Sharing tools and resources that can be used across different services (for example, forms, systems, procedures)
- Identifying opportunities to work together to develop new or enhance existing interventions
- Identify opportunities for joint training, funding applications etc
- Identifying opportunities for community engagement activities and joint communications around key messages
- Identifying gaps in service delivery, knowledge and evidence
- Sharing national guidance, evidence, and local insight
- Ensuring services are aligned in ways that reinforce positive outcomes for service users
- Feeding into the HWP to ensure strategic-level awareness of and support for challenges and issues around the implementation of healthy weight interventions

### **3. Objectives**

- to support the implementation of the HWP's healthy weight delivery plan
- To support the people of Lincolnshire to achieve and maintain a healthy weight through improving diets and increasing physical activity levels across the life course

### **4. Membership** – the core membership should comprise the following, however, the list is indicative and may change over time:

- LCC, Public Health
- Active Lincolnshire
- One You Lincolnshire
- District Council representative
- NHS Primary Care
- Xyla Health (Diabetes Prevention Programme)
- NHS Acute Care
- LCC, HAF
- LCC, Food Education Team
- LCC, 0-19s service / NCMP team

### **5. Governance and Accountability**

- The Partnership is accountable to the HWP. Updates from the previous HWOP meeting will be provided to the HWP prior to its quarterly meetings.

### **6. Frequency of Meetings** – meetings will initially take place every two months, however, this will be subject to review by the core members.

# Appendix C



## Lincolnshire Holiday Activity Fund – Briefing for Healthy Weight Partnership Update to Joint Health and Wellbeing Board (March 2024)


### Successes, Challenges and Potential Solutions for 2023-24

#### 1. Increased CYP attendance

	Primary	Secondary	Total
Winter 2022	2881	547	3428
Easter 2023	3490	577	4067
Summer 2023	3781	722	4503

#### 2. Partnerships

	Activity/Resource
<b>Active Lincolnshire</b>	<p><u>Together Fund:</u> Supported Early Years HAF Providers to be trained to deliver inclusive physical activity. Plus the supply of sport equipment.</p> <p><u>HAF Events:</u> Match funded two HAF events where providers have opportunities to upskill, network and share best practice.</p> <p>Active Lincolnshire provide support and connections to wider networks.</p>
<b>Asda Foundation</b>	<p>Asda Lincolnshire Community Champions visited some of our clubs to deliver sessions on waste food and the impact of the environment, healthy eating and mental health wellbeing.</p> <p>Asda provided funding to purchase selfcare items to CYP.</p>
<b>Bikeability</b>	78 CYP accessed Bikeability during Easter 2023 to improve their skills and confidence with safely riding bikes.
<b>Branston Ltd</b>	Funded GoGro to deliver many interactive cooking sessions across the county for CYP. Supplied recipe cards for Easter and Summer 2023 and 5000 water bottles for Winter 2023.
<b>Community Dental Services</b>	<p>Supplied oral health resources on good oral health which were distributed to families.</p> <p>Trained HAF Providers on the promotion of good oral health during the training series prior to delivery.</p>
<b>Golfway</b>	Donated Golfway equipment for providers to utilise for their CYP.
<b>GoGro</b>	Funded by Branston Ltd and delivered many interactive cookery sessions across the county, educating CYP on how to cook healthy potato dishes whilst teaching basic cookery skills.
<b>Lincolnshire Co-op</b>  Lincolnshire Coop Evaluation Summer H.	Supplied £8,680 vouchers to purchase fruit and vegetables which the HAF team distributed across all HAF providers to contribute to healthy eating and healthy lifestyles activities.
<b>Lincolnshire FA</b>  Lincolnshire FA and HAF Article.pdf	Opportunities for young people enrolled on the Lincolnshire Lionesses Leadership programme to attend HAF clubs and coach CYP whilst improving their skills, knowledge and understanding of female sports development in Lincolnshire and to be role models to other females.
<b>Morrisons</b>	Donated vouchers to some of our providers to purchase breakfast items in Grantham, Lincoln, and Louth.

<b>PING</b>	Donation of PING caps for Golf Equipment to the value of £16,000
<b>Public Health</b>	Provided funding for dental packs which were supplied to HAF Providers to distribute to their HAF CYP to promote brushing teeth in support of the dental crisis in Lincolnshire.
<b>Riseholme College</b>	Supplied Education Officers and their 3G pitch, teaching kitchen and animal unit as part of a HAF trip for Lincoln City Foundation CYP to Riseholme College in Summer 2023. GoGro delivered the interactive cooking masterclass during the session.
<b>The Golf Foundation</b>  Golf Case Study 2023 Final.pdf	Initially supported with delivering golf sessions at 3 venues in Gainsborough. 72 CYP were introduced to golf including 36 girls and 12 CYP from ethnically diverse backgrounds. Match funded with LCC £2500 to purchase golf equipment. Trained 11 providers to deliver golf sessions to CYP. Supported with developing new networks.
<b>The National Literacy Trust</b>	Delivered 2 author sessions and donated £10,000 worth of fiction/non-fiction books.
<b>University of Lincoln</b>	Sport undergraduate students volunteered at Lincoln City Foundation to provide work experience opportunities and add to the workforce available at the HAF club.
<b>Gloji</b>	A plan of action to work together in 2024 to link HAF providers to the 'Healthy Lifestyles Pathway'.

### 3 Key challenges:

- CYP no-shows
- Increase in demand for SEND spaces
- Increase in demand for non-FSM eligible access to HAF

### 4 Your ideas and solutions to any barriers to success:

- Lack of understanding around CYP's health and wellbeing.
- Lack of joint up approach.

### 5 Ways in which the Health and Wellbeing Board could support your work around healthy weight:

- Educating organisations/Local Authorities on risk factors to obesity and promoting healthy weights.
- Making food standards mandatory in Early Years settings.
- Educating parents about healthy weight, food, and nutrition.
- Linking us to partners within this sector to support HAF.
- Joint up working with health teams such as FHW's and HV's to bridge the gap after support end (when the child starts attending reception).





**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Active Lincolnshire and the Let's Move Lincolnshire Strategy

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>Physical Activity</b>

**Summary:**

This report is an annual update to the HWB focussing on opportunities, challenges and successes to date in our shared commitment to tackle the challenge of inactivity facing Lincolnshire. Let's Move Lincolnshire is the countywide strategy and provides a framework for a whole systems approach. Future opportunities are based in place-based working and reconsidering and reinventing the physical activity sector offer, within public leisure and building a more resilient workforce focused on prevention agenda to support the health and wellbeing needs of our population.

**Actions Required:**

The Health and Wellbeing Board is asked to:

1. Support a place-based approach to physical activity work through a prevention model related to health outcomes to realise future investment opportunities.
2. Consider what capacity and capabilities across the ICP can be levered to support this approach.
3. Note the contents of this report and continue to recognise the Let's Move Lincolnshire taskforce as being the leader and facilitator of the system wide approach to physical activity.

## 1. Background

The Let's Move Lincolnshire strategy for physical activity identifies six key themes that require commitment from across the system to enable more active lives. There is a proven link between physical inactivity and increased rates of multiple long term health conditions especially in adults over 50. In 2018 physical inactivity placed a £257m burden on Lincolnshire's health and care system. The strategy focuses on tackling the inequalities that exist in accessing options to be active. Inactivity is more prevalent in lower socio-economic groups, people with long term health conditions, those with disabilities, women and girls, minority ethnic communities, LGBTQ+ people, and adults over the age of 55. More resource and focus must be targeted at those who face greater challenges to participation. The greatest health benefits come from inactive people being moderately active.

The latest Active Lives data shows 190,000 people in Lincolnshire are inactive.

Tackling the inequalities that exist in sport and physical activity

## LET'S MOVE LINCOLNSHIRE STRATEGY – 6 THEMES

 <p><b>Recover and Reinvent</b></p> <p>Providing the physical activity and sport sector with support for a strong sustainable recovery. <u>Reinventing itself to meet the needs of our diverse communities.</u></p>	 <p><b>Connecting with Health</b></p> <p>Supporting <u>health and care system partners to embed physical activity</u> messaging, conversations and signposting across all relevant touch points.</p>	 <p><b>Connected Communities</b></p> <p>Using physical activity and sport's ability to <u>make better places to live by building on local strengths and assets,</u> empowering residents to identify and lead change.</p>	 <p><b>Children &amp; Young People</b></p> <p>Addressing the policies, infrastructure and environments that have a negative impact on children and young people's ability to access opportunities to be active.</p>	 <p><b>Active Environments</b></p> <p>Addressing the significant challenges across Lincolnshire for <u>residents to access the spaces around them</u> including built facility and public realm and supporting Active Travel.</p>	 <p><b>Agile Systems</b></p> <p>Enabling stakeholder networks to work closely and flexibly, sharing data and conceiving ideas, that enable problem solving, and break down barriers.</p>
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The Let's Move Lincolnshire taskforce is Chaired by Ian Fytche, CEO of NKDC. The taskforce is administered and coordinated by Active Lincolnshire. Members represent a wide range of organisations and stakeholders and will have oversight on progress of this system wide approach.

Challenges and barriers	Opportunities and solutions
<b>STRATEGY AND LEADERSHIP</b>	
<p>Need for further capacity to support the sector through leadership and envision how we create greater impact, genuinely committing to shared outcomes and most effective use of resource.</p>	<p>Understand where existing resource can be directed to support the work (i.e. research, evaluation).</p> <p>Ensure Active Lincolnshire is able to secure place-based investment on behalf of places of greatest need.</p> <p>Understand what other existing / new</p>

	investment can be realised to maximise the opportunities and scale up the work.
<b>FACILITIES</b>	
<p>Public leisure facilities are beyond economic life and in some cases facing threat of closure and is a large emitter of carbon.</p> <p>Limited access to relevant, accessible physical activity offer.</p> <p>Lack of coordinated approach to investment in facilities and open spaces across the county.</p>	<p>Consider an approach to repurposing investment of facilities around community health and wellbeing, (including decarbonisation).</p> <p>Secure Multi-sport / Playzone investment co-designed with communities.</p> <p>Third year of ‘Opening Schools Facilities’ funding – how learnings and this model can be sustained beyond current cycle.</p>
<b>WORKFORCE</b>	
<p>The physical activity sector workforce needs to be relevant and resilient. Need to understand health conditions and a more inclusive and accessible offer.</p>	<p>Pilot work funded through UK SPF in East Lindsey and South Holland to develop a new approach to developing skills.</p> <p>CIMSPA working with HE and FE providers.</p> <p>Investment needed to build on this work to create sustainability and change at scale.</p>
<b>SCALE AND SUSTAINABILITY</b>	
<p>Short term funding and programme related interventions don’t enable change at scale.</p>	<p>Consider where changes can be made through policy and planning to create change at scale.</p>
<b>COMMUNICATION AND MESSAGING</b>	
<p>Better physical activity messaging, signposting and communication of options to be active and support for physical activity sector to be more effective in their own communications.</p>	<p>Build on the Let’s Move Lincolnshire platform and associated communications to reach more people.</p> <p>Embedding shared messaging in health and statutory partners communications to citizens.</p> <p>Create relevant messaging and signposting that inspires and enables citizens to move more.</p>

## Progress and success 2023 - 2024

### Place based investment

Sport England have announced funding to be invested in communities of greatest need.

<https://www.activelincolnshire.com/news/sport-england-announces-unprecedented-investment-into-local-communities>

Active Lincolnshire is leading conversations locally and nationally to ensure Lincolnshire is best placed to secure funding.

## **Together Fund**

Active Lincolnshire have supported 38 projects, with a total investment of £238,000. These small grants have supported projects targeted at enabling inactive people to be more active and have evidenced further the need for investment in existing providers and community groups.

The Together Funding has now finished, Sport England will be launching an 'Open Fund' in April 2024.

Other funding including the UK SPF Grass Roots community grant funding for Southeast Lincolnshire and funding administered by Shine, is being promoted by Active Lincolnshire to community groups and clubs and contributing to funding panels to provide advice and expertise on physical activity.

## **Opening Schools Facilities**

£329,000 investment into Lincolnshire schools, supporting 22 schools to open their facilities for communities to use outside of the school day.

## **UK SPF Skills**

Active Lincolnshire secured grant funding to deliver a skills programme across East Lindsay and South Holland. Responding to evidence of need for a community based, multi-sport approach to develop a more diverse, relevant workforce. Outcomes will be to create a sustainable model of delivering physical activity embedded in community, working with partners to bring together assets, a more diverse future workforce, employers and people furthest away from the labour market. (i.e. YMCA to enable greater use of village halls and community spaces), LPFT, Lincs FA, DWP, Lincoln City Foundation.

CIMSPA (Chartered Institute of Sport and Physical Activity) have been funded by Sport England to create a local sector skills board, to develop the content and focus of formal qualifications delivered through local HE and FE providers to ensure greater connectivity between population need and sport and physical activity qualifications.

## **LML.com and ELDC digital**

Active Lincolnshire secured grant funding to deliver a digital communications pilot in East Lindsay, responding to evidence that physical activity providers need support with digital communications and in developing their offer. Citizens need easier to find up to date content about options to be active near them.

<https://letsmovelincolnshire.com/>

## **Let's Move Lincolnshire Connect events**

Connecting and enabling physical activity providers with health and care partners, local organisations, national providers and funding bodies. Two events held in Skegness and Spalding during National Inclusion Week with key content focussed on tackling inequalities and EDI.

<https://www.activelincolnshire.com/news/reflecting-on-the-power-of-connecting>

## **One You Lincolnshire Move More Pathway**

8534 clients supported through the self-referral pathway, with 29% reaching the recommended 150 minutes a week. Just under 3000 clients started on the 12-week physical activity intervention programme. 660 people signed up to the Miles Better workplace challenge from LCC and health partners.

## **Pre- and post-natal pathway**

Physical activity through Active Lincolnshire is embedded in the PPN pathway. A long-standing relationship has resulted in This Mum Moves Ambassadors training, providers establishing new physical activity sessions for this audience, co-designed physical activity messaging and content distributed to all community midwives. This programme has evidenced how support, advocacy and influence has led to

investment in supporting development of physical activity training and awareness. It evidences a model that could be scaled up to all pathways with commitment and resource.

<https://www.activelincolnshire.com/news/this-mum-moves-ambassador-launches-buggy-wellbeing-walk-for-families-in-horncastle>

### **Districts Health and Wellbeing Strategy**

Shared health and wellbeing strategy across all district authorities, including a focus on physical activity.

### **Wheels for Life Scheme**

Established bike donation scheme, six hubs across the county, upskilling mechanics and volunteers and supplying tools and equipment. Trained bike leaders. Linked with referral agencies.

<https://www.activelincolnshire.com/wheels-for-life-bike-donation-lincolnshire>

## **2. Conclusion**

Lincolnshire faces very challenging issues around physical inactivity. There is a need to continue to better connect existing investment and capacity in the system and to secure future funding through a prevention focussed place-based model to tackle the challenge of inactivity. Potential place-based investment from Sport England would provide additional capacity to focus on areas identified as top 10% places of need in England with regard to physical activity / inactivity / health inequalities and deprivation. Active Lincolnshire will lean into this opportunity and work in place alongside leading the Let's Move Lincolnshire movement to unlock these opportunities. The ICP recognises and supports the drive to a system-based approach to tackling inactivity and the Health and Wellbeing Board are being asked to continue to support this approach.

## **3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy**

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

*Physical Activity is one of the five priority themes of the joint health and wellbeing strategy and features in the JSNA as an area of greatest impact and increased need. This paper aligns with the priorities identified in the strategy.*

## **4. Consultation**

Not applicable.

## **5. Appendices**

None.

## **6. Background Papers**

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Emma Tatlow, who can be contacted on [emma.tatlow@activelincolnshire.com](mailto:emma.tatlow@activelincolnshire.com)



**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Derek Ward - Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>Director of Public Health Annual Report 2023 – Adding Life to Years</b>

**Summary:**

Directors of Public Health in England have a statutory duty to produce an independent report on the state of health of the people they serve on an annual basis. Local authorities have a statutory duty to publish the report and the report should be as accessible as possible to the wider public.

As part of the strategic partnership with the Centre for Ageing Better and building on the insight gained from Lincolnshire Ageing Better Annual Conference, the 2023 Director of Public Health's report focussed on Ageing Better in Lincolnshire.

**Actions Required:**

That Lincolnshire Health and Wellbeing Board takes note of the contents of the Annual DPH Report.

**1. Background**

This year's report focuses on the importance of addressing the needs of Lincolnshire's ageing population which is exhibited by evaluating the current situation for older residents within Lincolnshire, as well as considering how we address some of the key determinants that could positively impact on the health and social issues that affect our ageing population.

By using the World Health Organisation (WHO) Age Friendly Communities Framework as a guide, the report focuses on some of the key determinants of healthy ageing and what can be done to support and improve the well-being of our older residents; particularly those living in rural and coastal areas. The DPH

report describes the World Health Organisation (WHO) framework through the eight Age-Friendly domains within each chapter.

An analysis of local data and published evidence focuses on inequality and what this means for the residents of Lincolnshire through each of the following domains:

- Transportation
- Housing
- Social participation
- Respect and social inclusion
- Civic participation
- Communication and information
- Community support and health services
- Outdoor spaces and buildings

## **2. Conclusion**

The Director of Public Health has a statutory duty to produce an annual report on the health of people in Lincolnshire. The Health and Wellbeing Board is therefore asked to note the contents.

## **3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy**

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The Annual DPH report exhibits relevant links to the JSNA and directly reflects the World Health Organisation Age-Friendly Communities Framework, this also focuses on some of the key determinants of healthy ageing. JSNA helped to provide evidence and data throughout the report.

The themes that emerge from the DPH report support the JHWS strategy recommendations for the continuing need for strategic and proactive support and preventative measures, to ensure the projected growth in Lincolnshire’s older population can remain as healthy and active for as long as possible.

## **4. Consultation**

None.

## 5. Appendices

These are listed below and attached at the back of the report	
Appendix A - The Director of Public Health's Annual Report 2023 – Adding Life to Years.	<a href="https://lhih.org.uk/wp-content/uploads/2024/01/Director-of-Public-Health-Annual-Report-2023.pdf">https://lhih.org.uk/wp-content/uploads/2024/01/Director-of-Public-Health-Annual-Report-2023.pdf</a>

## 6. Background Papers

No background papers within Section 100D of the Local Government Act 1072 were used in the preparation of this report.

This report was written Phil Huntley (Head of Health Intelligence), who can be contacted on [Phil.Huntley@lincolnshire.gov.uk](mailto:Phil.Huntley@lincolnshire.gov.uk).

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# Ageing *Better*

→ in Lincolnshire  
Adding Life to Years

Director of Public Health  
Annual Report 2023

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# 1 Foreword



Welcome to my fifth Annual Report as Director of Public Health for Lincolnshire. Last year my report focused on the diversity in the communities spanning Greater Lincolnshire, highlighting some of the disparities

in health outcomes and wellbeing. This year my report focuses on the importance of addressing the needs of our ageing population. We will shed light on the current situation in Lincolnshire and address the pressing health and, equally important, social issues which affect our ageing population.

The ageing agenda has always been of paramount importance in Lincolnshire due to the number of older residents. Our county experiences the dual challenge of an ageing population alongside a rural and coastal geography, where many of our older residents live. This combination of factors necessitates tailored solutions to address the distinct needs of, and support for, our older population to live and age well. However, as we will see through the lens of the Age-friendly Communities Framework, there is a positive outlook for the older population, by harnessing the potential to help improve the health and wellbeing of older people in the county.

Using the World Health Organization (WHO) Age-friendly Communities Framework, which emphasises some of the key determinants of healthy ageing and promoting the wellbeing of older individuals, as our guide, we can begin to understand the challenges within the context of Lincolnshire. Additionally, the Centre for Ageing Better in Lincolnshire is a strategic partner of Lincolnshire County Council and continues to play a pivotal role in supporting the implementation of policies and initiatives to address the needs of the ageing population.

By embracing the healthy ageing agenda and addressing the needs and challenges of our older population, we can foster a healthier, more resilient society for generations to come. We must all engage to build a future where age does not limit potential but enhances the richness of life for people in Lincolnshire.

Finally, I would like to acknowledge and thank all of those who have supported the writing and production of this year's Director of Public Health Annual Report.

**Derek Ward**

Director of Public Health



I am very pleased to co-present the 2023 Director of Public Health Annual Report with Derek. Our report stresses the importance of addressing the needs of our older population in Lincolnshire and additionally,

allows us to highlight the challenges experienced by Lincolnshire's adult social care workforce and unpaid carers (most often family or friends) who contribute so much to our communities. A high number of older people, particularly in our rural and coastal communities, face personal and present social care challenges, both for professional services and unpaid carers. Additionally, in their everyday lives whether getting around the house, undertaking everyday tasks or who have no other support. In this report we highlight the growth in the prevalence of preventable health conditions requiring supportive social care support. This should focus our attention on finding innovative ways to support those in most need, whilst empowering those who can be supported with a lighter touch an opportunity to retain independence, be more resilient and stay connected.

Digital Technology is playing an increasing role not just in our personal and private lives but also in transforming the health and care system in Lincolnshire. We are working with our health partners to maximise use of technology in key areas.

I echo Derek's call to action to embrace the healthy ageing agenda. It is vital that we address the needs of our older population, and the challenges they face, enabling them to enjoy rich and rewarding later lives. For health and social care services to remain sustainable for Lincolnshire's growing population of older people, substantial investment is required in new ways of working, better use of improved housing and technology, reaping a return on investment both socially and economically.

## **Glen Garrod**

Director of Adult Social Services

# 2 Introduction

In this Annual Report for 2023, we will be describing how the World Health Organization (WHO) Age-friendly Cities Framework (Figure 1) can be applied to the older population of Lincolnshire. In doing so we will see that, with the right provision of services and support, there is a positive outlook for older people in the county.

The Global Network for Age-friendly Cities and Communities was established by the WHO in 2010 and connects cities, communities, and organisations around the world through a common vision of ‘making their community a great place to grow old in’. (WHO, n.d.) In the UK, the Centre for Ageing Better is the affiliated network who work with partners across the Country to test out new approaches to ageing better that could be rolled out to other areas. Due to its coastal and rural population, Lincolnshire was selected as one of the three original partners along with Greater Manchester and Leeds (Centre for Ageing Better, 2023a,b).

Establishing Lincolnshire as a positive age-friendly place for our older population to live is important. In comparison to inner cities, our large proportion of older people, combined with the rural and coastal geography in Lincolnshire, add different logistical and personal dimensions to good provision of services and infrastructure that support the health and wellbeing of older people.



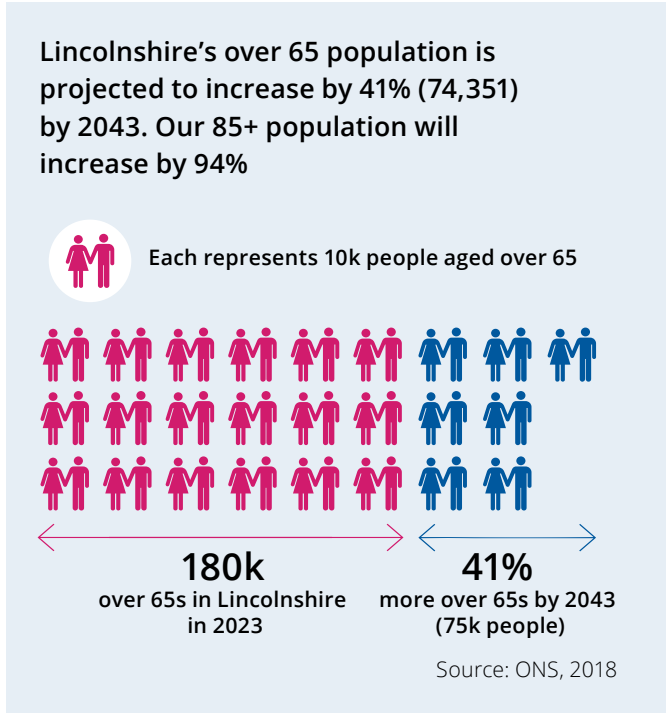
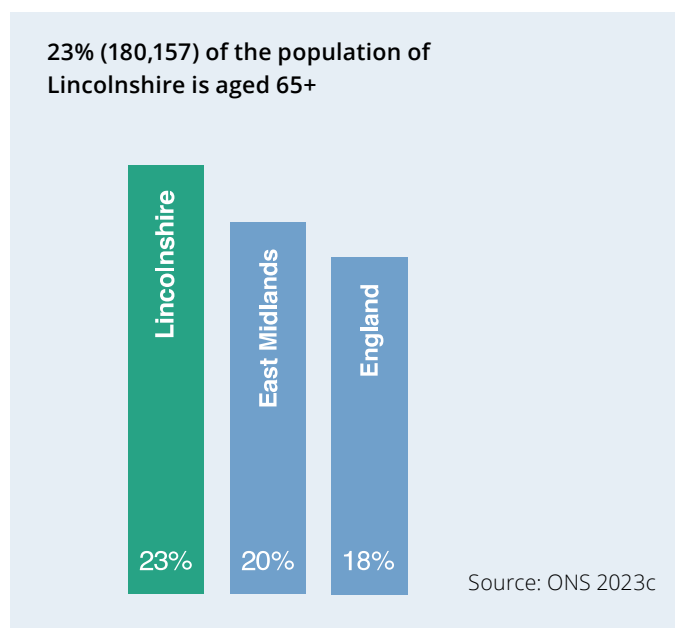
Figure 1 (Centre for Ageing Better 2023c)

Activities in East Lindsey and the legacy of that work provide an example of what is achievable. The next section in this introduction, along with each chapter in this report, describes the impact our older population, in rural and coastal settings where appropriate, has on health and social care provision in Lincolnshire and how each domain links to personal circumstances and local infrastructure. Each chapter begins with an infographic which illustrates how its theme interconnects with other domains.

# 3 Lincolnshire Geography and Population

Lincolnshire has a diverse population with a mix of urban, rural and coastal areas. The density of the population is relatively low due to the rurality of the county but can vary considerably between districts. Almost all our districts are in the top 30% of the least dense districts in Great Britain. In Lincolnshire, nearly a quarter (23%, 180,157) of the population are aged 65 and over, higher than the East Midlands (20%) and England (18%) and this is estimated to grow by 41% to 255,000 people over the next 20 years. The Old Age Dependency Ratio (OADR), a measure of the number of people aged 65 years and over for every 1,000 people of working age (16 to 64) is also more pronounced in Lincolnshire (39.4) compared to the England average (29.4), and East Lindsey has the fifth highest proportion of over 65s in Great Britain with an OADR of 54.8. (Office for National Statistics (ONS), 2023).

## Proportion of Population Aged 65+



Lincolnshire demography presents unique challenges in rural and coastal areas, the vastness and scattered population can make it difficult for older adults to access essential services including health care, transport, and social support. Despite these challenges, the ageing population is a valuable resource, many older people actively contribute to the community and participate in voluntary activities, which can promote active ageing and enhance the wellbeing and quality of life.

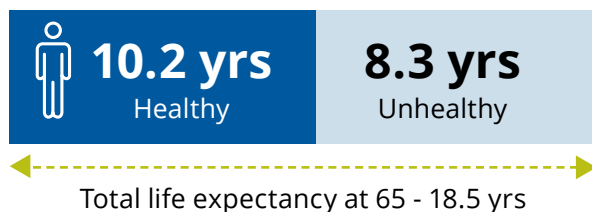
The health of our older population is of great concern particularly when we consider this alongside the projected rise in the over 65 population in the next 20 years. When we factor in the levels of disability-free, and healthy life expectancy, this tells us that both women and men in the county are likely to live at least part of their older age in ill health. In addition, inequalities impact negatively on health and life expectancy. The most deprived areas in the county,

seen on the east coast and in urban areas such as Lincoln, Gainsborough, Boston, and Grantham, have lower life expectancy and poorer health outcomes than those living in the least deprived areas (OHID, 2023). This illustrates the scale of potential reliance on health and care services over the next 20 years, not just in rural and coastal areas but in urban centres too.

## Are we Ageing Well?

Life expectancy and healthy life expectancy at 65 in Lincolnshire

### Male



### Female



Source: OHID 2023

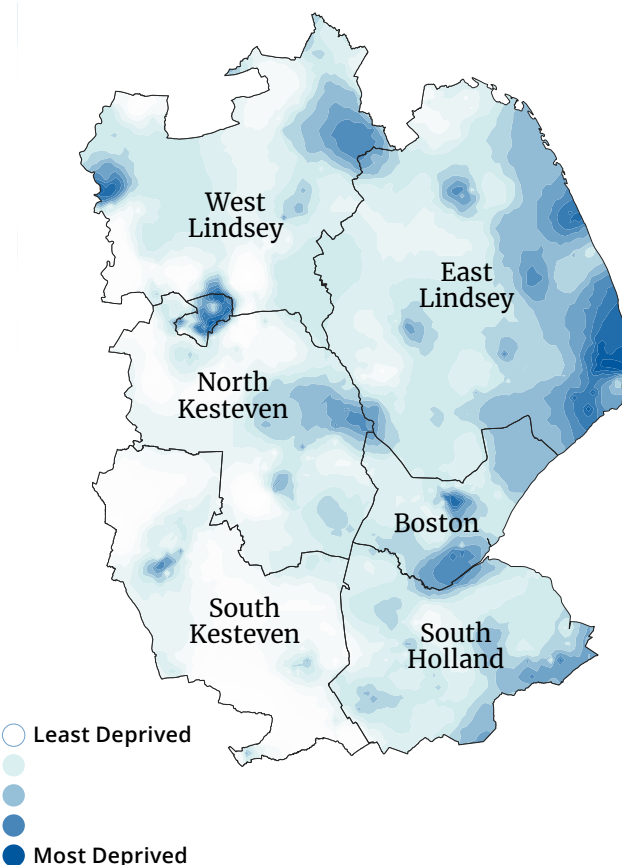
It is estimated that of all those aged 65 and over in Lincolnshire, 48,000 (27%) have a limiting long-term illness whose day-to-day activities are limited a little. This is projected to increase by 18,000 (40%) by 2040. For those with a limiting long-term illness whose day-to-day activities are limited a lot, the increase is expected to be closer to 47%, affecting 61,000 people. (Projecting Older People Population Information (POPPI) 2023). Adults aged over 65 have on average 2.6 long term conditions, those under 65 average 0.7 (NHS Lincolnshire ICB, 2023).

For older adults in Lincolnshire, the top causes for the number of years lived with disability, which are defined as years of life lived with any short-term or long-term health loss, are: low back pain, diabetes, age

related hearing loss, Chronic Obstructive Pulmonary Disease (COPD), osteoarthritis, and falls. (Institute for Health Metrics and Evaluation (IHME), 2019).

Many older people in our county live in poverty or income deprivation, this particularly affects those who rely on the state pension and pension credits. For those aged 60+ a score for local authorities can be calculated to measure income deprivation, the lower the score the better the area is performing. For Lincolnshire our income deprivation score is lower than the England average but is high when compared against similar local authorities. This measure of income deprivation is usually predominantly higher in urban areas. However, broad areas in rural parts of the county have more deprivation, particularly in the east and north. (GOV.UK English Indices of Deprivation, 2019).

## Deprivation Affecting Older People



Source: GOV.UK English Indices of Deprivation, 2019

# 4 Community Support and Health Services



In an age-friendly Lincolnshire, providing care for older individuals is vital for maintaining their health, independence, and activity levels, and this includes easy access to a range of health and social care services (WHO, 2023). As our older population grows, the demand for community support and health services will increase (Centre for Ageing Better, 2023). This projected rise presents a significant challenge, as older people tend to develop long-term conditions and require more health and social care (NHS England, 2023). Lincolnshire faces higher prevalence rates both regionally and nationally, for many long-term conditions, and our population of over 70s will be around 100,000 by 2040 (Office for National Statistics, 2023). This presents a significant challenge for health and care services. Our rural and coastal areas encounter additional challenges related to workforce recruitment and retention including the distances required to access services.

In Lincolnshire, healthcare provision centres around hospitals in Lincoln and Boston, offering major specialties and 24-hour emergency services, while other areas provide community health clinics and support services (United Lincolnshire Hospitals Trust, 2023). However, older people in rural and coastal

communities often face long journeys to access specialist healthcare, a concern discussed further in the Transport chapter. Residents near Lincolnshire's non-coastal borders often travel to neighbouring counties for hospital care, imposing significant barriers, particularly for people without private transport.

Nationally, NHS waiting lists for elective care are increasing, and progress in reducing wait times is slow (Nuffield Trust, 2023). Lincolnshire's ageing population compounds the pressure on hospital, general practice, and social care services, and the county struggles to recruit qualified staff. Challenges such as low pay and unsociable hours affect recruitment and retention in social care (HM Government, 2022). An ageing population with complex health needs adds to GPs' workloads, already affected by NHS backlogs (NHS Digital, 2023).

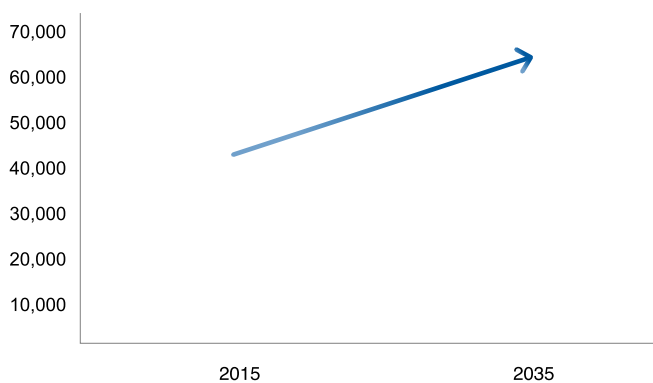
Lincolnshire ICS, through the work of its People Board, is addressing this issue of recruitment and retention of a skilled workforce through its One Workforce People Plan. For 2023/24 this has identified key actions to take that addresses how we attract, value, develop and retain people working across health and care.



Innovative solutions are needed, and Lincolnshire's health and social care system is already starting to adopt these. Digital technology can free home care staff to visit service users with higher needs, of particular importance to rural and coastal areas where service users are spread across large distances; and the LIVES falls response units help prevent unnecessary visits to A&E. (LIVES, 2023). Utilising our data and information more effectively through adopting population health management (PHM) approaches can address specific health needs, using evidence-based strategies to enhance outcomes and quality of life.

### Challenging Need in the Next 10-15 Years

Over half of 65 - 74 year olds are expected to be multimorbid (2+LTCs) by 2035



Source: Kingston, et al., 2018

## Falls Case Study

Falls are the most frequent type of accident in people over 65 and the number of injuries increases with age. It is estimated that around 53,000 people in Lincolnshire will suffer a fall each year creating a significant strain on health and care services. In 2021/22 for the age 65-79 group there were 1,095 Emergency Hospital Admissions due to a fall, for those age 80+ this rose to 1,990 (OHID, 2023d). Someone who has fallen has a 50% probability of significantly impaired mobility and 10% probability of dying within a year.

The LIVES Falls Response Team provide immediate assessment and treatment for fallers in their homes and have reduced the number of transfers to hospital for urgent care by 5%. LIVES are also proactively referring patients on to prevention and early intervention services (5.5 times more than EMAS) – helping to reduce pressure on services.

One You Lincolnshire are also piloting a programme to help older people at risk of falls through strength and balance activity.

Source: unless otherwise stated: Lincolnshire Health Intelligence Hub (LHIH), JSNA: Falls, 2023

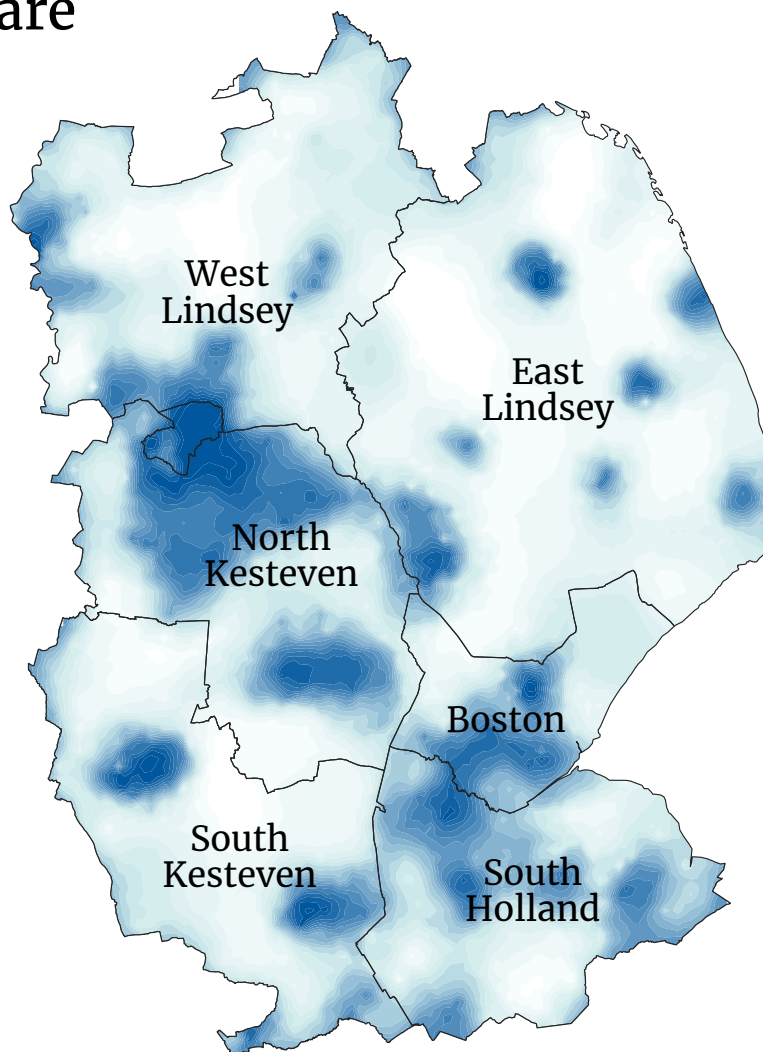
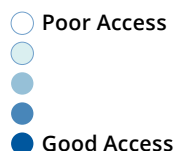


Every hip fracture costs the NHS an average of **£14.6k** (NHIR, 2023)



Each day in hospital costs approximately **£400** to the NHS (BMJ Open, 2020)

# Access to any Healthcare in Lincolnshire



## Key Points

- In an age-friendly world, the provision of health and care, including preventative measures, which is accessible and timely is essential in enabling older people to remain independent, healthy and active.
- Health and care services are impacted by the large ageing population who require higher levels of medical and social care.
- The county has issues with workforce recruitment and retainment in both health and care sectors.
- In rural and coastal areas, patients need to travel long distances to access hospital care.
- Service responses are in place and being developed which help reduce the impact on services.

# 5 Respect and Social Inclusion

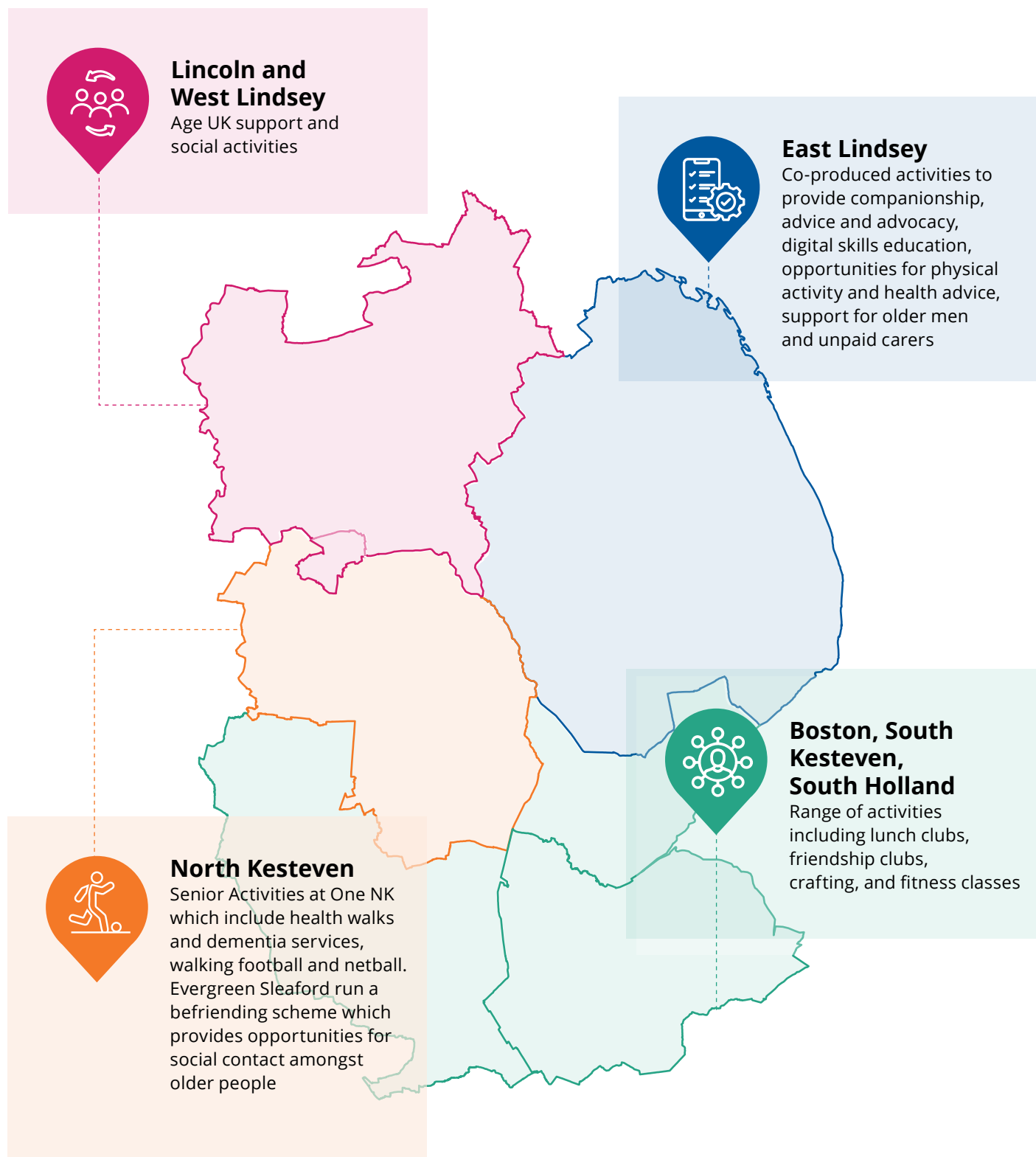


Respect and Social Inclusion is characterised by; intergenerational interactions; education about ageing; an expectation that people will appreciate the elderly; and social and economic inclusion. (WHO, 2023). Despite age being a protected characteristic, ageism remains prevalent (Centre for Ageing Better, 2023). Changing perceptions of ageing is challenging, but ensuring older people feel valued and included by their community, and are supported to stay well for longer, will reduce the need for health and social care services.

The risk of isolation increases with age, ageism can exacerbate this, leading to multiple disadvantages and isolation among older people (Age UK, 2018). There is a need to identify and include our LGBTQ+, Black, Asian and Ethnic Minorities (BAME), and migrant populations. Our older LGBTQ+ population, although relatively small in number, often lack traditional support structures and may face discrimination, impacting their mental health and wellbeing (Age UK, 2021). BAME groups, again a relatively small population compared to other areas of the country, are disproportionately affected by certain health conditions and institutional racism, necessitating recognition of their needs (King's Fund, 2023).

East Lindsey, our most sparsely populated district with market towns and seaside villages, faces unique challenges, including high levels of deprivation, especially in coastal communities, and a seasonal economy that offers limited opportunities for older job seekers (Office for National Statistics (ONS), 2023). It is the only area in Lincolnshire with WHO Age-Friendly status. This status signifies a commitment to listening to the needs of its ageing population (nearly 40% of East Lindsey's residents are aged over 60, exceeding the national average) to create age-friendly environments. In collaboration with the Centre for Ageing Better and Lincolnshire County Council, the Rural Strategic Partnership was created to focus on housing, communities, health, and work (Centre for Ageing Better, n.d.). Using a co-production approach involving older people, activities were developed to provide opportunities to make social contact and gain new skills (TED in East Lindsey). Despite barriers in remote areas, intergenerational contact facilitated by co-production can dispel negative perceptions and foster community integration, preventing ageism (WHO, 2021b). These evidence-based initiatives in East Lindsey are positively supporting the local older population,

# There are a range of activities available across Lincolnshire to support our older residents



fostering mutual respect, reducing social isolation, influencing health and wellbeing services and most importantly, providing an example of how facilitating an age-friendly community approach has created a legacy which continues to shape older people's positive experiences.

Respecting our ageing population also means that we are able to safeguard them during vulnerable times. As the older population increases, it will be necessary to continue to prioritise safeguarding prevention activities with the Lincolnshire Safeguarding Adults Board and wider stakeholders. 62% of adult social care enquiries relate to the over 65 population underpinning the importance safeguarding has keeping older people safe in their communities (LCC, 2023).

Throughout Lincolnshire there are a wide variety of formally coordinated and localised activities for older people. These provide a mixture of opportunities for friendship and healthy activities designed to keep body and mind active, in turn contributing significantly to older people's health and wellbeing.

For example, Age UK in Lincoln provide a range of different activities in their Park Street Venue, which acts as both a hub for support information and offers both virtual and venue based social activities. In the Boston, South Holland, and South Kesteven districts social groups include lunch clubs, friendship clubs, crafting, and fitness classes (Lincoln & South Lincolnshire Age UK, 2023). Elsewhere, in North Kesteven, there are Senior Activities at One NK which include health walks and dementia services, walking football and netball, and over 50s activity groups (Better, 2023). Localised activities include warm spaces which are available throughout the county in diverse locations such as churches, garden centres and village halls. (Warm Spaces, 2023), and Evergreen Sleaford run a befriending scheme which provides opportunities for social contact amongst older people (Evergreen Sleaford, 2023). These are representative examples of the excellent work being carried out in the county to enable older people to live socially active lives and reduce isolation and loneliness.

## Key Points

- Social interaction is crucial to reducing isolation and has potential to reduce burdens on health and care provision.
- There are potential benefits to the community in increasing activities for intergenerational interactions.
- Facilitating intergenerational contact through the coproduction of services and activities is good practice in an age-friendly community and can lead to greater understanding between age groups.
- Some older people in minority groups can be further marginalised due to social perceptions.
- There are many activities, both formally and locally organised in Lincolnshire which help to keep body and mind active which can lead to an improvement in health and wellbeing.
- 62% of adult social care enquiries relate to people aged over 65, prioritising safeguarding prevention activities is a priority for LCC.

# 6 Communication and Information



Our ability to communicate effectively plays a crucial role in active ageing, but modern times often bring information overload. Recognising the diverse needs of Lincolnshire's older residents and service users is essential, including those who speak languages other than English, those with limited digital technology skills, or those with dementia or sensory and physical impairments (WHO, 2023; Centre for Ageing Better, 2023). Barriers to communication and information access can stem from individual capabilities, financial constraints, poor signage and inadequate digital infrastructure (Chief Medical Officer, 2021).

Recognising and addressing these factors is crucial, particularly in our health and care settings where insufficient support can lead to increased demands or deter individuals from seeking care, leading to poorer health outcomes and inequalities (National Voices, 2023). Staff awareness of communication barriers can promote positive interactions between professionals and service users/patients.

Digital activities like online shopping, social media engagement, and accessing information, have the potential to enrich the lives of older people,

especially in rural and coastal areas with limited transport options (Haartsen et al., 2021). Digital connectivity can contribute to better overall health by reducing isolation and loneliness, a topic discussed in our social participation chapter. Some services, like GP bookings, health checks, and medication reviews, increasingly depend on online tools and apps. However, older people still primarily prefer to receive information through traditional media and personal contact, such as phone calls (WHO, 2023). Local data indicates that for Lincolnshire residents aged over 65, postal communication remains the preferred method (Experian, 2023). How service providers communicate with older residents is fundamental to their ability to interact with the Lincolnshire health and social care system.

Barriers to digital communication include financial limitations, inadequate digital infrastructure, and a lack of digital skills (Ofcom, 2022). For people with limited incomes, the cost of internet access or mobile phones can be prohibitive. Some areas in the county suffer from poor digital connectivity and our local digital exclusion analysis shows that communities more at risk are those within our



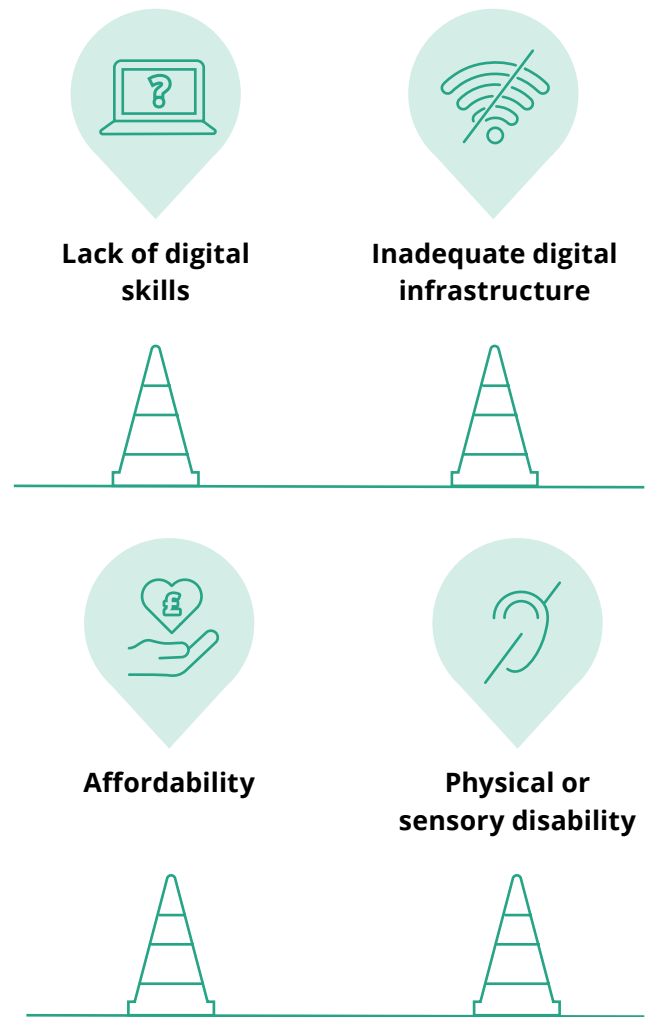
coastal and rural areas and closely aligns to areas of deprivation (Lincolnshire Health Intelligence Hub, 2023). Finally, with the prevalence of online financial abuse and scams increasing, we also need to consider the impact of scams and fraud away from digital environments. Local intelligence suggests scams are highest in our over 75 population with doorstep scams a particular concern and is a growing priority for our prevention and public safety work.

Free internet access is available in public libraries, but accessibility remains an issue for those without a local resource. The Lincolnshire Digital Inclusion Group is working to engage with vulnerable groups by connecting organisations to address digital inclusion (Lincolnshire County Council, 2023).

Digital skills are crucial, but a significant portion of the population, particularly those over 55, have never used the internet (Tabassum, N., 2020). This puts older people at risk of being excluded from essential services and communication channels. Lincolnshire offers initiatives to help older individuals gain digital skills, such as Lincs Digital - community-based learning in East Lindsey - and digital hubs provided by North Kesteven District Council (NKDC). Age UK runs a digital champion programme and Connect to Support offers online guidance for digital and technology support (Age UK, 2023b; NKDC, 2023). Despite these efforts, reaching isolated older individuals remains a challenge (Berni, J., East Lindsey District Council, 2023).

Organisations should provide resources in formats that meet the needs of older people, including adjustments for the physically and sensorially impaired. There is no reason why older people cannot access information digitally and many learn to embrace digital technology successfully, however a minority will remain unable to do so.

## Barriers to Digital Communication

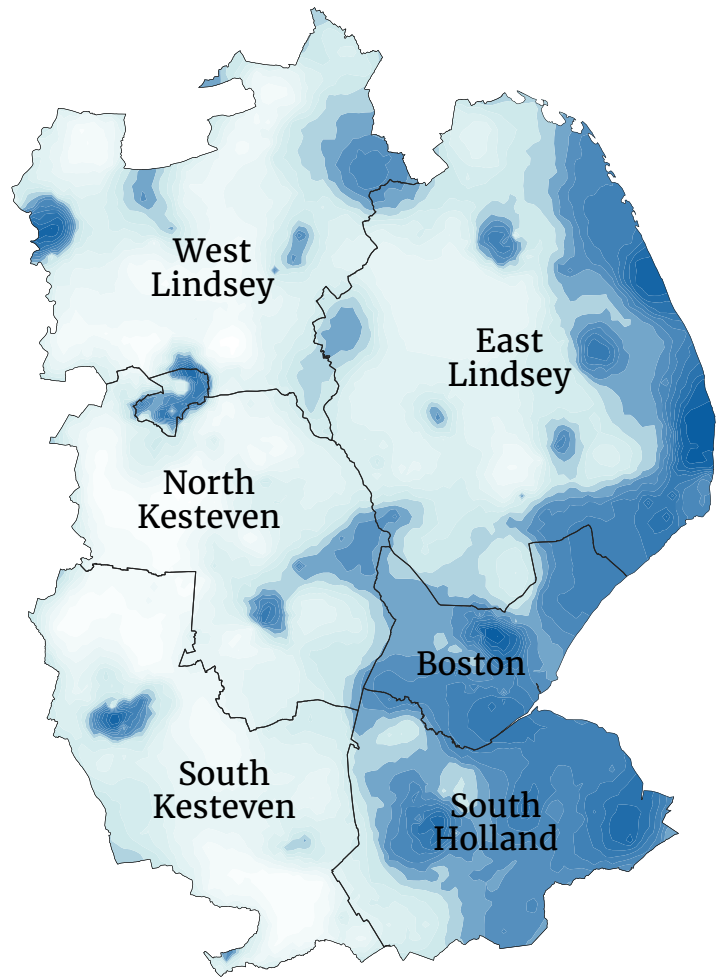


Source: Age UK, 2023

# Digital Exclusion



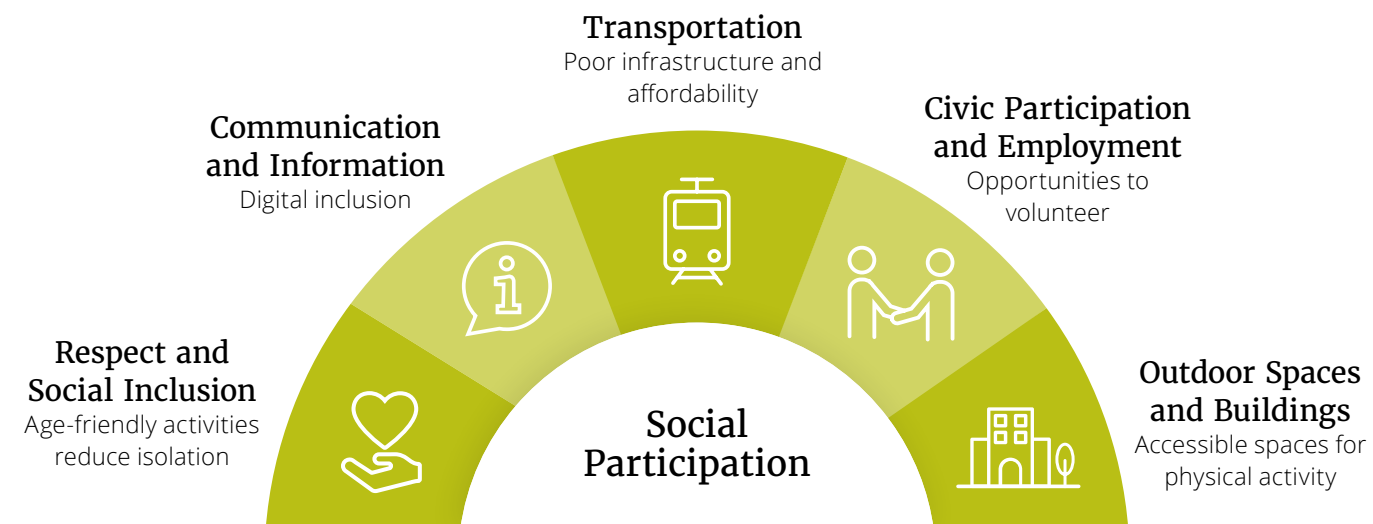
Source: LHIH 2023



## Key Points

- Communication and Information is a key part of active ageing and providers should have an awareness of the range of needs and resources older people require to support our older residents who are at risk of experiencing difficulties engaging with health and social care services.
- There has been a move from traditional methods of communicating information and staying in touch, this is driving the need for older people to have good digital skills they are confident in and trust.
- 25% of over 65s do not currently use the internet, the Lincolnshire Digital Inclusion Group is working to reduce this inequality.
- Barriers to good digital communication are fourfold: lack of digital skills, inadequate digital infrastructure, affordability, and physical or sensory disability. Age is not a barrier in itself.
- The challenge is how to include those at most risk of being isolated by not having digital access, the most complex being affordability.
- It is vital that organisations recognise and respect the communication needs of individuals with physical and sensory impairment including dementia.

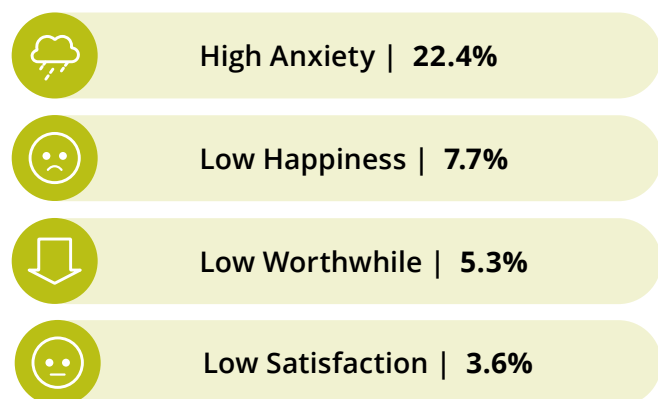
# 7 Social Participation



Social Participation means the engagement in leisure, social, cultural and spiritual activities in the community; which leads to the integration of older people in society, helping them feel engaged and informed. Participation levels are influenced by various factors, including access to transport, physical and mental health conditions, affordability, awareness of activities, and local facilities (WHO, 2020). The importance of social participation as a means of integration and combatting loneliness, with a focus on unpaid carers is paramount for supporting Lincolnshire’s older residents.

We know there are several factors that can lead to isolation and hinder social participation of older people, such as transportation challenges, financial constraints, limited access to information (increasingly online), personal choice, loss of a spouse and a lack of suitable opportunities. Isolation and loneliness can negatively impact health and wellbeing, creating additional pressure on health and social care services. Isolation and loneliness are not the same, but statistics indicate that 50% of individuals over 60 are at risk of social isolation, and one-third experience some degree of loneliness (Fakoya et al., 2020).

## How are our communities affected?



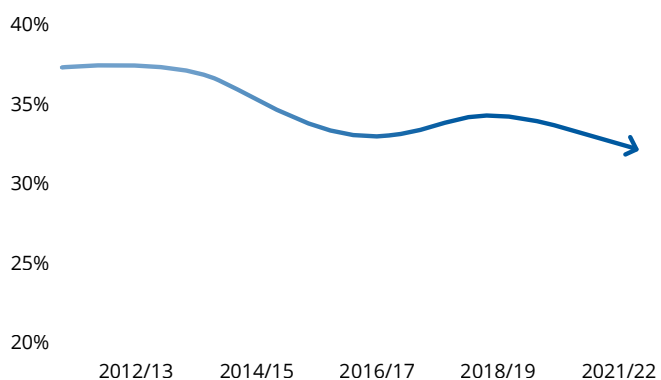
Source: OHID, 2021

The impact of social isolation on our residents’ health and wellbeing is significant. Loneliness can lead to anxiety and further withdrawal from society, making intervention critical. Health impacts are thought to be equal with other public health priorities like obesity and smoking. Loneliness is also associated with increased risks of: Inactivity, smoking, Coronary Heart Disease, Stroke and Alzheimer’s (DCMS, 2018). The prevalence of these conditions is getting worse in Lincolnshire (except for smoking). Alongside this, it is predicted by 2040, for the projected 65+ population, Dementia will affect 19,800 or 7.8% (an increase of 7,000 people) and falls that require hospital admission

will rise by 56.0% (Source: POPPI, 2023), underscoring the need to reduce isolation and loneliness to alleviate pressure on health and care services (POPPI, 2023). More concerning for Lincolnshire is that rural and coastal residents are at a greater risk of loneliness than those living in our urban areas.

Unpaid carers are seven times more likely to report loneliness and face a higher risk of worsening physical and mental health conditions due to isolation (Carers UK, 2021). Our data tells us that as our residents age they are more likely to provide unpaid care and will increase by 35% by 2040 (POPPI, 2023). A substantial number of older carers may experience limited social contact. Identifying carers with hidden needs is crucial as the ageing population and age-related illnesses increase (Carers Trust, 2023). To address these challenges in Lincolnshire, we have a range of organised social opportunities for older people, like men's sheds and walking groups, promoting intergenerational connections. Such initiatives benefit communities and emphasise the importance of investment in such services.

**The % of adult carers who have as much social contact as they would like has dropped considerably over the last decade**



Source: NHS Digital, 2022

# Lincolnshire Carers Service Case Study

As the population lives longer, the Lincolnshire Carers Service is supporting a growing number of older carers whose adult children live with disabilities such as autism and learning disabilities. As these carers age, they are likely to find it harder to support their adult children, especially when the health and life expectancy of their children is improving over time (targeted health checks are having a big impact in this area), meaning that the long-term future of their current arrangements will be in many cases unsustainable. A new service will be implemented in Lincolnshire to support carers who are aged over 65 and are known to be living with, and supporting, an adult with a learning disability.

## Key Points

**Social Participation is engagement with cultural activities that foster older peoples' continued integration in society, which:**

- Can help prevent the onset of diseases associated with ageing: dementia, strokes, and cardiovascular disease.
- Is a priority for Lincolnshire because people living rurally experience higher rates of loneliness and isolation.
- A new carers service will support older carers caring for their children with disabilities to put plans in place when they are no longer in a position to carry on their caring responsibilities.

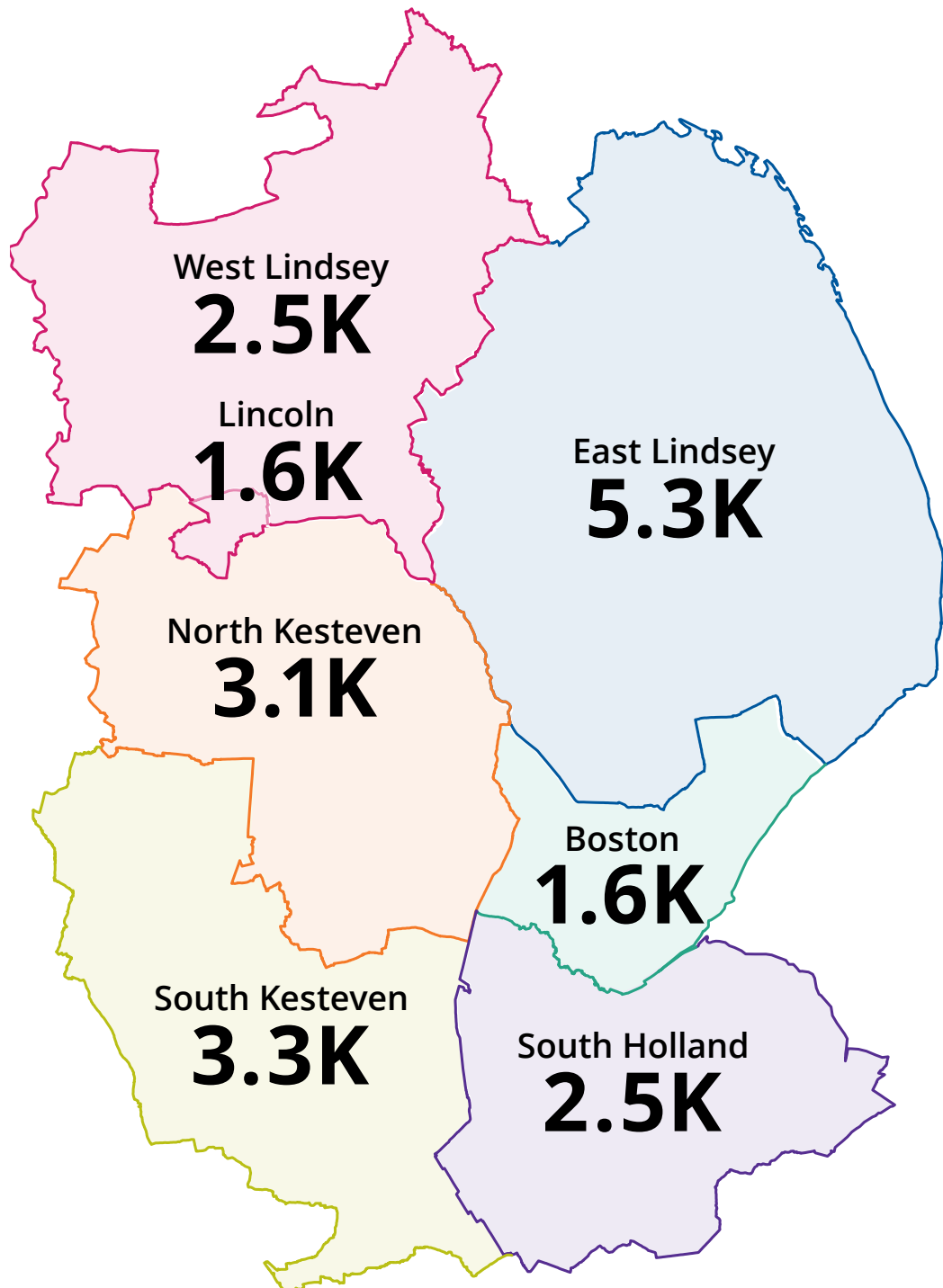
**Evidence suggests isolation and loneliness are pressing public health issues, barriers to increased Social Participation include:**

- Transport provision and access to information.
- An unpaid caring role which increases the risk of social isolation and loneliness.
- Isolation does not imply loneliness, but both are barriers to increased participation.

# Unpaid Carers in Lincolnshire



Around 20,000 people aged over 65 in Lincolnshire provide some level of care every week, 25% of which are in East Lindsey



Source: ONS, 2023

# 8 Civic Participation and Employment



Civic participation, encompassing employment, political engagement, and the availability of volunteering opportunities, is vital for our older residents to contribute to their community and maintain a sense of purpose (WHO, 2020). Opportunities for civic participation can decrease with age due to ageism, financial constraints, and perhaps most relevant - the rurality of Lincolnshire (Centre for Ageing Better, 2023a).

Although there are around 17,000 over 65s still economically active, 90% of Lincolnshire's over 65 population are economically inactive, with the majority of those (96%) having retired (ONS, 2023b). Ill health significantly impacts the ability to work, for example only 59% of working age people with musculoskeletal conditions (such as arthritis) are in work (Public Health England, 2019).

For many older individuals, finding a job is challenging due to perceived limited opportunities, leading to "discouraged workers" who have lost hope of securing employment (Stickland, 2022). Discriminatory hiring practices, skills mismatches, and access issues further complicate the situation. Schemes aimed at supporting

older residents back into work can be hindered by transport and technology access (Department for Work and Pensions, 2022).

Ageism poses a significant barrier for older job seekers who can face prejudice and discrimination, limiting their employment prospects (Centre for Ageing Better, 2023b). Volunteering offers numerous benefits, including reduced mortality rates and lower long-term care needs (Filges, T., et al., 2021). It plays a significant role in the transition from work to retirement, reducing the burden on health and care services. Good practice in volunteering should include accommodating people with disabilities, unpaid caring responsibilities, and those with long-term conditions, but barriers like financial constraints, digital exclusion, and transportation issues persist (Centre for Ageing Better, 2023a). Lincolnshire Community and Voluntary Services, along with Voluntary Centre Services, coordinate volunteering and social prescribing efforts in the county, offering comprehensive options for older individuals. Social prescribing, which signposts people to local services and activities supporting their wellbeing, benefits those with mental health issues, long-term conditions, complex social needs, and



veterans (Lincolnshire Community & Volunteering Service, 2023). Although local data is unavailable, England-wide statistics show that 61% of individuals aged 65 to 74 participate in volunteering activities, and 51% of over 75s (Statistica, 2023). This suggests almost 100,000 older residents in Lincolnshire could be participating in voluntary activities.



**90%** of Lincolnshire's over 65s population are economically inactive with the majority of those (96%) having retired

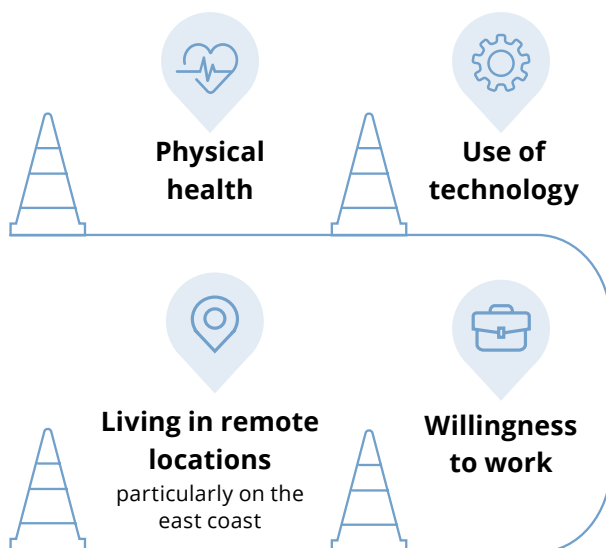
Source: ONS, 2023b



**100,000** older residents in Lincolnshire could be participating in voluntary activities

Source: Statistica, 2023

The key barriers to employability for older people wanting to work

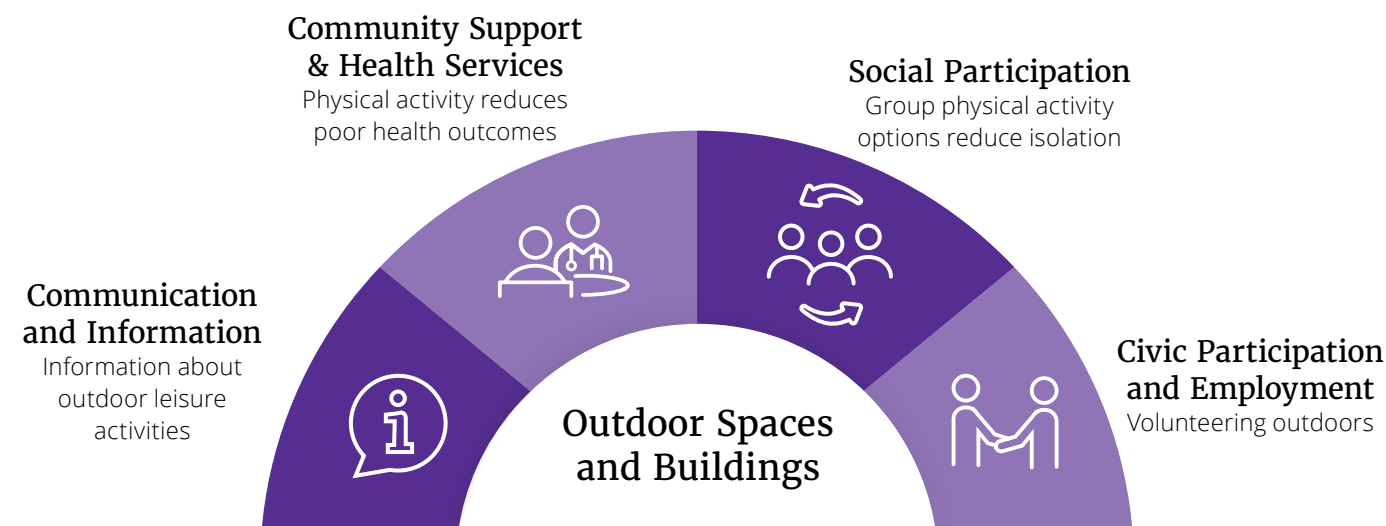


Source: Age UK, 2021

## Key Points

- Civic participation and work enhance an individual's ability to contribute to society, in addition it can provide financial stability, improve health and increase social contacts.
- Options for paid employment diminish as we get older, in part due to perceptions of ageing, or a lack of opportunities which become pronounced in deprived rural areas, particularly along the east coast.
- Employability is affected by individual circumstances: physical health, use of technology, willingness to work, and living in remote locations particularly on the east coast.
- For many, retirement and reduced incomes can lead to a sense of disempowerment, this is compounded where transport is an issue.
- Older people can continue to be engaged with their local community, through paid work or meaningful and inclusive volunteering.
- Volunteering can provide: a gateway into work, new social networks, opportunities to gain new skills or pass on experience, and personal fulfilment after retirement.
- Organised volunteering networks cover the whole county providing a range of opportunities for all abilities. These include social prescribing for people with disabilities and unpaid caring responsibilities.

# 9 Outdoor Spaces and Buildings



In an age-friendly world, outdoor spaces and buildings play a pivotal role in ensuring a secure, pleasant, and welcoming environment for older people. These spaces should feature age-friendly elements such as well-maintained buildings, walkways, safe pedestrian crossings, and rest areas, all of which support the mobility, independence, and overall quality of life for older people outside their homes (WHO, 2023). Good practices include local businesses offering resting spots and walk audits involving older individuals identifying pavement, curb, and crossing needs (Centre for Ageing Better, 2023).

Lincolnshire, boasting an abundance of green spaces, public parks, over 2,500 miles of public rights of way, and around 50 miles of coastline (Lincolnshire County Council, 2023; Explore Lincolnshire, 2023), offers ample opportunities for outdoor activities. However, access to these spaces can be hindered by factors including disability, lack of transportation, absence of toilet facilities, and a move to car parking apps. In urban areas, concerns about personal safety and poor air quality can create additional obstacles. Addressing these barriers is essential, as local research links higher levels of inactivity to greater deprivation,

poorer health, and reduced social and community cohesion, contributing to significant health inequalities across Lincolnshire (LHIH, 2023).

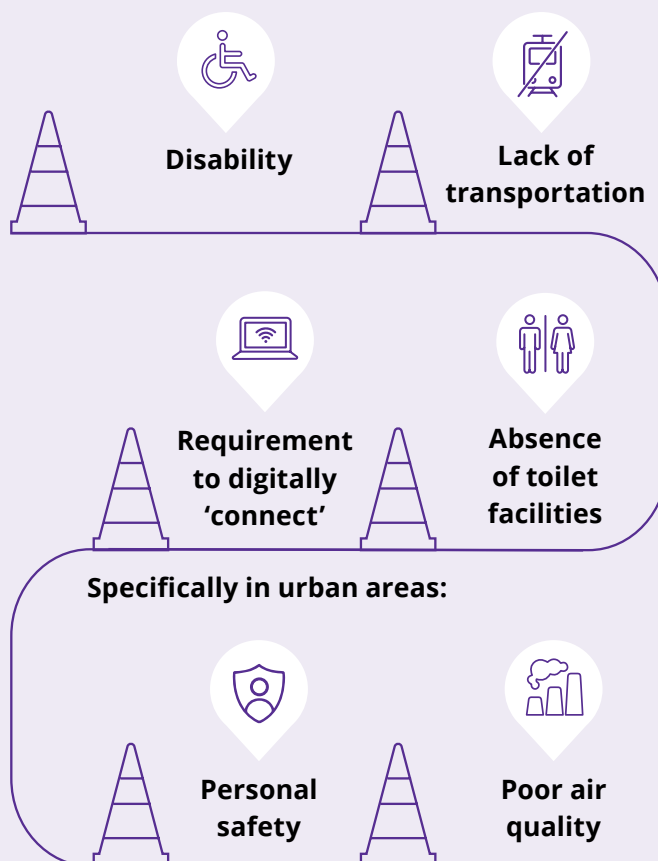
As our older population in Lincolnshire increases, a corresponding growth in disability and ill health due to inactivity is expected. This will place further strain on health and social care services. While gyms, swimming pools, and sports clubs can be costly and less accessible in rural and coastal areas, walking and gardening remain popular physical activities that are less income-dependent and more accessible (Active Lincs, 2019). Our One You Lincolnshire lifestyle service offers tailored support for healthy ageing for our over 55s and has proven effective in improving the lifestyles of our older residents (One You Lincolnshire, 2022).

## Case Study: One You Lincolnshire

One You Lincolnshire are commissioned by Lincolnshire County Council to deliver interventions to help people who want to make healthy lifestyle changes.

- The One You Lincolnshire 'Move More' programme encourages people to meet the Chief Medical Officer's recommended 150 minutes of physical activity per week through a mixture of free 1-1 and group sessions, both online and in gyms/leisure centres.
- 'Move More' includes 'tailored support for over 55s' which offers advice on healthy ageing including nutrition, mental health, falls and dementia prevention'.
- An evaluation of 'Move More' shows that in 2021/22, more than 4,500 over 55s improved their physical activity status (Source: One You Lincolnshire, 2022).
- Anyone can access this service, and GP practices can refer patients to it through the social prescribing pathway. (Source: One You Lincolnshire, 2023).
- A pilot is underway to target people at risk of falls through strength and balance activities.

## Barriers to physical activity for older people



Source: Age UK, 2023

## In Lincolnshire...



**93%** of all households in Lincolnshire have access to private outdoor space



The average distance to the nearest park or outdoor space for Lincolnshire residents is **650 metres**

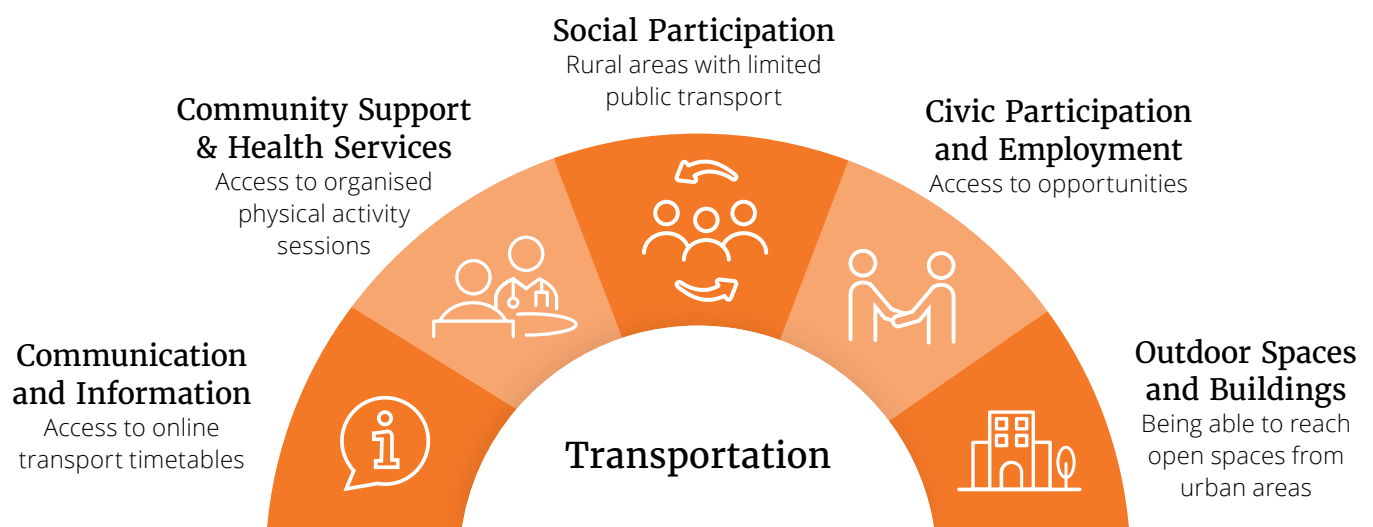
Source: ONS, 2023

Age-friendly outdoor spaces play a vital role in encouraging active lifestyles, improving the wellbeing of older individuals, and reducing the burden on healthcare services.

## Key Points

- Outdoor Spaces and Buildings refers to recreational areas which provide an age-friendly environment which older people feel safe to visit.
- In the context of physical activity, Lincolnshire has good provision of outdoor spaces - parks, public footpaths and the coast - providing free or low-cost areas for exercise which benefits those living with the highest levels of deprivation.
- Provision of age-friendly facilities is necessary for older people to take part in physical activity, particularly for those with limited resources.
- In turn this reduces pressure on health and care services where the population of older people is predicted to grow by up to 48% by 2040.
- Structural barriers to older people taking part in physical activity include a lack of toilets, use of car parking apps, and poor public transport networks in rural and coastal areas.
- Human barriers include ageism, both negative attitudes towards older people, and their own perceptions relating to ageing, put them off participating.
- Social prescribing can help put older people in touch with support and advice from organisations like One You Lincolnshire and can be a way through both human and structural barriers.

# 10 Transportation



Accessible, affordable, and safe public transport is a crucial element of an age-friendly environment, facilitating active ageing and community engagement (WHO, 2020). This includes age-friendly driving conditions and parking facilities. It is important that transportation options are not only accessible but affordable, reliable, and convenient to meet the diverse needs of our older residents, especially in a rural county like Lincolnshire. Failure to provide suitable transportation options can lead to isolation, hinder access to healthcare, shopping and social activities, and disconnect older people from society. Transportation challenges disproportionately affect those in rural and coastal areas, where poor bus and rail networks, as well as long distances from population centres create barriers.

In Lincolnshire, transportation issues faced by our older residents can be influenced by personal circumstances including financial constraints, not owning a car or having to stop driving for health reasons, social connections, and digital exclusion which impact their ability to connect to services and social networks. Those with poor health, frailty, and a lack of local support connections are particularly affected by limited transportation options. This can lead to physical

and social isolation, loneliness, and poor mental health outcomes (Mental Health Foundation, 2023). Low income can further exacerbate transportation challenges, making it difficult for our residents to afford fuel or access affordable shopping options (Ministry of Housing, Communities & Local Government, 2019). While some provision exists for those who cannot afford private transport, such as voluntary car schemes and CallConnect on-demand bus services (Lincs Bus, n.d.), these options are stretched, especially in areas of Lincolnshire with large distances to cover between amenities, commercial centres, and health services. Post-covid, hospital transport schemes have reduced significantly, leaving many older people without a practical transport option to access hospital services, particularly those out of county.

Transport infrastructure varies across Lincolnshire, the west of the county benefiting from good connections while more rural and coastal regions lack comprehensive transportation options. As people age and their confidence in driving decreases, reliable and accessible public transport becomes even more critical. Further challenges like the withdrawal of 3G networks and the introduction of digital parking systems can create additional barriers for older individuals (BBC,

2023). This results in embedding reliance on home care provision as people are left with no transport choices. Additionally, unpaid carers are also adversely affected by poor access to transport (Watts, 2022).

## Case Study – Call Connect

- Call Connect is a bookable, on-demand bus service, contracted by LCC, which has been running since 2001.
- The service runs for 12 hours daily and 6 days per week - There are 34 services county wide, which provide access to services, local communities and other transport options.
- Call Connect neatly plugs the gaps in bus service provision that conventional bus services struggle to meet, particularly in deep rural areas where population density is typically low.
- Free older persons bus passes can be used on this service – there are currently 100,000 issued in Lincolnshire, used for 2.6m journeys per year, the majority by older people.
- The £2 bus fare cap applies to Call Connect journeys.
- Contributes to a reduction in social isolation.

(Source: Lincolnshire County Council, 2023)

Ensuring accessible, affordable, and safe public transport is essential to support active, healthy ageing, community engagement, and access to essential services. Addressing transportation challenges, especially in rural and coastal areas, is crucial to promote social inclusion and wellbeing for older individuals in Lincolnshire. At a time when private vehicle ownership has never been so expensive, ensuring affordable access to public transport is of paramount importance. Nationally, there is a £2 cap on bus fares which has recently been extended until December 2024 and will go some way to ensure bus travel remains as affordable for those who need it (Department for Transport, 2023). Additionally, there is significant funding now available to LCC to make improvements to the wider bus network that should enable greater access to services across the county. LCC are currently supporting active travel by promoting the 'first mile – last mile' scheme as part of an integrated transport approach, although in rural areas this may be difficult to realise. Despite this, it is important that we continue to provide opportunities for those who are able to travel actively so that we promote and embed active travel in people's lives as early as possible.



Less than **45%** of over 85s have access to private transport



Around **half** of Lincolnshire residents are unable to access their GP by walking or public transport within 15 minutes

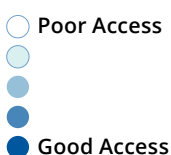
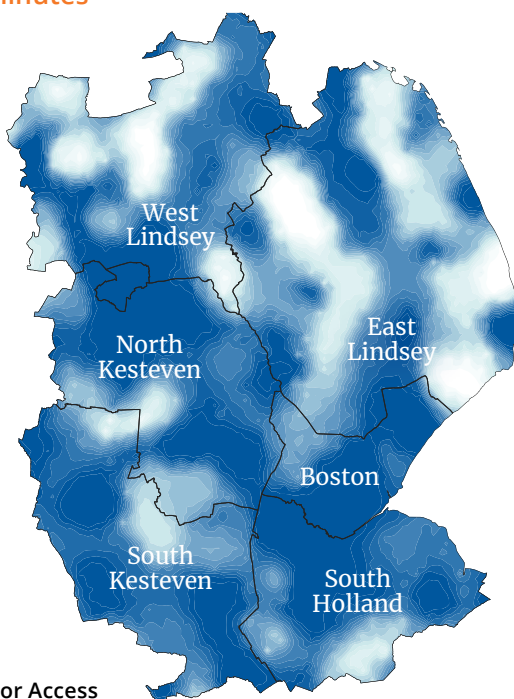


**Less than half** of Lincolnshire's residents can access urgent care or a community hospital within 30 minutes on public transport



Source: UK Data Service, 2022; LHIH, 2023

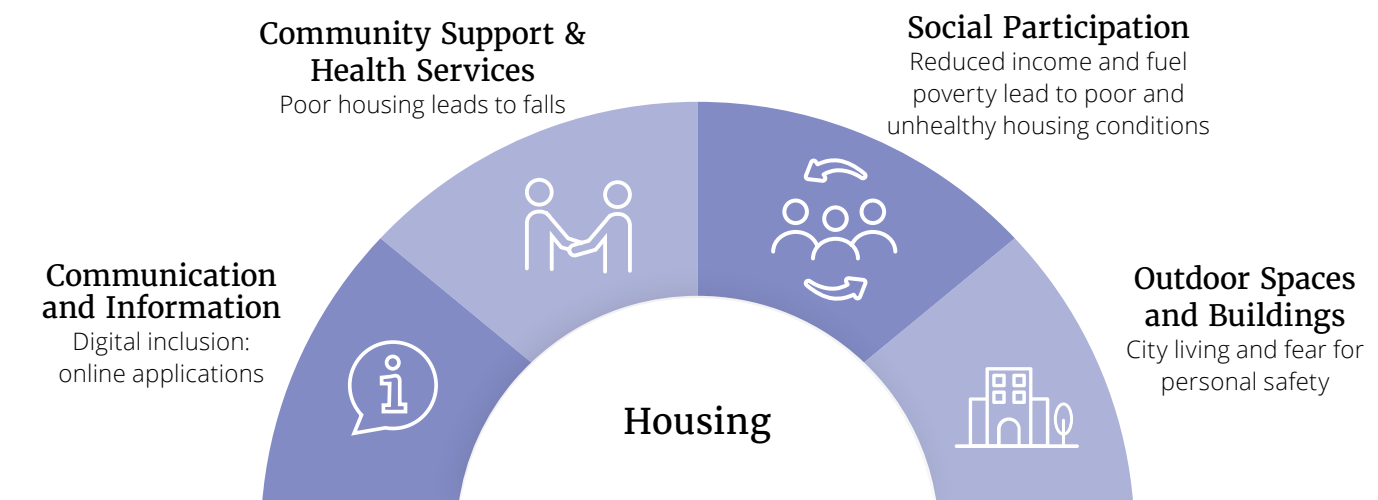
## Access to nearest GP 15 minutes



## Key Points

- Transport should be affordable and accessible to enable older people to age actively and engage with their communities. People are entitled to a free bus pass once they reach retirement age, and nationally fares are capped at £2 per journey until 2024.
- Long distances to access services and social support, particularly in eastern Lincolnshire which has sparse and inconsistent rural public transport connections and a poor road infrastructure, exacerbates social isolation.
- Considerable inequalities exist between those who must rely on public transport and those with access to personal transport.
- Services in Lincolnshire include; subsidised bus routes; hospital transport schemes; CallConnect bus services; and free bus passes.
- New funding will help to improve access to the public bus network.
- High costs and long travel distances further disadvantage unpaid carers.
- Transportation barriers potentially add to the burden on delivery of home care services which are already stretched.
- LCC's integrated transport approach includes elements of active travel initiatives.

# 11 Housing



Housing is fundamental to quality of life and ageing independently in the community. Suitable housing close to essential services plays a pivotal role in enabling older people to live comfortably and securely. Age-friendly adaptations support people to stay in their homes for as long as possible (WHO, 2023). When this is no longer feasible, a variety of housing options can help enable continued independent living.

Poor-quality housing, particularly cold and poorly maintained homes can significantly impact older residents, making them vulnerable to low temperatures, falls and accidents which can trigger a decline in health and potentially lead to a move into residential care (Lincolnshire County Council, 2022; UK Parliament 2018). There are many reasons people live in poor or unsuitable housing; fuel poverty where fuel costs leave people below the poverty line, lack of mains gas supply in rural areas, insufficient insulation, and poor ventilation, which may result in deteriorating living conditions (UKERC Energy Data Centre, 2023). Furthermore, those on low and reduced incomes are limited in their housing choices, typically having less desirable or poorer housing conditions than others, and finding themselves more likely to be living in rented tenures (Joseph Rowntree Foundation, 2013). Poor housing stock particularly affects older people living in the most deprived areas, along the east coast and urban areas. This means that some

older people in the county are likely to live at least part of their later years in ill health due to poor quality housing. There are a number of funds that District Councils administer, which are designed to provide support to people on low incomes to help them improve the energy efficiency of their homes.



**1 in 5** homes in Lincolnshire do not meet Decent Homes Standards



**14%** of households in Lincolnshire in fuel poverty

Source: UKERC Energy Data Centre, 2023

Lincolnshire Community Equipment Service (LCES) provides and maintains clinically prescribed equipment such as simple aids and hoists, this collaborative service is our response to the growing demand and complexity of need seen in recent years. In the period 2022/23 around 30k people were helped by this service, and to date around 115k items of equipment have been supplied. There is a current pilot scheme with a District Council to install and maintain stairlifts and access equipment, and from 2024 a wheelchair service will also sit under the LCES team.

In partnership with the Centre for Ageing Better, local authorities and other agencies across Lincolnshire are establishing a Good Home Alliance. To help local people and professionals access a comprehensive range of housing support and information, the Good Home Hub will be available shortly, via the [Connect to Support website](#). This will help older people to make informed choices to maximise their independence for as long as practical.

Targeted support is available via the Wellbeing Service commissioned by the County Council, which includes help with small aids for daily living, minor adaptations, and other home-related needs. Financial assistance in the form of means tested Disabled Facilities Grants (DFGs) for major adaptations such as installing showers or ramps are available. Work is ongoing to streamline this funding which will ensure an equitable and consistent approach countywide. Additionally local energy advice services will help older residents to make their homes more fuel efficient and District councils have developed a common discretionary housing assistance policy to support people who fall outside the provisions of the mandatory DFG or government energy efficiency grants schemes.

The Supported Housing Act 2023 requires local housing authorities and social services providers to

develop a strategy that aims to meet demand. In 2030, the need for over 65s supported housing or Extra Care Housing is expected to increase by more than a fifth in Lincolnshire, highlighting the potential impact on health and care services if supported housing requirements are unmet (Housing Health and Care Delivery Group (HHCDG), 2021). Due to a shortage of Extra Care Housing, the county council developed a programme with a variety of partners, resulting in De Wint Court Lincoln being fully operational. Future schemes are being developed, and by the end of 2027, it is projected there will be an additional 134 homes for older residents and people with disabilities.



**62%** of residents (65+) who own their own home report good health status compared to only **42%** for those who rent

Source: Census 2023



The cost of residential care per week is around **£800** rising to **£1,078** for nursing care

Source: Age UK, 2023

## Case Study: Lincolnshire Wellbeing Service

- The Wellbeing Service in Lincolnshire is designed to help residents to live independently, this is supported through a personal assessment, usually in the individual's home and includes identification of equipment and adaptations required and a survey of the property to assess its suitability.
- For those eligible for care and support, services may be supplied directly, or the individual may be put in touch with specialist services such as those supplying home equipment; simple aids for daily living; telecare; and the wellbeing response service.
- In the period 2022/23 9,754 referrals were made into the Wellbeing Service, an increase of 9% on the previous year; the majority of referrals (62%) are for people over 65 years.

Lincolnshire County Council, 2023



It is estimated the cost to the NHS for each cold or damp home is

**£750**

per year

Source: (BRE Group, 2023)



Costs for home care average around

**£15** per hour

Source: Age UK, 2021

## Extra Care Housing Case Study – De Wint Court, Lincoln

In Lincolnshire there are currently seven extra care schemes, with a total of 339 units of accommodation for older people. Following the development of De Wint Court in Lincoln in March 2022, the number of units available in the county increased by 20%. It is anticipated this will increase by a further 25% by the end of 2025.

De Wint Court offers 70 extra care housing units and approximately 10% of residents came from residential care, thus reducing the financial burden on local authorities as well as supporting our vision to enable people to live independent lives in their own homes.

In the first year, residents reported reductions in isolation, loneliness, and self-neglect as well as a significant increase in independence. In addition, a 30% reduction in care and support hours has been reported.

Source: Lincolnshire County Council, 2023

## Key Points

- Poor housing conditions for older people can impact physical and mental health, quality of life and the ability to age independently and actively in their communities, in turn these impact on health and social care services.
- Means tested Disabled Facilities Grants, discretionary housing assistance and energy efficiency schemes are available to enable older people to remain in their homes for as long as possible.
- Supported Housing and Extra Care Housing provides older people with housing options which enable them to remain independent but with appropriate support when needed. Both are cost-effective options which help reduce the costs of providing residential care.
- Various partnerships are working together to provide more extra care housing and information resources to enable older people to live as independently as possible for as long as possible.

# 12 Conclusion

Collectively the domains discussed in this report highlight the challenges and opportunities in empowering ageing populations in Lincolnshire, with a focus on promoting active ageing, improving access to essential services, and creating age-friendly environments. Without this focus on supporting our population to age well, the demands upon our over-stretched health and care services and workforce will continue to rise.

**‘Personal circumstances have a big impact on healthy ageing...’**

We have demonstrated how a person’s individual circumstances can present opportunities to thrive in later life or become barriers to ageing well. These include financial status, physical and mental health, family and social networks, digital inclusion, and employment.

**‘...but there are considerable structural challenges that older people face too.’**

Elements outside a person’s control can be detrimental to ageing well in Lincolnshire. We know that living in a rural or coastal community has its benefits in terms of access to green and blue space and mitigating the onset of ageing but it can also negatively impact how older people age. For those who are digitally excluded, or without access to reliable transport options to enable access to amenities, services and social opportunities, they can become isolated. In turn this can exacerbate health inequalities and pressures on health and social care services.

## What’s Next

Our analysis of the age-friendly community framework in this report has demonstrated the interdependency between domains. Throughout the report we have detailed the links between the domains, showing where we are likely to be able to make the most impact (Figure 2).

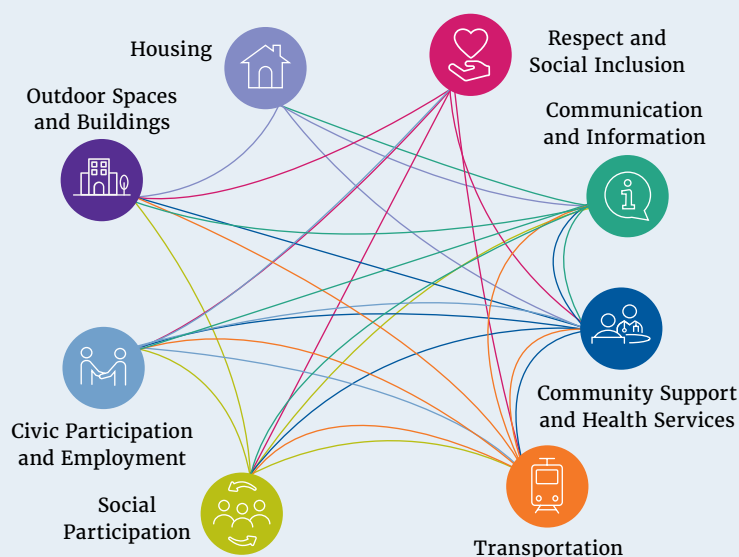


Figure 2 Interdependency between the age-friendly domains

By effecting a change or improvement in an aspect of one domain, there can be far reaching positive impacts on others, which cover all interdependent aspects of ageing well in Lincolnshire.

Whilst challenges are not insurmountable, we have the ability within LCC and across District Councils and 3rd sector organisations to prioritise specific focus areas to reasonably effect measurable impact. Within the eight domains, we can pick out some of the ‘sub-themes’ where if focussed efforts on improving opportunities were made, we could not only add years to life, but life to years.

## Social isolation

In a rural county where experience of loneliness and isolation is likely to be greater, tackling social isolation through social participation and integration, through volunteering opportunities and intergenerational activity can prevent the onset of long-term conditions and reduce unnecessary utilisation of health and social care services.

**Recommendation** - Link up, make accessible and promote the existing services that prevent social isolation among our older residents in Lincolnshire.

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## Transportation

Rurality and distance between local amenities or health care provision plays a major role in health outcomes, while at the same time increasing the potential burden on the delivery of stretched care services. Promoting affordable, accessible public transport infrastructure to enable better access to health care, and green and blue spaces, will link our most isolated communities and be fundamental in reducing health inequalities.

**Recommendation** - Continue to champion our community public transport services to ensure it is as accessible as possible to our most vulnerable and isolated communities. Promote opportunities for active travel.

## Digital inclusion

Whilst we expect issues with digital exclusion amongst our older communities to diminish, it is important to ensure the barriers to exclusion are understood and tackled. By utilising and building upon existing intelligence we can ensure 'excluded' communities are supported in the ways required to ensure they are not left behind in an increasingly digital world.

**Recommendation** - Continue to support efforts for the expansion of broadband and digital connectivity across Lincolnshire. Promote the many services and schemes for our communities to become digitally aware and skilled.

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## Housing

As our population ages we inevitably need to consider whether housing provision is suitable and sufficient. By supporting older people to make informed decisions about where they live and how they can be supported to stay in their own home, if they choose to do so (through simple housing adaptations for example), this can have a lasting impact on healthy ageing.

**Recommendation** - Continue to support our older residents to decide where they choose to live through our established offers.



East Lindsey has been recognised as a WHO healthy ageing area, showcasing the potential for positive outcomes when addressing the ageing agenda strategically. The local legacy of this initiative can serve as a model for other districts to learn from and potentially build upon. Sharing experiences and insights can foster collaboration among our services, leading to improved provisions and better outcomes for ageing populations across the nation.

**Recommendation** - Utilise the DPH report as a precursor for a Lincolnshire State of Ageing Report and support our districts to develop baseline assessment of need.

Through reviewing literature within the context of Lincolnshire and using local intelligence we have illustrated that without the strategic direction to prioritise how we support older people to live healthy, active, productive and fulfilling lives in Lincolnshire, we will only be exacerbating the burden of ill health and reliance on an overburdened health and social care workforce. This is an increasing and ever-present consideration when accounting for the increases in population growth expected in the older population over the next 20 years. As ever, these challenges often have the greatest impact on the most vulnerable or hardest to reach residents, as a result intensifying health inequalities. By gaining a more insightful understanding of what it is like to age in Lincolnshire we can start enhancing and adapting our approaches to better meet the needs of the local population. Addressing the ageing agenda in Lincolnshire is a collective effort, and we are committed to working together with all our partners to create a healthier and more inclusive environment for our ageing population. By recognising the challenges and opportunities that lie ahead, we can build a brighter future for older residents.

# 13 Glossary

## **COPD – Chronic Obstructive Pulmonary Disease**

The name for a group of lung conditions that cause breathing difficulties, it includes emphysema (damage to the air sacs in the lungs) and chronic bronchitis (long-term inflammation of the airways). Mainly affects middle-aged and older adults who smoke. (NHS)

**Co-production** This refers to a way of working, whereby everyone works together on an equal basis to create a service or come to a decision which works for them all, in the context of this report this would be older people collaborating with service commissioners. (Think Local Act Personal)

**Digital Inclusion** This covers three things:

- **Digital skills** being able to use digital devices such as computers and the internet
- **Connectivity** Access to the internet through broadband, wi-fi, and mobile
- **Accessibility** Services designed to meet all users' needs, including assistive technology. (NHS Digital)

**Disabled Facilities Grant (DFG)** Means tested grant paid by local authorities to aid owners or tenants to adapt their accommodation. (Age UK)

**Extra Care Housing** Assisted living (also known as extra-care housing) is a type of 'housing with care' which means you retain independence while you're assisted with personal tasks. (Age UK)

**First Mile – Last Mile** – Refers to the initial and final segments of a journey. People are encouraged to walk the first part and last part of a journey to encourage increased physical activity, for example, to walk to a bus stop further from their normal stop, and on the return journey get off the bus a stop early. (Journal of Urban Technology)

**Fuel Poverty** Relates to households that must spend a high proportion of their income to keep their home at a reasonable temperature. It is affected by three factors: household income, fuel costs, and energy consumption which is often affected by poor energy efficiency of the dwelling. (House of Commons Library)

**Mortality** Death. (NIHR (National Institute of Health Research))

**Pension Credit** Pension Credit gives you extra money to help with your living costs if you're over State Pension age and on a low income. Pension Credit can also help with housing costs such as ground rent or service charges. (GOV.UK)

**Population Health Management (PHM)** PHM is a way of working to help frontline teams understand current health and care need and predict what local people will need in the future. This means that care and support can be tailored for individuals, and more joined-up and sustainable health and care services can be designed to make better use of public resources. (NHS England)

**Protected Characteristic** It is against the law (Equality Act, 2010) to discriminate against anyone because of age, gender reassignment, marital status, pregnancy or maternal leave, disability, race or ethnic origin, religion or belief, sex, and sexual orientation. (GOV.UK)

**Social Prescribing** An approach that connects people to activities, groups, and services in their community to meet the practical, social, and emotional needs that affect health and wellbeing. Referrals come from local agencies, charities, social care, and health services such as GPs. (NHS England)

**Supported Housing** Accommodation which is provided alongside support, supervision or care to help people live as independently as possible in the community. (Dept. For Levelling Up, Housing & Communities)

**World Health Organization (WHO)** The World Health Organization is the United Nations agency dedicated to the wellbeing of all people and guided by science, that leads and champions global efforts to give everyone, everywhere an equal chance to live a healthy life. (WHO)

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**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Derek Ward, Director of Public Health, and Chair of the Lincolnshire Health Protection Board

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>Health Protection Board Annual Report 2023 - 2024</b>

**Summary:**

The purpose of this report is to provide members of the Health & Wellbeing Board with an update on the Health Protection assurance arrangements in Lincolnshire, summarise activities undertaken during 2023-24, and outline key priorities for 2024-25.

Health Protection arrangements across Lincolnshire are robust and monitored quarterly by the Lincolnshire Health Protection Board.

**Actions Required:**

1. The Lincolnshire Health and Wellbeing Board are asked to note the Director of Public Health's Annual Health Protection Summary Report.
2. To note and support the focus and priorities for 2024-25, including programmes of work delivered through the Integrated Health Protection Working Group.

**1. Background**

Health Protection seeks to prevent or reduce harm caused by communicable diseases and minimise the health impact from environmental hazards such as chemicals and radiation. As well as major national immunisation and screening programmes and the provision of health services to detect, diagnose and treat infectious diseases, Health Protection also encompasses planning, surveillance and response to incidents and outbreaks.

Health protection is *"the protection of individuals, groups and populations through expert advice and effective collaboration to identify, prevent and mitigate the impacts of infectious diseases and environmental, chemical and radiological threats"*. Many organisations have statutory responsibilities for different elements of health protection and an effective, functioning health protection system requires strong collaborative working across all partners.

The effective delivery of local health protection services requires close partnership working between UK Health Security Agency (UKHSA), the NHS and local government, amongst others. Core health protection functions expected of local health systems include:

- Emergency preparedness, resilience, and response
- Communicable disease control
- Risk assessment and risk management
- Risk communication
- Incident and outbreak investigation and management
- Monitoring and surveillance of communicable diseases
- Infection prevention and control in health and care settings
- Delivery and monitoring of immunisation and vaccination programmes
- Environmental public health and control of chemical, biological and radiological hazards

The Director of Public Health (DPH), employed by upper tier Local Authorities with Public Health responsibilities, should be assured that the arrangements to protect the health of the communities that they serve are robust and implemented appropriately to local health needs. This includes seeking assurance that all organisations involved in health protection co-operate and work together, including agreeing funding, roles and responsibilities and operational elements of response to incidents and outbreaks.

They also need the opportunity to escalate concerns as necessary, when they believe local needs are not being met. This may include reports to the Health Protection Board and / or the Health and Wellbeing Board

## **2. Health Protection System Arrangements**

### **2.1. Integrated Health Protection Framework**

The responsibilities of Local Authority Public Health functions, including Health Protection, are underpinned by legislation under the Health and Social Care Act 2012. In addition to this the Integrated Care Board (ICB) also have a responsibility for Health Protection. With the introduction of the Health and Care bill (2022), ICBs and Integrated Care Partnerships (ICPs) will work closely with the NHS and Local Authorities to support greater collaboration and joint working. The Integrated Health Protection Framework (IHPF) for Lincolnshire was drafted in 2023 to support the new approach to joint working. This was formally signed off by the Health Protection Board in January 2024, see Appendix A.

### **3. Health Protection Activities 2023-24**

#### **3.1. Reducing Infectious Diseases and Managing Outbreaks**

A full report detailing the breakdown of performance across the following work areas is detailing in Appendix B – Lincolnshire System Integrated Health protection Report:

- Infection Prevention and Control
- Outbreak Identification and Rapid Response
- Communicable Disease Control

#### **3.2. Vaccination and Immunisation**

Vaccination in children is separated into under 5's vaccinations, delivered almost exclusively by general practices, and school age vaccinations delivered in Lincolnshire by the School Aged Immunisation Team (SAIS) which is based in Lincolnshire Community Health Services (LCHS). The rates of immunisation for routine childhood (<18) vaccinations have been stagnant or falling nationally, and this picture is mirrored within Lincolnshire. Rates of under 5 vaccinations vary based on the timing of vaccinations with those delivered later having lower uptake. School aged immunisations have fluctuating performance but have dropped significantly since COVID and have not recovered to previous levels.

To address this, a multiagency group was brought together to better understand the reasons why vaccination rates were stagnant or falling and develop an action plan to reverse this trend. A more detailed investigation into Lincolnshire data on General Practice delivered vaccinations has been conducted by the Public Health Intelligence Team as part of their data analysis support to the working group. In summary, if there are two domains to focus on (individual factors and systemic factors) then the data tells us that systemic factors dominate. Individual factors such as deprivation, or ethnicity, whilst inherent in conversations, discussions, and decisions, contribute to a lesser extent in explaining vaccine variation across the registered general practices in Lincolnshire.

Key actions of the working group thus far have been:

- a detailed analysis of the available data by the public health analysis team
- Forming a network to disseminate the best health promotion materials
- Ongoing work interviewing GP practices to better understand barriers and enablers to improving vaccination uptake
- Developing a vaccination questionnaire, and commissioning 1:1 interviews in the most deprived areas of the county to better understand why rates are lower in certain communities
- Linking school age immunisation team with education and co-developing a strategy for better engagement with schools

Furthermore, in Lincolnshire we have developed an action plan to improve child immunisation based upon reviews of local data, published literature, and national guidance, as well as querying regional colleagues for alternative models of vaccination and vaccination interventions. See appendix C for full details.

### 3.3. Seasonal Vaccination

Seasonal vaccinations for both adults and children continue to be a challenge, with both rates of vaccination for Covid-19 and Flu below where we would like for Lincolnshire, albeit better than national averages. Extensive work across the system, linked to the newly formed Lincolnshire Immunisation Board, will see systemwide work being undertaken to improve uptake across all cohorts and especially our own health and care workforces.

Cohort	National (%)	Midlands (%)	Lincolnshire (%)
Care Home Residents	81.4	81.1	81.9
Healthcare Workers	44.3	40.3	45.7
Social Care Workers	23.1	22.6	24.4
80+	79.7	79.3	84.6
75-79	78.8	78.7	83.2
70-74	74.0	73.7	80.1
60-69	64.7	64.5	72.7
At Risk	29.8	29.1	37.3
12-15 At Risk	14.3	12.4	16.0
12-17 Household Contacts of Immunosuppressed	1.3	1.4	1.3
5-11 At Risk	19.6	17.4	16.5

Table 1 – Covid-19 Vaccination Uptake Rates, accurate as of the 29 January 2024.

Cohort	Lincolnshire (%)
Aged 65+	80.0
Under 65 At Risk	49.9
Care Home Residents	83.0
Household Contacts Of Immunosuppressed	43.3
Healthcare Workers	50.0
Social Care Workers	29.6

Table 2 – Flu Vaccination Uptake Rates accurate as of the 29 January 2024.

It is evident that programmes perform well compared to national comparators, with good uptake in those most vulnerable, but still leaves significant risks with underrepresentation across the Health and Care workforce.

### 3.4. Measles

In January 2024 Measles was declared a national incident by UKHSA. This was prompted following a gradual decrease of children being vaccinated against the disease alongside an increase in reported cases. Measles is a highly infectious disease that can sometimes lead to serious problems such as pneumonia, meningitis, and on rare occasions, long-term disability, or death. It is a vaccine-preventable disease and the best way to prevent Measles infection is to have 2 doses of the MMR Vaccine.

Since 2022, measles activity has been slowly ramping up globally with large outbreaks currently underway in multiple countries in South Asia and Africa.

During 2023 there was a resurgence of measles in England. From 1 January to 31 December 2023 there were 368 laboratory confirmed measles cases, 122 (33%) of these in London and 160 (44%) in the West Midlands, however all Regions had reported cases, promoting declaration from UKHSA of a National Standard Incident Response for measles. The purpose of this response was to oversee the risk assessment and public health response to the outbreak in the West Midlands and to coordinate the multi-agency input to the response nationally, limiting further spread to other high-risk areas.

As of 1 February 2024, UKHSA have been notified of 26 suspected Measles cases in Lincolnshire. Following testing, all 26 were negative. There have been 0 confirmed cases or outbreaks in Lincolnshire to date.

#### **3.4.1. Lincolnshire Preparedness**

Partners across the Integrated Care System (ICS) are preparing for the possibility of clusters or outbreaks of measles, and we are working with system colleagues and other stakeholders to ensure that local outbreak plans are robust and include learning from colleagues in the Midlands region who have refined their processes to manage large outbreaks (these have occurred in areas where MMR vaccination uptake is low).

#### **3.4.2. Engagement Strategy**

Engagement to date has taken two core approaches, the first being direct engagement with the health and care system who are likely to encounter service users and/or patients who are symptomatic for measles. This approach has focussed on managing suspected cases across primary and secondary care as well as within the social care and wider systems. This also includes the development of action cards and communications to core services to ensure cases/outbreaks are managed accordingly.

The second component is a proactive and targeted communications and engagement approach aimed at improving MMR uptakes across underserved populations, health and care teams who have staff that are unvaccinated, engaging with local GP practices to improve their local offer and linking in with the national communications on the MMR catch up campaign.

This is supplemented by the work already underway to improve all childhood immunisations, both pre-school and school aged, as part of the Public Health led Childhood Immunisation Programme. This has involved all key system partners and is working across education, primary care, with parents and children, immunisations teams as well as NHSE, and ICB colleagues.

#### **3.4.3. Media and Communications**

UKHSA regional communications teams are currently leading the communications response. They have advised local areas and services strict adherence NOT to disclose further information regarding confirmed, possible, or suspected cases.

Locally, we have developed a System Communications Strategy which has been shared with comms leads, and this identifies key spokespeople from the ICB and LCC.

### **3.5. Emergency Preparedness, Resilience and Response**

Organisations across Lincolnshire collaborate to ensure resilience to emergencies or major incidents and prepare for an effective multi-agency response, whilst maintaining resilient to deliver critical activities and essential services. This aids in providing an appropriate level of service during disruption and promotes the continuity of delivery both during and following an incident. In Lincolnshire, the top risks are:

- Pandemics
- Coastal and fluvial flooding
- Power loss
- Severe weather
- Terrorism

Through the lens of Health Protection, LCC Public Health contributes to the emergency preparedness, resilience, and response (EPRR) arrangements across the health and care system within Lincolnshire, with the overarching objective to seek assurance that effective plans are in place to protect the health of the local population. Post-pandemic priorities have included:

- Supporting, through partnership working, the transfer of EPRR responsibilities from NHS England to Lincolnshire ICB in their newly established role as Category 1 responders under the Civil Contingencies Act 2004.
- Refining pandemic preparedness and response arrangements through learning identified during the Covid-19 pandemic.
- Co-chairing the Local Health Resilience Partnership with Lincolnshire ICB, and in conjunction with them, developing and managing a work plan across the Lincolnshire Health Community to ensure the objectives within the LHRP strategic plan are achieved.
- Providing specialist public health advice and expertise to the Local Resilience Forum through emergency planning activities in line with the integrated emergency planning framework principles.

Looking ahead to 2024-25, LCC Public Health will take an active role in the NHS Core Standards Annual Assurance process, working in partnership with NHS England and Lincolnshire ICB to review evidence of the compliance of NHS Providers in Lincolnshire against the NHS Core Standards for EPRR.

### **3.6. Clinical Service Commissioning**

Clinical service commissioning is the process which is used to plan, purchase and monitor various health services. As a local Government we are best placed to ensure that the available funding is used to meet the needs of local people.

#### **3.6.1. Sexual Health**

Integrated sexual health services in Lincolnshire and Northern will be provided by LCHS, following the outcome of a joint procurement exercise with North and North East Lincolnshire councils. The new service model launches in April 2024 for up to seven years.

Integrated sexual health services provide service users with open access to confidential, non-judgemental services including sexually transmitted infections (STIs) and blood borne viruses (BBV) testing (including HIV), treatment and management; HIV prevention including pre-exposure



prophylaxis (PrEP) and post-exposure prophylaxis (PEP); the full range of contraceptive provision; health promotion and prevention including relevant vaccination. In Lincolnshire, the service will include NHS England funded HIV treatment and care.

Additionally, the charity Positive Health has been recommissioned and will continue to provide support services for people living with HIV in Lincolnshire, as well as some outreach and sexual health promotion services across Greater Lincolnshire. HIV support services include peer support, help for people to deal with HIV stigma, to cope with a diagnosis, to understand HIV treatment and the importance of adherence, self-care, and to practise safer sex. They address the social and welfare needs that are common for people living with HIV and co-morbidities, such as poverty, unemployment, insecure housing, uncertain migration status and social isolation and thereby helping people to stay in care and adhere to HIV treatment, key objectives in the plan to end HIV transmission.

GP long-acting reversible contraception (LARC) services are currently being evaluated.

### **3.6.2. Substance Misuse**

Following the recommissioning of the drug and alcohol treatment service, LCC have awarded a 5-year contract (which can be extended twice, to a maximum of 9 years) to the partnership of Turning Point, Double Impact and Framework Housing to deliver an age-integrated treatment and recovery service which will go live on 1st April 2024.

The service will take a 'Recovery First' approach to delivery, with lived experience being fully integrated across the system. It will be delivered from 6 hubs across Lincolnshire plus a network of satellite venues to ensure equity of access across the county. The staff currently delivering the service, who are employed by With You will transfer their employment to the partnership, ensuring the Council holds onto their valuable experience and expertise. The new service will build upon the strengths of the existing service and support us in our ambition to have a high-quality treatment and recovery service in Lincolnshire.

Lincolnshire County Council is working closely with the new partnership and With You to ensure the transfer process over the coming months is as seamless as possible.

## **4. Forward Look – 2024-25**

Over the course of the coming year, the Council's Public Health, Health Protection Service will continue to retain a strong focus on maintaining a robust Health Protection system across Lincolnshire, ensuring that as an ICP we are equipped locally to respond to emerging threats. Priorities for 2024-25 will be set at the next Health Protection Board, but will align with the current years, as set out below.

Lincolnshire Health Protection priorities for 2023-2024 are set out below:

- Support the preparedness for, response, and recovery from health protection incidents.
- Contribute to the continued recovery of immunisation and vaccination programmes with a focus on reducing inequalities.
- Work with the NHS to support national priorities and actions outlined in the Tuberculosis (TB): action plan for England, 2021 to 2026, using local intelligence to inform how we should act.

- Contribute to AMR programmes and achievement of the 5-year UK AMR Action Plan objectives.
- Ensure clinical services provisions continue to meet the ever-changing needs of the population of Lincolnshire.

## 5. Conclusion

The 2023-2024 Health Protection Annual Report has presented a wide range of activities to protect the health of Lincolnshire population. The report sets out future priorities for delivery through joint work with our partners across the Health Protection system, with oversight and assurance of this work via the Health Protection Board.

The report will be published once it has been agreed by Lincolnshire Health & Wellbeing Board.

## 6. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

Immunisation, vaccination, and screening cuts across all aspects of the start well, live well, age well JSNA themes, as detailed within the report. The IPC workstream has a direct impact on enabled individuals for live and age well, specifically those engaged with our Adult Social Care services.

Protecting people from infectious diseases has a direct impact across all themes of the JLHWS.

## 7. Appendices

These are listed below and attached at the back of the report	
Appendix A	Lincolnshire Integrated Health Protection Framework
Appendix B	Lincolnshire System Integrated Health Protection Report
Appendix C	Childhood Immunisation Action Plan

## 8. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

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### LINCOLNSHIRE INTEGRATED HEALTH PROTECTION FRAMEWORK 2023/24

#### 1. Introduction

The 2022 Health and Care Act introduced new legislative measures that aim to make it easier for health and care organisations to deliver joined-up care for people who rely on multiple different services. The introduction of ICPs and ICBs means the health and care system is facing momentous change, strengthening partnerships between the NHS, local authorities, and other local partners, including groups representing the public and patient perspective, the voluntary sector, and wider public service provision.

In line with the shift towards greater collaboration and integrated working, the Integrated Health Protection Framework sets out the arrangements in place to strengthen strategic, tactical, and operational cooperation between system partners, to optimise delivery and/or assurance on the following key Health Protection areas:

- Infection Prevention & Control (IPC) in health and care settings of healthcare acquired infections (HCAI).
- Communicable Diseases Incident and Outbreak Management, including Tuberculosis & Hepatitis.

The framework sets out the core principles for integrated working across the Health and Care system to deliver against the key Health Protection areas outlined above. The framework demonstrates a common desire of the system Health Protection functions to create a more effective integrated partnership working arrangement through:

- Developing joint priorities for health protection activities across health and care organisations locally
- Agreeing a system Health Protection Strategy with shared strategic objectives.

Each constituent organisation within this Framework remains responsible and accountable for the delivery of their Health Protection functions in accordance with their relevant statutory duties. Formal consultation of the newly developed framework is underway with system partners currently.

#### 2. What does this mean in principle?

This framework demonstrates a common desire of the system Health Protection functions to create a more effective integrated partnership working arrangement through:

- Joint priorities for health protection activities across health and care organisations.
- Agreeing a system Health Protection Strategy with shared strategic objectives.

### 3. Operational Delivery and Administration

The operational delivery of work undertaken within the scope of this framework will be led by the Integrated Health Protection Working Group (IHPWG). The Terms of Reference for IHPWG will be ratified by Health Protection Board. The administrative duties to support the effective running of the IHPWG will be shared between LCC and LICB on a rotational basis.

### 4. Health Protection Integrated Pathways

The following tables identify each organisations' core workstreams and the opportunities for integrated working within the identified Health Protection areas:

#### IP&C

LCC core work	Integrated working opportunities	LICB core work
<ul style="list-style-type: none"> <li>IP&amp;C QA and support to LCC commissioned services including outbreak oversight and support.</li> <li>Delivery of Adult Social Care IP&amp;C Link Practitioner programmes.</li> </ul>	<ul style="list-style-type: none"> <li>System IP&amp;C Group joint initiatives.</li> <li>Joint IP&amp;C Link Practitioner programmes and framework (to include all system partners).</li> <li>Core IPC Training/ CPD offer to include a range of common roles in health and care settings.</li> <li>Joint IP&amp;C promotional activities e.g. hand hygiene day and antibiotic awareness.</li> <li>Joint delivery of an annual IP&amp;C conference for Health and Care.</li> <li>Use of NHS Futures platform to share documentation and resources.</li> </ul>	<ul style="list-style-type: none"> <li>IP&amp;C QA and support to LICB commissioned services including outbreak oversight and support.</li> <li>Delivery of Primary Medical Care IP&amp;C Link Practitioner programmes (other Primary Care programmes to be added).</li> </ul>

#### CDC incidents and outbreaks

LCC core work	Integrated working opportunities	LICB core work
<ul style="list-style-type: none"> <li>Clinical support to outbreaks in Care Homes, Education and early years, and Asylum Seeker Accommodation settings. This includes</li> </ul>	<ul style="list-style-type: none"> <li>Joint clinical CDC incident and outbreak response function.</li> <li>Having an awareness of each organisations' legal duties under the Civil Contingencies Act.</li> <li>Winter preparedness and response arrangements.</li> </ul>	<ul style="list-style-type: none"> <li>Coordination and/or delivery of the CDC Health response including where necessary mobilisation of additional health resources.</li> <li>Clinical team administer using PGDs where</li> </ul>

swabbing for Covid-19 and Influenza.	<ul style="list-style-type: none"> <li>• Creating PGDs for use by each of the organisations.</li> <li>• Use of NHS Futures platform to share documentation and resources.</li> </ul>	possible and have responsibility to source prescribers where PGD is not appropriate.
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## 5. Capacity Management

LCC’s core permanent nursing model consists of:

- 3 x 1.0 WTE Senior Health Protection Nurses
- 1 x 0.6 WTE Senior Health Protection Nurse

For LCC to maintain its core function – which includes outbreak management and swabbing in care settings, schools and early years settings, and asylum accommodation settings – a minimum of two Senior Health Protection Nurses must be available and assigned to the duty desk during business working hours.

LICB’s core permanent nursing model consists of:

- 1 x 1.0 WTE Lead Nurse
- 2 x 1.0 WTE Senior Health Protection Nurses
- 1 x 1.0 WTE Health Protection Practitioner (non-registered)

When LCC are operating with the full complement of nursing staff, support to LICB can be provided. When operating below the full complement of core nursing staff, support may not be available due to the impact this would have on LCC’s ability to deliver its own service.

To ensure that LCC and LICB continue to deliver the minimum service requirements during periods of increased demand, support from the wider system will need to be requested. A clear process for escalation to the wider system is in place in the form of the Lincolnshire Health Response to Communicable Disease Outbreak. This Action Card is held by UKHSA and ICB commanders and outlines the process for mobilising system partners under their contractual agreement.

LICB also has access to a “rapid response team” consisting of registrants from the community vaccination team. The process to mobilise this team is detailed in the Lincolnshire NHS Health Protection Community Swabbing Pathway.

In the event of a Major Incident being declared, responsibility then falls to EPRR/LRF teams (under the Civil Contingencies Act 2004), and the Health Protection leads would be available to provide specialist advice.

## **6. Process for updates and reviews**

Due to the ever-changing landscape of health and care, the framework will remain a dynamic document and can be updated and reviewed as needed.

## **7. Governance arrangements**

The Integrated Health Protection Framework will be agreed and monitored via the Lincolnshire Health Protection Board and the NHS Lincolnshire ICB QPEC.

## **8. Next Steps**

- This framework will be authorised and utilised jointly by Lincolnshire County Council and NHS Lincolnshire ICB as part of their respective system Health Protection functions.
- A plan of work will be devised showing integrated activities with responsibilities for tasks and timeframes identified.
- Review and evaluation of the framework will take place (annually).



### SUMMARY OF ACTIVITY 2023/24

#### 1. Introduction

The Infection Prevention and Control work stream within the integrated Health Protection functions of both Lincolnshire County Council (LCC) and NHS Lincolnshire Integrated Care Board (LICB) incorporates strategic assurance and reporting against the 10 criteria of the Hygiene Code, strategic support and advice to commissioners of LCC and LICB funded services and an infection prevention and control (IPC) support provision to both social care and primary care settings.

The LCC and LICB Health Protection Teams assess compliance evidence to ensure providers have the appropriate infection prevention and control systems and processes in place to provide good quality, clean, safe care in accordance with Regulation 12 of the Health and Social Care Act 2012 and other key national and local policies. Triangulation of assurance is achieved by strict scrutiny and oversight of Healthcare Associated Infections (HCAI's), related serious incidents (SI) and by conducting quality assurance visits at provider sites. Other forms of assurance are obtained to add to the 'confirm and challenge' element of the assurance process.

They coordinate and chair their respective quarterly Link Practitioner meetings for Social Care and Primary Care, providing a support function to these areas in terms of IPC. The Health Protection Teams also provide online platforms for sharing policies, guidance and resources as well as a discussion forum for peer support within their respective settings.

The Communicable Disease Control workstream involves joint working of the Health Protection Teams team following notification of an incident or outbreak by UKHSA. This typically involves planning and preparation in mounting an appropriate response to the given situation. This may involve deployment of staff to a site to administer prophylaxis, coordination of mass screening or treatment or ensuring prophylaxis or treatment is available to those affected by other means and providing advice to prevent onward transmission. The success of the response depends on good communication with other stakeholders and specialist knowledge of the diseases involved and responses required.

#### 2. IPC assurance and support to NHS commissioned services.

The LICB Health Protection team leads on both the assurance and support elements for IPC in the 'Health' element of the Lincolnshire system. For assurance, the LICB Health Protection team follows the quality assurance frameworks for both commissioned providers and primary care to ensure consistent approach to the assurance pathways for the wider quality functions of the LICB.

For all commissioned service other than primary care, the IPC assurance schedule is assessed based on the level of clinical risk (specific to IPC related interventions) held by that provider i.e. an acute hospital trust would need more oversight and higher levels of assurance compared to an elective MSK service provider. In terms of IPC support, the larger organisations have their own 'in house' IPC teams so need little in the way of advice and support however for smaller providers, access to the LICB Health Protection Team for advice and support is routinely offered.

For primary care more structured support is offered including online access to IPC resources i.e., Template policies, IPC guidance and forums etc. all hosted by the LICB Health Protection team. The team also provide a quarterly IPC Link Practitioner meeting/training session and offer supportive visits to practices as needed.

### 3. IPC assurance and support to LCC commissioned services.

Since April 2013, all providers of Health and Adult Social Care are required to register with the Care Quality Commission (CQC) and declare themselves compliant against the Health & Social Care Act 2012, and for Outcome 8 (Regulation 12) of the Essential Standards of Quality and Safety and its supporting document '*The Code of Practice on the prevention and control of infections and related guidance*' (revised July 2015)<sup>1</sup>.

Lincolnshire County Council (LCC) as the commissioning organisation for Adult Social Care has a responsibility to monitor and performance manage care providers, to ensure compliance and delivery against the ten IPC, this role is undertaken by the Local Authorities Commercial and Contract Team; supported by the Health Protection Team, who provide specialist support and advice through inspection with supportive reports. Formal assurance processes provide IPC assurance to the Director of Public Health and Health & Wellbeing Boards.

The Local Authority Health Protection IPC programme seeks assurance across H&SC economy and in addition, delivers a functional role through the provision of specialist support to commissioners. Through the programme, there is also the provision of a tailored IPC service which incorporates IPC inspection programme, including a countywide link champion network for Adult Social Care services. The Local Authority Health Protection Team work closely with the CQC and wider Lincolnshire health and care system to ensure that IPC standards in Local Authority commissioned care services are maintained. Where standards fall below that which was expected or where there are professional concerns pertaining to IPC quality and outbreak management, settings are actively followed-up with a reactive IPC inspection.

The tangible positive impact of such intervention for the Lincolnshire health and care system has been highly commended, particularly considering the system pressures felt across acute and community services. In several cases, such interventions have averted regulatory action such as deregistration, improved patient outcomes, avoided hospital admissions, and has supported providers in raising their standards and building resilience amongst staff.

### 4. Communicable disease incidents and outbreaks

The integrated Health Protection functions are responsible for the response to incidents and outbreaks of infectious disease in Lincolnshire. This may be offering specialist advice and support as part of the Outbreak Control Team (OCT) and Incident Management Team (IMT) meetings which are chaired by UKHSA, issuing prophylactic antivirals or antibiotics, mass vaccination or screening.

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<sup>1</sup> [The Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance \(publishing.service.gov.uk\)](https://www.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/404247/the-health-and-social-care-act-2008-code-of-practice-on-the-prevention-and-control-of-infections-and-related-guidance.pdf)

Examples of the work undertaken by the integrated Health Protection teams during 2023/24 include 2 large scale TB screening events. The first, in Boston, screened the homeless population and the second, factory workers in Spalding. Both incidents were coordinated by the integrated Health Protection functions and included partnership working with other stakeholder organisations to ensure each contact was maximised in relation to services most useful to the patient cohorts in line with 'Making every contact count' (MECC) principles.

- **Boston: Tuesday 14th March**

Find and Treat X-Ray service were involved in the screening process. Covid/Flu vaccinations were also offered to those screened. Health Promotion stands included: We Are with You – substance misuse, LPFT – smoking cessation advice, Framework – housing, hostel and employment advice, Lincolnshire Integrated Sexual Health Service (LiSH), Specialist Neighbourhood Practitioners – engagement and GP registration, Positive Health – to work alongside LiSH, UKHSA Field Services – data input.

- **Spalding: 20th and 21st June**

IGRA blood tests undertaken by TB team with support from system partners. Health promotion stands included: We Are with You – substance misuse, LPFT – smoking cessation advice, Positive Health, UKHSA Field Services – data input.

## 5. System level support and coordination

A system wide IPC group is established which runs quarterly and is jointly chaired by LICB and LCC. This group is represented by all NHS Trusts (including EMAS) and smaller provider organisations including primary care. The LCC representative acts as the liaison for adult social care. The purpose of the group is to share updates or changes to practice, to learn from each other's work and to work on joint projects such as the Gram-negative bloodstream infection reduction plan and the system coordination of the Link Practitioner networks.

The group shares on the leadership of the joint project working and all participants are expected to provide feedback on their respective activities at each meeting.

## 6. Health Protection activities across health and care

The tables below show the various activities carried out by the LICB and LCC Health Protection teams.

### **LICB activity Q1-Q3 2023/24**

In support of the wider NHS LICB quality programme, the Health Protection team have conducted a number of both quality improvement and quality assurance visits. A number of the assurance visits were intelligence led i.e. following a concern raised either by other supporting teams or through complaints and patient experience information. This allowed the team to assist the providers with both a report and corrective actions to address any potential non-compliant issues.

Other visits were carried out at the request of the provider (especially in primary care) so that they could ensure safe practice was being managed and to prepare for regulatory and contractual compliance visits. This also applied when services were looking to carry out refurbishments to their environments and technical IPC advice was needed to ensure that any works were compliant at the planning stages.

The close working relationships developed by the Health Protection team means that acquiring the necessary assurance evidence for IPC compliance is relatively straight forward. The team can plan and support the provider services on a priority basis whilst still maintaining a working relationship with those areas that have not required a more urgent IPC support offer.

	Q1	Q2	Q3
<b>Primary Care IPC assurance visits</b>	24	16	21
<b>Secondary Care IPC assurance visits</b>	LCHS LPFT ULHT	LCHS ULHT LPFT - cancelled	LCHS ULHT LPFT
<b>Primary Care Surgery accreditation visits</b>	3	6	2
<b>Training delivered (in man hours)</b>	18 hours	12 hours	19.5 hours
<b>Link Practitioner sessions delivered</b>	3 virtual	2 virtual 1 face to face	2 virtual 1 face to face
<b>Conference attendance</b>	4	0	3
<b>Outbreak management (in man hours)</b>	110.5 hours	96 hours	74 hours

#### LCC activity Q1-Q3 2023/24

	Q1	Q2	Q3
<b>Social Care IPC proactive assurance visits</b>	76	82	109
<b>Social Care IPC reactive assurance visits</b>	0	2	1
<b>Training delivered (No. settings)</b>	45	56	67
<b>Link Practitioner sessions delivered</b>	-	-	-
<b>Outbreak Identification &amp; Rapid Response (No. outbreaks reported and managed)</b>	52	30	44
<b>Complex Case Reviews</b>	0	1	0

During 23/24, the Health Protection Team paused the Social Care Link Practitioner programme and entered into formal consultation to develop a new Link Champion Framework, reflecting the [Infection Prevention and Control Education Standards](#).

As an alternative to the Link Champion Programme for 23/24, the following support has been provided:

- Individually tailored education sessions (detailed above)
- Webinars (offered to all 287 providers, 32 homes engaged (11.4%))
- Focus Groups (to date approximately 30 homes have engaged with these focus groups. Further focus groups are scheduled to take place in Jan 2024.)

## 7. Quality improvement projects

### **NHS LICB**

The team have worked to support primary care with IPC improvements over the past year and their work is based on the quality framework system of prioritising practices with the most urgent need. They have also provided community surgery scheme premises accreditation certification to allow for better access to minor procedures for patients in Lincolnshire.

There has been a programme of IPC quality assurance visits conducted in the LICB commissioned services with a focus on supporting NHS trusts and primary care. This work is planned and coordinated with each provider to ensure an integrated approach to the challenges and successes.

The LICB team have supported the Gram-negative bloodstream infection reduction plan, and a sub-group of the system IPC group has been established to take this programme forward. The sub-group reports into the system IPC group on a quarterly basis.

Other LICB Health Protection chaired groups include the system TB group and the system sepsis group. Each group meets quarterly. The TB group reports in to both OQAG and Health Protection Board and the sepsis group reports into the IPC group.

### **LCC**

Lincolnshire Health Protection Service has a robust framework in place to seek assurance, as outlined above. Central to this framework is a programme of quality improvement, which comprises of the following workstreams:

- **Proactive IPC visits to care homes** – This is a programme of planned inspections to care homes to seek assurance on IPC practices and provide recommendations for improvements in line with the Health Protection Assurance Matrix. Inspection findings are routinely shared both internally to LCC and externally to the CQC. Themes of inspections are monitored and addressed via the Local Authority Service Quality Review Meetings and are incorporated into IPC training and education programmes.
- **Reactive IPC visits to care homes** – Where services fall below required standards, the Health Protection Team undertake reactive visits and work with the Provider and LCC commissioning and contracting team in the development of action plans to support contract officers to achieve the required improvements through contractual performance monitoring. These visits are conducted using an evidence-based Quality Improvement Tool.
- **Guidance for Professionals** – The provision of specialist and technical advice is fundamental to the role of the Health Protection service. This includes the production of guidance and resources for professionals including topic specific comms bulletins, standard operating procedures, risk assessment templates.
- **Education programme** – A range of options are in place to deliver IPC training and education that is accessible to providers of Adult Social Care, including Care Homes, Adult Day Centres and Domically Care Providers. The focus of this programme is not purely driven on delivering content but in ensuring that a two-way dialogue can be maintained between the settings and the Health Protection Team to provide direct support in reach and facilitate wider engagement opportunities.

- **Service Quality Review** – Service Quality Review meetings are held monthly. This meeting brings together professionals from across the system including the LA Health Protection Team to discuss by exception, homes with defaults or suspensions in place, or where there may be poor practice concerns or quality indicators which merit further review. This forum facilitates the sharing of information, triangulating and managing risk. Issues raised in this meeting relating to IPC by other professionals are acted upon promptly, with feedback following previous visits disseminated. Themes identified in this forum are then shared within the Lincolnshire System Quality Group to support broader Quality Improvement activity and initiatives.
- **Enhanced Health in Care Homes** – There are several interdependencies with other programmes of work across Adult Social Care which relate to some aspects of IPC assurance. One of these areas includes the Enhanced Health in Care Homes Framework which relies on multidisciplinary working across the health and care system to improve the health of residents in care homes and support the people who work there. The Local Authority Health Protection Service works collaboratively and co-chairs the Enhanced Health in Care Homes Steering Group, to develop initiatives and programmes of work which seek to improve quality in care homes. Work programmes currently supported through this programme include the **‘Intravenous (IV) in care home pilot’**, **‘To Dip or Not to Dip’** initiative which aims to reduce gram negative infections and **‘Identifying Deterioration’** which focuses on helping care staff to recognise the signs of sepsis within the elderly or those compromised.

#### 8. Current system performance data for health care associated infections (HCAI)

Nationally, ICB’s have been allocated trajectories for certain health care associated infections (referred to as alert organisms). The past 2 years has seen a steady rise in the reported numbers of these infections, and this has presented health systems with significant challenges. From a national reporting and performance perspective, only acute hospital trusts and ICB’s are allocated performance trajectories for alert organisms (the latter as a whole system count including acute trust cases) — **see Appendix 1**. Whilst Lincolnshire system has seen a rise in infections, it is below the national average and is not sitting as an outlier.

The Lincolnshire system has been developing 2 key workstreams to reduce manage the rise in the alert organism infections. The first is a system wide Gram-negative bloodstream infection (namely *E. coli*, *P. aeruginosa* and *Klebsiella spp.*) reduction plan aimed at a whole system health and approach to prevention actions through better IPC practice, personal hygiene and better management of nutrition and hydration.

Workstream 2 focussed on the *Clostridioides difficile* infection rates. Both ULHT and the ICB have been working on thematic reviews of cases (in a similar approach to the new PSIRF model of incident management) so that effective system learning can be embedded.

#### 9. Integrated Health Protection Framework

The 2022 Health and Care Act introduced new legislative measures that aim to make it easier for health and care organisations to deliver joined-up care for people who rely on multiple different services. The introduction of ICPs and ICBs means the health and care system is facing momentous

change, strengthening partnerships between the NHS, local authorities, and other local partners, including groups representing the public and patient perspective, the voluntary sector, and wider public service provision.

In line with the shift towards greater collaboration and integrated working, the Integrated Health Protection Framework sets out the arrangements in place to strengthen strategic, tactical, and operational cooperation between system partners, to optimise delivery and/or assurance on the following key Health Protection areas:

- Infection Prevention & Control (IPC) in health and care settings of healthcare acquired infections (HCAI).
- Communicable Diseases Incident and Outbreak Management, including Tuberculosis & Hepatitis.

The framework sets out the core principles for integrated working across the Health and Care system to deliver against the key Health Protection areas outlined above. The framework demonstrates a common desire of the system Health Protection functions to create a more effective integrated partnership working arrangement through:

- Developing joint priorities for health protection activities across health and care organisations locally
- Agreeing a system Health Protection Strategy with shared strategic objectives.

Each constituent organisation within this Framework remains responsible and accountable for the delivery of their Health Protection functions in accordance with their relevant statutory duties. Formal consultation of the newly developed framework is underway with system partners currently.

#### Appendix 1. 2023/24 Alert Organism Performance Trajectories.

Alert Organism									
<i>C.difficile</i>	April	May	June	July	August	September	October	November	
Monthly Total	7	19	13	18	8	22	13	16	
Cumulative total - All	7	26	39	57	65	87	100	116	
Cumulative trajectory	12	24	36	48	60	72	84	96	
Performance against trajectory	<b>-5</b>	<b>+2</b>	<b>+3</b>	<b>+9</b>	<b>+5</b>	<b>+15</b>	<b>+16</b>	<b>+20</b>	
COHA	0	1	1	1	0	3	3	1	
COCA	2	5	3	4	0	4	0	2	
COIA	0	0	0	1	3	2	1	1	

Alert Organism									
<i>E. coli</i>	April	May	June	July	August	September	October	November	
Monthly Total	49	50	39	52	45	59	39	43	
Cumulative total - All	49	99	138	190	235	294	333	376	
Cumulative trajectory	40	80	120	160	200	240	280	320	
Performance against trajectory	<b>+9</b>	<b>+11</b>	<b>+12</b>	<b>+30</b>	<b>+35</b>	<b>+54</b>	<b>+53</b>	<b>+56</b>	



COHA	6	7	2	5	3	4	4	3
COCA	31	32	29	40	31	46	28	31
COIA								

Alert Organism								
<i>P. aeruginosa</i>	April	May	June	July	August	September	October	November
Monthly Total	8	1	3	5	4	8	6	2
Cumulative total All	8	9	12	17	21	29	35	37
Cumulative trajectory	5	10	15	20	25	30	35	40
Performance against trajectory	<b>+3</b>	<b>-1</b>	<b>-3</b>	<b>-3</b>	<b>+4</b>	<b>-1</b>	<b>0</b>	<b>-3</b>
COHA	0	1	1	2	1	1	5	1
COCA	4	0	1	2	2	3	0	1
COIA								

Alert Organism								
<i>Klebsiella spp.</i>	April	May	June	July	August	September	October	November
Monthly Total	19	12	14	19	8	16	14	9
Cumulative total - All	19	31	45	64	72	88	102	111
Cumulative trajectory	12	24	36	48	60	72	84	96
Performance against trajectory	<b>+7</b>	<b>+7</b>	<b>+9</b>	<b>+16</b>	<b>+12</b>	<b>+16</b>	<b>+18</b>	<b>+15</b>
COHA	7	3	4	2	0	1	3	1
COCA	9	6	7	12	5	8	4	4
COIA								

Alert Organism								
MRSA	April	May	June	July	August	September	October	November
Monthly Total	1	0	2	1	0	3	1	0
Cumulative total	1	1	3	4	4	7	8	8
COHA	0	0	0	0	0	0	0	0
COCA	0	0	1	1	0	1	1	0

Alert Organism								
MSSA	April	May	June	July	August	September	October	November
Monthly Total	17	20	16	13	13	16	12	9
Cumulative total	17	37	53	66	79	95	107	116
COHA	4	2	5	0	1	2	0	0
COCA	8	10	8	7	7	8	5	5


### PROJECT PLAN - IMPROVING CHILD IMMUNISATION SEPTEMBER 2023

#### 1. Background

Vaccination in children is separated into under 5's vaccinations, delivered almost exclusively by general practices, and school age vaccinations delivered in Lincolnshire by the School Aged Immunisation Team (SAIS) which is based in Lincolnshire Community Health Services (LCHS). Currently immunisations are commissioned by NHS England with responsibility being transferred to the integrated care board (ICB) over the next 2 years.

The rates of immunisation for routine childhood (<18) vaccinations have been stagnant or falling nationally, this picture is mirrored within Lincolnshire (Table 1). Rates of under 5 vaccinations vary based on the timing of vaccinations with those delivered later having lower uptake. School aged immunisations have fluctuating performance but have dropped significantly since COVID and have not recovered to previous levels.

Vaccine	Target timings	17/18	18/19	19/20	20/21	Trend
DTaP/IPV/Hib/HepB 3 dose primary course	12m	93.5%	93.7%	91.8%	92.1%	Decreasing
	24m	95%	94%	92.2%	92.9%	Decreasing
	5y	94.8%	95%	95.4%	95.5%	Increasing
DTaP/IPV booster	5y	85.9%	86.1%	84%	84.5%	Decreasing
Hib/ MenC	24m	91.3%	89.9%	90.5%	90.5%	Decreasing
	5y	90.2%	90.8%	91.7%	91.4%	No significant change
MenB 2 dose primary course	12m	93.6%	93.9%	92.6%	92.6%	Decreasing
MenB booster	24m	-	86.1%	88.7%	88.8%	Increasing
MMR dose 1	24m	91.2%	90.5%	90.6%	90.5%	Decreasing
	5y	93.9%	93.6%	94.9%	94.6%	No significant change
MMR dose 2	5y	85.2%	85%	84.4%	85.4%	No significant change
PCV	12m	94%	94.3%	93.3%	Not available	Decreasing
PCV booster	24m	90.4%	89.2%	90.7%	90.5%	No significant change
Rotavirus, 2 doses	12m	91.4%	91%	90.9%	91.2%	No significant change

Note: 95% Target met = 

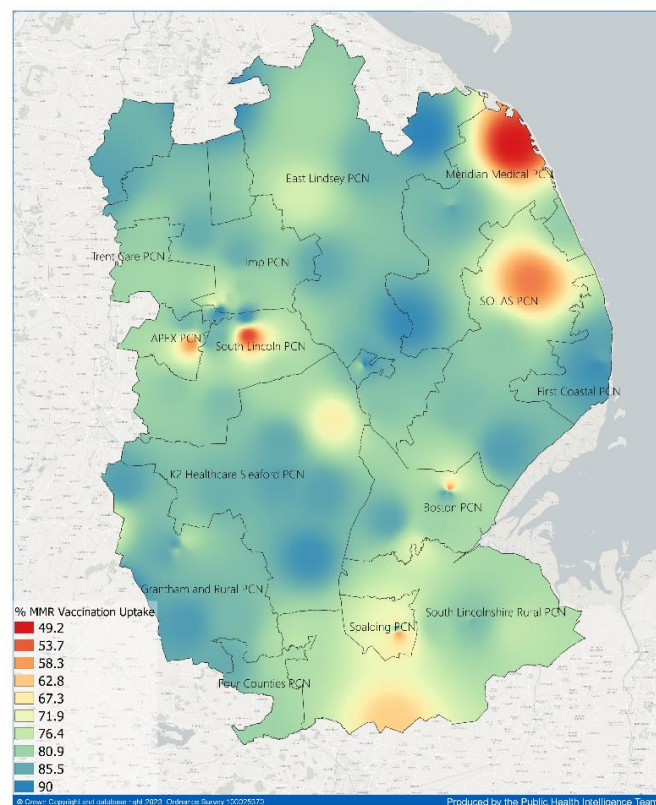
**Table 1:** Vaccination rates for under 5's vaccinations in Lincolnshire by year 17/18 - 20/21

To address this, we have formed a multiagency working task and finish group, with members from LCC, the Lincolnshire ICB, NHS England, local primary care networks, primary care practices and SAIS,. Within LCC we have representation from public health and children's services.

## 2. What the data shows

Data for all childhood vaccinations aside from seasonal influenza is aggregated at the GP surgery level, for under 5's vaccinations we have extracted and analysed this data looking for predictors of vaccination. We have been working with the Child Health Information Service (CHIS) providers for data aggregated at a school level but are still awaiting the complete version of this.

In summary, factors that best predicted vaccination were two GP surgery characteristics, the size of the practice list, the larger the list the lower the vaccination rate, and satisfaction scores, the lower the satisfaction the lower the vaccination rate. Modelled deprivation, the higher the deprivation the lower the vaccination rate, had some effect but was lower than the two GP surgery characteristics. There is also clear geographical variation, with generally lower rates around Boston, inner Lincoln, along the East Coast and the south of the county (Figure 1). However, there are also examples of higher performing practices within these geographies. This together suggested GP factors such as methods of recall, and other systems for ensuring vaccination had a significant role in determining vaccination rates.



Lincolnshire Heatmap showing % vaccine uptake 2 doses

Lincolnshire County  
Lincolnshire Local Authority District  
Public Health  
Intelligence  
Lincolnshire  
Working in Partnership

**Figure 1:** MMR vaccination uptake mapped to PCN.

Whilst we do not have the equivalent data at a school level for the school age immunisations, we do know that the conversion rate, the percentage of those consented who ultimately get vaccinated, is high at >95%. We also know that parents actively rejecting vaccination is low <1%, the issue is

engaging parents and obtaining consent. For this latest school year consent for vaccination was ~70% for all vaccines, Table 2.

Vaccine	Consent (%)
Human papilloma virus (HPV)	70.9
Meningitis ACWY	70.6
Tetanus, diphtheria, polio	70.6

**Table 2:** Consent % by vaccine for 2022/23 school year

### 3. Project plans and status

In addition to reviewing the local data we have reviewed the published literature and national guidelines, as well as queried regional colleagues for alternative models of vaccination and vaccination interventions. Through this we have converged on nine projects that have received agreement from all members of the group. Ownership of the projects is split between LCC, ICB and SAIS to ensure no one organisation dominates and does all the work. For under 5's vaccinations we have three projects, four for school aged vaccinations and two that are common to both. They are described below alongside an update on completed and current actions.

#### Under 5's vaccination projects

##### **1. Learning from best practice enablers/barriers from GP practices**

We know GP process and procedures have an influence on vaccination rates, but we do not know what specific behaviours, barriers and enablers exist in primary care to aid or hinder vaccination. To address this, we have identified 20 GP practices from across the county ranging from high to low vaccination uptake, to interview to better understand what is driving vaccination performance. We have selected practices based on the data and system intelligence to contain both high and low performing practices alongside areas of higher and lower deprivation.

We plan to combine the learning from these interviews into an intervention that can be applied to a small number of high impact practices (large patient list with low performance) to test if we can improve rates using observed best practice. Five practices have been interviewed thus far, and we are now identifying potential practices for intervention with our ICB and PCN partners.

##### **2. Mapping services relevant to vaccination and providing timely relevant vaccination information.**

Many services not directly providing vaccination can provide up to date information and health promotion materials around vaccination. There was however no structured approach to this within the county. We identified a list of services and using the wider networks of the group members identified the right contacts to disseminate appropriate information. Information has thus far been distributed to family hubs, A&E, paediatric outpatients and health visitors.

##### **3. Community engagement for under 5's vaccinations.**

To compliment project 1, we plan to run community engagement events to better understand what barriers and enablers exist for parents to get their children vaccinated. We have four arms to our community engagement strategy.

1. A questionnaire to be distributed through contacts developed within the group in both email and poster form. The questionnaire has been developed by the health protection team and is themed around barriers and enablers to vaccination.

2. Attendance at pre-existing events to promote vaccination and discuss with the community their thoughts and attitudes around vaccination. We have seven events booked in collaboration with children's services. The engagement is being led by two health protection nurses.
3. The health protection nursing team are also leading on deeper engagement within the Boston area, targeted at among others, Eastern European communities. This is being assisted by local PCN and district council colleagues.
4. We will commission an external partner to perform 1:1 interview and focus groups targeted at people who have not engaged with childhood vaccination, to better understand the reasons why they have not had their children vaccinated. We are focussing this work on Boston, the East Coast and inner Lincoln.

### School age vaccination projects

#### **4. Optimising process and consent through communication with schools and parents.**

A common theme in our group discussion was the lack of consistency in the interaction between the SAIS and schools. In addition, the communication to parents is clearly underperforming given the low levels of engagement with the consent process. To address both issues, we have brought together education and SAIS alongside public health to review how SAIS and schools effectively communicate with each other and how SAIS best communicates with parents and children. From these meetings we have four current outcomes.

1. Through advice of children's services, SAIS have modified when they contact schools to book in both visits and potential assemblies. They are also planning to provide training in the form of webinars based on the positive feedback children's have received in their own training to schools.
2. SAIS are amending their documentation reflecting the feedback given in the group and will bring the modified version back to the group for discussion.
3. To address communication to parents we will be discussing in more detail a small number of schools with persistently low uptake rates. We will use these to think critically how information is presented to parents alongside alternative methods aimed at increasing uptake.
4. We have booked a provisional slot on the next head teacher briefings. Here we will present the modified guidance to schools as well as reiterating the importance of vaccination in tackling disease and improving health. We will present a united message from public health, children's services and SAIS.

#### **5. Alternative consent methods for school age immunisations.**

Currently consent is sought for each individual vaccination in school age children. However, consent is held for several years, for example if the SAIS has consent for the HPV vaccine for a child but cannot vaccinate them in the normal time for that vaccine, they will continue to identify that child in subsequent visits to the school and attempt to vaccinate them. We are suggesting piloting consenting for multiple vaccinations in a single consent process and then retaining that consent for the subsequent years and monitor how this effects consent rates. We have had discussions with the consent platform provider and have found a technical solution, SAIS is currently producing a paper for its internal governance committee to approve the change in practice. Once this has been

approved, we are planning to pilot the new consent in a small number of schools in this academic year before considering expanding to cover other vaccinations.

We are also supporting the SAIS team in developing their model for Gillick competency, a process of consenting children who are assessed as competent without explicit parental consent. This is not currently done in Lincolnshire but is recommended by NICE.

#### **6. Community engagement for school age vaccinations.**

To both better understand the reasons for lack of engagement and trial some of potential changes to methods of communication and consent we will be engaging with parents and children of secondary school age. We plan to focus these events in schools with lower consent levels.

#### **7. Learning from best practice in other regions (school age).**

There are two regions Hertfordshire and West Berkshire which achieve 100% immunisation in school age children, we are in contact with their immunisation leads to discuss how this is achieved.

#### **Projects Common to both age groups**

#### **8. MMR elimination working group**

NHS England recently mandated an MMR elimination plan be developed, ICB colleagues are leading on this but have agreed to use the child immunisation group members and the wider forum to work on the plan.

#### **9. Refining and improving available data sources.**

Our lack of line level data precludes us from directly measuring subgroups within the population that have historically shown lower levels of vaccination in national surveys and in recent COVID vaccination programs. In Lincolnshire we have access to the PHM dataset which contains line level GP data. It is planned to scope out extracting this data for this project.

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**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of Martin Samuel, Executive Director – Adult Care and Community Wellbeing

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>12 March 2024</b>
Subject:	<b>Lincolnshire Better Care Fund update</b>

**Summary:** The Better Care Fund (BCF) is a national programme with a prescribed policy and planning framework. The BCF planning guidance for 2023-2025 (for two years) was submitted and approved by National Partners in September 2023. Quarterly reporting is to be submitted and approved by the HWB.

**Actions Required:**

The HWB is asked to review the 2023 - 25 Q2 Lincolnshire BCF report.

**1. Background**

The governance for the Better Care Fund (BCF) is prescribed within the BCF policy framework and includes that The Lincolnshire Health and Wellbeing Board (HWB) is required to approve all plans and reports regarding the BCF before they are submitted to regional leads for assurance.

**1.1 Quarter 3 BCF reporting**

As part of the BCF requirements as a system we are required to submit quarterly returns. This report was submitted before the deadline of the 9 February 2024 however it requires HWB retrospective approval. An update from the reporting on current work includes the following.

- As part of Quarter 3’s reporting we have been asked to update the national teams on spend and activity (tab 5) across some of the schemes for the BCF. All schemes are within current expenditure and not experiencing any implementation issues. It is likely that reporting on this will require to be refreshed for 24/25.

- Currently on track to meet targets for three out of five metrics as part of the BCF. Highlights are the Single point of contact for health care professionals to help navigate admission avoidance pathways. Using BCF funds there has been an increase in capacity of the Lincolnshire reablement service, the Falls support group and money for a 4 hour response service to facilitate discharge from hospitals in particular from emergency departments.
- The Active Recovery beds have increased to 70 beds due to increased funding. This will continue to support and facilitate discharges from hospital over the winter months and support system flow.

**2. Conclusion**

The Health and Wellbeing Board are asked to note the content of this report and approval of the Q3 reporting.

**3. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy**

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The BCF schemes within the plan, directly contribute to addressing health inequalities and the joint health and wellbeing strategy.

**4. Consultation**

None required.

**5. Appendices**

These are listed below and attached at the back of the report	
Appendix A	BCF 2023 - 25 Q3 reporting template
Appendix B	Quarter 3 Better Care Fund report

**6. Background Papers**

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Paul Summers, Programme Manager who can be contacted on [paul.summers@lincolnshire.gov.uk](mailto:paul.summers@lincolnshire.gov.uk)

# Better Care Fund 2023-25 Quarter 3 Quarterly Reporting Template

## 1. Guidance for Quarter 3

### Overview

The Better Care Fund (BCF) reporting requirements are set out in the BCF Planning Requirements document for 2023-25, which supports the aims of the BCF Policy Framework and the BCF programme; jointly led and developed by the national partners Department of Health (DHSC), Department for Levelling Up, Housing and Communities (DLUHC), NHS England (NHSE), Local Government Association (LGA), working with the Association of Directors of Adult Social Services (ADASS).

The key purposes of BCF reporting are:

- 1) To confirm the status of continued compliance against the requirements of the fund (BCF)
- 2) In Quarter 2 to refresh capacity and demand plans, and in Quarter 3 to confirm activity to date, where BCF funded schemes include output estimates, and at the End of Year actual income and expenditure in BCF plans
- 3) To provide information from local areas on challenges, achievements and support needs in progressing the delivery of BCF plans, including performance metrics
- 4) To enable the use of this information for national partners to inform future direction and for local areas to inform improvements

BCF reporting is likely to be used by local areas, alongside any other information to help inform Health and Wellbeing Boards (HWBs) on progress on integration and the BCF. It is also intended to inform BCF national partners as well as those responsible for delivering the BCF plans at a local level (including ICBs, local authorities and service providers) for the purposes noted above.

BCF reports submitted by local areas are required to be signed off by HWBs, including through delegated arrangements as appropriate, as the accountable governance body for the BCF locally. Aggregated reporting information will be published on the NHS England website.

#### Note on entering information into this template

Throughout the template, cells which are open for input have a yellow background and those that are pre-populated have a blue background and those that are not for completion are in grey, as below:

Data needs inputting in the cell

Pre-populated cells

Not applicable - cells where data cannot be added

#### Note on viewing the sheets optimally

To more optimally view each of the sheets and in particular the drop down lists clearly on screen, please change the zoom level to between 90% - 100%. Most drop downs are also available to view as lists within the relevant sheet or in the guidance tab for readability if required.

The row heights and column widths can be adjusted to fit and view text more comfortably for the cells that require narrative information.

Please DO NOT directly copy/cut & paste to populate the fields when completing the template as this can cause issues during the aggregation process. If you must 'copy & paste', please use the 'Paste Special' operation and paste 'Values' only.

The details of each sheet within the template are outlined below.

### Checklist ( 2. Cover )

1. This section helps identify the sheets that have not been completed. All fields that appear as incomplete should be complete before sending to the BCF team.
2. The checker column, which can be found on the individual sheets, updates automatically as questions are completed. It will appear 'Red' and contain the word 'No' if the information has not been completed. Once completed the checker column will change to 'Green' and contain the word 'Yes'
3. The 'sheet completed' cell will update when all 'checker' values for the sheet are green containing the word 'Yes'.
4. Once the checker column contains all cells marked 'Yes' the 'Incomplete Template' cell (below the title) will change to 'Template Complete'.
5. Please ensure that all boxes on the checklist are green before submitting to [england.bettercarefundteam@nhs.net](mailto:england.bettercarefundteam@nhs.net) and copying in your Better Care Manager.

### 2. Cover

1. The cover sheet provides essential information on the area for which the template is being completed, contacts and sign off. Once you select your HWB from the drop down list, relevant data on metric ambitions and capacity and demand from your BCF plans for 2023-24 will prepopulate in the relevant worksheets.
2. HWB sign off will be subject to your own governance arrangements which may include a delegated authority.
4. Please note that in line with fair processing of personal data we request email addresses for individuals completing the reporting template in order to communicate with and resolve any issues arising during the reporting cycle. We remove these addresses from the supplied templates when they are collated and delete them when they are no longer needed.

### 3. National Conditions

This section requires the HWB to confirm whether the four national conditions detailed in the Better Care Fund planning requirements for 2023-25 (link below) continue to be met through the delivery of your plan. Please confirm as at the time of completion.

<https://www.england.nhs.uk/wp-content/uploads/2023/04/PRN00315-better-care-fund-planning-requirements-2023-25.pdf>

This sheet sets out the four conditions and requires the HWB to confirm 'Yes' or 'No' that these continue to be met. Should 'No' be selected, please provide an explanation as to why the condition was not met for the year and how this is being addressed. Please note that where a National Condition is not being met, the HWB is expected to contact their Better Care Manager in the first instance.

In summary, the four national conditions are as below:

National condition 1: Plans to be jointly agreed

National condition 2: Implementing BCF Policy Objective 1: Enabling people to stay well, safe and independent at home for longer

National condition 3: Implementing BCF Policy Objective 2: Providing the right care in the right place at the right time

National condition 4: Maintaining NHS contribution to adult social care and investment in NHS commissioned out of hospital services

#### 4. Metrics

The BCF plan includes the following metrics:

- Unplanned hospitalisations for chronic ambulatory care sensitive conditions,
- Proportion of hospital discharges to a person's usual place of residence,
- Admissions to long term residential or nursing care for people over 65,
- Reablement outcomes (people aged over 65 still at home 91 days after discharge from hospital to reablement or rehabilitation at home), and;
- Emergency hospital admissions for people over 65 following a fall.

Plans for these metrics were agreed as part of the BCF planning process.

This section captures a confidence assessment on achieving the locally set ambitions for each of the BCF metrics.

A brief commentary is requested for each metric outlining the challenges faced in achieving the metric plans, any support needs and successes in the first six months of the financial year.

Data from the Secondary Uses Service (SUS) dataset on outcomes for the discharge to usual place of residence, falls, and avoidable admissions for the first quarter of 2023-24 has been pre populated, along with ambitions for quarters 1-4, to assist systems in understanding performance at HWB level.

The metrics worksheet seeks a best estimate of confidence on progress against the achievement of BCF metric ambitions. The options are:

- on track to meet the ambition
- not on track to meet the ambition
- data not available to assess progress

You should also include narratives for each metric on challenges and support needs, as well as achievements.

- In making the confidence assessment on progress, please utilise the available metric data along with any available proxy data.

Please note that the metrics themselves will be referenced (and reported as required) as per the standard national published datasets.

No actual performance is available for the ASCOF metrics - Residential Admissions and Reablement - so the 2022-23 outcome has been included to aid with understanding. These outcomes are not available for Hackney (due to a data breach issue) and Westmorland and Cumbria (due to a change in footprint).

#### 5. Spend and Activity

The spend and activity worksheet will collect cumulative spend and outputs in the year to date for schemes in your BCF plan for 2023-24 where the scheme type entered required you to include the number of output/deliverables that would be delivered.

Once a Health and Wellbeing Board is selected in the cover sheet, the spend and activity sheet in the template will prepopulate data from the expenditure tab of the 23-25 BCF plans for all 2023-24 schemes that required an output estimate.

You should complete the remaining fields (highlighted yellow) with incurred expenditure and actual numbers of outputs delivered to the end of the third quarter (1 April to 31 December).

**The collection only relates to scheme types that require a plan to include estimated outputs. These are shown below:**

<b>Scheme Type</b>	<b>Units</b>
Assistive technologies and equipment	Number of beneficiaries
Home care and domiciliary care	Hours of care (unless short-term in which case packages)
Bed based intermediate care services	Number of placements
Home based intermediate care services	Packages
DFG related schemes	Number of adaptations funded/people supported
Residential Placements	Number of beds/placements
Workforce recruitment and retention	Whole Time Equivalents gained/retained
Carers services	Number of Beneficiaries

The sheet will pre-populate data from relevant schemes from final 2023-24 spending plans, including planned spend and outputs. You should enter the following information:

- **Actual expenditure to date in column I.** Enter the amount of spend from 1 April to 31 December on the scheme. This should be spend incurred up to the end of December, rather than actual payments made to providers.
- **Outputs delivered to date in column K.** Enter the number of outputs delivered from 1 April to 31 December. For example, for a reablement and/or rehabilitation service, the number of packages commenced. The template will pre-populate the expected outputs for the year and the standard units for that service type. For long term services (e.g. long term residential care placements) you should count the number of placements that have either commenced this year or were being funded at the start of the year.
- **Implementation issues in columns M and N.** If there have been challenges in delivering or starting a particular service (for instance staff shortages, or procurement delays) please answer yes in column M and briefly describe the issue and planned actions to address the issue in column N. If you answer no in column M, you do not need to enter a narrative in column N.

More information can be found in the additional guidance document for tab 5, which is published alongside this template on the Better Care Exchange.

**Better Care Fund 2023-25 Quarter 3 Quarterly Reporting Template**

2. Cover

Version 2.0

Please Note:

- The BCF quarterly reports are categorised as 'Management Information' and data from them will be published in an aggregated form on the NHSE website. This will include any narrative section. Also a reminder that as is usually the case with public body information, all BCF information collected here is subject to Freedom of Information requests.

- At a local level it is for the HWB to decide what information it needs to publish as part of wider local government reporting and transparency requirements. Until BCF information is published, recipients of BCF reporting information (including recipients who access any information placed on the Better Care Exchange) are prohibited from making this information available on any public domain or providing this information for the purposes of journalism or research without prior consent from the HWB (where it concerns a single HWB) or the BCF national partners for the aggregated information.

- All information will be supplied to BCF partners to inform policy development.

- This template is password protected to ensure data integrity and accurate aggregation of collected information. A resubmission may be required if this is breached.

Health and Wellbeing Board:	Lincolnshire	
Completed by:	Paul Summers / Pam Clipson	
E-mail:	<a href="mailto:paul.summers@lincolnshire.gov.uk">paul.summers@lincolnshire.gov.uk</a> <a href="mailto:pam.clipson@lincolnshire.gov.uk">pam.clipson@lincolnshire.gov.uk</a>	
Contact number:	07884 791319	
Has this report been signed off by (or on behalf of) the HWB at the time of submission?	No	
If no, please indicate when the report is expected to be signed off:	Tue 12/03/2024	<< Please enter using the format, DD/MM/YYYY

**Checklist**

Complete:

Yes
Yes
Yes
Yes
Yes
Yes



Question Completion - when all questions have been answered and the validation boxes below have turned green you should send the template to [england.bettercarefundteam@nhs.net](mailto:england.bettercarefundteam@nhs.net) saving the file as 'Name HWB' for example 'County Durham HWB'. This does not apply to the ASC Discharge Fund tab.

**Complete**

	<b>Complete:</b>
2. Cover	Yes
3. National Conditions	Yes
4. Metrics	Yes
5. Spend and activity	Yes

[<< Link to the Guidance sheet](#)

[^^ Link back to top](#)

**Better Care Fund 2023-25 Quarter 3 Quarterly Reporting Template**

**3. National Conditions**

Selected Health and Wellbeing Board:

Lincolnshire

Has the section 75 agreement for your BCF plan been finalised and signed off?	Yes	
If it has not been signed off, please provide the date the section 75 agreement is expected to be signed off		
<b>Confirmation of National Conditions</b>		
<b>National Conditions</b>	<b>Confirmation</b>	<b>If the answer is "No" please provide an explanation as to why the condition was not met in the quarter:</b>
1) Jointly agreed plan	Yes	
2) Implementing BCF Policy Objective 1: Enabling people to stay well, safe and independent at home for longer	Yes	
3) Implementing BCF Policy Objective 2: Providing the right care in the right place at the right time	Yes	
4) Maintaining NHS's contribution to adult social care and investment in NHS commissioned out of hospital services	Yes	

<b>Checklist Complete:</b>
Yes
Yes
Yes
Yes
Yes
Yes

Better Care Fund 2023-25 Quarter 3 Quarterly Reporting Template

4. Metrics

Selected Health and Wellbeing Board:

Lincolnshire

National data may be unavailable at the time of reporting. As such, please use data that may only be available system-wide and other local intelligence.

**Challenges and Support Needs** Please describe any challenges faced in meeting the planned target, and please highlight any support that may facilitate or ease the achievements of metric plans

**Achievements** Please describe any achievements, impact observed or lessons learnt when considering improvements being pursued for the respective metrics

Metric	Definition	For information - Your planned performance as reported in 2023-24 planning				For information - actual performance for Q1	For information - actual performance for Q2	Assessment of progress against the metric plan for the reporting period	Challenges and any Support Needs in Q3	Q3 Achievements - including where BCF funding is supporting improvements.
		Q1	Q2	Q3	Q4					
Avoidable admissions	Unplanned hospitalisation for chronic ambulatory care sensitive conditions (NHS Outcome Framework indicator 2.3)	185.3	171.8	198.0	195.3	191.3	182.6	Not on track to meet target	Challenges are around admissions from care homes round older adults in particular with those who have a dementia, Parkinsons or other chronic condition. This creates a higher risk of falls as attempt to mobilise	Single Point of Contact for Health Care Professionals to help navigate admission avoidance pathways. We will evaluate this model following winter and if appropriate expand this further for wider reach. This is in
Discharge to normal place of residence	Percentage of people who are discharged from acute hospital to their normal place of residence	93.9%	93.9%	93.9%	93.9%	93.8%	93.8%	On track to meet target	<ul style="list-style-type: none"> <li>Homecare capacity in the community</li> <li>Family disputes when not wanting loved ones to return home.</li> <li>Home and accommodation is no longer suitable.</li> </ul>	<ul style="list-style-type: none"> <li>Increase in capacity of Lincolnshire reablement service.</li> <li>LCHS discharge to assess provision.</li> <li>Money for 4 hour response service to facilitate discharge from acute or not acute</li> </ul>
Falls	Emergency hospital admissions due to falls in people aged 65 and over directly age standardised rate per 100,000.				1,717.2	482.8	482.1	Not on track to meet target	Challenge around the data and allocation of fall to hospital admission. Looking into what is classified as a fall	<ul style="list-style-type: none"> <li>Falls support group.</li> <li>LIVES support into Care homes to avoid admission into hospital.</li> <li>Training for care homes to support with lifting.</li> </ul>
Residential Admissions	Rate of permanent admissions to residential care per 100,000 population (65+)				494	2022-23 ASCOF outcome: 516.5		On track to meet target	No challenges or support needs required.	84.8 for Q2 and Q3 it's 85.2.
Reablement	Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services				80.0%	2022-23 ASCOF outcome: 78.6%		On track to meet target	No challenges or support needs required.	% of older people (65+) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services = 94%

Checklist Complete:

Yes

Yes

Yes

Yes

Yes

Better Care Fund 2023-25 Quarter 3 Quarterly Reporting Template

6. Spend and activity

Selected Health and Wellbeing Board:

Lincolnshire

Checklist											
Scheme ID	Scheme Name	Scheme Type	Sub Types	Source of Funding	Planned Expenditure	Actual Expenditure to date	Planned outputs	Outputs delivered to date (estimate if unsure) (Number or NA)	Unit of Measure	Have there been any implementation issues?	If yes, please briefly describe the issue(s) and any actions that have been/are being implemented as a result.
1	Reablement in a persons home	Home-based intermediate care services	Reablement at home (accepting step up and step	Minimum NHS Contribution	£4,133,101	£2,599,995	300	NA	Packages	No	Invoiced only to October '23 at end Q3
3	Residential Market	Residential Placements	Care home	Minimum NHS Contribution	£4,377,190	£3,282,893		NA	Number of beds/placements	No	
5	Demographic Growth	Home Care or Domiciliary Care	Domiciliary care packages	Minimum NHS Contribution	£3,058,000	£2,293,500		NA	Hours of care (Unless short-term in which case it is packages)	No	
6	S75 Partnership Agreements for Learning Disability Care	Residential Placements	Learning disability	Minimum NHS Contribution	£10,222,777	£8,015,079		NA	Number of beds/placements	No	
10	Intermediate Care	Bed based intermediate Care Services (Reablement, rehabilitation, wider short-	Bed-based intermediate care with rehabilitation	Minimum NHS Contribution	£5,641,000	£4,230,750		NA	Number of placements	No	
12	Equipment & Adaption - DFG	DFG Related Schemes	Adaptations, including statutory DFG grants	DFG	£6,976,485	£6,436,973		NA	Number of adaptations funded/people supported	No	
13	Residential Market	Residential Placements	Care home	IBCF	£11,722,193	£8,791,645		NA	Number of beds/placements	No	
14	S75 Partnership Agreements for Learning Disability Care	Residential Placements	Learning disability	IBCF	£3,612,434	£2,620,108		NA	Number of beds/placements	No	
15	Adult Social Care Market Support	Residential Placements	Care home	IBCF	£4,171,000	£3,128,250		NA	Number of beds/placements	No	
16	Older Adult Market	Home Care or Domiciliary Care	Domiciliary care packages	IBCF	£2,958,720	£2,219,040		NA	Hours of care (Unless short-term in which case it is packages)	No	
20	Housing for Independence	DFG Related Schemes	Adaptations, including statutory DFG grants	IBCF	£100,000	£0		NA	Number of adaptations funded/people supported	No	
23	Quick Response Service / Provider of Last Resort	Home Care or Domiciliary Care	Domiciliary care packages	IBCF	£1,803,360	£1,352,520		NA	Hours of care (Unless short-term in which case it is packages)	No	
25	Carers - Everyone / Outreach Breaks	Carers Services	Respite services	IBCF	£650,000	£487,500		NA	Beneficiaries	No	
28	Waking Nights	Workforce recruitment and retention		IBCF	£500,000	£350,000		NA	WTE's gained	No	
36	Short term care services	Residential Placements	Short term residential care (without	Local Authority Discharge Funding	£2,454,736	£1,841,052		NA	Number of beds/placements	No	
37	Lincolnshire Community Equipment Services	Assistive Technologies and Equipment	Assistive technologies including telecare	Local Authority Discharge Funding	£800,000	£670,431		NA	Number of beneficiaries	No	
39	Intermediate Care Services	Home-based intermediate care services	Rehabilitation at home (accepting step up and step	Local Authority Discharge Funding	£500,000	£375,000		NA	Packages	No	
41	Lincolnshire Community Equipment Services	Assistive Technologies and Equipment	Assistive technologies including telecare	Additional NHS Contribution	£4,100,000	£3,435,957		NA	Number of beneficiaries	No	
44	Lincolnshire Community Equipment Services	Assistive Technologies and Equipment	Assistive technologies including telecare	Additional LA Contribution	£2,781,000	£2,330,585		NA	Number of beneficiaries	No	
45	S75 Partnership Agreements for Learning Disability Care	Residential Placements	Learning disability	Additional LA Contribution	£25,514,490	£18,505,729		NA	Number of beds/placements	No	
48	ICS Infrastructure	Workforce recruitment and retention		Additional LA Contribution	£56,000	£47,020		NA	WTE's gained	No	
49	ICS Infrastructure	Workforce recruitment and retention		Additional NHS Contribution	£56,000	£47,020		NA	WTE's gained	No	
52	S75 Partnership Agreements for Learning Disability Care	Residential Placements	Learning disability	Additional NHS Contribution	£1,342,000	£1,052,183		NA	Number of beds/placements	No	









## **Better Care Fund - 2023/24**

### **Performance Report**

**Month - December**

Produced -8 February 2024

Health and Wellbeing Board Measures

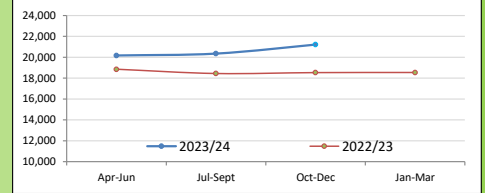
1: Total non-elective admissions into hospital (general and acute)

**Definition:** The total number of emergency admissions for people of all ages where an acute condition was the primary diagnosis, that would not usually require hospital admission.

**Frequency / Reporting Basis:** Monthly / Cumulative within quarter only

**Source:** MAR data (Monthly NHS England published hospital episode statistics)

**Note:** Data Source changed therefore data no longer uploaded to NHS Digital



Prior Year	2022/2023											
	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23
In Month	6,117	6,531	6,208	6,472	6,376	6,365	6,528	6,879	6,725	6,461	6,271	6,573
In Quarter (cumulative)	-	-	18,856	-	-	19,213	-	-	20,132	-	-	19,305

Month -	2023/2024											
	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
In Month	6,477	6,879	6,816	6,849	6,826	6,677	6,990	7,172	7,054			
In Quarter	-	-	20,172	-	-	20,352	-	-	21,216	-	-	
Actual reduction (negative indicates an increase)	number	96	-402	63	-33	23	149	-313	-182	118		
	%	1.46%	-6.21%	0.92%	-0.48%	0.34%	2.18%	-4.79%	-2.65%	1.75%		
Performance												

2: Admissions to residential / nursing care homes - aged 65+ (ASCOF 2A part ii)

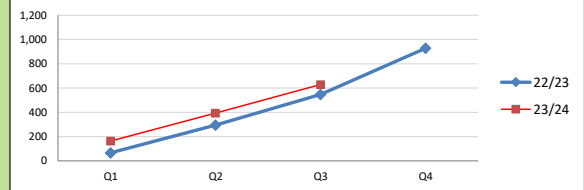
**Definition:** The total number of admissions to permanent residential or nursing care during the year (excluding transfers between homes unless the type of care has changed from temporary to permanent)

**Frequency / Reporting Basis:** Monthly / Cumulative YTD

**Source:** Mosaic data: Local Adult Care Monitoring (LTC admissions report & SALT return).

**Note:** Figure reported cumulatively.

This is a snapshot at reporting period end and may not be an accurate figure due to backdating of services



Prior Year	2022/2023											
	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23
In Quarter			66						319			381
Cumulative YTD			66			294			547			928

Current Year	2023/2024											
	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
In Quarter			163			231			235			
Cumulative YTD			163			394			629			

3: % people (65+) at home 91 days after discharge from hospital into Reablement/rehabilitation (ASCOF 2B part 1) Includes NHS and Social Care service

**Definition:** The percentage of older people (within a 3 month sample period) discharged from an acute or non-acute hospital to their own home/residential or nursing care home/ extra care housing for rehabilitation, where the person is at home 91 days after their date of discharge from hospital.

**Frequency / Reporting Basis:** Quarterly

**Source:** Libertas Reablement data and LCH data

**Note:** The data combines LCH Data and ASC Reablement data but some people cannot be traced to a Mosaic number so these people are then classified as Not at Home. This accounts for 45 Persons, if these people are at home the measure will be 92%.

	22/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Numerator	795			813			932			1,106			
Denominator	1,011			935			1,121			1,180			
Value	79%			87%			83%			94%			

**3a: % people (65+) at home 91 days after discharge from hospital into Reablement/rehabilitation - SOCIAL CARE REABLEMENT SERVICE ONLY**  
**Definition:** The percentage of older people (within a 3 month sample period) discharged from an acute or non-acute hospital to their own home/residential or nursing care home/ extra care housing for rehabilitation, where the person is at home 91 days after their date of discharge from hospital. Q1 data will be clients discharged between January-March, Q2 will be clients discharged between April-June etc.  
**Frequency / Reporting Basis:** Quarterly  
**Source:** Libertas Reablement  
**Note:** This data comes from the Reablement Service but some people cannot be traced to a Mosaic number. These people are then classified as **Not at Home**.

	22/23 Social Care Only	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Numerator	488			518			528			703			
Denominator	555			565			643			727			
Value	88%			92%			82%			97%			

**3b: % people (65+) at home 91 days after discharge from hospital into Reablement/rehabilitation - COMMUNITY REHAB SERVICE ONLY**  
**Definition:** The percentage of older people (within a 3 month sample period) discharged from an acute or non-acute hospital to their own home/residential or nursing care home/ extra care housing for rehabilitation, where the person is at home 91 days after their date of discharge from hospital. Q1 data will be clients discharged between January-March, Q2 will be clients discharged between April-June etc.  
**Frequency / Reporting Basis:** Quarterly  
**Source:** Hospital  
**Note:** This data is from LCH Data and some people cannot be traced to a Mosaic number. These people are then classified as **Not at Home**. This accounts for 45 Persons, if these people are at home the measure will be at 92%

	22/23 Social Care Only	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Numerator	307			295			404			403			
Denominator	456			370			478			453			
Value	67%			80%			85%			89%			

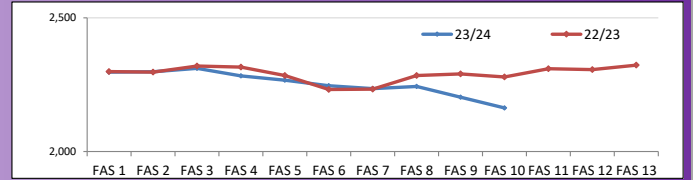
**3c: % people (65+) at home 91 days after discharge from hospital into Reablement/rehabilitation - OFFER RATE ONLY**  
**Definition:** The percentage of older people (within a 3 month sample period) discharged from an acute or non-acute hospital to their own home/residential or nursing care home/ extra care housing for rehabilitation, where the person is at home 91 days after their date of discharge from hospital. Q1 data will be clients discharged between January-March, Q2 will be clients discharged between April-June etc.  
**Frequency / Reporting Basis:** Quarterly

	22/23 Offer Rate Offer Only	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Actual	-			-			-			-			-
Target	-			-			-			-			-
Performance	-			-			-			-			-

### iBCF Measures

**4: Number of Home Care packages provided in the reporting year**

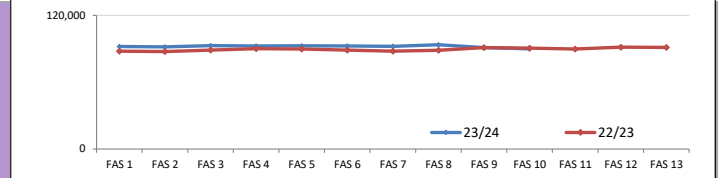
**Definition:** Number of all clients who have received a permanent home care package per month  
**Frequency / Reporting Basis:** Split by Financial Activity Statement (April -March)  
**Source:** Brokerage weekly service returns  
**Note:** Changed from Monthly breakdown to Financial Activity Statement due to how the data is recorded. **Please see end of document for a explanation of the FAS Weeks**



Prior Year	2022/2023												
	FAS 1	FAS 2	FAS 3	FAS 4	FAS 5	FAS 6	FAS 7	FAS 8	FAS 9	FAS 10	FAS 11	FAS 12	FAS 13
Clients in receipt of homecare (per month)	2,299	2,297	2,320	2,316	2,284	2,232	2,233	2,284	2,290	2,279	2,310	2,306	2,323
Current Year	2023/2024												
	FAS 1	FAS 2	FAS 3	FAS 4	FAS 5	FAS 6	FAS 7	FAS 8	FAS 9	FAS 10	FAS 11	FAS 12	FAS 13
Clients in receipt of homecare (per month)	2,297	2,298	2,311	2,283	2,267	2,246	2,235	2,243	2,203	2,163			

**5: Total number of paid hours of Home Care provided in the quarter**

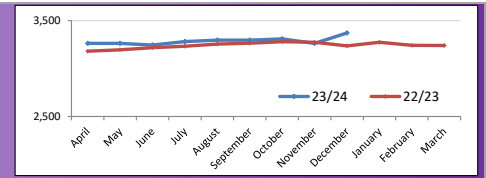
**Definition:** Number of all paid hours of homecare delivered per month  
**Frequency / Reporting Basis:** Split by Financial Activity Statement (April -March)  
**Source:** Brokerage weekly service returns  
**Note:** Changed from Monthly breakdown to Financial Activity Statement due to how the data is recorded. **Please see end of document for a explanation of the FAS Weeks**



Prior Year	2022/2023												
	FAS 1	FAS 2	FAS 3	FAS 4	FAS 5	FAS 6	FAS 7	FAS 8	FAS 9	FAS 10	FAS 11	FAS 12	FAS 13
Hours Delivered	87,847	87,534	88,785	90,157	89,851	88,787	87,930	88,655	91,125	90,548	89,816	91,495	91,313
Current Year	2023/2024												
	FAS 1	FAS 2	FAS 3	FAS 4	FAS 5	FAS 6	FAS 7	FAS 8	FAS 9	FAS 10	FAS 11	FAS 12	FAS 13
Hours Delivered	91,805	91,493	92,932	92,508	92,707	92,485	92,178	93,660	91,176	89,978			

**6: Number of funded care home placement at the end of the period**

**Definition:** Number of clients that are in a social care wholly or part funded care home placement at the end of the period.  
**Frequency / Reporting Basis:** Monthly / Snapshot  
**Source:** BO Report - Long Term Care (Summary)



Prior Year	2022/2023												
	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	
Care Home Placements (YTD)	3,181	3,195	3,218	3,233	3,255	3,265	3,280	3,274	3,237	3,273	3,242	3,240	
Current Year	2023/2024												
	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	
Care Home Placements (YTD)	3,263	3,263	3,245	3,282	3,297	3,296	3,310	3,263	3,371				

**7: Number of newly funded clients with LD**

**Definition:** Number of LD starters that have started a new service each month.  
**Frequency / Reporting Basis:** Monthly  
**Source:** Finance Team - Adult Care & Community Wellbeing

	2023/2024											
by Age Group	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
18-25	0	0	0	0	0	0	4	2	3			
26-40	7	6	4	7	10	7	2	0	1			
41-64	2	1	0	2	3	0	1	1	0			
65+	0	1	0	0	0	0	0	0	0			
In month	9	8	4	9	13	7	7	3	4			
In Quarter (cumulative)	9	17	21	9	22	29	36	39	43			

### Local Measures

**8. Number of Reablement Hours Delivered in the period**  
**Definition:** Total number of face to face contact hours delivered  
**Frequency / Reporting Basis:** Monthly  
**Source:** Reablement Provider Contract KPI's

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Hours delivered (in month)	147,109	12,321	12,987	12,269	13,068	11,959	12,763	13,529	14,655	14,501			
Hours delivered (in quarter)		12,321	25,308	37,577	13,068	25,027	37,790	13,529	28,184	42,685			
Hours delivered (YTD)		12,321	25,308	37,577	50,645	62,604	75,367	88,896	103,551	118,052			

**9. Reablement: % of people reabled to no service, or a lower service (ASCOF 2D)**  
**Definition:** % of concluded episodes of reablement for NEW clients where the sequel to reablement is no support or support of a lower level  
**Frequency / Reporting Basis:** Quarterly / Cumulative YTD  
**Source:** Short & Long Term Return (SALT STS002a)/( CBP 124)

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Numerator	1972			734			1,372			2,792			
Denominator	2175			750			1,463			3,071			
Actual	90.7%			97.9%			93.8%			90.9%			
Target	95%			95%			95%			95%			95%

**10. Day Services: % of hospital discharges to Social Care which occur at the weekend**  
**Definition:** Of the total number of patients discharged from hospital to a Social Care hospital team, the % that were discharged at the weekend  
**Frequency / Reporting Basis:** Monthly  
**Source:** BO Report - Hospital Discharges  
**Note:** Includes all clients who had a hospital workflow on mosaic including those clients who passed away in hospital

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Numerator	1,150	102	89	93	78	74	86	92	52	119			
Denominator	9,037	590	605	586	554	541	565	573	563	617			
Actual	13%	17%	15%	16%	14%	14%	15%	16%	9%	19%			

**11. Hospital Discharges With Social Care Team Involvement**  
**Number of discharges**  
**Definition:** Discharged clients where social care teams help facilitate the discharge  
**Frequency / Reporting Basis:** Monthly  
**Source:** BO Report: Hospital Discharges  
**Note:** Includes all clients who had a hospital workflow on mosaic including those clients who passed away in hospital

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
18-64	970	65	74	78	52	54	52	58	54	71			
65+	9,214	627	620	601	502	487	513	515	509	546			
Unknown	0	0	0	0	0	0	0	0	0	0			
Total Number	10,184	692	694	679	554	541	565	573	563	617			
% of 65+	90%	91%	89%	89%	91%	90%	91%	90%	90%	88%			

**12. Discharges into planned pathway routes**  
**Definition:** The pathway that a client has been discharged from hospital into. Pathway definitions are Pathway 0- : simple discharge, no input from health / social care, Pathway 1-:support to recover at home; able to return home with support from health and/or social care, Pathway 2: Rehabilitation in a bedded setting, Pathway 3:For people who require bed-based 24-hour care  
**Frequency / Reporting Basis:** Monthly  
**Note:** Includes all clients who had a hospital workflow on mosaic including those clients who passed away in hospital

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Discharges into Pathway-0	2,202	150	149	167	116	111	103	141	147	168			
Discharges into Pathway-1	3,342	292	279	262	237	227	236	226	210	229			
Discharges into Pathway-2	479	39	40	28	29	26	38	25	25	21			
Discharges into Pathway-3	1,613	118	114	114	99	102	99	97	107	108			
Other	1,457	93	112	108	73	75	89	84	74	91			

**13. Capacity of planned pathway routes**  
**Definition:** The expected capacity to be discharged into the pathways vs the actual pathway route. Pathway definitions are Pathway 0-: simple discharge, no input from health / social care, Pathway 1-: support to recover at home; able to return home with support from health and/or social care, Pathway 2-: Rehabilitation in a bedded setting  
**Frequency / Reporting Basis:** Monthly  
**Note:** Includes all clients who had a hospital workflow on mosaic including those clients who passed away in hospital

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Expected Capacity into Pathway-0	-	-	-	-	-	-	-	-	-	-	-	-	-
Actual into Pathway- 0	24%	22%	21%	25%	21%	21%	18%	25%	26%	27%			
Expected Capacity into Pathway-1	-	-	-	-	-	-	-	-	-	-	-	-	-
Actual into Pathway- 1	37%	42%	40%	39%	43%	42%	42%	39%	37%	37%			
Expected Capacity into Pathway-2	-	-	-	-	-	-	-	-	-	-	-	-	-
Actual into Pathway- 2	5%	6%	6%	4%	5%	5%	7%	4%	4%	3%			
Expected Capacity into Pathway-3	-	-	-	-	-	-	-	-	-	-	-	-	-
Actual into Pathway- 3	18%	17%	16%	16%	18%	19%	18%	17%	19%	18%			

**14. Carers Supported by Carers Service and Adult Care (Rate per 100,000)**  
**Definition:** The total number of Carers Supported by Lincolnshire County Council in the last 12 months  
**Frequency / Reporting Basis:** Quarterly / Rolling 12 month period  
**Source:** Corporate Plan (Carers Strategy) (SALT LTS003 total)

Current Year	2022/23	2023/2024											
		Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Actual	1,579			1,588			1,560			1,588			
Target	1,730			1,730			1,730			1,730			
Performance	-9%			-8%			-10%			-8%			

**15. Trusted Assessors: Hospital Bed Days Saved**  
**Definition:** The number of assessments completed by workers, actual discharges that have taken place and total bed days saved by workers  
**Frequency / Reporting Basis:** Quarterly  
**Source:** Lincolnshire Care Association  
**Notes:** Please note Days saved in Q1 may not be accurate due to legacy Covid 19 issues and accelerated discharges.

Current Year	2023/2024											
	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Completed Assessments	132	123	110	119	160	102	135	143	171			
Actual Discharges	58	47	60	47	63	59	66	58	74			
Bed Saved	233	197	147	283	333	265	332	345	432			
Bed Days Saved (in quarter)	233	430	577	627	763	881	930	942	1,109			
Bed Days Saved (YTD)	233	430	577	860	1,193	1,458	1,790	2,135	2,567			

# Agenda Item 8d

## Health and Wellbeing Board – Decisions from 13 June 2023

Date of Meeting	Minute No	Recommendation
13 June 2023	1	<b>Election of Chairman</b> That Councillor Mrs S Woolley (NHS Liaison, Integrated Care System, Registration and Coroners) be elected Chairman of the Lincolnshire Health and Wellbeing Board for 2023/24.
	2	<b>Election of Vice-Chairman</b> That John Turner (Chief Executive of NHS Lincolnshire Integrated Care Board) be elected Vice-Chairman of the Lincolnshire Health and Wellbeing Board for 2023/24.
	5	<b>Minutes of the LHWB meeting held on 28 March 2023</b> That the minutes of the Lincolnshire Health and Wellbeing Board meeting held on 28 March 2023 be agreed and signed by the Chairman as a correct record.
	6	<b>Action Update</b> That the Action Updates be received.
	7	<b>Chairman's Announcements</b> That the Chairman's announcements presented be noted.
	8a	<b>LHWB Terms of Reference and Membership Review</b> 1. That the Terms of Reference and the governance documents attached as Appendix A to the report be endorsed.  2. That the proposals to reduce the number of NHS representatives and county councillors, as set out in the report at paragraph 1.2 be agreed and that the changes be recommended to full Council on 15 September 2023 to enable the relevant changes to be made to the Council's Constitution.  3. That the selection of associate members for one year be reaffirmed, in accordance with section 5.4 of the Terms of Reference.  4. That the recommendation to extend associate membership to a representative from the care sector be endorsed.
	8b	<b>Joint Engagement JSNA Prioritisation Exercise and Recommendations</b> 1. That agreement be given by the HWB to the following recommendations presented in Appendix A: <ul style="list-style-type: none"> <li>• Recommendation 1 – The revised JLHWS should have no more than seven priorities, therefore the JSNA topics receiving lowest support (numbered 8 to 13 in Table 2) should not be progressed as prioritised.</li> <li>• Recommendation 2 – Mental Health and Emotional Wellbeing, Health Weight and Physical Activity remain as priorities in the JLHWS.</li> <li>• Recommendation 5 – Considering aspects of the JSNA factsheet on Homelessness, Housing Standards and Unsuitable Homes and the importance to the health inequalities agenda, it is recommended that Housing and health remain a priority theme but re-named 'Homes for Independence'.</li> </ul>



		<ul style="list-style-type: none"> <li>Recommendation 7 – the revised JLHWS is developed using a life course approach to reflect the new JSNA.</li> </ul> <p>2. That the HWB steer on the following recommendations as presented in Appendix a be as follows:</p> <ul style="list-style-type: none"> <li>Recommendation 3- Dementia remains a priority in the JLHWS as part of the Mental Health priority, as the decision is to follow a life course approach.</li> <li>Recommendation 4 – Not to include Drugs and Alcohol as a priority in the JLHWS and confirm that appropriate partnership governance and reporting mechanisms are in place to provide assurance for this agenda.</li> <li>Recommendation 6 – based on the outcome of the prioritization exercise, carers should remain a priority in the JLHWS.</li> <li>The HWB agrees the next steps as set out in section 1.2 of the report.</li> </ul>
	<b>8c</b>	<b>Lincolnshire Better Care Funding and Narrative Report 2023/25</b> That the 2023/25 Lincolnshire Better Care Fund Plan and the Narrative Plan be approved by the Board ahead of their submission on 28 June 2023.
	<b>8d</b>	<b>NHS Joint Forward Plan</b> 1. That the requirement for the NHS to develop a Joint Forward Plan and involve the Health and Wellbeing Board in preparing or revising the Joint Forward Plan be noted.  2. That the Board agrees that the Joint Forward Plan takes proper account of the Joint Local Health and Wellbeing Strategy.
	<b>9a</b>	<b>Joint Local Health and Wellbeing Strategy Annual Assurance Reports</b> That the Annual Assurance reports presented as Appendices A to G to the report presented be noted.
	<b>9b</b>	<b>Evaluation of the Integrated Lifestyle Service, ‘One You Lincolnshire’</b> That the evaluation of the Integrated Lifestyle Service, ‘One You Lincolnshire’ report be noted.
	<b>9c</b>	<b>Action Log of Previous Decisions</b> That the Action Log of Previous Decisions as presented be noted.
	<b>9d</b>	<b>Lincolnshire Health and Wellbeing Board Forward Plan</b> That the Lincolnshire Health and Wellbeing Board Forward Plan as presented be noted.
<b>26 September 2023</b>	<b>13</b>	<b>Minutes of the HWB meeting held on 13 June 2023</b> That the minutes of the Lincolnshire Health and Wellbeing Board meeting held on 13 June 2023 be approved and signed by the Chairman as a correct record.
	<b>14</b>	<b>Chairman’s Announcements</b> That the Chairman’s Announcements as detailed on pages 17 and 18 of the agenda pack be noted.
	<b>15a</b>	<b>Joint Health and Wellbeing Strategy for Lincolnshire- Review Update</b>

		That the content of the report detailing the next steps and timescales for finalising the next iteration of the Joint Local Health and Wellbeing Strategy be noted.
	<b>15b</b>	<p><b>Unpaid Carers</b></p> <ol style="list-style-type: none"> <li>1. That the Unpaid Carers report presented, and the progress made to date be noted.</li> <li>2. That the Plan on a Page as detailed at Appendix A to the report be agreed as the first stage towards delivering a revised Carers Strategy.</li> <li>3. That the opportunity for the Carers Delivery Group to co-produce the revised strategy be noted.</li> <li>4. That the Memorandum of Understanding (MOU) demonstrating system led leadership to identify and support carers be promoted and endorsed.</li> </ol>
	<b>15c</b>	<p><b>Homes for Independence</b></p> <p>That the good progress being made on the current workstream for the Housing, Health, and Care Delivery Group be noted.</p>
	<b>15d</b>	<p><b>Lincolnshire Better Care Fund</b></p> <ol style="list-style-type: none"> <li>1. That the update provided on the Better Care Fund be noted.</li> <li>2. That the update provided on the Discharge/Winter Funding be noted.</li> <li>3. That the Quarter 1 BCF Performance report be noted.</li> </ol>
	<b>16a</b>	<p><b>Log of Previous Decisions</b></p> <p>That the Action Log of previous Decision as presented be noted.</p>
	<b>16b</b>	<p><b>Lincolnshire Health and Wellbeing Board Forward Plan</b></p> <p>That the Lincolnshire Health and Wellbeing Board Forward Plan as presented be noted.</p>
<b>5 December 2023</b>	<b>19</b>	<p><b>Minutes of the HWB meeting held on 26 September 2023</b></p> <p>That the minutes of the Lincolnshire Health and Wellbeing Board meeting held on 26 September 2023 be approved and signed by the Chairman as a correct record.</p>
	<b>20</b>	<p><b>Action Updates</b></p> <p>That the Action Updates presented be noted.</p>
	<b>21</b>	<p><b>Chairman's Announcements</b></p> <p>That the Chairman's Announcements as detailed on pages 17 and 18 of the agenda pack be noted.</p>
	<b>22a</b>	<p><b>Ageing Better</b></p> <ol style="list-style-type: none"> <li>1. That support be given to incorporating the Lincolnshire Ageing Better Steering Group with the Housing, Health, and Care Delivery Group to form the Housing, Health, and Ageing Well Delivery Group.</li> <li>2. That the draft Terms of Reference for the Housing Health and Ageing Well Delivery Group be agreed, subject to any minor amendments being made by the Group.</li> </ol>

	<b>23a</b>	<b>Joint Health &amp; Wellbeing Strategy for Lincolnshire – Update</b> That the update on the Joint Health and Wellbeing Strategy for Lincolnshire be noted.
	<b>23b</b>	<b>Update on Children &amp; Young People’s Mental Health &amp; Emotional Wellbeing</b> That the update on the Children and Young People’s Mental Health and Emotional Wellbeing be noted.
	<b>23c</b>	<b>Adult Community Mental Health Transformation</b> That the update on the Adult Community Mental Health Transformation be noted.
	<b>23d</b>	<b>Dementia Programme Update</b> 1. That the progress made on the Dementia Programme be noted.  2. That the Board notes that standalone Memory Assessment Services (MAS) is subject to change as it is dependent on funding being secured.
	<b>24a</b>	<b>Lincolnshire Better Care Fund Update</b> That the Lincolnshire Better Care Fund 2023-2025 Quarter 2 update be noted.
	<b>24b</b>	<b>Log of Previous Decisions</b> That the Action Log of previous Decisions as presented be noted.
	<b>24c</b>	<b>Lincolnshire Health and Wellbeing Board Forward Plan</b> That the Lincolnshire Health and Wellbeing Board Forward Plan as presented be noted.

<b>12 March 2024, 2pm, Council Chamber</b>		
<b>Agenda Item</b>	<b>Presenter</b>	<b>Purpose</b>
1. Joint Health and Wellbeing Strategy for Lincolnshire 2024	Michelle Andrews, Assistant Director and Alison Christie, Programme Manager	<b>Decision</b> – to receive a report on behalf of the Director of Public Health asking the Board to approve updated Joint Health and Wellbeing Strategy.
2. PNA 2022 – Mid-term review	Tony McGinty Consultant Public Health	<b>Decision</b> – to receive a report on behalf of the PNA Steering Group summarising the changes since the PNA was published in Oct 2022 and asking the Board to consider if the PNA needs revising.
3. NHS Joint Forward Plan	Pete Burnett, Director of Strategic Planning, Integration and Partnerships, NHS Lincolnshire Integrated Care Board	<b>Decision</b> – to receive a report from NHS Lincolnshire Integrated Care Board on their Joint Forward Plan, and the statutory role of the Health and Wellbeing Board to provide assurance that the plan takes account of the Joint Health and Wellbeing Strategy and Joint Strategic Needs Assessment.
4. Healthy Weight JHWS Priority – update from the Healthy Weight Partnership	Andy Fox, Consultant Public Health	<b>Discussion</b> – to receive a report on behalf of the Healthy Weight Partnership providing an update on the Healthy Weight JHWS priority
5. Physical Activity JHWS Priority – update on Let’s Move Lincolnshire update	Emma Tatlow, Active Lincolnshire	<b>Discussion</b> – to receive a report on behalf of Let’s Move Lincolnshire providing an update on the Physical Activity priority
6. Director of Public Health Annual Report 2023	Director of Public Health	<b>Information</b> – to receive a presentation on the Director of Public Health Annual Report 2023
7. Health Protection Board – update report	Director of Public Health	<b>Information</b> – to receive a report giving an overview of the health protection work throughout 2023/24 and plans for the 2024/25, including the transition of immunisation and screening from NHSE to the ICB.
8. Better Care Fund	Executive Director for ACCW	<b>Information</b> – to receive a report from the Executive Director for ACCW on the Better Care Fund

<b>11 June 2024, 2pm, Council Chamber</b>		
<b>Agenda Item</b>	<b>Presenter</b>	<b>Purpose</b>
1. AGM - Election of Chair and Vice Chair		<b>Decision</b>
2. Review and endorse HWB Terms of Reference and Board Membership	Alison Christie, Programme Manager	<b>Decision</b> – to receive a report on behalf of the DPH asking the Board to review and endorse the Terms of Reference and any proposals to change the membership
3. Joint Health and Wellbeing Strategy for Lincolnshire Annual Report 2023 - 24	Alison Christie, Programme Manager	<b>Discussion</b> – to receive a report on behalf of the DPH which presents the annual Joint Health and Wellbeing Assurance Report

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4. Better Care Fund	Martin Samuels, Executive Director for ACCW	<b>Information</b> – to receive a report from the Executive Director for ACCW on the Better Care Fund
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<b>1 October 2024, 2pm, Council Chamber</b>		
<b>Agenda Item</b>	<b>Presenter</b>	<b>Purpose</b>
1. Carers JHWS Priority	Cllr Elizabeth Sneath, Chair, Carers Delivery Group & Anne-Marie Scott, Assistant Director Prevention & Early Intervention	<b>Discussion</b> - to receive a report on behalf of the Carers Delivery Group providing an update on the Carers priority
2. Homes for Independence JHWS Priority	Cllr Gray, Chair HHAWDG and Anne- Marie Scott, Assistant Director Prevention & Early Intervention	<b>Discussion</b> - to receive a report on behalf of Housing, Health and Ageing Well Delivery Group providing an update on the Housing and Health priority
3. Better Care Fund	Martin Samuels, Executive Director for ACCW	<b>Information</b> – to receive a report from the Executive Director for ACCW on the Better Care Fund

<b>10 December 2024, 2pm, Council Chamber</b>		
<b>Agenda Item</b>	<b>Presenter</b>	<b>Purpose</b>
1. Mental Health and Dementia Priority	TBC	<b>Discussion</b>
2. Better Care Fund	Martin Samuels, Executive Director for ACCW	<b>Information</b> – to receive a report from the Executive Director for ACCW on the Better Care Fund